



Comparison of the characteristics of two hemoglobin variants, Hb D-Iran and Hb E, eluting in the Hb A2 window

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Background

Cation exchange-high performance liquid chromatography (CE-HPLC) is most commonly used to evaluate hemoglobin (Hb) variants, which elute in the Hb A2 window. This study aimed to assess prevalence of an uncommon Hb variant, Hb D-Iran, and compare its red cell parameters and peak characteristics with those of Hb E that commonly elutes in the Hb A2 window.

Methods

Generally, we assess abnormal Hb using CE-HPLC as the primary technique along with alkaline and acid electrophoresis. All cases with Hb A2 window >9%, as assessed by CE-HPLCs during 2009–2013, were selected.

Results

Twenty-nine cases with Hb D-Iran variant were identified—25 heterozygous, 2 homozygous, 1 compound heterozygous Hb D-Iran/ β -thalassemia, and 1 Hb D-Iran/Hb D-Punjab. Overall prevalence of Hb D-Iran was 0.23%. Compared to patients with Hb E, those with Hb D-Iran had significantly higher Hb (12.1 vs. 11.3 g/dL, $P=0.03$), MCV (82.4 vs. 76.4 fL, $P=0.0044$), MCH (27.9 vs. 25.45 pg, $P=0.0006$), and MCHC (33.9 vs. 33.3 g/dL, $P=0.0005$). Amount of abnormal Hb (40.7 vs. 26.4%, $P=0.0001$) was significantly higher while retention time (3.56 vs. 3.70 min, $P=0.0001$) was significantly lower in Hb D-Iran than in Hb E.

Conclusion

Hb D-Iran peak can be easily missed if area and retention time of the Hb A2 window are not carefully analyzed. To distinguish between variants, careful analysis of peak area and retention time is sufficient in most cases and may be further confirmed by the second technique—alkaline electrophoresis.

Key Words CE-HPLC, Hb D-Iran, Hb E, Hb A2 window

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INTRODUCTION

Hemoglobin D-Iran (Hb D-Iran) (*HBB: c.67G>C*) is a rare Hb variant first reported in a family from central part of Iran in 1973 by Rahbar [1]. It occurs due to a mutation in codon 22 of the β -globin gene involving a transversion of GAA to CAA leading to a substitution of glutamate by glutamine. For detection of the structural variants of Hb and estimation of Hb A2 and Hb F levels, cation exchange-high performance liquid chromatography technique (CE-HPLC) is employed most frequently [2]. Hb D-Iran is eluted in the Hb A2 window on the β -thalassemia short

program on the Biorad Variant II CE-HPLC equipment [3]. In India, the most common structural variant that is also eluted in the Hb A2 window is Hb E [4]. Hb E (*HBB: c.79G>A*) is a common structural variant reported in eastern and northern India and occurs due to a G to A substitution in codon 26 of the β -globin chain [5]. Although Hb D-Iran is commonly described in Iran, its prevalence in India is largely unknown. In a series of CE-HPLC records on 2,600 patients, only 1 case of Hb D-Iran (0.038%) was reported [6], while in a second series of records on 800 patients, 3 cases of Hb D-Iran (0.375%) were reported [4]. Additionally, Hb E has been reported in about 0.26% [6] and 2.5% [4] of patients undergoing CE-HPLCs in north India. Ideally

for the identification of abnormal Hb, two techniques based on two different principles are required [7].

Based on this, we aimed to study all CE-HPLC records during 2009–2013 to select variants eluting >9% in the Hb A2 window and determine the proportion of patients with Hb D-Iran. Furthermore, we compared the differences in the red cell indices and the peak characteristics between patients with Hb D-Iran and those with Hb E using CE-HPLC.

MATERIALS AND METHODS

This was a retrospective study performed at Department of Hematology, Sir Ganga Ram Hospital, New Delhi, which caters to patients primarily from north India. Generally, we employ two techniques to detect Hb variants. All cases are initially subjected to CE-HPLC, which is performed using the variant β -thalassemia short program on the Bio-Rad Variant II, HE10 system. In cases where an abnormal Hb variant is detected on CE-HPLC, alkaline and acid electrophoresis is performed on SAS1 (Helena Biosciences, United Kingdom) to confirm the findings. Automated peripheral blood counts were available in all the cases (LH750 and DxH, Beckman Coulter Inc., Miami, FL, USA).

CE-HPLC records over a 5-yr period between January 1st, 2009 and December 31st, 2013 were retrieved. These results were screened for peaks >9% in the Hb A2 window. Cases of Hb Lepore were excluded based on peak characteristics in CE-HPLC results and alkaline electrophoretic mobility. This was done to select all cases of Hb D-Iran and Hb E as a cause of elevated Hb A2. Based on the CE-HPLC and electrophoresis findings, cases were sub-divided into those of Hb D-Iran and Hb E. A comparison of red cell indices, and A2 peak retention time and area was performed between heterozygous Hb D-Iran and heterozygous Hb E using descriptive statistics and student's *t*-test. *P*-value < 0.05 was considered significant.

RESULTS

Prevalence of Hb D-Iran

Amongst 12,605 CE-HPLCs records, the prevalence of Hb D-Iran was 0.23% (29/12,605). Of these, 25 (86.2%) were heterozygous Hb D-Iran, 2 (6.9%) were homozygous Hb D-Iran, and 1 each was compound heterozygous Hb D-Iran/ β -thalassemia and double heterozygous Hb D-Iran/Hb D-Punjab. Due to an over-representation of antenatal cases, only 2 patients with heterozygous Hb D-Iran were males and remaining 27 patients with Hb D-Iran were females. The median age of patients with heterozygous Hb D-Iran was 27 years and ranged from 22–36 years. The red cell indices and the Hb-HPLC characteristics are given in Table 1.

There was one case each of compound heterozygous Hb D-Iran/ β -thalassemia and Hb D-Punjab/Hb D-Iran (Fig. 1). In the patient with compound heterozygous Hb D-Iran/ β -thalassemia, Hb D-Iran and A2 together accounted for 66% peak area and Hb F showed 21.3% peak area at a retention time of 1.13 min. There was a minor peak in the Hb A window with area 3.4%, but unlike Hb A, its retention time was 2.19 min. This occurred most likely due to post-translational modifications in Hb D-Iran. The compound heterozygous Hb D-Iran/Hb D-Punjab case, in addition to a prominent peak in the Hb A2 window, showed a peak with area 41.4% in Hb D window at a retention time of 4.14 min. A peak amounting to 5.0% was noted in Hb A-window with a retention time of 2.1 min. Similarly, the two cases of homozygous Hb D-Iran also showed peaks in the Hb A region with areas 4.8% and 4% at retention times 2.15 and 2.17 min, respectively. All these findings confirm that peaks in the Hb A window, in cases that lack a normal β -globin chain, occur due to post-translationally modified abnormal Hb variants, which was Hb D-Iran, in this case.

Prevalence of Hb E

Hb E variant was noted in 164 cases (1.3%), among which a majority were heterozygous Hb E (102/164, 62.2%), fol-

Table 1. Hematological characteristics of Hb D-Iran.

Characteristic	Hb D-Iran heterozygosity, median (Range)	Hb D-Iran homozygous, median (Range)	Hb D-Iran/Hb D-Punjab	Hb D-Iran/ β -thal
Hemoglobin (g/dL)	12.15 (8.3–15.6)	9.85 (8.8–10.9)	12.1	7.2
RBC count (Million/ μ L)	4.35 (3.55–5.34)	5.59 (5.49–5.69)	5.98	2.21
Hematocrit (%)	35.6 (26.9–44.5)	31.4 (29.4–33.4)	36.3	19.0
MCV (fL)	83 (60.4–94.1)	56.1 (53.5–58.7)	60.7	86.2
MCH (pg)	28.1 (18.6–31.8)	17.7 (16.1–19.2)	20.3	27.5
MCHC (g/dL)	33.8 (30.9–53.7)	31.3 (30.0–32.6)	33.0	32.0
RDW (%)	14.8 (12.4–19.9)	18.7 (16.0–21.4)	23.4	25.6
Peak area-Hb A2 (%)	40.9 (35.9–44.6)	76.3 (74.4–78.2)	47.3	66.0
Retention time-Hb A2 (min)	3.57 (3.48–3.68)	3.56 (3.55–3.57)	3.58	3.61
Peak area-Hb A (%)	47.8 (45.6–50.4)	4.4 (4–4.8)	5.1	3.4

Abbreviations: MCH, mean corpuscular hemoglobin; MCHC, mean corpuscular hemoglobin concentration; MCV, mean corpuscular volume; RDW, red cell distribution width.

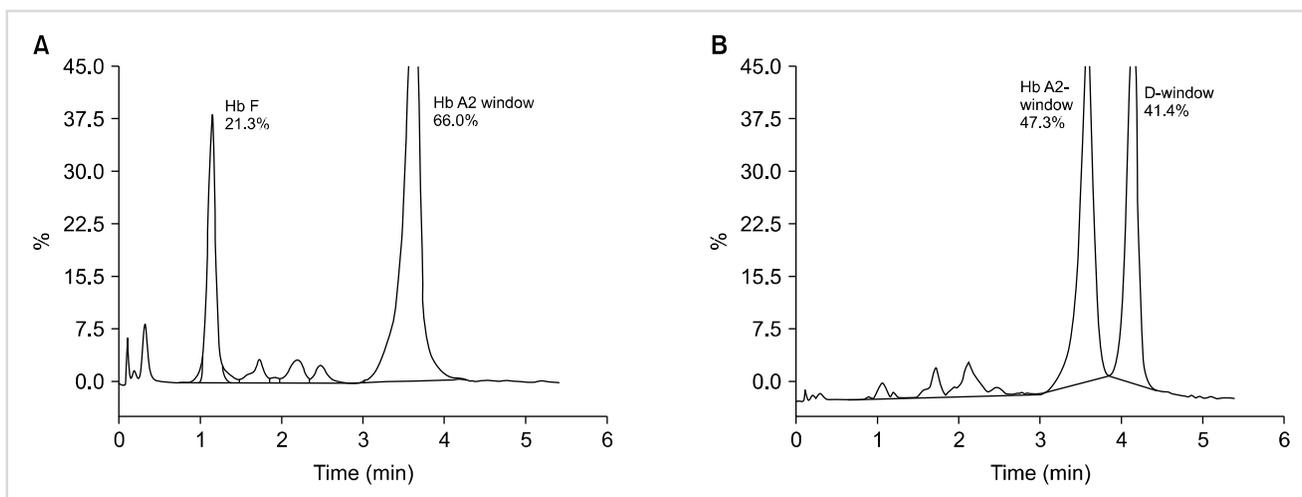


Fig. 1. (A) CE-HPLC of a case of Hb D-Iran/ β -thalassemia showing a predominant peak in the Hb A2 window with area of 66.0% and retention time of 3.61 min with elevated Hb F with area of 21.3%. (B) CE-HPLC of a case of Hb D-Iran/Hb D-Punjab with two predominant peaks, the first in A2-window with area of 47.3%, and the second in the Hb D window comprising 41.4% with retention times 3.58 and 4.14 min, respectively.

lowed by homozygous Hb E (32/164, 19.5%), compound heterozygous Hb E/ β -thalassemia (28/164, 17.1%), and double heterozygous Hb D-Punjab and Hb E (2/164, 1.2%). The male to female ratio of patients with heterozygous Hb E was 1:3.9 owing to a higher number of antenatal cases. The median age of patients with heterozygous Hb E was 30 years and ranged from 8 mo to 65 years.

Difference between Hb D-Iran and Hb E

A comparison between cases of heterozygous Hb D-Iran and those of heterozygous Hb E was performed to establish differences, which are presented in Table 2. The patients with heterozygous Hb D-Iran had a significantly higher Hb value, MCV, MCH, and MCHC as observed on the hemogram. The HPLC findings were also significantly different between patients with heterozygous Hb D-Iran and Hb E; and those with heterozygous Hb D-Iran showed a higher peak area (40.7 vs. 26.4%) and a lower retention time (3.56 vs. 3.70 min). An example of CE-HPLC and alkaline and acid electrophoresis in heterozygous Hb D-Iran and heterozygous Hb E is given in Fig. 2.

DISCUSSION

CE-HPLC is the most commonly employed technique for the diagnosis of hemoglobinopathies. β -thalassemia short program is a routinely used diagnostic CE-HPLC program that splits Hb into various peaks, which elute in various windows, depending on the retention time. In addition to Hb A2, multiple Hbs, such as Hb E, Hb D-Iran, Hb Lepore, Hb G-Honolulu, Hb Osu-Christiansborg, and Hb Korle-Bu elute in the Hb A2 window [8].

Of these variants, Hb E is prevalent in the north-eastern states [9, 10]. The largest series of >90,000 CE-HPLC records from West Bengal has revealed heterozygous Hb E in 2.68%,

Table 2. Comparison between heterozygous Hb D-Iran and Hb E.

Characteristic	Hb D-Iran heterozygosity	Hb E heterozygosity	<i>P</i>
Hemoglobin (g/dL)	12.06 \pm 1.48	11.27 \pm 2.02	0.0340
RBC count (million/ μ L)	4.35 \pm 0.48	4.44 \pm 0.73	0.5935
Hematocrit (%)	35.70 \pm 4.08	33.82 \pm 5.83	0.1004
MCV (fL)	82.43 \pm 7.94	76.35 \pm 4.76	0.0044
MCH (pg)	27.86 \pm 3.09	25.40 \pm 1.86	0.0006
MCHC (g/dL)	33.90 \pm 1.05	33.25 \pm 0.88	0.0005
RDW-CV (%)	14.90 \pm 1.77	15.66 \pm 2.42	0.1313
Peak area (%)	40.74 \pm 1.87	26.416 \pm 2.31	<0.0001
Retention time (min)	3.57 \pm 0.048	3.70 \pm 0.026	<0.0001

Abbreviations: MCH, mean corpuscular hemoglobin; MCHC, mean corpuscular hemoglobin concentration; MCV, mean corpuscular volume; RDW, red cell distribution width.

E β in 1.56%, and Hb E in 0.39% individuals who underwent thalassemia screening [10]. This paper reports a higher incidence of Hb E as the patient population was from eastern India. In this series, there was no patient with Hb D-Iran as this variant is largely reported from north-western India. However, only a few cases of Hb D-Iran have been reported from India [4, 6]. On the contrary, Hb D-Iran has been commonly described in Iran. In an 8-year analysis in Fars province in Iran, Hb D was the most frequent Hb variant after α - and β -thalassemia. Interestingly, of the 180 carriers with Hb D-variant, Hb D-Punjab and Hb D-Iran were almost equally reported [11]. The prevalence of Hb D-Iran in India is largely restricted to isolated case reports [12, 13] or a few cases in large case series [4, 6]. A large series of 2,600 cases was retrieved for detection of Hb variants and hemoglobinopathies in Indian population, which showed only a single case of Hb D-Iran (0.038%) [6]. Another study was conducted at AIIMS in 2008, where they tested 800 samples for over

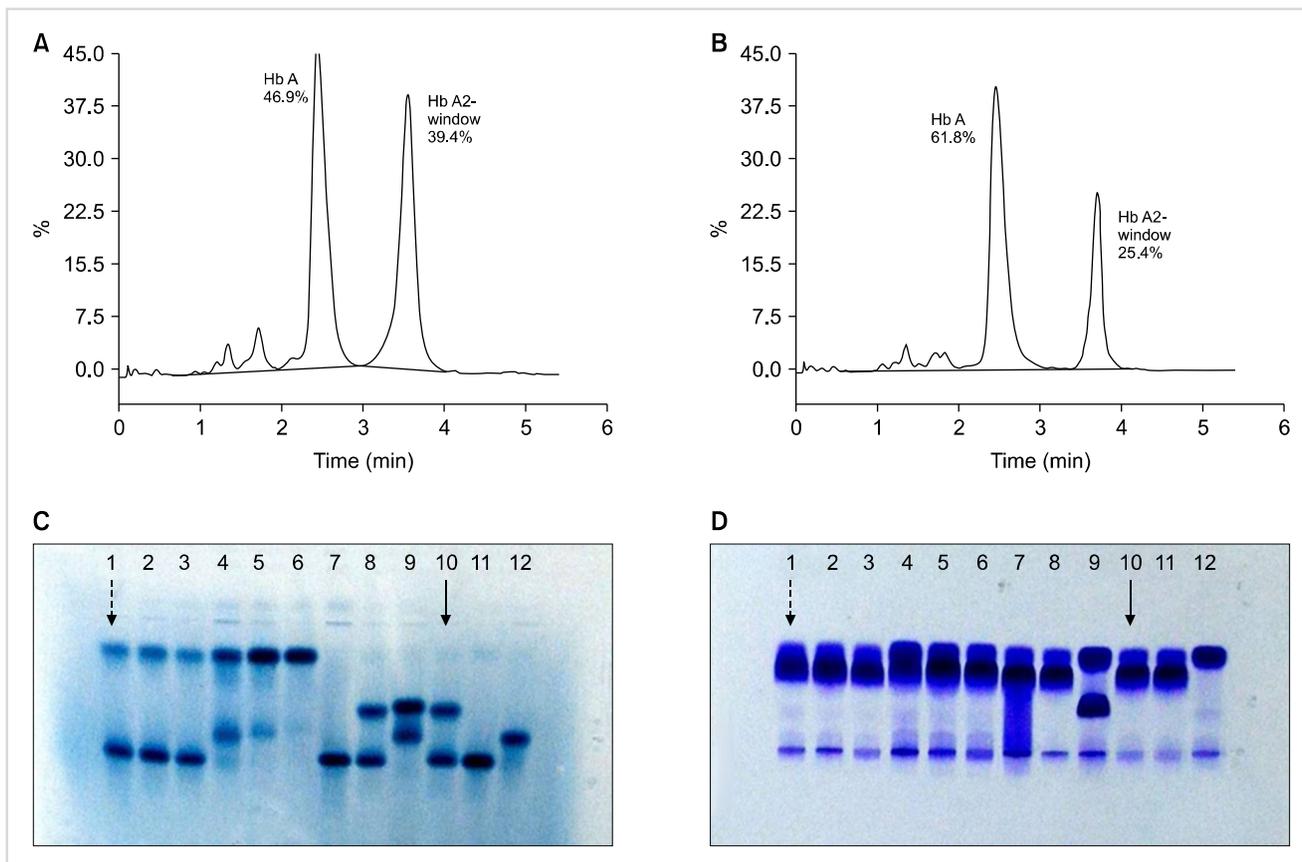


Fig. 2. (A) CE-HPLC of a case of heterozygous Hb D-Iran showing a peak in the Hb A2 window with area of 39.4% and retention time of 3.55 min. (B) CE-HPLC of case of heterozygous Hb E showing a peak in the Hb A2 window with area of 25.4% and retention time of 3.71 min. (C) Alkaline electrophoresis at pH 6.8 shows a case of heterozygous Hb E and heterozygous Hb D-Iran in lane 1 and 10 marked with dashed arrow and uninterrupted arrow respectively. (D) Acid electrophoresis at pH 6.0 shows a case of heterozygous Hb E and heterozygous Hb D-Iran in lane 1 and 10, marked with dashed arrow and uninterrupted arrow respectively. In both (C) and (D), lane 4 represents a case of Hb E/ β -thalassemia, while lanes 5 and 6 are homozygous Hb E cases.

a period of 7 mo and found 3 cases of Hb D-Iran (0.375%) [4]. Hb D-Iran in India has been reported from the north western region [10].

In this study on >12,000 CE-HPLC records, the frequency of Hb D-Iran was 0.23%, while that of Hb E was 1.56%. The frequency of Hb D-Iran was similar to that reported by Rao *et al.* [4] at 0.375%, but a higher number of records enabled us to analyze the differences between heterozygous Hb D-Iran and Hb E. This frequency is lesser than that reported from the second large series from north India [6] probably because of the fact that we employed two techniques (CE-HPLC, and acid and alkaline electrophoresis) to analyze cases of Hb variants, while Sachdev *et al.* [6] reported only the CE-HPLC data.

On evaluating the clinical profile of these Hb D-Iran, all cases were asymptomatic, except a case of compound heterozygous Hb D-Iran/ β -thalassemia, which showed moderate anemia, fatigue, and weakness. Even though both heterozygous and homozygous Hb D-Iran cases were clinically asymptomatic, they had certain differences in the hematological profile. The patients with heterozygous Hb D-Iran had normal Hb with normocytic normochromic red cell

indices, while those with homozygous Hb D-Iran had mild anemia with red cell indices similar to those in thalassemia. The findings for patients with heterozygous Hb D-Iran were similar to those of patients from Iran reported by Zakerinia *et al.* [11]. The case of compound heterozygous Hb D-Iran/D-Punjab has been previously published in a case report [14].

By comparing cases of heterozygous Hb D-Iran and those of Hb E, it was observed that patients with heterozygous Hb D-Iran had a significantly higher Hb, MCV, MCH, and MCHC on hemogram and the mean peak area of the Hb A2 window was 14% higher in CE-HPLC than those of heterozygous Hb E. Retention time of Hb D-Iran was significantly lower than that of Hb E. The mean peak area was 40.9%, which is similar to that reported previously from India [4]. The retention time of Hb D-Iran in our series was 3.56 min, which was similar to 3.62 min reported by Rao *et al.* [4] and 3.49 min reported by Jutovsky *et al.* [8]. On the contrary, the peak area for heterozygous Hb E was 26.4% with mean retention time of 3.70 min. These findings are similar to those reported by earlier studies from India [4]. The differences in peak characteristics and retention time should be sufficient to differentiate between Hb E and

Hb D-Iran carriers and the homozygous carriers. However, in some situations where the level of Hb D-Iran may be lower, such as with a concomitant iron deficiency [11], alkaline electrophoresis is a very informative technique. In alkaline electrophoresis, Hb E moves along with Hb A2, while Hb D-Iran moves with an electrophoretic mobility similar to that of Hb S and Hb D-Punjab [4].

We did not find any case of compound heterozygous for Hb D-Iran/Hb S. The importance of distinguishing Hb D-Iran from Hb D-Punjab most importantly lies in the cases of compound heterozygous Hb D with Hb S. Compound heterozygous Hb D-Punjab with Hb S produces significant sickling disorder; however, Hb D-Iran with Hb S is clinically benign [15].

We found that the two techniques—CE-HPLC and alkaline and acid electrophoresis—when used together helped to clearly differentiate between Hb D-Iran from other Hb variants, most importantly Hb D-Punjab and Hb E, in all the cases. In alkaline and acid electrophoresis, Hb D-Iran and Hb D-Punjab are observed at the same position, which can be differentiated on CE-HPLC. Likewise, Hb D-Iran and Hb E are closely eluted on CE-HPLC, which can be easily differentiated at their separate positions in alkaline electrophoresis.

In conclusion, Hb D-Iran elutes in the Hb A2 window of the β -thalassemia short program. Patients with heterozygous Hb D-Iran have no anemia with normocytic indices, unlike patients with heterozygous Hb E, who have red cell indices similar to those of thalassemia. Patients with homozygous Hb D-Iran also have red cell indices similar to those of thalassemia. To distinguish heterozygous Hb D-Iran from Hb E, careful analysis of peak area and retention time should be sufficient in most cases and may be further confirmed using alkali electrophoresis as the second technique.

Authors' Disclosures of Potential Conflicts of Interest

No potential conflicts of interest relevant to this article were reported.

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