Optimal Training Design for MIMO OFDM Systems in Mobile Wireless Channels

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Abstract—This paper describes a least squares (LS) channel estimation scheme for multiple-input multiple-output (MIMO) orthogonal frequency division multiplexing (OFDM) systems based on pilot tones. We first compute the mean square error (MSE) of the LS channel estimate. We then derive optimal pilot sequences and optimal placement of the pilot tones with respect to this MSE. It is shown that the optimal pilot sequences are equipowered, equispaced, and phase shift orthogonal. To reduce the training overhead, an LS channel estimation scheme over multiple OFDM symbols is also discussed. Moreover, to enhance channel estimation, a recursive LS (RLS) algorithm is proposed, for which we derive the optimal forgetting or tracking factor. This factor is found to be a function of both the noise variance and the channel Doppler spread. Through simulations, it is shown that the optimal pilot sequences derived in this paper outperform both the orthogonal and random spreading. It is also shown that a considerable gain in signal-to-noise ratio (SNR) can be obtained by using the RLS algorithm, especially in slowly time-varying channels.

Index Terms—Channel estimation, MIMO, multipath fading channels, OFDM.

I. INTRODUCTION

HIGH-DATA rate techniques in communication systems have gained considerable interest in recent years. A technique that has attracted a lot of attention is orthogonal frequency division multiplexing (OFDM), which is a multicarrier modulation technique. This is due to its simple implementation, and robustness against frequency-selective fading channels, which is obtained by converting the channel into flat fading subchannels. OFDM has been standardized for a variety of applications, such as digital audio broadcasting (DAB), digital television broadcasting, wireless local area networks (WLANs), and asymmetric digital subscriber lines (ADSLs). Combining OFDM with multiple antennas has been shown to provide a significant increase in capacity through the use of transmitter and receiver diversity [8]. However, such systems rely upon the knowledge of channel state information (CSI) at the receiver.

CSI is crucial for data detection and channel equalization. CSI can be obtained in different ways; one is based on training symbols that are a priori known at the receiver, whereas the other is blind, i.e., relies only on the received symbols, and acquires CSI by, e.g., exploiting statistical information and/or transmitted symbol properties (like finite alphabet, constant modulus, etc.) [3], [4]. However, compared with training, blind channel estimation generally requires a long data record. Hence, it is limited to slowly time-varying channels and entails high complexity. For these reasons, we restrict our attention to training-based channel estimation in this paper.

Typical procedures for identifying the channel based on training utilize multiple OFDM symbols that consist completely of pilot symbols. For single-input single-output (SISO) systems, this approach can be found in [1], [9], and [10], whereas for multiple-input multiple-output (MIMO) systems, it can be found in [5]. In such systems, the CSI is estimated prior to any transmission of data. When the CSI changes significantly, a retraining sequence is transmitted. In a fast time-varying environment, such systems must continuously retrain to re-estimate the CSI. Between retraining, these systems experience an increased BER due to their outdated channel estimates. Wiener filtering (in time and/or frequency) based on a known channel correlation function (in time and/or frequency) can be used to improve the channel estimate [2], [12].

Using pilot tones to obtain the CSI was first proposed in [7], where an optimal placement of the pilot tones with regard to (w.r.t.) the mean square error (MSE) of the least squares (LS) channel estimate is proposed for SISO OFDM systems. Extending this idea to MIMO OFDM systems is not straightforward, since not only the placement of the pilot tones but also the pilot sequences themselves must be optimized to obtain the minimal MSE of the LS channel estimate. Note that optimal training for SISO OFDM systems w.r.t. the MSE of the LS channel estimate, and the MSE at the output of a zero-forcing receiver based on the LS channel estimate is discussed in [14]. Optimal training for SISO OFDM systems w.r.t. the capacity based on the linear minimum mean square error (LMMSE) channel estimate is presented in [11].

In this paper, a LS channel estimation scheme for MIMO OFDM systems based on pilot tones is described. First, the MSE of the LS channel estimate is computed. Then, optimal pilot sequences and optimal placement of the pilot tones w.r.t. this MSE are derived. To reduce the training overhead, an LS channel estimation scheme over multiple OFDM symbols is also discussed.
Moreover, to enhance channel estimation, a recursive LS (RLS) algorithm is proposed.

This paper is organized as follows. In Section II, we briefly overview the basic system model; in Section III, we introduce LS channel estimation; the analysis of the LS channel estimator is derived in Section IV, through which we derive an optimal training strategy; Section V presents computer simulation results, and finally, conclusions are drawn in Section VI.

Notation: Upper (lower) letters will generally be used for frequency-domain (time-domain) symbols; boldface letters will be used for matrices and column vectors; (·)\textsuperscript{H} will denote Hermitian (conjugate transpose), (·)\textsuperscript{-1} matrix pseudo inverse, and \textsuperscript{\lfloor\cdot\rfloor} integer ceiling; \mathcal{E}\{\cdot\} is used to represent expectation and tr\{\cdot\} to represent trace. We will use [A]_{m,n} to denote the \((n, m)\)th entry of the matrix \(A\); \(I_N\) will denote the \(N \times N\) identity matrix and \(0_{N \times M}\) the \(N \times M\) all-zero matrix. Further, diag \{\cdot\} stands for the diagonal matrix with the column vector \(\mathbf{x}\) on its diagonal; finally, \(j = \sqrt{-1}\).

II. SYSTEM MODEL

The system under consideration is depicted in Fig. 1, which shows a MIMO OFDM system with \(N_t\) transmit antennas, \(N_r\) receive antennas, and \(K\) subcarriers. At each transmit (receive) antenna, the conventional OFDM modulator (demodulator) is used. Suppose the OFDM symbol that is transmitted from the \(r\)th antenna at time index \(n\) is denoted by the \(K\times1\) vector \(\mathbf{X}^r(n)\). Before transmission, this vector is processed by an IFFT, and a cyclic prefix of length \(\nu\) is added. We assume that \(\nu \geq L-1\), where \(L\) is the maximum length of all channels, which is common practice in wireless communications. After removing the cyclic prefix at the \(q\)th receive antenna, we obtain the \(K\times1\) vector \(\mathbf{y}^q(n)\), which can be written as

\[
\mathbf{y}^q(n) = \sum_{r=1}^{N_t} \mathbf{H}_{cr}^{q,r} \mathcal{F}^{H} \mathbf{X}^r(n) + \eta^q(n)
\]

where \(\mathbf{H}_{cr}^{q,r}\) is a circulant matrix with first column given by \([\mathbf{h}^q \circ \mathcal{F}^{-1}\mathbf{h}^r, 0_{1 \times (K-L)}]^T\), and \(\mathbf{h}^q \circ \mathbf{h}^r\) is the \(L \times 1\) vector representing the length \(L\) channel impulse response from the \(r\)th transmit antenna to the \(q\)th receive antenna. Note that \(\mathcal{F}\) denotes the \(K \times K\) unitary DFT matrix. It is easy to show that the eigenvalue decomposition of \(\mathbf{H}_{cr}^{q,r}\) leads to \(\mathbf{H}_{cr}^{q,r} = \mathcal{F}^{H} \text{diag}\{\sqrt{K} \mathcal{F} \mathbf{h}^q \circ \mathbf{h}^r, 0_{1 \times (K-L)}^T\} \mathcal{F}\). Taking the FFT of \(\mathbf{y}^q(n)\), we finally obtain

\[
\mathbf{Y}^q(n) = \sum_{r=1}^{N_t} \text{diag}\{\sqrt{K} \mathcal{F} \mathbf{h}^q \circ \mathbf{h}^r, 0_{1 \times (K-L)}^T\} \times \mathbf{X}^r(n) + \Xi^q(n)
\]

where \(\Xi^q(n) = \mathcal{F} \eta^q(n)\).

III. LEAST SQUARES CHANNEL ESTIMATION

In this section, a least squares (LS) channel estimation scheme is derived. Let \(\mathbf{X}^r(n) = \mathbf{S}^r(n) + \mathbf{B}^r(n)\) [14], where \(\mathbf{S}^r(n)\) is some arbitrary \(K \times 1\) data vector, and \(\mathbf{B}^r(n)\) is some arbitrary \(K \times 1\) pilot sequence vector. Then, (2) can be written as

\[
\mathbf{Y}^q(n) = \sum_{r=1}^{N_t} \text{diag}\{\mathbf{X}^r(n)\} \mathbf{F}^{q,r} + \Xi^q(n)
\]

\[
= \sum_{r=1}^{N_t} \left( \text{diag}\{\mathbf{S}^r(n)\} + \text{diag}\{\mathbf{B}^r(n)\} \right) \times \mathbf{F}^{q,r} + \Xi^q(n)
\]

where \(\mathbf{F}\) is \(\sqrt{K}\) times the first \(L\) columns of \(\mathcal{F}\). Defining \(\mathbf{S}_{\text{diag}}^r(n) = \text{diag}\{\mathbf{S}^r(n)\}\) and \(\mathbf{B}_{\text{diag}}^r(n) = \text{diag}\{\mathbf{B}^r(n)\}\). (3) can be rewritten as

\[
\mathbf{Y}^q(n) = \sum_{r=1}^{N_t} \mathbf{S}_{\text{diag}}^r(n) \mathbf{F}^{q,r} + \sum_{r=1}^{N_t} \mathbf{B}_{\text{diag}}^r(n) \mathbf{F}^{q,r} + \Xi^q(n).
\]

Assuming training over \(g\) consecutive OFDM symbols, e.g., over the time indices \(n \in \{0, \ldots, g-1\}\), we consider the data model

\[
\mathbf{Y}^q = \mathbf{T} \mathbf{h}^q + \mathbf{A} \mathbf{h}^q + \Xi^q
\]
where \( \mathbf{Y}^q = [\mathbf{Y}^q(0), \ldots, \mathbf{Y}^q(g-1)]^T \), \( \Xi^q = [\Xi^q(0), \ldots, \Xi^q(g-1)]^T \)

\[
T = \begin{bmatrix}
S_{\text{diag}}^1(0) \mathbf{F} & \cdots & S_{\text{diag}}^N(0) \mathbf{F} \\
\vdots & \ddots & \vdots \\
S_{\text{diag}}^{g-1}(0) \mathbf{F} & \cdots & S_{\text{diag}}^N(g-1) \mathbf{F}
\end{bmatrix}
\]

\[
A = \begin{bmatrix}
\mathbf{B}_{\text{diag}}^1(0) \mathbf{F} & \cdots & \mathbf{B}_{\text{diag}}^N(0) \mathbf{F} \\
\vdots & \ddots & \vdots \\
\mathbf{B}_{\text{diag}}^{g-1}(0) \mathbf{F} & \cdots & \mathbf{B}_{\text{diag}}^N(g-1) \mathbf{F}
\end{bmatrix}
\]

and \( \mathbf{h}^q = [\mathbf{h}^q1^T, \ldots, \mathbf{h}^qN^T]^T \). The LS estimate of \( \mathbf{h}^q \) can then be obtained as

\[
\hat{\mathbf{h}}^q = A^+ \mathbf{Y}^q.
\]

We assume that the pilot sequences are designed such that the \( gK \times LN_t \) matrix \( \mathbf{A} \) is of full column rank \( LN_t \), which requires \( gK \geq LN_t \). The pseudo-inverse of \( \mathbf{A} \) can thus be written as \( \mathbf{A}^+ = (\mathbf{A}^H \mathbf{A})^{-1} \mathbf{A}^H \) [15, p. 521]. Using (4), we then obtain

\[
\hat{\mathbf{h}}^q = \mathbf{h}^q + \mathbf{A}^+ \mathbf{Y}^q.
\]

To eliminate the interference term due to the data, we impose the following condition:

\[
\mathbf{A}^+ \mathbf{T} = 0_{LN_t \times LN_t}.
\]

We then obtain

\[
\hat{\mathbf{h}}^q = \mathbf{h}^q + \mathbf{A}^+ \Xi^q.
\]

Note that (10) indicates that \( \hat{\mathbf{h}}^q \) is a combination of the true channel vector \( \mathbf{h}^q \) plus a term affected only by the noise in the system. For zero-mean white noise, \( \mathbf{E}(\hat{\mathbf{h}}^q) = \mathbf{h}^q + \mathbf{A}^+ \mathbf{E}(\Xi^q) = \mathbf{h}^q \), i.e., \( \hat{\mathbf{h}}^q \) forms an unbiased estimate of \( \mathbf{h}^q \). Condition (9) holds when \( \mathbf{B}_{\text{diag}}^h(n) S_{\text{diag}}^s(n) = 0_K \times K, \forall r, s = 1, \ldots, N_t \), and \( \forall n \in \{0, \ldots, g-1\} \). The only way of satisfying this is by choosing disjoint sets of tones for training and data in each OFDM symbol, i.e., zeros in \( \mathbf{B}^h(n) \), where \( S^h(n) \) contains nonzeros, and vice versa. Note that these sets of tones are not necessarily the same for each OFDM symbol. Assuming we use \( P/g \) pilot tones per OFDM symbol (not necessarily the same set of \( P/g \) pilot tones for each OFDM symbol), we can write (7) and (10) in a simplified form:

\[
\hat{\mathbf{h}}^q = \bar{\mathbf{A}}^+ \bar{\Xi}^q = \bar{\mathbf{h}}^q + \bar{\mathbf{A}}^+ \bar{\Xi}^q
\]

As mentioned earlier, we will design the \( gK \times LN_t \) matrix \( \mathbf{A} \) to have full column rank \( LN_t \). Following the above design, this is equivalent to the \( P \times LN_t \) matrix \( \bar{\mathbf{A}} \) having full column rank \( LN_t \), which requires \( P \geq LN_t \). It can easily be checked that the design we will propose later satisfies this full rank condition.

IV. CHANNEL ESTIMATION ANALYSIS

In this section, the MSE of the LS channel estimate is computed. Optimal pilot sequences and optimal placement of the pilot tones w.r.t. this MSE are then derived.

From (11), the MSE of the LS channel estimate is given by

\[
\text{MSE} = \frac{1}{LN_t} \mathbf{E}\left\{ \left\| \hat{\mathbf{h}}^q - \mathbf{h}^q \right\|^2 \right\}
\]

\[
= \frac{1}{LN_t} \mathbf{E}\left\{ \left\| \bar{\mathbf{h}}^q + \bar{\mathbf{A}}^+ \bar{\Xi}^q \right\|^2 \right\}
\]

\[
= \frac{1}{LN_t} \text{tr}\left\{ \bar{\mathbf{A}}^+ \mathbf{E}(\bar{\Xi}^q \bar{\Xi}^q^H) \bar{\mathbf{A}}^H \right\}.
\]

For zero-mean white noise, we have \( \mathbf{E}(\bar{\Xi}^q \bar{\Xi}^q^H) = \sigma_n^2 \mathbf{I}_p \). Then, the MSE can be written as

\[
\text{MSE} = \frac{\sigma_n^2}{LN_t} \text{tr}\left\{ (\bar{\mathbf{A}}^H \bar{\mathbf{A}})^{-1} \right\}.
\]

Using a similar argument as in [6], we can show that in order to obtain the minimum MSE of the LS channel estimate subject to a fixed power \( P \) dedicated for training, we require \( \bar{\mathbf{A}}^H \bar{\mathbf{A}} = \mathbf{P} \mathbf{I}_{LN_t} \). The minimum MSE is given by

\[
\text{MSE}_{\text{min}} = \frac{\sigma_n^2}{P}.
\]

A. Optimal Training Over One OFDM Symbol

In this subsection, we will derive the optimal pilot sequences and optimal placement of the pilot tones w.r.t. the MSE of the LS channel estimate. For simplicity, we will start with training over one OFDM symbol (\( g = 1 \)) and then extend it to training over multiple OFDM symbols (\( g > 1 \)).

According to Section III, when \( g = 1 \), training is performed over the time index \( n = 0 \). To simplify notation, we will omit this time index \( n = 0 \) in the following. First, let us rewrite \( \bar{\mathbf{A}}^H \bar{\mathbf{A}} \) as

\[
\bar{\mathbf{A}}^H \bar{\mathbf{A}} = \begin{bmatrix}
C_{r,1} & \cdots & C_{r,N_t}
\vdots & \ddots & \vdots \\
C_{N_t,1} & \cdots & C_{N_t,N_t}
\end{bmatrix}
\]

where \( C_{r,s} \) is the \( (r, s) \)th \( L \times L \) sub-matrix of \( \bar{\mathbf{A}}^H \bar{\mathbf{A}} \), which is given by

\[
C_{r,s} = \begin{bmatrix}
\mathbf{P} \mathbf{I}_L & \mathbf{F} \mathbf{P} \mathbf{I}_L \\
\mathbf{0}_{L \times L} & \mathbf{F}
\end{bmatrix},
\]

As mentioned before, to obtain the minimum MSE of the LS channel estimate subject to a fixed power \( P \) dedicated for training, we require \( \bar{\mathbf{A}}^H \bar{\mathbf{A}} = \mathbf{P} \mathbf{I}_{LN_t} \), i.e.,

\[
C_{r,s} = \begin{bmatrix}
\mathbf{P} \mathbf{I}_L & \mathbf{F} \mathbf{P} \mathbf{I}_L \\
\mathbf{0}_{L \times L} & \mathbf{F}
\end{bmatrix},
\]

if \( r = s \)

\[
\mathbf{0}_{L \times L},
\]

if \( r \neq s \).
Note that with \( \{k_0, k_1, \ldots, k_{P-1}\} \) being the set of \( P \) pilot tones used for training, \( \hat{\mathbf{F}} \) can be written as \( \hat{\mathbf{F}} = [\mathbf{f}_0, \ldots, \mathbf{f}_{L-1}] \), where \( \mathbf{f}_i = [e^{-j2\pi k_0/\hat{K}}, e^{-j2\pi k_1/\hat{K}}, \ldots, e^{-j2\pi k_{P-1}/\hat{K}}]^T \).

First, we will consider the case \( r = s \) in (17). Let the power on the \( r \)th pilot tone of the \( r \)th transmit antenna be \( \mathcal{P}_r \), such that \( \sum_{p=0}^{P-1} \mathcal{P}_r^p = \mathcal{P} \). We then obtain

\[
C_{r,r} = \hat{\mathbf{F}}^H \text{diag}(\{\mathcal{P}_0^r, \ldots, \mathcal{P}_P^r\})^T \hat{\mathbf{F}}. \tag{18}
\]

The \((i, j)\)th entry of the sub-matrix \( C_{r,r} \) can then be written as

\[
[C_{r,r}]_{i,j} = \mathbf{t}_r^H \text{diag}(\{\mathcal{P}_0^r, \ldots, \mathcal{P}_P^r\}) \mathbf{f}_j \tag{19}
\]

which is equivalent to

\[
[C_{r,r}]_{i,j} = \begin{cases} 
\mathcal{P}_r^j & \text{if } i = j \\
\sum_{p=0}^{P-1} \mathcal{P}_r^p e^{-j2\pi k_p(j-i)/\hat{K}} & \text{if } i \neq j.
\end{cases} \tag{20}
\]

To satisfy the first part of (17), we thus require

\[
\sum_{p=0}^{P-1} \mathcal{P}_r^p e^{-j2\pi k_p\phi/K} = \mathcal{P} \delta(\phi), \quad \forall \phi \in \{-L+1, \ldots, L-1\}. \tag{21}
\]

The above condition is satisfied if and only if the following conditions are satisfied.

C1) \( \mathcal{P}_r^p = \mathcal{P}/\hat{P}, \quad \forall p \in \{0, \ldots, P-1\} \) and \( \forall r \in \{1, \ldots, \hat{N}_r\} \).

C2) \( k_p = k_0 + pV, \quad \forall \phi \in \{-L+1, \ldots, L-1\} \setminus \{0\} \),

where \( \mathbf{Z} \) such that \( PV/K \in \mathbf{Z} \) and \( V \phi/K \in \mathbf{Z} \), \( \forall \phi \in \{-L+1, \ldots, L-1\} \), and \( k_0 \in \{0, \ldots, V-1\} \) is some offset.

Note that condition C2) is obtained by using C1) and the power series expansion. C1) means that the pilot tones must be \textit{equipowered}, whereas C2) means that the pilot tones must be \textit{equispaced}, to achieve the first part of (17). For a minimum number of pilot tones or a maximum spacing, we have \( PV = K \) or \( V = K/\hat{P} \). For cheap, fast, and simple implementation of the DFT, the total number of subcarriers \( \hat{K} \) is chosen to be a power of 2 in practical systems. Since \( P \) should divide \( K \), when we consider a minimum number of pilot tones or a maximum spacing, \( P \) should also be a power of 2. Hence, keeping in mind that \( \mathcal{P} \geq L\hat{N}_r \) we generally select \( P = 2^{\lceil \log_2(L\hat{N}_r) \rceil} \).

We now investigate the conditions imposed by the second part of (17), i.e., \( r \neq s \). Let us assume equispaced pilot tones with maximum spacing, that is \( k_p = k_0 + pK/\hat{P} \). The \((i, j)\)th entry of \( C_{r,s} \) can then be written as

\[
[C_{r,s}]_{i,j} = e^{-j2\pi k_0(i-j)/K} \sum_{p=0}^{P-1} \left[ \mathbf{B}_r^H \text{diag}(\mathbf{D}_r) \mathbf{B}_s \right]_{p,p} e^{-j2\pi p(i-j)/P}, \tag{21}
\]

where \( \mathbf{D}_r \) represents the \( P \times P \) phase shift matrix with phase shift \( \phi \)

\[ \mathbf{D}_r = \text{diag}(\{1, e^{-j2\pi \phi}, \ldots, e^{-j2\pi (P-1)\phi}/P\})^T. \]

It is clear from (21) that the second part of (17) is satisfied when

\[
\sum_{p=0}^{P-1} \left[ \mathbf{B}_r^H \text{diag}(\mathbf{D}_r) \mathbf{B}_s \right]_{p,p} = 0 \tag{22}
\]

\[ \forall \phi \in \{-L+1, \ldots, L-1\}, \forall r, s \in \{1, \ldots, \hat{N}_r\}, \text{with } r \neq s. \]

When \( L = 1 \) (flat fading), the pilot sequences on different transmit antennas must be orthogonal. However, when \( L > 1 \) (frequency-selective fading), the pilot sequences on different transmit antennas must be not only orthogonal but \textit{phase shift orthogonal} for phase shifts in the range \( \phi \in \{-L+1, \ldots, L-1\} \).

Note that phase shift orthogonality in the frequency domain corresponds to circular shift orthogonality in the time domain. In other words, the pilot sequence of one antenna must not only be orthogonal to the pilot sequences of other antennas but to circularly shifted copies of these sequences as well.

For the purpose of comparison, we list various scenarios and the constraints they impose on the optimal pilot sequences in Table I.

### Table I

<table>
<thead>
<tr>
<th>Configuration</th>
<th>PS Requirement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Single TX</td>
<td>Equipowered + Equispaced [7]</td>
</tr>
<tr>
<td>Multiple TX</td>
<td>Equispaced + Equispaced</td>
</tr>
<tr>
<td>Flat Fading: L = 1</td>
<td>+ Orthogonal</td>
</tr>
<tr>
<td>Multiple TX</td>
<td>Equispaced + Equispaced</td>
</tr>
<tr>
<td>Frequency-Selective Fading: L &gt; 1</td>
<td>+ Phase Shift Orthogonal</td>
</tr>
<tr>
<td>Fading: L &gt; 1</td>
<td>( \phi \in {-L+1, \ldots, L-1} )</td>
</tr>
</tbody>
</table>

Optimal pilot sequences can now be designed as

\[
[\mathbf{B}_r^H]_{p,p} = \sqrt{\hat{P}/P} e^{-j2\pi p n_r/p} \tag{23}
\]

\[ \forall p \in \{0, \ldots, P-1\} \]

\[ \forall r \in \{1, \ldots, \hat{N}_r\} \]

where the set \( \{n_r\}_{r=1}^{\hat{N}_r} \) has to be selected in a special way. Since

\[
[\mathbf{B}_r^H \mathbf{B}_s]_{p,p} = \frac{\hat{P}/P}{\sqrt{\hat{P}/P} e^{-j2\pi p (n_r - n_s)/p}} \]

it is clear that in order to satisfy (22), we need \( (n_r - n_s + j - i)/P \notin \mathbf{Z}, \forall i, j \in \{0, \ldots, L-1\}, \) and \( \forall r, s \in \{1, \ldots, \hat{N}_r\} \) with \( r \neq s \). One possible choice is \( n_r = (r - 1)L, \forall r \in \{1, \ldots, \hat{N}_r\} \). For an arbitrary unit modulus sequence \( c(p) \) of length \( P \), \( \{c(p)\} = 1, \forall p \in \{0, \ldots, P-1\} \), it is also worth noticing that when \( [\mathbf{B}_r^H \mathbf{B}_s]_{p,p} = \sqrt{\hat{P}/P} e^{-j2\pi p n_r/p} \) is optimal, then \( [\mathbf{B}_r^H \mathbf{B}_s]_{p,p} = \sqrt{\hat{P}/P} e^{-j2\pi p n_r/p} c(p) \) is also optimal.

### B. Optimal Training Over Multiple OFDM Symbols

We will now consider training over multiple OFDM symbols \( (g > 1) \). According to Section III, when \( g > 1 \), training is
performed over the time indices \( n \in \{0, \ldots, g - 1\} \). First, let us rewrite \( \hat{\mathbf{A}}^H \hat{\mathbf{A}} \) as

\[
\hat{\mathbf{A}}^H \hat{\mathbf{A}} = \begin{bmatrix}
C_{1,1} & \cdots & C_{1,N_t} \\
\vdots & \ddots & \vdots \\
C_{N_t,1} & \cdots & C_{N_t,N_t}
\end{bmatrix}
\]  \tag{23}

where

\[
C_{r,s} = \sum_{n=0}^{g-1} \hat{\mathbf{F}}(n) \hat{\mathbf{B}}_{\text{diag}}(n)^H \hat{\mathbf{F}}(n).
\]  \tag{24}

To obtain the minimum MSE of the LS channel estimate subject to a fixed power \( \mathcal{P} \) dedicated for training, we again require (17) to be satisfied. Note that with \( \{k_0(n), k_3(n), \ldots, k_{P/g-1}(n)\} \) being the set of \( P/g \) pilot tones used for training at time index \( n \), \( \hat{\mathbf{F}}(n) \) can be written as \( \hat{\mathbf{F}}(n) = [f_0(n), \ldots, f_{g-1}(n)] \), where

\[
f_i(n) = e^{-j2\pi(k_0(n)/K)} \ldots e^{-j2\pi(k_{P/g-1}(n)/K)}. \]

First, we will consider the case \( r = s \) in (17). Let the power on the \( j \)th pilot tone of the \( r \)th transmit antenna at time index \( n \) be \( \mathcal{P}_j(n) \) such that \( \sum_{n=0}^{g-1} \sum_{j=0}^{P/g-1} \mathcal{P}_j(n) = \mathcal{P} \). In a similar fashion as before, to satisfy the first part of (17), we require

\[
\sum_{n=0}^{g-1} \sum_{j=0}^{P/g-1} \mathcal{P}_j(n) e^{-j2\pi k_p(n) \phi} = \mathcal{P} \delta(\phi)
\]

\[\forall \phi \in \{-L + 1, \ldots, L - 1\}.\]

Up to an order ambiguity of the pilot tones, i.e., which set of \( P/g \) pilot tones is used during which OFDM symbol, the above condition is satisfied, if and only if the following conditions are satisfied.

C1) \( \mathcal{P}_j(n) = \mathcal{P}/P, \forall n \in \{0, \ldots, g - 1\}, \forall j \in \{0, \ldots, P/g - 1\}, \text{ and } r \in \{1, \ldots, N_t\}. \)

C2) \( k_p(n) = k_0(n + p) + (n + p g) V, \forall n \in \{0, \ldots, g - 1\}, \forall p \in \{0, \ldots, P/g - 1\}, \) where \( V \in \mathbb{Z} \), such that \( PV \phi/K \in \mathbb{Z} \) and \( V \phi/K \notin \mathbb{Z} \), \( \forall \phi \in \{-L + 1, \ldots, L - 1\} \setminus \{0\}, \) and \( p_0 \in \{0, \ldots, V - 1\} \) is some offset.

Notice the similarity with the conditions stated in Section IV-A. For a minimum number of pilot tones or a maximum spacing, we again have \( PV = K \) or \( V = K/P \).

We now investigate the conditions imposed by the second part of (17), i.e., \( r \neq s \). Let us assume equispaced pilot tones with maximum spacing, that is, \( k_p(n) = p_0 + (n + p g) K/P. \) The \((i, j)\)th entry of \( \mathbf{C}_{r,s} \) can then be written as

\[
[\mathbf{C}_{r,s}]_{i,j} = e^{-j2\pi(p_0(i-j))/K} \sum_{n=0}^{g-1} \sum_{p=0}^{P/g-1} \hat{\mathbf{B}}_{\text{diag}}^H(n) \hat{\mathbf{B}}_{\text{diag}}(n) p_{i,j}.
\]

\[
= e^{-j2\pi(p_0(j-i))/K} \sum_{n=0}^{g-1} \sum_{p=0}^{P/g-1} \hat{\mathbf{B}}_{\text{diag}}^H(n) \hat{\mathbf{B}}_{\text{diag}}(n) p_{i,j}.
\]  \tag{25}

where \( \mathbf{D}(n) \) represents the \( P/g \times P/g \) phase shift matrix with phase shift \( \phi \) and offset determined by \( n \):

\[
\mathbf{D}(n) = \text{diag}\{e^{-j2\pi(n+1)/P}, e^{-j2\pi(n+g)/P}, \ldots, e^{-j2\pi(n+P(g-1))/P}\},
\]

It is clear from (25) that the second part of (17) is satisfied when

\[
\sum_{n=0}^{g-1} \sum_{p=0}^{P/g-1} \hat{\mathbf{B}}_{\text{diag}}^H(n) \mathbf{D}_{\phi}(n) \hat{\mathbf{B}}_{\text{diag}}(n) p_{i,j} = 0
\]  \tag{26}

\[\forall n \in \{-L + 1, \ldots, L - 1\}, \forall r, s \in \{1, \ldots, N_t\}, \text{ with } r \neq s.\]

As before, optimal pilot sequences can now be designed as

\[
[\hat{\mathbf{B}}_{\text{diag}}^H(n)]_{p,j} = \sqrt{\mathcal{P}/P} e^{-j2\pi n (n+pg)/P} \]

\[\forall n \in \{0, \ldots, g - 1\}, \forall p \in \{0, \ldots, P/g - 1\}, \forall r \in \{1, \ldots, N_t\}, \]

where the set \( n_r, r = 1, \ldots, N_t \) has to be selected in a special way. Since

\[
[\hat{\mathbf{B}}_{\text{diag}}^H(n) \hat{\mathbf{B}}_{\text{diag}}(n)]_{p,j} = \mathcal{P}/P e^{-j2\pi(n_r - n_i)(n+pg)/P}
\]

it is clear that in order to satisfy (22), we need \((n_r - n_i + j - i)/P \notin \mathbb{Z}, \forall i, j \in \{0, \ldots, L - 1\}, \text{ and } \forall n, s \in \{1, \ldots, N_t\}, \text{ with } r \neq s.\) As before, one possible choice is \( n_r = (r - 1) L, \) \( \forall r \in \{1, \ldots, N_t\}.\)

Hence, we can design optimal pilot sequences as in Section IV-A, arbitrarily split each sequence of length \( P \) into \( g \) subsequences of length \( P/g \), and arbitrarily assign each subsequence to a different OFDM symbol (see, for example, Fig. 2 for training over two consecutive OFDM symbols).
C. Channel Estimation Enhancement

In this subsection, we consider a slowly time-varying channel and describe an RLS algorithm for channel estimation enhancement, where previously received frames of $g$ OFDM symbols can be used to estimate the channel in the current frame. For simplicity, we only consider $g = 1$ in this section. However, the obtained results can easily be generalized to $g > 1$. For convenience, the receive antenna index $q$ is omitted. The channel vector $\hat{h}$ and the matrix $\hat{A}$ will now depend on the time index $n$. The channel vector $\hat{h}(n)$ is estimated as

$$
\hat{h}(n) = \begin{bmatrix}
\vdots \\
\lambda^k \hat{A}(n-k) \\
\vdots \\
\lambda^\hat{A}(n-1) \\
\lambda \hat{Y}(n-1) \\
\hat{Y}(n)
\end{bmatrix} + \begin{bmatrix}
\vdots \\
\lambda^k \hat{Y}(n-k) \\
\vdots \\
\lambda \hat{Y}(n-1) \\
\lambda \hat{Y}(n)
\end{bmatrix} \begin{bmatrix}
K_{\text{RLS}}^n \\
S_{\text{RLS}}^n
\end{bmatrix},
$$

(27)

where $\lambda < 1$ is called the forgetting or tracking factor. Using the fact that $\hat{A}$ is an orthogonal matrix (optimal pilot sequences derived in the previous sections are used), it can be easily shown that

$$
\hat{h}(n) = \frac{1 - \lambda^2}{1 - \lambda^2(n+1)} \hat{A}^H_{\text{RLS}} \hat{Y}(n) / \mathcal{P}.
$$

(28)

At time index $n + 1$, we can then write

$$
\hat{h}(n + 1) = \frac{1 - \lambda^2}{1 - \lambda^2(n+2)} \hat{A}^H_{\text{RLS}} \hat{Y}(n + 1) / \mathcal{P}.
$$

(29)

Substituting (28) in (29) yields

$$
\hat{h}(n + 1) = \lambda^2 \frac{1 - \lambda^2(n+1)}{1 - \lambda^2(n+2)} \hat{h}(n) + \frac{1 - \lambda^2}{1 - \lambda^2(n+2)} \hat{Y}(n + 1) / \mathcal{P}
$$

(30a)

$$
= \lambda^2 \frac{1 - \lambda^2(n+1)}{1 - \lambda^2(n+2)} \hat{h}(n) + \frac{1 - \lambda^2}{1 - \lambda^2(n+2)} \hat{h}(n + 1)
$$

(30b)

$$
+ \frac{(1 - \lambda^2)}{1 - \lambda^2(n+2)} \hat{A}^H(n + 1) \hat{E}(n + 1) / \mathcal{P}.
$$

(31)

From (30a), it is clear that a low-complexity algorithm for channel estimation can be used, where rather than storing and tracking a large matrix, we can simply update our new channel estimate by only $LN_t P^2$ multiplications. We define the error of the new channel estimate as

$$
\epsilon_{n+1} = \hat{h}(n + 1) - h(n + 1)
$$

$$
= \lambda^2 \frac{1 - \lambda^2(n+1)}{1 - \lambda^2(n+2)} h(n) - \frac{1 - \lambda^2(n+1)}{1 - \lambda^2(n+2)} h(n + 1)
$$

$$
+ \frac{1 - \lambda^2}{1 - \lambda^2(n+2)} \hat{A}^H(n + 1) \hat{E}(n + 1) / \mathcal{P}.
$$

(31)

For $n \to \infty$, we may assume $(1 - \lambda^2(n+1))/(1 - \lambda^2(n+2)) \approx 1$ and $1 - \lambda^2(n+2) \approx 1$. Defining $\beta = \lambda^2$, (31) then becomes

$$
\epsilon_{n+1} = \beta (\hat{h}(n) - h(n + 1)) + (1 - \beta) \hat{A}^H(n + 1) \hat{E}(n + 1) / \mathcal{P}.
$$

Substituting $\epsilon_n = \hat{h}(n) - h(n)$, the error of the new channel estimate can be written as

$$
\epsilon_{n+1} = \beta \epsilon_n + (1 - \beta) \hat{A}^H(n + 1) \hat{E}(n + 1) / \mathcal{P}.
$$

(32)

Assuming $\epsilon_n$ is uncorrelated with $h(n) - h(n + 1)$, the MSE of the new channel estimate can be written as

$$
\mathbb{E}[\epsilon_{n+1}^2] = \lambda^2 \mathbb{E}[\epsilon_n^2] + 2 \mathbf{R}_{hh}(0) - 2 \mathbf{R}_{hh}(1)
$$

(33)

Substituting (28), the error of the new channel estimate can be written as

$$
(1 - \beta^2) \mathbb{E}[\epsilon_n^2] = \beta^2 \mathbb{E}[\epsilon_{n+1}^2] + (1 - \beta)^2 \sigma_n^2 LN_t / \mathcal{P}.
$$

(34)

For i.i.d. channel taps that are correlated in time, we obtain

$$
\mathbf{R}_{hh}(k) = \sigma_{hh}(k) \mathbf{I}_{LN_t}.
$$

(35)

Substituting $\mathbf{R}_{hh}(0)$ and $\mathbf{R}_{hh}(1)$ in (34), the MSE of the channel estimate can be written as

$$
\text{MSE}(\beta) = \frac{1}{LN_t} \mathbb{E}[\epsilon_n^2] = \frac{\beta^2}{1 - \beta^2} (2 \mathbf{R}_{hh}(0) - 2 \mathbf{R}_{hh}(1))
$$

$$
+ \frac{(1 - \beta)^2}{1 - \beta^2} \sigma_n^2 / \mathcal{P}.
$$

(36)

From (35), an optimal $\beta$ can be derived as

$$
\beta_{opt} = 1 + \frac{2 \mathbf{R}_{hh}(0) - 2 \mathbf{R}_{hh}(1)}{2 \sigma_n^2 / \mathcal{P}}
$$

$$
- \sqrt{\frac{1}{4} \left( \frac{2 \mathbf{R}_{hh}(0) - 2 \mathbf{R}_{hh}(1)}{\sigma_n^2 / \mathcal{P}} \right)^2 + \left( \frac{2 \mathbf{R}_{hh}(0) - 2 \mathbf{R}_{hh}(1)}{\sigma_n^2 / \mathcal{P}} \right)^2}.
$$

(37)

Defining the degree of nonstationarity as in [7]

$$
\eta_s = \frac{2 \mathbf{R}_{hh}(0) - 2 \mathbf{R}_{hh}(1)}{\sigma_n^2 / \mathcal{P}}
$$

we can write (36) as

$$
\beta_{opt} = 1 + \frac{\eta_s}{2} - \sqrt{\frac{\eta_s^2}{4} + \eta_s}.
$$
A similar analysis can be performed in the frequency domain. From (32), the error of the channel estimate can be written as (assume again $n \to \infty$)

$$
\Upsilon(z) = \frac{\beta(z^{-1} - 1)}{1 - \beta z^{-1}} H(z) + \frac{1 - \beta}{1 - \beta z^{-1}} \hat{X}^H(z)/P.
$$

(38)

Substituting $z = e^{j\omega}$, the MSE of the channel estimate becomes

$$
\text{MSE}(\beta) = \frac{1}{2\pi} \int_{-\pi}^{\pi} \Upsilon(e^{j\omega})\Upsilon^*(e^{j\omega}) d\omega
$$

$$
= \frac{1}{2\pi} \int_{-\pi}^{\pi} \left( F(e^{j\omega})F^*(e^{j\omega})S_{hh}(f) + G(e^{j\omega})G^*(e^{j\omega}) \sigma_n^2 \right) d\omega
$$

(39)

where $F(e^{j\omega}) = (\beta(e^{-j\omega} - 1))/(1 - \beta e^{-j\omega})$, $G(e^{j\omega}) = (1 - \beta)/(1 - \beta e^{-j\omega})$, and $S_{hh}(f) = \sum_{k=-\infty}^{\infty} r_{hh}(k)e^{-j2\pi kf}$. From Jakes’ model, the correlation function $r_{hh}(k)$ can be written as

$$
r_{hh}(k) = \sigma_n^2 J_0(2\pi f_d T_f k)
$$

(40)

where $\sigma_n^2$ is the channel power, $J_0(\cdot)$ is the zeroth-order Bessel function, $T_f$ is the OFDM symbol duration, and $f_d$ is the Doppler spread. In Fig. 3, we compare the analytical results obtained from (39) with simulation results (details about the setup follow in the next section). Notice that there is a difference between the analytical and simulation results. This can be explained as follows. In our analysis so far, we assume that the channel is fixed over an entire OFDM symbol. In reality (and in our simulations), however, the channel varies continuously. To check whether our analytical results are accurate, we therefore compare, in Fig. 4, the analytical results obtained from (39) with simulation results, assuming the channel is fixed over an entire OFDM symbol.

Now, the analytical results are clearly more accurate. The small difference is due to the fact that the analytical results assume $n \to \infty$, whereas the simulation results are obtained by averaging the square error of the channel estimate over the first 100 OFDM symbols. Therefore, the analytical MSE is consistently below the simulated MSE. However, in Fig. 3 as well as in Fig. 4, the optimal $\beta$ (or $\lambda$) is more or less the same for both the analytical and simulation results.

V. SIMULATIONS

We assume channels with $L = 8$ taps. These taps are simulated as i.i.d. and correlated in time with a correlation function according to Jakes’ model $r_{hh}(\tau) = \sigma_n^2 J_0(2\pi f_d \tau)$. We consider $K = 128$ subcarriers and a cyclic prefix of length $\nu = 8$. The number of pilot tones dedicated for training is $P = 16$, which satisfies the minimum number of training and maximum spacing. Hence, when training is performed over $g$ consecutive OFDM symbols, $P/g = 16/g$ pilot tones are used for training in each OFDM symbol. The OFDM symbol duration is $T_f = 1.13$ ms. QPSK signaling is applied. Finally, 2 transmit and 4 receive antennas are assumed. The performance of the system is measured in terms of the MSE of the channel estimate, and the bit error rate (BER) versus SNR for a zero-forcing equalizer based on the channel estimate. The SNR is defined as

$$
\text{SNR} = P/(K + L)\rho_{tot},
$$

where $\rho_{tot}$ is the total power used to transmit a single OFDM symbol. We run the simulations for different Doppler spreads $f_d = 5, 20, 40$, and 100 Hz.

In our simulations, we evaluate a variety of choices for the pilot sequences:

i) equipowered, equispaced random pilot tones;

ii) equipowered, equispaced, orthogonal pilot tones;

iii) equipowered, equispaced, phase shift orthogonal pilot tones.

As shown in Figs. 5 and 6, using phase shift orthogonal pilot sequences outperforms the use of random or orthogonal pilot sequences in terms of MSE of the channel estimate and BER. We can see a 2-dB gain in SNR for phase shift orthogonal over or-
orthogonal pilot sequences at a BER of $10^{-2}$ and Doppler spread $f_d = 5$ Hz and a 3.5-dB gain in SNR at a BER of $10^{-2}$ and Doppler spread $f_d = 100$ Hz. Random pilot sequences are clearly useless. Similar results hold when training over two and four consecutive OFDM symbols is considered (see Figs. 7–10). It is found that training over multiple OFDM symbols pays off especially for slowly time-varying channels. For example, for channels with a Doppler spread $f_d = 5$ Hz, training can be performed over two or four consecutive OFDM symbols without any performance loss, whereas for fast time-varying channels, this scheme will experience an increased BER and becomes even prohibitive for very fast time-varying channels, as shown in Figs. 7–10.

Using the RLS method will enhance the channel estimation especially for channels with a small Doppler spread. As can be seen from Figs. 11 and 12, we can achieve a 2-dB gain in SNR for the scheme with RLS over the scheme without RLS at a BER of $10^{-2}$ and Doppler spread $f_d = 5$ Hz, whereas no gain is obtained at Doppler spread $f_d = 100$ Hz.
VI. CONCLUSIONS

In this paper, an LS channel estimation scheme for MIMO OFDM systems based on pilot tones has been proposed. To obtain the minimum MSE of the LS channel estimate, the pilot sequences must be equipowered, equispaced, and phase shift orthogonal. Increasing the number of transmit antennas requires more pilot tones for training and, hence, decreases the efficiency. This effect can be mitigated by estimating the channel parameters over multiple OFDM symbols when the channel is slowly time-varying.

REFERENCES


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