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# Health Promotion and Overweight Children: Whose Responsibility?

An insight into paediatric nurses attitude toward health  
promotion

**Nicola Greenwood**

**Kiara Lewis**

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# Background



## In the UK

- 1 in 5 4-5 year olds overweight or obese
  - 1 in 3 10-11 year olds overweight or obese
- (Public Health England 2014)

NHS Future Forum (2012) vision 'making every contact count'

Acute care ward treats 2594 children a year.

## Personal experience

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# Method



During early 2013

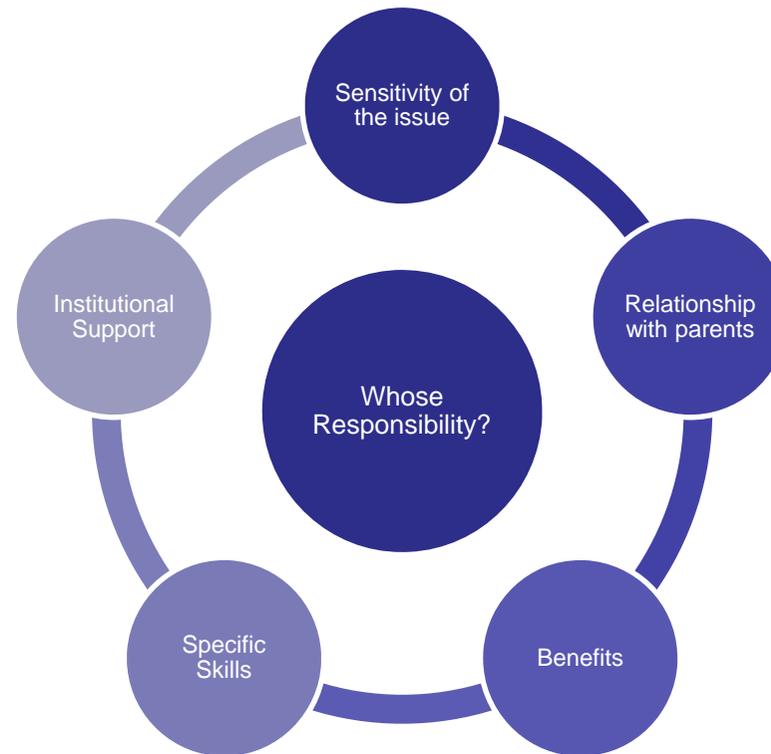
- 6 acute care paediatric nurses
- purposive sampled
- semi structured interviews
- interviews were recorded and transcribed
- thematic analysis
- ethical approval

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# Key findings



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# Questions



- Should acute care paediatric nurses be promoting health?
- If so when?
- If so how can we support them?
- If not – who should be?

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**..if their child's ill, and whether your fat or thin (if you've got), if you're having an asthma attack, it's scary, so perhaps that moment is not the right time, but then I do think it's should be revisited more calmly'.**

***'I think you do to be honest (have a role in health promotion), they come in, they're under your care and you've got a duty of care as a whole, the whole person, not just a set of symptoms, so I do think we have a role in a way'.***

***...I think you need to deal with the initial reason for their admission before you start bringing up stuff like this. That's what I feel, cos I think parents would feel that you're not listening to them and you know helping them with whatever they've come in with, whatever's wrong with them.***

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- Public Health England (2014) Childhood Obesity. Available online [www.noo.org.uk/NOO\\_about\\_obesity/child\\_obesity](http://www.noo.org.uk/NOO_about_obesity/child_obesity)
- NHS Future Forum (2012) The NHS Role in the Public Health: A Report from the NHS Future Forum.

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