

## Proteins

Michael A. Pesce, Ph.D  
Department of Pathology  
New York-Presbyterian Hospital  
Columbia University Medical  
Center

## ELECTROPHORESIS

Separation of a charged particle in an electric field

Rate of migration depends on:

- Charge of the molecule
- Size and shape of the molecule
- Voltage
- Support medium
- pH and ionic strength of the buffer

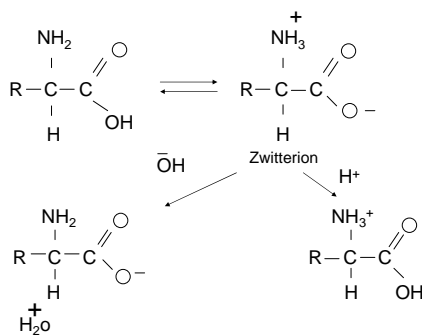
## Protein Trivia

- The most abundant organic molecule in cells (50% by weight)
- About 300 proteins have been identified in plasma
- Proteins can have a MW of greater than 1 million
- Albumin is the most abundant protein in humans and contains 550 amino acids

## Optimizing electrophoresis

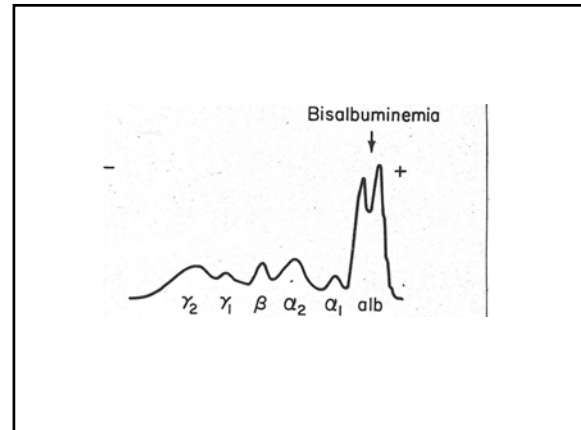
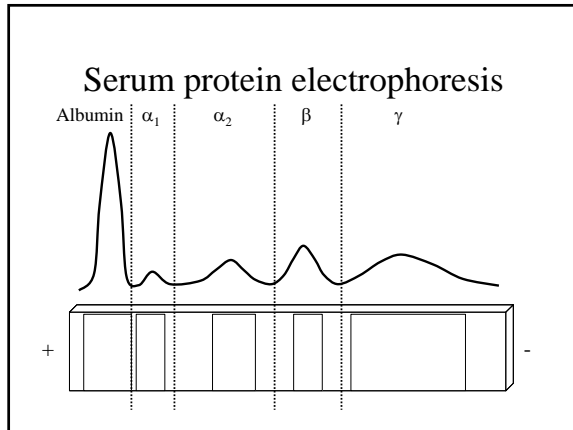
- Optimal electrophoretic separations must balance *speed* and *resolution*
  - Higher voltage increases speed, but heat causes evaporation of the buffer and may denature proteins
  - Higher ionic strength (buffer) increases conductivity.

## Structure of Amino Acids



## Serum Protein Electrophoresis

- Apply samples 1  $\mu\text{L}$  to the agarose gel
- Electrophoresis 21°C, 650v
- Dry 54°C
- Stain - Acid Blue
- Destain - Acetic Acid
- Dry 63°C



### Albumin

- Most abundant protein in plasma (approximately half of total protein)
  - Synthesized in liver
  - $t_{1/2}$ =15-19 days
- Principal functions
  - Maintaining fluid balance
  - Transport Protein

### Alpha 1 Proteins

Alpha-1-Lipoprotein-HDL

Alpha-1-Antitrypsin-

protease inhibitor that binds to and inactivates trypsin

- Deficiency leads to destruction of the alveolar walls and is associated with pulmonary deficiency
- Deficiency also seen in cirrhosis
- Alpha-1-antitrypsin is an acute phase protein and is increased in acute episodes of tissue damage

### Clinical significance of albumin

- Hyperalbuminemia is rare and of no clinical significance
- Hypoalbuminemia
  - Increased loss (nephrotic syndrome)
  - Decreased synthesis (nutritional deficit, liver failure)
- Analbuminemia markedly decreased rare
- Bisalbuminemia, dimeric albumin with equal intensities

### Other $\alpha_1$ proteins

- $\alpha_1$ -Acid glycoprotein (orosomucoid) and alpha-1 anti-chromotrypsin are acute phase proteins
- $\alpha_1$ -Fetoprotein (AFP)
  - Principal fetal protein, used to screen for fetal abnormalities (neural tube defects)

### Alpha-2-Proteins

Alpha-2-Macroglobulin - 720 Kda –  
Large non-immunoglobulin in plasma  
Synthesized in the liver

- Increased levels in nephrosis because its large size prevents passage into the urine. Also there is an increase in synthesis.
- It is not an acute phase protein

### Other ( $\beta$ ) proteins

- Beta-1 Lipoprotein 2750Kda
- Increased in nephrosis and Type II hypercholesterolemia
- C3 and C4 migrate in the  $\beta$  region
- Complement proteins are decreased in genetic deficiencies, and increased in inflammation. C3 is a late acute phase protein. C3 may not be detected if the sample is kept at room temperature
- IgA

### ( $\alpha_2$ ) Haptoglobin

- Synthesized in the liver
- Binds to, and preserves, hemoglobin
- Low Haptoglobin levels in intravascular hemolysis
- Increased haptoglobin levels because it is an acute phase

### $\gamma$ Region

- Includes immunoglobulins (IgG, IgA, IgM, IgD and IgE)
- Single sharp peak indicates a paraprotein and is associated with a monoclonal gammopathy
- A small band is indicative of MGUS

### BETA PROTEINS

Transferrin - 77 Kda –  
Iron transport protein, also binds copper  
Increased in iron deficiency anemia, pregnancy and estrogen therapy

- Decreased in acute inflammation due to decrease synthesis of transferrin by the liver
- Negative acute phase protein

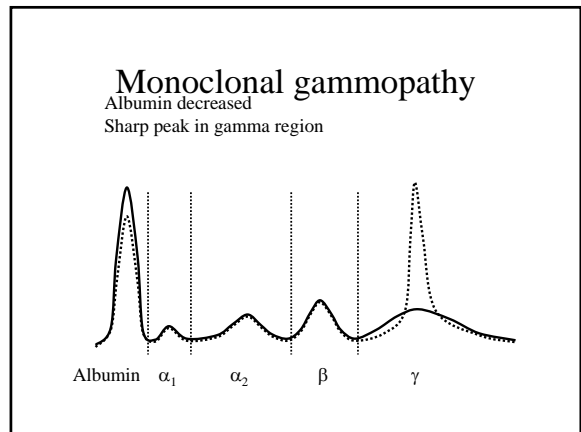
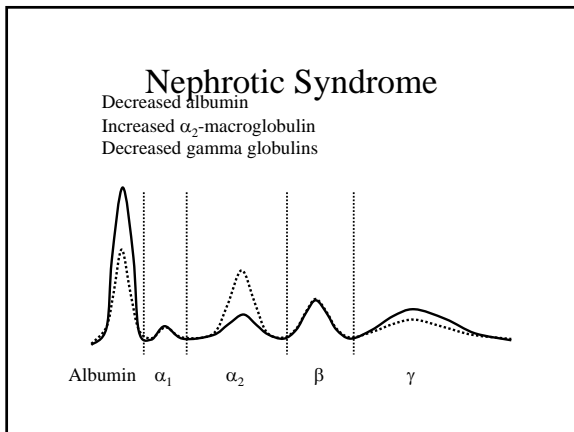
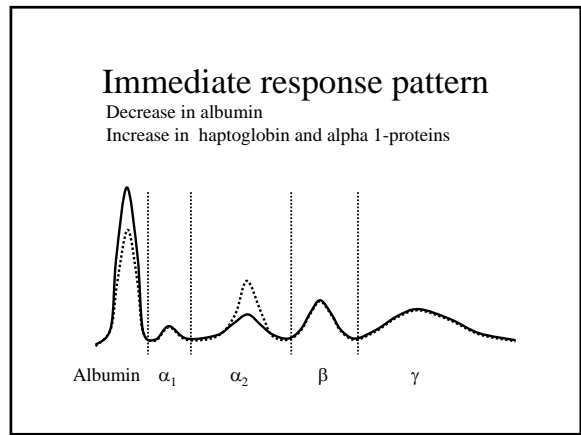
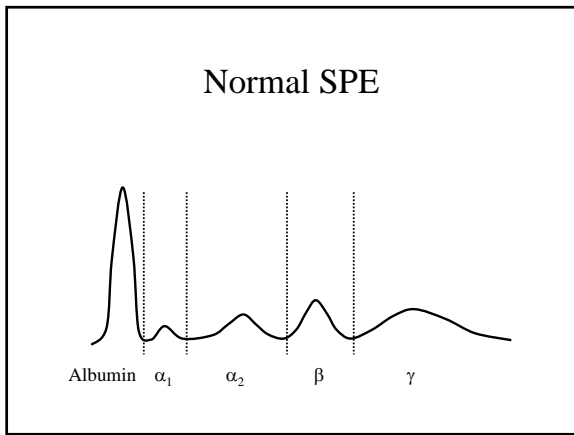
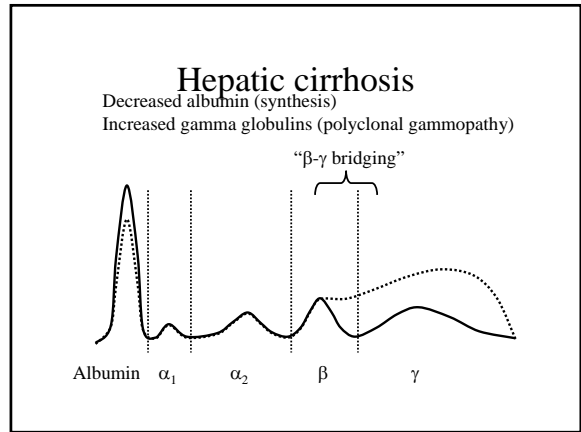
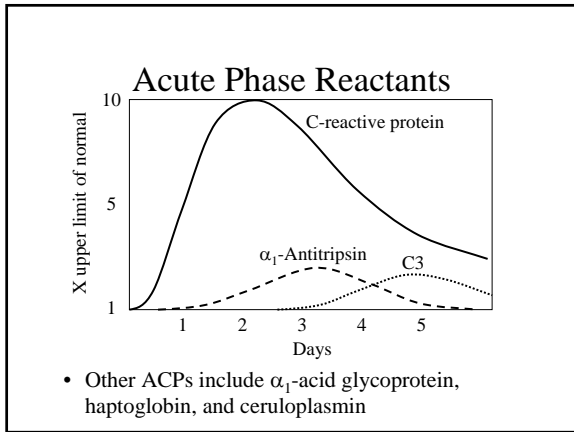
### Gamma Region

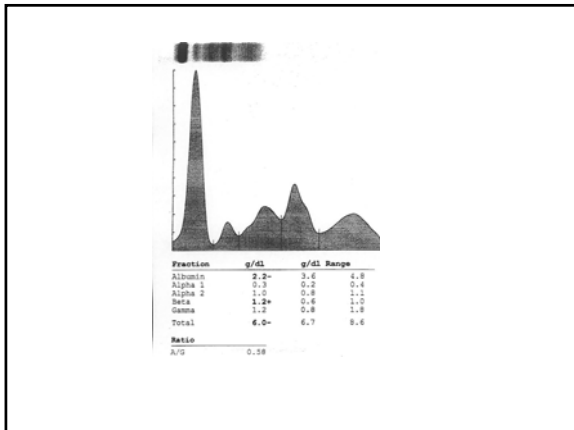
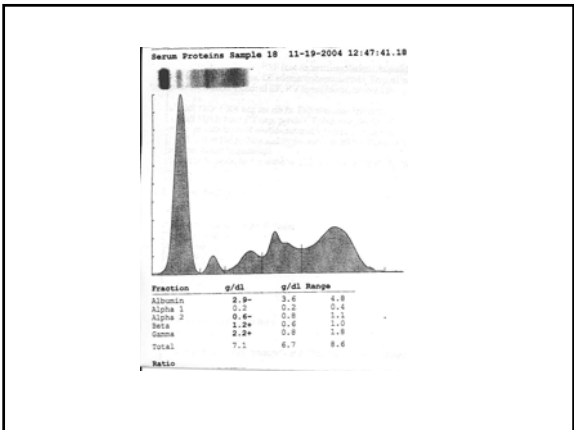
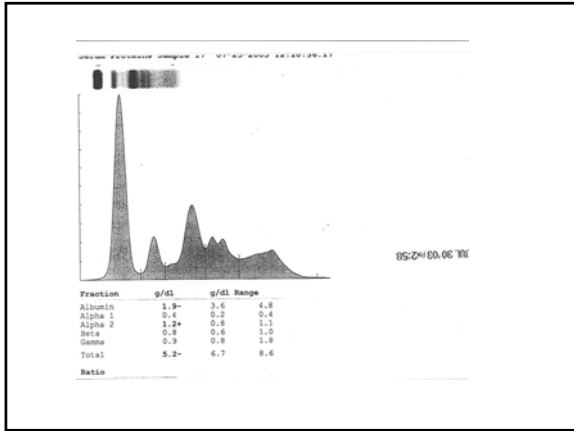
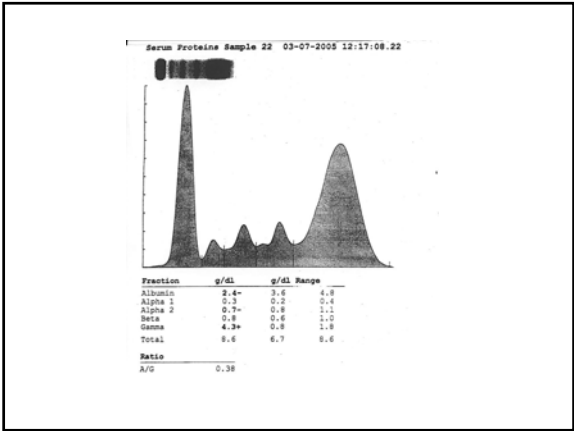
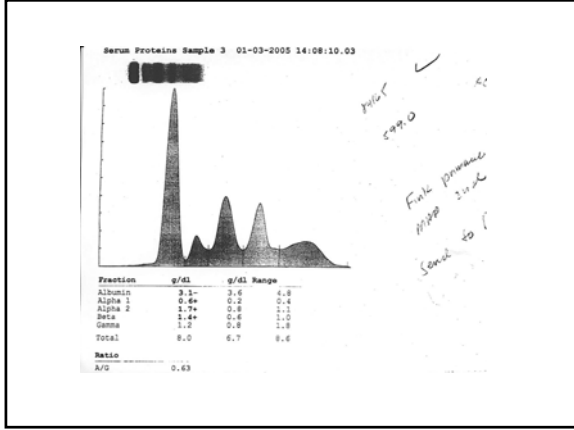
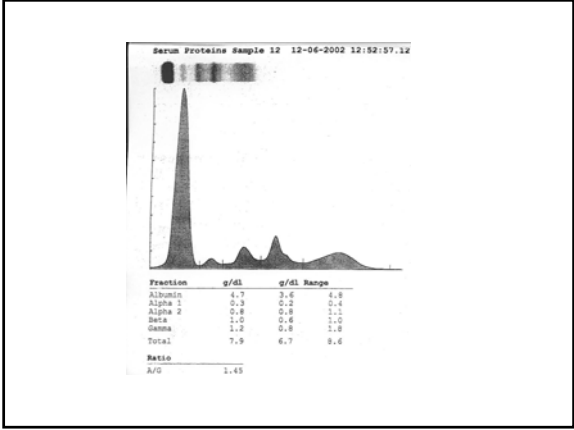
IgG migrates in the gamma and beta regions and is increased in infections, autoimmune and liver disease

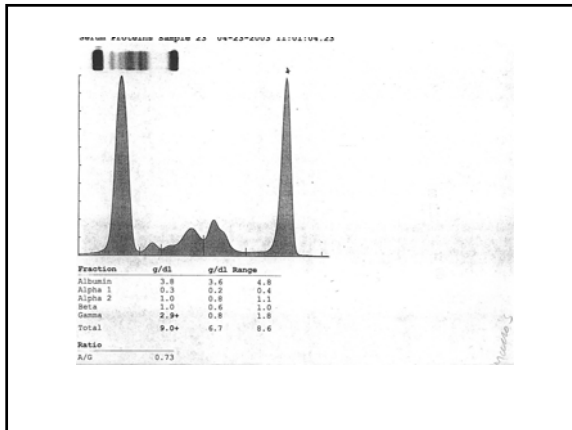
IgM migrates in the gamma region

IgA migrates in the alpha-2, beta and gamma regions

CRP is the most sensitive indicator of an acute phase reaction (inflammation, trauma, infection)







## MULTIPLE MYELOMA

Multiple Myeloma - proliferation of a single clone of plasma cells that produces a monoclonal protein

Annual Incidence - 4 in 100,000

Number of cases per year - 13,000

Represents 1% of all malignant diseases

Median age at diagnosis - 65 years

Median survival - 3 years

## IMMUNOFIXATION ELECTROPHORESIS

- Dilute samples with saline
- Apply sample 1 uL to the agarose gel
- Electrophoresis 21°C, 650 v
- Apply antisera
- Blot and dry 50°C
- Stain - Acid Violet
- Destain - Acetic Acid
- Dry 60°C

## DIAGNOSTIC CRITERIA FOR MULTIPLE MYELOMA

Bone Marrow Plasmacytosis >10% of Plasma Cells  
Serum Monoclonal Protein

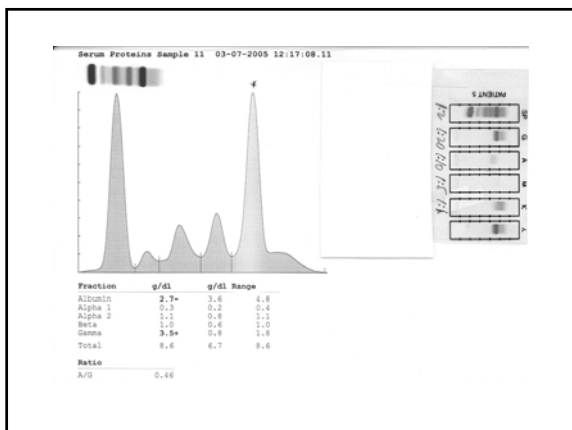
End Organ Damage

Lytic Bone Lesions

Renal Insufficiency

Anemia

Increased Calcium



## Clinical Laboratory in Multiple Myeloma

-Biochemical -

Serum monoclonal proteins  
Polyclonal Immunoglobulin Decreased  
Proteinuria, Bence-Jones Protein present in urine  
BUN, Creatinine ↑  
Calcium ↑, N

- Hematological -

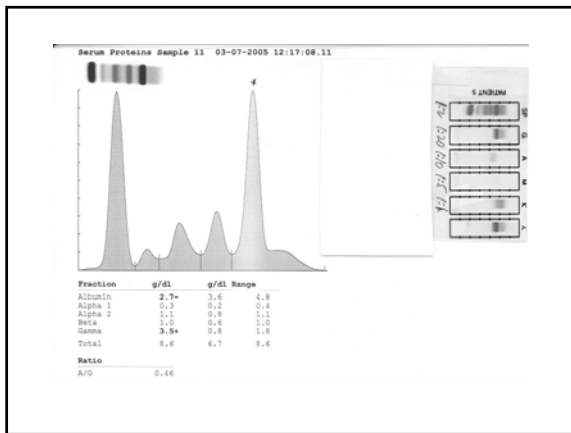
Hemoglobin Decreased  
Anemia - Normochromatic, Normocyte  
ESR Increased  
Rouleaux Formation

## Frequency of Monoclonal Proteins in Multiple Myeloma

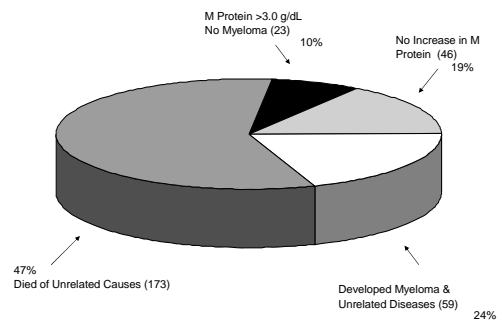
IgG-58%  
 IgA- 24%  
 Light Chains- 15%  
 Biclonal- 2%  
 IgD- 1%

## Monoclonal Gammopathy of Undetermined Significance

Serum monoclonal protein <3.0 g/dL  
 Stability of monoclonal protein during long term follow-up  
 <10% Plasma cells in bone marrow  
 None or a small amount of Bence-Jones protein in urine  
 Absence of lytic bone lesions  
 Serum calcium, BUN, creatinine - Normal  
 Hemoglobin - Normal



## CLINICAL COURSE OF 241 PATIENTS WITH MGUS



## Monoclonal Gammopathy of Undetermined Significance

Defined as the presence of a serum monoclonal protein at low levels

Number of cases per year - 750,000-1,000,000

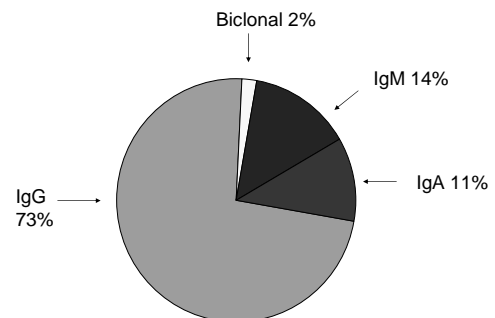
54% Men 46% Women

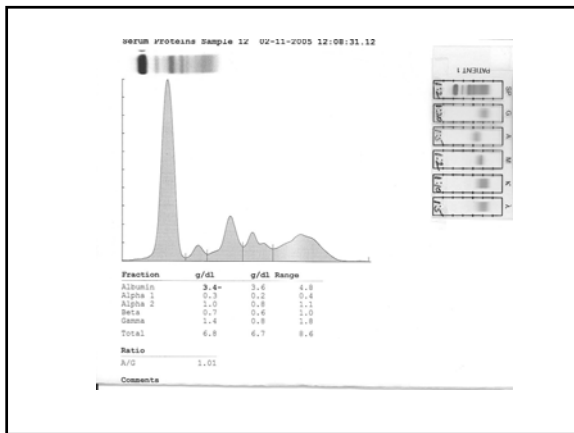
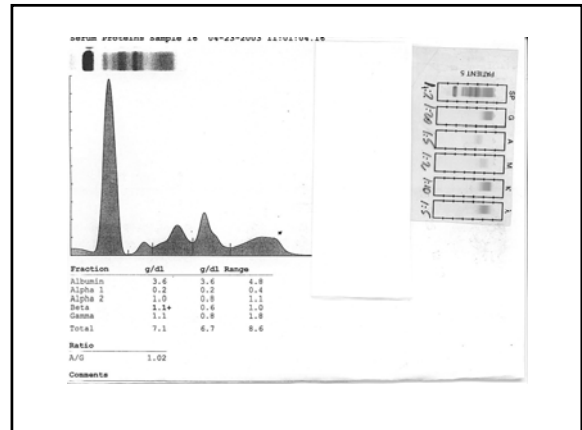
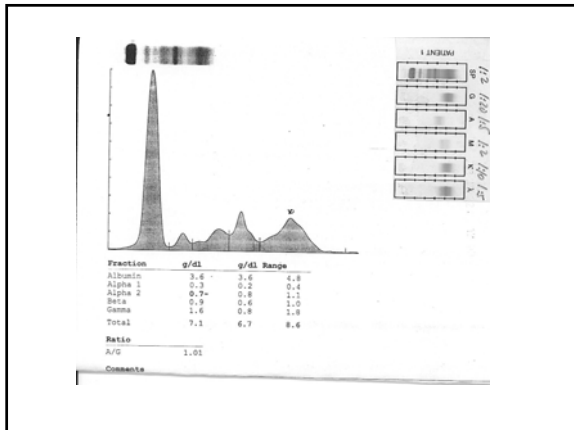
Occurs in 2% of persons over 50 years, 3% over 70 years

Median age at diagnosis - 72 years

Median survival - 12 years

## Distribution Frequency of Monoclonal Proteins in MGUS





**BANDS MISTAKEN FOR MONOCLONAL IMMUNOGLOBULINS**

BAND	CONDITION
Alpha-2-Macroglobulin	Nephrotic syndrome
Hemoglobin-haptoglobin	Hemolysis
Beta-1-Lipoprotein	Hyperlipidemia
Fibrinogen	Inadequate clot
C-Reactive Protein	Acute inflammation
Immune complex pattern	Inflammation

