Austin Society for Psychoanalytic Psychology (ASPP)

Psychoanalytic Salons and Film 2015-2016

Our salons are friendly gatherings at the homes and offices of members of ASPP that intend to promote psychoanalytically and psychodynamically oriented knowledge at both beginning and advanced levels. The fees are aimed to support these and other ASPP programs. Our theme this year is “Embodied Experience.”

Salon #1 Literature and Embodied Analytic Listening
This is a beginning-to-advanced level salon intended to prepare participants to fully participate, and later examine the process that occurred, in the clinical conference presented by Fred Griffin. People are permitted to register for the salon even if they can’t attend the conference, though attendance at the conference will foster a richer learning experience. The purpose of the salon is to use literature, not to interpret the author’s experiences, but to access and utilize inner relational states of being in the literary character and class participant. It is hoped that the literary passages will help the participant to examine the subjective and intersubjective states that inform contemporary psychoanalytic practice. Goals for each session are (1) Identify two somatic or countertransference reactions that inform them about the literary character’s inner experience and (2) Describe a clinical case example in which the patient elicits a similar response to the literary character, and how this informs interventions. CME/CE/CEU/PD credits: 4.0 (Participants must attend both sessions for credit)

Facilitator: R. Richard Campbell, PhD is a founding member and former president of ASPP who has a private practice in Austin. He is a frequent teacher and presenter for ASPP about various topics. He has an undergraduate degree in English literature from the University of North Carolina. In addition, he has taken continuing education courses about Shakespeare and Jane Austen at Kellogg College, Oxford University, London, England.
Location: Richard’s Campbell’s home, 4405 Rosedale, Austin TX
Dates/Time: Tuesdays 9/22, 9/29 7:30 PM – 9:30 PM
Contact: richard.campbell@me.com (preferable) or 512-4686843

Required Reading:
September 22
September 29

Suggested Readings:

Salon #2: The Mind in the Body, the Body in the Mind: Alessandra Lemma on the Body in Psychoanalysis
This is an intermediate-to-advanced level salon intended to help participants more fully engage in the events presented by Alessandra Lemma, a renowned British psychoanalyst. Lemma considers the role of the body in psychoanalysis, relying on four main assumptions: 1) embodiment shapes the mind, and so the analyst must always keep the body in mind even when the patient does not raise it explicitly; 2) the analyst’s somatic countertransferences reflect projective processes that bypass verbal articulation and are deposited in the body; 3) seeing and being seen are central dynamics in early life that shape the development of the self and the body-self and that are played out in the transference; and 4) to understand the patient’s experience of the body-self, we need to understand the primordial relationship we all have with the maternal body. As an extension of those
ideas, she has written extensively about the psychoanalytic implications of various kinds of body modifications. This salon will explore these ideas in the context of clinical possibilities and cultural manifestations. Goals for each session are (1) Describe Lemma’s basic assumption that embodiment shapes the mind and identify how that informs the transference/countertransference matrix and (2) Describe the concept of the body-self and its primordial relationship with the maternal body. CME/CE/CEU/PD credits: 4.5 (Participants must attend all 3 sessions for credit)

Facilitators: Cynthia Lee, PhD is a psychoanalyst and psychologist in private practice. She received her analytic training at the Center for Psychoanalytic Studies, where she is now a Training and Supervising Analyst, as well as a faculty member and former treasurer. She has reviewed papers for psychoanalytic journals and conferences and is a past associate editor of the International Journal of Psychoanalysis. She is a past president of ASPP.

Denise Lemos Zaborowski, PhD, LPC-S is a psychoanalytic-oriented psychotherapist in private practice. She has been studying psychoanalysis in several institutions and groups in Brazil and United States since 1981. She has recently completed a Training in Adult Psychodynamic Psychotherapy at the Center for Psychoanalytic Studies in Houston. She is the current Education-Chair for ASPP.

Location: Denise Lemos Zaborowski’s home, NW Austin, TX 78731

Dates/Time: Mondays 10/12, 10/26, 11/9 7:00-8:30pm

Contact: cynthialeephd@gmail.com 512-4941779 & denisezaborowski@gmail.com 512-5732669

Required Reading:

October 12


October 26


November 9


Salon #3 Embodied Experience: History, Theoretical Conceptualizations, and Clinical Practice

This is an intermediate-to-advanced level salon for persons who want to delve deeply into the topic of embodied experience. The year-long sessions will provide a historical overview of theoretical concepts, beginning with Freud’s body-ego and libido; subsequently looking at contributions from object relations, infant observations, and neuroscience; and examining current relational perspectives. We will consider how bodily characteristics such as gender and race are manifested in the clinical process. We will explore the dynamics and treatment of somatic disorders, anorexia, and self-mutilation. Erotic transferences, including primitive maternal erotic transferences versus more adult erotic transferences, will be considered, along with ways of dealing with them. In addition, we will explore how the clinician’s body impacts the client and treatment. Goals for each hour are (1) Define and describe two ways in which Freud postulated a body-centered mind,(2) Describe what Winnicott meant by the mind’s relation to the psyche-soma, (3) Describe how infant observations contributed to the view of an embodied mind,(4) Describe how relational perspectives differ from Freud’s one-person view of the embodied mind, (5) Identify the brain mechanisms that contribute to transference, (6) Identify the brain mechanisms that contribute to free association,(7) Describe how recent psychoanalytic female developmental theory has contributed to new views of the embodied mother and infant development, (8) Describe how a maternal erotic transference differs from other erotic transferences, (9) Describe how race surfaces in the transference, (10) Describe how current conceptions of gender differ from classic binary concepts, (11) Identify two possible issues that might arise in working with a transgender individual, (12) Describe two or more
dynamics underlying some somatic disorders,(13) Identify possible defensive functions served by self-abusive behavior,(14) Describe how the clinician’s body might impact anorexic individuals and other clients, and (15) Identify some pros and cons in disclosing an erotic countertransference to a client. **CME/CE/CEU/PD credits:** 15 (participants must attend at least 8 of 10 sessions for credit)

**Facilitators:** **JoAnn Ponder, PhD** is a psychologist and psychoanalyst in private practice in Austin. She completed her training in adult psychoanalysis and child psychotherapy at the Center for Psychoanalytic Studies, where she now serves on the faculty. She also completed a family/couples therapy program at the International Institute for Object Relations Therapy. Currently, she’s a fellow in the Infant-Parent MH Intervention Program at the University of Massachusetts at Boston. **R. Richard Campbell, PhD** is a psychologist in private practice in Austin. He is a founding member and former president of ASPP, also a frequent teacher and presenter about numerous topics in psychoanalysis. He has studied various psychoanalytic theories, especially self-psychology, and has additional interests in music and literature.

**Location:** Richard Campbell’s home 4405 Rosedale, Austin TX  
**Dates/Time:** Tuesdays 10/13, 10/27, 11/17, 12/8, 1/12, 1/26, 3/8, 3/22, 4/19, 5/10  7:30- 9:00pm  
**Contact:** joannponder@aim.com  512-4968244 richard.campbell@me.com  512-4686843

**Required Reading:**

October 13  [Session 1: Freudian Conceptions]  

October 27  [Session 2: Views from Object Relations and Infant Observations]  

November 17  [Session 3: Relational Approaches]  

December 8  [Session 4: Neuroscience and Psychoanalysis]  

January 12  [Session 5: Embodied Mother and Maternal Erotic Transferences]  

January 26  [Session 6: Race in the Transference/Countertransference]  

March 8  [Session 7: Gender and Sexual Orientation]  

March 22  [Session 8: Somatic Disorders and Self-Mutilation]  
Salon #4  Introduction to Psychodynamic Psychotherapy

This is an introductory level salon for persons who want to strengthen a foundation in psychoanalytic theory to inform their work. The salon will provide an overview of four of the major psychoanalytic theoretical frameworks. Attendees will review the basic principles of ego psychology, object relations theory, self-psychology and attachment theory. Key contributions from some of the major theoreticians will be summarized. The role of theory in clinical practice will be woven throughout the course. Goals for each hour are (1) Define, compare and contrast the conflict model of illness and the deficit model of illness, (2) Describe the concepts of transference, countertransference and resistance, (3) Describe the differences between Freud’s topographic model and structural model of the mind, (4) Provide examples of both primitive and mature defense mechanisms and how they may contribute to symptom formation and character pathology (5) Describe Melanie Klein’s concepts of the depressive position and the paranoid-schizoid position (6) Define the terms self-object, mirror transference and idealizing transference (7) Define the terms internal working model and mentalization, (8) Describe the characteristics of secure, avoidant, anxious-ambivalent and disorganized attachment styles, (9) Describe the expressive-supportive continuum of psychotherapy, (10) Identify indications for expressive or supportive emphasis in psychotherapy. **CME/CE/CEU/PD credits: 6.0** (Participants must attend all 4 sessions for credit)

Facilitator: **Lisa Madsen, MD** is a psychiatrist in private practice who provides psychodynamic psychotherapy and medication management for adults. Previously, she taught as an Assistant Professor for the University of Texas Southwestern Medical Center Austin. She has recently completed a Training in Adult Psychodynamic Psychotherapy through the Center for Psychoanalytic Studies in Houston. Dr. Madsen serves on the board of the Austin Society for Psychoanalytic Psychology.

**Location:** TBD Austin TX

**Dates/Time:** Tuesdays 10/20, 10/27, 11/3, 11/10 7:00 PM – 8:30 PM

**Contact:** (512) 8432402  lisa.madsen@gmail.com

**Required Reading:**

October 20


October 27


November 3

Salon #5 The Ecstasy of St Schreber: Bodies, Psychosis and Transcendence

In this intermediate-to-advanced-level salon, we will undertake a close reading of Schreber's *Memoirs of My Nervous Illness* (1903), in order to lay the groundwork for an exploration of the intertwined nature of corporeality and transcendence that forms the most characteristic features of Schreber's psychosis: e.g., his famous delusional transformation into a woman, his undergoing other bodily "miracles," his linkage to God as mediated by nerves, his fear of bodily invasion, and his invitation to the scientific community to study his body and cadaver as proof of his religious visions. We will explore many aspects of Schreber's visionary experience of his own and celestial bodies, including the problem of the relation of psychosis to religion and mysticism, Schreber's relation to the "brain mythology" of his initial physician, the neuroanatomist Paul Flechsig, the place of the body in relation to psychiatric treatment and hypnosis in turn-of-the-century Germany, and the body as panoptical object. Goals for each session are (1) Describe the relays between religion, transcendence, and psychosis that structure Schreber's imaginary and creative world and (2) Delineate aspects of the centrality of the body to psychotic and visionary experience. **CME/CE credits: 9.0** (Participants must attend at least 5 of the 6 sessions for credit)

**Facilitator:** Michael Uebel, PhD, LCSW, is a researcher and mental health practitioner. He has published on Schreber and a wide range of psychoanalytic topics, and is currently at work on a study of Schreber. He is Lecturer at School of Social Work at the University of Texas, and has taught as professor (Literature, Women's Studies, and Social Theory) for over 15 years at the University of Virginia, Georgetown University, and the University of Kentucky.

**Location:** TBD Austin, TX

**Dates/Time:** Mondays 1/18, 1/25, 2/1, 2/8, 2/15, 2/22 7:00-8:30pm

**Contact:** Michael Uebel 512-9640867 austinpsych@sbcglobal.net

**Required Reading:**

- January 25: Read Chapters 4-7
- February 1: Read Chapters 8-11
- February 8: Read Chapters 12-18
- February 15: Read Chapters 19-22
- February 22: Read Postscript, First Series (I-VII)

**Suggested Readings:**

Salon #6 Racial Experience in Society and Psychoanalysis

This is a beginning-to-advanced level salon intended to help participants to more fully comprehend and emotionally process the diversity conference presented by Kimberlyn Leary and the community education event with Leary and Ricardo Ainslie. People are permitted to register for the salon even if they can’t attend the conference or community event, though attendance at these events will foster a richer learning experience. The salon will focus on the trauma not only from racial violence, but also from microaggressions and prejudicial attitudes. We will examine how the trauma and attitudes have been promulgated by culture and public policy, transmitted across generations, and reenacted in clinical practice. In addition, we will consider how to explore the topic of race with our clients in clinical practice. Goals for sessions are (1) Define and give an example of a racial microaggression, (2) Describe the processes involved in the intergenerational transmission of racial trauma, (3) Identify two ways that racism has impacted the training and practice of psychoanalysis, (4) Describe how racial attitudes might surface in an interaction between client and clinician, (5) Describe possible differences in the objective reality and psychic reality of race, and (6) Describe how racial violence might be perceived by White versus African-Americans. CME/CE/CEU/PD credits: 6.0 (Participants must attend all 3 sessions for credit)

Facilitators: JoAnn Ponder, PhD is a psychologist and psychoanalyst in private practice in Austin. She completed her training in adult psychoanalysis at the Center for Psychoanalytic Studies, where she currently serves on the faculty. She authored a book chapter about her treatment of a traumatized African-American child and family, and a journal article about the transmission of elitism in the psychoanalytic profession.

R. Richard Campbell, PhD is a founding member and former president of ASPP who has a private practice in Austin. He is a frequent teacher and presenter for ASPP about various topics. In addition, he has taken continuing education courses about Shakespeare and Jane Austen at Kellogg College, Oxford University, London, England.

Location: Richard Campbell’s Home  4405 Rosedale Austin, TX
Dates/Time: Tuesdays 2/9, 2/16, 2/23  7:30-9:30pm
Contact: joannponder@aim.com  512-4968244 & richard.campbell@me.com  512-4686843

Required Reading:

February 9
Shakespeare Uncovered, PBS documentary series, clips from episode on Othello, 2015 about the long reluctance to cast Black actors as Othello (watch in class)

February 16
Black Psychoanalysts Speak, a 1-hour documentary, 2014 (watch in class)

February 23
This intermediate-to-advanced-level event is a rather rare opportunity to view and discuss the innovative film Shock Head Soul, directed by Simon Pummell (2011) and developed in collaboration with psychoanalyst Helen Taylor Robinson. The film depicts the famous neuropath Daniel Paul Schreber's asylum experience through the interlacing of documentary, visionary (hallucinatory computer graphic imagery), and dramatic biography. Schreber's Memoirs (1903) constitutes the source material, and the film, sometimes through creative misprision, generates a provocative imbrication of existential realms, including the institutional, the religious/visionary, the interpersonal, the technological, and the social. The film and discussion may be of particular interest to those considering participation in the related ASPP Spring Salon, The Ecstasy of St. Schreber: Bodies, Psychosis, and Transcendence. Goals for this session are (1) Describe two elements of the significance of the Schreber case to the psychoanalytic history of psychosis and (2) Explain two interpretative approaches to Schreber's delusions and corporeal hallucinations as related to technologies of psychiatric treatment and writing. CME/CE/CEU/PDs

Facilitator: Michael Uebel, PhD, LCSW, is a researcher and mental health practitioner. He has published on Schreber and a wide range of psychoanalytic topics. He is Lecturer at the School of Social Work at the University of Texas, and has taught as professor of critical theory and literature, with significant experience teaching and analyzing films.

Location: Denise Lemos Zaborowski’s Home at NW Austin, TX 78731
Date/Time: Monday 12/07/2015 7:00-9:00pm
Contact: Michael Uebel 512-9640867 austinpsych@sbcglobal.net

Film: Shock Head Soul (2011) Documentary on Daniel Paul Schreber directed by Simon Pummel

CME: These activities have been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Psychoanalytic Association and the Center for Psychoanalytic Studies. APsaA is accredited by the ACCME to provide continuing medical education for physicians. APsaA designates these live activities for a maximum of 44.5 AMA PRA Category I credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity. IMPORTANT DISCLOSURE: None of the planners or the presenter of this CME program have any relevant financial relationships or conflicts of interest to disclose.

CEs: These programs, when attended as required in each specific salon, are available for continuing education credits. Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for this program and its content. Participants must attend at least 80% of the program in order to receive a Certificate of Attendance. Division 39 is committed to accessibility and non-discrimination in its continuing education activities. Division 39 is also committed to conducting all activities in conformity with the American Psychological Association’s Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during discussion periods. If participants have special needs, we will attempt to accommodate them. Please address questions, concerns and any complaints to Denise Lemos Zaborowski at (512) 573-2669.

ASPP is approved by (1) the Texas State Board of Examiners of Professional Counselors (Provider # 1138) to provide continuing education for licensed professional counselors in Texas and (2) the Texas State Board of Social Workers Examiners (Provider # 5501) to provide continuing education for social workers.
Registration for Salons and Film 2015-2016

To register for a Salon or Film, (1) contact facilitator and (2) complete the following form and bring your payment to the first class or mail this form and payment to ASPP, P.O. Box 162082, Austin, TX 78716

Name & Title: ________________________________________________________________

Street Address: ________________________________________________________________________________

City, State, Zip Code: ________________________________________________________________

Email: ___________________________________________ Telephone: ____________________________

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<thead>
<tr>
<th>Salon/ Film Fees</th>
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<td>Salon#1: 4.0cr</td>
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<td>Campbell on Griffin: Literature and Embodied Analytic Listening</td>
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<td>Ponder &amp; Campbell on Leary: Racial Experience</td>
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<td>Film ShockHeadSoul: 2.0cr</td>
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* Early career professionals within 3 years of graduation

**Payment:**

______ Check enclosed (payable to ASPP)

Please Charge: _____ Master Card _____ Visa _____ Discover

Credit Card #: __________________________________________

Expiration Date (Yr./Mo.): __________ Security Code: _______

Authorized Signature: __________________________
