Evaluation of Newly Adapted Clip Marker System in Ultrasound-Guided Core Needle Biopsy for Suspicion of Breast Cancer

Untersuchung eines neu entwickelten, direkt adaptierten Markierungsclip-Systems während sonografisch gesteuerter Stanzbiopsie bei Verdacht auf Mammakarzinom

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Key words
- breast
- breast cancer
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- biopsy

Schlüsselwörter
- Mamma
- Mammakarzinom
- Ultraschall
- Biopsie

Abstract

Introduction: A newly adapted clip system for intramammary marking during ultrasound-guided core needle biopsy for suspicion of breast cancer is described and evaluated here.

Material and Method: Fifty patients with suspicion of breast cancer (cT2) had ultrasound-guided core needle biopsy using a newly adapted clip marker system (HistoCore™ and O-Twist Marker™). Subsequently, ultrasound follow-up and tomosynthesis scans were done to determine the location of the marker clips.

Results: No dislocation of the marker clip was detected on ultrasound in 45 of 50 patients (90%), and 5 patients (10%) had a maximum dislocation of 5 mm along the x-, y- or z-axis. Tomosynthesis scans demonstrated precise placement without dislocation of the clip markers in 48 patients (96%); 2 patients (4%) had a maximum dislocation of 3 mm along the x-, y- or z-axis.

Conclusion: The newly developed clip marker system, a combination of a single-use breast biopsy needle and a precise, length-adapted intramammary marker clip, represents a further improvement in oncological therapy. This is of particular importance for patients requiring subsequent neoadjuvant chemotherapy, as in cases with complete tumour remission, there is no target point for preoperative, ultrasound-guided wire marking.

Zusammenfassung

Einleitung: Vorstellung und Untersuchung eines neu entwickelten, direkt adaptierten Clipsystems zur Optimierung der intramammären Clipmarkierung während sonografisch gesteuerter Stanzbiopsie bei Verdacht auf Mammakarzinom.

Material und Methode: Bei 50 Patientinnen mit Verdacht auf Mammakarzinom (cT2) erfolgte eine sonografisch gesteuerte Stanzbiopsie mit gleichzeitiger neu entwickelter adaptierter Clipmarkierung (HistoCore™ und O-Twist Marker™). Anschließend wurden sonografische Kontrolluntersuchungen und eine Tomosynthese zur Lokalisationsbestimmung des Markierungsclips durchgeführt.

Ergebnisse: Bei 45 der 50 Patientinnen war sonografisch keine Dislokation eines Markierungsclips diagnostizierbar (90%), bei 5 Patientinnen (10%) ergab sich eine Dislokation von max. 5 mm in x-, y- bzw. z-Achse. Die Tomosynthese zeigte eine exakte Platzierung ohne Dislokation des Markierungsclips bei 48 Patientinnen (96%), bei 2 Patientinnen (4%) stellte sich eine Dislokation von maximal 3 mm in x-, y- bzw. z-Achse dar.

Schlussfolgerung: Durch unsere Neuentwicklung, der Kombination von Mamma-Einmal-Biopsie-Nadel und exakt längenadaptierter intramammärer Clipmarkierung ist eine weitere Optimierung in der onkologischen Therapie gegeben. Dies ist von ganz besonderer Bedeutung vor neoadjuvanter Chemotherapie, da bei Komplettremission des Tumors ein Zielpunkt für die präoperative, sonografisch gesteuerte Drahtmarkierung fehlt.

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Introduction

Women have a 10% risk of developing breast cancer at some stage in their life. This makes breast cancer the most common type of cancer found in women and the most common cause of death for women between the ages of 35 and 55 years. In Germany, around 58000 women develop breast cancer every year, and approximately 20000 die of it [1]. The treatment options and the characteristics determining the choice of therapy in patients with primary advanced breast cancer are

becoming ever more varied. New targeted therapies combined with established chemotherapies have expanded the range of options [2–8].

Both European treatment recommendations and the German interdisciplinary S3-Guideline on the Diagnosis, Therapy and Follow-up of Breast Cancer [9] propose that at least 70% of all breast lesions suspicious for malignancy (BI-RADS™ 4/5) be verified histologically preoperatively – the target is 90% of lesions [9–12]. By preoperatively investigating suspected malignant processes, the aim is to ensure that only one surgical intervention will be necessary. In addition, all non-palpable breast lesions should be marked prior to the actual surgical intervention (e.g. ultrasound-guided wire marking) [9–13].

Therapy studies performed in recent years in a neoadjuvant setting have greatly increased our understanding of the effectiveness of therapies and their impact on long-term survival [14].

Given the abundance of data on neoadjuvant chemotherapies and the good correlation with pathologic complete remission (pCR), the American Food and Drug Administration (FDA) carried out a meta-analysis of approximately 12 000 patients, which included contributions by German study groups [15]. The prognostic relevance of pCR for recurrence-free survival (HR 0.48, $p < 0.001$) and overall survival (HR 0.48, $p < 0.001$) was confirmed beyond doubt. It was found that there were no significant differences between the various definitions of pCR (with or without the inclusion of DCIS). As regards tumour biology, the study found that the more aggressive and sensitive to chemotherapy the tumour was, the higher the prognostic relevance of pCR.

However, the neoadjuvant therapy concept represents new challenges for breast surgeons, radiologists and pathologists, as with pCR there is no target point for preoperative, ultrasound-guided wire marking. This problem can be effectively solved by placing marker clips at the site of the primary breast tumour during ultrasound-guided core needle biopsy prior to neoadjuvant chemotherapy [16–19].

Based on our own extensive experience [20], the aim of our study was to evaluate the precision of a newly developed method of clip marking in patients suspicious for breast cancer.

Material and Methods

Single-use breast biopsy system (HistoCore™)

A single-use breast biopsy system (HistoCore™; BIP™ Biomed. Instrumente & Produkte GmbH, Germany) (**Fig. 1**) [20] was used, together with a 12 gauge, 10 cm long needle with a notch length of 18 or 25 mm. After careful disinfection of the skin and administration of a local anaesthetic (10 ml), the single-use breast biopsy system (a combination of a coaxial cannula [11 gauge] and a core needle [12 gauge]) was placed over the tumour focus, and core needle biopsy was done under ultrasound control, with the biopsy performed tangentially to the linear 13.0-MHz transducer. The needle length prior to and after the intervention was documented in pictures and on video. Four or more core needle biopsy specimens were obtained to obtain sufficient material for histological diagnosis and molecular-genetic investigation. A clip was placed in the puncture area directly above the coaxial needle (11 gauge), i.e. in the middle of the tumorous lesion.

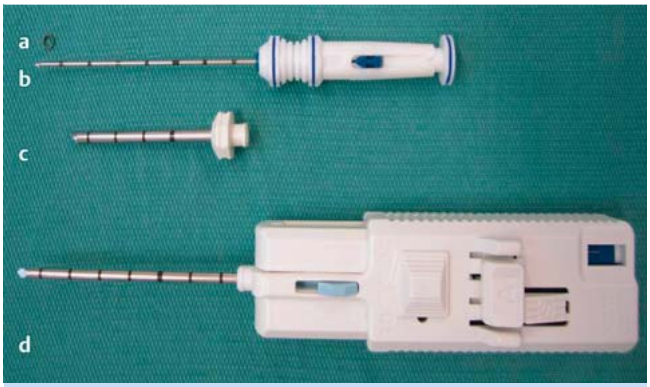

Fig. 1 a to **d** Single-use breast biopsy and clip marker system. **a** Clip, made of three biocompatible nitinol wires with diameters of 0.15 mm (memory metal) twisted together to form rings with a diameter of 2.5 mm. **b** Directly adapted, precise clip marker system (O-Twist Marker™), (20 gauge) – our own new development without a spacer. **c** Coaxial needle (11 gauge) precisely adapted to the single-use breast biopsy system (HistoCore™). **d** Single-use breast biopsy system (HistoCore™): 12 gauge needle, needle length: 10 cm, optional notch length: 18 or 25 mm.

Clip system (O-Twist Marker™)

The O-Twist Marker™ clip system (Biomed. Instrumente & Produkte GmbH [BIP™], Germany) has been on the market since 2003 [21]; it was modified by us in 2012 in cooperation with BIP™ by precisely adapting the length of the stylet to the HistoCore™ single-use breast biopsy system (**Fig. 1**).

The O-Twist Marker™ consists of three biocompatible nitinol wires with diameters of 0.15 mm (memory metal) twisted together to form rings with a diameter of 2.5 mm. Each ring is flattened and inserted into a 20-G cannula. The marker is ejected from the cannula through the stylet into the breast tissue where it assumes its pre-assigned ring shape again at body temperature. After placing the marker clip, control ultrasound (2D, Acuson Antares, 13 MHz; Siemens™) and tomosynthesis (Selenia Dimensions3D™; Hologic™) scans are carried out, which include computer-aided detection or diagnosis (CAD™ [R2™]) [19,22], to precisely locate the marker clip.

Results

Technical development

Our innovation consisted of the precise adaptation of stylet length to the HistoCore™ single-use breast biopsy system [20] (**Fig. 1**). Before, when using the O-Twist Marker™ clip system [21] (placed directly through the coaxial core needle for the biopsy), the notch length used during marker clip placement had to be varied for every procedure, depending on the respective length of the core needle, using a pre-fabricated sliding spacer fitted over the stylet. This approach was imprecise, as it was not possible to precisely adjust the fitted spacer using only the marking rings engraved at intervals of one centimetre. Our new development now offers the possibility of placing a precise marker clip for every core length without needing a spacer.

Ultrasound-guided core needle biopsy and clip marking

Between 10/2012 and 03/2013, a total of 50 patients were examined at the University Breast Centre for suspicion of invasive breast cancer (BI-RADS™ 4/5) with a minimum lesion diameter

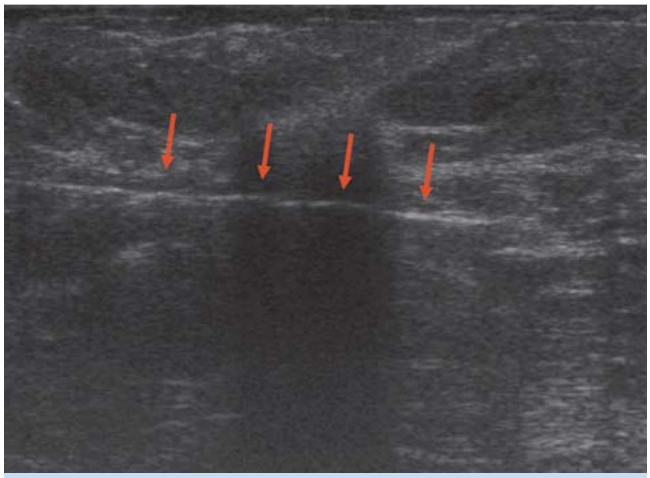

Fig. 2 Ultrasound-guided core needle biopsy of suspected breast lesions carried out using the HistoCore™ single-use breast biopsy system. The core needle is directly in the middle of the focal findings (arrows) (ultrasound done with the 2D, Acuson Antares, 13 MHz; Siemens™).

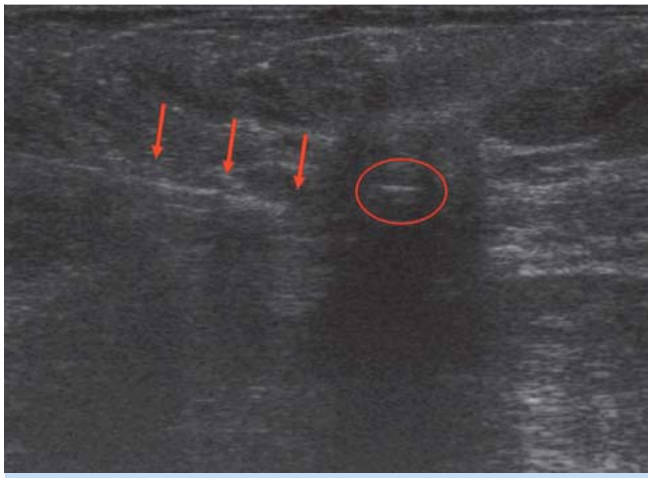

Fig. 3 Clip marking using the O-Twist Marker™ system during ultrasound-guided core needle biopsy of a suspicious breast lesion. The core needle is located directly in the lesion (arrows) after placement of the clip marker (marking circle) (ultrasound done using the 2D, Acuson Antares, 13 MHz; Siemens™).

of 2 cm (range: 2.3–3.3 cm) based on complementary breast diagnostics.

Findings were confirmed histologically in all 50 patients by ultrasound-guided core needle biopsy (**Fig. 2**) using the HistoCore™ single-use breast biopsy system [20].

In addition, intramammary marker clips were placed, using our newly developed clip system based on the well-known O-Twist Marker™ system [21] (**Fig. 3**).

Ultrasound and tomosynthesis scan to control location of marker clips

Ultrasound and tomosynthesis scans including CAD™ [19,22] were carried out after placement of the marker clips to determine the precise location of the marker clips (**Figs. 3** and **4**).

In 45 of 50 patients (90%), ultrasound found no dislocation of the marker clip; in 5 patients (10%) the maximum dislocation was 5 mm along the x-, y- or z-axis.

Tomosynthesis scans demonstrated precise placement without dislocation of the marker clip in 48 patients (96%); 2 patients (4%) had a maximum dislocation of maximal 3 mm along the x-, y- or z-axis.

Discussion

Interventional biopsy systems play an important role in complementary breast diagnostics and mammography screening (assessment). They help reduce the number of unnecessary diagnostic open surgical procedures in patients with suspicion of breast cancer (BI-RADS™ 4/5) and provide samples for the histological verification of lesions prior to the actual curative intervention or prior to neoadjuvant chemotherapy. The EUSOMA recommends reducing the number of second interventions and carrying out breast-conserving surgery in at least 70% (90% would be desirable) of all patients with breast cancer. This is only possible with the use of interventional biopsy systems [1–13].

Moreover, the inverse correlation between the number of tumour cells and the interval between biopsy and surgery suggests that displaced tumour cells do not survive. Other studies have shown that the rate of local recurrence and the interval to tumour recurrence does not differ between patients who had percutaneous core needle biopsy to verify the diagnosis and patients who had a primary surgical intervention [23–26]. Today, ultrasound-guided core needle biopsy is considered the standard approach for the diagnostic work-up of unclear lesions. Several studies have additionally shown that an identical or even higher degree of diagnostic certainty can be obtained with ultrasound-guided core needle biopsy compared to open biopsies of palpable and non-palpable findings, which have a false negative rate of between 0.3 und 8.2% [27,28].

The advantages of ultrasound-guided core needle biopsy, which can be carried out with little expenditure of time, are its limited invasiveness and the low costs involved [29,30]. Knowledge of the tumour's histological characteristics allows better planning

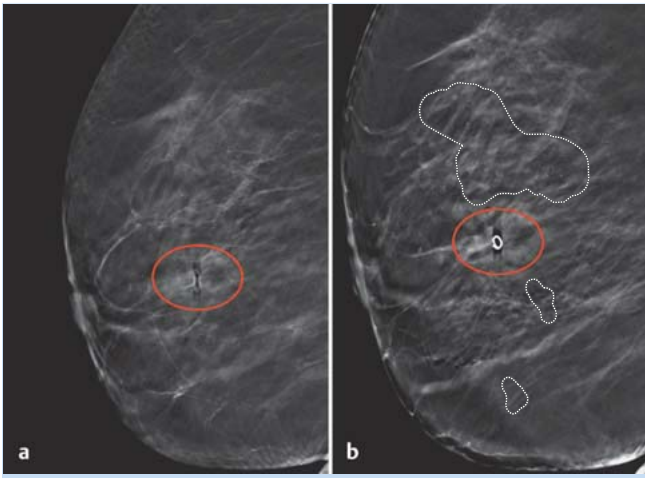

Fig. 4 a and **b** Tomosynthesis scan (Selenia Dimensions3D™; Hologic™) to control the location of the intramammary marker clip. **a** With CAD™ (R2™) – image 11; marker clip, blurred (circle), located directly in the centre of the lesion. **b** With CAD™ (R2™) – image 25; marker clip, sharply delineated (circle), located directly in the centre of the lesion; 3 areas of micro calcifications are marked (dotted lines) and classified as benign.

of surgical operations, if surgery is required, and a more targeted intervention. This is reflected in the lower rate of follow-up surgical interventions for incomplete tumour removal [31]. Moreover, around 75–80% of lesions found on imaging are benign, meaning that unnecessary surgical interventions can be avoided, provided that the assessment of the images obtained during scanning corresponds to the histological assessment of the lesion [32].

Based on our extensive experience [20] and using an established clip marker system [21], the goal of our study was to determine the precision of a new development to optimise marker placement after ultrasound-guided core needle biopsy in patients suspicious for breast cancer (BI-RADS™ 4/5). Subsequently, ultrasound and tomosynthesis scans including CAD™ (R2™) were done to monitor the precise location of the marker clips prior to carrying out further oncological therapy.

Our results confirm that our innovation permits precise adaptation of the length of the marker system used in the HistoCore™ single-use breast biopsy system. Previously, when using the O-Twist Marker™ clip system (placed directly through the coaxial core needle for the biopsy), the notch length used during marker clip placement had to be varied for every procedure, depending on the respective length of the core needle, using a prefabricated sliding spacer fitted over the stylet. This approach was imprecise as it was not possible to precisely adjust the fitted spacer using only the marking rings engraved at intervals of one centimetre. Our new development now offers the possibility of placing a precise marker clip for every core length without needing a spacer. This is particularly important prior to planned neoadjuvant chemotherapy, as in patients with pCR it is not possible to find a target point for preoperative ultrasound-guided wire marking [16–19].

Our innovation, which combines a single-use breast biopsy needle with precise, length-adapted markers clips placed directly through the coaxial needle, represents a further improvement in oncological therapy.

The results of ultrasound and tomosynthesis scans to monitor the placement and location of the marker clips confirm the precision of tomosynthesis.

Conflict of Interest

▼

The direct adaptation of the O-Twist Marker™ clip system was developed with the kind support of Biomed. Instrumente & Produkte GmbH (BIP™), Germany. BIP™ did not contribute in any way to the writing of this manuscript. The authors are alone responsible for the contents of this manuscript.

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