

Spotlight on vismodegib in the treatment of basal cell carcinoma: an evidence-based review of its place in therapy

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Abstract: Vismodegib is approved for the treatment of adult patients with metastatic (mBCC) or locally advanced basal cell carcinoma (laBCC) that have recurred following surgery or for those who are not good candidates for surgery (risk/benefit ratio is against patient's benefit, either because of the general condition or because of the expected morbidity from the surgery) or radiation therapy. This article provides an evidence-based review of its current place in therapy. Analytically, the clinical implications in the management of laBCCs and mBCCs and possible new indications, including the neoadjuvant use before surgical excision, are discussed, while in the end, the challenges regarding class-related adverse events and their optimal management are highlighted.

Keywords: vismodegib, sonic hedgehog inhibitors, basal cell carcinoma, treatment, review

Introduction

Basal cell carcinoma (BCC) is the most common type of skin cancer accounting for ~70%–80% of nonmelanoma skin cancers. Current evidence suggests that BCC arises from basal keratinocytes of the interfollicular epidermis or the hair follicles.^{1,2} Initially, it spreads in the epidermis and superficial dermis and, if neglected, it invades locally, leading to significant tissue destruction. Overactivation of sonic hedgehog (SHH) signaling plays a key role for the induction of BCC through the inhibition of a transmembrane protein called PTCH or the activation of a transmembrane protein called SMO.³ Subsequently, various interactions are triggered, leading eventually to gene transcription and BCC development. From an epidemiological point of view, a male predilection is recorded, with male-to-female ratio increasing with age.³ The relationship between exposure to ultraviolet (UV) radiation and the risk of BCC is complex, but it seems that a history of excessive sun exposure in childhood and adolescence contributes in its development.⁴ In addition to UV exposure, light skin phototype, radiation therapy, immunosuppression, and genetic syndromes also represent significant predisposing factors.³ It has been demonstrated that a personal history of a BCC represents a major risk factor for the development of a second one later in life.⁵ According to the National Comprehensive Cancer Network (NCCN) guidelines, 30%–50% of patients with BCC will develop a second one within 5 years from the initial diagnosis.⁶

Surgical excision remains the gold standard of treatment for the majority of BCCs. However, depending on the histological subtype, tumor characteristics, and patient's physical profile, other therapeutic options may be considered, namely imiquimod, photodynamic therapy, cryosurgery, curettage, and radiotherapy.³

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Vismodegib is a recently introduced SHH pathway inhibitor. Its efficacy was evaluated in the ERIVANCE study in individuals with “advanced BCC” (aBCC). The term aBCC refers to locally advanced BCC (laBCC) and symptomatic metastatic BCC (mBCC). Although a precise definition of laBCC is not available, the term is used to describe “inoperable” BCCs or tumors whose excision would result in unacceptable functional impairment. A BCC might be “inoperable” because of the following factors, alone or combined: exceedingly large size, problematic localization, and recurrence. mBCC metastasizes to the regional lymph nodes or to distant organs, such as the lungs and the bones. mBCC is extremely rare, with an incidence ranging from 0.003% to 0.1% of all BCCs.³ Based on the findings of the ERIVANCE study, vismodegib was approved in January 2012 in the USA and 1.5 years later in Europe for the treatment of aBCC in adults.

The aim of this manuscript was to review the most important literature data on vismodegib, outline its current position in real-life practice in terms of efficacy and drug-related toxicity, and highlight certain challenges regarding its use, including the expansion of the indication and management of adverse events (AEs).

Pre-marketing studies

Pilot studies

The first available data for the treatment of aBCC with hedgehog pathway inhibitors were drawn from an open-label Phase I clinical trial conducted by Von Hoff et al.⁷ The authors confirmed the implication of hedgehog pathway in BCC pathogenesis and suggested that its inhibition could be beneficial in treating inoperable tumors. Thirty-three patients were enrolled in the study, 18 (55%) with metastatic disease and 15 (45%) with laBCC. Seventeen patients received 150 mg/day of GDC-0449 (small molecule targeting the hedgehog pathway – vismodegib), 15 received 270 mg/day, and 1 received 540 mg/day. The overall response rate was 50% and 60% for mBCC and laBCC, respectively. The median duration of response was 8.8 months. The final results from this clinical trial report an overall response rate (complete and partial responses) of 58% (19 of 33 patients) for laBCC with a median duration of response of 12.8 months.⁸ Fatigue, muscle spasms, alopecia, dysgeusia, and nausea were the most common AEs, noted in 30% of the patients. Furthermore, increasing the dose from 150 to 270 mg was shown not to result in higher drug plasma levels.

Following these findings, LoRusso et al⁹ evaluated the optimal vismodegib dose and frequency of dosing. Adminis-

tration of 150 mg of the drug once daily was suggested as the optimal dose to achieve sufficient efficacy in BCC patients. This therapeutic scheme was well tolerated, with AEs of similar incidence and severity to those of less frequent dosing.

ERIVANCE study

In the ERIVANCE BCC study,¹⁰ a multinational, multicenter, nonrandomized, 2-cohort study, the efficacy and safety of vismodegib were assessed in 104 patients with histologically confirmed aBCC. Participants received oral vismodegib 150 mg once daily until disease progression, intolerable toxicity, or discontinuation of the study. The primary end point (objective response rates [ORRs], meaning complete or partial response, determined by an independent evaluator) was seen in 30% of the patients with mBCC (partial response) and in 43% of the patients with laBCC (complete and partial response). The median response duration was 7.6 months in both cohorts. The most commonly reported AEs included muscle spasms, alopecia, dysgeusia, weight loss, fatigue, nausea, decrease in appetite, and diarrhea and occurred in at least 20% of all participants. Twenty-six patients (25%) reported serious AEs, while fatal AEs were recorded in 7 patients. However, the latter were not attributed to the drug. The results of the additional 12-month follow-up confirmed the findings of the primary analysis concerning AEs.¹¹ Interestingly, amenorrhea was observed in 2 of 6 women of child-bearing potential, a finding that is in accordance with other studies (see the “STEVIE study” section). Moreover, it was shown that these AEs most commonly occurred within the first 6 months of treatment and the risk decreased thereafter.

Regarding the efficacy data of the 12-month report, the ORR determined by independent external evaluators slightly increased in both laBCC and mBCC cohorts. In addition, the median response duration remained stable for mBCC, while it increased from 7.6 to 9.5 months for laBCC. Finally, it was reported that 72.1% of all patients discontinued the treatment, with the most frequent reason for discontinuation being patient’s decision (23.1%), followed by progression of the disease (21.2%) and AEs (17.3%). The 18-, 24-, and 30-month updates of the pivotal ERIVANCE study were consistent with the results of primary analysis.^{12–14} The ORR remained stable until the end of the 30-month follow-up period for both mBCC and laBCC. Moreover, the median duration of response was 14.8 months for mBCC and 26.2 months for laBCC in the final update (compared with 12.9 and 7.6 months in the primary analysis, respectively). Furthermore, the same AEs were observed during the 30-month period. It is noteworthy that, in the 30-month update, only 9 patients

were still on treatment, while 69 patients were in survival follow-up. The ORR and the median duration of response during the 30-month period are summarized in Table 1.

EAS study

Subsequent to the ERIVANCE trial, another open-label, 2-cohort study (EAS) investigated the effect of vismodegib in 120 BCC patients.¹⁵ The researchers stated that the results of the study were similar to those of ERIVANCE, although different methodology was stratified to assess the response to treatment. Specifically, while in ERIVANCE, the evaluation of response was performed both by the investigators and by independent reviewers, in EAS it was conducted only by one investigator. However, the authors of EAS study compared their results to the results of the independent review of the ERIVANCE trial. In efficacy-evaluable patients (n=95), ORR was 46.4% and 30.8% for laBCC and mBCC, respectively, with a median time to response of 2.6 months for both cohorts. The main limitation of the study is the short treatment phase (5.5 months) due to early termination requested by the sponsor, after the US Food and Drug Administration approval. Regarding the safety results, the most common AEs were similar to those found in ERIVANCE and occurred in >15% of the patients. In an attempt to correlate clinical factors with better outcome, the history of previous systemic therapy for laBCC was predictive of a poorer response.

A pooled analysis from ERIVANCE and EAS studies demonstrated a similar efficacy of vismodegib for laBCC in patients with and without basal cell carcinoma nevus syndrome (BCCNS).¹⁶

An additional analysis investigated the safety and efficacy of vismodegib in 2 different age groups, retrieving again data from ERIVANCE and EAS studies.¹⁷ The analysis revealed comparable safety and efficacy of vismodegib in patients aged <65 years and >65 years.

STEVIE study

STEVIE was a multicentric, open-label trial, designed to assess the safety of once-daily dose of 150 mg vismodegib in 468 (94%) individuals with laBCC and 31 (6%) individuals with mBCC.¹⁸ In total, 400 patients (80%) discontinued treatment, and the major reasons were AEs, disease progression, and patient's request. Ninety-eight percent of the patients experienced at least one AE. The most common AEs were muscle spasms, alopecia, dysgeusia, weight loss, asthenia, decreased appetite, ageusia, diarrhea, nausea, and fatigue. The aforementioned AEs represented reasons for treatment discontinuation. The majority of AEs were grade 1–2 (mild-to-moderate), with only 22% of participants experiencing serious AEs, such as general health deterioration and development of squamous cell carcinoma (SCC). It is important to underline the development of irregular menses or amenorrhea in 8 of 29 (28%) women of childbearing potential, since this AE that may raise concerns about the use of vismodegib in this particular population. Moreover, 31 deaths were recorded, 21 of which were attributed to AEs. However, only 2 of them were potentially related to vismodegib. Finally, the researchers investigated the correlation between the incidence of AEs and the duration of drug exposure. Based on their findings, they concluded that long-term exposure (≥12 months)

Table 1 ORRs and median DOR in the primary analysis and the 12-month, the 18-month, the 24-month, and the 30-month follow-up of ERIVANCE BCC study¹⁴ as they are assessed by an IRF and an investigator review

N=104	IRF-assessed ORR		Investigator-assessed ORR		Median DOR (IRF) (months)		Median DOR (investigator) (months)	
	mBCC	laBCC	mBCC	laBCC	mBCC	laBCC	mBCC	laBCC
Primary analysis • SOT: 51	30%	43%	45%	60%	7.6	7.6	12.9	7.6
12-month update • SOT: 29 • NM	33.3%	47.6%	48.5%	60.3%	7.6	9.5	14.7	NE-SR
18-month update • SOT: 21 • ISFU: 56	—	—	48.5%	60.3%	—	—	14.7	20.3
24-month update • SOT: 14 • ISFU: 63	—	—	48.5%	60.3%	—	—	14.8	26.2
30-month update • SOT: 9 • ISFU: 69	—	—	48.5%	60.3%	—	—	14.8	26.2

Abbreviations: BCC, basal cell carcinoma; DOR, duration of response; IRF, independent review facility; ISFU, in survival follow-up; laBCC, locally advanced basal cell carcinoma; mBCC, metastatic basal cell carcinoma; NE-SR, not estimable-still responding; NM, not mentioned; ORR, objective response rates; SOT, still on treatment.

increases the incidence of AEs, but these are mainly of mild or moderate severity.

With respect to response rates, ORR was 66.7% for patients with laBCC and 37.9% for those with mBCC. The median duration of response was 22.7 and 10 months for the patients with laBCC and mBCC, respectively.

Summarizing the results of STEVIE, it seems to keep up with those of ERIVANCE study, despite the fact that different methods were used to assess the response in terms of efficacy.

Investigator-assessed ORR and median duration of response (DOR) of the three major clinical trials (ERIVANCE, EAS, and STEVIE) are summarized in Table 2.

Studies on BCCNS

In addition to the aforementioned post hoc analysis using data from ERIVANCE and EAS,¹⁶ the efficacy of vismodegib in patients with BCCNS was evaluated by Tang et al^{19,20} in a multicenter, randomized, double-blind, placebo-controlled, Phase II trial. The study found a satisfactory efficacy of vismodegib, based on the shrinkage of the preexisting tumors and the reduction of mean rate of new BCCs that required surgical resection. Moreover, new surgically eligible BCCs were less frequent even after discontinuation of the treatment. Interestingly, re-introduction of vismodegib resulted in reduction in size and number in most carcinomas, suggesting low resistance rate in patients with BCCNS. Finally, the majority of AEs were mild or moderate and included alopecia, muscle cramps, dysgeusia, and weight loss.

Post-marketing studies

Almost 4 years after receiving conditional approval, numerous post-marketing studies evaluated vismodegib in real-life scenarios, as well as in possibly beneficial off-label indications.

A major concern of the treatment with vismodegib includes histologic clearance of the lesions and subsequent durability of outcome. Sofen et al conducted a study to evaluate the beneficial effect of vismodegib in patients with

operable BCCs by measuring the rate and durability of complete histologic clearance (CHC).²¹ Efficacy and safety were tested, too. This was a multicentric, nonrandomized, 3-cohort, open-label, Phase II study, in which a total of 74 patients were enrolled. In the first group, CHC rate was assessed after 12 weeks of treatment. The second group received a 12-week treatment course and durability of CHC was evaluated after a 24-week observation period, while, in the third group, a 8 weeks on/4 weeks off/8 weeks on therapeutic schema was administered in order to assess improved tolerability. Histologic evaluation was performed after Mohs surgery. CHC rate was 42%, 16%, and 44% in cohorts 1, 2, and 3, respectively. As the study hypothesis was that the CHC rate would be >50%, >30%, and >50% for the cohorts, respectively, it did not achieve its primary end point. Concerning AE, almost all of the patients developed at least one, with the most common (muscle spasms, alopecia, dysgeusia, and ageusia), occurring in $\geq 30\%$ of participants. Severe AEs were recorded in 6 patients (8%), and most of them were considered to be unrelated to active treatment except from one hepatitis case, which resolved after drug discontinuation.

Viscusi et al²² recently published real-life data regarding the use of vismodegib in laBCC, focusing on efficacy, tolerability, and outcome after treatment cessation. The outcome was defined as complete clinical response (CCR), partial clinical response (PCR), stable disease, or progression, and the evaluation was performed in the first follow-up visit after treatment discontinuation. In the case of complete response (CR), disease-free survival (DFS, time interval between vismodegib cessation and last available follow-up, death, or recurrence) was recorded. A total of 31 laBCCs were included in the study. Fifty-five percent (17/31) and 42% (13/31) of the tumors achieved CCR and PCR, respectively. One lesion (3%) remained stable, and none (0%) of the lesions progressed during treatment. In the group of PCR, the mean size reduction of the tumor was 52% (range 11%–80%). The DFS ranged from 2 to 21 months (mean DFS 9.3 months) at the time of data cut-off for all cases. Interestingly, only 2 individuals (8%) discontinued treatment due to drug-related AEs. Nine of 31 tumors were recurrent. Among the 22 nonrecurrent laBCCs, there were 14 (64%) that achieved CCR. Two of 5 patients that received a second therapeutic course demonstrated CCR. However, the neoplasms eventually recurred 12 and 74 weeks after the end of the first treatment course. A patient with PCR that further improved with retreatment (65%–79% tumor shrinkage) finally was treated successfully with Mohs micrographic surgery. The latter approach gains appreciation among physicians, since tumor shrinkage after

Table 2 ORRs and median DOR of the three major clinical trials about vismodegib

Study	Investigator-assessed ORR		Investigator-assessed median DOR (months)	
	mBCC	laBCC	mBCC	laBCC
ERIVANCE ¹⁴	48.5%	60.3%	14.8	26.2
EAS ¹⁵	30.8%	46.4%	Not estimable short median duration of treatment	
STEVIE ¹⁸	37.9%	66.7%	10	22.7

Abbreviations: DOR, duration of response; laBCC, locally advanced basal cell carcinoma; mBCC, metastatic basal cell carcinoma; ORR, objective response rates.

short-term use of vismodegib makes the surgical excision feasible. Concerning AE, dysgeusia (65%), muscle cramps (60%), fatigue (35%), weight loss (40%), and alopecia (60%) were the most often reported. Except alopecia, all the others were transient and resolved 3 months after cessation of vismodegib. One patient developed an in situ SCC within the treated field after reaching CCR. There were 6 deaths during treatment or during follow-up, but none of them was related to vismodegib.

As reported above, an interesting indication of vismodegib might include its short-term use as a neoadjuvant (pre-operatively) to surgery for high-risk, large but operable BCCs, in an effort to decrease morbidity and preserve vital structures. Based on this rationale, Kwon et al^{23,24} conducted an open-label, single-arm trial. Eleven individuals with at least 1 BCC (>5 mm in diameter) received vismodegib for 4±2 months. With the use of a software program, the investigators were able to define the surgical defect if the patient would not receive vismodegib and compare it with the surgical defect after neoadjuvant vismodegib. Neoadjuvant treatment with vismodegib decreased the size of the final surgical defect by 34.8% compared with baseline and allowed clearance of the neoplasm with an average of two Mohs stages. After a mean follow-up of 11.5 months, only 1 tumor recurred, while after a longer period of ~22 months (range 12–28 months), no further recurrences were seen.

These promising results provide additional support for the pre-operative use of vismodegib as a neoadjuvant to surgery in order to reduce surgery-associated morbidity and possible deformities. This is particularly relevant when dealing with large, or located in cosmetic sensitive areas, high-risk BCCs.

Periocular and orbital areas represent a sensitive anatomic location, not always feasible for surgical approach. Efficacy of vismodegib as an alternative therapeutic option for periocular and orbital BCCs was assessed in one prospective and one retrospective case series.²⁵ In the former study, 12 patients with orbital or periocular laBCC underwent treatment with vismodegib. Overall, treatment resulted in complete and partial response in 3 and 6 patients, respectively, while 3 were stable at the last follow-up. Two individuals progressed after complete response for 38 months and stable disease for 16 months, respectively. All participants developed grade I drug-related adverse effects, while 5 patients developed grade II adverse effects. Taking into account the significant clinical response in most patients and the manageable AEs, the authors consider vismodegib as beneficial for this particular indication.

In the second study,²⁶ 7 patients with orbital or periocular BCCs that met the criteria for vismodegib received the drug

for a mean of 11 weeks (range, 4–16 weeks), while the mean duration of follow-up was 7.3 months (range, 5–10 months). Two individuals (29%) achieved CCR, 2 (29%) achieved >80% PCR, 2 (29%) achieved <35% partial clinical regression, and 1 (14%) progressed. AEs occurred in 6 patients (86%), with alopecia (29%), dysgeusia (29%), muscle cramps (29%), and anorexia (14%) being the most common. Of note, 2 participants (29%) developed new SCC (keratoacanthoma type) at uninvolved sites. The latter AE has been reported in various studies and has triggered some debates about the risk and benefit and the cautions of vismodegib use in patients with history of SCC and/or risk factors for SCC.

Vismodegib and risk for SCC

The possibility of development of SCC at distant sites or within the primary tumor bed during or after treatment with vismodegib has triggered some recent debates in the literature.²⁷ Based on the results of a case-control study, in which an increased risk for SCC in patients treated with vismodegib was recorded, the authors recommended continued skin surveillance after the initiation of vismodegib.²⁸ However, the latter study received harsh criticism concerning its methodology, and its results were strongly disputed.^{29,30} The question whether patients undergoing treatment with vismodegib are in increased risk for development of SCC and if this AE is clinically significant needs to be further elucidated.

Prevention and management of vismodegib-associated AE

One of the major limitations in the use of SHH pathway inhibitors is the class effect AE. Although the severity of AEs in the majority of the studies was low to medium, their persistence throughout the long-term treatment courses caused significant morbidity and influenced the quality of life. Interruption, and/or eventual discontinuation of treatment, which may affect the clinical outcome, was not unusual. Evidence shows that most of these AEs are mechanistically associated to inhibition of SHH pathway. SHH signaling plays an important role in regulation of injury-induced angiogenesis and myogenesis, while it is also involved in the integrity of taste function and regulation of growth cycle of the hair follicle. Many investigators are working toward the development of mechanism-based preventive and management strategies that will allow physicians appropriate counseling and adequate interventions in order to preserve a high quality of life and an optimal benefit from treatment. Detailed evaluation of comorbidities (eg, alopecia, myopathies) and concomitant medication that may result in cumulative intolerance prior

to treatment is highly recommended. Patients' awareness and education about preventive efforts (eg, adequate hydration, passive stretching, gentle physical activity) is also a part of the management strategy. Analytically, apart from nonpharmacological interventions, for grade 1–2 muscle spasms, they recommend calcium channel blockers, diltiazem, verapamil, sports drinks (electrolytes supplements), and gabapentin or pregabalin. Magnesium supplementation, even though very popular, provided only mild relief in patients suffering from idiopathic cramping. In the case of muscle spasms >grade 3, 2- to 4-week treatment interruption should be considered. Regarding dysgeusia and ageusia, marinating meat, spicy food, cooling foods, and adding sweet ingredients to meat were shown to be helpful. Lacouture et al,³¹ based on their experience, suggest using new recipes, eating candy before meal, cutting food with lemon, and many other nonpharmacological advices. Recovery of gustation is expected at least 4 weeks from vismodegib discontinuation. In a pilot study of delta-9-tetrahydrocannabinol versus placebo in dysgeusia, participants from the former group experienced improved chemosensory perception, food taste, appetite, and calorie consumption. Supportive care for vismodegib-associated alopecia includes treatment of comorbidities that may synergistically deteriorate the problem. Vismodegib-induced nausea can be prevented by the use of serotonin inhibitors, especially when initiated before vismodegib and continued daily. Table 3 summarizes the recommended strategies for the management of the most important AE.

In an effort to further balance activity and toxicity, two long-term intermittent dosing regimens in patients with multiple BCCs were assessed. Indeed, based on the findings of MIKIE study, intermittent schemes improved overall tolerability without compromising the activity of vismodegib. In this scenario, short-term treatment interruptions may limit the number of patients that discontinue treatment due to AE, while retaining efficacy outcome.³²

Table 3 Etiopathogenesis and recommended management of the main treatment-related AEs from vismodegib

AE	Etiopathogenesis	Management
Alopecia	↓ Dermal papillae function/hair growth	Minoxidil 5% b.i.d.
Ageusia/dysgeusia	↓ Bitter/sweet responsivity Taste buds	Nutrition consult
Muscle spasms	↓ Myogenic factors Injury recovery	Amlodipine 10 mg/day
Weight loss	↓ Glucose uptake in muscle/ brown adipocytes	Nutrition consult

Abbreviations: AEs, adverse events; b.i.d., twice a day.

Conclusion

SHH inhibitors represent the only pharmacologic agents to have proven efficacy in this indication. Vismodegib can be considered a revolutionary drug, since it fulfilled (at least to some extent) the previously unmet need of managing patients with mBCC or laBCC. After its approval in 2012, the efficacy and safety profile of the drug have been strongly corroborated, while studies reporting on real-life data indicate a trend of clinicians to expand the indications for vismodegib administration to less advanced tumors.

There are two main challenges for the future: The evaluation of the use of vismodegib as a neoadjuvant treatment and the development of strategies to better manage the drug-related AEs. "Drug holiday" might represent an effective strategy to increase drug tolerability and minimize treatment withdrawals. However, it remains to be further elucidated if intermittent regimens retain a similar efficacy as compared with the continuous dosage scheme.

Disclosure

The authors report no conflicts of interest in this work.

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