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ARTICLES FOR GENERAL PUBLIC / IEC MATERIALS

PSYCHIATRIC SOCIAL WORK

Abdul Salaam KP, Sudhir PM
(i) Information leaflet on Relaxation strategies. NIMHANS Centre for Well Being, Bangalore.

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Khanum K, Bhola P and Psychiatric Rehabilitation Services team.
(i) Two brochures on Psychiatric Rehabilitation Services, NIMHANS for mental health professionals and patients/caregivers.

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(ii) Savinalli Ondaguva Hosa Sanni (Kannada article): A special article. Vijaya Karnataka, 16th July 2012.
Mehrotra S, Bhattacharya A
(i) An information leaflet on “Growing as a Person” NIMHANS Centre for Well Being, Bangalore.

Mehrotra S, Jereesh K Elias, Rajeev Michael, Diptarup Chowdhury, Humera Banu, Anindita Bhattacharya
(ii) Information Video: Sources of youth inspiration in media.

Mehrotra S
(i) An information leaflet on Supporting your loved ones: What Works. NIMHANS Centre for Well Being, Bangalore.

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Epidemiology

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Sanjeev Jain, Pratima Murthy

Senthil Kumar Reddi
(ii) Huntington’s Disease. Patient and family education material, Movement Disorders Clinic and Genetic Counselling Clinic:
(iii) Common Mental Disorders. Patient education material NIMHANS Centre for Well Being and Consultation Liaison Psychiatry service.

Psychiatric Rehabilitation

Poornima Bhola (with PRS team members)
(i) Information flyer on recovery oriented services (English and Hindi), versions of the along with other members of the PRS team.
(ii) Brochure on Psychiatric Rehabilitation Services at NIMHANS: Versions for Mental Health Professionals and for Patients/Caregivers.
(iii) Posters for Psychiatric Rehabilitation Services for NIMHANS website.
(iv) Poster for NIMHANS-A Hundred Hands Collaboration for the general public.

Neurological Rehabilitation

Leaflets and brochures
(i) Information brochure on physiotherapy services; Home programme for cerebral palsy kids; Exercises for back and neck pain.
(ii) Leaflets on Home programme for Periarthritic shoulder; Home programme for Bell’s Palsy; Self Stretching Exercises Programme; Home programme on Balance Exercises.
Posters for public and education purpose
Back exercise and care for back; Chair exercise for elderly; Fitness exercise programmes – part 1; Fitness exercise programmes – part 2; Neck exercise and care for neck; Ergonomics part 1 and 2; Wheel chair parts; Wheel chair management; Ergonomics and its importance; Ergonomics: prevention is better than cure; Gait and rehabilitation; Neurological physiotherapy; Exercise therapy; Electrotherapy; Balance and gait lab; Vestibular rehabilitation; Theraband Co-ordination; Falls in elderly; Prevention of falls in elderly; Swiss ball; Electrotherapy contra indications.

Selva Ganapathy. V
Physiotherapy Evaluation forms for Neuro Rehabilitation services.

PSYCHIATRIC SOCIAL WORK

Sekar K, Kavitha Manoj, Sanjeevakumar

Vranda MN, Muralidhar D, Gangadhar BN, Shivaram Varamballi.

Dhanasekarapandian R
(i) National Alcohol Policy: Workshop for Stakeholders. The New Indian Express, Bangalore, 2 April 2012.
(ii) Training programme on Addiction Counselling. The New Indian Express, Bangalore, 4 June 2012.

PSYCHOPHARMACOLOGY

Andrade C.
(i) Do you have trans fat on your plate? Deccan Herald, Living, 2 March 2012.

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