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Novel trichomonacidal spermicides

Ashish Jain¹, Nand Lal², Lokesh Kumar¹, Vikas Verma¹, Rajeev Kumar¹, Lalit Kumar², Vishal Singh¹, Raghav K. Mishra¹, Amit Sarswat², SK Jain³, JP Maikhuri¹, VL Sharma² and Gopal Gupta^{1*}

¹Division of Endocrinology, Central Drug Research Institute (CSIR), Lucknow 226 001, India;
²Division of Medicinal & Process Chemistry, Central Drug Research Institute (CSIR), Lucknow 226 001, India; ³Department of Biotechnology, Jamia Hamdard University, New Delhi, India.

Running Title: *Microbicidal spermicides for prophylactic contraception*

*Corresponding Author. Mailing address: Division of Endocrinology, Central Drug Research Institute, Lucknow 226 001, India. Tel: +91-522-2612411; Fax: +91-522-2623405; email: g_gupta@cdri.res.in

31 Abstract

32 Metronidazole, the FDA approved drug against trichomoniasis, is non-spermicidal and hence
33 cannot offer pregnancy protection when used vaginally. Furthermore, increasing resistance of
34 *Trichomonas vaginalis* to 5-nitro imidazoles is a cause of serious concern. On the other hand, the
35 vaginal spermicide nonoxynol-9 (N-9) does not protect against STDs and HIV in clinical
36 situations but may in fact increase their incidence due to its non-specific, surfactant action. We
37 therefore designed dually active, non-surfactant molecules that were capable of killing
38 *Trichomonas vaginalis* (metronidazole susceptible and resistant strains) and irreversibly
39 inactivating 100% human sperm at doses that were noncytotoxic to human cervical epithelial
40 (HeLa) cells and vaginal microflora (Lactobacilli) *in vitro*. Anaerobic energy metabolism, cell
41 motility and defense against ROS, which are key to survival of both sperm and *Trichomonas* in
42 the host after intravaginal inoculation, depend crucially on availability of free thiols.
43 Consequently, molecules were designed with carbodithioic acid moiety as the major
44 pharmacophore and chemical variations were incorporated to provide high excess of reactive
45 thiols for interacting with accessible thiols on sperm and *Trichomonas*. We report here the *in*
46 *vitro* activities, structure activity relationships and safety profiles of these spermicidal anti-
47 trichomonas agents, the most promising of which was more effective than N-9 (the OTC
48 spermicide) in inactivating human sperm and more efficacious than metronidazole in killing
49 *Trichomonas vaginalis* (including metronidazole-resistant strain). It also significantly reduced
50 the available free thiols on human sperm and inhibited cyto-adherence of *Trichomonas* on *HeLa*.
51 Experimentally *in vitro*, the new compounds appeared safer than N-9 for vaginal use.

52

53

54 Introduction

55 Sexually transmitted infections (STIs) and unintended pregnancies are the leading causes of
56 morbidity and mortality among women of child bearing age (8). An estimated 340 million cases
57 of curable STIs occur annually worldwide with trichomoniasis having the highest incidence of
58 ~51.2% (43). On the other hand, out of 208 million pregnancies that occurred globally in 2008,
59 ~41% were unintended (33). It has been seen that the primary responsibility of pregnancy and
60 STD protection lies with the female partner during most of the heterosexual contacts, including
61 the “most vulnerable” contacts amongst adolescents and promiscuous adults (4). Often under
62 such circumstances condom (the only dually protective contraceptive) is either inaccessible or its
63 use is practically not negotiable. Consequently, woman-controlled, dually protective
64 contraceptives that are safe, effective and virtually imperceptible are highly desirable to curb the
65 STD/HIV epidemic.

66 Trichomoniasis, the most-prevalent non-viral STD, predisposes women to viral STDs including
67 HIV (23). On the other hand, HIV infected men with symptomatic trichomonal urethritis have
68 nearly six-fold higher HIV concentration in semen as compared to men without urethritis.
69 Therefore, it would be quite rational to conclude that controlling trichomoniasis alone can
70 significantly reduce the incidence of new HIV infections. Moreover, trichomoniasis in women is
71 also associated with vaginitis, endometritis, adnexitis, pyosalpinx, infertility, preterm delivery,
72 low birth weight, bacterial vaginosis, and increased risk of cervical cancer (10). Anti-
73 trichomonas agents offering simultaneous pregnancy protection would have the advantage of
74 providing the required impetus for use-compliance as women prefer dual protection
75 contraceptives over pure microbicides (28). Metronidazole, the FDA approved drug against
76 trichomoniasis (5), is non-spermicidal, and hence does not offer contraceptive protection when
77 used vaginally. On the other hand, dually-active molecules like nonoxynol-9 (N-9) and cellulose
78 sulfate failed to provide twin protection in clinical situations (13, 29) plausibly due to their
79 general, non-specific toxicity against sperm and cervico-vaginal cells. Hence there is a need for
80 designed synthesis of potent, more specifically acting spermicidal microbicides for prophylactic
81 contraception. Our enduring attempts to target human sperm through differently guided
82 molecules against various functional moieties yielded some very promising structures (7, 12, 14-
83 20, 22) but the two most promising spermicides (14, 16) were weakly microbicidal against
84 *Trichomonas vaginalis* (15).

85

86 We therefore took up designing of novel, dually capable molecules for killing human
87 spermatozoa almost immediately after ejaculation in the vagina along with *Trichomonas*
88 *vaginalis*, the causative agent of trichomoniasis and a prominent HIV risk factor.
89 Trichomoniasis, though curable, is often asymptomatic (especially in males) and therefore goes
90 unreported, resulting in its persistent spread through heterosexual contacts. On the other hand,
91 growing resistance of *T. vaginalis* to 5-nitroimidazole drugs (45) like metronidazole is another
92 serious concern and calls for identification of newer anti-trichomonal agents. Recently some
93 non-imidazoles have shown exceptional intra-vaginal efficacy against *Trichomonas* infection,
94 including the firmly metronidazole-resistant strains (36), but these are devoid of contraceptive
95 activity.

96 Free thiol groups play an important role in the survival of predominantly anaerobic cells like
97 spermatozoa (40) and *Trichomonas vaginalis* (11). The strongly nucleophilic character of the
98 sulfur atom and the unique redox properties of the thiol group make it a key residue for enzyme
99 catalysis, protein folding, and redox signaling and regulation (42), which are important for
100 cellular energy metabolism, motility and subsistence of sperm and *Trichomonas*. We
101 hypothesized that a topical agent capable of targeting free thiols would arrest both sperm and
102 *Trichomonas* in semen quite specifically since free thiols are unlikely to be available elsewhere
103 in normal vaginal environment due to the low pH. Though agents independently targeting sperm
104 and *Trichomonas* are available, in this major study we have attempted to combine the two
105 intense capabilities together through rational drug design. We report here the *in vitro* activity and
106 safety profile of some very potent spermicidal microbicides, the most promising of which were
107 more effective than N-9 (the OTC spermicide) in killing sperm and more efficacious than
108 metronidazole in killing susceptible and resistant *Trichomonas vaginalis*. Experimentally *in*
109 *vitro*, these compounds appeared safer than N-9 for intravaginal use.

110

111 **Materials and methods**

112 **Chemicals**

113 All the chemicals, culture media and other reagents were procured from Sigma-Aldrich, St.
114 Louis, MO, USA, unless stated otherwise. Nonoxynol-9 was purchased from Spectrum Chemical
115 Manufacturing Corporation, New Brunswick, NJ, USA. The 15 new compounds were
116 synthesized according to the synthetic schemes provided as supporting information. The
117 complete chemistry details of new compounds including characterization, purity and
118 instrumentation is provided as supporting information.

119

120 ***Trichomonas vaginalis* cultures**

121 Clinical isolates of metronidazole susceptible *T. vaginalis* collected at Post Graduate Institute of
122 Medical Research and Education, Chandigarh, were obtained from the laboratory of Dr. Divya
123 Singh (37) and metronidazole-resistant strain of *Trichomonas vaginalis* [CDC 085 ATCC 50143]

124 was procured from ATCC, USA. Both the strains were cultured under partial anaerobic condition
125 in TYM medium [0.1% K₂HPO₄, 0.06% KH₂PO₄, 0.5% NaCl, 0.5% glucose, 2.0% yeast extract,
126 0.2% L-Lysine, 0.15% tryptone, pH 6.8] supplemented with 10% (v/v) heat-inactivated fetal
127 bovine serum, 2% vitamin mixture, 100 U/ml penicillin and 100 µg/ml streptomycin solution in
128 15 ml screw capped sterile tubes, and incubated at 37 °C (±0.5). Vitamin mixture contained
129 niacin (41.6 µg/ml), 4-aminobenzoic acid (83.3 µg/ml), pyridoxine hydrochloride (41.6 µg/ml),
130 thymine hydrochloride (16.6 µg/ml), D-pantothenic acid (16.6 µg/ml), myo-inositol (83.3
131 µg/ml), riboflavin (16.6 µg/ml), niacinamide (41.6 µg/ml), D-biotin (20.0 µg/ml), folic acid
132 (20.0 µg/ml), calciferol (40 µg/ml), retinyl palmitate (40 µg/ml), vitamin K (menadione sodium
133 bisulfite, 8.0 µg/ml) and α-tocopherol acetate (16.6 µg/ml) in Milli-Q water. Organisms in the
134 logarithmic phase of growth and exhibiting motility and normal morphology were harvested,
135 centrifuged and resuspended in fresh TYM medium for the experiments.

136

137 **Human Sperm**

138 Freshly ejaculated human semen samples were obtained by masturbation from healthy and fertile
139 volunteers, collected directly into sterile plastic tubes and transported immediately into the
140 laboratory. The samples were allowed to liquefy at 37°C for 45 min. Semen samples were
141 analysed as per World Health Organization guidelines (44). Sperm count and motility was
142 analysed manually as well as in a Computer Automated Semen Analyzer (CASA, Hamilton
143 Thorne, USA) using a small drop of liquefied semen placed on a “Makler” counting chamber
144 (Sefý´ Medica, Hafia, Israel) pre-warmed to 37°C. Semen samples with >65 million per ml
145 sperm count, >70% motility and normal sperm morphology were used. This study was approved
146 by the Institutional Ethics Committee.

147

148 **Drug susceptibility assay**

149 *Trichomonas vaginalis* parasites to be used in drug susceptibility assays were grown in TYM
150 medium for one day following regular sub culturing and were in the log phase of growth. *In vitro*
151 drug susceptibility assays were carried out using the standard procedure (38) and metronidazole
152 susceptibility criteria of Sobel et al., (34) was used to determine the resistance of *T. vaginalis*
153 strains to metronidazole. Accordingly, the clinical isolate was categorized as susceptible and

154 ATCC strain as firmly resistant strains. Stock solutions (100 mM) of test compounds were
155 prepared in DMSO. These stock solutions were diluted with TYM medium to obtain a
156 concentration of 400 μ M and then further serially diluted with the same medium to 1.0 μ M in a
157 48-well plate. 0.05% DMSO in TYM was used as vehicle in control wells. Parasites (5×10^3
158 trophozoites/well) were added to these wells and incubated anaerobically at 37°C. Trophozoite
159 growth and viability in drug containing wells was monitored by trypan blue staining and cell
160 number score on a daily basis, in comparison to control. Assay results were clearly defined after
161 48 hours in terms of minimum inhibitory concentration (MIC, lowest concentration of compound
162 at which all trophozoites were found non-viable). Using this MIC value as a reference, finer
163 dilutions of the active compounds were prepared and the drug susceptibility assay was repeated
164 to obtain the final MIC precisely through a concentration versus viable-trophozoite-number
165 curve. Viability was determined by trypan blue exclusion and 100% eradication was confirmed
166 by transferring 100 μ L of the suspension to a 15 ml tube with fresh medium and recording
167 growth at 37°C for 14 days (1). Metronidazole (1-40 μ M susceptible strain, 40 – 400 μ M,
168 resistant strain; Sigma-Aldrich) was used as reference standard. Three separate experiments were
169 performed for each strain to confirm the MIC.

170

171 **Spermicidal Assay**

172 Minimum effective (spermicidal) concentration (MEC) was determined by the modified Sander–
173 Cramer assay as detailed earlier (12, 15). Briefly, the test compounds were dissolved in a
174 minimum volume of DMSO and diluted with physiological saline (0.85% NaCl in distilled
175 water) to make a 10.0 mM solution and serially diluted to 0.125 mM with saline. A spermicidal
176 test was performed with each compound solution starting from 10 mM until the minimum
177 effective concentration (MEC) was arrived at. For this purpose 0.05 ml of liquefied human
178 semen was added to 0.25 ml of test solution and vortexed for 10 sec at low speed. A drop of the
179 mixture was immediately placed on a microscope slide, covered with a cover glass and
180 immediately examined under a phase contrast microscope in five fields of vision. The results
181 were scored positive if 100% spermatozoa became immotile in ~20 seconds and remained
182 immotile even after dilution with 1.0 ml of Krebs Ringer bicarbonate buffer for another 30 min at
183 37°C. The MEC was determined in three individual semen samples from different donors. The

184 minimum concentration of compound capable of killing 100% sperm in ~30 sec in all the three
185 semen samples was denoted as minimum effective concentration (MEC).

186

187

188 **Cytotoxicity of compounds towards human cervical (*HeLa*) cells**

189 We used *HeLa* cell monolayers as an *in vitro* model of cervicovaginal epithelium (31) for testing
190 cytotoxicity of new compounds. *HeLa* cells procured from National Centre for Cell Sciences
191 (NCCS), Pune, India, were grown in Dulbecco's modified Eagle's medium (DMEM, Sigma-
192 Aldrich) supplemented with fetal bovine serum (10%), and antibiotics (100 U/mL
193 penicillin/streptomycin mixture). Cells at 80–90% confluence were split by trypsin (0.25% in
194 phosphate-buffered saline (PBS), pH 7.4) and medium was changed at every 24 h interval.
195 Cultures were maintained in a CO₂ incubator at 37⁰C in 5% CO₂/95% air atmosphere. The MTT
196 (3-[4,5-dimethyl thiazol-2-yl]-2,5-diphenyltetrazolium bromide) based colorimetric assay for
197 evaluation of cyto-toxicity of drug formulations against human cervical cell line (*HeLa*) was
198 adopted (6). Cells seeded at a density of 5.0 X 10⁴ per well in 96 well plates were incubated in
199 culture medium (DMEM with 10% FCS) for 24 hours at 37°C in 5%CO₂/95% air atmosphere.
200 After 24 hours, culture medium was replaced with fresh medium containing dilutions of test
201 compounds in experimental wells and 0.05% DMSO in culture medium in control wells. After
202 an incubation for another 24 hours, 5 µl of MTT solution (5 mg/ml in PBS, pH 7.4) was added to
203 each well. The formazan crystals formed inside the viable cells were solubilized in DMSO and
204 the OD was recorded at 540 nm in a microplate reader (Microquant, Bio-Tek, USA).

205

206 **Compatibility of compounds with *Lactobacillus***

207

208 Spores of *Lactobacillus jensenii* [ATCC 25258, strain 62G] were procured from ATCC, USA
209 and grown in 6% Rogosa SL broth medium (Hi Media, India) containing 0.132% acetic acid, at
210 37⁰C. The effect of test compounds on *Lactobacillus jensenii* was determined by the method
211 published earlier with slight modification (15). Briefly, Rogosa SL broth medium was prepared
212 in Milli-Q water, boiled for 2-3 min and distributed in 48 well plate (500µL/well). Serial
213 dilutions of test compounds were added to experimental wells and vehicle to control wells, in
214 triplicate. ~1000 *cfu* of *Lactobacillus jensenii* were inoculated in each well. The plates were

215 incubated at 37°C in a humidified atmosphere containing 5% CO₂ for 24 h. At the end of the
216 experiment, the cultures were mixed thoroughly and 100µl volume from each well was
217 transferred to the corresponding well of a 96 well plate and number of Lactobacilli were
218 estimated by measuring the turbidity (OD) at 610 nm in a microplate reader.

219

220 **Inhibition of cytoadherence of trophozoites to host cells**

221 Effect of the most promising compound-2 on *T. vaginalis* cytoadherence to human cervical
222 (*HeLa*) cells was tested in an *in vitro* model of *Trichomonas* infection, and was adapted from a
223 published procedure (2). Briefly, the parasites were labeled with tritium by incubating overnight
224 in 1.0 µCi [³H]-thymidine/ml of complete TYM medium. After incubation, the parasites were
225 thoroughly washed with normal TYM medium to remove unincorporated [³H]-thymidine and
226 were resuspended in interaction medium [TYM:DMEM (1:2)]. For evaluation of cytoadherence,
227 1X10⁶ [³H]-thymidine labeled trichomonads were allowed to interact with the monolayer of
228 HeLa cells in the ratio of 5:1, for 3h at 37⁰C, in the presence of different concentrations (10, 25,
229 50 and 100 µg/ml) of compound-2. [³H] labeled trophozoites treated with 0.05% DMSO served
230 as control. After incubation for a period of 3 h, cells were thoroughly washed with DMEM-TYM
231 (2:1) for removal of non-adherent *Trichomonas vaginalis*. *HeLa* cells were finally trypsinized
232 (0.25% trypsin + 1mM EDTA) and pelleted along with adherent *Trichomonas* and suspended in
233 the aqueous scintillation counting fluid (ACS II; Amersham, USA). Radioactivity was measured
234 on an LS Analyzer 6500 (Beckman Instruments Inc., USA).

235

236 **Inhibition of free thiols on human sperm by new compound**

237 Free thiols remaining on human sperm after treatment with new compound were measured using
238 the colorimetric method utilizing 5,5'-Dithiobis(2-nitrobenzoic acid) [DTNB] (9) by making
239 suitable adaptations. Briefly, 1.0 ml of human semen was treated with 5.0 ml of the most
240 promising, dually active compound (No. 2, pyrrolidinium pyrrolidine-1-carbodithioate) at
241 spermicidal MEC (stock solution diluted in saline) for 10 min. In parallel, 1.0 ml semen from the
242 same sample was treated with 5.0 ml of 0.15% DMSO in saline and used as control. Thereafter,
243 1.0 ml of 100 mM β-mercaptoethanol was added to experimental and control tubes and incubated
244 at 4°C for 2 hrs to regenerate all the unreacted thiols. After incubation, the sperm samples were
245 pelleted in a refrigerated centrifuge and washed repeatedly with phosphate buffered saline (4 – 5

246 times) to completely remove mercaptoethanol and finally suspended in 1.0 ml PBS. To various
247 aliquots of this sample (finally measuring 120 μ l), 5 μ l DTNB (100 mM) and 25 μ l Tris buffer
248 (1.0 M, pH 8.0) was added, mixed and incubated for 15 min. Thereafter, the multiwell plates
249 were centrifuged and 80 μ l of supernatant was carefully aspirated and transferred into the
250 corresponding well of a new 96-well plate. The OD of supernatant was measured at 412 nm in a
251 microplate reader (Microquant, Bio-Tek, USA) and corrected for 1.0 cm light path using KC
252 Junior software (Bio-Tek, USA). A molar extinction coefficient of 14150 $\text{cm}^{-1} \text{M}^{-1}$ of DTNB
253 (30) was used to calculate the number of free thiols.

254

255 **Activity in simulated vaginal fluid (pH 4.2) and aerobic growth condition of *Trichomonas***

256 Since the new molecules are intended for intravaginal use that normally has a low pH,
257 alternatively stock solution of the most promising compound (**No. 2**, 100 mM in DMSO) was
258 serially diluted in a simulated vaginal fluid, pH 4.2 (27) up to 1.0 mM. After 60 min incubation
259 of this solution at 37°C, it was further diluted with TYM or PBS and its anti-trichomonal and
260 spermicidal activities were determined. Given that the drug resistance is better evident under
261 aerobic growth conditions of *Trichomonas*, the most active compound (No. 2) was also tested
262 against trophozoites grown under aerobic conditions.

263

264

265 **Data analysis**

266

267 Each experiment was performed in triplicates and repeated three times. Semen sample from a
268 different donor was used in every experiment. The data were analyzed by one-way analysis of
269 variance and P values less than 0.05 were considered as significant. IC_{50} values of cytotoxicity
270 towards *HeLa* and *Lactobacillus* were calculated by computer-based curve fitting using the
271 'CompuSyn' software.

272

273 **Results**

274

275 ***Anti-trichomonal and spermicidal activities***

276

277 In comparison with standard drugs, ten new molecules [1-3, 7-13] out of fifteen compounds
278 synthesized exhibited dual activity and nine of these (except 7) were more effective than
279 metronidazole (MET) in inhibiting the growth of MET-resistant *Trichomonas* strain (Table 1).
280 Five compounds were found to be more active than nonoxynol-9 in spermicidal potential with
281 activity hierarchy of 6 > 2 = 9 > 3 > 1 > N-9, while two compounds exceeded metronidazole in
282 anti-trichomonal activity (2 > 3 > MET, susceptible strain). Three compounds appeared
283 promising due to their superior dual activity as compared to N-9 (2 > 3 > 1) but the most
284 promising compound (pyrrolidinium pyrrolidine-1-carbodithioate, 2) was ~1.6 times more potent
285 than N-9 as a spermicide and killed MET-susceptible and -resistant strains of *Trichomonas*
286 *vaginalis* ~15 and 6.5 times more efficiently than N-9, and ~2 and 29 times more effectively than
287 metronidazole, respectively. Compound-2, after preincubation in simulated vaginal fluid, pH 4.2,
288 became marginally more active against *Trichomonas* (susceptible and resistant strains), while its
289 spermicidal activity remained practically unchanged (Table 2). On the other hand, *Trichomonas*
290 grown under aerobic conditions were moderately more resistant to both metronidazole and
291 compound-2 (Table -2).

292

293 **Structure Activity Relationships**

294 The 15 new compounds synthesized [1-15, Table-1] included secondary amine salts of
295 dialkyldithiocarbamic acid [1-11], tertiary amine salts of dialkyldithiocarbamic acid [12 and 13]
296 and tertiary amine salts of cycloalkyldithiocarbamic acid [14 and 15]. Twelve compounds [1-5,
297 7-13] showed appreciable anti-trichomonal activity against metronidazole (MET) susceptible
298 strain with MIC ranging from 4.8 - 243.3 μ M (MET = 10.7 μ M). Among the compounds having
299 identical amine residue in both the dithiocarbamic acid and ammonium portions [1-11],
300 pyrrolidinium pyrrolidine-1-carbodithioate [2] and piperidinium piperidine-1-carbodithioate [3]
301 were respectively 2.2 and 1.3 times more effective against susceptible *Trichomonas* than MET.
302 Even as open chain amine residues [1] showed a marginal decrease in activity, a successive
303 enlargement of cyclic ring of amine by one methylene group [2, 3, 9] also exhibited a decreasing
304 trend in activity. On the other hand, substitution of methyl group [4-6] in piperidine ring from
305 position-4 to position-2 showed a remarkable enhancement in activity (MIC >400 – 30.41 μ M)
306 whereas a hydroxyl [7] or a 1, 4-dioxospiro group [8] at position-4 of the piperidine ring retained

307 the anti-trichomonal activity at 37.47 and 20.14 μM , respectively. An additional hetero atom in
308 the amine [**10**, **11**] resulted in compounds with activity comparable with MET. Alternatively, in
309 compounds with different amine residues in dithiocarbamic acid and ammonium parts [**12-15**], a
310 secondary-amine/ tertiary-amine combination [**12**, **13**] gave compounds with activity comparable
311 to MET while a primary-amine/tertiary-amine arrangement [**14**, **15**] resulted in total loss of
312 activity. It seemed that an unsubstituted five or six membered secondary amine salts of
313 dithiocarbamic acid were the desirable scaffolds for anti-trichomonal activity.

314 Evaluation of all the 15 new compounds against MET-resistant *Trichomonas* identified eleven
315 compounds [**1-5** and **8-13**] that exhibited very potent to moderate activity with MIC ranging
316 from 11.94 – 332.13 μM . (MET=340.8 μM). However, when matched against N-9 four
317 compounds [**2** (6.3 fold), **8** (3.2 fold), **11** (1.8 fold) and **13** (1.9 fold)] were more potent while
318 three compounds [**1**, **3**, **12**] showed comparable efficacy. Among compounds with same amine
319 residue in dithiocarbamic acid and ammonium portions, compound-**2** was most effective while
320 compounds with ring enlargement [**3**, **9**], acyclic residue [**1**] or methyl substitution at position-2
321 or 3 in piperidine ring [**4**, **5**] were marginally lesser active. A methyl [**6**] or a hydroxyl [**7**] group
322 at position-4 of piperidine ring resulted in loss of activity whereas a dioxospiro group [**8**]
323 increased activity by 14.8 and 3.28 fold over MET and N-9, respectively. Among the compounds
324 with dissimilar amine residue in both the portions [**12-15**], results suggested the same pattern of
325 SAR as with susceptible strain.

326

327 The spermicidal activity of new compounds [**1-15**, Table 1], was evaluated in comparison to
328 MET and N-9. Eleven compounds [**1-3**, **6-13**] irreversibly immobilized 100% human sperm at
329 concentrations 121.65 – 8393.3 μM in ~30 s. MET showed no effect even at 50 mM and N-9
330 exhibited a spermicidal MEC of 243.18 μM . Among secondary amine salts of
331 dialkyldithiocarbamic acid [**1-11**], five compounds were found to be more potent spermicide
332 than nonoxynol-9 [compounds **6** (2 fold), **2** and **9** (1.6 fold), **3** (1.4 fold) and **1** (1.3 fold)].
333 Introduction of methyl substituent at position-4 [**6**] of piperidine ring increased the spermicidal
334 activity in comparison to piperidine compound [**3**], while that at position-2 [**4**] or position-3 [**5**]
335 resulted in loss of activity. On the other hand, substituting hydroxyl group [**7**], 1,4-dioxaspiro
336 group [**8**], oxygen [**11**] or N-methyl group [**10**] at position-4 in piperidine exhibited mild

337 spermicidal activity, suggesting that the presence of methyl substituent at position-4 of
338 piperidine ring [6] was more important for spermicidal activity. Nevertheless, spermicidal
339 activity was retained either by increasing [9] or decreasing [2] the ring size, or by incorporating
340 open chain analogue [1]. Substitution of secondary amine either in ammonium ion [12-15] or in
341 dithiocarbamate ion [14, 15] by tertiary and primary amines reduced the activity. The overall
342 results exhibited that a secondary amine residue with methyl group at position-4 of piperidine
343 ring [6] was the most desirable for spermicidal activity.

344
345

346 *Safety of new molecules*

347 Based on safety of the new compounds [1-15] towards HeLa cells, we have compounds with IC_{50}
348 $>4000 \mu\text{M}$ [10, 14, 15], and compounds with IC_{50} in the range of $\sim 1500 - 2650 \mu\text{M}$ [1-9, 11-13].
349 Amongst the safest structures, only compound 10 exhibited appreciable anti-trichomonal and
350 spermicidal activities, which could be attributed to its better tendency (than compounds 14 & 15)
351 to release thiocarbamic acid for interactions with sulfhydryl groups. Among the rest, the
352 secondary amine salts of dialkyldithiocarbamic acid [1-9, 11] exhibited enhanced safety towards
353 HeLa cells by cyclization of carbon chain [1, 2]. Moreover, an increment in the ring size further
354 improved safety [2, 3, 9]. On the other hand, a substitution in six membered cyclic framework
355 compromised the safety [3, 4, 6-8] whereas methyl group at position-3 of piperidine ring did not
356 affect the safety profile [3, 5]. Among tertiary amine salts of morpholino substituted
357 dithiocarbamic acid, enhancement in carbon chain of ammonium ion marginally forfeited safety
358 [12, 13].

359 However, all the compounds [1-15] exhibited greater safety towards HeLa cells (IC_{50} : 1447 -
360 $>4000 \mu\text{M}$) and much better compatibility with *Lactobacillus* (IC_{50} : 591.2 - $>4000 \mu\text{M}$) than N-9
361 (IC_{50} : 53.8 μM and 52.7 μM , respectively), and therefore appeared apparently much safer for
362 vaginal use.

363
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365 *Functional inactivation of Trichomonas and thiol inhibition of sperm by the most active*
366 *compound*

367 The most promising compound [2] significantly inhibited the cytoadherence of *Trichomonas*
368 *vaginalis* on *HeLa* monolayer at 10 -100 $\mu\text{g/ml}$ concentration during a 3-hour incubation period
369 (Figure 1). No significant change in viability of *Trichomonas* was observed at 10 – 50 $\mu\text{g/ml}$
370 concentrations of compound-2 during this treatment period. On the other hand, when incubated
371 with human sperm at spermicidal MEC for 10 minutes, compound-2 significantly ($P<0.001$)
372 reduced the number of available free thiols on sperm cell (Figure 2).

373

374 **Discussion**

375

376 The new, non-surfactant molecules exerted a more potent and specific dual action as compared
377 to the general non-specific effect of N-9, which killed both sperm and *Trichomonas* by its
378 universal ability to destabilize cell membranes through surfactant action. The non-specificity of
379 N-9 action was also evident by its potential to disrupt cervical epithelial (*HeLa*) cells and
380 eliminate the useful microflora (*Lactobacillus*) at its spermicidal/microbicidal concentrations. On
381 the contrary, all the new molecules, though designed to provide reactive chemical groups for
382 inactivating vital thiols on target cells, did not universally inhibit both sperm and *Trichomonas*.
383 They were very active against either sperm or *Trichomonas* or both, while a few were negligibly
384 active against either cell type. Only three structures exhibited potent dual activity. This indicates
385 that the promising new structures not only provide reactive groups for incapacitating thiols but
386 also present unique molecular design(s) capable of gaining access and targeting crucial thiols on
387 both the cell types. Both sperm and *Trichomonas* possess very well developed mechanisms for
388 survival in the 'host', which include cell motility, anaerobic energy metabolism and defense
389 against reactive oxygen species (ROS). Free thiol groups on cell surface play an important role in
390 the functional survival of human spermatozoa (40) and *Trichomonas vaginalis* (11). Both
391 *Trichomonas* (39) and human sperm (25) are essentially anaerobes and depend on glycolysis for
392 energy, which is also required for motility. Inhibition of glycolytic enzymes in *Trichomonas*
393 *vaginalis* by thiol disruption is known to result in severe depletion of its intracellular ATP (35).
394 On the other hand, ROS pose a serious threat to the survival of both sperm and *Trichomonas*
395 wherein thiols play an essential role in protection against the oxidative stress (3, 26). Though
396 these cells do not essentially require oxygen for energy metabolism, yet they are exposed to

397 oxygen in their natural environment inside the host. *Trichomonas vaginalis* lacks glutathione (the
398 intracellular redox buffer), glutathione dependent peroxidase and catalase, and therefore it relies
399 heavily on cysteine for protection against oxidative stress, which constitutes >70% of cell's total
400 thiol pool (42). The thioredoxin/thioredoxin-reductase system maintains the thiol status of
401 *Trichomonas* for deactivating ROS (26). Thiol inactivating agents are thus capable of seriously
402 disrupting multiple fundamental processes in *Trichomonas* as well as sperm. A very important
403 feature of the new molecules is their extreme potency against metronidazole-resistant strain of
404 *Trichomonas*. Metronidazole, which itself is non-trichomonacidal, gets activated in the
405 hydrogenosomes of *T. vaginalis* by the anaerobic reduction of its nitro group, resulting in
406 formation of cytotoxic nitro radical-ion intermediates. This activation step is non-operational in
407 resistant pathogen (21). On the other hand, the most promising new molecule (compound-2)
408 killed metronidazole-resistant *Trichomonas* almost 30 times more efficiently than metronidazole.
409 This may indicate that a mechanism different than metronidazole is operational in case of new
410 compounds, which makes them almost equally effective against both metronidazole-susceptible
411 and resistant strains of the parasite.

412 Surface thiols are equally important for virulence of *Trichomonas vaginalis*, which requires the
413 activity of surface cysteine proteinases to adhere to the host cell during infection (2, 24). Cysteine
414 proteases, also known as thiol proteinases, have nucleophilic thiols in their catalytic domain for
415 imparting proteolytic activity, which is involved in cytotoxicity, hemolysis and immune evasion
416 (24) of *T. vaginalis*. Adherence of *T. vaginalis* to the epithelial cells of the urogenital tract is an
417 essential step in pathogenesis. Since the new molecules were designed to suppress thiols' action
418 on cell surface, we expected a marked inhibition of the virulence of *T. vaginalis* before cell-
419 death. In the *in vitro* model for *Trichomonas* infection of *HeLa* cell monolayer, the
420 cytoadherence capability of *Trichomonas* to host cell surface was significantly inhibited by the
421 most promising compound (pyrrolidinium pyrrolidine-1-carbodithioate, **2**) in the first 3 hour
422 incubation period, during which the viability of protozoa did not change significantly. This
423 indicates that the new compounds are capable of seriously impairing the pathogenic potential of
424 *Trichomonas* before killing the parasite.

425 The normal human vagina is naturally protected against STDs by its low pH, which is growth
426 inhibitory for several pathogenic organisms. At this pH, free thiols are liable to be protonated to
427 sulfenic acid (41) and therefore the likelihood of available free functional thiols in the normal
428 vaginal environment is quite negligible. However, it has been seen that infections normally occur
429 when the vaginal pH is disturbed, especially during the deposition of alkaline semen containing
430 sperm and STD pathogen(s). The capability of new compounds to target thiols on sperm and
431 *Trichomonas* at seminal pH may add considerably to their activity and safety.

432 All the new compounds synthesized were apparently much safer than N-9 towards human
433 cervical epithelial (*HeLa*) cells and vaginal microflora (*Lactobacillus*). Since N-9 is a mixture of
434 oligomers (32), its activity and toxicity depends on the ratio of these oligomers in the final
435 preparation (46). The standard N-9 sourced from a chemical company for the present study
436 exhibited better activity and lower toxicity profile than the gift chemical used earlier (7); yet its
437 lowest active concentration against either of the cell type (*Trichomonas*/sperm) was toxic enough
438 to completely annihilate *HeLa* cells and *Lactobacilli in vitro*. On the other hand the most
439 promising new compound [2] killed sperm and *Trichomonas* at concentrations that were about
440 15 and 450 times lower than its IC₅₀ against *HeLa*, and about 8.5 and 280 times lower than its
441 IC₅₀ against *Lactobacillus*. This clearly indicates a highly specific action and much better safety
442 index of the new compound in comparison with N-9, and warrants further investigation for
443 development of a safe microbicidal contraceptive.

444

445 **Acknowledgement**

446 This study was supported by a grant from the Ministry of Health and Family Welfare,
447 Government of India. Authors are thankful to Mrs. Tara Rawat and Mr. Chhatrapal for their
448 technical assistance. AJ, VV, RK, VS are grateful to the Indian Council of Medical Research,
449 New Delhi; NL, LK, LK to University Grants Commission, New Delhi, and RKM, AS to the
450 Council of Scientific and Industrial Research, New Delhi, for the grant of research fellowships.
451 Authors acknowledge the SAIF Division of CDRI for the spectral data.

452

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Legend to figures

595 **Figure 1.** Inhibition of [³H]-*Trichomonas* cytoadherence to human cervical (*HeLa*) cells by
596 Compound-2 (pyrrolidinium pyrrolidine-1-carbodithioate) *in vitro*. Bars represent mean

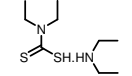
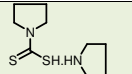
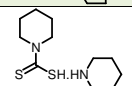
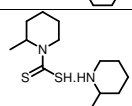
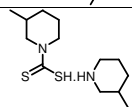
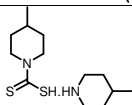
597 counts/minute (CPM) \pm SE of three independent assays. Significant difference from control
598 (0.05% DMSO) is indicated as *P<0.05; **P<0.01; ***P<0.001.

599

600 **Figure 2.** Inhibition of free thiols on human sperm by Compound-2 (pyrrolidinium pyrrolidine-
601 1-carbodithioate) at its spermicidal MEC (153 μ M). Bars represent mean \pm SE of three
602 independent experiments using sperm from three different donors. Significant difference from
603 control (0.15% DMSO) is indicated as ***P<0.001.

604

605

Compound No.	Structure	IUPAC Name	MW	Spermicidal MEC (μM)	Anti-trichomonal MIC (μM) [MET-Susceptible]	Anti-trichomonal MIC (μM) [MET-Resistant]	Cytotoxic IC ₅₀ (μM) HeLa	Compatibility with <i>Lactobacillus</i> IC ₅₀ (μM)
1		diethylammonium diethylcarbamodithioate	222	188.0 \pm 37.53 [3]	32.85 \pm 12.41 [3]	93.84 \pm 18.76 [3]	1729.73 [3]	2617.12 [3]
2		pyrrolidinium pyrrolidine-1-carbodithioate	218	152.91 \pm 38.22 [3]	4.77 \pm 1.19 [3]	11.94 \pm 2.39 [3]	2229.36 [3]	1330.28 [3]
3		piperidinium piperidine-1-carbodithioate	246	169.38 \pm 33.87 [3]	8.46 \pm 2.12 [3]	84.69 \pm 16.93 [3]	2577.24 [3]	3292.68 [3]
4		2-methylpiperidinium 2-methylpiperidine-1-carbodithioate	274	>10 mM [3]	30.41 \pm 7.60 [3]	121.65 \pm 30.4 [3]	1645.99 [3]	1470.80 [3]
5		3-methylpiperidinium 3-methylpiperidine-1-carbodithioate	274	>10 mM [3]	243.31 \pm 60.8 [3]	243.31 \pm 60.8 [3]	2587.59 [3]	2131.39 [3]
6		4-methylpiperidinium 4-methylpiperidine-1-carbodithioate	274	121.65 \pm 30.41 [3]	>400 [3]	>400 [3]	1682.48 [3]	1711.68 [3]

7		4-hydroxypiperidinium 4-hydroxypiperidine-1-carbodithioate	278	8393.3± 4796.1 [3]	37.47± 7.49 [3]	>400 [3]	2100.72 [3]	>4000 [3]
8		1,4-dioxo-8-azonia-spiro[4.5]decane 1,4-dioxo-8-azaspiro[4.5]decane-8-carbodithioate	362	2302.03± 460.4 [3]	20.14± 7.61 [3]	23.02±5.75 [3]	2060.77 [3]	2204.42 [3]
9		azepanium azepane-1-carbodithioate	274	152.07± 30.41 [3]	76.03± 15.2 [3]	103.4±12.16 [3]	2649.64 [3]	591.24 [3]
10		4-methylpiperazin-1-ium 4-methylpiperazine-1-carbodithioate	276	1328.5±483.1 [3]	18.87± 3.77 [3]	332.13±30.1 [3]	>4000 [3]	>4000 [3]
11		morpholin-4-ium morpholine-4-carbodithioate	250	3333.3±666.6 [3]	16.67± 4.16 [3]	41.67±8.33 [3]	1704.00 [3]	1816.00 [3]
12		trimethylammonium morpholine-4-carbodithioate	222	1576.58± 675.67 [3]	18.77± 4.69 [3]	93.84±18.76 [3]	1738.74 [3]	1990.99 [3]
13		triethylammonium morpholine-4-carbodithioate	264	1010.1± 493.07 [3]	15.78± 3.94 [3]	39.46±7.89 [3]	1446.97 [3]	1863.64 [3]

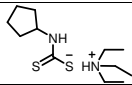
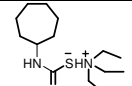
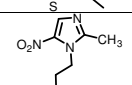
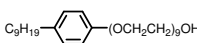
14		triethylammonium cyclopentylcarbamodithioate	262	>10 mM [3]	>400 [3]	>400 [3]	>4000 [3]	2160.31 [3]
15		triethylammonium cycloheptylcarbamodithioate	290	>10 mM [3]	>400 [3]	>400 [3]	>4000 [3]	2589.66 [3]
Metronidazole (MET)		2-(2-methyl-5-nitro-1H-imidazol-1-yl)ethanol	171	>50 mM [3]	10.71± 0.97 [3]	340.83±48.6 [3]	>4000 [3]	>4000 [3]
Nonoxynol-9 (N-9)		26-(4-nonylphenoxy)- 3,6,9,12,15,18,21, 24-octaoxa hexacosan -1-ol	616	243.18±81.05 [3]	70.25±5.40 [3]	75.65±5.40 [3]	53.82 [3]	52.68 [3]

Table-1. Structures of new compounds, their trichomonacidal and spermicidal activities, cyto-toxicity to cervical epithelial (*HeLa*) cells and compatibility with vaginal microflora (*Lactobacillus jensenii*). Mean±SE of three independent experiments. MW = Molecular Weight; MEC = minimum effective concentration; MIC = minimum inhibitory concentration.

Table 2. Susceptibility of *Trichomonas vaginalis* (susceptible and resistant strains) and human sperm to **compound-2** after its 60 min pre-incubation in simulated vaginal fluid (SVF, pH 4.2), and, under aerobic growth conditions of *Trichomonas*. [Mean±SE of 3 independent experiments; MET = metronidazole; MIC = minimum inhibitory concentration; MEC = minimum effective concentration]

	Trichomonacidal MIC (μ M) [MET susceptible]		Trichomonacidal MIC (μ M) [MET-resistant]		Spermicidal MEC [μ M]	
	Comp-2	Metronidazole	Comp-2	Metronidazole	Comp-2	Metronidazole
Pre- incubation in SVF	2.98±0.59	7.59±1.51	9.54±2.39	311.61±19.47	145.2±42.56	>50 mM
Aerobic incubation	9.5±2.39	18.01±0.24	17.2±2.86	457±35.11	-	-

