



Upper Gastrointestinal Bleeding as the First Manifestation of Wegener's Granulomatosis

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ABSTRACT

Wegener's granulomatosis is an uncommon inflammatory disease that manifests as vasculitis, granulomatosis, and necrosis. It usually involves the upper and lower respiratory tracts and kidneys. Although it may essentially involve any organ, gastrointestinal (GI) involvement is notably uncommon.

A 20-year-old male patient presented with epigastric pain, vomiting, hematemesis, and melena. On physical examination, he was pale. There was no abdominal tenderness or organomegaly. Upper GI endoscopy revealed dark blue-colored infiltrative lesions in prepyloric area. Evaluation of the biopsy sample showed mononuclear cell infiltration in the submucosal area, hyperplastic polyp, and chronic gastritis. High dose proton pump inhibitor and adjunctive supportive measures were given but no change in the follow-up endoscopy was detected. During hospital course, he developed intermittent fever and serum creatinine elevation. 12 days after admission, he developed dyspnea, tachypnea, and painful swelling of metacarpophalangeal joints, and maculopapular rash in extensor surface of the right forearm. Chest radiography showed pulmonary infiltration. Serum c-ANCA titer was strongly positive and skin biopsy revealed leukocytoclastic vasculitis. The patient received methylprednisolone pulse, which resulted in complete recovery of symptoms and gastric lesion.

The present case indicates that GI bleeding may be the first manifestation of Wegener's granulomatosis. Moreover, it should be emphasized that gastric biopsy is not characteristic or diagnostic in such patients.

KEYWORDS

Wegener's granulomatosis; Gastrointestinal symptoms, Vasculitis, ANCA.

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INTRODUCTION

Wegener's Granulomatosis (WG), also known as granulomatosis with polyangiitis is a systemic small-vessel vasculitides associated with anti-neutrophil cytoplasmic antibodies (ANCA).¹ WG is an uncommon and severe granulomatous necrotizing vasculitis, which affects the upper and lower respiratory tracts and kidneys.² It can present with multiple pulmonary and renal lesions, including pulmonary nodule, cavitary lung lesions, fibrosis, and a rapidly progressive crescentic glomerulonephritis of the kidney.^{1,3}

Gastrointestinal (GI) manifestations of WG are uncommon and gastric in-

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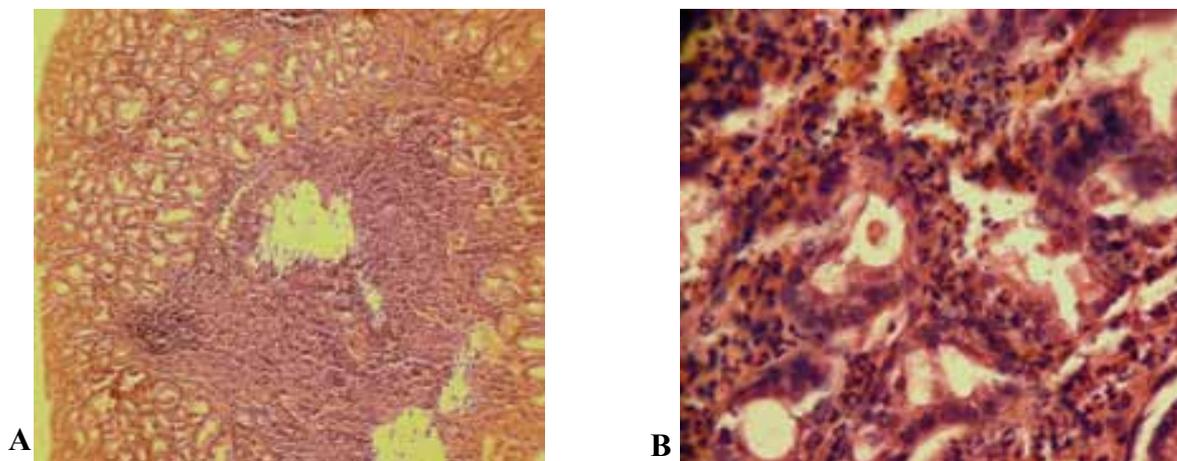


Fig.1: Gastric biopsy (H & E staining): **A)** low magnification (X 100) shows focal gastritis. **B)** High magnification (X 400) reveals active chronic gastritis.

involvement is rare and non-specific. A review of literature showed only two cases in whom gastric involvement, as massive and frequent gastric hemorrhages were the presenting features.⁴⁻⁶

CASE REPORT

A 20-year-old white male patient presented with epigastric pain, vomiting, hematemesis, and melena since 10 days prior to the admission. He had the history of recurrent sinusitis and frequent ibuprofen consumption. There was no other significant medical history and he was not an active smoker. He was conscious with stable vital signs, had nasal speech and no scleral icterus. Examination of neck, ears, and nose showed purulent post-nasal discharge. Heart, lung, and abdominal examinations were not remarkable. Upper GI endoscopy revealed blue black colored necrotic infiltrative lesions in prepyloric area (about 5 cm long). The biopsy revealed focal mononuclear cell infiltration in the mucosal area associated with active gastritis. There was no vasculitis or granuloma and also no organism was identified on Giemsa staining (figure 1).

High dose proton pump inhibitor and adjunctive supportive measures were given but the patient had recurrent hematemesis. No visible changes in repeated endoscopies were detected. During the hospital course, he developed intermittent fever and elevation of serum creatinine. Serum hemoglobin level demonstrated decreasing pattern and two units of packed cells were trans-

fused. In 12 days after admission, dyspnea-tachypnea, and painful swelling of metacarpophalangeal joints, and maculopapular rash in extensor surface of the right forearm were developed.

On physical examination, pericardial friction rub, bilateral decreased breathing sounds, and basilar fine crackle were detected. Chest radiography and high resolution computed tomography of the lung revealed high normal heart shadow, bilateral basilar alveolar opacities, and bilateral pleural effusions (figure 2). Echocardiography revealed pericardial effusion. Urinalysis revealed many dysmorphic RBCs without RBC casts and 8-10 WBCs/hpf. Serum creatinine level rose from 1 to 3.3 mg/dL. Leukocytosis (20700) with PMN dominancy was detected. After taking appropriate culture specimen, antibiotic was administered without any response. Other laboratory investigations showed the following data: serologic tests for hepatitis B, hepatitis C, and human immunodeficiency viruses showed negative results, electrolyte profile, and antinuclear antibodies were normal, C-reactive protein was 2+, and serum c-ANCA (anti-neutrophil cytoplasmic antibody) titer was strongly positive (455.5). A biopsy of skin revealed leukocytoclastic vasculitis.

According to clinical course and mentioned paraclinical findings diagnosis of WG was made on and treatment with methylprednisolone pulse 1000 mg daily was started. The patient showed clinical improvement and gradual disease resolution. Five days later, upper GI endoscopy



Fig.2: Chest radiograph and high resolution computed tomogram of lung showing pulmonary infiltrations.



Fig.3: Upper gastrointestinal endoscopy showing antral and prepyloric lesions five days after treatment

showed significant improvement (figure 3). Treatment was continued by prescribing cyclophosphamide monthly pulse. Gastric lesion was completely healed and GI bleeding did not recur after 6 months follow-up. All pulmonary, renal, articular, and skin lesions were recovered.

DISCUSSION

Most patients with WG show multisystemic disease in clinical course.⁷ However, GI involvement is very uncommon and is usually detected in autopsy studies.⁸ Involvement of the GI tract in WG is relatively rare and usually occurs several years after the onset of initial symptoms and its treatment.^{9,10} A large prospective study of 158 patients with WG showed no gastrointestinal involvement throughout the course of disease.¹ The small bowel is the most common site involved by

WG.^{12,13} Clinically, gastrointestinal WG mimics inflammatory and infectious bowel diseases.¹⁴ WG may mimic Crohn's disease with granulomatous gastritis or ileitis,^{15,16} Inflammatory ileocolitis with hemorrhage, gangrenous cholecystitis, and bowel infarction, which have been reported earlier.¹⁷

Furthermore, three patients with esophageal involvement were reported. A patient whose initial presentation of WG was odynophagia secondary to esophageal vasculitis was described in whom multiple punched out ulcerations in the esophagus were detected, which resolved by standard therapy for systemic WG.¹⁸

In 1990, the American College of Rheumatology (ACR) established the criteria for the classification of WG as follows: (1) Nasal or oral manifestation (painful or painless oral ulcers or purulent or bloody nasal discharge) (2) Abnormal Chest radiography showing nodules, fixed infiltrates, or cavities (3) Abnormal urinary sediment (microscopic hematuria with or without red cell casts) and (4) Granulomatous inflammation on biopsy of an artery or perivascular area. Patients should have at least 2 of these 4 criteria to be labeled as having WG.¹⁹

The diagnosis of WG was based on the clinical manifestations, imaging studies showing progressive multisystem involvements especially renal, and upper and lower respiratory tracts, skin biopsy, and presence of high titer of c-ANCA. The diagnosis was further supported in our patient by mild leukocytosis and normocytic normochromic anemia. Presence of c-ANCA or PR3-ANCA by immunofluorescence is recognized as a

reliable and valuable diagnostic tool with high specificity in the absence of histopathological evaluation for the diagnosis of WG and is extremely helpful in differentiating WG from other diseases.²⁰ Occasionally, patients with infections, neoplasms, inflammatory bowel disease, sclerosing cholangitis, and other rheumatologic diseases develop ANCA, but these are predominantly perinuclear ANCAs (p-ANCA) or exhibit an atypical staining pattern.²¹

Our patient had a long history of recurrent sinusitis, which may represent a slowly progressive mild WG. He fulfilled three ACR criteria for diagnosis of WG. In addition, the diagnosis was further supported by mild leukocytosis and normocytic normochromic anemia and high titer of C-ANCA.

The histological proof of necrotizing vasculitis is dependent on the depth of the biopsy and therefore, can be easily missed.²² In our patient, stomach lesion appearance was not typical for peptic ulcer or tumoral mass. It was a blue black necrotic lesion and the biopsy was not diagnostic. Treatment was initiated with pulse of steroid and cyclophosphamide, according to the clinical course and laboratory findings especially high titer of c-ANCA. Response to treatment was achieved in short-term. Immunosuppressive therapy combined with routine antiulcer treatment has been shown very effective in repairing ulcerative lesions.²³ Application of aggressive immunotherapy in this disease is justified because survival in patients with untreated WG is extremely poor.²⁴

In conclusion, upper GI bleeding may be the first presenting feature of WG. Considering this fact can lead to an early diagnosis and treatment, thereby to avoid unnecessary surgery and potential mortality.

CONFLICT OF INTEREST

The authors declare no conflict of interest related to this work.

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