

Hyperimmunoglobulin E syndrome in two siblings

Abdulmohti Hawilo, Inès Zaraa,
Sondes Trojjet, Hella Zribi,
Rym Cheikh Rouhou, Dalenda El Euch,
Mourad Mokni, Amel Ben Osman

Dermatology Department, La Rabta
Hospital, Faculté de Médecine, Université
El Manar, Tunis, Tunisia

Abstract

Hyperimmunoglobulin E recurrent infection syndrome (HIES) is characterized by recurrent skin and lung infections, eczema, elevated serum immunoglobulin E (IgE) levels (>2000 IU/mL), various connective tissue, skeletal, and vascular abnormalities.¹ We describe here in two brothers with HIES and documented the complications and management of such involvement.

Case Report

A 4-year-old boy from a consanguineous marriage presented with a history of persistent eczematous rash since the age of weeks. No family history of asthma or atopic dermatitis was noted. Physical examination revealed a coarse facial appearance and growth retardation for his age (Figure 1A). There were eczematous patches, plaques and cold abscesses on extremities and scalp (Figure 1B). Pruritic dermatitis was noted in a distribution atypical for true atopic dermatitis (Figure 1C). Cultures of the abscess yielded *Staphylococcus aureus*. His serum IgE level was 3000 IU/mL (normal 0-29.2 IU/mL); other immunoglobulin levels were normal. A parent's serum IgE level was markedly elevated. Based on the combination of chronic dermatitis resembling atopic dermatitis, relapsing severe bacterial infections of skin and increased IgE levels, the diagnosis of HIES was confirmed. He was successfully treated with topical corticosteroids, oral oxacillin and low-dose fluconazole. During the succeeding 23 years, he was hospitalized more times (exacerbation of dermatitis, skin and mucosal infections, pruritis) and treated by local and systemic corticosteroids (0.5 mg/kg prednisone), emollients, antibiotics, and antihistamines.

His brother (2-year-old boy) presented with a history of recurrent dermatitis and furunculosis since 1 month of age. He was often afflicted with recurrent skin infections, pneumonia, and bronchitis. Cultures for skin abscesses



Figure 1. A) A coarse facial appearance with eczematous lesions in a boy with hyperimmunoglobulin E syndrome. B) Folliculitis of the scalp with scaring patches. C) Eczematous skin lesions with excoriations, papules and scaling.

and oral mucosa were positive (*S. aureus* and *C. Albicans*). Chemotactic defect in peripheral blood neutrophils was observed. The level of serum IgE was markedly elevated (10000 IU/mL), and anti-*S.aureus* specific IgE was found. At 5 years of age, he developed typical juvenile dermatomyositis (Figure 2) and treated by oral prednisone (2 mg/kg/day). He died at 11 year of age of septic shock infection. Our patients concerned the first two Tunisian cases of HIES, a rare primary immunodeficiency syndrome; less than 250 cases were documented in the literature.¹ The primary host defense defect is impaired phagocytosis.^{2,3} As observed in patient 2, serum from HIE patients can inhibit the neutrophilic chemotaxis of healthy patients when added to their serum. Clinical manifestations often start with eczematous or atopic dermatitis-like eruptions within the first days of life as in our patients.

Correspondence: Inès Zaraa, Professor Assistant
Address: Dermatology Department, La Rabta
Hospital, Jabbari, Bab Saadoun, Tunis, 1007
Tunisia.
Tel. +21.698307425 - Fax: +21.671569449.
E-mail: inesrania@myway.com.

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Figure 2. Dermatomyositis in a boy with hyper-immunoglobulin E syndrome.

Recurrent pyogenic pneumonias usually start in early childhood. Other manifestations described since then include: coarse faces as in our first observation, skeletal abnormalities, and vascular abnormalities⁴ (Table 1). The mode of inheritance appears to be autosomal dominant with incomplete penetrance; the gene has been linked to chromosome 4q.⁵ Recently, dominant-negative mutations in the signal transducer and activator of transcrip-

Table 1. Clinical manifestations and Immunologic features of HIES.

Clinical manifestations
Cutaneous manifestations
Newborn vesicopustular eosinophilic eruption
Atopic eczema-like dermatitis
Infected dermatitis and folliculitis - Staphylococcus aureus Cold abscesses
Chronic candidiasis
Generalized coarsening of the skin
Pulmonary manifestations
Parenchymal lung disease
Pneumatoceles
Recurrent pneumonias-S aureus and Haemophilus influenzae
Pulmonary abscesses-Pseudomonas aeruginosa, Aspergillus fumigatus
Musculoskeletal findings
Retained primary teeth
Scoliosis
Osteopenia/osteoporosis
Frequent fracture of long bones
Midline anomalies-cleft palate, cleft tongue, high palate, hemivertebrae
Characteristic facies
Facial asymmetry with hemihypertrophy
Prominent forehead
Broadened nasal bridge and deep-set eyes
Increased alar and outer canthal distance
Rare
Systemic infections (Nocardiosis, candidiasis, cryptococcosis, histoplasmosis, sporotrichinosis, herpesvirus, pneumocystis carinii), miscellaneous
Bowel perforation, giant chalazion, genu valgum, joint deformities, spinal anomalies, lymphoma, connective tissue disease
Immunological features
Increased serum IgE, normal IL-4, abnormal neutrophil chemotaxis, decreased C3b receptors on neutrophils, decreased adhesion molecule L-selectin, decreased IFN- γ production, poor response to IL-12 stimulation, increased GM-CSF production, decreased TGF- β
GM-CSF, Granulocyte-monocyte colony-stimulating factor; IFN, Interferon; IL, interleukin; TGF, transforming growth factor.

tion 3 (STAT3) gene were identified.³ In this report, the genetic study was not performed. As reported in patient 2, the association of dermatomyositis with HIES is extremely rare (only 2 reports) and may not have been coincidental.⁶ At present, no established protocol exists for the treatment of HIES. Prevention of infection is the cornerstone of therapy. Bone marrow transplantation has been performed but is likely not fully corrective.⁷ Long-term chemoprophylaxis (oral penicillin's and low-dose fluconazole) in patient 1 improved dramatically the course of the disease.

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