

INTRODUCTION TO HOMEOPATHY

by

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Award-winning book *THE DANCE OF YOUR CORE HEALING*,
Transforming Your Mind, Body & Soul in the New World



UNM-TAOS

SYLLABUS

SPRING 2016

COURSE:	INTRODUCTION TO HOMEOPATHY 16-week Semester; Web-Enhanced
COURSE INFO:	CRN #: 293; SECTION: 811; SUBJECT: HHHH; COURSE #: 53481
CREDITS:	3
INSTRUCTOR:	Dr. Angelika Maria Koch D.N.M. LCH H.N.H.Ir.
CONTACT:	E-mail: info@medicanova.net Website: www.medicanova.net Monday – Friday, from 10 am – 5 pm
PHONE:	575-751-2067
TEXTBOOKS:	HOMOEOPATHIC SELF-CARE The Quick & Easy Guide For The Whole Family by Robert Ullman & Judyth Reichenberg-Ullman Picnic Point Press – ISBN 978-0964065482 THE COMPLETE HOMEOPATHY HANDBOOK by Miranda Castro St. Martin's Griffin Press – ISBN 978-0312063207 THE DANCE OF YOUR CORE HEALING <i>Transforming Your Mind, Body & Soul in the New World</i> by Dr. Angelika Maria (award-winning book) Medica Nova Publishing – ISBN 978-0988837904

COURSE DESCRIPTION

The web-enhanced course *Introduction to Homeopathy* facilitates the student and present and future health care practitioner of integrated medicine as well as the student of the nursing programs with the basic understanding of homeopathy, its philosophy, and practical application. Next to the main subject homeopathy, the student also will be introduced to the interrelationship between the Mind, Body, and Soul with their intricate communication channels and unlimited potentialities.

The curriculum is designed with beauty and mindfulness, and not only serves the student with a wealth of information, but also as a “feast of the senses”, welcoming the participant to experience and feel the presented study material as a means to personal transformation.

This course will primarily focus on first-aid ailments and acute situations, like cuts & scrapes, bruises, punctured wounds, strains, sprains & other injuries to ligaments & tendons, low back injuries & pain, dislocated joints, fractures, head injuries, burns, shock, heat exhaustion, heat stroke, insect & spider bites & stings, animal bites and scratches, dental problems & procedures as well as ailments which can occur during travels.

The student will be introduced to the displayed selection of homeopathic remedies at our local herb store (field experience) as well as having the opportunity to practice his/her acquired casetaking skills with an “in-class-live-client”.

As each homeopathic remedy displays a specific psychological profile, the student will be able to assess practice case samples which are influenced by emotional imbalances, like anxiety, stress, grief or depression.

The course covers 45 contact hours of teaching and/or study curriculum and is presented with 16 sessions (including 15 homework assignments and final research paper). It covers a full academic 16-week semester with a midterm break. Homework assignments need to be completed and handed in weekly.

COURSE OBJECTIVES

The emphasis of this course is based in teaching the student to effectively apply a basic homeopathic First-Aid-Kit, either for traveling or everyday complaints.

While studying the art of homeopathy and application of a homeopathic First-Aid Kit with its content of 36 remedies, the student’s growing understanding of the key concepts of homeopathy also will simultaneously inspire and empower him/herself in the art of self-care protocol regarding a personal health regime and in taking responsibility toward the actual causes of illness itself. By developing this positive approach and core relationship in creating a mental, emotional and physical healthy life, the student will enable him/herself to move away from automatically taking a defensive position toward illness.

Homeopathy is a complete therapeutic system of medicine that aims to promote general health and thus reinforces the body’s own natural healing capacity. Every illness, no matter how its complex symptomatic tapestry, is an outward manifestation of the vital force’s attempt to elicit the imbalance within. This most creative intelligence, inherent in us all, functions to heal its host to its highest potential.

The theme of this course, like a continuous thread, either in teaching the philosophy, principles & concepts of homeopathy, or the actual Materia Medica, is based on cultivating an inherent confidence within the student to trust his/her inner primal wisdom of core healing.

This course does not require pre-requisite knowledge in the discipline and/or any required competency, yet a general interest and commitment regarding the understanding and application of the science of homeopathy is welcomed.

No information contained herein is intended to be a substitute for medical advice, nor does the instructor intend that any suggestions be used as a form of treatment for physical, medical, or mental issues without the advice of a conventional medical professional or licensed health care practitioner. This information is provided in good will for informational and educational purposes only.

The course *Introduction To Homeopathy* is available in CD format with Adobe pdf files.

UNM LEARN TECHNICAL SUPPORT

Phone: (505) 277-0857 Toll Free: (1-877) 688-8817

Email: media@unm.edu



EXPECTATIONS

Weekly homework assignments consist of the study of the presented course material and remedy profiles with their application and philosophy.

1. Attend each class, be on time and remain in class for the entire class period.
2. Complete all assignments on time.
3. Participate in class discussion and activities.
4. Keep a weekly journal about case studies.
5. Complete an individualized holistic/homeopathic health assessment.

COURSE REQUIREMENTS

1. Midterm assignments (week 1-8)
2. Final assignments (week 9-16)
3. Presentation – three case studies
4. Quizzes - remedy profiles
5. Exhibits - Writing board and weekly handouts
7. Field experience

ATTENDANCE POLICY

Students must attend class regularly and punctually. Excessive absences may result in a student being dropped from the class. It is UNM-policy, that a student may be dropped by its instructor after three absences.

GRADING POLICY

Attendance	25
Participation	25
Midterm assignments (week 1-8)	25
Final assignments (week 9-16)	25
Presentation – three case studies	
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Total Points:	100

95-100	A+
90-94	A
85 -89	B+
80-84	B
75-79	C+
70-74	C
65-69	D
Below 65	F

Are there any that will you will drop?

Very rarely, as I would like to offer everyone the opportunity to study this course.

ADA (Americans with Disabilities Act)

Qualified students with disabilities needing appropriate academic adjustments should contact me as soon as possible to ensure your needs are met in a timely manner. Handouts are available in alternative formats upon request.

In accordance with UNM Policy 2310 and the Americans with Disabilities Act (ADA), academic adjustments may be made for students with disabilities. Accessibility Services, at the Center for Academic Success and Achievement (CASA), coordinates accommodations and services. If you have a disability for which you may request academic adjustments and have not registered with their office, please do so as soon as possible. Also meet with me privately to discuss your specific accommodations needs and how they relate to course expectations and assignments. CASA is located on the Klauer Campus and can be reached at (575)737-3695.

ACADEMIC INTEGRITY

The policy of the University of New Mexico-Taos is that academic honesty is one of the basic steps toward personal and academic development. All University policies regarding academic honesty apply to this course. Academic dishonesty includes, but is not limited to, cheating or copying, plagiarism (claiming credit for the words or works of another from any type of source such as print, Internet or electronic database, or failing to cite the source), fabricating information or citations, facilitating acts of academic dishonesty by others, having unauthorized possession of examinations, submitting work of another person or work previously used without informing the instructor, or tampering with the academic work of other students. The University's full statement on academic honesty and the consequences for failure to comply is available in the college catalog or online at <http://taos.unm.edu>.

DROPPING THE COURSE

It is the student's responsibility to drop the course. The instructor is not required, nor should be expected, to drop a student from the official roster. Do not assume that failing to come to class will result in your being dropped from the course.

DUE PROCESS

If you have any problems in the class that cannot be directly handled by talking with the instructor, the appropriate person to contact in the Academy Head or the Student Affairs Department.

COURSE OUTLINE

✧ SESSION ONE: The History of Homeopathy; Hippocrates; Paracelsus; Samuel Christian Hahnemann; The First Proving; The Development of Homeopathy; The Minimum Dose; The Organon; The Influence of Dr. Constantine Hering & Dr. James Tyler Kent; Homeopathy in the 20th Century and Today; Weekly Homework Assignment.

Remedies: Arnica montana, Bellis perennis

✧ SESSION TWO: Principles and Concepts: Law of Similar; Vital Force; Totality of Symptoms; Proving; Materia Medica; Repertory; Potentization; Single Medicine; Whole Person; Constitution & Susceptibility; The Difference between Allopathy & Homeopathy; Weekly Homework Assignment.

Remedies: Belladonna, Aconite napellus

✧ SESSION THREE: The Meaning of Health and Disease; Acute & Chronic Diseases; Weekly Homework Assignment.

Remedies: Chamomilla, Calendula officinalis

✧ SESSION FOUR: Guidelines for using Homeopathic Acute Remedies at Home; How To Take and Store Remedies; The Homeopathic Aggravation; Dosage Chart; Repetition of the Dose and What to Expect; Conditions that can be Treated at Home; Weekly Homework Assignment.

Remedies: Hypericum perforatum, Ledum palustre

✧ SESSION FIVE: Fever; Myths & Misapprehensions; Case Examples; Weekly Homework Assignment.

Remedies: Apis mellifica, Cantharis, Staphysagria

✧ SESSION SIX: The Art of Casetaking; How to Take a Case; Observation Checklist; Constitutional Types; Weekly Homework Assignment.

Remedies: Hepar sulphuricum, Mercurius solubilis, Silica

✧ SESSION SEVEN: The Individual Signature of Disease; Simple Practice Cases; Weekly Homework Assignment.

Remedies: Bryonia alba, Kali bichromium

✧ SESSION EIGHT: Accidents and Injuries – Cuts & Scrapes; Bruises; Puncture Wounds; Strains, Sprains & other Injuries to Ligaments & Tendons; Low Back Injuries & Pain; Dislocated Joints; Fractures; Head Injuries; Weekly Homework Assignment.

Remedies: Rhus toxocodendron, Ruta graveolens

✧ SESSION NINE: Continuation with Accidents & Injuries – Burns; Shock; Heat Exhaustion; Heatstroke; Insect & Spider Bites & Stings; Animal Bites & Scratches; Dental Problems & Procedures; Weekly Homework Assignment.

Remedies: Coffea, Allium cepa, Drosera rotundifolia

✧ SESSION TEN: DVD Presentation: Homeopathy – Mystery of Healing; Travel Kit; Weekly Homework Assignment.

Remedies: Arsenicum album, Pulsatilla nigrans

✧ SESSION ELEVEN:

In-Class Live-Casetaking; The student will demonstrate his/her acquired skills in the art of casetaking and to spot the indicated acute homeopathic remedy. In this session, the group participants simultaneously will work together; for example, one student will directly interact with the client (either an invited friend or family member); the other will write keynote sentences of the case onto the blackboard and another student will research the Materia Medica and Repertory for possible guidelines in finding a suitable homeopathic remedy. The 'practice clients' involve a child and an adult; Weekly Homework Assignment.

✧ SESSION TWELVE: Upper Respiratory Disorders, Colds, Coughs & Related Conditions; Homeopathic Remedies; Remedy Summary; Casetaking Questions; Weekly Homework Assignment.

Remedies: Phosphorus, Lycopodium clavatum, Gelsemium sempervirens

✧ SESSION THIRTEEN:

Field experience to Taos Herbs or Cids. Instructor will explain homeopathic remedies with their over-the-counter availability and applications. Students will discuss remedy profiles and their already established knowledge of first-aid homeopathic remedies; Weekly Homework Assignment.

Remedies: Ignatia amara, Natrum muriaticum

✧ SESSION FOURTEEN: Emotional Distress & Sleep Problems; Casetaking Questions; Selected Case Samples; Weekly Homework Assignment.

Remedies: Sulphur, Sepia officinalis, Magnesium phosphorica

✧ SESSION FIFTEEN:

Final Exams and Presentation –the student summarizes the philosophy, principles and concepts of homeopathy (specific outlines and questions are provided) and will present to the class three cases of which he/she has observed among friends and/or loved-ones during the course semester.

Remedies: Lachesis muta, Nux vomica

✧ SESSION SIXTEEN

Final Exam Papers are returned to the students;

DVD Presentation – The Living Matrix (A Film On The New Science Of Healing)
& Closing Ceremony.

FIRST-AID KIT SUPPLIER
HOMEOPATHIC COLLEGES
TEXT REFERENCES
IMAGE REFERENCES



ABOUT THE INSTRUCTOR

Dr. ANGELIKA MARIA KOCH DNM LCH H.N.H.Ir. is a Doctor of Natural Medicine, and the owner of MEDICA NOVA, Practice for Integrated & Educational Medicine. For over three decades in her clinical practice, Dr. Angelika Maria Koch has synthesized and applied a unique blend of effective, cutting-edge therapeutic tools in an innovative and holistic approach for her patients' well-being. Utilizing in-depth classical homeopathy, iridology, sclerology, systemic herbology, cellular biology, colortherapy, advanced biofeedback, and depth psychology, Dr. Angelika Maria Koch passionately continues her deepening exploration of holistic treatments for this complex and unfolding New World. Her extensive international training and education was acquired in England and the United States.

As an adjunct professor, Dr. Angelika Maria Koch teaches at the University of New Mexico in Taos. She is the author of her award-winning book *THE DANCE OF YOUR CORE HEALING*, Transforming Your Mind, Body & Soul in the New World and also publishes monthly free newsletters which are available on her website via subscription and public social media. Her book won the 2014 – *Living Now* Book Award, for Year's Best Books for Better Living and was selected as a Finalist of 2014 USA Best Book Awards.

Dr. Angelika Maria Koch, born in Germany, currently resides in Taos, New Mexico. She is the mother of two sons and a proud grandmother.



My aim is to assist you in the communication of your inherent creative intelligence to heal itself and bring forth your pure potentiality. In this way each and every one of us contributes to a better health for humanity.

–Dr. Angelika Maria Koch

The following courses are available online or taught in class:

Being & Living Quantum Healing

Thriving With Homeopathy

Thriving With Homeopathy For Birthing Life

(A Practical Guide for Midwives, Doulas, Childbirth Educators & Nurses)

Accredited by Midwifery Education Accreditation Council – MEAC; 4 CEU

For further information and future events, please contact her at: www.medicanova.net.