# Magnetically Controlled Growing Rods: Sagittal Plane Analysis and the Risk of Proximal Junctional Kyphosis

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## Disclosures

- Purnendu Gupta
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- Felix Brassard
  - Nothing to disclose
- Jennifer Schottler
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# Introduction

- Early onset scoliosis
  - Remains a challenging problem
    - Infantile casting
    - Bracing
    - Traditional growing rods
  - Goals
    - Preserve trunk height and chest/lung volume
    - Concern for multiple general anaesthetics in early childhood
- Magnetically Controlled Growing Rods (MCGR)
  - Potential benefit of decreasing anaesthesia/surgical procedures
  - Challenges in sagittal contouring due to actuator geometry



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# Introduction/Methods

#### Hypothesis:

- MCGR insertion may have increased risk of proximal junctional kyphosis (PJK) due to actuator geometry
  - PJK (Proximal junctional angle (PJA) ≥10 degrees and PJA >10 degrees more than pre-operative measurement)

#### • Methods:

- Multi-center, retrospective, CSSG registry data
- Radiographic analysis pre-op, immediate post-op and 24 month follow up
- Inclusion/Exclusion:
  - MCGR insertion with minimum 24 month follow up





#### Data:

- N = 67
- 34 (51%) male, 33 (49%) female
- 2-13 years of age
  - Idiopathic (n=28)
  - Neuromuscular (n=23)
  - Syndromic (n=10)
  - Congenital (n=6)

- M=7.4 (±2.7) years at initial implantation
- Pre-op curves: (M= 70.5±18.7 degrees)
- -443 lengthenings (M = 6.6/patient)





- Cobb angle: Scoliosis improved significantly
  - $-70.5\pm18.7$  degrees pre-op to
    - 38.6±15.0 immediate post-op (p<.001)
    - 43.9±17.0 at 24-month followup (p<.001)

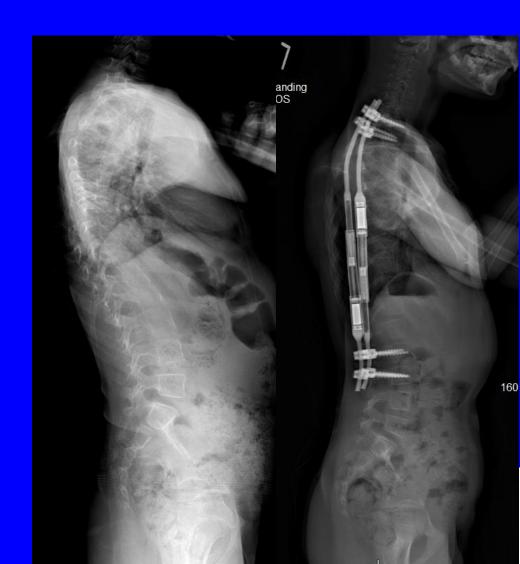


#### Sagittal analysis data:

- No significant changes in thoracic kyphosis (TK) (p=.113)
  - Pre-op to Post-op (28.9 vs. 25.8, p=.289)
  - Pre-op to 24 months (28.9 vs. 32.1, p=.278)
- No significant changes in T1 slope (p=.141)
  - Pre-op to Post-op (19.9 vs. 23.9, p=.048)
  - Pre-op to 24 months (19.9 vs. 23.3, p=.373)



- T1–T12 height: Significant increase
  - $-17.4 \text{ cm} \pm 3.2 \text{ pre-op to}$ 
    - 20.1 cm $\pm$ 3.4 post-op (p<.001)
    - 21.2cm ± 3.9 at 24-month follow-up (p<.001)
  - Post-op to 24-month follow up
    - 20.1 cm±3.4 post-op to 21.2 cm±3.9 at 24month follow-up (p=.006)

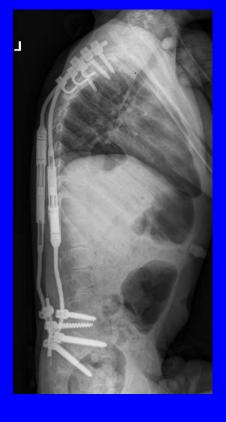


#### Complications

- 61 complications occurred in 39(58%) of patients
  - 23 implant failures/device migration
  - 14 pain
  - 13 infections
  - 3 pulmonary
  - 2 bursa/bursitis
  - 1 neurologic injury
  - 5 other
- 2 participants accounted for 15%
  of the complications
  - One had 5 complications and the other had 4 complications

# Results





- 45 unplanned return to OR
  - 23 implant failure/device migration
  - 16 infections\*
  - 3 pain
  - 1 neurologic
  - 2 other

\*Same infection required repeat surgical interventions



#### • At 24-month evaluation, PJK developed in 4 of 33 (12%) patients

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- 3 of 4 (75%) with PJK had pre-op max kyphosis > 50° (vs. 36% in those without PJK)
- 2 of 4 (50%) had a pre-op PI-LL mismatch >30 (vs. 19% in those without PJK)
- Patients with PJK had a higher average pre-op SVA than those who did not develop PJK (62mm. vs. 13mm.)
- Centroid of actuator slightly higher in those with PJK



# Conclusions

- Significant improvement in scoliosis
- Significant increase in T1-T12 height and risk of proximal junctional kyphosis
- Further study needed on larger data set to understand if higher pre-op kyphosis, PI-LL mismatch, SVA or higher centroid of actuator are risk factors for PJK which may impact patient selection and technique for MCGR





