



# Is Hyperbaric Oxygen Therapy Effective in Cisplatin-Induced Ototoxicity in Rats?

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**Objectives.** Cisplatin is an antineoplastic agent, used in the treatment of different types of malignant neoplasms. Side effects such as ototoxicity, nephrotoxicity, and bone marrow toxicity are the main limitations of its clinical use. The aim of the present study was to evaluate the possible effects of hyperbaric oxygen (HBO) therapy as a protective agent in cisplatin-induced ototoxicity in rats.

**Methods.** A total of 30 adult Wistar rats (60 ears) were divided into five equal groups. Group 1 is a control group; group 2 is HBO therapy group; group 3 received 15 mg/kg cisplatin intraperitoneally; group 4 received 15 mg/kg cisplatin intraperitoneally and HBO treatment on the same day; group 5 received 15 mg/kg cisplatin intraperitoneally and HBO treatment 72 hours later. The effect of ototoxicity was measured with distortion product otoacoustic emission testing performed on the days 1, 3, and 7.

**Results.** Groups 4 and 5 that received HBO treatment after cisplatin had better signal-to-noise ratio (SNR) values compared with group 3 that received only cisplatin ( $P < 0.05$ ). Compared with group 5, group 4 (same day HBO treatment) had better SNR values ( $P < 0.05$ ).

**Conclusion.** HBO was found effective for prevention of cisplatin-induced ototoxicity in rats. Our study differs from other studies regarding using a promising treatment, which does not expose subjects to extra stress.

**Keywords.** Hyperbaric Oxygen; Cisplatin; Ototoxicity; Rats

## INTRODUCTION

Cisplatin is an antineoplastic agent used in the treatment of different types of malignant neoplasms [1]. Side effects such as ototoxicity, nephrotoxicity, and bone marrow toxicity are the main limitations of its clinical use [2]. Experimental studies have suggested that cisplatin results in ototoxicity, due to degeneration of stria vascularis, loss of inner and outer hair cells in the organ of Corti, including a significant decrease in spiral ganglion cells because of apoptosis [3-5]. Hearing loss due to cisplatin ototoxicity

is bilateral, irreversible, and sensorineural that usually affects high frequencies and is accompanied by tinnitus [4]. Many experimental studies were performed to find the most suitable otoprotective agent. Most of these studies involved an antioxidant supplement against harmful effects of reactive oxygen species (ROS) at early stages of ototoxicity. Unfortunately, most of these agents also inhibit antitumor effects of cisplatin [5]. Thus, no clinical agent can prevent cisplatin ototoxicity at present.

Hyperbaric oxygen (HBO) therapy is based on inhalation of 100% oxygen under pressure above 1 atm. The main effect of HBO is hyperoxygenation of tissues through plasma-dissolved oxygen. Additional antioxidant effects were observed including both decreased nitric oxide (NO) production and neutrophil adhesion that can combine with superoxide anions were also studied [6]. The present study aimed to evaluate HBO therapy as a new protective agent in cisplatin-induced ototoxicity in a rat model.

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## MATERIALS AND METHODS

### Animal care and treatment

This study was approved by the Ethics Committee of Animal Experiments at Istanbul University (2014/26). All provisions of the Helsinki Final Act on experimental studies were followed.

A total of 30 adult Wistar rats (60 ears), each weighing 250–300 g, which were obtained from Istanbul University, Faculty of Medicine, Department of Biology and Biomedical Application Techniques of Experimental Animals were used. After transportation, rats were left to rest for 48 hours and were kept under appropriate humidity and temperature to acclimatize to their new environment. Animals were housed in hyperbaric cabins provided by Istanbul University Medical Faculty, Department of Underwater and Hyperbaric Medicine in a controlled environment with a temperature of 20°C to 22°C and relative humidity of 65%–70% under alternating 12-hour light and dark cycles. They were given food pellets and water ad libitum.

### HBO experimental procedure

A total of 30 rats (60 ears) were divided into five equal groups. As the number of rats is limited due to ethical considerations, both ears of each animal were evaluated separately. Group 1 is a control group; group 2 is HBO therapy group; group 3 received 15 mg/kg cisplatin intraperitoneally; group 4 received 15 mg/kg cisplatin intraperitoneally and HBO treatment on the same day; and group 5 received 15 mg/kg cisplatin intraperitoneally and HBO treatment 72 hours later. All rats were given 60 mg/kg ketamine hydrochloride (Ketalar, Eczacıbaşı Parke-Davis, Istanbul, Turkey) and 10 mg/kg Xylazine HCl (Alfazyne, Alfasan International, Woerden, the Netherlands) intraperitoneally for sedation during the distortion product otoacoustic emission (DPOAE) testing. Before DPOAE testing, otomicroscopic examination of external ear canals and tympanic membranes of the rats were performed. Rats with normal otomicroscopic examination and DPOAE findings were included in the study.

### Treatment procedure

Cisplatin (15 mg/kg bwt) was administered intraperitoneally to each rat in groups 3, 4, and 5 after DPOAE tests. As soon as DPOAE tests were performed and cisplatin was applied, groups 2 and 4 started HBO treatment on the same day. Group 5 start-

ed HBO treatment after 72 hours. HBO treatment was administered in a small hyperbaric cabin that was designed for small animals with a housing capacity for ten rats. Before the start of HBO sessions, the hyperbaric cabin was ventilated with oxygen for 10 minutes to maintain 100% oxygen concentration within the cabin. Rats were exposed to HBO and underwent seven sessions of HBO therapy at 2.5 atmosphere absolute (ATA; 1 ATA, 1 atmosphere is equal to 101,325 Pascal [Pa]) for 90 minutes including applications of both decompression and compression during each session.

### DPOAE measurements

DPOAE measurements were performed using an Echo Lab transitory evoked otoacoustic emission+DPOAE (Labat, LABAT SRL, Mogliano Veneto, Italy) device before administering the cisplatin, on both the 1st and 3rd days, and after 1 week of cisplatin administration, and after 1 week of hyperbaric treatment. The same authorized person performed all DPOAE tests. Rats with normal DPOAE findings before cisplatin administration were included in the study. Calibration and placement of the probe were performed automatically before testing. For measurements of DPOAE-grams, primer stimulus levels were differentiated at 65 dB=L1, and 55 dB=L2 and two different frequencies (f1 and f2) were set as  $2f_1-f_2=1.20$  so that the most powerful responses were taken. Measurements were performed at frequencies of 2,378, 3,363, 4,757, 6,726, and 9,515 Hz and results were recorded. Considering the ototoxicity of cisplatin, high frequencies were selected for the study. The mean duration of testing was 60 seconds. Emission amplitudes of 3 dB over the noise threshold were considered significant. The signal-to-noise ratio (SNR) defined as the geometric average of  $2f_1-f_2$  cubic distortion products were used when considering DPOAE results. The SNR was determined to be more reliable than DPOAE amplitudes when evaluating DPOAE responses. DPOAE tests were performed on the 0, 1st, 3rd, and 7th days.

### Statistical analysis

The SPSS ver. 13.0 (SPSS Inc., Chicago, IL, USA) was used to analyze data. Normality of variables was tested by the Shapiro-Wilk test, and homogeneity of variance was assessed by Levene's test. Whenever distributions were normal, the significance of differences between multiple groups mean values was evaluated using a one-way analysis of variance. When the nonparametric version was used, the significance of differences in median values was assessed using the Kruskal-Wallis test. For pairwise comparisons (independent groups), an independent sample *t*-test was used for groups having a normal distribution. The Mann-Whitney *U*-test was used for groups without a normal distribution. Within the same group, for comparison of the effect of different measurements (dependent samples), a paired sample *t*-test or Wilcoxon signed-rank test was used depending on normality of the data.

## HIGHLIGHTS

- Hyperbaric oxygen (HBO) therapy may have a protective effect for cisplatin-induced ototoxicity.
- Mice with HBO treatment had better signal-to-noise ratio (SNR).
- Simultaneous HBO treatment with cisplatin injection showed better SNR values.

## RESULTS

During the study, three rats died in group 3 (cisplatin group). Later on, two rats died in groups 4 and 5. All deaths were thought to be related to cisplatin toxicity. After informing the ethics committee about these deaths and for ensuring the reliability of our study, three more rats were obtained.

For the first measurement of each frequency, the significance of differences between median values of the groups was evaluated using the Kruskal-Wallis test, and no significant differences were detected for any of the frequencies. After cisplatin administration, the 3rd-day emission amplitudes of 3 dB over the threshold for groups 3, 4, and 5 were significantly decreased ( $P < 0.05$ ).

On the 7th day, as for the DPOAE results, there was no statistically significant difference between groups 1 and 2 at all frequencies. At 2,378 Hz and 3,363 Hz, there was a statistically significant difference regarding hearing recovery between groups 3 and 5, and also groups 4 and 5. This observation showed us that the groups having HBO treatment had significantly higher SNR results regarding better hearing at these frequencies ( $P < 0.05$ ) (Table 1).

At 4,757 Hz and 6,726 Hz, there was a statistically significant difference between groups 4 and 5 ( $P < 0.05$ ). The same day HBO treatment had promising results regarding better hearing (Fig. 1). At 4,757 Hz in group 4, the mean SNR value was  $8.750 \pm 1.907$ , and in group 5 the mean value was  $1.375 \pm 0.705$ . In addition, the mean value in group 4 at 6,726 Hz was  $14.66 \pm 3.70$ . In group 5, the mean value was  $3.625 \pm 1.164$  at 6,726 Hz.

At 9,515 Hz, there were statistically significant differences between groups 3 and 4, groups 3 and 5, and groups 4 and 5. In terms of values at 9,515 Hz, in group 3 the mean value was  $0.000 \pm 0.816$ , in group 4 the mean value was  $18.833 \pm 2.471$ , and in group 5 the mean value was  $7.125 \pm 1.631$  (Table 1). These results can be explained as HBO treatment starting either the same day with cisplatin or 3 days after having cisplatin, provided statistically significant hearing recovery.

In summary, group 5, which received cisplatin and then HBO treatment 72 hours later, had significantly higher SNR values than group 3, which received only cisplatin treatment. Similarly, group 4, which received both cisplatin and HBO treatment on the same day, had significantly higher SNR values than group 3, which received cisplatin only. The effects of HBO due to molecular mechanisms could make SNR decrease at 3rd day in group 4 like in groups 3 and 5.

Both groups that received HBO treatment after cisplatin had better SNR values compared with those of the cisplatin-only receiving group. The same day HBO treatment group had better hearing compared with the late HBO group. After 1 week of cisplatin administration, pre- and posttreatment DPOAE results of group 4 (cisplatin+HBO) and group 5 (cisplatin+late HBO)

Table 1. Distortion product otoacoustic emission results with standard deviation

Group	Measurement 1 (1st day)					Measurement 2 (3rd day, after cisplatin)					Measurement 3 (7th day, after treatment)				
	2,378 Hz	3,363 Hz	4,757 Hz	6,726 Hz	9,515 Hz	2,378 Hz	3,363 Hz	4,757 Hz	6,726 Hz	9,515 Hz	2,378 Hz	3,363 Hz	4,757 Hz	6,726 Hz	9,515 Hz
3	$0.166 \pm 0.405$	$3.000 \pm 0.639$	$11.83 \pm 2.41$	$17.33 \pm 1.94$	$23.583 \pm 1.208$	$-3.58 \pm 0.839$	$-3.75 \pm 0.977$	$3.33 \pm 2.88$	$8.66 \pm 3.32$	$7.08 \pm 3.92$	$-6.66 \pm 3.09^{(a)}$	$-5.00 \pm 1.43$	$1.33 \pm 1.33$	$2.50 \pm 3.180$	$0.000 \pm 0.816^{(a)}$
4	$-0.18 \pm 0.549$	$0.549 \pm 0.690$	$11.06 \pm 1.60$	$19.12 \pm 1.58$	$25.18 \pm 1.38$	$-2.688 \pm 1.637$	$4.125 \pm 2.296$	$2.625 \pm 1.476$	$0.125 \pm 1.942$	$1.625 \pm 1.805$	$-1.250 \pm 0.930^{(a)}$	$3.666 \pm 1.975^{(a)}$	$8.750 \pm 1.907^{(a)}$	$14.66 \pm 3.70^{(a)}$	$18.833 \pm 2.471^{(a)}$
5	$0.437 \pm 0.806$	$3.250 \pm 0.803$	$9.125 \pm 0.795$	$15.875 \pm 1.468$	$23.062 \pm 1.806$	$-5.812 \pm 1.469$	$-2.187 \pm 1.475$	$1.375 \pm 1.052$	$4.187 \pm 1.122$	$8.750 \pm 1.243$	$-6.250 \pm 1.600^{(a)}$	$-3.00 \pm 1.569^{(a)}$	$1.375 \pm 0.705^{(a)}$	$3.625 \pm 1.164^{(a)}$	$7.125 \pm 1.631^{(a)}$

Values are presented as mean  $\pm$  standard deviation.  
 Group 3, cisplatin group; Group 4, cisplatin+same day hyperbaric oxygen treatment; Group 5, cisplatin+late hyperbaric oxygen treatment.  
<sup>a</sup>Statistically significant difference in signal-to-noise ratio.

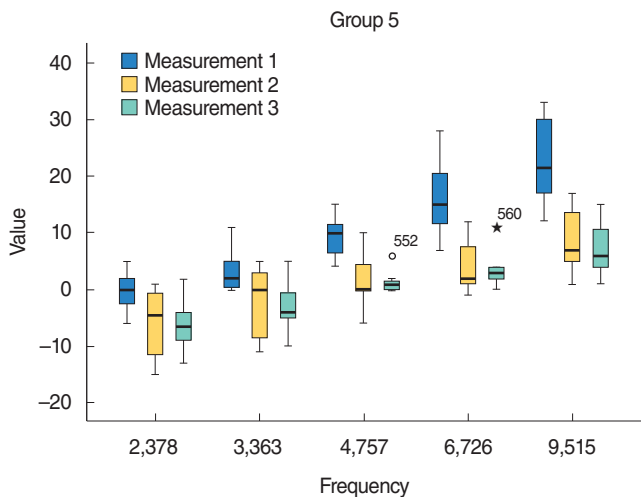


Fig. 1. The distortion product otoacoustic emission results of group 5 (cisplatin+late hyperbaric oxygen treatment group). Measurement 1, 1st day; Measurement 2, 3rd day (after cisplatin); Measurement 3, 7th day (after cisplatin). Asterisk (★) means outlier.  $P<0.05$ .

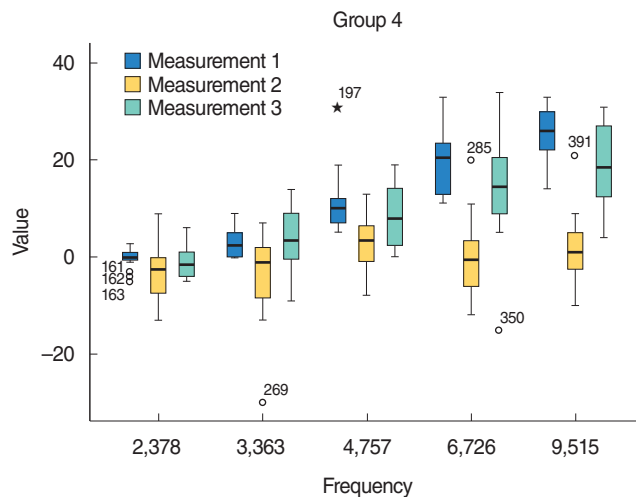


Fig. 3. The distortion product otoacoustic emission results of group 4 (cisplatin+same day hyperbaric oxygen treatment group). Measurement 1, 1st day; Measurement 2, 3rd day (after cisplatin); Measurement 3, 7th day (after cisplatin). Asterisk (★) means outliers.  $P<0.05$ .

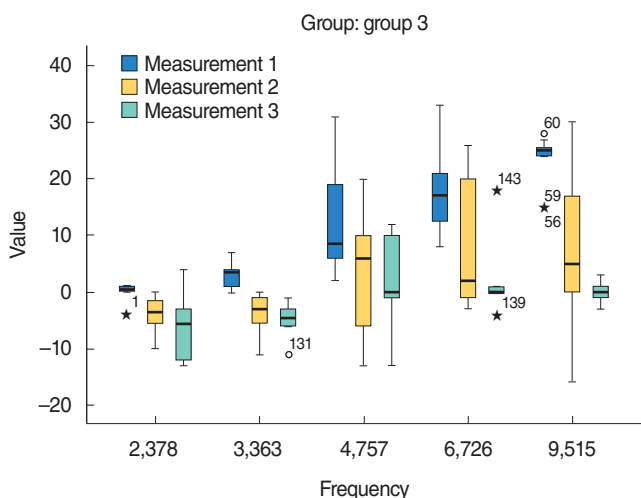


Fig. 2. The distortion product otoacoustic emission results of group 3 (cisplatin group). Measurement 1, 1st day; Measurement 2, 3rd day (after cisplatin); Measurement 3, 7th day (after cisplatin). Asterisk (★) means outliers.  $P<0.05$ .

showed statistically significant hearing recovery. Comparison of the initial versus final SNRs indicated significantly different hearing between median values of groups 3 and 4, groups 3 and 5, and groups 4 and 5 ( $P<0.05$ ). DPOAE results for these groups are shown in Figs. 1-3.

### DISCUSSION

Although there are different types of chemotherapeutic agents with fewer side effects, cisplatin is still more effective than most of them. For this reason, it is still being used widely. Otorhino-

laryngologists frequently perform studies on adverse effects of cisplatin such as ototoxicity and vestibulotoxicity [7]. The risk tends to increase in young patients, with large cumulative doses, in patients with prior hearing loss, renal disease, or with a history of radiation exposure to the brain or skull base [8]. Cisplatin is known to produce ototoxicity through spiral ganglion cells and apoptosis [5]. These ototoxicity mechanisms can be classified as either cellular or molecular. Cellular mechanisms of ototoxicity can be described as damage to outer hair cells, supporting cells, marginal cells of stria vascularis, spiral ligaments, or spiral ganglion cells. Molecular mechanisms of ototoxicity can result from the creation of ROS, depletion of antioxidant glutathione and its regenerating enzymes, increased rate of lipid peroxidation, oxidative modifications of proteins, nucleic acid damage by caspase system activation, or S-nitrosylation of cochlear proteins [9]. Therefore, to prevent cisplatin-induced ototoxicity, we have to prevent either apoptosis or oxidative stress at the molecular or cellular level.

N-acetyl cysteine, amifostine, D-methionine, alpha-tocopherol, resveratrol, L-carnitine, and dexamethasone are some of the agents that were proven to prevent ototoxicity [3,7,10-12]. However, investigators of these studies used invasive approaches for delivering the agent into the inner ear or administering patients' new medication [12]. The present study is designed to use HBO as a preventive agent for cisplatin ototoxicity. Our study differs from other studies by the administration of a promising agent without exposing subjects to extra stress. For patients receiving chemotherapy, HBO treatment is relatively easy when compared with taking pills or having injections. However, insurance coverage and limited centers offering HBO treatment must be considered.

Hearing loss is an unfortunate problem but a reality for can-

cer patients. Numerous agents have been tried to prevent cisplatin ototoxicity [3,4]. However, the last thing that these patients need is another drug to prevent the side effect of the medication they already take. Based on this hypothesis, we tried to evaluate something different that does not require the patient to exert additional effort.

HBO therapy is widely used and precisely indicated as a stimulant of wound healing and cellular growth. At the 7th European Committee for Hyperbaric Medicine Consensus Conference, experts recommended “sudden hearing loss” as an accepted indication for HBO therapy [13]. If sudden hearing loss is an indication for HBO therapy, then our study aims to find a reliable answer to, “will HBO be an effective treatment for ototoxicity?” In addition, the method of HBO treatment described in the literature is not as complicated as other protective treatments. HBO is inhalation of 100% oxygen under pressures above 1 atm, which does not bring as much of an extra burden to patients [14,15]. HBO can cause an increase in perilymphatic oxygen pressure by repairing the oxidative metabolism in the stria vascularis and by protecting neurosensory cells. So far, different kinds of drugs and methods have been tried either alone or in combination to protect the cochlea [16]. Matschinsky and Thalmann [17] reported that the cochlea is probably dependent on two types of metabolism: glycolytic anaerobic for the organ of Corti as well as aerobic oxidative for the stria vascularis. At this time, HBO may have two positive effects: restoring oxidative metabolism in the stria vascularis and protecting neurosensory cells in which metabolism has slowed down. Based on our data, we improved the SNR value in group 4 (same day HBO group) when compared with groups 3 and 5 at 1 week after the administration of cisplatin which may suggest early microcirculation of free radicals in the inner ear [16,17]. Nevertheless, studies with larger series are needed to prove this data.

Based on these data, we tried to take advantage of the effects to protect hearing. In recovering inner ear oxygenation, HBO increases both transmembrane potential and synthesis of ATP, resulting in the activation of the Na<sup>+</sup>/K<sup>+</sup> pump and cell metabolism, and initiating the restoration of both ionic balance and electrophysiological function in the labyrinth [16]. Cavallazzi [16] suggested that while measuring evoked otoacoustic emissions, the increase of the ratio in the electrical signal after HBO treatment corresponds to better oxygenation of the cochlea. Permanent hearing loss frequently leads to both social and psychological handicaps, and the main aim of the treatment for a physician should be to manage the most effective treatment for those patients. In light of this framework and our results, HBO represents an alternative treatment for cisplatin ototoxicity.

Several lines of evidence have suggested that the ototoxic side effects of cisplatin are caused by ROS, or free radicals [5]. Combining these two data, we aimed to prevent ototoxicity of cisplatin with HBO treatment that needs no new drugs, no invasive approaches, and no additional exposure of cancer patients to

extra stress. However, HBO treatment has some disadvantages. First, it is not easily accessible treatment except from center institutions. In some countries, cost-effectiveness and insurance present another problem. These issues are the limitations of our study.

Studies on both HBO and cancer mostly centered on whether enhanced oxygen plays a role as a cancer promoter or not. We know that oxygen is essential for wound repair. Nevertheless, we also know that the most feared effect of HBO is the penetration of oxygen into cancer tissue as well as healthy tissue that may promote cancer growth. The other feared effect was the increased risk of cancer recurrence after being exposed to HBO [18]. However, two systematic reviews on cancer and HBO have reported that HBO can be used safely in patients with malignancies [19, 20]. Concomitant use of cisplatin and HBO is known as contraindicated in some studies; however, in our study, cisplatin was used as a toxic agent in cochlear outer hair cells, and HBO therapy was started only 48 hours after the last cisplatin dose [6].

In studies investigating cisplatin-induced ototoxicity, advanced and expensive evaluation methods, such as DPOAE, auditory brainstem response (ABR), and electrocochleography, have been used to define hearing loss or protective measures in rats [4,7,21]. The most frequent assessment method in these types of clinical studies is ABR and DPOAE [9,21]. Therefore, hearing loss or its prevention was evaluated with DPOAE SNRs in our study. High frequencies are particularly affected in cisplatin-induced hearing loss. Therefore, DPOAEs in high frequencies were tested in our study.

Limited numbers of studies have investigated the role of HBO in ototoxicity. Amora et al. [22] suggested that HBO therapy did not change the electrophysiological thresholds of guinea pigs treated with amikacin. However, Yassuda et al. [6] found that HBO therapy had a protective effect on cisplatin ototoxicity in albino guinea pigs.

To our knowledge, this is the third experimental study about HBO treatment used for drug-induced ototoxicity. Similar to Yassuda et al.'s study [6], our findings suggested that HBO treatment had a protective effect on cisplatin ototoxicity. These results deserve further studies because HBO treatment neither adds extra stress to patients receiving chemotherapy nor requires multidrug therapy during preventive treatment.

HBO was found to be significantly effective for the prevention of cisplatin-induced ototoxicity in rats. HBO can potentially be one of the treatment options for patients who are having cisplatin chemotherapy to avoid ototoxic hearing loss in the future.

## CONFLICT OF INTEREST

No potential conflict of interest relevant to this article was reported.

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