

# Economic Impact of Hepatitis C: Highlights of Cost-Effectiveness Modeling

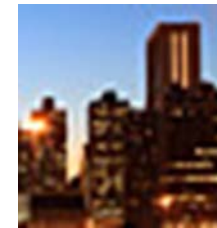
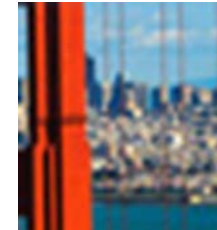


Presented at: Viral Hepatitis Action Coalition Bi-annual Meeting  
Atlanta, GA  
May 15, 2013

**NORC**  
*at the* UNIVERSITY of CHICAGO

# Overview

- Cost-effectiveness review
- AIM paper
- Other published cost-effectiveness studies
- Scenario modifications
- New results
- Implications and questions



- A comparison of the relative costs and outcomes of two or more policy alternatives
- Incremental cost-effectiveness ratio
  - $$\frac{(Cost\ Intervention - Cost\ Baseline)}{(QALY_{Intervention} - QALY_{Intervention})}$$
- Price or cost per each additional unit of benefit (QALY) provided by the intervention
- Cost-effectiveness provides information about value
- Financing is a separate and independent issue

- Testing → Awareness → Antiviral Tx → SVR → No HCV Complications
- No Testing → No Awareness → No Antiviral Tx → HCV Complications → High costs and death
- Testing costs money, and the benefits of testing are hard to achieve

- Rein, et al (2012)<sup>1</sup>
  - What is the cost effectiveness of a one time HCV antibody test of all individuals born during 1945 to 1965 compared to risk-based testing?
  - Assuming pegylated interferon and ribavirin (PR) treatment only for risk-based and birth cohort
  - Assuming direct acting antiviral (DAA) treatment (such as Telaprevir or Boceprevir added to PegIFN + Ribavirin) for birth cohort testing only
- Assumed intervention increased testing from 18.5% to 91% of the birth cohort
- Assumed 44% initiated treatment

# Cost-Effectiveness Studies: CDC

<b>Δ Variable</b>	<b>PegIFN + Riba</b>	<b>PegIFN + Riba + PI</b>
Discounted QALYs	348,800	532,200
Costs	\$5.5 billion	\$19.0 billion
Deaths Averted	82,000	121,200
ICER	\$15,700	\$35,700

- At least 5 other studies of the cost-effectiveness of HCV testing (4/5 roughly comparable)
  - McGarry, et al (2012)
  - Coffin, et al (2012)
  - McEwan, et al (2013)
  - Eckman, et al (2013)
    - Evaluated population testing not BC testing
  - Liu, et al (2013)

# Cost-Effectiveness Studies: Differences

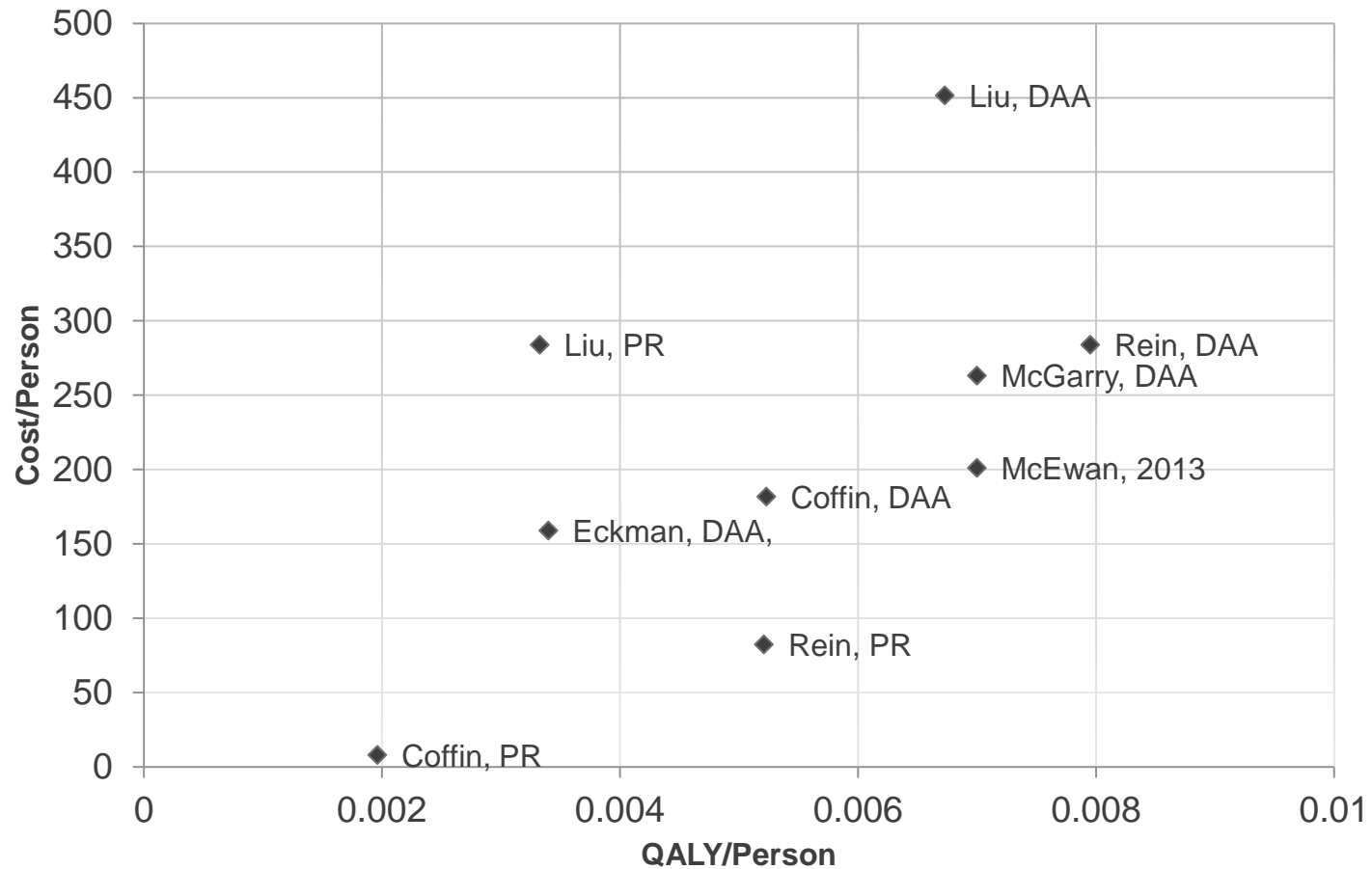
- Size of target population
- Percentage tested by risk-based testing
- Percentage tested by birth-cohort testing
- Staging/timing of intervention
- Percentage diagnosed that initiate treatment
- SVR in base case and intervention
- Cost of clinical management of untreated but diagnosed HCV
- Cost of antiviral treatment
- Prevalence (Eckman only)



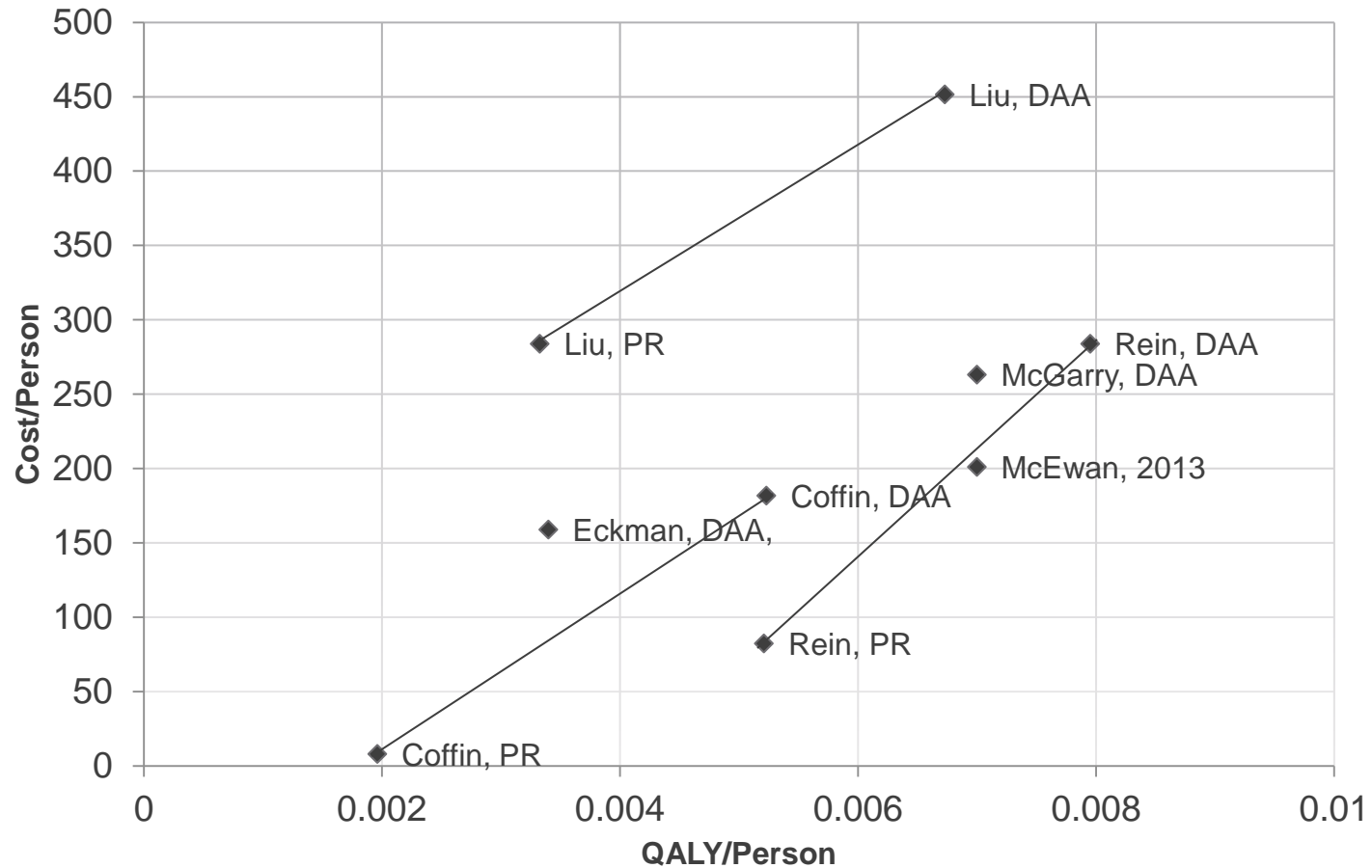
# Comparison of Aggregate Results

Study	Treatment	QALYs	Costs (\$b)	ICER
Rein, et al (2012)	PR	348,800	5.5	\$15,700
Rein, et al (2012)	DAA	532,200	19.0	\$35,700
McGarry, et al (2012)	DAA	710,845	26.7	\$37,720
Coffin, et al (2012)	PR	213,883	0.9	\$4,438
Coffin, et al (2012)	DAA	570,222	19.8	\$34,794
Liu, et al (2013)	PR	277,782	23.7	\$85,319
Liu, et al (2013)	DAA	562,023	37.7	\$68,980
McEwan, et al (2013)	DAA	466,034	13.3	\$28,602
Eckman, et al (2013)	DAA	856,986	40.0	\$47,276

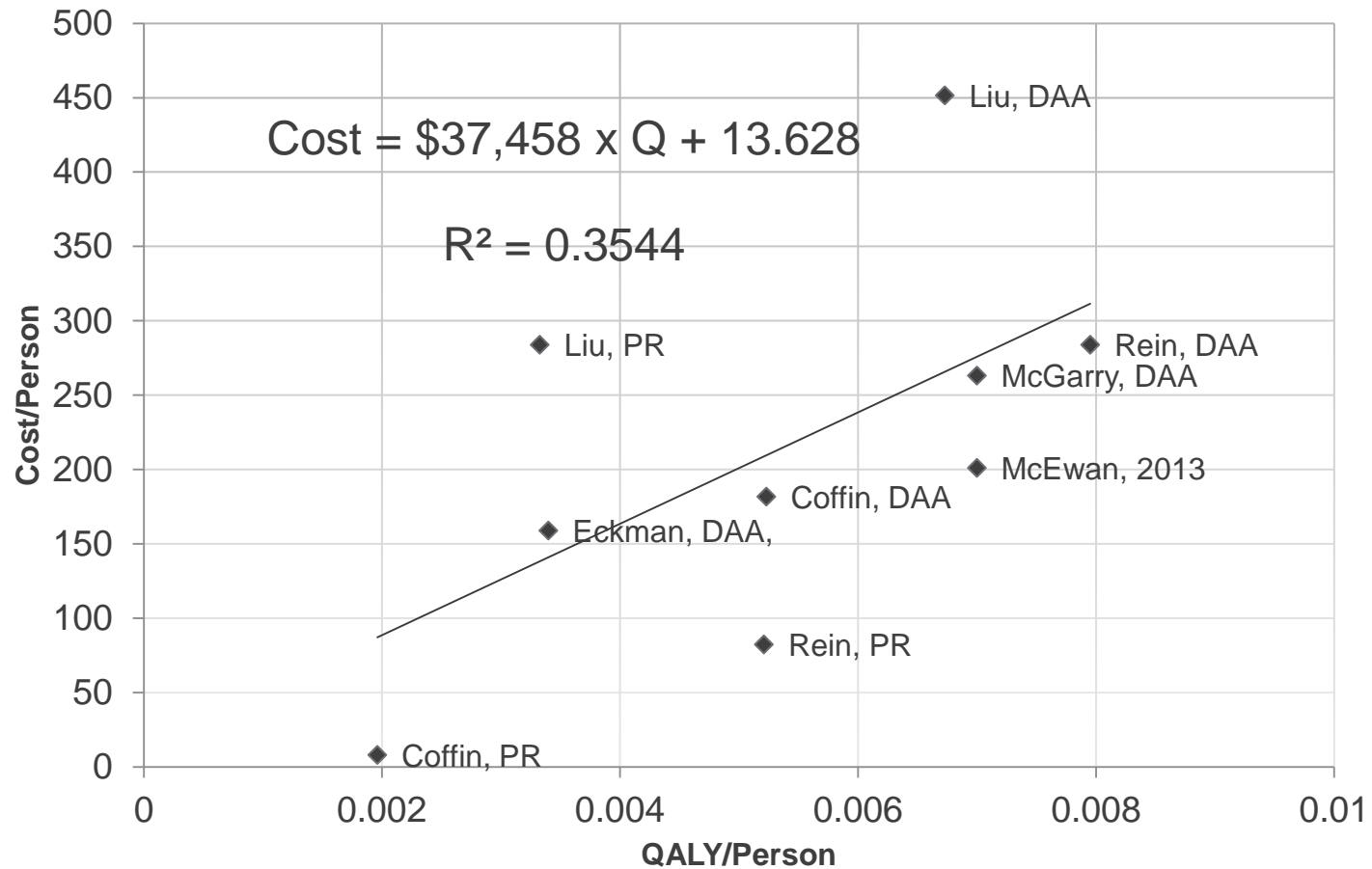
# Comparison of Per Person Results



# Comparison of Per Person Results



# Comparison of Per Person Results



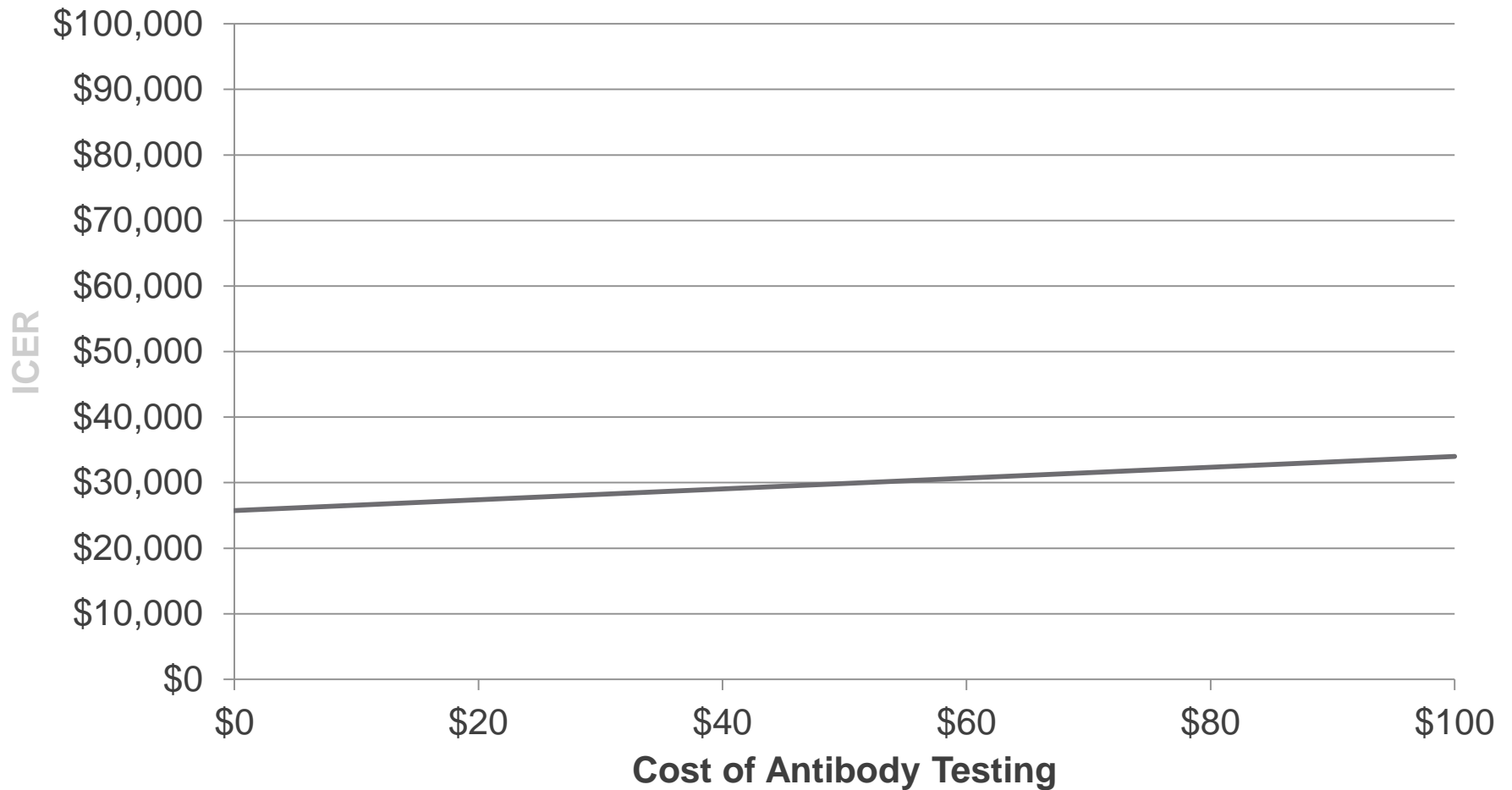
- Birth Cohort test and treat strategies are cost effective
- First Derivative of the line that describes the points
- Cost =  $\$37,458 \times \text{QALY} + \$13.6$ 
  - $\Delta C / \Delta Q = \$37,458$
- Mean =  $\$39,834$

# Specific Factors that Alter that Conclusion

- What if testing costs more?
- What if treatment costs increase/decrease?
- What if effectiveness of treatment increases?
- What if treatment uptake is limited?
- What if HCV results in a lower percentage of ESLD?

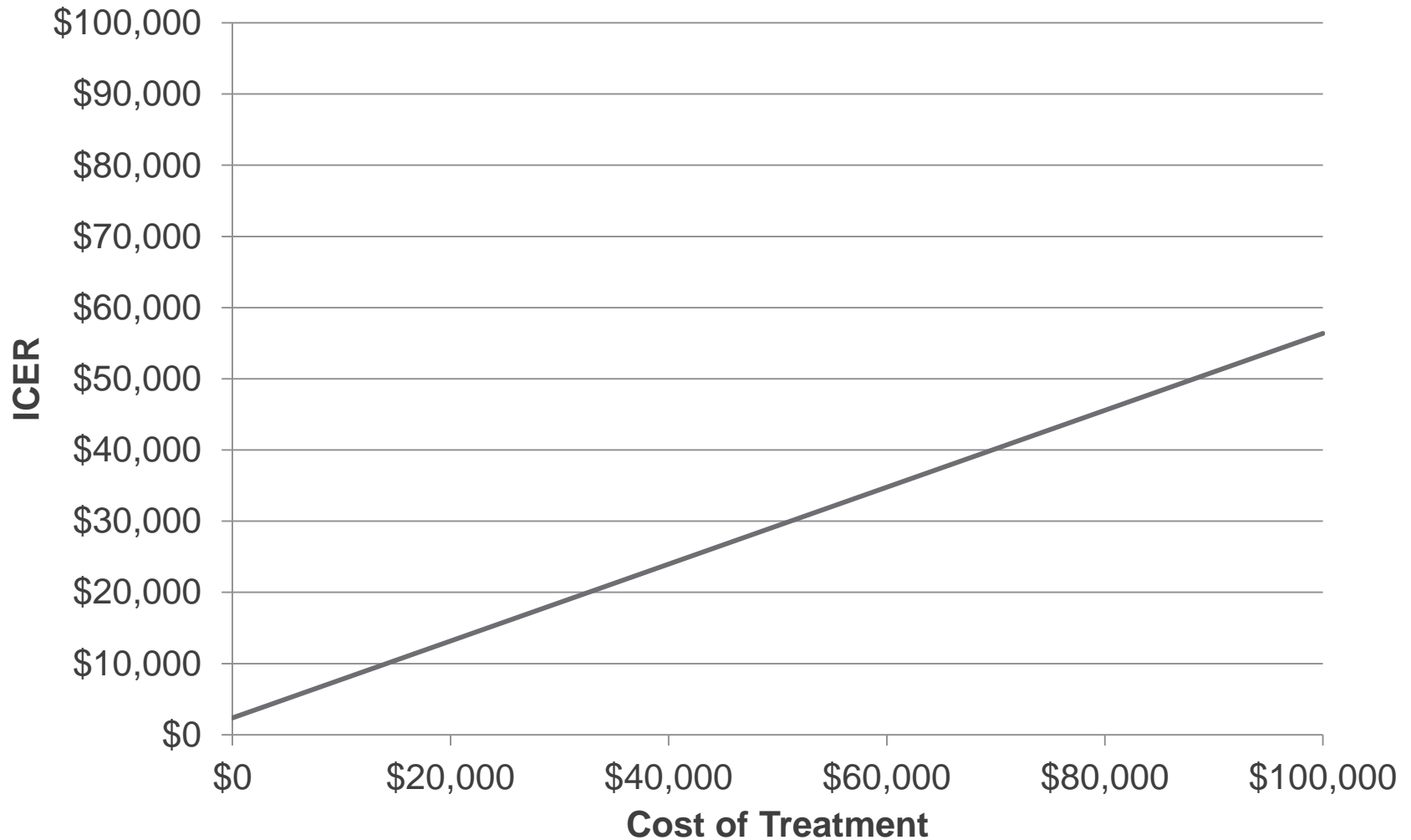
- Altered comparator
- Leaving all other variables in the model constant, changed treatment in the comparator to match the intervention.
  - ICER \$28,500 (compared to \$35,700)
    - Difference in costs (numerator shrinks)
    - Incremental benefits of intervention decrease also (-48,000 deaths)
    - Nearly identical results to McEwan

# Testing Costs

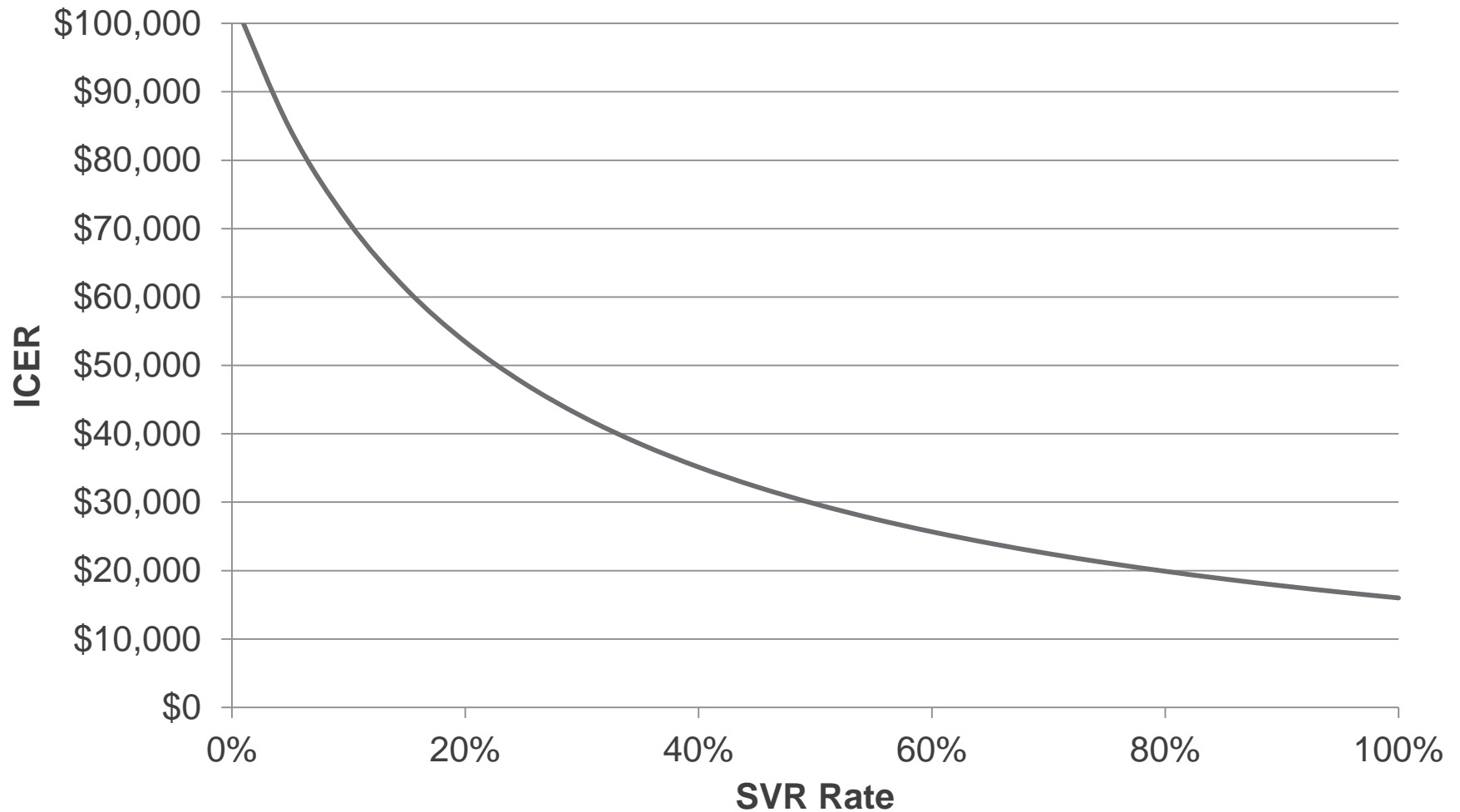




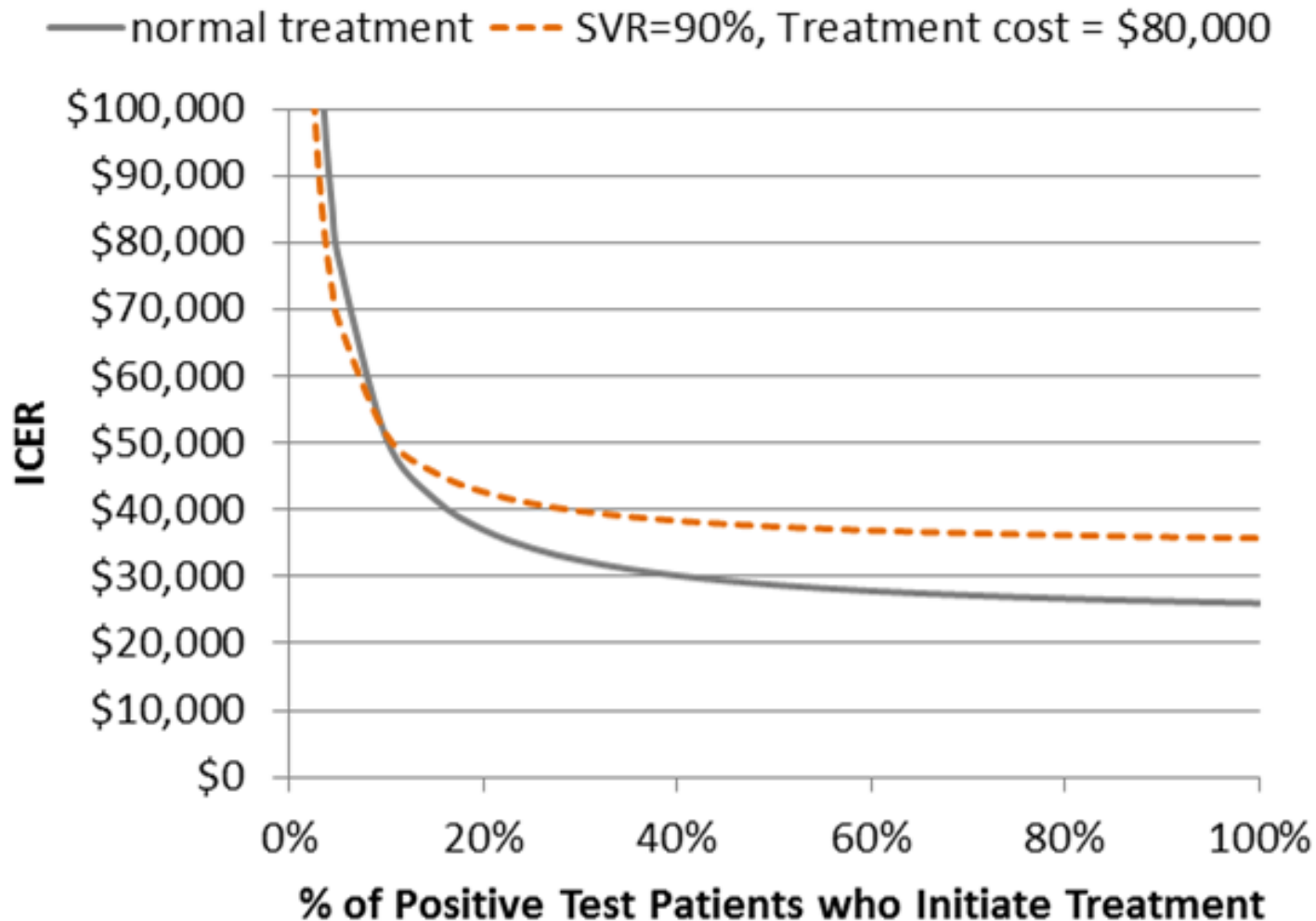
# Treatment Costs



# Treatment Effectiveness

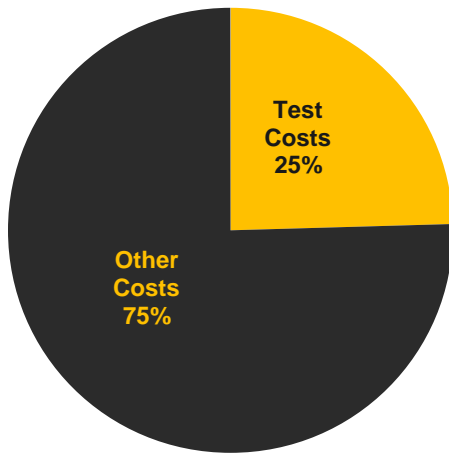


# Treatment Uptake

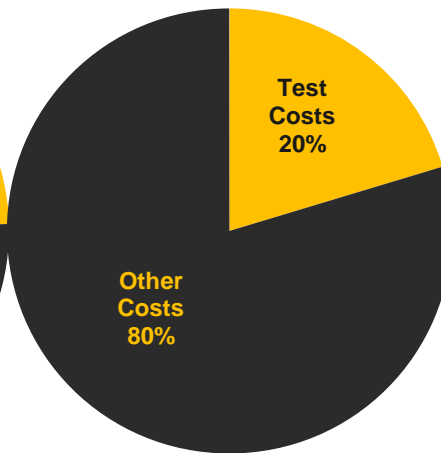


# Proportion of Intervention Costs from Testing Alone

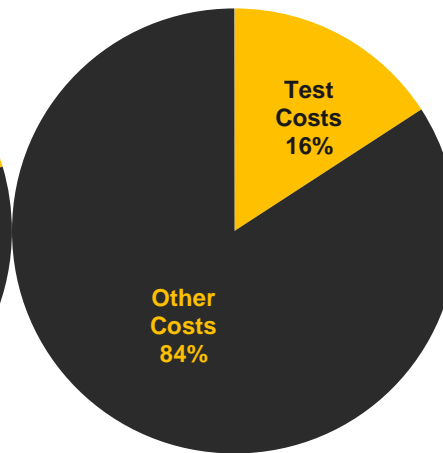
**10% Uptake**



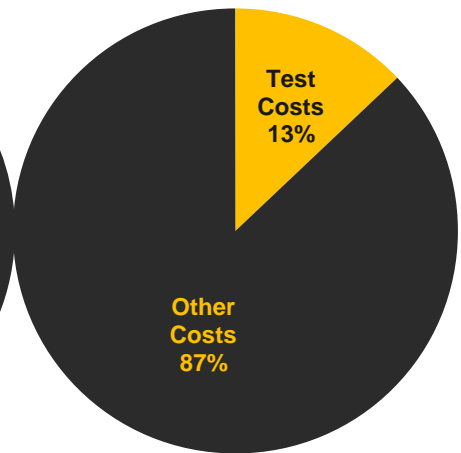
**25% Uptake**



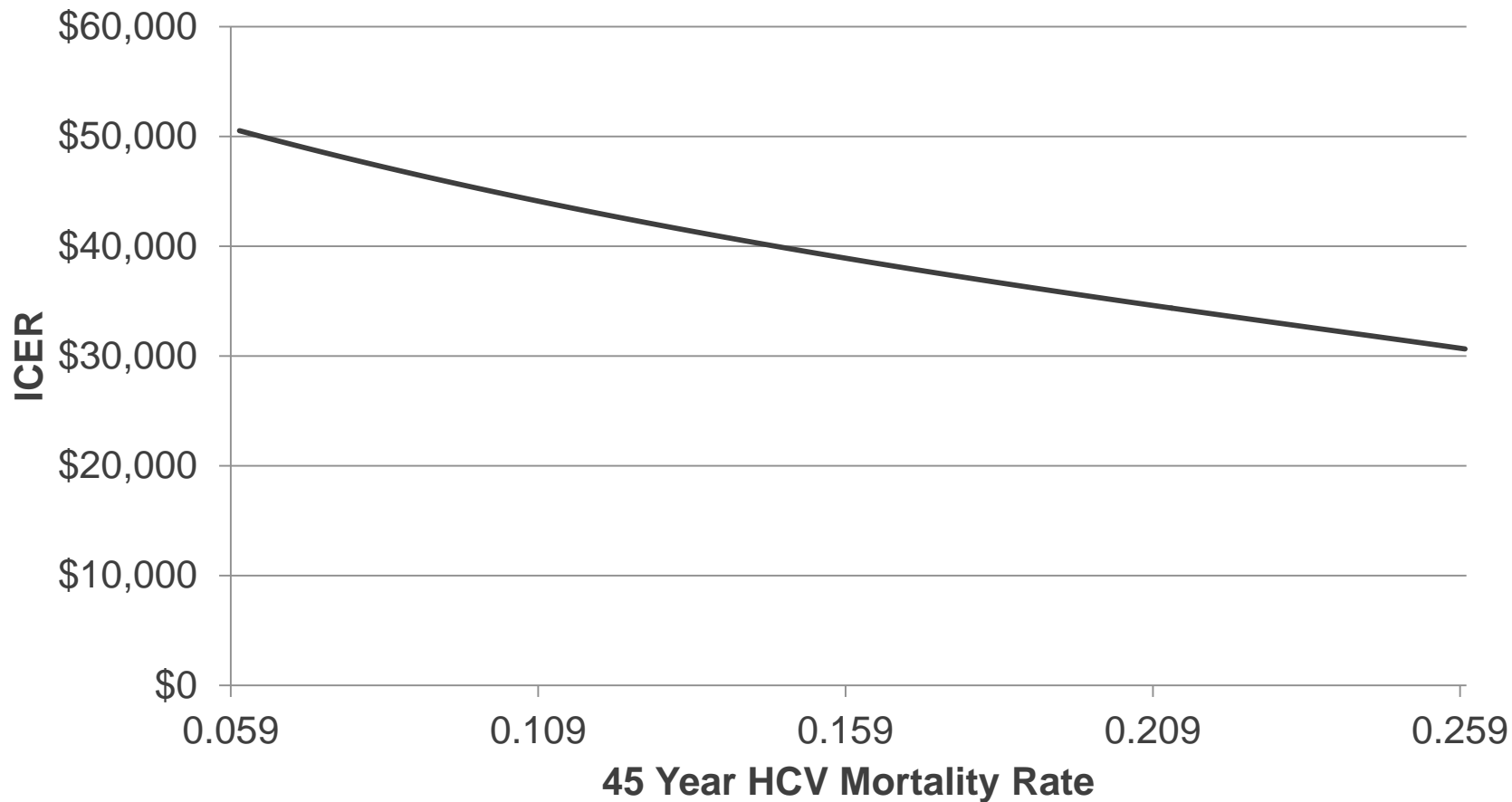
**50% Uptake**



**75% Uptake**



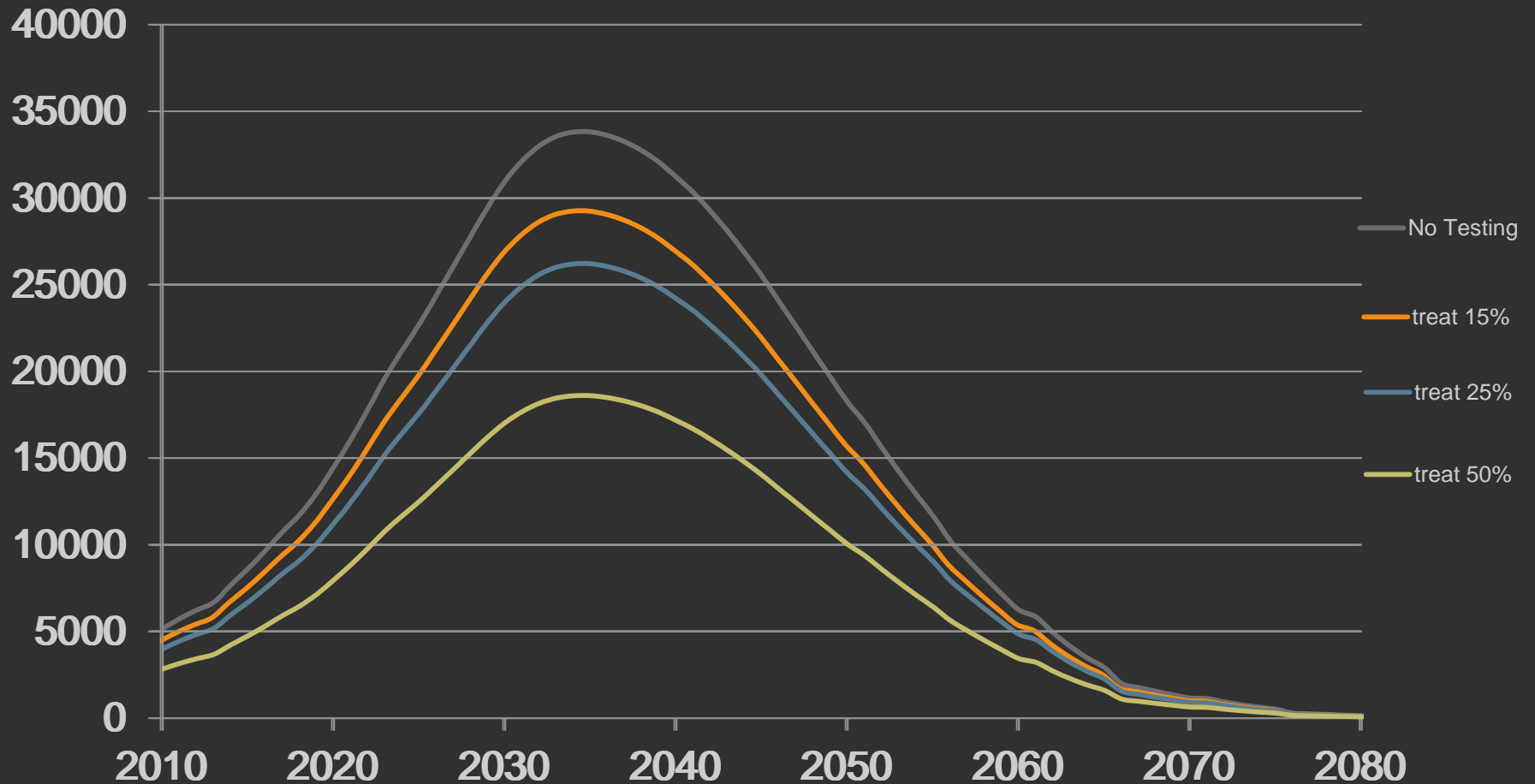
# 45-year Death Rate



# Remaining Questions

- Costs of untreated diagnoses?
- HCV and QALYs prior to ESLD?
- Testing implementation?
- Linkage to care?
- Additional benefits of treatment?
  - Treatment as prevention
  - Systemic effects of HCV
  - Life gained from averted transplants

# Potential Impact



- Cost-effectiveness of birth-cohort testing is robust to a very wide range of variation in input parameters.
- Testing accounts for only a small percentage of the total intervention costs
  - Prevalence not large concerns
  - Treatment uptake potentially can be
- Birth-cohort testing is different than most testing policies
  - One time, inexpensive test
- Increasing treatment linearly increases benefits



- NORC: John Wittenborn, Operations Researcher
- CDC: Bryce Smith, John Ward, many others
- Funding disclosure: The work that contributed to this presentation was supported by the CDC Division of Viral Hepatitis and the CDC Foundation.

# References (Temporal Order)

1. Rein DB, Smith BD, Wittenborn JS, Lesesne SB, Wagner LD, Roblin DW, et al. The cost-effectiveness of birth-cohort screening for hepatitis C antibody in U.S. primary care settings. *Annals of internal medicine*. 2012;156(4):263-70. Epub 2011/11/08.
2. McGarry LJ, Pawar VS, Panchmatia HR, Rubin JL, Davis GL, Younossi ZM, et al. Economic model of a birth cohort screening program for hepatitis C virus. *Hepatology*. 2012;55(5):1344-55. Epub 2011/12/03.
3. Coffin PO, Scott JD, Golden MR, Sullivan SD. Cost-effectiveness and population outcomes of general population screening for hepatitis C. *Clinical infectious diseases : an official publication of the Infectious Diseases Society of America*. 2012;54(9):1259-71. Epub 2012/03/14.
4. McEwan P, Ward T, Yuan Y, Kim R, L'Italien G. The impact of timing and prioritisation on the cost-effectiveness of birth-cohort testing and treatment for hepatitis C virus in the U.S. *Hepatology*. 2013. Epub 2013/02/08.
5. Eckman MH, Talal AH, Gordon SC, Schiff E, Sherman KE. Cost-effectiveness of Screening for Chronic Hepatitis C Infection in the United States. *Clinical infectious diseases : an official publication of the Infectious Diseases Society of America*. 2013;56(10):1382-93. Epub 2013/02/09.
6. Liu S, Cipriano LE, Holodniy M, Goldhaber-Fiebert JD. Cost-effectiveness analysis of risk-factor guided and birth-cohort screening for chronic hepatitis C infection in the United States. *PloS one*. 2013;8(3):e58975. Epub 2013/03/28.

David Rein, rein-david@norc.org

Thank You!



**NORC**  
*at the UNIVERSITY of CHICAGO*

 insight for informed decisions™

# What do we not know?

- Implementation
  - Outreach
  - Electronic health record prompts, standing orders
- Prevalence detected
  - Does birth-cohort testing reach the right people?
- Health system capacity
- Treatment uptake
  - Health system utilization and linkages to care
- Incidence

- 3 clinical sites
  - New York City
  - Michigan
  - Birmingham Alabama
- Fully experimental designs to determine
  - Yield of birth cohort testing implementations
  - Cost of implementation
  - Linkage to care and treatment initiation
  - SVR

- Do provider incentives exist to treat patients with hepatitis C?
- Two clinical implementation sites
- Direct observations of the resource and labor force requirements of hepatitis C treatment
- Comparisons to insurance reimbursements

# Formative Research of Young Injecting Drug Users

- Why do some drug users become infected by HCV while others do not?
- Computer assisted survey combined with HCV rapid test.
  - 5 hypotheses to explain risk of infection
- Two community areas
  - Suburban Milwaukee (Waukesha)
  - Suburban Chicago (Naperville)
- Respondent driven sampling
  - Representative of both occasional and heavy drug users

# New Cost Effectiveness Results

- Updated with clinical evidence
  - Testing effectiveness
  - Linkage to treatment/actual utilization
  - SVR
  - Observed costs
- Medicare data analysis
  - Unit costs of HCV treatment and ESLD treatment
  - Estimates of morbidity from HCV in Medicare
  - Budgetary impact of birth cohort testing on Medicare