

1 **Comprehensive analysis of Japanese archipelago population history by**
2 **detecting ancestry-marker polymorphisms without using ancient DNA data**

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13

14 **Abstract**

15

16 Modern Japanese have two major ancestral populations: the indigenous Jomon
17 people and immigrants from continental East Asia. To figure out the population
18 history in Japanese archipelago, we developed a reference-free detection
19 method of genetic components from ancestral populations using a summary
20 statistic, the ancestry-marker index (*AMI*). We applied the *AMI* to modern
21 Japanese samples and identified 208,648 SNPs that were likely derived from the
22 Jomon people (Jomon-derived SNPs). The analysis of Jomon-derived SNPs in
23 10,842 modern Japanese individuals recruited from all the 47 prefectures of
24 Japan showed that the genetic differences among the prefectures were mainly
25 caused by differences in the admixture proportion of the Jomon people and the
26 population size of immigrants varied between regions in mainland Japan. We
27 also estimated the migration route of the ancestral Jomon population to
28 Japanese archipelago and their phenotype frequencies based on the haplotype
29 structures of modern Japanese composed of Jomon-derived SNPs.

30

31 **Introduction**

32

33 Modern Japanese populations are divided into three main populations: the
34 Ainu, who live mainly in Hokkaido; the Ryukyuan, who live mainly in Okinawa;
35 and mainland Japanese, who live in Honshu, Shikoku, and Kyushu (Fig. 1). As a
36 powerful hypothesis of the formation processes of Japanese populations, a dual
37 structure model¹ was proposed based on morphology. This model assumes that
38 Japanese originated through a mixture of the Jomon people, who settled in the
39 Japanese archipelago during the Jomon period (from 16,500 YBP to 2,800
40 YBP)²⁻⁴, and the immigrants came to the Japanese archipelago from continental
41 East Asia around the beginning of the Yayoi period (around 2,800 YBP)⁴.
42 According to this model, compared to mainland Japanese, the Ainu and the
43 Ryukyuan were genetically less influenced by immigrants. Findings from
44 genetical studies not only support the dual structure model, but also reveal the
45 detailed population history of Japanese archipelago⁵⁻¹¹. Whole-genome
46 analyses extracted from the remains of the Jomon people have suggested that
47 the Jomon were highly differentiated from other East Asians, forming a basal
48 lineage to the East and Northeast Asians^{8,10,11}. The genetic relationship between
49 a Jomon individual and other East Asians suggested that the ancestral
50 population of the Jomon people is one of the earliest-wave migrants who might
51 have taken a coastal route on the way from Southeast Asia toward East Asia¹¹. It
52 was also revealed that the Jomon people were genetically closely related to the
53 Ainu/Ryukyuan, and that 10–20% of genomic components found in mainland
54 Japanese are derived from the Jomon people^{8,10}. Altogether, though some

55 previous studies on ancient Jomon genomes have referred to the population
56 history of Japanese archipelago, these studies were based on a single Jomon
57 individual. To understand the population-level characteristics, genetic
58 information for multiple individuals is essentially required. The fact that the
59 genomes of modern Japanese have inherited Jomon-derived genomic
60 components means that the genomes of the modern Japanese contains
61 equivalent genetic information of multiple individuals of the Jomon people. With
62 such information, we can clarify, for example, how they admixed in the Japanese
63 Archipelago. From regional differences in the Jomon-derived genomic
64 components of modern Japanese, we can infer the admixture process between
65 the Jomon people and continental East Asians in Japanese archipelago. It will
66 also provide more reliable results on the migration route of the ancestral Jomon
67 population to the Japanese archipelago, which has been discussed based on
68 the genome of a single Jomon individual^{10,11}. Moreover, while the previous study
69 have referred to the phenotype of a single Jomon individual¹⁰, genomic
70 information of modern Japanese will reveal the phenotypic characteristics of the
71 Jomon people as a population (i.e. phenotype frequency). In order to achieve
72 the above objectives, the present study attempted to detect Jomon-derived
73 genomic components of modern Japanese.

74

75 In populations derived from a mixture of two source populations,
76 recombination between haplotypes from different source populations inevitably
77 occurs after the admixture event. As a result, haplotypes from two ancestral
78 populations are patchily present in the chromosomes of admixed population,

79 and the alleles in the haplotypes from each ancestral population are in linkage
80 disequilibrium (LD) with each other (Supplementary Fig. 1). Most existing
81 methods¹²⁻¹⁶ for estimating the local ancestry of genomes using the LD state
82 require genome information of ancestral populations or of modern populations
83 as proxies of ancestral populations. In the Japanese population, only a few
84 Jomon individuals⁸⁻¹¹ have been sequenced so far. Furthermore, the sequence
85 depths of these samples are low, except for the Funadomari Jomon¹⁰ people
86 excavated from Rebun Island in Hokkaido, making it difficult to obtain sufficient
87 genome information to accurately estimate the local ancestry of modern
88 Japanese (i.e., the genomes of many Jomon individuals are required to perform
89 highly accurate studies). Therefore, at present, it is not possible to estimate the
90 local ancestry of modern mainland Japanese using previous methods. In this
91 study, we developed a method using a summary statistic, the Ancestry-Marker
92 Index (*AMI*), to detect ancestry-marker SNPs derived from the Jomon people in
93 modern mainland Japanese that does not require genomes obtained from
94 Jomon skeletal specimens. The *AMI* was developed with inspiration from S*,
95 detecting archaic-hominin-derived haplotypes using the specific SNPs in the
96 out-of-Africa population which assumed to be originate from admixture of archaic
97 hominin and early Eurasians¹⁷⁻²⁰. Since the Jomon people have been found to
98 be highly differentiated from other East Asians^{8,10}, they are expected to have
99 had specific variants that were not found in other East Asians. Thus, the modern
100 mainland Japanese also likely have specific variants derived from the Jomon
101 people. The *AMI* detects the Jomon-derived variants based on the LD between
102 Japanese specific variants. Based on the *AMI*, we could successfully extract the

103 Jomon-derived variants from real genomic data of the Japanese. Using
104 Jomon-derived variants, we conducted comprehensive analysis to elucidate the
105 population history of the Japanese archipelago population; for example, regional
106 differences, the migration route to Japanese archipelago and phenotypes of the
107 Jomon people. Based on these results, we propose a model of admixture
108 between the Jomon people and immigrants from continental East Asia in the
109 Japanese Archipelago.

110

111

112 **Results**

113

114 **Performance of *AMI***

115

116 To confirm the usefulness of the *AMI*, we performed a coalescent
117 simulation assuming a mixture of the Jomon people and continental East Asians
118 (Supplementary Fig. 2). The preliminary 10 Mb simulation suggested that
119 modern Japanese still have haplotypes of several megabases that are derived
120 from the Jomon people (see Supplementary Fig. 3 and Supplementary Note 1).

121

122 There are three types of Japanese specific variants: (type 1) Jomon-derived
123 variants, which appeared in the Jomon lineage before the admixture event; (type
124 2) variants derived from continental East Asians, which appeared in the
125 continental East Asian populations and were moved into the Japanese lineages
126 through the admixture, but were eventually lost in the East Asian population; and
127 (type 3) novel variants that appeared only in Japanese lineages after the
128 admixture (Supplementary Fig. 4). Our aim is to distinguish Jomon-derived
129 variants (type 1) from (type 2) and (type 3). Of these Japanese specific variants,
130 the Jomon-derived variants (type 1) are considered to be accumulated on the
131 same haplotype or to be in strong LD with each other (Supplementary Fig. 4 (b)).

132 In the subsequent 1 Mb simulation, Japanese specific variants (types 1, 2, and
133 3) were extracted from each genealogy. The distributions of *AMI* for
134 Jomon-derived variants (type 1) and other variant types (types 2 and 3) are
135 shown in Fig. 2 (a). *AMI* is determined by first calculating the linkage

136 disequilibrium coefficient r^2 between Japanese specific variant pairs, and then
137 counting the number of variants with $r^2 > 0.01$ for a focal Japanese specific
138 variant. It was found that Jomon-derived variants (type 1) had larger *AMI* values
139 than the other Japanese specific variants (types 2 and 3). Fig. 2 (a) indicates
140 that although variant pairs with linkage disequilibrium coefficient $r^2 > 0.01$ can
141 occur by chance, the number of variant pairs with $r^2 > 0.01$ is much larger in
142 Jomon-derived variants (type 1) than in other Japanese specific variants (type 2
143 and 3). The receiver operating characteristic (ROC) analysis showed that
144 Jomon-derived variants (type 1) could be distinguished from the other Japanese
145 specific variants (types 2 and 3) by the *AMI* (area under the curve [AUC] = 0.91;
146 Fig. 2 (b). AUC takes a value from 0 to 1, and the closer the value is to 1, the
147 better to distinguish positive from negative.). The Youden index, a measure of
148 the cutoff value, was 28.0374. We performed further simulations, varying the
149 split time between the Jomon people and continental East Asians or the effective
150 population size in simulation, to confirm robustness of *AMI* to different population
151 history. Though the value of the Youden index varied depending on the
152 population history assumed, the Jomon-derived variants could be accurately
153 detected (Supplementary Fig. 5). According to Fig. 2, we set the threshold for
154 detecting Jomon-derived variants at *AMI* > 28.0374.

155

156 We also attempted to detect the Jomon-derived genomic components by
157 $S^{*17,18}$, a reference-free method previously proposed, and found that S^* was
158 unable to detect the Jomon-derived genomic components, perhaps due to an

159 insufficient number of Jomon-derived specific variants of mainland Japanese
160 (Supplementary Fig. 6 and Supplementary Note 2).

161

162 **Detection of Jomon variants in real data**

163

164 Using the data set of 87 KPGP Koreans²¹ and 26 global populations of
165 1KG²², approximately 1.7 million SNPs were found to be specific to mainland
166 Japanese (1KG JPT). Of these 1.7 million SNPs, 208,648 SNPs exceeding the
167 threshold of *AMI* were regarded as Jomon-derived SNPs. Jomon-derived SNPs
168 were distributed throughout the autosomal genome (Supplementary Fig. 7).
169 Hereafter, at the Jomon-derived SNPs, an allele only found in the mainland
170 Japanese population is called a “Jomon allele.”

171

172 To examine the detection accuracy of Jomon-derived SNPs, we calculated
173 the *JAS* for the Ikawazu^{9,11}/Funadomari¹⁰ Jomon individuals and mainland
174 Japanese. If Jomon-derived SNPs were properly detected by the *AMI*, the *JAS*
175 of the Ikawazu or Funadomari Jomon were expected to be higher than those of
176 mainland Japanese. Of the JPT mainland Japanese, NA18976 was genetically
177 close to continental East Asians in PCA (Supplementary Fig. 8) and was
178 expected to have a lower *JAS*. The distribution of the *JAS* is shown in
179 Supplementary Fig. 9. The mean *JAS* of 103 mainland Japanese individuals,
180 excluding NA18976, was 0.0164. As expected, NA18976 had the lowest *JAS*,
181 0.00269, which was much lower than that of the other mainland Japanese. The
182 *JAS* in the Ikawazu/Funadomari Jomon were 0.0523 and 0.0555, respectively,

183 indicating that the Jomon alleles were found more frequently in Jomon people
184 than in the modern mainland Japanese. These results suggest that the *AMI*
185 could detect SNPs derived from the Jomon people. It should also be noted that
186 the *JAS* values were only a few % for both Jomon individuals, which suggests
187 that the number of Jomon-specific variants obtained from *AMI* analyses of
188 modern Japanese were several tens of times greater than that obtained from the
189 whole genome sequence of a single Jomon individual.

190

191 **Detection of regional genetic differences in mainland Japanese by** 192 **Jomon-derived SNPs**

193

194 ***JAS* by region and prefecture**

195 Previous prefecture-scale population studies showed that the Tohoku,
196 Kanto, and Kyushu populations (Fig. 1) are genetically more closely related to
197 the Ryukyuan, while the Kinki and Shikoku populations are more closely related
198 to continental East Asians^{23,24}. Based on these facts, we hypothesized that the
199 genetic regional differences among the modern mainland Japanese are caused
200 by regional geographical differences in the admixture proportion of the Jomon
201 and immigrants from continental East Asia. To verify this, we calculated the
202 average *JAS* for each geographic region and prefecture from imputed genotypes
203 of 3,917 Jomon-derived SNPs of 10,842 Japanese individuals previously used
204 for regional population genetic analysis²⁴. We removed the Hokkaido samples,
205 which were largely affected by the immigration of Japanese after the Meiji period,
206 for subsequent analysis and a total of 10,412 samples were used. The samples

207 of each prefecture except for Hokkaido were divided into ten regions: Tohoku,
208 Kanto, Hokuriku, Chubu, Tokai, Kinki, Chugoku, Shikoku, Kyushu, and Okinawa
209 in accordance with a previous study²⁵ (Fig. 1 and Supplementary Table 1). The
210 *JASs* in these ten geographical regions are presented in Fig. 3 (a) and
211 Supplementary Table 2. We found that the *JAS* was the highest in Okinawa
212 (0.0255), followed by Tohoku (0.0189) and Kanto (0.018), and the lowest in Kinki
213 (0.0163), followed by Shikoku (0.016). In prefecture scale, the average *JAS* in
214 mainland Japan tended to be higher in prefectures located in the northernmost
215 and southernmost parts of mainland Japan (Fig. 3 (b) and Supplementary Table
216 3). The *JAS* was especially high in Aomori (0.0192), Iwate (0.0195), Fukushima
217 (0.0187), and Akita (0.0186) prefectures of the Tohoku region, as well as
218 Kagoshima Prefecture (0.0186) in Kyushu. Japanese individuals in these
219 prefectures are considered to possess more Jomon-derived genomic
220 components than those in other prefectures. Prefectures with lower *JASs* were
221 in the Kinki and Shikoku regions, including Wakayama (0.0157), Nara (0.0156),
222 Kochi (0.016), Tokushima (0.0161), and Mie (0.0161). These populations are
223 considered to have more genomic components derived from continental East
224 Asians. The *JAS* of each prefecture and the principal component 1 (PC1) value,
225 which was obtained from the principal component analysis (PCA) of a previous
226 study by the allele frequency of autosomal 183,708 SNPs in each prefecture²⁴
227 are plotted in Fig. 3 (c). The *JAS* was strongly correlated with PC1 ($R = 0.91$,
228 two-sided t -test $P = 2.2 \times 10^{-16}$). The geographic distribution was not changed by
229 tighter cutoff values ($AMI > 100$) for the detection of Jomon-derived SNPs by
230 *AMI* (Supplementary Fig. 10 and Supplementary Note 3).

231

232 To confirm the results from *JAS*, f_3 statistic²⁶ was calculated for a single
233 Jomon individual^{10,11} (Supplementary Fig. 11 and Supplementary Table 4). The
234 distribution of f_3 (each prefecture; Jomon individual, CHB) (Supplementary Fig.
235 11) was similar to the distribution of the *JAS*s shown in Fig. 3(b). The f_3 was
236 generally small in prefectures with high *JAS*s, such as Kagoshima Prefecture in
237 Kyushu and Aomori and Iwate Prefectures in Tohoku, and was large in the
238 prefectures of regions with low *JAS*s, such as Kinki and Shikoku. Based on
239 these two findings: a correlation between the *JAS* and the PC1 of Fig. 3 (c) and
240 the concordance between the geographical distribution of f_3 and *JAS*, it is
241 strongly suggested that the genetic regional differences of modern Japanese
242 can be explained mainly by regional geographical differences in the admixture
243 proportions of the Jomon people. It should be emphasized that the admixture,
244 although to varying degrees, widely occurred throughout the Japanese
245 archipelago. Notably, prefectures in the Tohoku region showed higher *JAS*s
246 than those in the Kyushu region. However, f_3 values were lower in Kyushu than
247 in Tohoku. Since the Jomon-derived SNPs were detected in 1KG JPT
248 (Japanese living in Tokyo), the specific variants possessed by the Jomon people
249 of the Kyushu region may not have been detected, and thus the *JAS* in Kyushu
250 may have been underestimated. In other words, these results could reflect
251 differences in the genetic background of Jomon people in Tohoku and Kyushu.
252 Overall, the geographical gradient of f_3 in mainland Japan was more consistent
253 with the *JAS* than the distances from the locations (Funadomari and Ikawazu)
254 where Jomon samples were taken.

255

256 We assumed that the regional differences in the *JAS* were related to
257 regional differences in population size during the Jomon period. Therefore, we
258 examined the correlation between *JAS* and three indexes related to the Jomon
259 population size. The *JAS* of each prefecture was significantly correlated with the
260 number of archeological sites from the Jomon period ($R = 0.69$, two-sided *t*-test
261 $P = 1.27 \times 10^{-7}$; Fig. 4 (a)). The *JAS* of each region also correlated with the
262 population size estimated from the number of archeological sites in the Late
263 Jomon period ($R = 0.7$, two-sided *t*-test $P = 3.6 \times 10^{-2}$; Fig. 4 (b)). Moreover, the
264 *JAS* of each prefecture was strongly correlated with $\log_{10}(\text{number of}$
265 archeological sites in the Yayoi period/number of archeological sites in the Late
266 Jomon period) ($R = -0.64$, two-sided *t*-test $P = 2.08 \times 10^{-6}$; Fig. 4 (c)). It is
267 considered that Figs. 4 (a) and (b) correspond to Jomon population size in the
268 Jomon period and Fig. 4 (c) corresponds to the population growth rate occurring
269 from the Late Jomon period to the Yayoi period. The correlation between *JAS*
270 and population size in each region suggests that the smaller the population size
271 in the Jomon period, the lower *JAS* in modern mainland Japan (i.e., the higher
272 contribution of genomic components of immigrants from continental East Asia).

273

274 To summarize the above results, we can conclude that genetic differences
275 among the regions of the modern Japanese population were mainly caused by
276 differences in the admixture proportion of the Jomon people and that differences
277 in the admixture proportion were caused by differences in the population sizes in
278 each region during the Final Jomon period. Regarding these, previous

279 morphological analyses showed that, of several populations in Japan, the
280 Hokkaido Ainu and contemporary Kinki populations had contrasting cranial
281 morphologies, while other modern regional populations were intermediate, with
282 the Tohoku population being relatively similar in morphology to the Hokkaido
283 Ainu^{1,27}. Archeological evidence suggests that immigrants from continental East
284 Asia first reached northern Kyushu², which seems contradictory considering that
285 the *JAS* was lower in the Kinki and Shikoku regions than in northern Kyushu.
286 The reason for this could be that the Kinki and Shikoku regions had a smaller
287 population size during the Final Jomon period (Fig. 4), and thus, the proportion
288 of genomic components derived from the immigrants became larger than in the
289 other regions. In this study, we could clearly evaluate the similarity of local
290 populations to the Jomon people using the Jomon-derived SNPs, and could
291 clarify the main cause of genetic differences among the regional populations in
292 mainland Japan.

293

294 **PCA of prefectures according to Jomon allele frequency**

295

296 A PCA was conducted for 46 Japanese prefectures using Jomon allele
297 frequencies (Supplementary Fig. 12 (a)). This PCA demonstrated that Okinawa
298 Prefecture was separated from the other prefectures by PC1. Next, 45
299 prefectures in mainland Japan (Okinawa was excluded from further analyses
300 based on Supplementary Fig. 12 (a)) were analyzed in PCA (Supplementary Fig.
301 12 (b)). The PC1 showed that prefectures in the Tohoku and Kanto regions,
302 where higher *JAS*s were observed among Japanese prefectures, were greatly

303 differentiated from prefectures in Kinki and Shikoku, where lower *JAS*s were
304 observed (Fig. 3). The *JAS* was strongly correlated with the PC1 of
305 Supplementary Fig. 12 (b) ($R = -0.94$, $P < 2.2 \times 10^{-16}$; Supplementary Fig. 13),
306 which shows that PC1 reflects the ancestry proportion of Jomon people in each
307 prefecture. In contrast, the PC2 of Supplementary Fig. 12 (b) was strongly
308 correlated with both the latitude and longitude of each prefecture (latitude: $R =$
309 0.78 , two-sided t -test $P = 2.30 \times 10^{-10}$, longitude: $R = 0.66$, two-sided t -test $P =$
310 9.31×10^{-7} ; Supplementary Fig. 14 (a) and (b)). These results indicate that the
311 PC2 is determined by the geographical location of each prefecture, which might
312 reflect that the genetic background of the Jomon people may differ according to
313 the geographical locations in the Japanese archipelago. Previous studies have
314 shown regional differences in the skeletal morphology of the Jomon people in
315 the Japanese archipelago^{28–32}. For example, Kondo et al. suggested that Jomon
316 craniofacial morphology, especially in the neurocranium, exhibit a
317 northeast-to-southwest geographical cline across the Japanese archipelago³².
318 To the best of our knowledge, including studies with ancient Jomon genomes,
319 this is the first genome-wide study to refer to the genetic regional differences
320 among the Jomon people in the Japanese archipelago.

321

322 **Genetic relationships between the Jomon people and other East Asians**

323

324 To clarify the genetic relationship between the Jomon people and other East
325 Asian populations, we estimated allele frequencies of genome-wide SNPs in the
326 Jomon people based on the haplotype structures composed of Jomon-derived

327 SNPs in the modern Japanese (Supplementary Fig. 15, Methods in detail). The
328 $f_3(\text{Onge}; \text{Estimated Jomon frequencies}, X)$ was calculated using Onge as the
329 outgroup of East Asians in line with a previous study¹¹. The f_3 values for various
330 East Asians used as X are shown in Fig. 5. The maximum value of f_3 was
331 obtained when the Ikawazu Jomon was used as X ($f_3=0.0656$), suggesting that
332 our estimation reflects the allele frequencies of the Jomon people. In a previous
333 study, a particularly strong genetic affinity was found between the Ikawazu
334 Jomon individual and Taiwan aborigines, suggesting that the ancestral
335 population of the Jomon people migrated through the coastal areas of East Asia
336 (=coastal route). However, in this study, the f_3 values for Taiwan aborigines (Ami
337 and Atayal) were lower than Tujia and Miao. In other words, our study failed to
338 replicate a particularly strong genetic affinity between the Taiwan aborigines and
339 the Jomon people. For comparison, we calculated $f_3(\text{Onge}; \text{Ikawazu Jomon or}$
340 $\text{Funadomari Jomon}, X)$ using the Ikawazu or Funadomari Jomon individual
341 whose genome had been sequenced in previous studies (Supplementary Fig
342 16). In the case of Ikawazu Jomon, a strong genetic affinity was observed with
343 Ami and Atayal, while in the Funadomari Jomon, the affinity was similar to or
344 lower than that of Dai, Tujia and Miao. These results do not strongly support the
345 coastal route obtained in the previous study of the single ikawazu Jomon
346 genome, which seems not precisely reflect the population history of the Jomon
347 people due to a sampling bias. Although higher f_3 values were observed for Ami
348 and Atayal among East Asians in the previous study of the Funadomari Jomon
349 individual¹⁰, the previous f_3 analysis differs from the present study in that Mbuti
350 (an African population) was used as the outgroup. The results of f_3 analysis

351 would vary depending on the outgroup setting. However, it is common between
352 our estimated allele frequency of the Jomon people, Ikawazu and Funadomari
353 that f_3 was lower when Southeast Asian populations (Burmese, Thai, and
354 Cambodian) and Tibetan populations (Tibetan, Sherpa, and Chokhopani (an iron
355 age individual (3.0–2.4 kya)) were used as X (Fig. 5 and Supplementary Fig. 16).
356 The previous study showed that the ancestral population of the Jomon people
357 migrated to East Eurasia through the southern side of the Himalayas (=southern
358 route)¹¹. A previous study of modern and ancient East Asians including the
359 seven Jomon individuals suggest that the Jomon people have two ancestry
360 components from ancient East Asians, i.e. the Interior South ancestry and the
361 Coastal ancestry³³. Considering the results of this study and previous studies, at
362 least the ancestral population of Jomon people seem to have migrated to the
363 Japanese archipelago from the south of East Eurasia (southern parts of the
364 Himalayas) via the southern of China, although it cannot be concluded whether
365 they passed through coastal or inland areas.

366

367 **Haplotype structures composed of Jomon-derived SNPs in genes** 368 **associated with characteristic phenotypes of East Asians**

369

370 To estimate the phenotype frequencies in the Jomon people, we
371 investigated the haplotype structures of four genes (*ABCC11*, *EDAR*, *ALDH2*,
372 and *ADH1B*), each having a nonsynonymous SNP associated with characteristic
373 phenotypes of East Asians^{34–39}. The derived alleles of these four
374 nonsynonymous SNPs are associated with the following phenotypes: *ABCC11*

375 rs17822931: dry ear wax³⁴, *EDAR* rs3827760: thicker hair³⁵ and shovel-shaped
376 incisors³⁶, and *ALDH2* rs671 and *ADH1B* rs1229984: lower alcohol tolerance³⁷⁻
377 ³⁹. Haplotype structures composed of Jomon-derived SNPs are shown in Fig. 6.
378 The haplotypes in each region could be classified into four types according to
379 the presence or absence of the derived allele associated with the phenotype,
380 and the composition of Jomon-derived alleles. The frequency of each haplotype
381 in the Japanese population is presented in Table 1. Here, the haplotypes
382 containing the Jomon-derived SNPs are called “Jomon-derived haplotypes.” For
383 *ABCC11* and *EDAR*, Jomon-derived haplotypes were observed for both
384 ancestral and derived alleles of the phenotype-associated SNPs. In *ABCC11*
385 (Fig. 6 (a)), the frequencies of the Jomon-derived haplotypes in mainland
386 Japanese were 10.6% for the ancestral allele (wet ear wax) and 24% for the
387 derived allele (dry ear wax). In *EDAR* (Fig. 6(b)), the Jomon-derived haplotype
388 frequencies were 14.9% for the ancestral allele (thinner hair and
389 non-shovel-shaped incisors) and 17.3% for the derived allele (thicker hair and
390 shovel-shaped incisors) in mainland Japanese. The haplotypes containing
391 ancestral and derived alleles of the phenotype-associated SNPs had different
392 Jomon alleles. Thus, it is unlikely that these haplotypes were generated by
393 recombination in the Japanese population after the admixture between the
394 Jomon and immigrants from continental East Asia. The present results suggest
395 that modern Japanese have derived alleles from both the Jomon people and
396 immigrants from continental East Asia in *EDAR* and *ABCC11*. Previous studies
397 examining ancient DNA of the Hokkaido Jomon population obtained from
398 archeological sites showed that the derived allele (dry ear wax) of *ABCC11* was

399 present in the Hokkaido Jomon population at a frequency of 47.6%^{40,41}. As for
400 *EDAR*, although the frequency of the derived allele (shovel-shaped incisors and
401 thicker hair) in the Jomon people has not been estimated, it has been shown that
402 shovel-shaped incisors were found at a frequency of 68.9% in the Jomon
403 people⁴². The results of these previous studies are consistent with our results. In
404 *ALDH2* rs671 (Fig. 6 (c)), the Jomon-derived haplotypes containing the derived
405 allele of phenotype-associated SNPs were found to be rare (2.4%) in modern
406 Japanese, and the number of Jomon alleles per Jomon-derived haplotype
407 containing the derived allele was very small. This suggests that the Jomon
408 people had few derived alleles (lower alcohol tolerance) of rs671, and most of
409 the derived alleles found in modern Japanese originated from continental East
410 Asians. In *ADH1B* rs1229984 (Fig. 6 (d)), the total frequency of the
411 Jomon-derived haplotypes was relatively lower than that of the other three
412 genes. The frequencies of the Jomon-derived haplotype were 3.8% for the
413 ancestral allele (higher alcohol tolerance) and 4.8% for the derived allele (lower
414 alcohol tolerance). In addition, when we calculated the number of
415 Jomon-derived SNPs per 1 Mb at the genome-wide scale (Supplementary Fig.
416 17), we found that the number of Jomon-derived SNPs was especially small in
417 the region around *ADH1B* (red dashed line). Therefore, regarding *ADH1B*, it is
418 possible that the Jomon people possessed the derived allele of rs1229984 at a
419 higher frequency compared to that of *ALDH2*, but both the Jomon-derived
420 haplotypes with ancestral and derived alleles may have been lost after the
421 admixture in Japanese. Koganebuchi et al.,⁴³ previously estimated that most of
422 the derived alleles in *ALDH2* originated from immigrants from continental East

423 Asia, which agrees with our results, while they concluded that the genetic
424 contribution of immigrants was small for *ADH1B*, which contradicts the results of
425 this study. Their study⁴³ assumed that, among mainland Japanese, the
426 population in northern Kyushu had a relatively large genetic contribution from
427 immigrants, but this assumption is inconsistent with the *JAS* estimated in the
428 present study (Fig. 3 (b)). Thus, it is more plausible that *ADH1B* haplotypes of
429 mainland Japanese were introduced mainly by immigrants from continental East
430 Asia, regardless of the allelic status (ancestral or derived) of rs1229984.

431 **Discussion**

432

433 In this study, we developed the *AMI* as a summary statistic to detect the
434 Jomon-derived variants in modern Japanese without requiring any genomic
435 sequences from the former. The computer simulation showed that *AMI* can
436 detect ancestral variants with high accuracy, even in an admixed population
437 whose source populations diverged tens of thousands of years ago. Since we
438 were able to detect Jomon-derived SNPs by the *AMI* even changing the
439 population history in the simulations, the present approach using the *AMI* is likely
440 to be applied to other admixed populations which source population whose
441 source populations diverged relatively recently. Potential applications include
442 the population of Madagascar^{44,45} and the current Polynesian population^{46,47},
443 which were formed around hundreds to thousands years ago by population
444 admixture. As exemplified by these cases, the genetic diversity of modern
445 humans has been greatly influenced by population admixture events^{48,49}. The
446 *AMI* will be a powerful tool for clarifying the population history of not only the
447 Japanese but also other admixed populations. It should be noted that the
448 threshold of the *AMI* was determined by the Youden index calculated based on
449 coalescent simulations in this study, but one may set the threshold according to
450 one's own research purpose; if one wants to reduce false positives (i.e., variants
451 derived from ancestral admixture), one can set the threshold strictly; if one wants
452 to reduce false negatives, one can just set the threshold loosely. Practically, the
453 *AMI* threshold does not necessarily have to be set based on simulations that
454 assume a population history. In this study, our main aim is to extract

455 Jomon-derived variants from the whole-genome to determine the prevalence of
456 each prefecture, so the threshold was set to pick up as many Jomon-derived
457 SNPs as possible in order to grasp the trend of the entire genome in each
458 Japanese prefectural population.

459

460 As for the process of population formation in the Japanese archipelago from
461 the Late Jomon period to the present, we propose a model, which is shown in
462 Fig. 7. From the Late to Final Jomon period, the Jomon people settled down in
463 mainland Japan, and the population size or the population density of the Jomon
464 people varied among regions. According to Koyama 1979²⁵, based on the
465 number of archeological sites, it was estimated that the population sizes in the
466 Tohoku and Kanto regions were relatively large at 43,800 and 52,100,
467 respectively, while those in the Kinki and Shikoku regions were relatively small at
468 4,400 and 2,700, respectively. Thus, in the Kinki and Shikoku regions, modern
469 Japanese have lower degrees of genomic components derived from the Jomon
470 people. In the Final Jomon period, continental East Asians arrived in northern
471 Kyushu and started to admix with the Jomon people in all regions of mainland
472 Japan. During the Yayoi period, the population size of immigrants was relatively
473 increased in the Kinki and Shikoku regions, where the populations were small at
474 the end of the Jomon period. Further analyses of ancient human DNA from the
475 Final Jomon period to the Yayoi period will allow the verification of the Japanese
476 population history model proposed in this study.

477

478 We proposed a method to estimate allele frequencies in ancestral populations
479 by classifying haplotypes of the current population according to their origin using
480 SNPs derived from the ancestral population as markers. Even for admixed
481 populations for which ancient DNA analysis cannot be performed, the same
482 approach as in this study will help to infer the population history reflecting the
483 genetic information of a large part of individuals (namely, allele frequency) of the
484 ancestral population and to clarify their phenotype frequencies from the
485 estimated genotype frequencies. For example, by calculating the allele
486 frequencies of ancestral population of modern Ryukyans, which seemed to
487 have the same roots as the Jomon people in mainland Japanese, and/or of the
488 Jomon people in each region in the mainland Japanese as this study, we can
489 clarify genetic regional differences among the ancient Jomon populations.
490 Ryukyu islands have an extremely hot and humid environment, and the amount
491 of DNA from human remains is small, making ancient DNA analysis difficult⁵⁰.
492 This method allows us to obtain genetic information equivalent to multiple
493 ancient individuals in such hot and humid regions. The use of modern human
494 populations from various regions of the Japanese archipelago will further clarify
495 the migration history of the Jomon people in future studies.

496 **Methods**

497

498 **Coalescent simulation by Msprime**

499

500 To investigate the characteristics of the Jomon-derived autosomal genomic
501 components of mainland Japanese, we conducted a coalescent simulation
502 assuming the admixture of the Jomon and continental East Asians using
503 msprime⁵¹ (Supplementary Fig. 2). A remarkable feature of the msprime
504 program is that it specifies the time and population where the mutation and
505 coalescence events occurred. Our simulation code was made with reference to
506 a previous study⁵². The split between the Jomon ancestors and continental East
507 Asians was set to 1,200 generations ago (30,000 YBP), according to the
508 divergence time estimated in Kanzawa-Kiriyama et al.,¹⁰ (between 18,000 YBP
509 and 38,000 YBP) and the beginning of the Jomon period (around 16,000 YBP)².
510 Migration from continental East Asia to mainland Japan was set between 120
511 and 80 generations ago, with reference to the beginning of the Yayoi period,
512 around 2,800 years ago⁴. The total admixture proportion of the Jomon people in
513 the modern mainland Japanese was set to 12%⁸. The effective population size
514 was set to 5,000 for both populations. The mutation rate and recombination rate
515 were set to 1.2×10^{-8} per bp per generation and 1.3×10^{-8} per bp per generation,
516 respectively⁵³⁻⁵⁶.

517

518 This study aimed to detect Jomon-derived variants based on LD among
519 Japanese specific variants. There are three types of Japanese specific variants:

520 (type 1) Jomon-derived variants; (type 2) variants derived from continental East
521 Asians; and (type 3) novel variants (Supplementary Fig. 4 (a) and (b)). It should
522 be noted that Japanese specific variants generated earlier than the split time of
523 the Jomon people and the continental East Asians were classified as
524 Jomon-derived variants (type 1). We compared the LD status of three types of
525 Japanese specific variants in the coalescent simulations. The origin of each
526 haplotype of mainland Japanese can be estimated from coalescent time to the
527 haplotypes of the Jomon or continental East Asians. That is, if a haplotype of a
528 mainland Japanese sample coalesced with haplotypes of Jomon samples earlier
529 than the admixture of the Jomon people and continental East Asians, the
530 haplotype is inferred to be derived from Jomon. To extract the three types of
531 Japanese specific variants (i.e., variants not found in samples from continental
532 East Asians), 3,000 replicates of 1 Mb simulations were performed. We sampled
533 200 haplotypes from each of the four populations (modern mainland Japanese,
534 modern continental East Asians, Jomon people 120 generations ago, and
535 continental East Asians 120 generations ago) to detect variants observed in
536 modern mainland Japanese but not seen in continental East Asians. Each
537 Japanese specific variant was classified into (type 1) the Jomon-derived variant,
538 (type 2) the continental East Asian-derived variant, and (type 3) the novel variant
539 based on when and in which lineage the mutation occurred (Supplementary Fig.
540 4 (a)). To calculate the ancestry marker index (*AMI*), we first calculate the
541 linkage disequilibrium coefficient r^2 between Japanese specific variant pairs
542 within each 1Mb bin. For each type of the Japanese specific variant, the *AMI*
543 was calculated as:

AMI

$$= \frac{\{\text{Number of variants with linkage disequilibrium coefficients } (r^2) > 0.01\}}{\text{(Number of Japanese specific variants per KB)}}$$

544 Jomon-derived variants are expected to have higher *AMI* values. The
545 performance of the *AMI* was verified by receiver operating characteristic (ROC)
546 analysis using the ROCR package in R. The threshold to detect Jomon-derived
547 variants was determined based on the Youden Index.

548

549 **Detection and verification of Jomon-derived SNPs on autosomes using**
550 **real data**

551

552 **Detection of Jomon-derived variants in real data**

553 Jomon-derived SNPs were inferred from the whole genome sequence data
554 from 26 populations from different parts of the world, including mainland
555 Japanese (JPT) and four continental East Asian populations (CHB, CHS, CDX,
556 and KHV), obtained from the 1000 Genomes Project Phase III (1KG)²², and 87
557 individuals from the Korean Personal Genome Project²¹. In this study, only
558 biallelic SNPs were used. Prior to extracting the Jomon-derived SNPs, we
559 performed a principal component analysis (PCA) in PLINK (version 1.9)⁵⁷ using
560 1KG mainland Japanese (JPT) and Han Chinese (CHB) data. During this
561 analysis, we found that one JPT individual (NA18976) was close to the
562 continental East Asians (Supplementary Fig. 8), so NA18976 was excluded from
563 subsequent analyses. First, 1,784,634 SNPs specific to 1KG JPT were detected
564 using VCFtools v0.1.13⁵⁸. Next, LD coefficients (r^2) were calculated between the
565 Japanese specific SNPs located within 1 Mb from each other with the --hap-r2

566 option of VCFtools in combination with the --ld-window-bp option. The number of
567 SNPs with $r^2 > 0.01$ was counted for each Japanese specific SNP. The density
568 of Japanese specific variants per 1 kb of each chromosome was calculated
569 using the --SNPdensity option of VCFtools, and the *AMI* was calculated for each
570 Japanese specific SNP. To eliminate the possibility of sequence errors, regions
571 with a density of Japanese specific variants per kb below a mean of - 1sd of
572 each chromosome were excluded from the analysis. In this analysis, we
573 assumed that the number of Japanese specific variants per kb, which is the
574 denominator of the *AMI*, is constant for each chromosome (i.e., the numerator of
575 the *AMI* was normalized for each chromosome). Based on the threshold set by
576 the ROC analysis of simulated Japanese specific variants, we inferred variants
577 originating from the Jomon people.

578

579 **Verification of Jomon-derived SNPs based on whole-genome sequence** 580 **data from Jomon remains**

581 For the verification of Jomon-derived SNPs based on the whole genome
582 sequence data, the “Jomon allele score” (*JAS*) was calculated for the
583 Ikawazu^{9,11} and Funadomari¹⁰ Jomon, as well as for 104 individuals from the
584 1KG JPT. The *JAS* was calculated using the following formula:

$$585 \quad JAS = \frac{(\text{Jomon derived allele count})}{2 * (\text{Number of total Jomon-derived SNPs})}$$

586 The BAM file of the Ikawazu Jomon was provided by Hiroki Ota of Tokyo
587 University, Tokyo, Japan, and Takashi Gakuhari of Kanazawa University,
588 Ishikawa, Japan. The BAM file of the Funadomari Jomon was provided by
589 Naruya Saito from the National Institute of Genetics, Shizuoka, Japan, and

590 Hideaki Kanzawa-Kiriyama from the National Museum of Nature and Science,
591 Tokyo, Japan. The genotypes of Ikawazu Jomon and Funadomari Jomon
592 samples were called by the UnifiedGenotyper tool in the GenomeAnalysisToolkit
593 version 3.6⁵⁹. For the Ikawazu Jomon, the --mbq 30 --ploidy 2 --output_mode
594 EMIT_ALL_CONFIDENT_SITES options were specified. For the Funadomari
595 Jomon, the options described in the original paper were specified. Jomon SNPs
596 were subjected to LD pruning by the --indep-pairwise command of PLINK
597 (--indep-pairwise 1000 200 0.8). In addition, only the Jomon-derived SNPs of
598 depth ≥ 6 in the Ikawazu and Funadomari Jomon were used for the calculation of
599 the *JAS*. As a result, 4,458 SNPs were used to calculate *JAS*.

600

601 **Detection of regional genetic differences in mainland Japanese by** 602 **Jomon-derived SNPs**

603

604 **Sample data**

605 We used 183,708 SNPs from 10,842 individuals from the Japanese
606 archipelago published by Watanabe et al.²⁴. All the individuals investigated in
607 this study were customers of the Japanese Direct to Consumer (DTC)
608 genetic-testing service, HealthData Lab (Yahoo! Japan Corporation, Tokyo,
609 Japan). They were provided an agreement, and informed consent was obtained
610 for their data to be used for research. In this study, the Japanese archipelago
611 was divided into eleven regions (Fig. 1 and Supplementary Table 1): Hokkaido
612 (430 individuals), Tohoku (746 individuals), Kanto (3,990 individuals), Hokuriku
613 (431 individuals), Chubu (410 individuals), Tokai (933 individuals), Kinki (1,861

614 individuals), Chugoku (600 individuals), Shikoku (314 individuals), Kyushu
615 (1,016 individuals), and Okinawa (111 individuals). All statistical analyses were
616 conducted at the Yahoo! Japan Corporation, with personal information of the
617 customers completely hidden. We obtained approval from the Ethics Committee
618 of the Yahoo! Japan Corporation.

619

620 **Imputation of genotypes of Jomon-derived SNPs**

621 Haplotype phasing and genotype imputation were performed using
622 EAGLE⁶⁰ and Minimac3⁶¹, respectively, with whole genome sequence data of
623 413 mainland Japanese⁶² phased by SHAPEIT2⁶³. After the imputation,
624 Jomon-derived SNPs with high imputation quality ($R^2 > 0.8$) were extracted. Also,
625 LD pruning was performed with PLINK (--indep-pairwise 1000 200 0.1), and a
626 total of 3,917 Jomon-derived SNPs were used for the analysis.

627

628 **Geographical distribution of the Jomon allele score**

629 In subsequent analyses, individuals from Hokkaido that were largely
630 affected by immigration after the Meiji period were excluded. Using 3,917
631 Jomon-derived SNPs, we calculated the *JAS* for individuals of each prefecture
632 and compared them between regions and prefectures.

633

634 ***f*3-testing of prefectural populations in Japan**

635 The *f*3-test²⁶ was carried out in order to examine the relatedness between
636 contemporary populations of each prefecture in Japan and the Funadomari
637 Jomon or Ikawazu Jomon. Each Jomon sample and the 1KG CHB were set as

638 the source populations of admixture, and each prefecture of Japan was set as
639 the target population, (described as f_3 (each prefecture; Jomon, CHB)). LD
640 pruning was carried out on whole genome SNPs common in the Japanese, 1KG
641 CHB, Funadomari Jomon, and Ikawazu Jomon by PLINK (--indep-pairwise 1000
642 200 0.1), with 17,492 SNPs being used for subsequent analyses. For the
643 Funadomari and Ikawazu Jomon people, VCF files were converted to PED files
644 using VCFtools and combined with the PED file of the Japanese. The PED files
645 were converted to eigenstrat format with the Admixtools²⁶ convertf command,
646 and then the f_3 -test was conducted with the Admixtools qp3Pop command.

647

648 **Examination of correlations between population size during the Jomon** 649 **period and JAS in each prefecture**

650 We compared the population size estimated from the number of
651 archeological sites in each prefecture, assuming that the population size per
652 archeological site was constant in each prefecture during the same period. We
653 examined the correlations between (a) the average JAS in each prefecture and
654 the number of archeological sites from the Jomon period (obtained from the
655 Statistical report of buried cultural properties, Agency of Cultural Affairs, Japan;
656 https://www.bunka.go.jp/seisaku/bunkazai/shokai/pdf/h29_03_maizotokei.pdf),
657 (b) the average JAS in each region and the population size estimated from the
658 number of archeological sites in the Late Jomon period²⁵, and (c) the average
659 JAS in each prefecture and the \log_{10} (number of archeological sites in the Yayoi
660 period/number of archeological sites in the Late Jomon period)²⁵. Finally, (a) and
661 (c) were plotted for each prefecture, while (b) was plotted for each region

662 because data for each prefecture were not available. Correlation test was
663 conducted by R cor.test function (df = 43).

664

665 **PCA based on the Jomon allele frequencies of each prefecture**

666 The Jomon allele frequency was calculated for 50 randomly sampled
667 individuals from each prefecture using VCFtools version 0.1.13. A PCA was
668 performed based on the Jomon allele frequency using R version 3.6.0.
669 Correlation test between PC1 and JAS, and PC2 and longitude/latitude were
670 conducted by R cor.test function (df = 43).

671

672 **Estimation of the allele frequencies of genome-wide SNPs of the Jomon** 673 **people based on the haplotype structure composed of the Jomon-derived** 674 **SNPs**

675 We calculated the allele frequencies of genome-wide SNPs in Jomon people
676 based on the haplotype structure composed of the Jomon-derived SNPs
677 (Supplementary Fig. 15). First, haplotypes surrounding a focal bi-allelic SNP with
678 alleles 1 and 2 are classified into Jomon-derived haplotypes and
679 Continental-East-Asian-derived haplotype, based on the presence or absence of
680 Jomon alleles in the 500 kb upstream and downstream (1Mb in total) of the focal
681 SNP. The frequency of the allele 1 of the focal SNP in Jomon people is
682 expressed as follows.

Frequency of the allele 1 in the Jomon people

$$= \frac{\text{Number of Jomon derived haplotypes containing the allele 1 of the focal SNP}}{\text{Total number of Jomon derived haplotypes surrounding the focal SNP}}$$

683 In the example of Supplementary Fig. 15, the frequency of the allele 1 in the
684 Jomon people is 1/3. We calculated the allele frequency in the Jomon people

685 based on the phased-genotypes of 104 modern Japanese in 1KG for 5,316,769
686 SNPs in the whole genome. The --IMPUTE option of VCFtools was used to
687 extract haplotypes composed of Jomon-derived SNPs in regions 500 kb
688 upstream and downstream (1 Mb in total) of focal SNPs. Based on the estimated
689 frequencies of genome-wide SNPs, we estimated the genetic relationship
690 between the Jomon people and other East Asians. The population genotype
691 data set (Panel 2240K) used in Gakuhari et al 2020¹¹ was kindly provided by
692 Takashi Gakuhari of Kanazawa University, Ishikawa, Japan, and 81 individuals
693 including the Ikawazu Jomon^{9,11} of 38 East Asian populations were extracted.
694 Nivkh and Ulchi were excluded from this analysis because it has been
695 suggested that they were recently admixed with Jomon lineage population (likely
696 Ainu, who have a genetic background of the Jomon people)^{10,11}. Among the
697 genome-wide SNPs for which we estimated the Jomon allele frequencies, we
698 used 20,053 SNPs with genotype information was available in all East Asian
699 individuals of 2240K. We then calculated $f_3(\text{Onge}; \text{Estimated Jomon}$
700 $\text{frequencies, } X)$ for testing the genetic relationship between the Jomon people
701 and each test population X , using Onge as the outgroup of East Asians¹¹. In
702 addition, we focused on the haplotype structures composed of Jomon-derived
703 SNPs in the regions surrounding SNPs associated with characteristic
704 phenotypes of East Asians (*ABCC11*: rs17822931³⁴, *EDAR*: rs3827760^{35,36},
705 *ALDH2*: rs671^{37,43,64–66}, and *ADH1B*: rs1229984^{38,67–70}), and estimated the
706 frequencies of these phenotypes in the Jomon people.

707 **Statistics and reproducibility.**

708 Coalescent simulations of this study using msprime can be reproduced
709 by specifying seeds in our code described in supplementary note 4. Statistical
710 analyses were done using publicly available packages, so reproducibility can be
711 accomplished using parameters described in Methods sections.

712

713 **Data and code availability**

714 The individual genotypes of 10,842 Japanese analyzed in this study are
715 not available to avoid personal identification. The list of Jomon-derived SNPs
716 detected in this study, and the allele frequencies of Jomon-derived SNPs in each
717 Japanese prefecture are available from the corresponding author upon request.
718 Our custom code for msprime simulation was described in Supplementary Note
719 4.

720

721

722

723

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- 898

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916

917 **Author contributions**

918 Y.W. and J.O. conceived the study. Y.W. designed and conducted the
919 data analyses. Y.W. performed the computer simulations. Y.W. wrote the
920 manuscript with support from J.O. J.O. supervised the project. All authors read
921 and approved the final manuscript.

922

923 **Competing interests**

924 The authors declare no competing interests.

925 **Fig. legends**

926 **Fig. 1 Map of the Japanese prefectures.** The prefectures of Japan are divided
927 into eleven regions. The prefecture numbers in Supplementary Table 1 are
928 indicated (the corresponding prefecture names are given in Supplementary
929 Table 1). In this study, “mainland Japanese” means the Japanese people except
930 for individuals from Hokkaido and Okinawa.

931

932 **Fig. 2 The performance of the *AMI* for the detection of the Jomon-derived**
933 **SNPs**

934 (a) Distribution of *AMI* simulated by msprime. The histogram of *AMI* for the
935 Jomon-derived variants (type 1) and the other variants (types 2 and 3) are
936 shown. The red dashed line indicates the threshold of *AMI* (28.0374) obtained
937 from ROC analysis for the detection of the Jomon-derived variants (type 1).

938 (b) ROC curve illustrating the performance of the *AMI* for the detection of the
939 Jomon-derived SNPs. The ROC curve was drawn based on the simulated data
940 shown in Fig. 2 (a). The *AMI* showed high accuracy (AUC = 0.91) for
941 discriminating the Jomon-derived variants (type 1) from the other variants (types
942 2 and 3).

943

944 **Fig. 3 JAS of each Japanese region.**

945 (a) Distribution of *JAS* in ten regions. The boxplot of the *JAS* is presented for
946 each of the ten regions, excluding Hokkaido.

947 (b) *JAS* of each prefecture in Mainland Japan. The average *JAS* by prefecture
948 was calculated. Hokkaido and Okinawa prefectures are not illustrated. The
949 prefecture with the higher average *JAS* is illustrated by the darker color.

950 (c) Relationship between the PC1 of the PCA performed in a previous study by
951 the allele frequency of autosomal 183,708 SNPs in each prefecture and average
952 *JAS*. Each prefecture was colored according to the region of Japan in Fig. 1.
953 Horizontal axe: PC1, vertical axe: average *JAS*. Pearson's correlation
954 coefficients (*R*), *P* values, regression lines and 95% CI are shown.

955

956 **Fig. 4 Relationship between the *JAS* and values associated with the**
957 **population size of prefectures in the Jomon to Yayoi periods.**

958 The horizontal axis shows the average *JAS* and the vertical axis shows the (a)
959 number of archaeological sites of the whole Jomon period, (b) population size in
960 the Late Jomon period, and (c) \log_{10} (number of archaeological sites in the Yayoi
961 period/number of archaeological sites in the Late Jomon period). Pearson's
962 correlation coefficients (*R*), *P* values, regression lines and 95% CI are shown in
963 each figure. Each prefecture is colored according to the region in Fig. 1.

964

965 **Fig. 5 f_3 -statistics between East Asians and estimated allele frequencies of**
966 **the Jomon people.**

967 f_3 (Onge ; Estimated Jomon frequencies, X), where X are the East Asians
968 including 37 present day populations and one ancient population (Chokhopani,
969 an iron age individual). Darker plots (higher f_3 value) indicates higher genetic
970 affinity with the Jomon people.

971

972 **Fig. 6 Haplotype structures composed of Jomon-derived SNPs in four**
973 **genes associated with the characteristic phenotypes of East Asians.**

974 The haplotype structures surrounding four nonsynonymous SNPs, (a)
975 rs17822931 in *ABCC11* (associated with ear wax type), (b) rs3827760 in *EDAR*
976 (associated with hair thickness and shovel-shaped incisors), (c) rs671 in *ALDH2*
977 (associated with alcohol tolerance), and (d) rs1229984 in *ADH1B* (associated
978 with alcohol tolerance) are illustrated. Each horizontal line represents each
979 haplotype, and each vertical line represents each of the Jomon-derived SNP or
980 phenotype-associated SNP. The derived alleles of the SNPs associated with
981 phenotypes are shown in orange, and the ancestral alleles are shown in blue.
982 The red color represents the Jomon allele, i.e., horizontal lines containing the
983 red colored grid indicate the Jomon-derived haplotypes.

984

985 **Fig. 7 The formation process of the Japanese population from the Late**
986 **Jomon period to the present.**

987 From the Late to the Final Jomon period, the Jomon people settled down in
988 Mainland Japan, and the population size varied between regions. In the Final
989 Jomon period, the continental East Asians arrived in northern Kyushu and then
990 admixed with Jomon people in all the regions of Mainland Japan. In regions such
991 as Kinki and Shikoku, where the population size was smaller at the end of the
992 Jomon period, modern Japanese have lower degrees of genome components
993 derived from the Jomon people.

994 **Table 1 Frequencies of the Jomon-derived haplotypes specified by**
 995 **phenotypes associated SNPs in *ABCC11*, *EDAR*, *ALDH2*, and *ADH1B*.**

				996
(a) <i>ABCC11</i>	rs17822931			997
	Ancestral	Derived	Total	
Jomon-derived haplotype	0.106	0.240	0.346	998
Non-Jomon-derived haplotype	0.014	0.639	0.653	999
Total	0.120	0.879		1000
				1001
(b) <i>EDAR</i>	rs3827760			1002
	Ancestral	Derived	Total	1003
Jomon-derived haplotype	0.149	0.173	0.322	1004
Non-Jomon-derived haplotype	0.048	0.630	0.678	1005
Total	0.197	0.803		1006
				1007
(c) <i>ALDH2</i>	rs671			1008
	Ancestral	Derived	Total	1009
Jomon-derived haplotype	0.125	0.024	0.149	1010
Non-Jomon-derived haplotype	0.635	0.216	0.851	1011
Total	0.760	0.240		1012
				1013
(d) <i>ADH1B</i>	rs1229984			1014
	Ancestral	Derived	Total	1015
Jomon-derived haplotype	0.038	0.048	0.086	1016
Non-Jomon-derived haplotype	0.231	0.683	0.914	1017
Total	0.269	0.731		1018

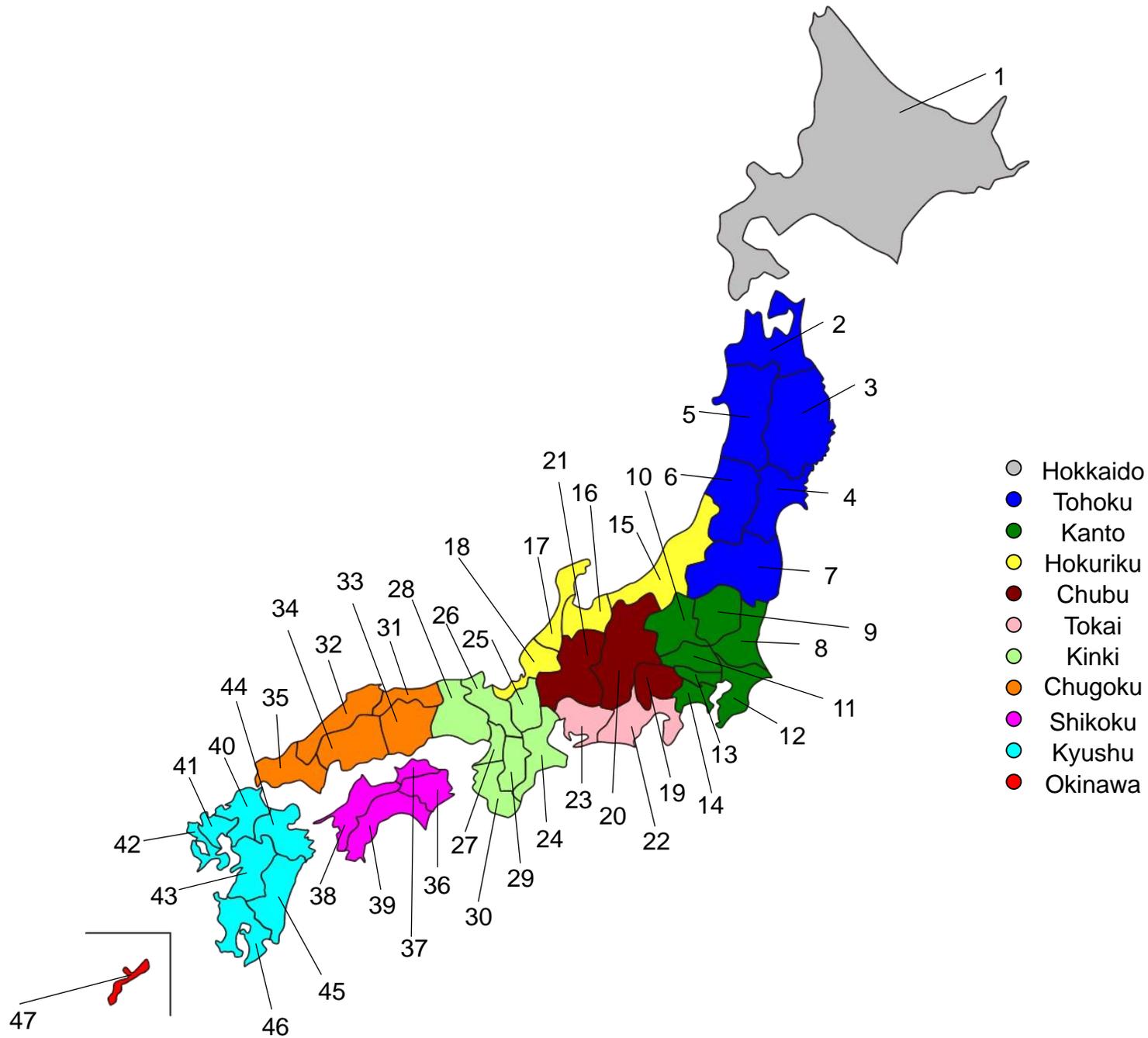
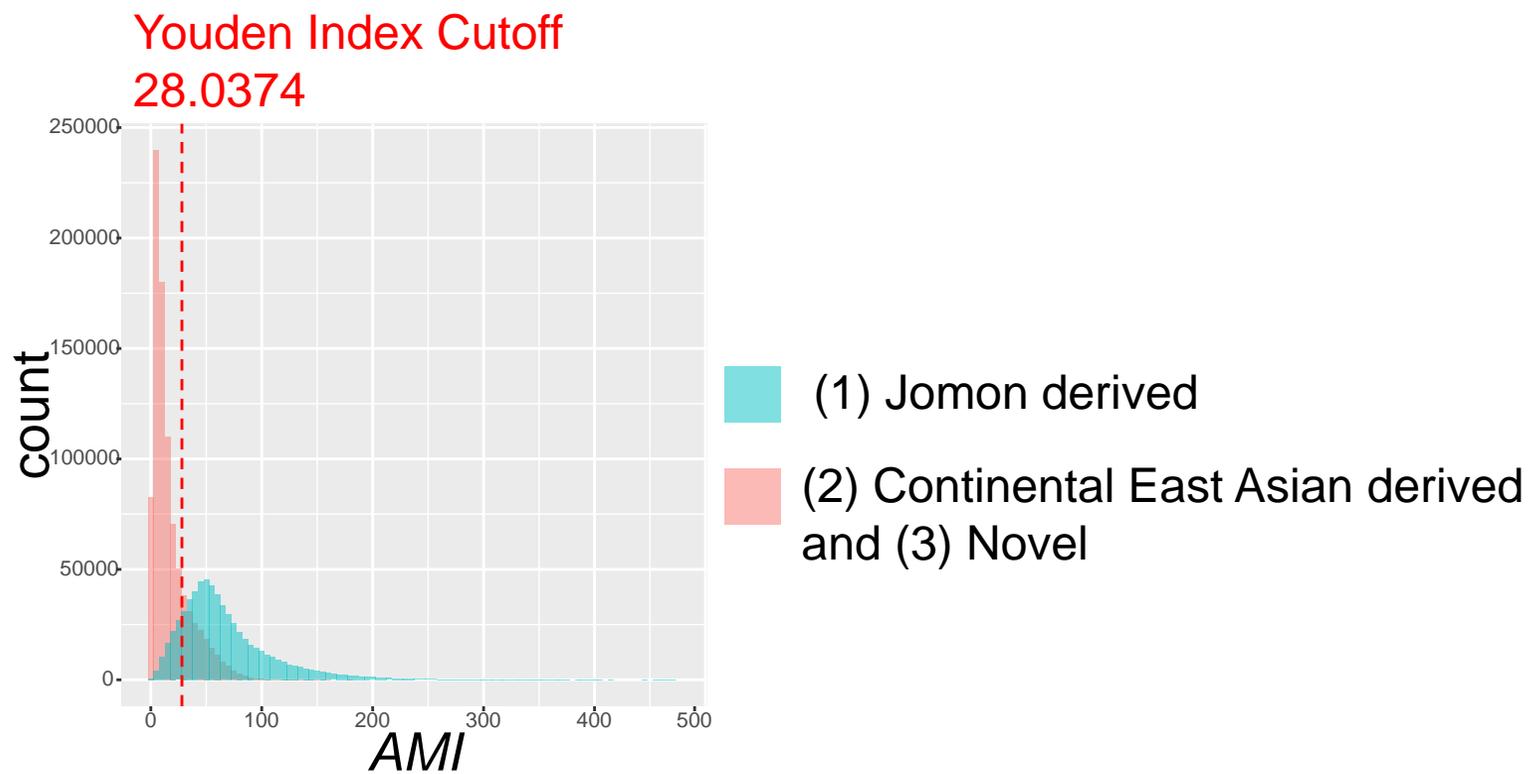


Fig. 1

(a)



(b)

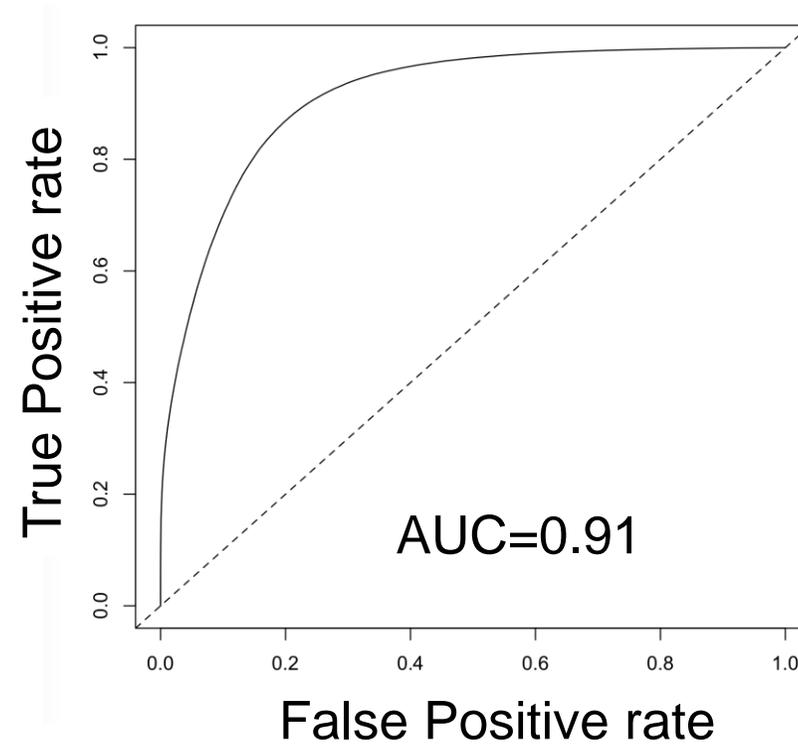


Fig. 2

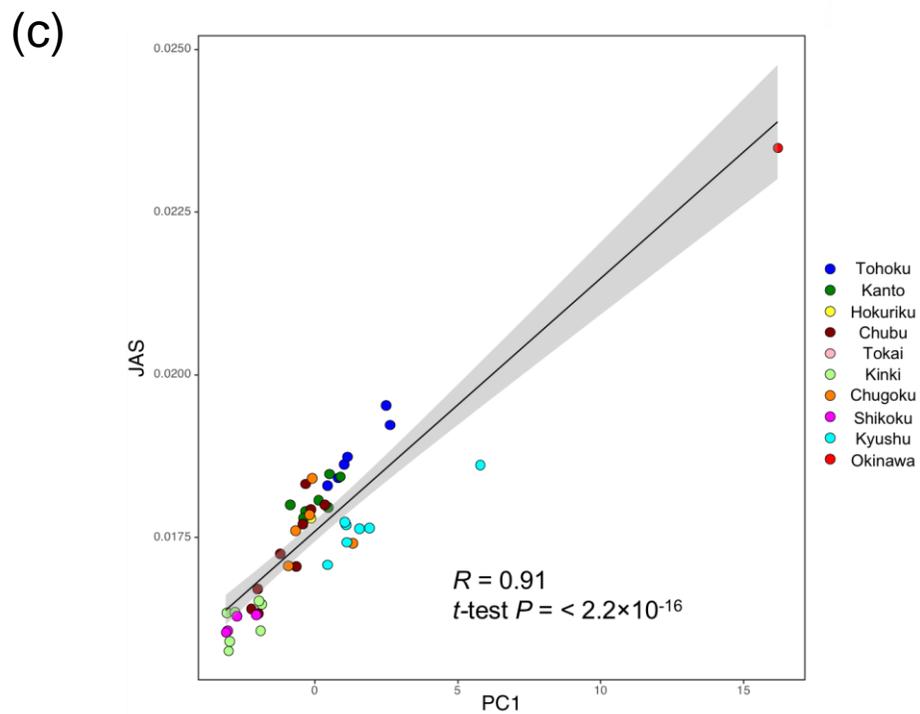
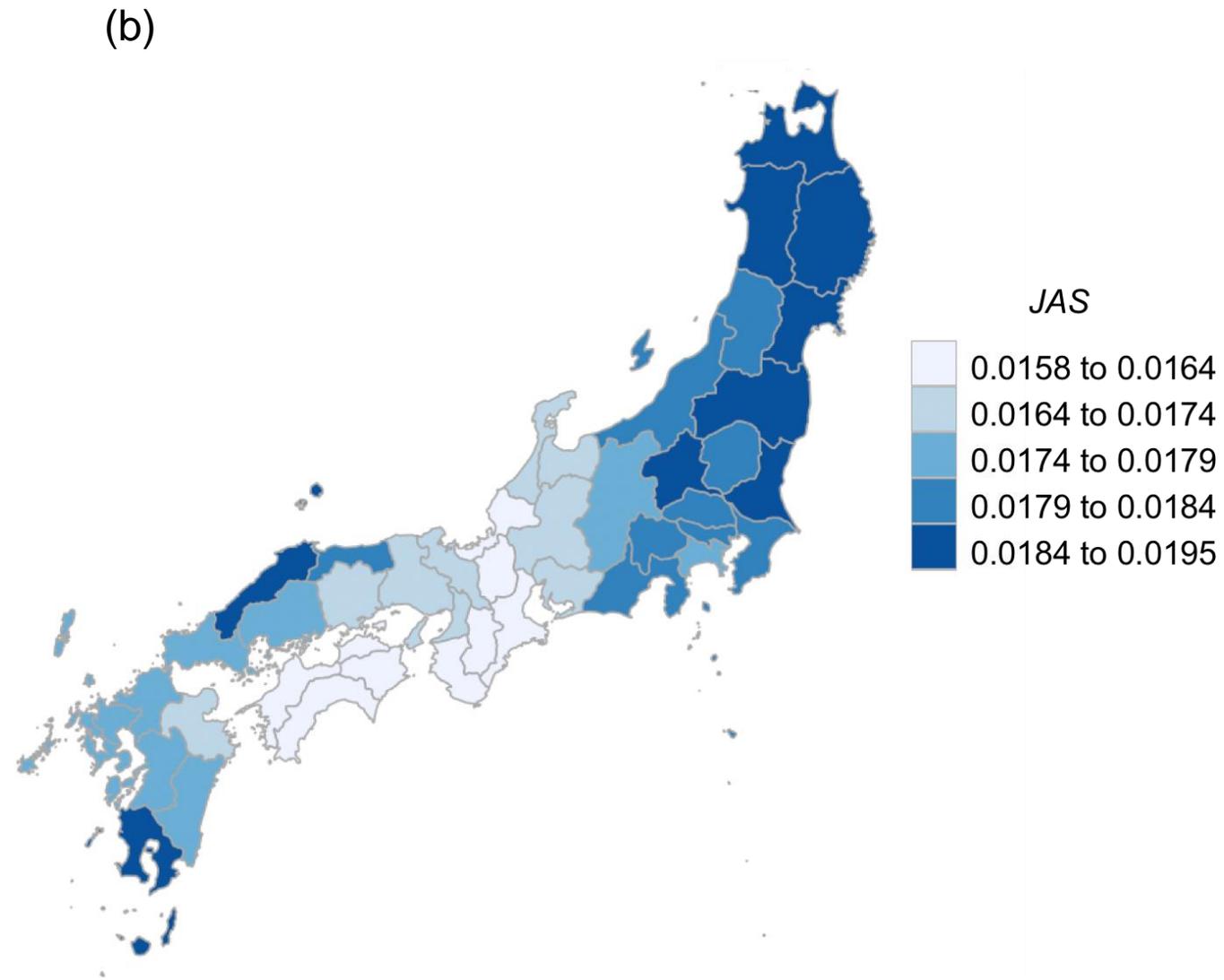
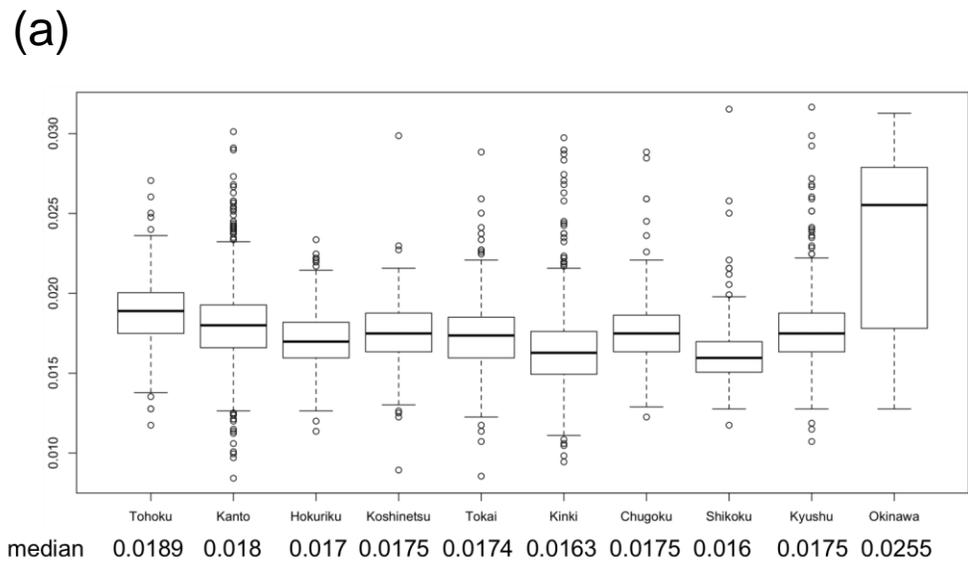


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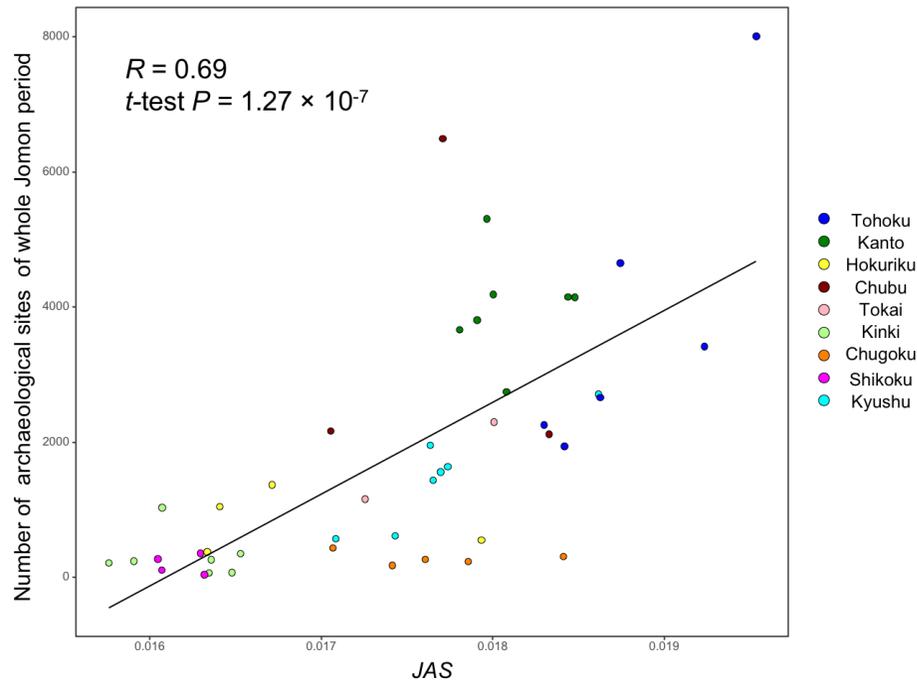
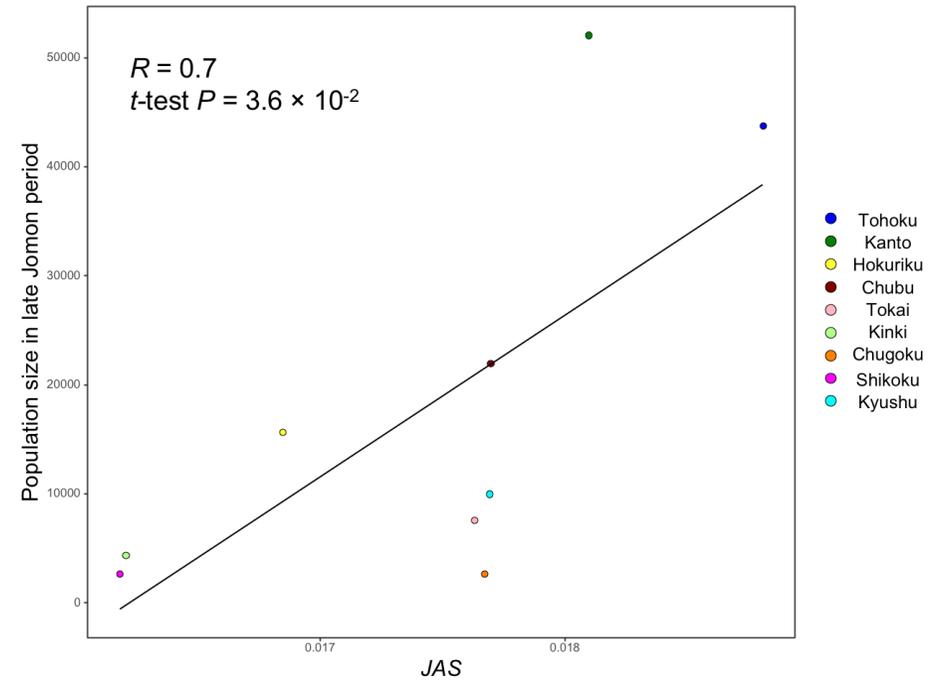
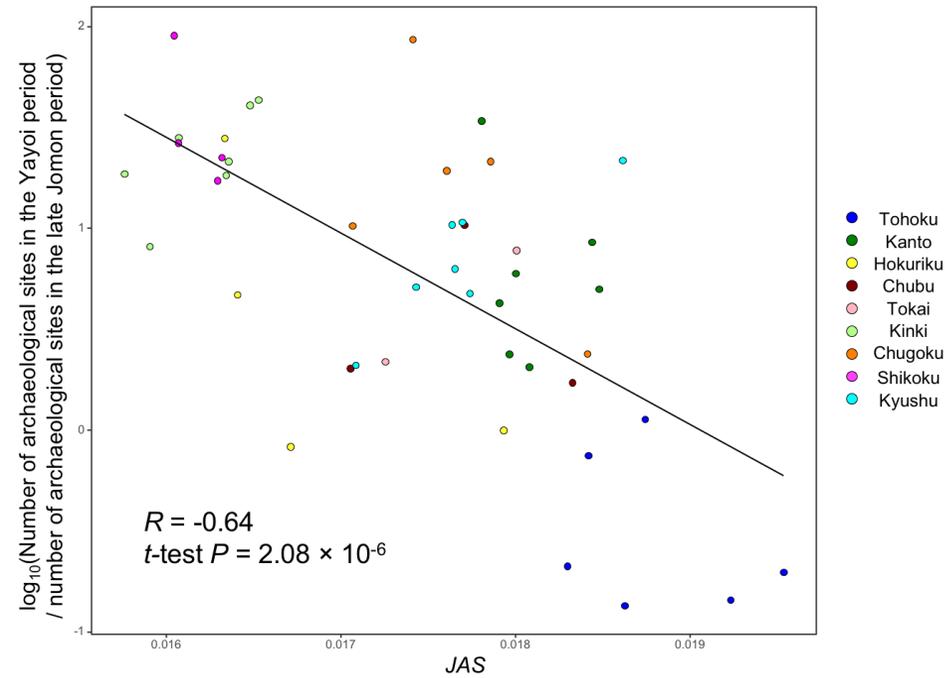
A**B****C**

Fig. 4

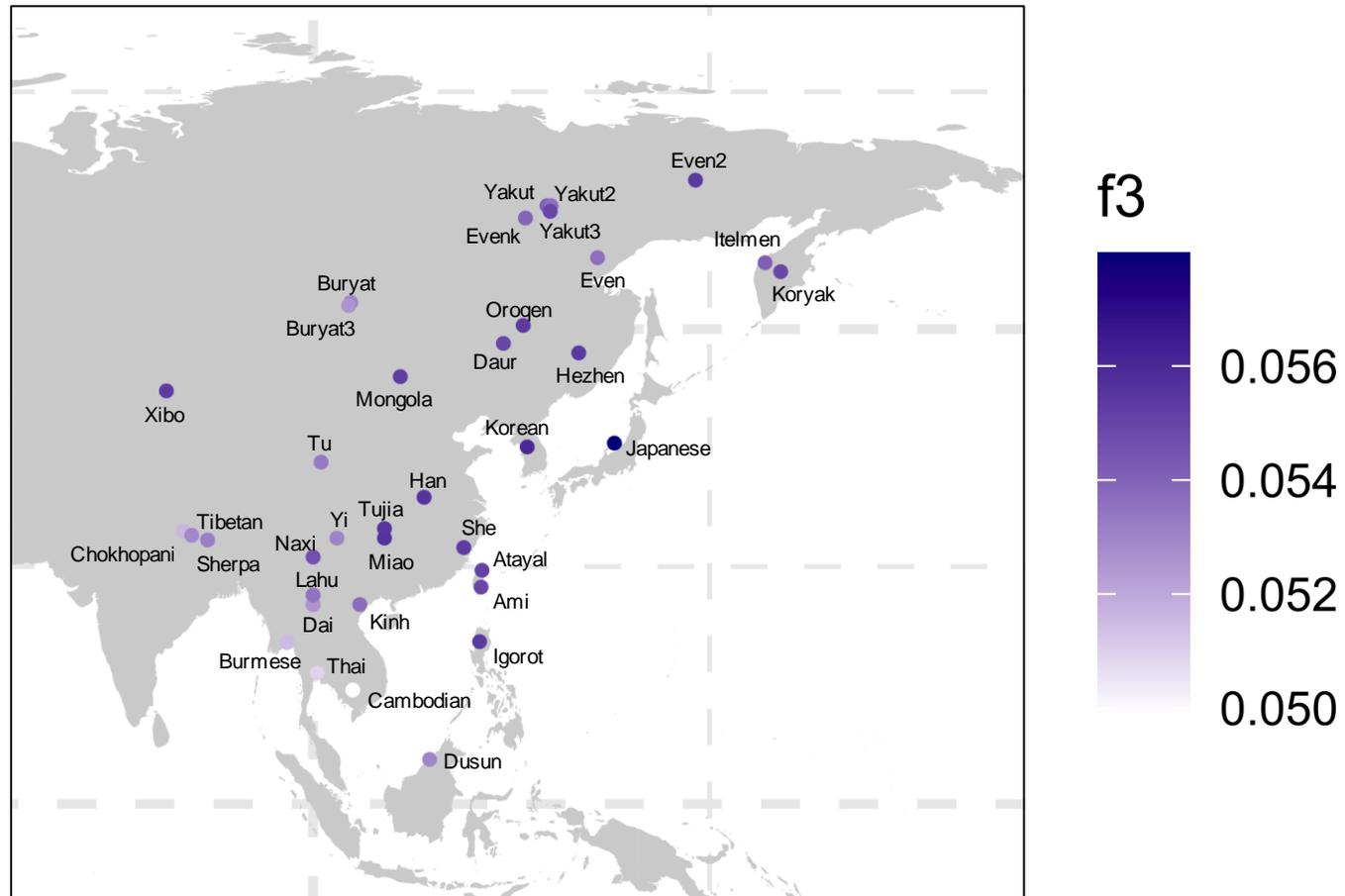


Fig. 5

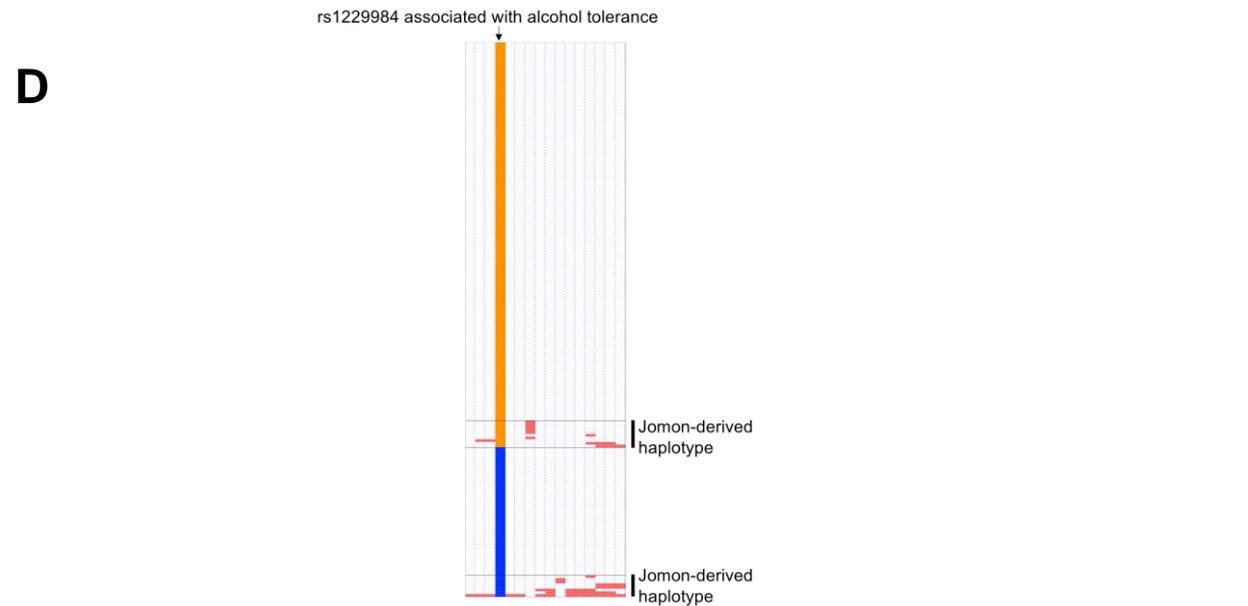
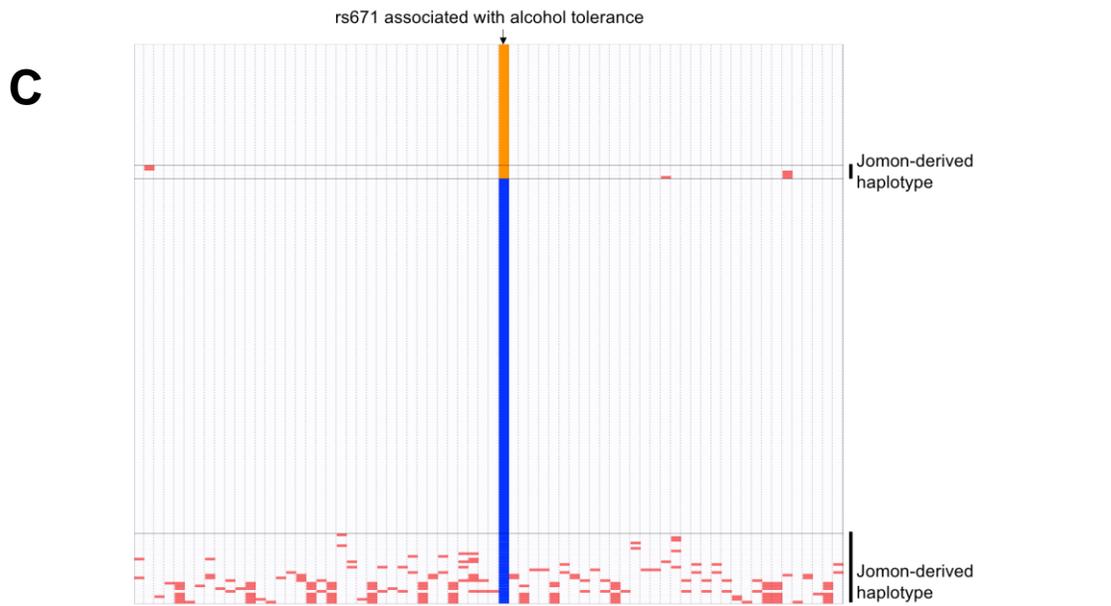
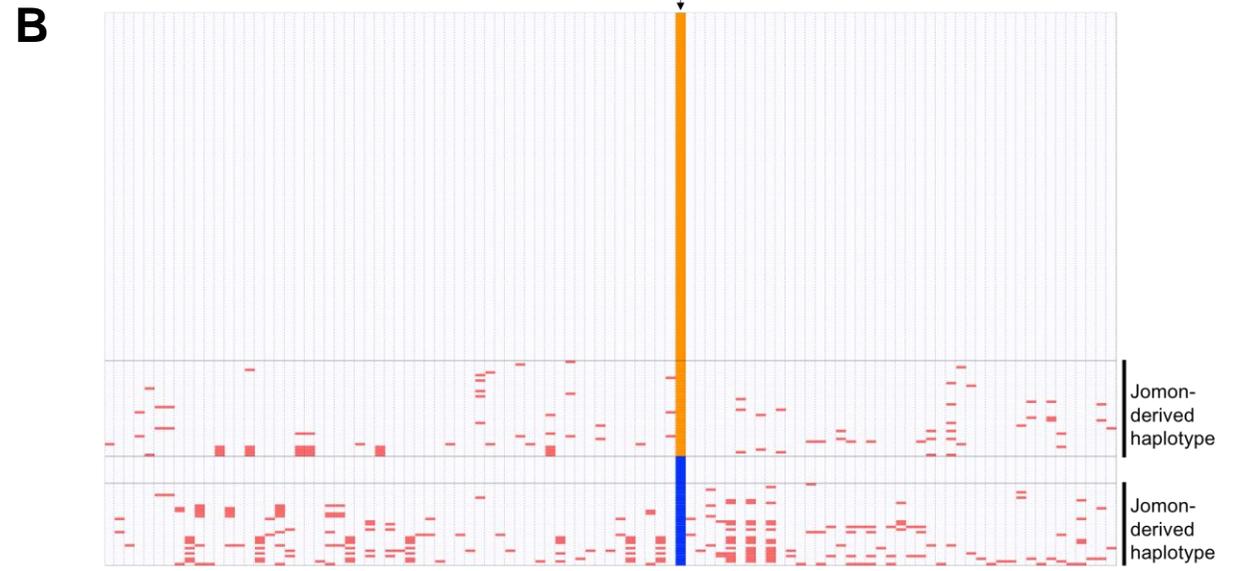
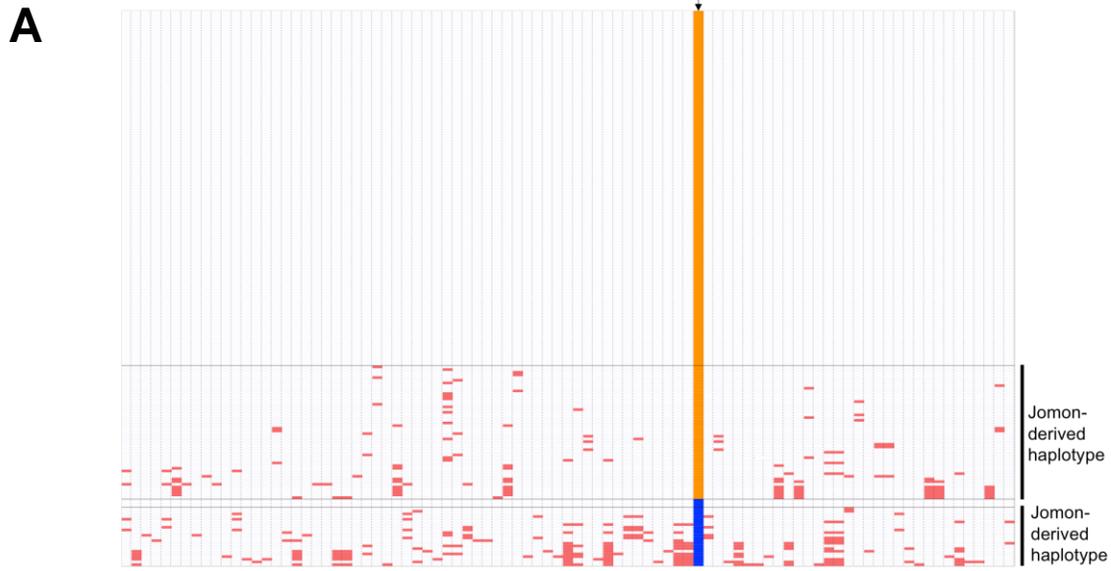
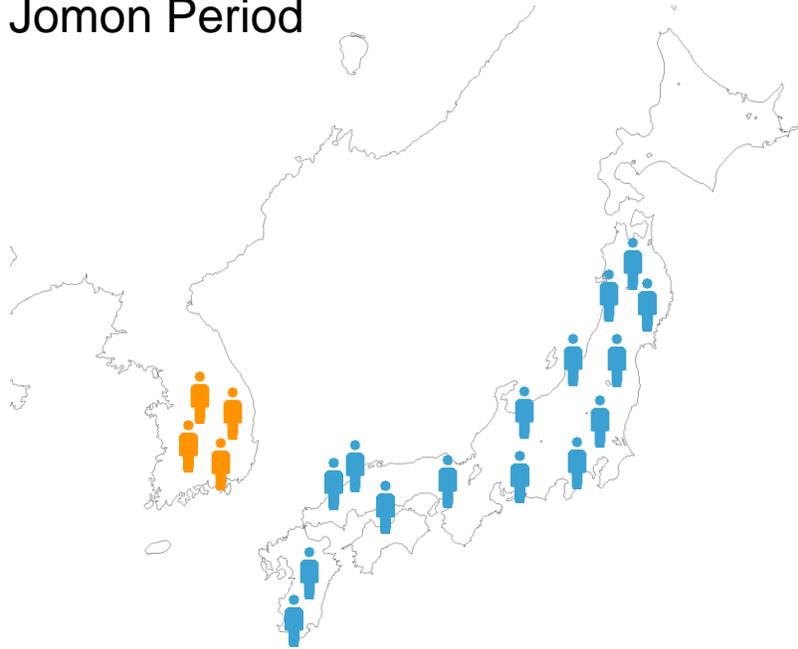


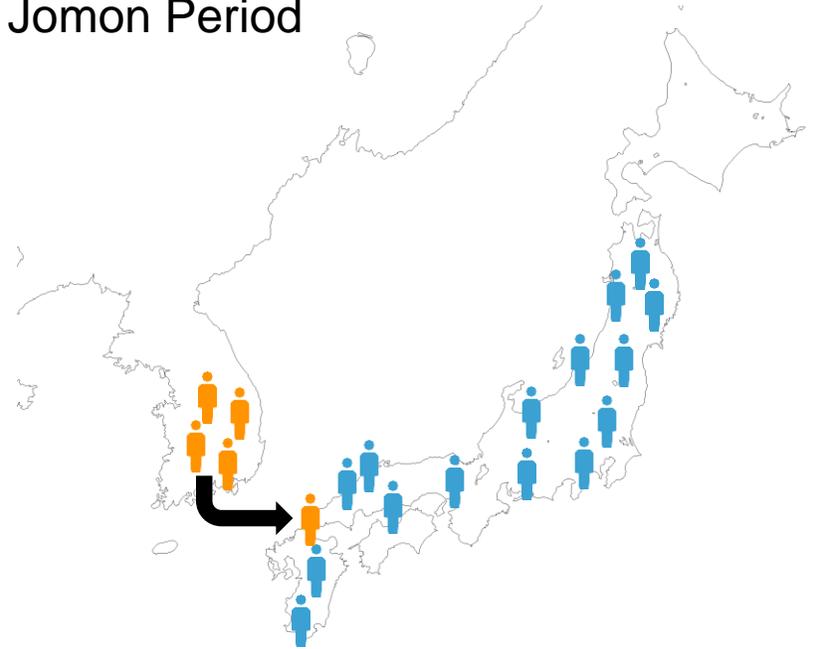
Fig. 6

~Late Jomon Period

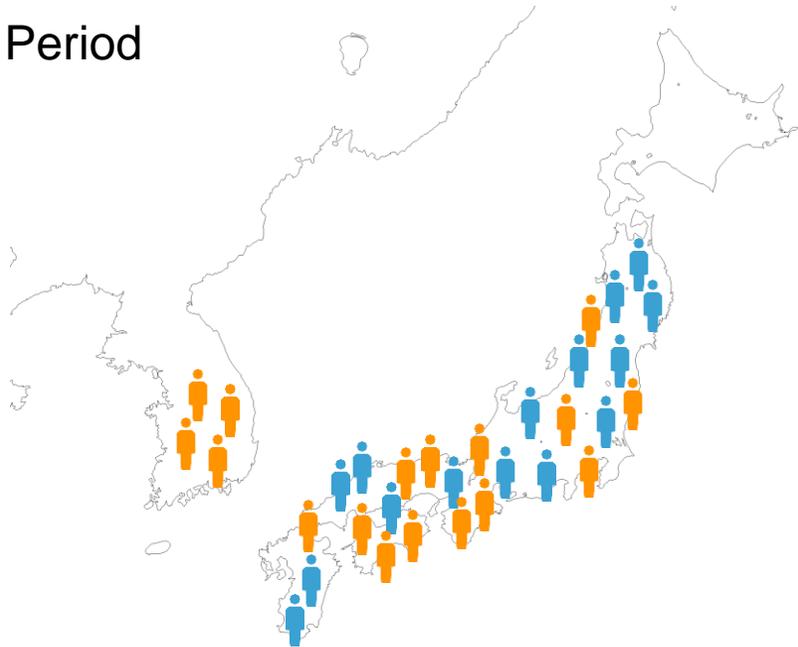
Continental East Asian
Jomon



Final Jomon Period



Yayoi Period



Present

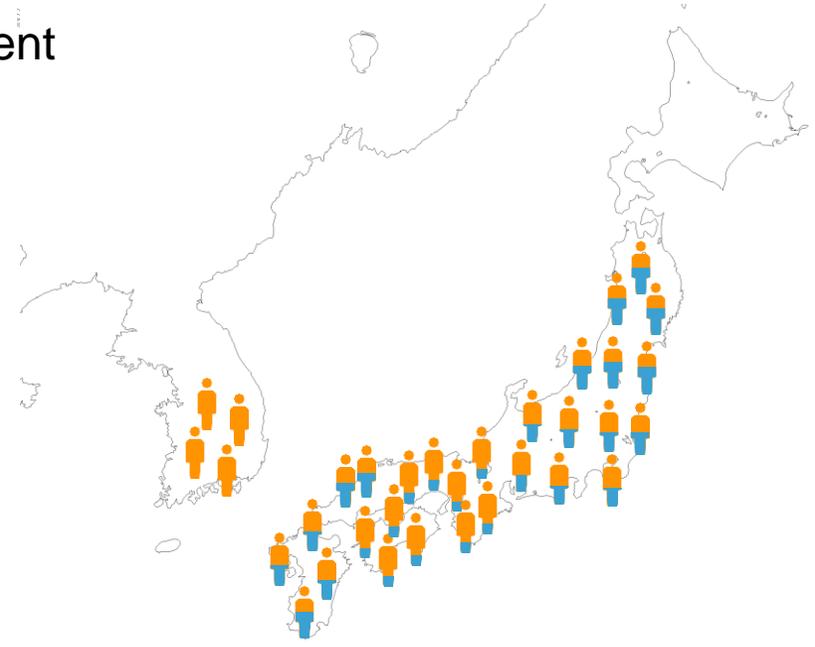


Fig. 7