

## REVIEW

MODERN INDUSTRIAL AND PHARMACOLOGICAL APPLICATIONS OF  
INDIGO DYE AND ITS DERIVATIVES – A REVIEW

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**Abstract:** Plant sources, chemical properties, bioactivities, as well as the synthesis of indigo dye and its derivatives, are reviewed in this paper. These compounds were chosen because of their significant benefits and scope of application as both coloring agents in the textile industry and as pharmacologically active natural products. Their use in traditional chinese medicine (TCM) has directed the attention of European researchers and medical doctors alike. The preparation of indigoferous plants – *Indigo naturalis* is currently about to be introduced into the European Pharmacopoeia.

**Keywords:** indigo dye, traditional chinese medicine, indigoferous plants, indirubin, *Indigo naturalis*

Dyes have been used throughout history for various esthetic and later practical applications. Primarily used as coloring agents in the cotton and textile industries to dye materials, their importance and our understanding of these substances has grown, leading to their increased use across industries and science alike.

Up to the turn of the nineteenth century, all coloring agents were obtained from natural sources, originating from plants, lichens, insects and molluscs. Following the industrial era of the 1800's, natural dyes began to be chemically synthesized (1).

Currently, dyes are used widely and play an important role in modern electronics, from the printing industry, where dyes are used in electrophotographics (laser prints and photocopies), to medical applications, where dyes may be used to cure diseases and treat ailments (2). Probably the oldest and most famous dye is indigo, which has an intense dark blue color. The name 'indigo' is derived from a Greek word 'indikón' meaning 'Indian'. It can be traced back to ancient Asian civilizations, and further west across Europe particularly in ancient Greece and Rome. At that time, dyes were imported from the Indian subcontinent as a highly valuable commodity. Since the 'middle ages', indigo has been imported across Europe in large quantities making it readily available.

Indigo remains the main component of *Indigo naturalis*. Indigo derivatives have different shades and colors: yellow, green, brown and violet. Together with indirubin (red) and their derivatives, they are the constituents of a preparation called *Indigo naturalis*.

In Chinese medicine, it is commonly used as a heat remover to treat various ailments. The preparation known as 'Qing Dai' may be produced from indigo plants like *Polygonum tinctorium* Ait., *Isatis tinctoria* Ait. and *Baphicacanthus cusia* Brem. Currently, its synthesis is predominantly chemical to cater for its large demand (3).

## PLANT SOURCES

One particular species of indigo plant is *Polygonum tinctorium* Ait., an annual perennial from the Polygonaceae family. The species' habitat resides predominantly in China and India. Its Latin name is derived from the type of knotweed (*Polygonum*) and recently it has been classified as a species which belongs to the *Persicaria* genus (4). The species can reach up to 80 cm in height. Its stem usually has a reddish color and is characterized by leaves which are narrowed at the base and are embedded on stalks. This plant is distinguishable by its pink or red flowers with white perianths. These

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flowers are grouped together in the form of short, thick ears, forming a loose flower panicle. In addition, this plant has compact, egg-shaped bundles in leaf axils and a fruit which forms a shiny nut (5).

*Baphicacanthus Cusi* (Nees) Bremek., syn. *Strobilanthes Cusi* (Nees) is another plant species from which indigo is extracted. Kuntze is a perennial plant reaching 60 cm in height. It grows in clay and wet soils and is tolerant to different soil pH levels. The species blooms well in either partial or complete shade and has oval-shaped leaves and hermaphrodite flowers (6).

*Isatis indigotica* Fort. is a species, commonly known as ‘Woad’, whose habitat is found in steppe areas of the south-eastern Europe, the Caucasus and Asia Minor. Today, this species can be found in wild crops across almost all of Europe and in parts of Algeria and Morocco (7).

This species can reach a height of 50–140 cm and is distinguishable by its characteristically bluish color. The lower stem leaves are oval shaped and are located on stalks, while the upper leaves are seated and cover the stem. *Isatis indigotica* Fort. is characterized by many yellow flowers gathered in inflorescences. Its petals are almost two times longer than the sepals, the cup has four sepals and the four-lobed crown contains six stamens and one pistil. Fruits form in single pods of up to 2.5 cm in length. Its color transitions from a dark shade to black violet, while it ripens (8).

The species can often be found growing in chalk soils and around cliffed areas. Hot days and warm night temperatures, together with humid conditions accelerate the degradation and extraction processes. In tropical climates, freshly harvested plants are kept in water until the degradation and extraction of indigo water has occurred.

The cultivation of indigoferous plants was also introduced into Europe and Japan. Here, harvested leaves are dried before being combined with water. Then, the leaves are composted in order to increase the concentration of the compound (9).

## INDIGO AND ITS DERIVATIVES

Dyes are colored substances, which have a chemical affinity to the substrate to which they are applied. They appear colored, because they absorb some wavelengths of light from the spectrum better than others.

Pure indigo is only slightly soluble in water, making it ideal for use as a pigment. Originally, its use as a dye arose due to the reduction reaction. White indigo is formed as a result of indigo under-

going the reduction reaction. White indigo’s properties offer a better solubility than the one of the original substance, facilitating the dyeing of clothing and other textile materials. Its reduced form may be re-oxidized into substances of intense deep blue color, as a result of being left in contact with the open air (10).

Indigo production decreased sharply in the mid-twentieth century only to rise again as a result of indigo being used as a colorant of denim. The demand for indigo increased to more than twenty tons in 2003. Indigo may also be mixed with a variety of other substances, resulting in a chemical reaction to obtain coloring pigments with green, blue and violet shades (11).

A pharmacologically important isomer of blue indigo, present in the indigoferous plants is indirubin. It is red in color, however it is not used in the textile industry, just like the former compound. There are also other colorants derived from the other compounds, which constitute the pigment of different colors (12).

Tyrian purple – 6,6-dibromoindigo, is a naturally occurring substance isolated from old sea shells. Currently, its use remains highly limited.

5,7,5”, 7”-Tetrabromo-derived indigo (blue „Vat Blue 4B”) an analogue of bisulfonic acid (cyan „Blue Saxon”) is used to dye textiles blue.

Dye mixtures are also produced, which contain indigo as a constituent, for example indigo in the form of anthrone – in „Vat Blue 8” (13).

### Chemical characteristic of indigo

The substance has a dark blue color referred to the last visible shade of blue in the spectrum before the transition into purple. The attributed color index for indigo is C. I. Pigment Blue 66 I C. I. 7300.

### Chemical properties

Indigo is a dark blue crystalline powder that sublimes between a temperature of 390 and 392°C. This alkaloid is insoluble in water, alcohol and diethyl ether, but is soluble in DMSO, chloroform, nitrobenzene and concentrated sulfuric acid. Indigo has the chemical formula of C<sub>16</sub>H<sub>10</sub>N<sub>2</sub>O<sub>2</sub> and a molecular weight of 262.26. The molecule absorbs light in the orange part of the spectrum ( $\lambda_{\text{max}} = 613 \text{ nm}$ ).

This compound has its deep color thanks to the conjugation of double bonds which are adjacent to each other. Thus, the molecule has a planar structure (14).

### Natural synthesis

*Polygonum tinctorium* Ait. is characterized by the presence of a large amount of  $\beta$ -indoxyl-D-glu-

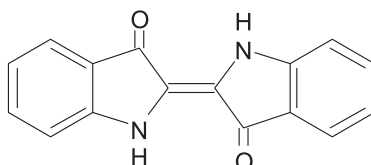
coside – an indican, which is a precursor of indigo in this species. Indican hydrolyzes only at relatively low pH levels or in the presence of the primary  $\beta$ -glucosidase. The natural  $\beta$ -glucosidase is naturally present in chloroplasts (15).

The  $\beta$ -glucosidase is immediately hydrolyzed to  $\beta$ -D-glucose and indoxyl during the mastication of leaves. Following the reaction, a spontaneous conversion of free indoxyl to natural indigo dye takes place. It is activated by oxidation in the open air (16) (Fig. 1).

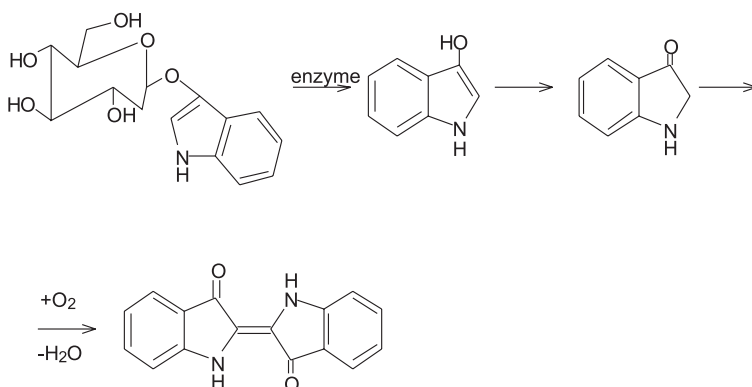
#### Chemical synthesis

Considering its economic importance, indigo can be chemically synthesized by various methods. The Baeyer-Drewson synthesis process, published in 1882, was found impractical. The first useful method was created by Pfleger in 1901. In this process, N-phenylglycine is added to the molten mixture of sodium hydroxide, potassium hydroxide, and sodium amide. This extremely delicate alloy forms indoxyl. Indoxyl is then oxidized in the open air to form indigo (Fig. 1). There are a number of

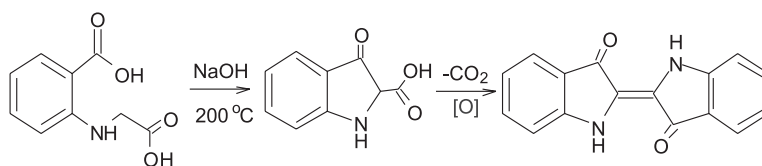
#### The structural formula of indigo:



#### Synthesis of indigo in natural samples:



#### Synthesis of indigo by Heumann:



#### Synthesis of indigo by Pfleger:

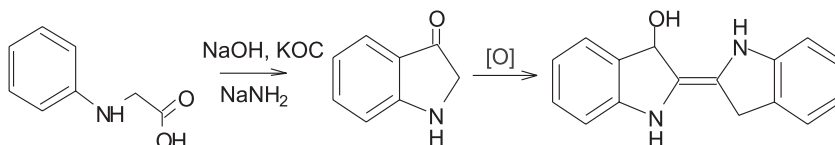


Figure 1. Indigo structure and its syntheses (10)

variations to this method. One such alternative and more cost-effective synthetic route was discovered by Heumann in 1897. This process involves heating N-(2-carboxyphenyl)-glycine with sodium hydroxide to 200°C in a noble gas atmosphere. This leads to the formation of indoxyl-2-carboxylic acid, which easily undergoes decarboxylation to form indoxyl. Subsequently, the indoxyl oxidizes itself to form indigo (Fig. 1). This method is simpler than the technique discovered by Pflieger, however, the precursors used in the synthesis of indigo by Heumann are more expensive than those used in Pflieger's method (17).

### Chemical characteristic of indirubin

Indirubin is a red dye and an isomer of blue indigo and brown isoindigo. After indigo, it is the second major component of the *Indigo naturalis*.

### Chemical properties

Indirubin has an intense red color, which arises from the spontaneous dimerization reaction between colorless precursors of the compound – indoxyl and isatin (18).

Similarly to indigo, indirubin is only slightly soluble. The chemical formula of this compound is:  $C_{16}H_{10}N_2O_2$  and it has a molecular weight of 262.26.

### Natural synthesis

Plant species such as *Polygonum tinctorium* Ait., *Baphicacanthus Cusi* (Nees) Bremek, *Isatis*

*indigotica* Fort. and Mediterranean snails of the genus *Murex*, contain natural precursors of indirubin. Those precursors produce three isomers or their derivatives.

Compounds containing indigoid bonds do not occur naturally in the pure forms of the above mentioned species. They are products of either an enzymatic reaction of dead material or an acid hydrolysis under the influence of air oxidation.

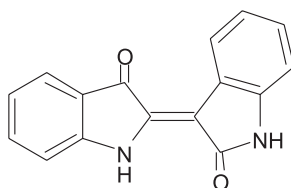
Indirubin can also be formed by either the action of certain bacteria at so called metabolic indican or an indoxyl sulfate. This is a consequence of disorders in tryptophan degradation. Then, this amino acid is present in larger amounts than normal in urine, which can lead to the diagnosis that patient has kidney disease. In such cases, the urine will exhibit a purple-blue color.

Those derivatives of indoxyl with a free hydroxyl group, as well as the derivatives of isatin are intermediates in the process of the formation of indigoids (19).

### Chemical synthesis

Initially, indirubin was obtained as a by-product of the synthesis of indigo. In 1870, Baeyer and Emmerling produced this compound in different proportions by heating isatin, phosphorus trichloride and acetyl chloride in a closed glass tube after adding phosphorus. This resulted in an aqueous solution being obtained (20). Indirubin can also be synthesized in the reaction of sulfur 2-chloro-3H-

### Structural formula of indirubin:



### Chemical synthesis of indirubin from indoxyl and isatin

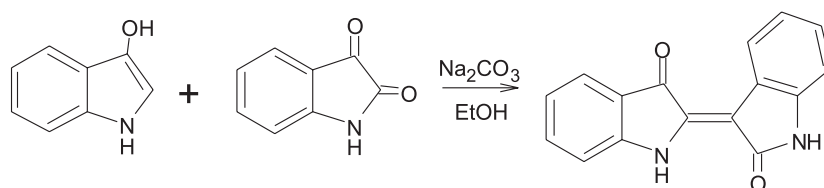


Figure 2. Structure and chemical synthesis of indirubin (34)

indol-3-one with ammonium sulfide or white phosphorus. Then, one of two methods can be used to obtain the dye. The first is to obtain an aqueous solution utilizing the Baeyer reaction. The second uses zinc dust in a glacial acetic acid to give the dye as a side product (21).

Indirubin was synthesized for the first time as a desired product in 1881, where indirubin was formed during a synthesis of isatin sodium carbonate from an ethanolic solution of indoxyl. This synthesis was first conducted by Baeyer (22).

### Qualitative composition of indigoferous plants

Apart from being used in the process of dyeing materials, especially denim, indigo finds its main medicinal application as being used as *Indigo naturalis*. As mentioned, indigo is the most important constituent of this preparation. It is derived from plant species containing indigo. The production of *Indigo naturalis* involves a 100-day-long fermentation of leaves (carefully separated from their stems) from indigo plants. The fermented leaves along with an alkali such as limestone, wood-ash lye and wheat bran are transferred into an indigo vat. Wheat bran is used as food for the fermentation bacteria and the remaining constituents' purpose is to keep the pH of the indigo vat at the value of 10–13. In such conditions, the fermentation process may be sustained and the indigo dye can be extracted easily from the aqueous solution (23). The composition of *Indigo naturalis* consists mainly of the colorants indigo, indirubin and their derivatives.

Depending on the plant species from which the substances are extracted, *Indigo naturalis* contains 5–8% of indigo and 0.05–0.4% of indirubin (24). The Chinese Pharmacopoeia requires the minimum content of 0.13% indirubin (and 2.0% of indigo).

The composition of indigo containing plant species differs, showing the presence of compounds of different origins. These are listed below:

- *Baphicacanthus cusia* (Nees) Bremek: indigo, indirubin, indobrown, indoyellow, isoindigo, triphtrantín;
- *Polygonum tinctorium* Ait.: indigo, indirubin, indicán, qingdainon, triphtrantín and other compounds: N-phenyl-2-naphthylamine, lacerol, isatan B,  $\beta$ -sitosterols;
- *Isatis tinctoria* L.: indigo, indirubin, qingdainon, triphtrantín, n-nonacosane (25, 26).

In addition to these organic compounds, *Indigo naturalis* also contains a small quantity of inorganic substances, a small amount of starch and reducing sugars (25).

The content of indigo in commercial products remains within the range of 1.29–3.12%. There is also a difference in the content of limestone used in a titration process, during the *Indigo naturalis* production. The content of lime varies from 6.85 to 49.59%, which results in the increase of total ash required – in the preparation it ranges between 26.64–71.75%. These significant differences in the content of calcium and magnesium carbonates are the result of the variable traditions and practices used in the production process (9).

### PHARMACOLOGICAL APPLICATIONS

'Qing Dai' – a Chinese name for *Indigo naturalis*, has a salty taste and cooling properties. It affects the functions of the liver, which results in the elimination of toxic heat from the body and a drop of blood's temperature. Moreover, it relieves convulsions. Accordingly, it is indicated in the increased incidence of epidemic disease, hemoptysis associated with increased temperature, bleeding from the nose, chest pain, mouth ulcers, mumps, inflammation of the throat and larynx, and childrens' convulsions (27).

Orally, 'Qing Dai' is usually used in combination with other herbs from TCM for the following ailments: sun stroke, convulsions associated with epilepsy, cough, chest pain, hemoptysis, phlegm and childrens' convulsions (28).

It is forbidden to administer 'Qing Dai' orally to pregnant women. A potential side effect of using the medicine is hay fever.

'Qing Dai' can be used either alone or together with other herbs of Chinese medicine in order to treat: sore throat, eczema, psoriasis, saliva gland, ulcers in the mouth and gingivitis (28).

### *Indirubin*

Due to the low stability of the color, indirubin is rarely used in dyeing of textiles (9).

It has been identified that this compound provides antitumor benefits within the cancer cells of animals. According to studies, indirubin achieves this antitumor effect through the inhibition of DNA synthesis in the tumor cells, while not significantly affecting the inhibition of protein synthesis (29).

Indirubin can form a tertiary compound with the DNA strand and DNA polymerase and thereby block its synthesis. Subsequently, the growth of cancer cells is inhibited (14). It was also discovered that indirubin affects myeloid cells in patients with cancer (12).

In China, indirubin is used in conjunction with other substances of plant origin, for the treatment of chronic myeloid leukemia (CML). It is considered that *Indigo naturalis* is responsible for the anti-leukemia effect. A more detailed analysis has shown that this result was achieved mainly due to the indirubin concentration in the amount of 0.05–0.3% of ‘Qing Dai’ (30).

Indirubin was also identified in the dried parts of plants from the species *Orchidaceae Calanthe* R. Br. This species in TCM is considered as a substance which can be used to treat inflammations and bacterial infections (1).

Results suggest that a complex interaction of several mechanisms is the basis of the anti-cancer effect of indirubin. The main mechanism called cyclin-dependent kinases (CDK) involves the inhibition of enzymes, which represents a crucial role in the late phase of the division cycle. Therefore, indirubin and some of its derivatives, block the enzyme complex-dependent kinases called CDK1/cyclin B and CDK5/p25 (31).

Indirubin also affects the immune system and has been shown that its long-term use leads to an increased cellular immunity in patients with disorders of this type. It has also been shown to improve the condition of the impaired humoral immunity in the same group of patients (32, 33).

## CONCLUSIONS

Derivatives of indigo and the *Indigo naturalis* preparation containing indigo dye, have been commonly used in the treatment of various diseases, such as fevers, different kinds of inflammations, or carcinomas. Their pharmacological effects were noticed and adopted by the Chinese into traditional chinese medicine hundreds of years ago. The discovered pharmacological properties confirm the importance of natural dyes in current medical treatment strategies and not only solely for their use in the process of textile dyeing. The current review recommends the collection of all published knowledge currently available on this topic.

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