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# Back propagation artificial neural network for community Alzheimer's disease screening in China\*\*

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## Abstract

Alzheimer's disease patients diagnosed with the Chinese Classification of Mental Disorders diagnostic criteria were selected from the community through on-site sampling. Levels of macro and trace elements were measured in blood samples using an atomic absorption method, and neurotransmitters were measured using a radioimmunoassay method. SPSS 13.0 was used to establish a database, and a back propagation artificial neural network for Alzheimer's disease prediction was simulated using Clementine 12.0 software. With scores of activities of daily living, creatinine, 5-hydroxytryptamine, age, dopamine and aluminum as input variables, the results revealed that the area under the curve in our back propagation artificial neural network was 0.929 (95% confidence interval: 0.868–0.968), sensitivity was 90.00%, specificity was 95.00%, and accuracy was 92.50%. The findings indicated that the results of back propagation artificial neural network established based on the above six variables were satisfactory for screening and diagnosis of Alzheimer's disease in patients selected from the community.

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## Key Words

neural regeneration; clinical practice; artificial neural network; Alzheimer's disease; mathematical model; community; trace elements; neurotransmitters; grant-supported paper; neuroregeneration

## Research Highlights

(1) Based on the principles and methods of epidemiology and misty mathematics, the present study used scores of activities of daily living, creatinine, 5-hydroxytryptamine, age, dopamine and aluminum as input variables to establish a back propagation artificial neural network, for screening Alzheimer's disease in the community.

(2) A stable and practical diagnostic method for Alzheimer's disease was obtained through model fitting and repetitive training.

## Abbreviations

AD, Alzheimer's disease; BP-ANN, back propagation artificial neural network; ADL, activities of daily living; ROC, receiver operating characteristics; AUC, area under the curve

## INTRODUCTION

Currently, there are no special clinical treatments for Alzheimer's disease (AD); therefore, early detection and diagnosis of AD is particularly important. Traditional diagnostic methods rely mainly on some scales, clinical presentation or CT, MRI, etc<sup>[1-5]</sup>. These diagnostic methods have some limitations. For example, many factors can interfere with the Mini-mental State Examination, such as poor compliance. In addition, the measure is time-consuming and difficult to apply in patients in an advanced disease state. In addition, CT and MRI are expensive and not applicable to screening diseases in a large population<sup>[6-7]</sup>. Artificial neural networks (ANNs) use mathematical modeling to apply a biologically realistic synaptic connection structure to information processing. These networks possess the characteristics of parallel information processing, distributed information storage, high non-linearity, good fault-tolerance and strong self-learning, self-organizing, adaptive ability<sup>[8]</sup>. The model has been widely applied in the fields of disease diagnosis and prediction<sup>[9]</sup>. For this reason, based on the principles and methods of epidemiology and misty mathematics, the present study

selected some characteristic variables like macro and trace elements in the blood and neurotransmitters as the input layer variables to establish a back propagation artificial neural network (BP-ANN) to screen AD in the community and complement traditional methods.

## RESULTS

### Quantitative analysis of participants

Using a random cluster sampling method, we identified 4 350 people from six communities in Jiangxi Province, China. According to AD diagnostic criteria, 60 AD patients and 60 healthy controls were selected for study, matched for gender, age, and place of residence.

### General conditions

The average age of the 120 subjects was  $74.6 \pm 8.3$  years. There were no significant differences in gender, occupation, history of hypertension, history of cerebrovascular accident, history of head injury or dementia family history between the two groups ( $P > 0.05$ ). However, the two groups significantly differed in terms of education, marital status, history of mental illness and significant adverse life history ( $P < 0.05$ ; Table 1).

Table 1 General characteristics of the subjects

Item	AD		Non-AD		$\chi^2$	P	
	n	Constituent ratio (%)	n	Constituent ratio (%)			
Gender	Male	27	45.00	29	48.33	0.134	0.714
	Female	33	55.00	31	51.67		
Education	Illiteracy	22	36.67	6	10.00	13.152	0.004
	Primary school	17	28.33	18	30.00		
	High school or secondary school	19	31.67	32	53.33		
Occupation	Junior college degree and above	2	3.33	4	6.67	8.978	0.062
	Worker	31	51.67	38	63.33		
	Farmer	16	26.67	4	6.67		
	Cadre	4	6.67	7	11.67		
	Small private business	2	3.33	2	3.33		
Marital status	Other	7	11.67	9	15.00	4.887	0.027
	Married	28	46.67	40	66.67		
History of hypertension	Remarried, widowed, divorced	32	53.33	20	33.33	0.536	0.464
	Yes	26	43.33	30	50.00		
History of cerebrovascular accident	No	34	56.67	30	50.00	1.713	0.191
	Yes	11	18.33	6	10.00		
History of head injury	No	49	81.67	54	90.00	0.436	0.509
	Yes	4	6.67	6	10.00		
History of mental illness	No	56	93.33	54	90.00	7.212	0.007
	Yes	13	21.67	3	5.00		
Dementia family history	No	47	78.33	57	95.00	2.807	0.094
	Yes	5	8.33	1	1.67		
Significant adverse life history	No	55	91.67	59	98.33	8.200	0.042
	0	27	45.00	42	70.00		
	1	28	46.67	16	26.67		
	$\geq 2$	5	8.33	2	3.33		

AD: Alzheimer's disease.

### Evaluation results of BP-ANN input variables

Statistical analysis revealed that the results of all six variables were significantly different between AD patients and controls ( $P < 0.01$ ). Compared with controls, the AD patients were older on average (by approximately 6 years), and their activities of daily living (ADL) scores (17.13 points higher) and the levels of aluminium (0.18  $\mu\text{M}$  higher) were higher, but the levels of creatinine, 5-hydroxytryptamine, and dopamine were lower (Table 2).

Table 2 Evaluation results of the back propagation artificial neural network input layer variables

Item	AD	Non-AD	<i>t</i>	<i>P</i>
Age (year)	77.8±7.7	71.3±7.7	4.547	0.000
ADL scores	36.3±11.7	19.2±7.4	9.602	0.000
Aluminium ( $\mu\text{M}$ )	1.2±0.3	1.0±0.3	3.479	0.001
Creatinine ( $\mu\text{M}$ )	1.0±0.5	1.5±0.5	-5.884	0.000
5-hydroxytryptamine (ng/mL)	54.8±48.3	94.6±47.4	-4.558	0.000
Dopamine (pg/mL)	116.4±39.5	152.4±48.2	-4.468	0.000

Data were expressed as mean  $\pm$  SD of 60 AD patients and 60 non-AD individuals. Significant differences between the two groups were found using *t* tests ( $P < 0.01$ ).

ADL scores ranged from 14 to 56: 14 indicates normal; total scores  $\geq 20$  indicate significant barriers for the function.

The normal range: aluminium:  $< 1.4 \mu\text{M}$ ; creatinine: 0.53–2.10  $\mu\text{M}$ ; 5-hydroxytryptamine: female: 80–450 ng/mL, male: 40–400 ng/mL; dopamine:  $< 200 \text{ pg/mL}$ .

AD: Alzheimer's disease; ADL: activities of daily living.

### Results of BP-ANN output

The BP-ANN output results were used to construct a receiver operating characteristic (ROC) curve (Figure 1), and the area under the curve (AUC) was 0.929 (95% confidence interval (CI): 0.868–0.968,  $P < 0.01$ ), indicating that the established BP-ANN performed well in distinguishing AD patients from healthy controls over 60 years of age.

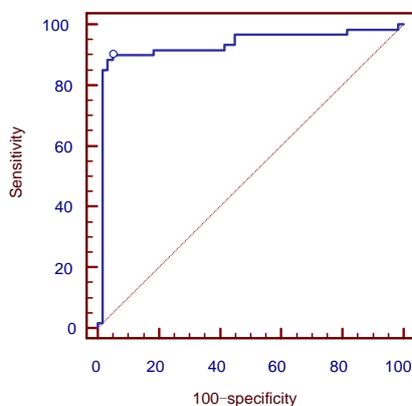


Figure 1 Receiver operating characteristic curve of the back propagation artificial neural network output (abscissa and ordinate units are %).

Table 3 shows the sensitivity, specificity, accuracy, positive predictive value and negative predictive value of different cut-off points; the best cut-off point was 0.41, where the BP-ANN's diagnostic value was highest, and the sensitivity, specificity and accuracy were 90.00%, 95.00%, 92.50%, respectively. In the general population of the community, the positive predictive value and negative predictive value were 94.70% and 90.50%, respectively.

Table 3 BP-ANN output predictions of different cut-off points

BP-ANN output cut-off points	Sensitivity (%)	Specificity (%)	Accuracy (%)	PPV (%)	NPV (%)
0.05	100.00	1.67	50.83	50.40	100.00
0.10	91.67	73.33	82.50	77.50	89.80
0.22	90.00	85.00	87.50	85.70	89.50
0.38	90.00	91.67	90.83	91.50	90.20
0.41	90.00	95.00	92.50	94.70	90.50
0.53	86.67	96.67	91.67	96.30	87.90
0.65	85.00	96.67	90.83	96.20	86.60
0.74	83.33	98.33	90.83	98.00	85.50
0.84	80.00	98.33	89.17	98.00	83.10
0.93	73.33	98.33	85.83	97.80	78.70
0.99	1.67	100.00	50.83	100.00	50.40

There were 60 Alzheimer's disease patients and 60 controls for prediction.

BP-ANN: Back propagation artificial neural network; PPV: positive predictive value; NPV: negative predictive value.

## DISCUSSION

BP-ANN prediction has previously been shown to perform better than traditional methods<sup>[10]</sup>, and the diagnostic value of ANN (AUC0.82) was reported to be higher than a conventional statistical approach (AUC0.63) in AD prediction<sup>[11]</sup>. These studies used the number of neurofibrillary tangles and neuropathy plaques in the cerebral cortex and hippocampal gyrus as the input layer to build a BP-ANN model, reporting levels of accuracy up to 100%, higher than the linear discriminant analysis of AD prediction, which exhibited accuracy of 92.30%. Possible risk factors of AD can be used as input variables to fit BP-ANN predicting the incidence and morbidity of AD, although the causes of the AD remain unclear. The six input variables screened in the present study have all been related to AD by previous reports<sup>[12-17]</sup>. Furthermore, these variables are all objective measures that can be collected and measured easily. BP-ANN can overcome some of the shortcomings of the large number of subjective factors involved in traditional time-consuming diagnostic scales for AD.

In the present study, in terms of the model outputs, the constructed BP-ANN model achieved good predictive effects. The AUC was 0.929, the sensitivity was 90.00%, the specificity was 95.00%, the accuracy was 92.50%, and the reliability of the screening diagnosis of AD was better than that of the Mini-mental State Examination scale (sensitivity 92.5%, specificity 72.1%). Its predictive results were also better than previous reports of Martin Griebel *et al*<sup>[18]</sup>, who established the ANN model using an infrared spectrum of cerebrospinal fluid for AD screening (sensitivity 88.5% and specificity 80.0%). Da Silva Lopes *et al*<sup>[19]</sup> used the ANN model to identify and assess patients' electroencephalography results to help the diagnosis of AD (sensitivity 82% and specificity 61%). However, the outcomes of some studies using the ANN method to predict the incidence and morbidity of AD reported better prognosis than the present study. For example, Rossini and Buscema *et al*<sup>[20-23]</sup> used the implicit function as squashing time (IFAST) program based on ANN, which can accurately identify mild cognitive impairment patients and AD patients by analyzing electroencephalography data (sensitivity 95.87%, specificity 91.06% and accuracy 93.46%). Grossi *et al*<sup>[11]</sup> used the number of neurofibrillary tangles and neuropathy plaques in the cerebral cortex and hippocampal gyrus as the input layer to build an ANN model, which was able to distinguish AD patients from controls with an accuracy of up to 100%. The predictive effect of the BP-ANN model is related to the network structure, *i.e.* the input and hidden layers. The predictive accuracy of the model can be improved if there are close links between input variables and output variables. The implicit layer and hidden nodes play an important role in the network structure, because an overly simple network structure cannot obtain ideal predictive accuracy, and an overly complicated structure may result in overfitting.

In the field of AD prediction, there are other models of applications in addition to BP-ANN, including MRI-based models<sup>[24-25]</sup> and the risk score model<sup>[26]</sup>. The results of MRI-based model prediction are better than the BP-ANN results in the present study, while the risk score model is a little worse. For example, Gerardin *et al*<sup>[24]</sup> created a spherical harmonics model based on multi-dimensional classification of MRI of hippocampal shape characteristics, and the prediction accuracy was 94% in AD classification, sensitivity 96%, and specificity 92%. Davatzikos *et al*<sup>[25]</sup> utilized a high-dimensional MRI map of pattern classification, and the prediction accuracy for AD was up to 100%. Another study used a risk score model to predict the sensitivity for AD, and revealed a sensitivity rate of 80.8%, specificity of 75.7%, and

accuracy of 75.9%<sup>[26]</sup>.

In summary, the scores of ADL, creatinine, 5-hydroxytryptamine, age, dopamine and aluminum as input variables of BP-ANN have a good effect in AD prediction. The model was simple, objective, and suitable for large-scale population screening. This method can play an important role in AD prevention and control, community aged care *etc.* Moreover, it also provides a reference for other chronic disease screening methods and research in community populations. This study should be considered as a preliminary investigation, and future studies should be conducted with larger sample sizes. In addition, it is still necessary to select input variables and combine them with clinical information for further exploration.

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## SUBJECTS AND METHODS

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### Design

A clustered random sampling, neural network modeling study.

### Time and setting

The investigation was conducted in several communities in Nanchang, Ji'an and Yichun, Jiangxi province, China from May 2008 to September 2010. The blood sample testing and model establishment were performed at Nanchang University, Nanchang, Jiangxi province, China from October 2010 to December 2010.

### Subjects

Using a cluster sampling method, 4 350 people older than 60 years from six communities were investigated. Subjects who were suspected to have AD were initially screened using routine methods. Among the subjects, 2 073 were males, accounting for 47.66% of the sample, and 2 277 were female, accounting for 52.34% of the sample.

A self-designed questionnaire was used to collect epidemiological information for all checked objects, and the ADL scale<sup>[27]</sup> was used to evaluate activities of daily living. For AD (cases): (1) screening by Mini-Mental State Examination<sup>[28]</sup>; Mini-Mental State Examination scores  $\leq 17$  points were considered to indicate illiteracy,  $\leq 20$  points as primary level,  $\leq 22$  points as secondary level,  $\leq 23$  points as university; (2) on this basis, the clinical history and signs and other related information, with reference to the International Classification of Diseases, 10<sup>th</sup> edition (ICD-10)<sup>[29]</sup>, the Chinese Classification of

Mental Disorders diagnostic criteria for suspected case confirmation<sup>[30]</sup>, and the Clinical Dementia Rating were used to evaluate the severity of AD<sup>[31]</sup>; (3) using the Hamminsk's ischemia rating scale to exclude vascular dementia and mixed dementia<sup>[32]</sup>; (4) reliable informants provided health-related background information for each subject. For non-AD (controls): all participants were free of cardiovascular disease, neurological disease, and congenital dementia; living in the same urban community; they and their families were willing to cooperate. Of 214 persons diagnosed with AD, 60 AD patients were finally included for BP-ANN modeling along with 60 non-AD (control) individuals.

## Methods

### Sample collection and laboratory testing

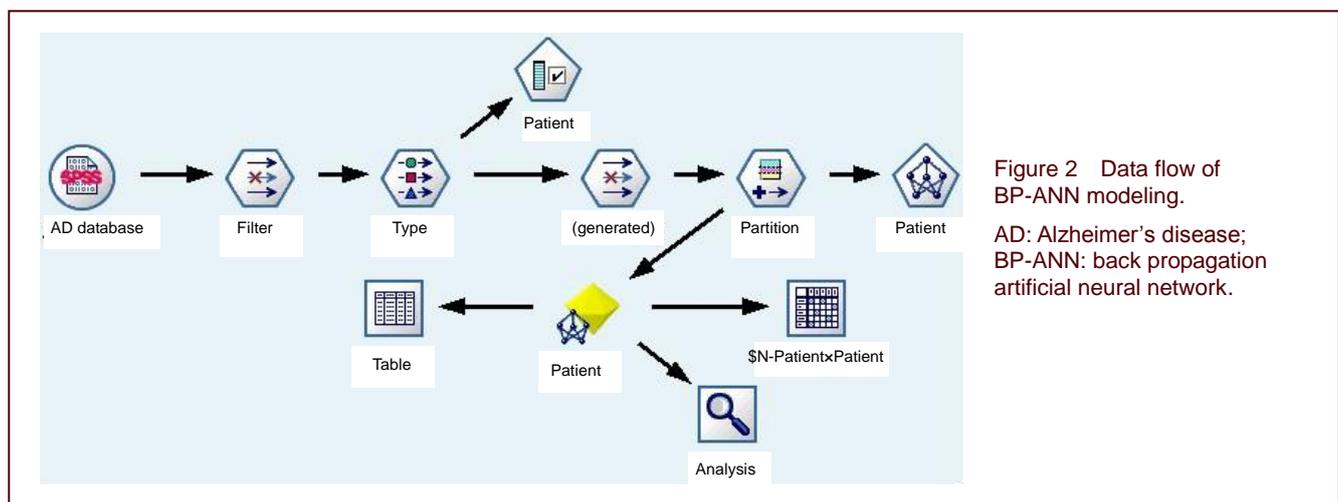
In addition to measuring demographic characteristics and the personal medical history questionnaire, 10 mL of ulnar venous blood was collected from each of the 120 participants. The blood samples were impregnated with anticoagulant and refrigerated. Of the 10 mL blood sample, 2 mL was used for the detection of nine elements: aluminium, copper, zincum, ferrum, calcium, manganese, cadmium, creatinine, selenium; and 8 mL was used for the detection of 5-hydroxytryptamine, dopamine, and acetylcholine receptor antibody. The reference substances for element detection were supplied by the National Center, including  $\text{HNO}_3$  (chemically pure),  $\text{Mg}(\text{NO}_3)_2$ ,  $\text{Ni}(\text{NO}_3)_2$  (chemically pure) and deionized water. The macro and trace elements were analyzed using a TAS-990 atomic absorption spectrophotometer (Shimadzu, Kyoto, Japan), a Shimadzu AA-680 atomic absorption spectrophotometer (Shimadzu) and a GFA-4B graphite atomic device (Shimadzu). Related neurotransmitters were detected by radioimmunoassay. The assay kit of acetylcholine receptor antibody was obtained from RSR Ltd., Cardiff,

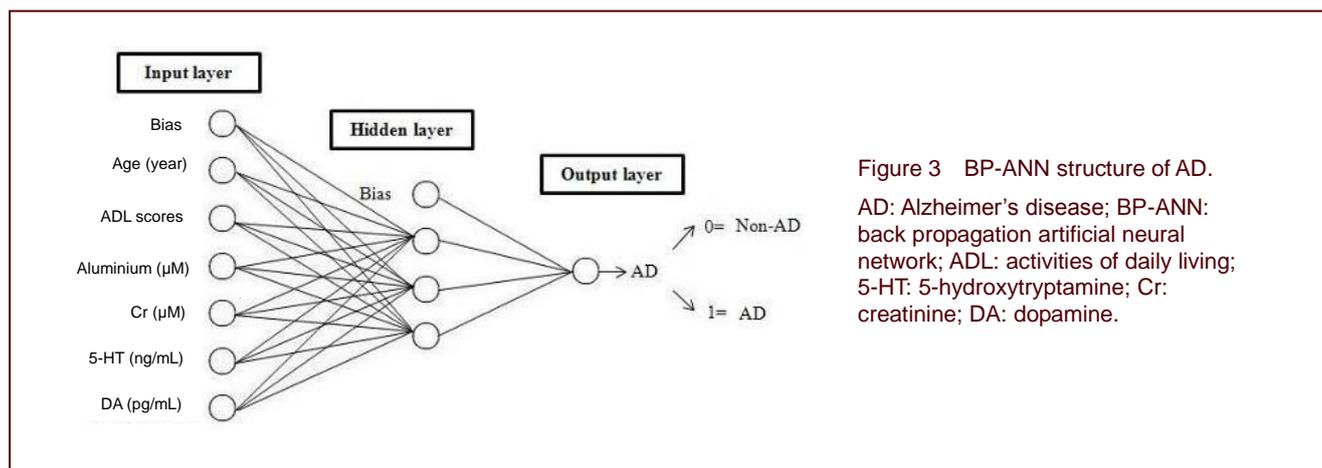
UK, while the assay kit of 5-hydroxytryptamine and dopamine were from Biosource Europe SA, Nivelles, Belgium.

### BP-ANN establishment

SPSS 13.0 software (SPSS, Chicago, IL, USA) was used to establish the database, and the BP-ANN was built with Clementine 12.0 software (SPSS). The data flow is shown in Figure 2. Before modeling, the input variables were concentrated and screened. The variables included gender, age, educational level, occupation, marital status, history of hypertension, history of cerebral vascular accident, history of head injury, history of mental illness, family history of dementia, history of major adverse life, character, scores of ADL, aluminium, copper, zincum, ferrum, calcium, manganese, cadmium, creatinine, selenium, 5-hydroxytryptamine, dopamine, acetylcholine receptor antibody, six variables were selected, including scores of ADL, creatinine, 5-hydroxytryptamine, dopamine, age, and aluminium, which had a strong correlation with the output variable ( $y = \text{AD illness}$ ),  $P < 0.001$ .

The 120 modeling subjects were assigned to two groups, the training set ( $n = 85$ , 71%), used to train the network; and the test set ( $n = 35$ , 29%), for the detection of network convergence. Thus, the BP-ANN model was built with the above six selected variables as the input layer, and AD illness as the output layer. Training parameters: impulse items = 0.9, the initial learning rate = 0.02, the maximum weight to adjust the rate of change was not greater than 0.005; activation function was a Sigmoid function, and expression was  $f(x) = \frac{1}{1+e^{-x}}$ . The architecture of the BP-ANN we constructed was a three-tier network with one input layer, six nodes; one hidden layer, three nodes; and one output layer, one node. The network is shown in Figure 3.





### Statistical analysis

Continuous variables were expressed as mean  $\pm$  SD and compared using a two-tailed unpaired student's *t*-test; categorical variables were compared using chi-square analysis. MedCalc V.11.5.0.0 Software (MedCalc Software, Mariakerke, Belgium) was used to analyze the results of the BP-ANN output (propensity scores) as a receiver- operating characteristic curve.

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**Author contributions:** Jun Tang, Helang Huang, Lei Wu and Yan Xu had full access to all data and participated in maintaining data integrity and conducting data analysis. Yefeng Yuan was primarily responsible for the diagnosis of the patients. Jiang Feng was primarily responsible for the blood sample testing. All authors were responsible for data collection, interpretation, and study design. Jun Tang wrote the manuscript. All authors approved the final version of the paper.

**Conflicts of interest:** None declared.

**Ethical approval:** The project received full ethical approval from the Medical Research Ethics Committee of First Affiliated Hospital of Nanchang University in China.

**Author statements:** The manuscript is original, has not been submitted to or is not under consideration by another publication, has not been previously published in any language or any form, including electronic, and contains no disclosure of confidential information or authorship/patent application/funding source disputations.

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