

Research Paper

Radiofrequency Heat-Enhanced Chemotherapy for Breast Cancer: Towards Interventional Molecular Image-Guided Chemotherapy

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Abstract

Breast cancer is the most common malignancy in women worldwide. Recent developments in minimally invasive interventional radiology techniques have significantly improved breast cancer treatment. This study aimed to develop a novel technique for the local management of breast cancers using radiofrequency heat (RFH). We performed both in vitro experiments using human breast cancer cells and in vivo validation in xenograft animal models with magnetic resonance imaging (MRI) and pathological correlation to investigate the feasibility of our approach. Four treatment groups, including (1) no treatment (control), (2) RFH-only, (3) chemo (doxorubicin)-only, and (4) combination therapy with both doxorubicin and RFH, were conducted in each experiment. In vitro combination therapy significantly decreased breast cancer cell proliferation while increased their apoptosis index compared to the other three groups. MRI demonstrated a significant tumor size reduction in animals treated with combination therapy compared to those receiving other treatments in vivo. Such result was further confirmed by pathological examination. In conclusion, our findings suggests that RFH can enhance the therapeutic efficiency of doxorubicin on breast cancers, thus establishing the basis for future development of interventional molecular image-guided local chemotherapy for breast malignancies.

Key words: breast cancer; radiofrequency; doxorubicin; MRI; hyperthermia.

Introduction

Breast cancer is the most common malignancy in women with a steadily increasing incidence worldwide. It is estimated that 235,030 patients will be diagnosed with invasive breast cancer and 40,430 will die of the disease in the United States in 2014 [1]. Although systemic chemotherapy is one of the main therapeutic strategies for breast cancer, there is no guarantee that sufficient concentration of chemotherapeutic agents would be delivered to the target

tumor without causing toxicities to other vital organs [2]. In addition, previous studies have suggested that inefficient drug deposit at the target tumors via systemic administration significantly contribute to chemoresistance in cancer [3].

Recent studies have reported that hyperthermia at approximately 41 °C to 45 °C can enhance the efficiency of chemotherapy in a variety of malignancies [4-7]. However, certain limitations, such as inade-

quate devices for local heat delivery to the targets and lack of appropriate temperature monitoring at the targets, limit the application of hyperthermia-enhanced therapy for cancer in clinical practice [8, 9].

Minimally invasive interventional radiology techniques have greatly improved outcome of breast cancer treatment [10]. A combination of interventional radiology with locally delivered hyperthermia may therefore advance current chemotherapies. The present study aimed to develop a novel technique for local chemotherapy of breast cancer using interventional radiofrequency heat (RFH).

Materials and Methods

The present study included both in vitro establishment of the “proof-of-principle” that RFH enhanced chemotherapeutic efficiency in human breast cancer cells, and in vivo validation of interventional RFH-enhanced chemotherapy for breast cancer using xenograft animal models.

In vitro experiments

Cells

Human breast cancer cell (Bcap-37) were cultured in RPMI 1640 medium (Gibco-Life Technolo-

gies, Mulgrave, Australia) adjusted to contain 1.5-g/L sodium bicarbonate, 2.5-g/L glucose, and 0.11-g/L sodium pyruvate supplemented with 10% fetal bovine serum (Gibco-Life Technologies). They were incubated at 37°C in a humidified atmosphere with 5% CO₂.

In vitro experimental set-up

These breast cancer cells were seeded in each chamber of a Lab-Tek® 4-chamber cell culture slide (Nalge Nunc International, Rochester, NY, USA) at 4×10^4 cells/chamber. The slide was placed in a 37 °C water bath. A 0.032-inch magnetic resonance imaging-heating-guidewire (MRIHG) was attached under the bottom of chamber 4 of the 4-chamber cell culture slide, and then connected to a 2450-MHz radiofrequency (RF) generator (GMP150, OPTHOS, Rockville, MD, USA) (Figure 1). When the RF generator was operated at 2–3 Watts through the MRIHG, the temperature in chamber 4 increased to approximately 42 °C from 37 °C, which created a heat gradient along the 4 chambers. The temperature of each chamber was recorded by a thermometer (Photon Control, Burnaby, Canada).

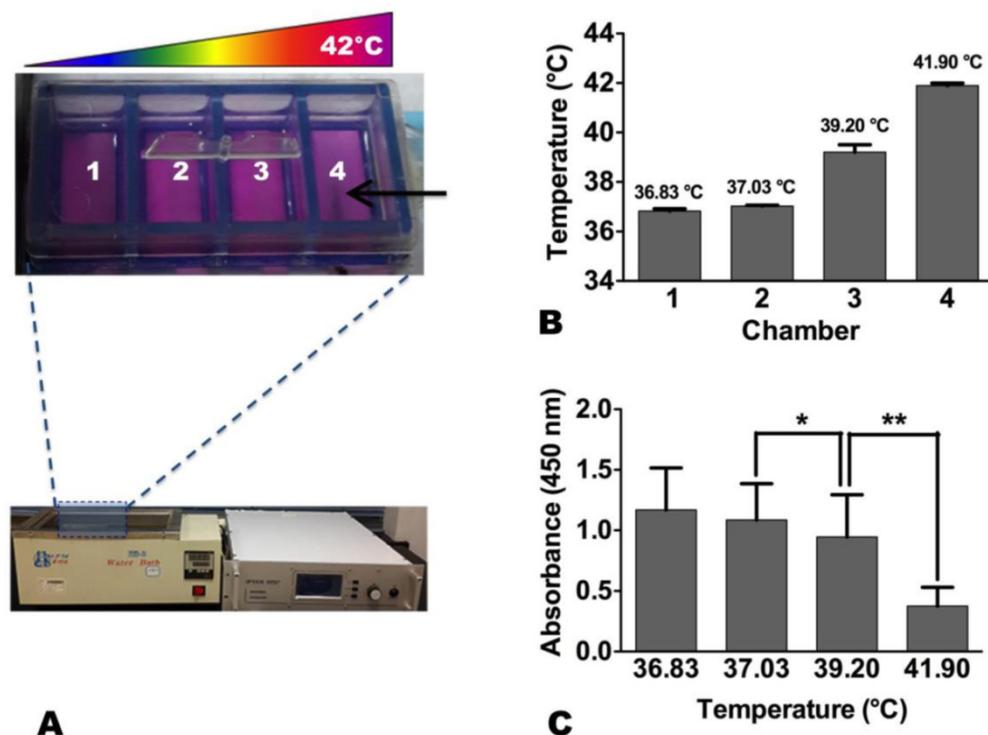


Figure 1. (A) In vitro experimental set-up for radiofrequency heat (RFH) of human breast cancer cells. Cells are seeded in a 4-chamber cell culture slide, which is placed in 37°C water bath. A 0.032-inch magnetic resonance imaging-heating-guidewire (arrow) is positioned under the bottom of chamber 4. (B) When the temperature reaching 42 °C in chamber 4, a stable heat gradient is observed along the four chambers. (C) The proliferation of cells treated with RFH at 42 °C is significantly decreased compared to those treated at 37 °C and 39 °C (*, $p < 0.05$; **, $p < 0.01$).

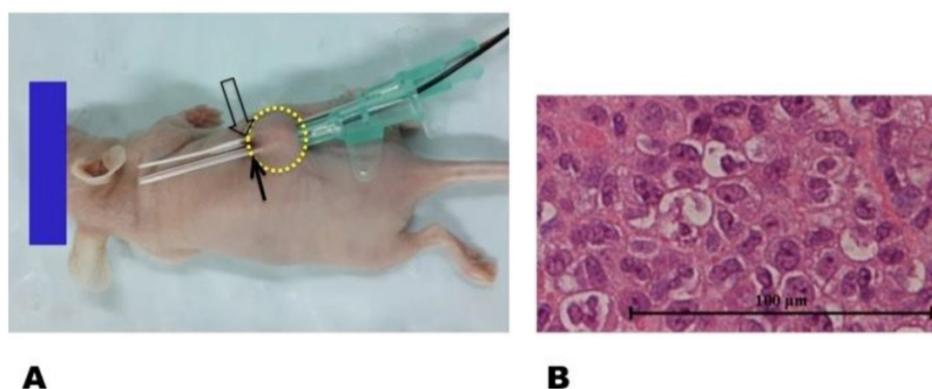


Figure 2. (A) In vivo experimental set-up for radiofrequency heat (RFH) of a xenograft tumor (circle) implanted in a nude mouse. Trans-tumor insertion of a 0.032-inch magnetic resonance imaging-heating-guidewire (MRIHG) is performed (open arrow). The radiofrequency-heated tumor is maintained at 42 °C by instantly measuring the temperature with a micro-figure thermometry wire (solid arrow), which is placed parallel to the MRIHG within the tumor. (B) Pathological study with hematoxylin and eosin staining confirms the successful generation of a breast xenograft tumor (400 × magnification).

For comparison of therapeutic effects among different RFH temperatures, the same amount of doxorubicin (0.25 μ M) was dripped into each of the four chambers while the bottom of chamber 4 was heated to 42°C for 20 minutes and that of chamber 1 remained at 37 °C (Figure 1). For comparison of therapeutic effects among different treatments, breast cancer cells were divided into groups: no treatment (control), RFH-only (42 °C for 20 minutes), chemo-only (0.25 μ M doxorubicin), and combination therapy (chemo plus RFH). The concentration of doxorubicin at 0.25 μ M was selected based on previous studies by other groups[11-13]. Cells were then cultured for 72 hours before different laboratory examinations, including cell proliferation assay and apoptosis assay, were conducted to examine and compare the effects of various treatments on breast cancer cells.

Laboratory examinations

Cell proliferation was assessed using the Cell Counting Kit-8 (CCK-8; Dojindo, Kamimashiki-gun Kumamoto, Japan) according to the manufacturer's instruction. Briefly, 100 μ L of CCK-8 solution was added into each chamber and incubated for 120 minutes. Then, cell proliferation was assessed by measuring the absorbance at 450 nm using a Universal Microplate Reader (BIO-TEK Instruments, Minneapolis, MN, USA). Cell apoptosis index was examined via staining with annexin V-conjugated fluorescein isothiocyanate (FITC) and propidium iodide (PI) as described in the annexin V-FITC apoptosis detection kit (Becton Dickinson Biosciences, San Diego, CA, USA), and flow cytometry analysis (Becton Dickinson FACScan, Mount View, VA, USA). Flow cytometry results were analyzed by Cell Quest Pro software (Becton Dickinson).

In vivo experiments

In vivo experimental set-up

The animal protocol was approved by our Institutional Animal Care and Use Committee. Female nu/nu mice at 4–6 weeks of age were used to generate the tumor model. A suspension of 1×10^7 Bcap-37 cells in 100 μ L of phosphate-buffered saline (PBS) was injected subcutaneously into the unilateral back of each mouse to initiate a breast cancer mass (Figure 2). Within two weeks, the tumor masses grew to approximately 5 mm in diameter. A 0.032-inch MRIHG was inserted through the center of each tumor for local heating, while a 2.7-mm micro-thermometry fiber was placed parallel to the MRIHG for instant measurement of the MRIHG-mediated RF heating at the target tumor (Figure 2).

RFH-enhanced chemotherapy

Twenty-four mice bearing human breast cancer xenograft tumors were randomly stratified to four study groups (6 mice per group) with receiving different intratumoral treatments: (i) PBS (control), (ii) RFH-only (42 °C for 20 minutes via the MRIHG), (iii) chemo-only (intratumoral injection of 10-mg/kg doxorubicin), or (iv) combination therapy (chemo plus RFH).

MRI follow-up

Mice were anesthetized by intraperitoneal delivery of 4% chloral hydrate (0.01 mL/g) for MRI follow-up. MRI was performed using a 3.0-Tesla MR scanner (GE Healthcare Corporation, New York, USA) by placing the mouse into a 100 mm-diameter micro-imaging coil. MRI was acquired before and at days 7 and 14 after treatment. T1-weighted images (T1WI) and 0.2-mmol/kg gadodiamide-enhanced T1WI (Omniscan, GE Healthcare) were acquired us-

ing a rapid acquisition with OAx T1 550 Spin Echo sequence: TR/TE = 550 ms/15 ms, field of view = 8 cm, matrix = 256 × 256, section thickness = 1.5 mm, intersection gap = 0.5 mm, NEX = 2; and total scan time = 3 minutes and 31 seconds.

Pathological confirmation

After satisfactory MRI, mice were euthanized by 5% CO₂ and the tumor masses were harvested. We then estimated the volume of each mass using the following formula: tumor volume = (length × width × width)/2 [14]. Owing to inevitable variation in tumor size at the beginning of treatment, relative tumor volume (RTV) was used for tumor growth comparison. RTV was calculated using the following formula: $RTV = TV_n / TV_0$, where TV_n was the tumor volume at day n and TV_0 was the tumor volume at day 0 [7].

The harvested tumor tissues were then fixed in 4% paraformaldehyde, embedded in paraffin, and sectioned at 5-mm slices. After de-waxing and hydration with a gradient ethanol series (100%, 95%, 90%, 80%, and 70%), tissue slices were stained with the *in situ* Cell Death Detection Kit Fluorescein (Roche, Basel, Switzerland) and then exposed to freshly-prepared proteinase K working solution for 15–30 minutes at 37 °C (10–20 µg/mL in 10 mM Tris/HCl, pH 7.4–8). After washing with PBS, slices were incubated in 50 mL of TUNEL (terminal deoxynucleotidyl transferase-mediated nick end-labeling) reaction mixture for 60 minutes in dark and humidified environment. They were again washed with PBS and

sealed with Prolong Gold Antifade Reagent after staining with 4', 6-diamidino-2-phenylindole dihydrochloride (DAPI; Invitrogen, Carlsbad, USA) overnight. All slides were examined with a fluorescent microscope (Leica, Solms, Germany). The number of apoptotic cells was counted by Image-Pro Plus 6 software (Media Cybernetics, Rockville, MD, USA).

Statistical analysis

Statistical analysis was performed using SPSS (IBM, Armonk, New York, USA). Data were presented as the mean ± standard deviation. One-way analysis of variance was performed to compare the average cell proliferation rate, cell apoptosis index, tumor volume, and RTV. Differences among the four study groups were considered statistically significant at $p < 0.05$.

Results

RFH-enhanced chemotherapeutic efficiency in breast cancer cells

In vitro combination therapy significantly decreased breast cancer cell proliferation (0.62 ± 0.04 vs. 1.19 ± 0.02 vs. 1.00 ± 0.07 vs. 0.71 ± 0.07 , $p < 0.05$) while increased their apoptosis index ($55.37 \pm 13.99\%$ vs. $1.61 \pm 0.53\%$ vs. $3.32 \pm 0.61\%$ vs. $43.32 \pm 15.47\%$, $p < 0.05$), compared to the other three treatment groups (controls, RFH-only, and chemo-only, respectively; Figure 3).

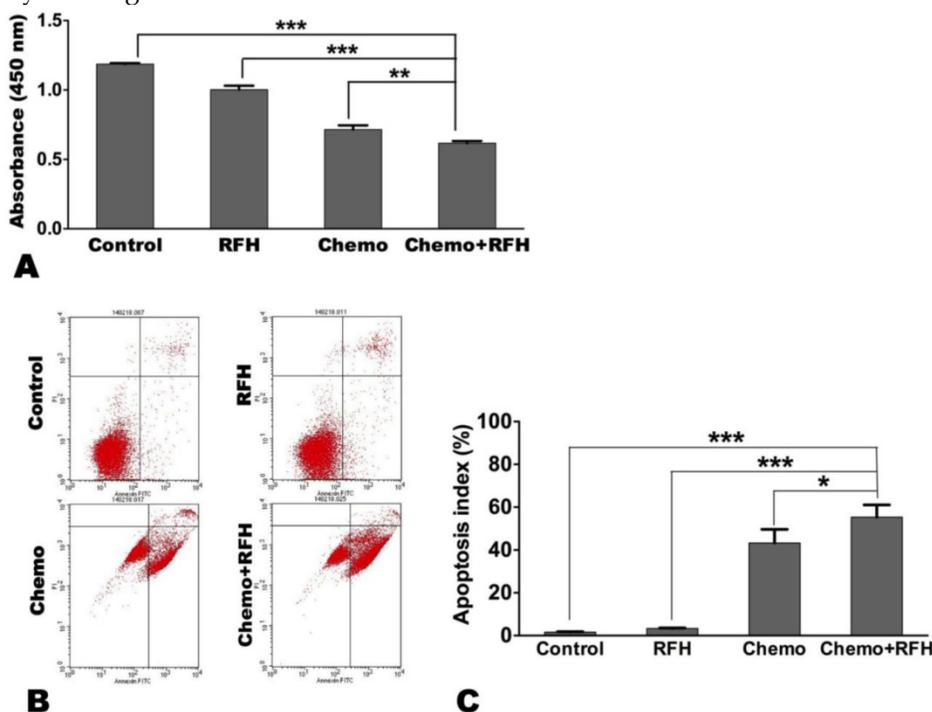


Figure 3. (A) Cell proliferation assay demonstrates that the proliferation of cells treated with combination therapy (chemo plus radiofrequency heat [RFH]) is significantly reduced compared to those receiving other treatments. (B) Representative results of apoptosis assay via flow cytometry. (C) Apoptosis assay shows a higher average apoptosis index in cells treated with combination therapy (chemo+RFH) compared to those receiving other treatments (*, $p < 0.05$; **, $p < 0.01$; ***, $p < 0.001$).

RFH-enhanced chemotherapy for breast cancer xenograft models

MRI demonstrated a significant tumor size reduction in mice treated with combination therapy compared to those receiving control, RFH-only, and chemo-only treatments in vivo (Figure 4). Such result was confirmed by subsequent pathological examination (Figure 5). The average RTV in the combination treatment group was significantly smaller than those

of the control, RFH-only, and chemo-only groups (0.86 ± 0.50 vs. 4.46 ± 1.16 vs. 2.85 ± 1.54 vs. 2.01 ± 0.33 , respectively, $p < 0.05$; Figure 5). The number of apoptosis cells and average apoptosis index in the combination therapy group were significantly higher than those in other three groups ($37.02 \pm 11.25\%$ vs. $9.80 \pm 4.22\%$ vs. $9.04 \pm 8.50\%$ vs. $23.29 \pm 10.92\%$, $p < 0.05$; Figure 6).

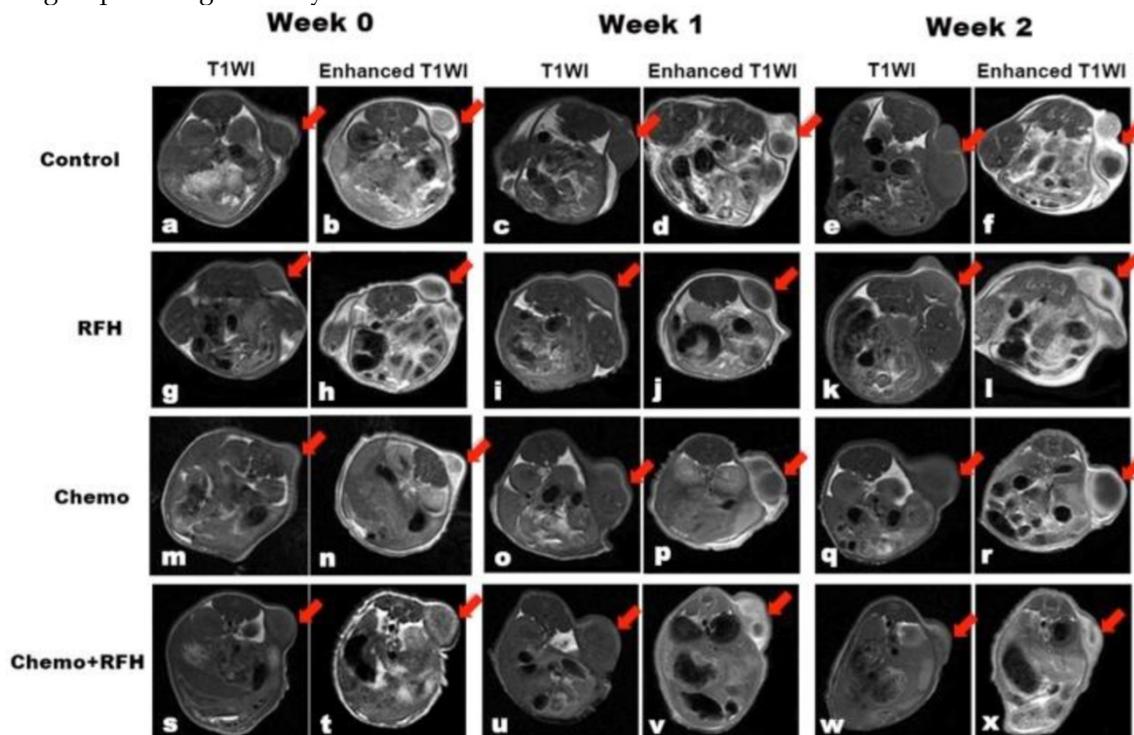


Figure 4. T1-weighted images (T1WI) of mice bearing breast cancer xenografts in all four treatment groups, demonstrating homogeneous hypointense tumor masses (arrows) on the animals' unilateral back. The tumor masses become hyperintense after intravenous administration of gadolinium (enhanced T1WI). The follow-up imaging of tumor growth at different time points shows that tumor size in the chemo plus radiofrequency heat (RFH) group (s-x) clearly decreases at week 2 after treatment (arrow on x), in comparison to those in the control (a-f), RFH-only (g-l), and chemo-only (m-r) groups.

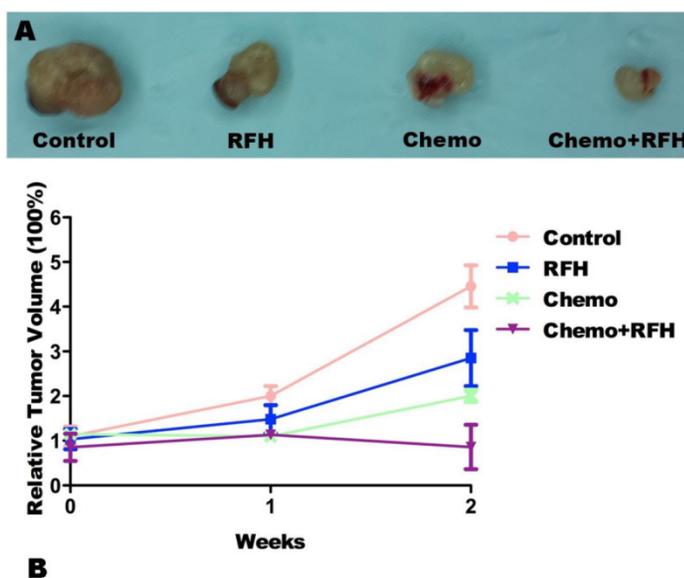


Figure 5. (A) Representative pathology of the tumor masses harvested from the four study groups further confirm the size reduction of tumor masses in mice receiving combination therapy with chemo plus radiofrequency heat (RFH). (B) Comparison of the relative tumor volume among the four treatment shows that RFH-enhanced chemotherapy significantly inhibits tumor growth at week 2 post-treatment.

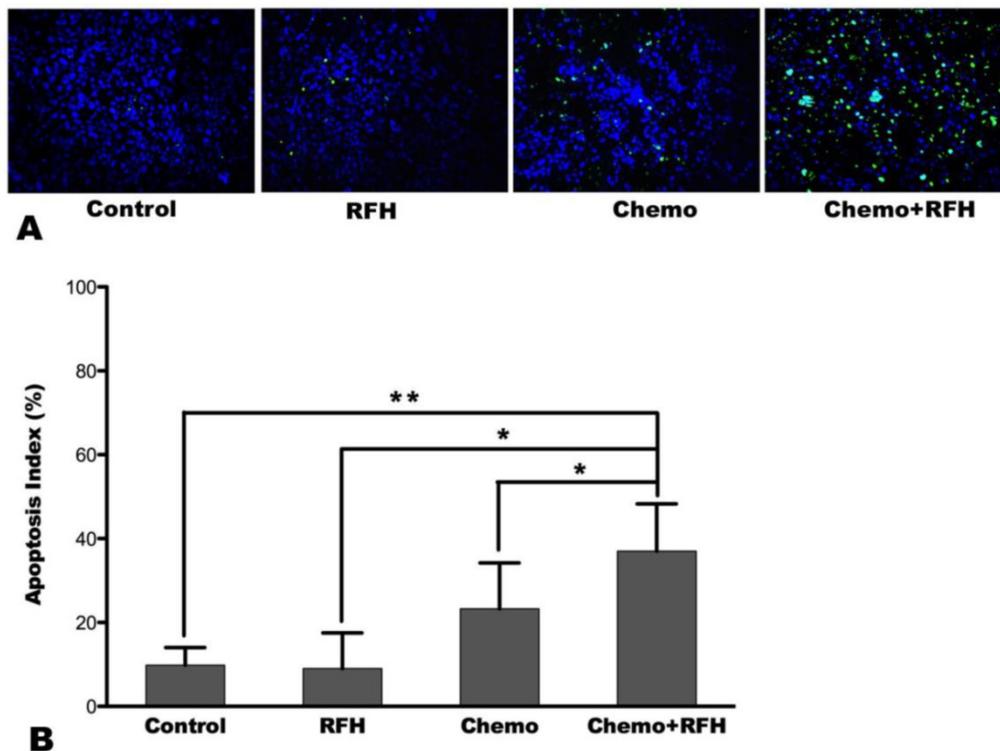


Figure 6. (A) Apoptosis assay demonstrates more apoptosis cells (green dots) in the combination therapy group (Chemo+RFH) than in other three groups, which is further confirmed by analysis of the apoptosis index, showing higher apoptosis index with combination treatment compared to other treatments (B) (*, $p < 0.05$; **, $p < 0.01$).

Discussion

Breast cancer is the most common malignancy in women worldwide. Although chemotherapy and hormone treatments have improved patient survival, ineffective chemotherapy remains a clinical problem owing to the disease's significant heterogeneity with different histologic components, gene-expression profiles, and mutational patterns [15]. Systemic administration of chemotherapy is conventional, but current technology does not guarantee sufficient accumulation of chemotherapeutic agents at the target tumors, whereas toxicities to other vital organs remain with systemic delivery [2, 16].

Recent developments of minimally-invasive interventional radiology technologies have significantly improved cancer management, including that of breast cancer [17, 18]. Under the guidance of imaging, one can precisely place the interventional devices to the target tumors, thereby delivering highly concentrated therapeutics to the targets. Such local approaches can avoid the systemic administration of chemotherapeutic agents and thus minimize toxicity to other organs [19, 20].

In the present study, we attempted to overcome the disadvantages of systemic chemotherapy for breast cancer by developing a novel interventional therapeutic approach that combined the benefits of multiple modalities including RF technology, inter-

ventional oncology, and chemotherapy. Our in vitro and in vivo results demonstrated that RFH could significantly improve the efficacy of chemotherapeutic agent (doxorubicin) in human breast cancer cells and that intratumorally delivered RFH could significantly enhance local chemotherapy for breast cancer. The mechanisms underlying RFH-enhanced chemotherapy might include heating to fracture tissue, increasing permeability of the cytoplasmic membrane, increasing cellular metabolism, and increasing the activity of heat shock proteins [21]. In addition, RFH itself may also impair the drug efflux ability of cancer cells. All these mechanisms facilitate the entrance of therapeutics into targeted tumor cells for effective destruction of tumor tissues, and thereby improve therapeutic outcome.

In addition, our novel technique potentially allows simultaneous intratumoral delivery of both chemotherapeutic agents and RFH, which might benefit conventional radiofrequency ablation (RFA) of tumors. RFA has become an important therapeutic tool for the treatment of unresectable tumors [22]. However, its application is limited in tumor masses that are in close proximity to normal structures prone to thermal injury, such as the vasculatures [23]. Furthermore, incomplete ablation often occurs at the tumor margins due to either decreased RFA heat by neighboring blood flows or irregularly shaped tumor masses being too large to be completely covered by

the RFA electrode field [24]. Ultimately, such drawbacks of incomplete ablation often result in recurrences of RFA-treated tumors. A combination of RFH-enhanced local chemotherapy and intratumoral RFA may provide the opportunity of using RFA-associated peritumor hyperthermia to specifically enhance chemo-destruction of the tumor margins while avoiding RFA-related thermal injuries to the normal structures adjacent to the RFA-treated tumor masses [25, 26].

Further efforts are required to determine whether this novel combination therapy approach can increase endpoint survival and to validate this new technique in different tumor models with optimization of administered regimens. Bcap-37 cells were relatively fast growing breast cancer cells, and thus we had to limit our follow-up time up to two weeks after the treatments. This was because longer follow-up period would result in the xenograft tumor masses, especially in the control animal group, becoming more than ten percent of the body weight, which was not approved by our Institutional Animal Care and Use Committee. Thus, as a limitation, this study did not allow us to evaluate the long-term therapeutic effects with follow-up MRI.

In conclusion, the results of our study indicated that RFH might enhance the therapeutic efficacy of intratumorally delivered chemotherapy for breast cancer, thus establishing the groundwork for future development of interventional molecular image-guided local chemotherapy for breast malignancy using RF technology-integrated interventional oncology and chemotherapy.

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Abbreviations

RFH: radiofrequency heat; MRI: magnetic resonance imaging; MRIHG: magnetic resonance imaging-heating-guidewire; RF: radiofrequency; CCK-8: Cell Counting Kit-8; FITC: fluorescein isothiocyanate; PI: propidium iodide; PBS: phosphate-buffered saline; T1WI: T1-weighted images; RTV: relative tumor

volume; TUNEL: terminal deoxynucleotidyl transferase-mediated nick end-labeling; DAPI: 4', 6-diamidino-2-phenylindole dihydrochloride; RFA: radiofrequency ablation.

Conflict of Interests

The authors have declared that no conflict of interest exists.

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