





# The role of Sirt1 in restricted energy intake

Dianne Ford

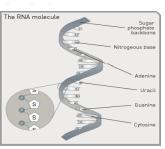
American Aging Association – 37<sup>th</sup> Annual Meeting

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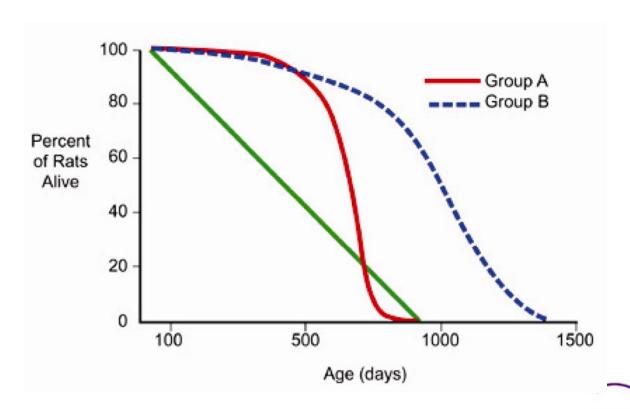
# Dietary restriction (DR) increases lifespan in evolutionarily-distinct species

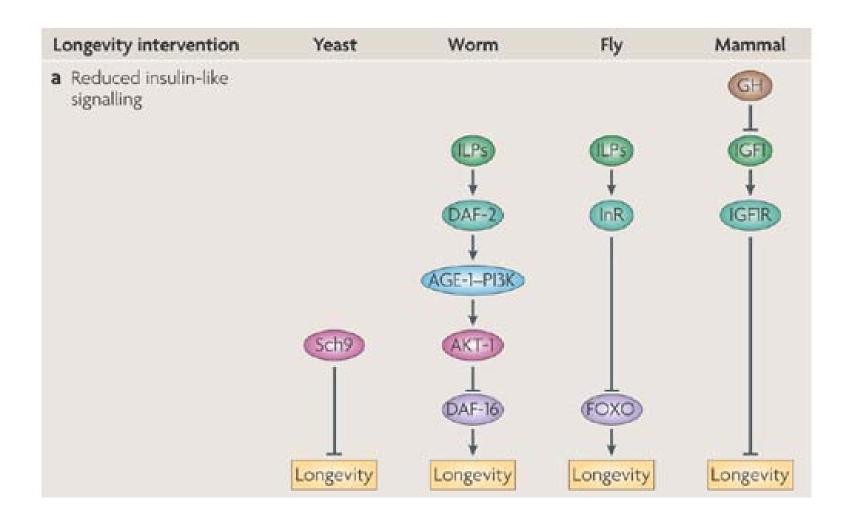
 Saccharomyces cerevisiae, Caenorhabditis elegans, Drosohpila melanogaster, rodents

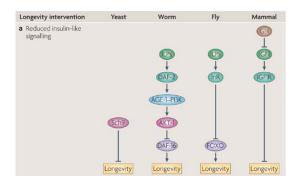


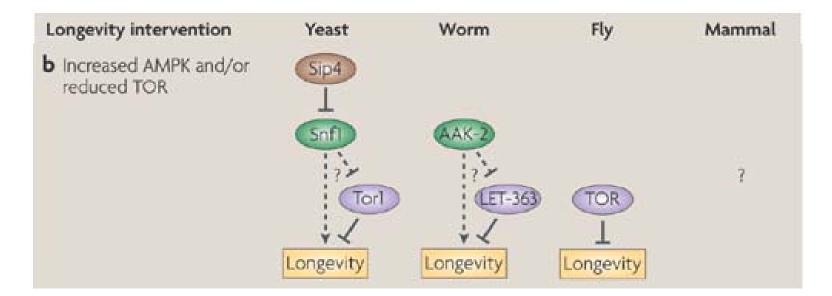
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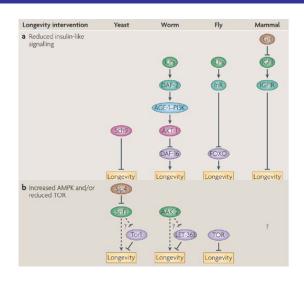
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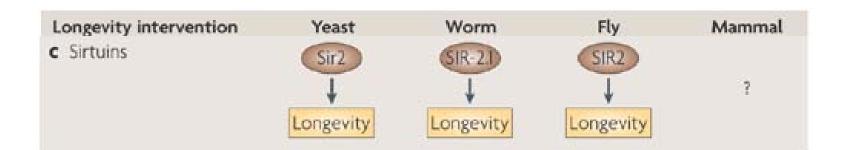


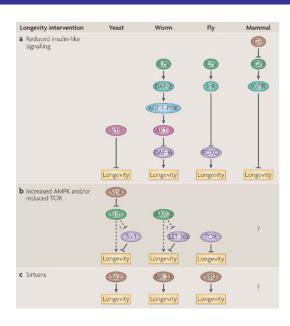


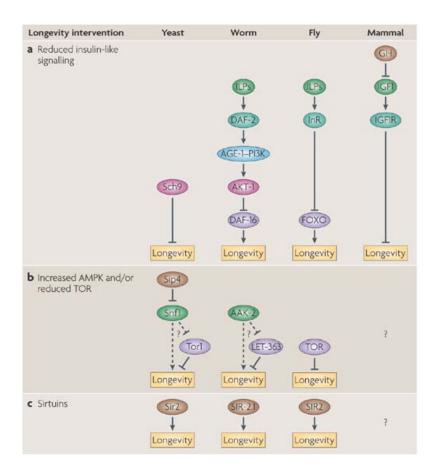












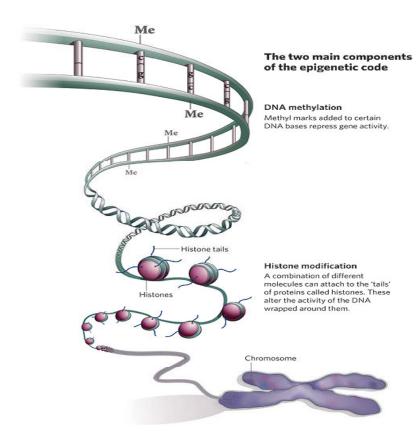
#### Sirt1

- Mammalian Sirt1, or homologues (Sir2 in yeast), appears to be pivotal in the effect of DR on lifespan
- Multiple actions/targets and implicated in regulation of various aspects of DR responses
  - Substrates for deacetylation
    - PGC-1a
    - P53
    - Mitochondrial uncoupling protein 2 gene (UCP2)
  - Pathways/responses
    - Glucose homeostasis
    - Insulin secretion
    - Fat metabolism
    - Stress resistance
    - Physical activity
- NAD-dependent histone deactylase (Class III)

Hypothesis: Sirt1 affects lifespan/ageing through effects on DNA methylation, mediated via effects on histone acetylation.



#### Epigenetic modification of DNA



Methylated DNA is associated with deacetylated histones

Qui, J (2006) Nature 441: 143-145

Hypothesis: Sirt1 affects lifespan/ageing through effects on DNA methylation, mediated via effects on histone acetylation.



#### DNA methylation and ageing

- Ageing-associated changes in DNA methylation are observed.
  - Decrease in total deoxymethylcytosine levels
  - Regional hyper- and demethylation
- Aberrant DNA methylation can result in inappropriate gene expression or gene silencing.
- Changes in DNA methylation may be causal in the ageing process.



#### Resveratrol

- · Polyphenol, red grapes
- Extends lifespan in simple organisms (S. cerevisiae, Drosohpila, C. elegans) in Sir2-dependent manner
- In vitro Sirt1 activator (?)
- Improved health and survival of mice on high fat diet and induced changes associated with longer lifespan
  - Increased insulin sensitivity
  - Reduced IGF-1 levels
  - Increased AMP-activated protein kinase activity
  - Increased PPAR-activated receptor-γ coactivator 1a (PGC-1a) deacetylation (activity)
    - Data consistent with Sirt1-mediated deacetylation

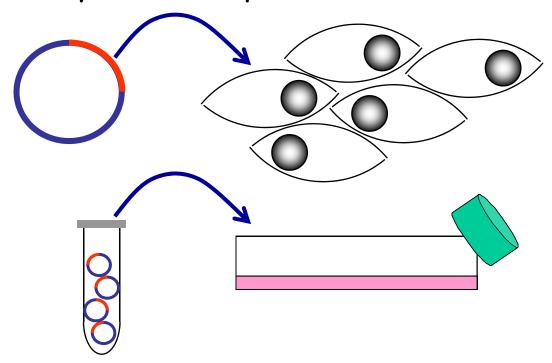


#### Aim

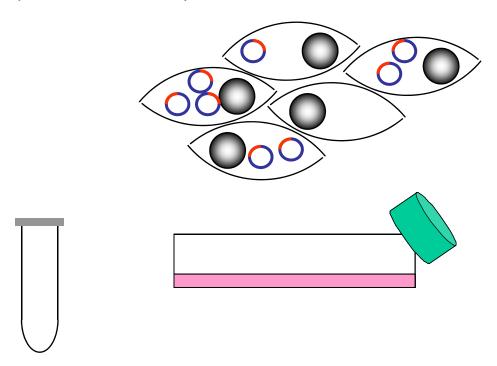
 Establish proof of concept that increased Sirt1 expression, influenced by resveratrol, can affect DNA methylation



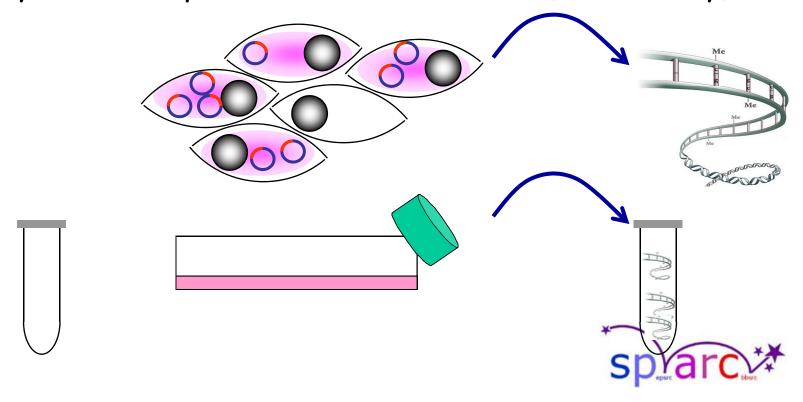




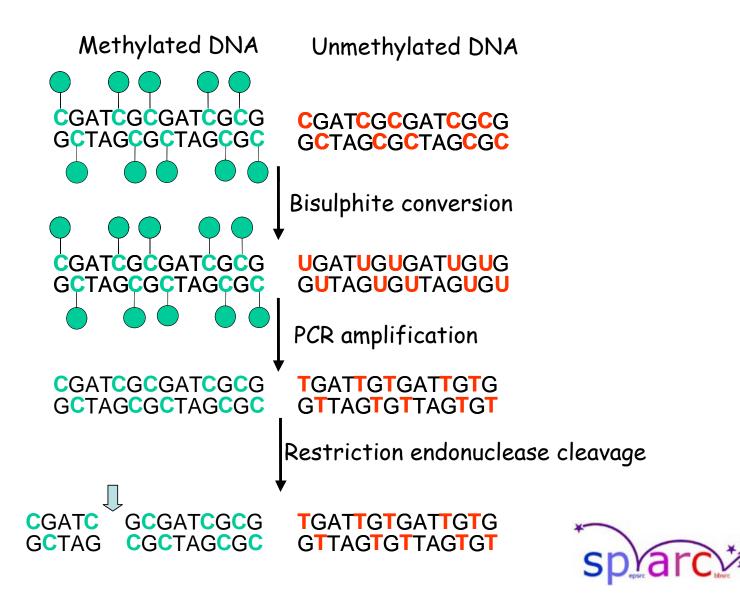


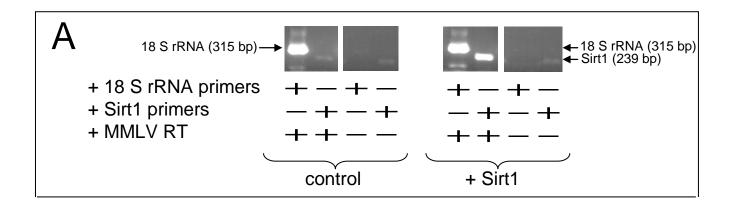




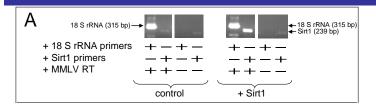


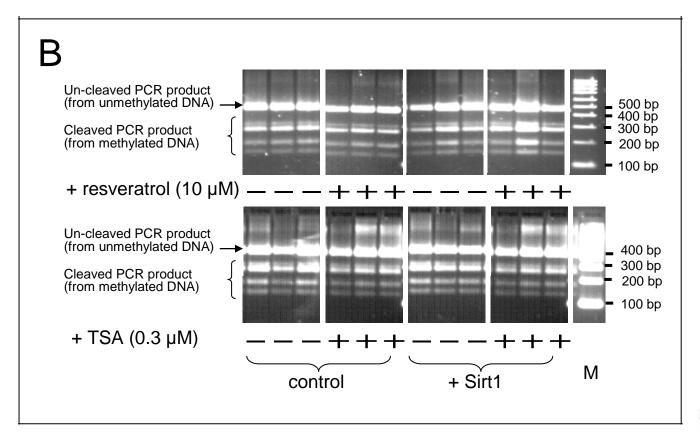
## Measurement of DNA methylation - COBRA assay



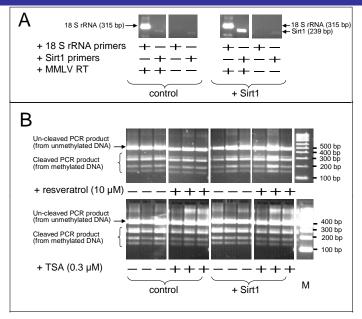


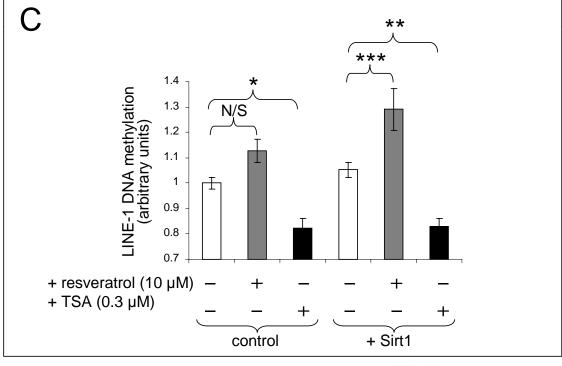




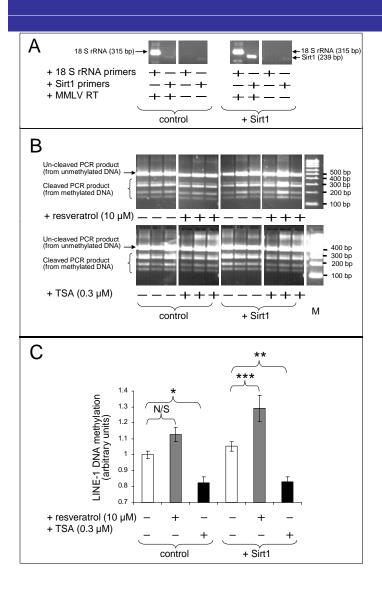












- TSA (ClassI/II HDAC inhibitor) reduced methylation of LINE-1 elements by 18% in Caco-2 cells.
- Increased expression of Sirt1 in combination with resveratrol increased methylation of LINE-1 elements by 30% in Caco-2 cells.



#### Conclusions

- TSA reduced methylation of LINE-1 elements in Caco-2 cells.
  - Adds to limited published evidence that DNA methylation can be influenced by changes in histine acetylation
- Increased expression of Sirt1 in combination with resveratrol increased methylation of LINE-1 elements.
  - Consistent with action through a common pathway
    - Sirt1 activation by resveratrol
  - Maintenance of DNA methylation patterns potentially mediates some effects of DR/resveratrol to delay aging/increase lifespan.
- Observations provide impetus for future studies to investigate effects of Sirt1/DR and resveratrol in cell lines and rodents on epigenetic modification at specific loci
  - May reveal potential genomic targets at which have a direct impact on the aging process
  - Opportunities for Tans-Atlantic collaboration?

## Acknowledgements

- Luisa Wakeling
- · John Mathers

