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Institute for
Fiscal Studies

Poorer children's educational attainment: how important are attitudes and behaviours?

Report for the Joseph Rowntree Foundation

Edited by

Alissa Goodman and Paul Gregg

Contributors from IFS, CMPO and University of Oxford

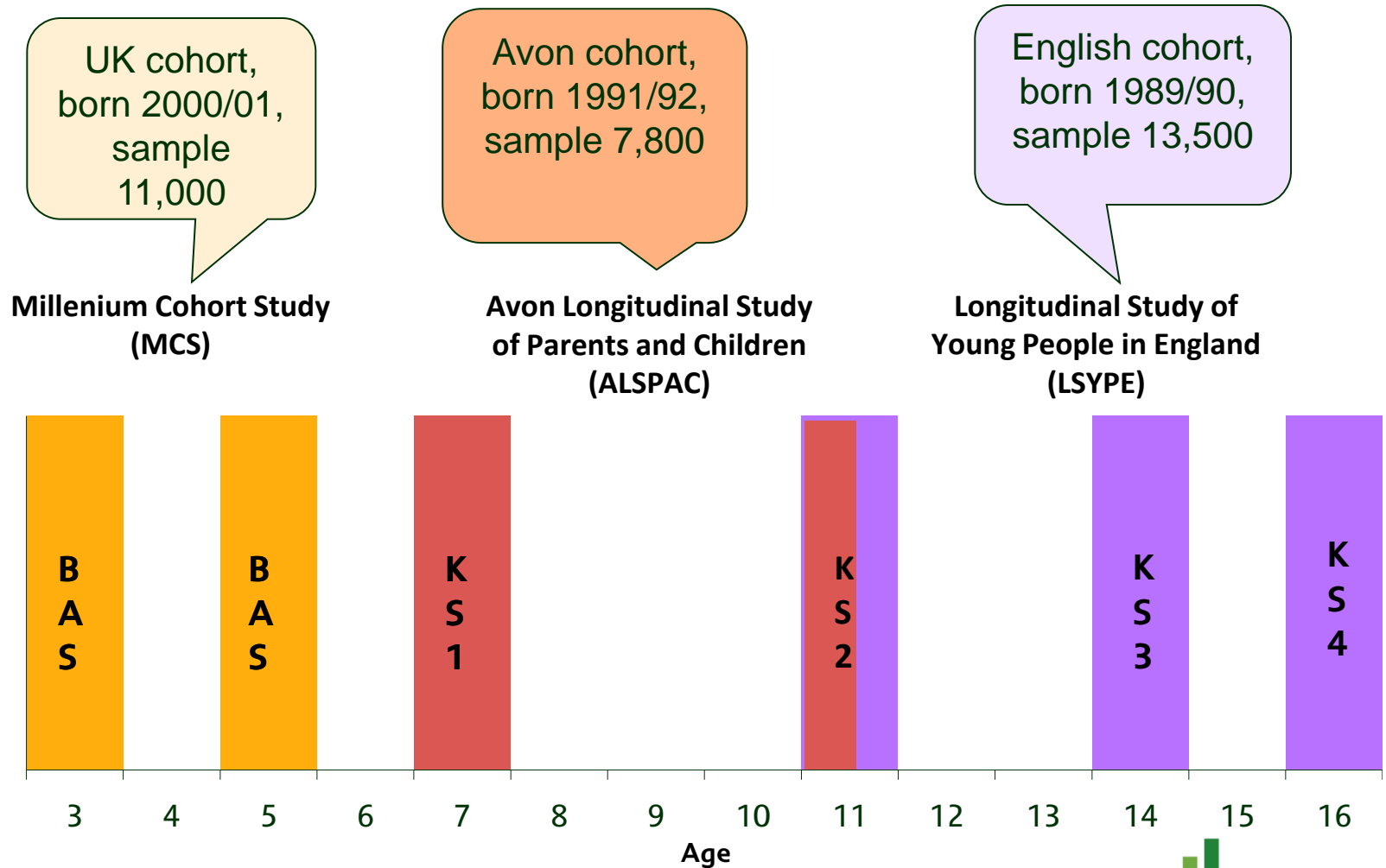
Background and Motivation

- Children growing up in poor families end up with lower educational attainment than children growing up in rich families
- Strong contributor to patterns of social mobility
 - Low income → poor attainment → low income
- Gaps start very early in life, but tend to widen throughout school

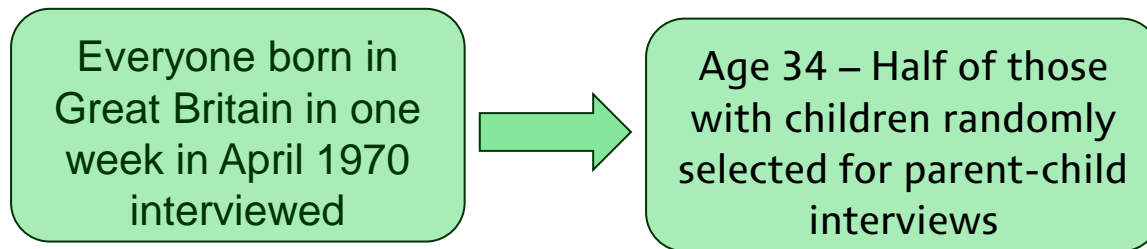
What we do

- Chart socio-economic gradient in attainment across childhood
- Investigate contribution of parent and child behaviours, attitudes to education and aspirations to the evolution of this gradient:
 - **Early years:** home learning environments, parenting styles, health-related behaviours
 - **Primary school:** lasting influence of early years, maternal aspirations, child's own ability beliefs
 - **Teenage years:** young person's own attitudes and behaviours; lasting influence of parents; material resources in the home
 - **Intergenerational factors:** parents' and grandparents' attitudes; transmission of ability
- Assess implications for policy

Summary of data sources, and test scores used for analysis (1)

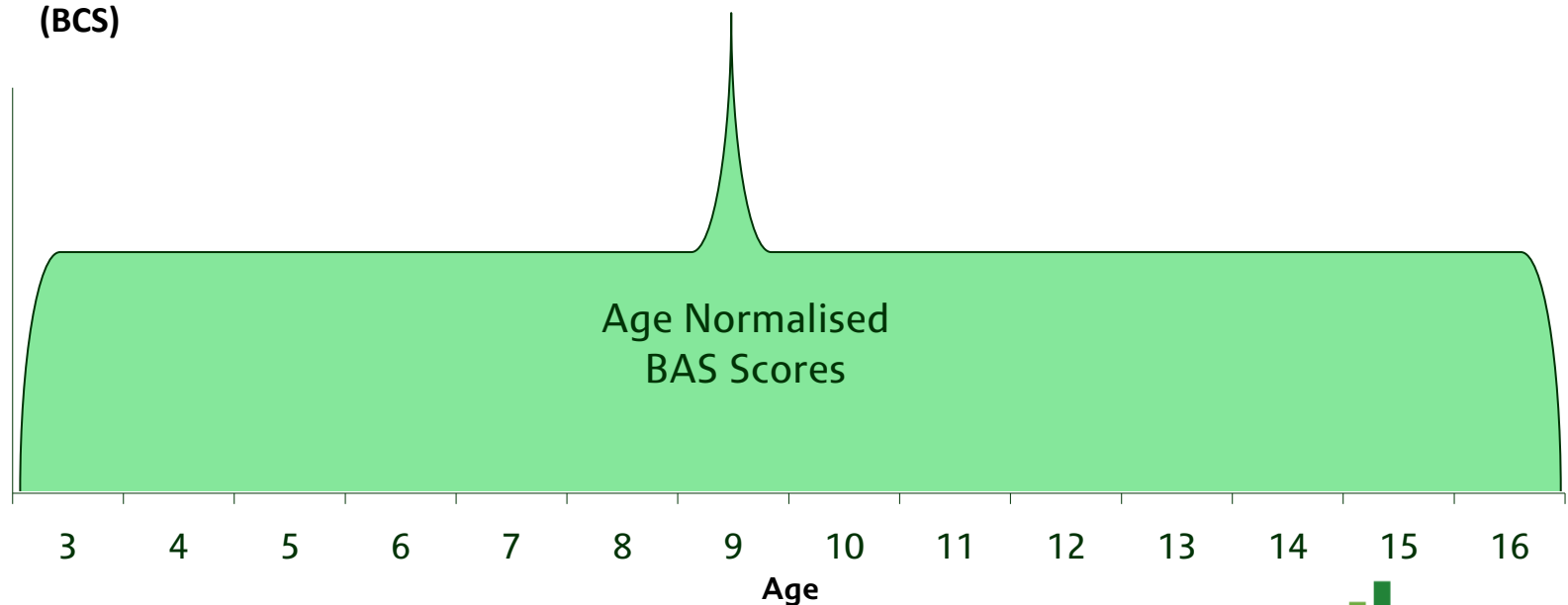


Summary of data sources, and test scores used for analysis (2)



British Cohort Study (BCS)

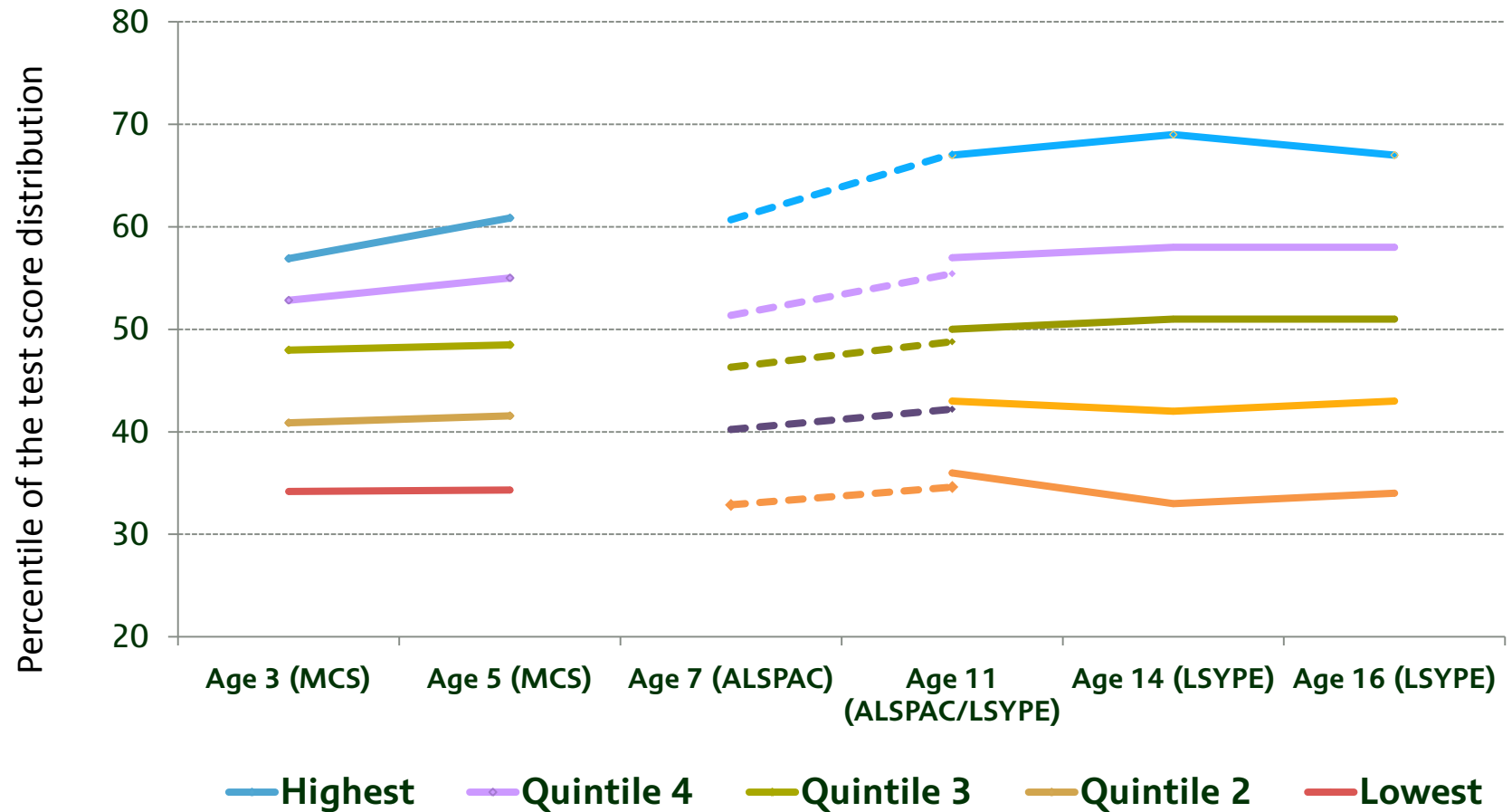
Children of BCS



Measuring socio-economic position

- Aim is to capture the longer-term material resources of the household
 - Log equivalised household income (averaged across points in time)
 - Reported experience of financial difficulties
 - Mother's and father's occupational class
 - Housing tenure
- The measure is constructed using principal-components analysis
- Individuals are then placed into quintiles (fifths) of the population ranked by this measure.

Educational gaps across childhood



Decomposing these gaps: framework for analysis

- Starting point is relationship between SEP and attainment at each age
- Decompose the gap between rich and poor students into the ‘direct effects’ of:
 - Family background: parental education, family demographics
 - Aspirations, attitudes and behaviours: varying at each age
- Factors will explain a larger proportion of the gap if:
 - Factors is highly correlated with socio-economic position
 - Factor has a large effect upon outcomes conditional on all observables
- Development from previous age assessed through inclusion of prior attainment
- Important note: this study highlights statistical associations, and does not imply causation.

Preview of findings

- The gaps between rich and poor children is already large at age 3 continues to widen until age 14
- The following factors seem to have an important role in explaining the perpetuation of these gaps:
 - Early home learning environment
 - Expectations/ aspirations for education
 - Beliefs in own actions making a difference
 - Behaviour
 - Material factors
- Suggests a potentially important role for policy *if* it can be shown that:
 - More positive attitudes and behaviours *cause* higher attainment
 - AND
 - Attitudes and behaviours can be influenced

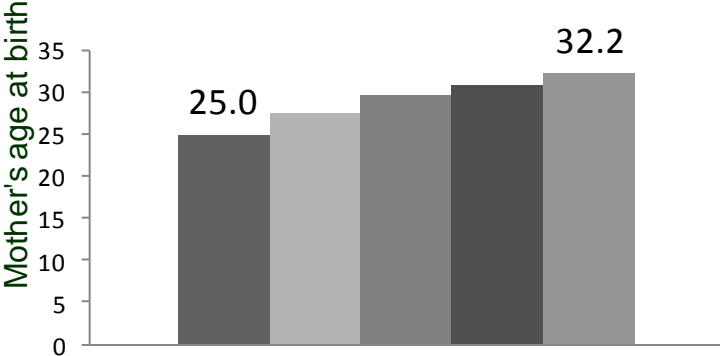
From birth to age 5

Lorraine Dearden, Luke Sibieta (IFS) and Kathy Sylva (University of Oxford)

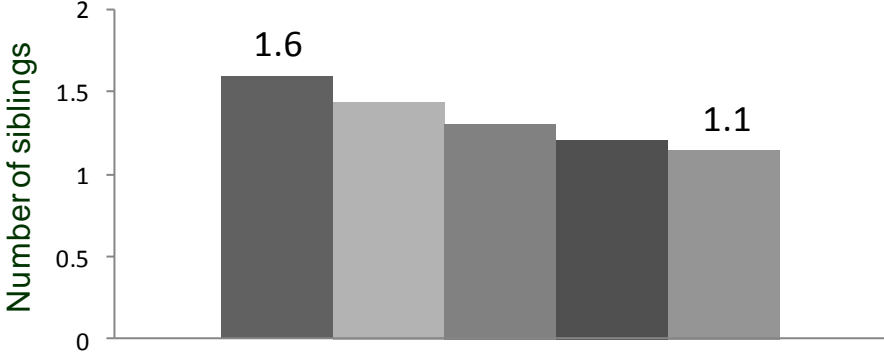
Explaining the socio-economic gradient in the early years

- Define set of family background and possible transmission mechanisms (“early childhood caring environment”)
- Family background
 - Socioeconomic position (SEP)
 - Parental education
 - Demographic, and other family background
- Early childhood caring environment
 - Family Interactions (mother-child and between parents)
 - Health and Well-being (birth-weight, gestation, post-natal depression)
 - Childcare usage
 - Home-learning environment (reading, ABCs, numbers, nursery rhymes)
 - Parenting Style/Rules (bed-times, meal-times)

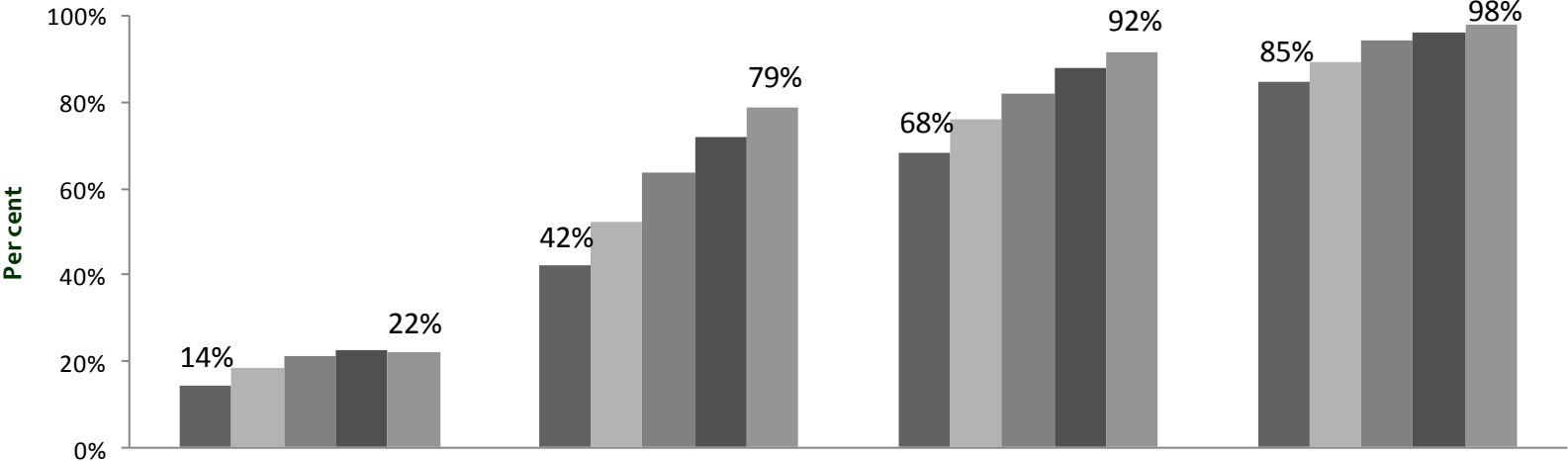
Selected differences in characteristics at age 3 & 5



Mother's age at birth



Number of siblings at age 5



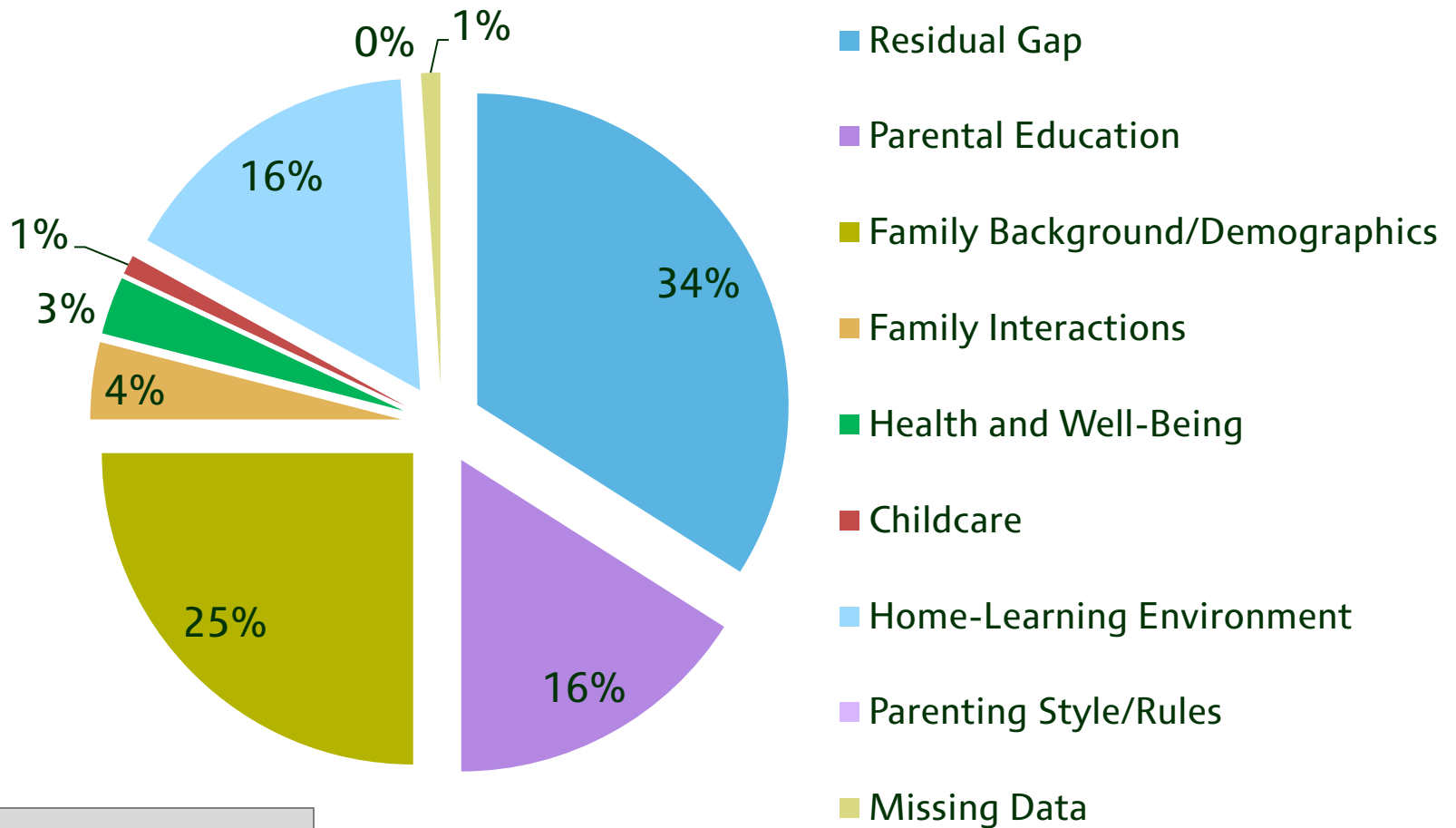
Highest HLE Quintile at age 3

Read to everyday at age 3

Regular bed times at age 3

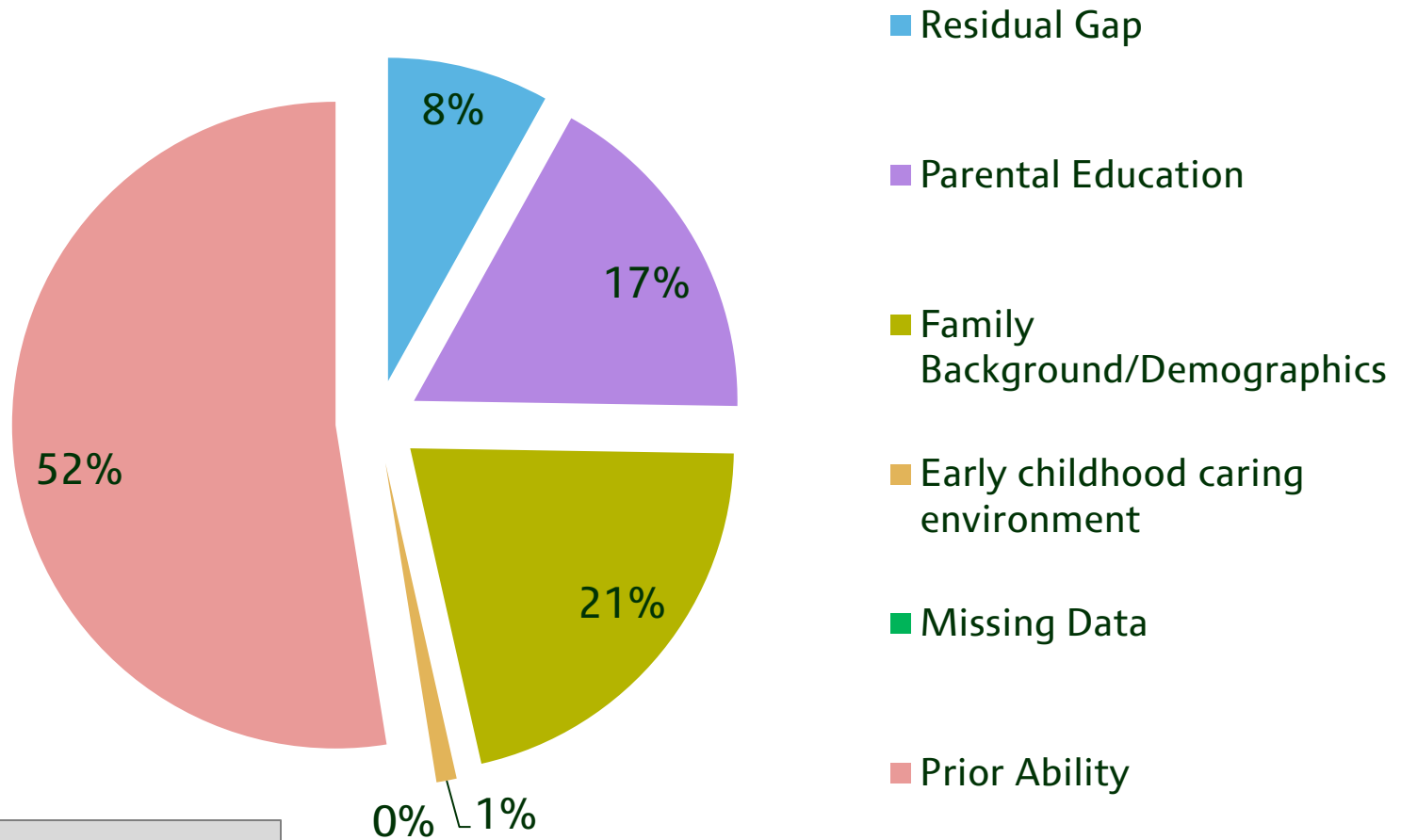
Regular meal times at age 3

How much of the socio-economic gap in cognitive outcomes at age 3 is explained by these factors?



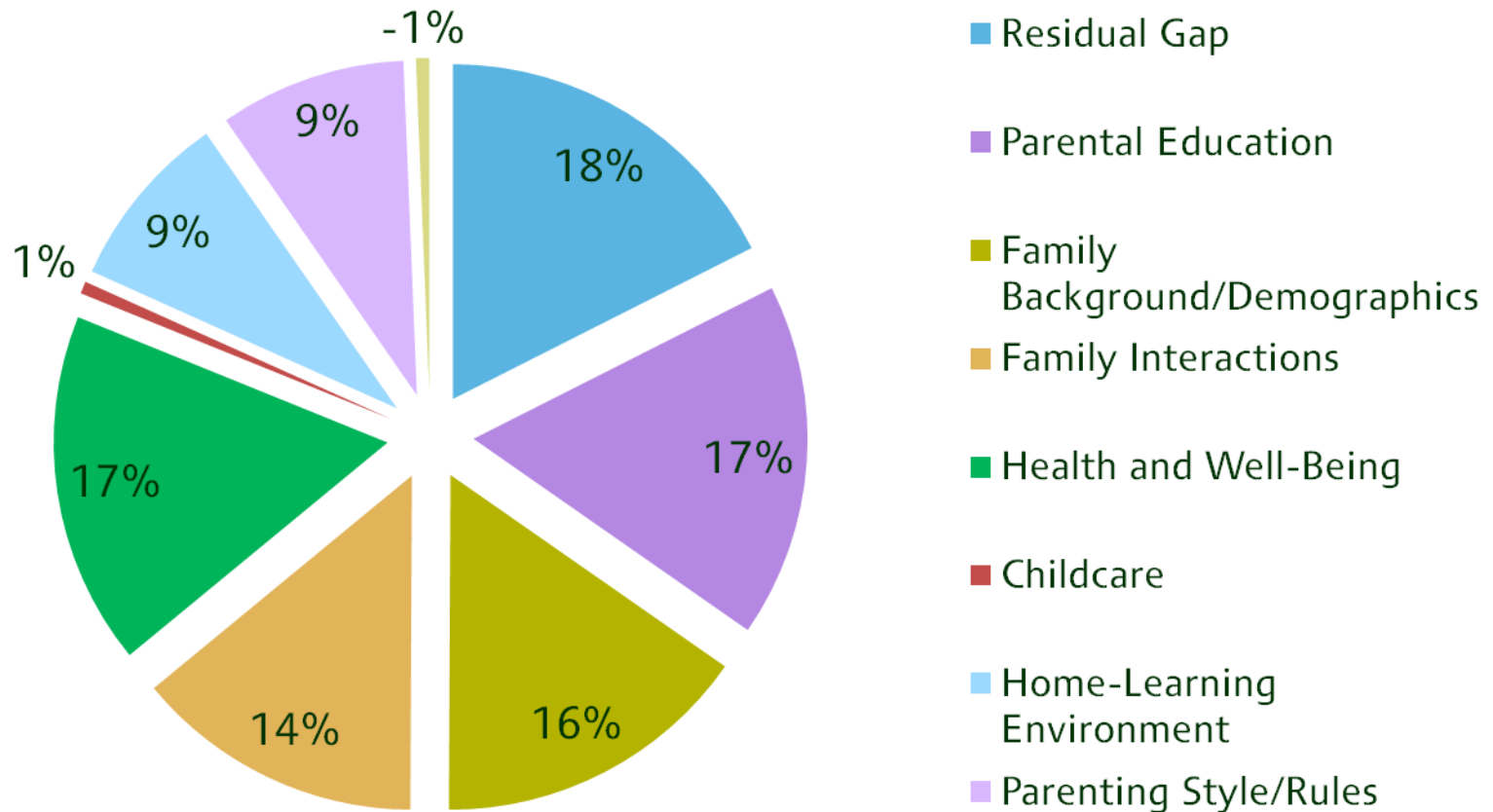
**Total gap to be explained:
23 percentile points**

How much of the socio-economic gap in cognitive outcomes at age 5 is explained by these factors?



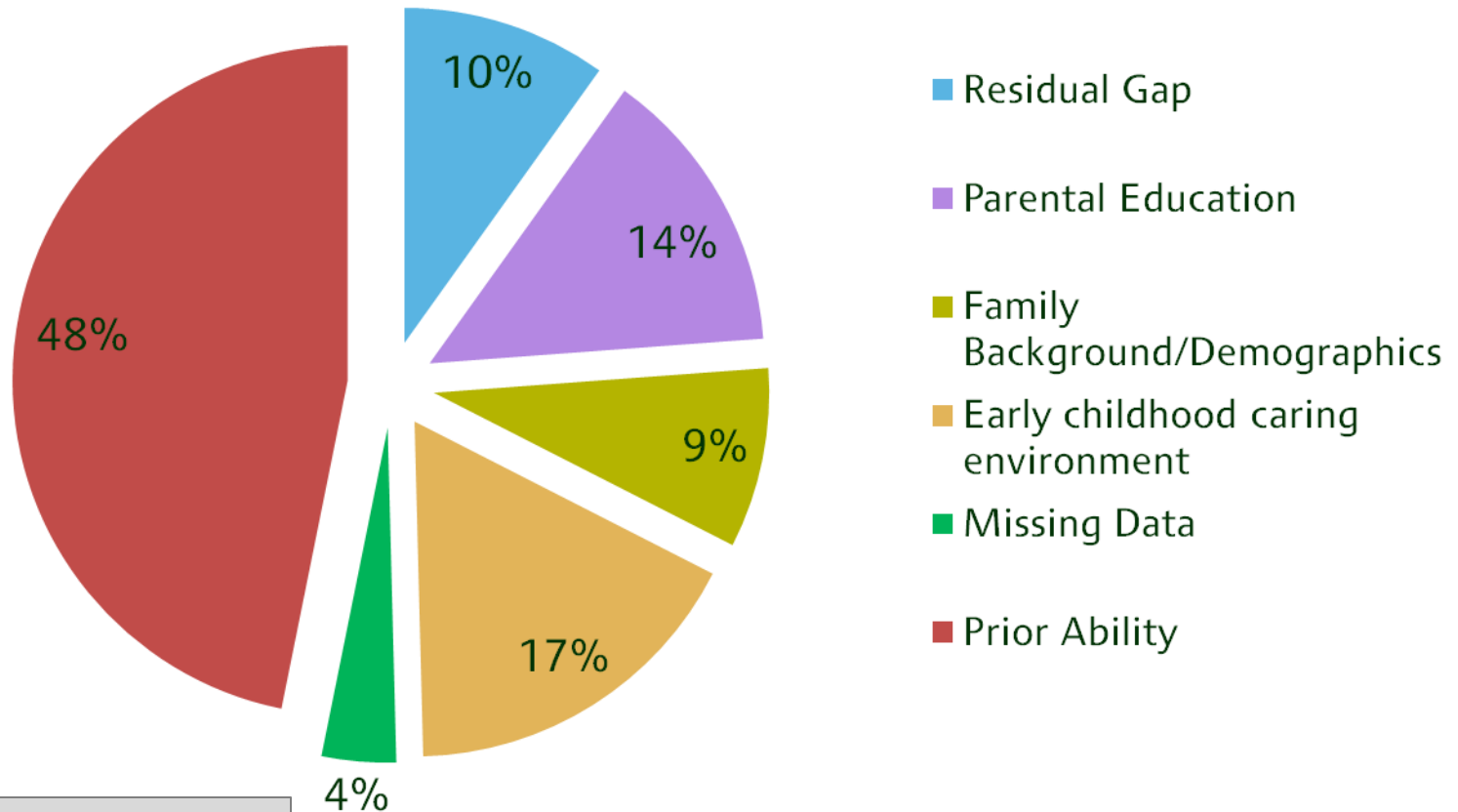
**Total gap to be explained:
27 percentile points**

How much of the socio-economic gap in socio-emotional development at age 3 is explained by these factors?



**Total gap to be explained:
22 percentile points**

How much of the socio-economic gap in socio-emotional development at age 5 is explained by these factors?



**Total gap to be explained:
23 percentile points**

How much of the socio-economic gap in cognitive outcomes at age 5 is explained by these factors?

- Gap widens at age (from 23 to 27 percentile points)
- Half of the gap is explained by prior cognitive ability
 - Direct effect only: excludes impact via other factors
- 20% via parental education and 17% from family background
- Less than 1% from the early childhood caring environment
- What role for the Home-Learning Environment?
 - HLE at age 3 explains age 5 cognitive outcomes through its impact on age 3 cognitive outcomes
 - No impact of age 5 HLE on age 5 cognitive outcomes
- Demonstrates importance of largely pre-determined factors for outcomes at age 5

Summary of early years findings

- Big differences in cognitive development between rich and poor at age 3, widens by age 5
- Children from poor backgrounds face much less advantageous “early childhood caring environments” than children from better off families.
- Differences in the home learning environment at the age of 3 explain a substantial proportion of socio-economic gradient
- Larger proportion of the gap remains unexplained, or appears directly related to other aspects of family background
- Suggests policies to improve parenting skills and home learning environments in isolation cannot possibly eliminate the cognitive skills gap between rich and poor young children.
- Wide gaps in socio-emotional development more strongly explained by differences in early childhood caring environment

Primary school years

Paul Gregg and Elizabeth Washbrook (CMPO)

Gaps in educational attainment in the primary school years

- Average percentile score gap between highest and lowest SEP quintiles:
 - 31 points at 11 (KS2), up from 27 points at 7 (KS1)
 - cf. gap of 27 points among MCS children at 5
- Parenting activities and family interactions may continue to matter, but new potential mechanisms come into play as children age:
 - Parents' values, beliefs and aspirations for their children
 - Children's own values and beliefs
 - Children's activities and patterns of behaviour
 - Experience of schooling

Children from poor backgrounds are disadvantaged across all the mechanisms we consider

- Mother's locus of control; mother's valuation of own schooling; mother's aspirations for child's eventual attainment

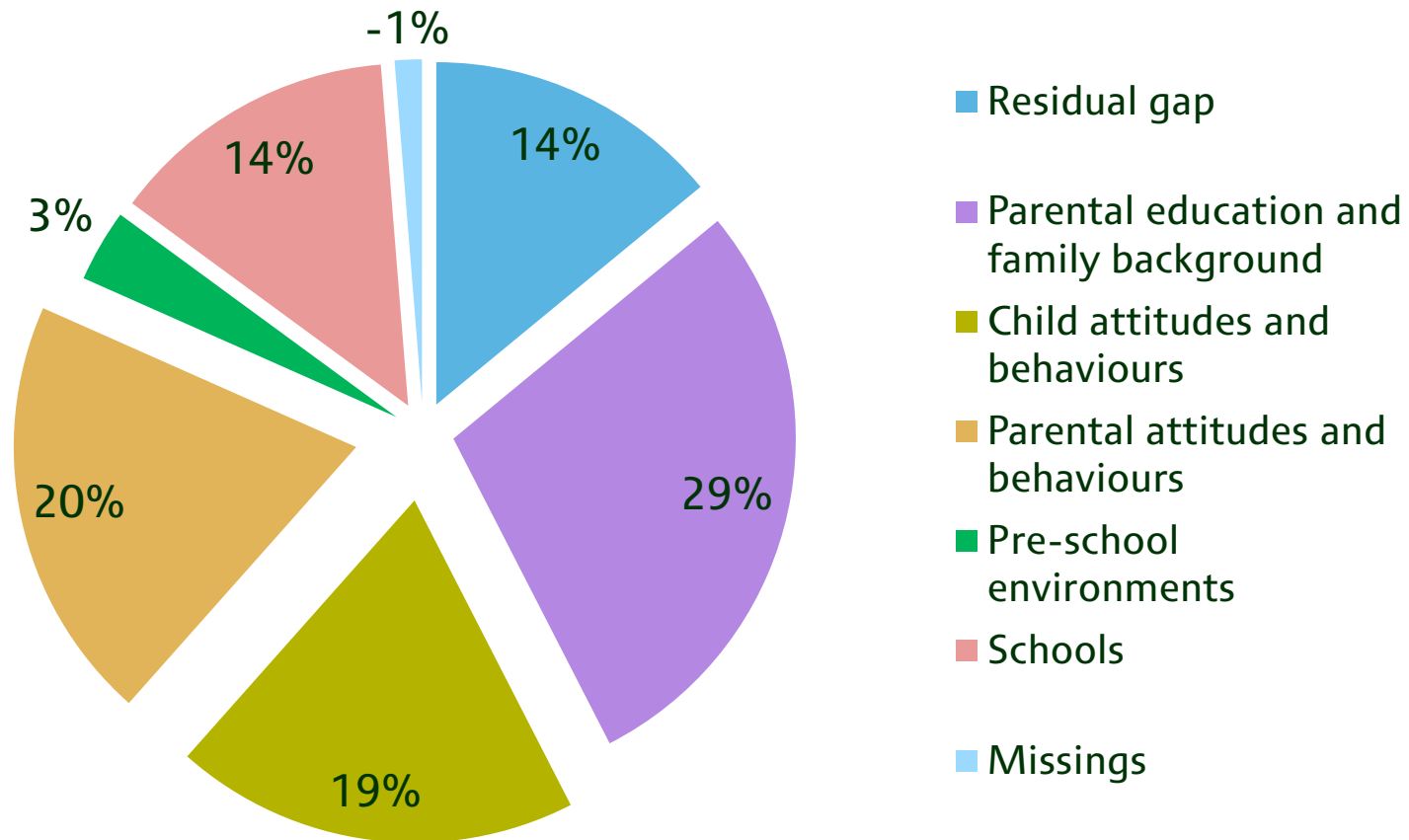
81% of the highest SEP mothers hope their child will go to university, compared with 37% of the lowest SEP mothers

- Child's locus of control; beliefs about own ability; life values

67% of the highest SEP children believe school results are important in life, compared with 51% of the lowest SEP children

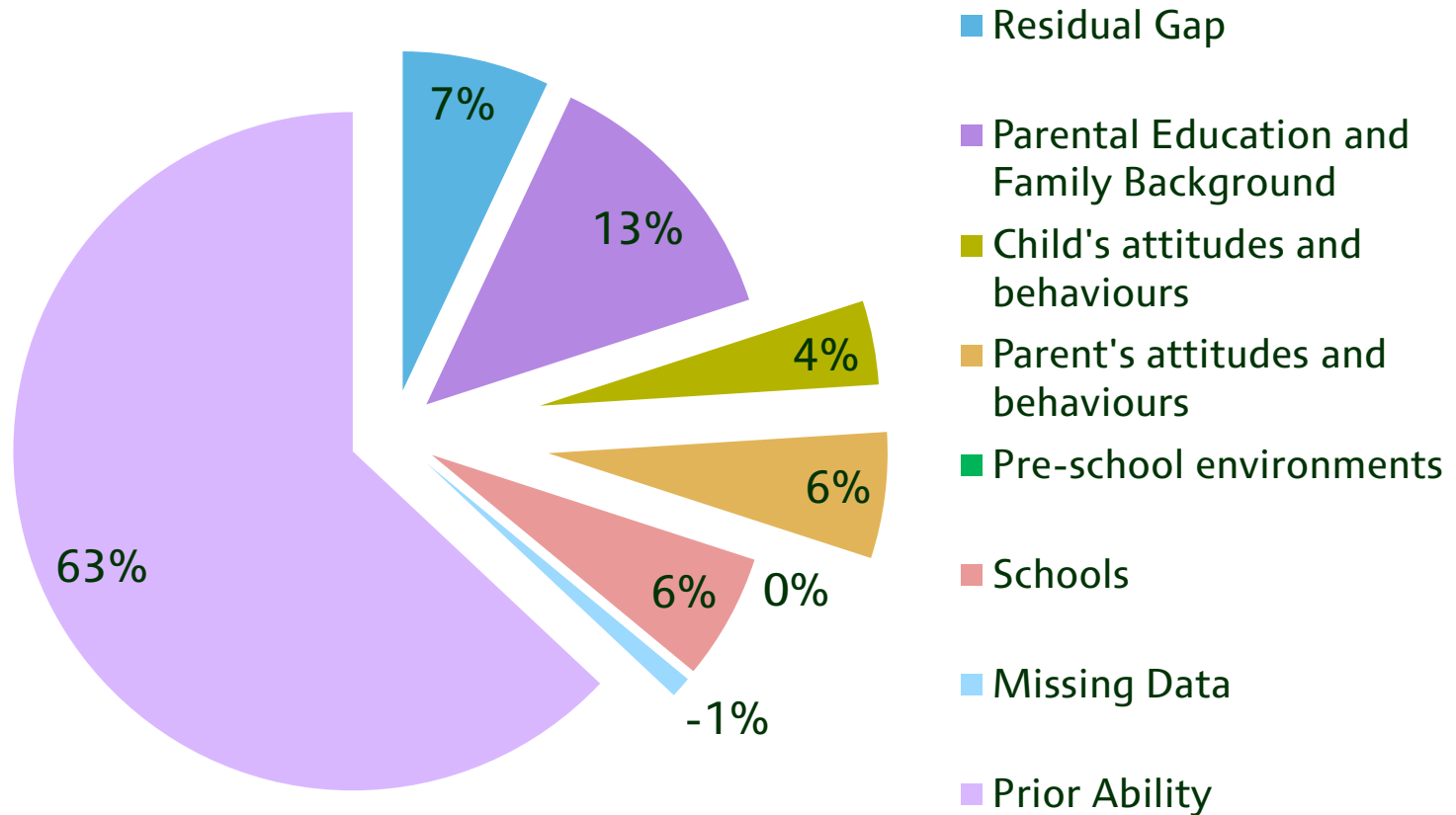
- Anti-social behaviours; hyperactivity and conduct problems; engagement in leisure activities
- Average Key Stage results and social mix of schools attended
- BUT a few exceptions: mother-child shared activities; child's enjoyment of school; teacher-child relations

How much of the socio-economic gap at age 11 is explained by these factors?



**Total gap to be explained:
31 percentile points**

How much of the socio-economic gap at age 11 is explained by these factors **net of prior ability**?



**Total gap to be explained:
31 percentile points**

Summary of primary years study

- Poor children are much more likely to begin primary school behind their better-off peers, but even given identical test scores at 7, poor children fall further behind by age 11
- A wide variety of observable “family process factors” help to explain the socio-economic gaps at 11 left unaccounted for by demographic and schooling differences between rich and poor
- Among the multitude of factors identified, some we highlight are
 - Mother’s hopes that the child will go to university
 - The belief that one’s own actions can make a difference (among both parents and children)
 - Socio-emotional difficulties such as inattention and conduct problems
- Unsurprisingly, positive beliefs and behaviours are strongly related to test performance at 7 as well as at 11. Nevertheless, the factors identified appear to contribute to the slower progress of disadvantaged children even taking their starting point as given.

Secondary school years

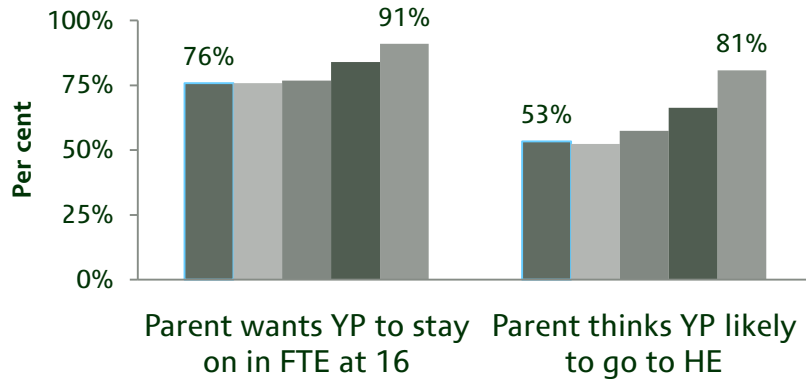
Haroon Chowdry, Claire Crawford and Alissa Goodman (IFS)

Outcomes in the secondary school years: evidence from the LSYPE

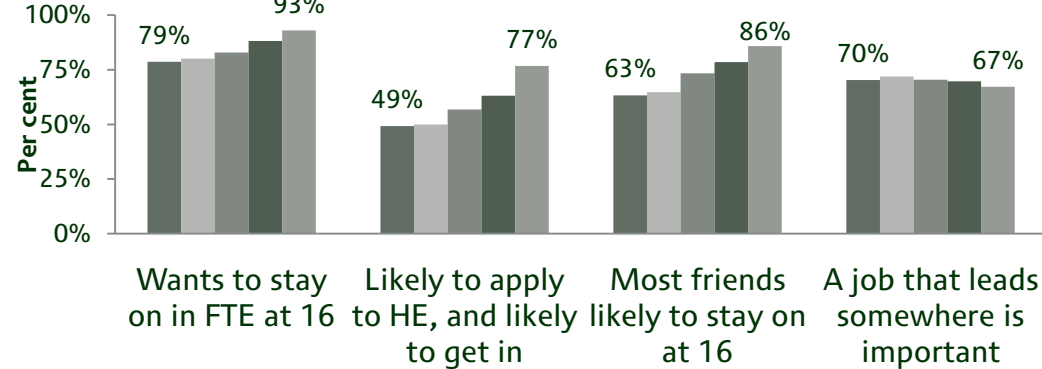
- Now focus on educational attainment at 16
- See if gap can be explained by the following characteristics:
 - Prior attainment (at 11 and 14)
 - Parental education and family background
 - School characteristics
 - Children’s attitudes and behaviours
 - Beliefs and values about being at school
 - Aspirations/expectations towards future education
 - Behavioural problems
 - Parental attitudes and behaviours
 - Provision of educational material resources
 - Aspirations/expectations about child’s future education
 - Home relations and educational interactions with the child

Selected differences in characteristics by SEP

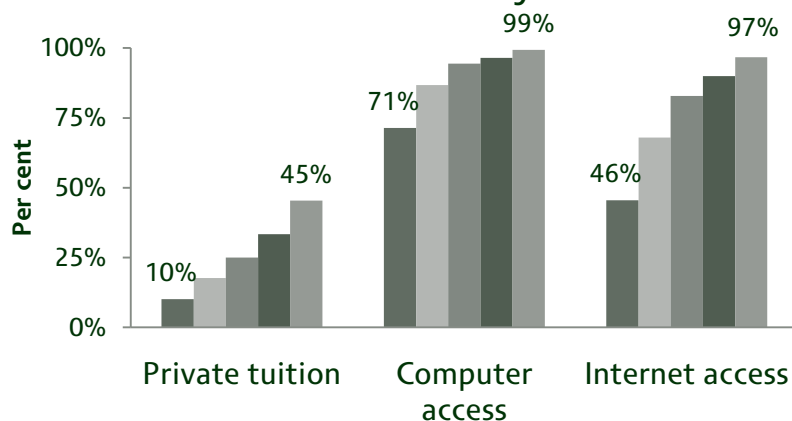
Parental expectations by SEP



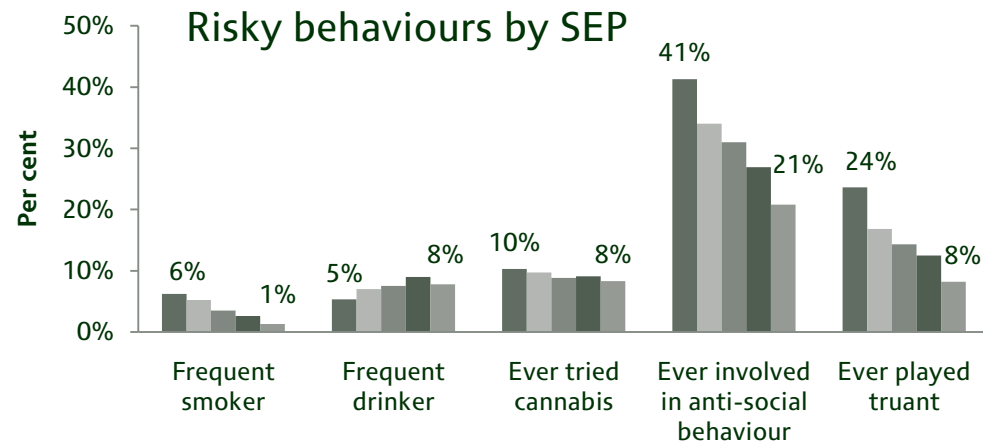
Child expectations by SEP



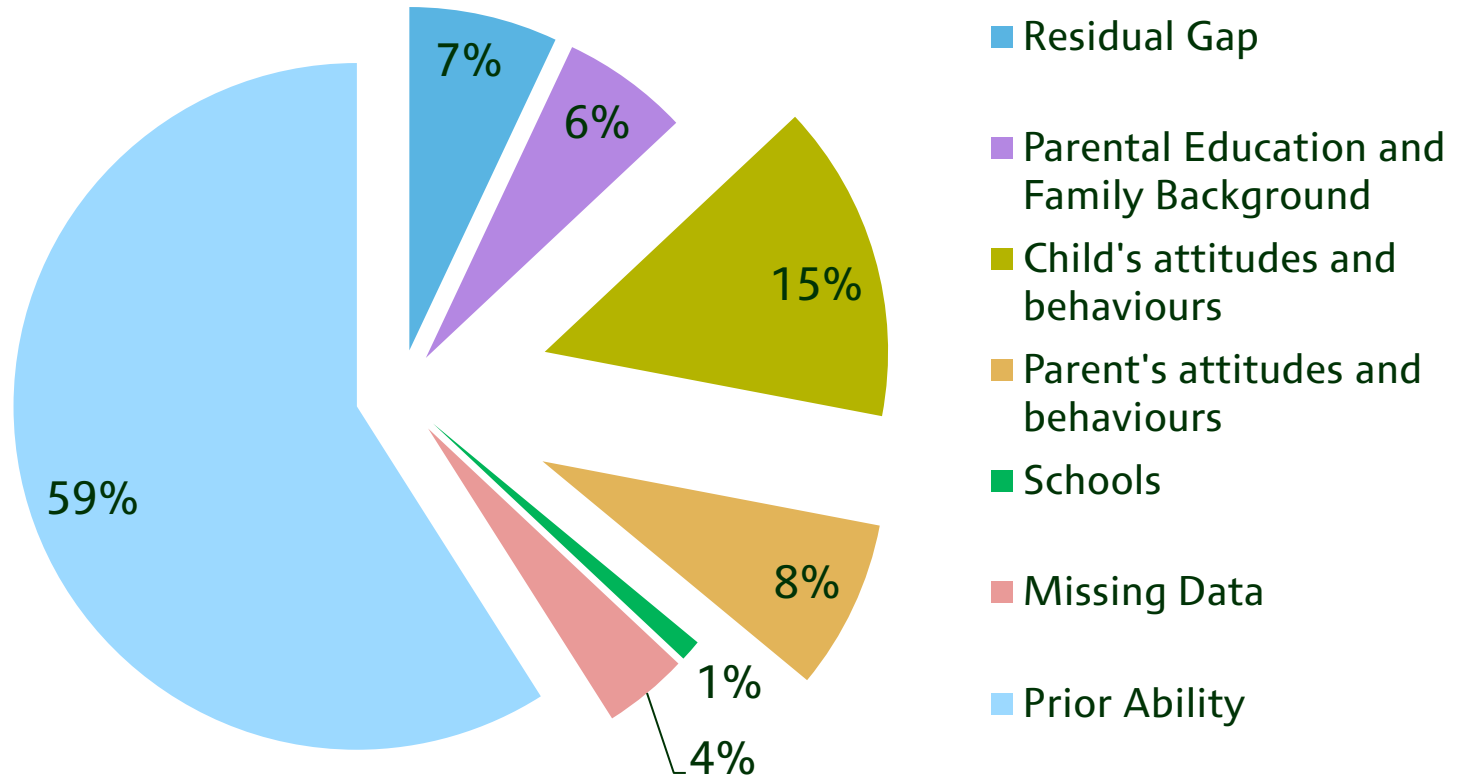
Material resources by SEP



Risky behaviours by SEP



How much of the socio-economic gap in cognitive outcomes at age 16 is explained by these factors?



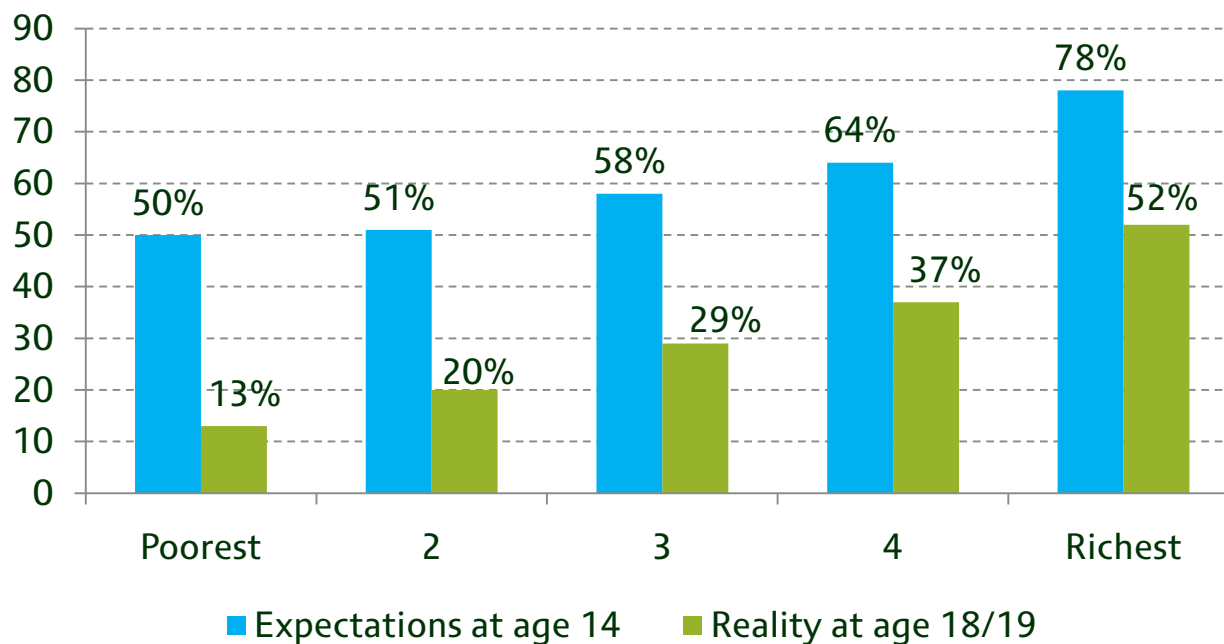
**Total gap to be explained:
33 percentile points**

Summary of secondary years analysis

- Attainment gap at 16 a continuation of earlier gaps
- But *might* be reduced if poorest children:
 - Have access to computer/internet
 - Avoid problematic/risky behaviour (in and outside school)
 - Expect to go to HE, or have parents who expect them to go
 - Believe that they do well in school
- What role for policies to raise education aspirations?
 - Aspirations are strongly associated with educational attainment
 - Poorest children have lower expectation of going to HE than rich children, even after taking into account prior attainment
 - Suggests an ‘aspirations deficit’ that ought to be alleviated

Summary of secondary years analysis

- However:
 - HE expectations are already very high across all SEP groups
 - Poor children most likely to *over-estimate* chances of going to HE



Children's cognitive skills: intergenerational transmission and the socio-economic gap

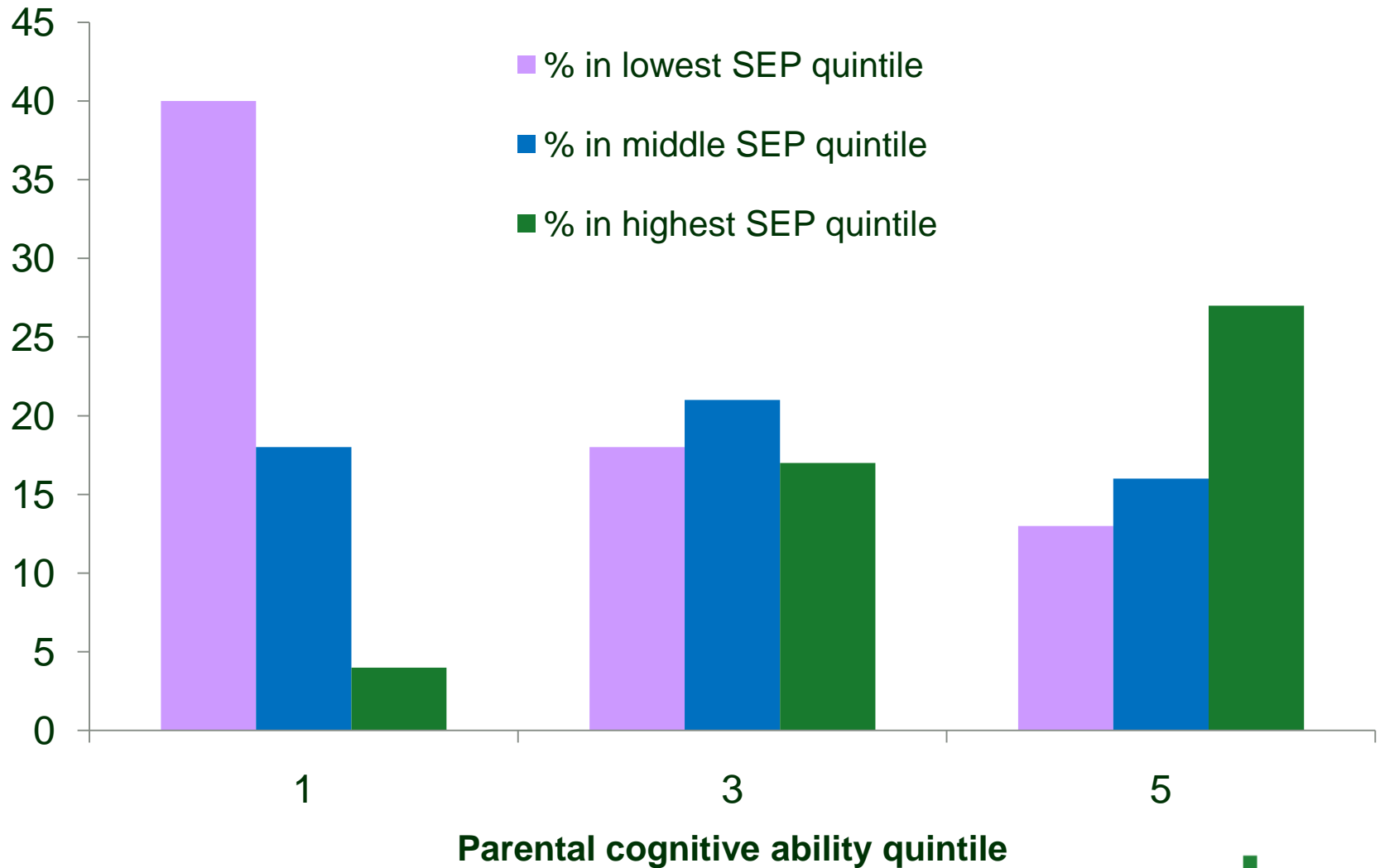
Claire Crawford, Alissa Goodman and Robert Joyce (IFS)

Background and motivation

- Studies of cognitive skills have looked at:
 1. **Explanations for the rich-poor socio-economic gap (the rest of this session!).**
 2. **Intergenerational transmission (Anger and Heineck, 2009; Bjorklund et al, 2009; Black et al, 2009).**

- Clearly, 1 and 2 could be related. Ideally would like to integrate them in empirical work.

Parental cognitive ability and socio-economic position



Background and motivation

- Studies of cognitive skills have looked at:
 1. **Intergenerational transmission (Anger and Heineck, 2009; Bjorklund et al, 2009; Black et al, 2009).**
 2. **Explanations for the rich-poor socio-economic gap (the rest of this session!).**

- Clearly, 1 and 2 could be related. Ideally would like to integrate them in empirical work.

- If the other papers in this series had observed (e.g.) parental cognitive ability, would it have...
 - **... been an important predictor of cognitive skills, conditional on other observables?**
 - **...changed the apparent relative importance of those observables in explaining the SEP gap?**

Data

- British Cohort Study (BCS): everyone born in Great Britain in one week in April 1970 interviewed every few years.
- In age-34 wave, half those who had children were randomly selected for parent-and-child questionnaires and children took cognitive tests (BAS).
- So we have:
 - **Info about the environment children are growing up in.**
 - **Their cognitive test scores.**
 - **Info about the cognitive ability, social skills and attitudes of their parents when they were children.**

Measures of parental characteristics

➤ Cognitive skills

- BAS scores (word associations, word definitions, pattern recognition, recall) plus tests of reading, writing, vocab, maths, copying, sequence recognition at age 10.
- Also smaller range of similar tests at age 5.

➤ Noncognitive skills

- Rutter behaviour scale, ages 5 and 10; Conners behaviour scale, age 10 (mother-reported).

➤ Attitudes

- Self-esteem and self-concept measures, ages 10 and 16; attitudes towards education, age 16 (self-reported).

Sample selection issues

- All children in sample have parent aged 34.
- So children of cohort members who have them after age 34 (31 in our estimation sample) are not included.
- Skews the sample of cohort members (parents) towards those of lower SEP backgrounds, lower cognitive ability, lower education levels.
- On other hand, attrition pre-2004 tends to do opposite.
- In terms of *observables*, these two aspects of non-random selection tend to offset each other.

Defining the outcome (1)

- We observe BAS scores, as with other papers in series.
- Want to age-standardise them.
- Would typically regress scores on age, and take residuals.
- In our sample, age of child is collinear with age of (a) parent at child's birth – and that's correlated with lots of things that may affect cognitive test scores.
- Age-standardising in normal way would involve 'partially' standardising with respect to SEP, parental ability, etc.
- But we're interested in the effects of those things!

Defining the outcome (2)

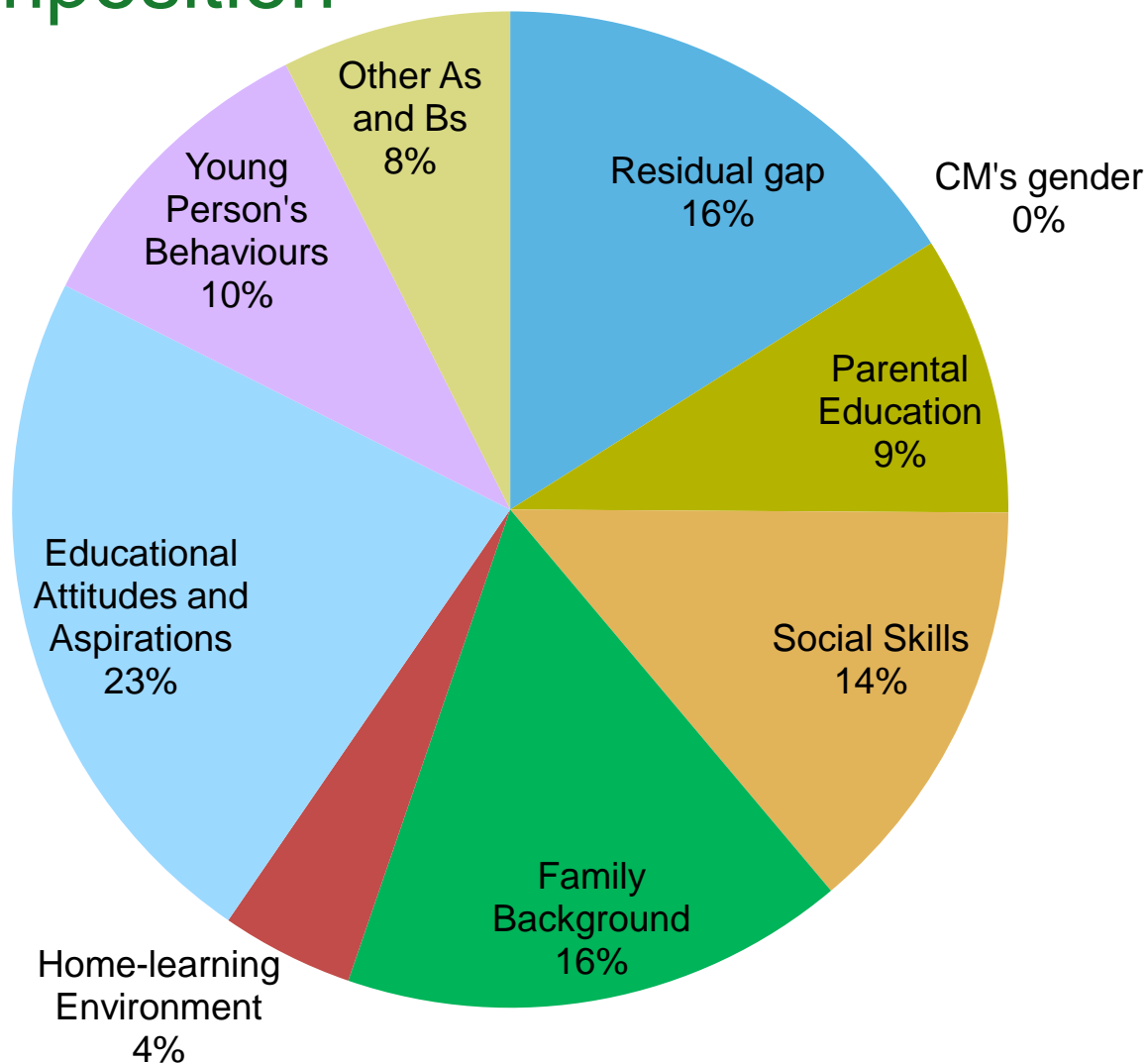
➤ We want to strip out variation in cognitive ability that's just due to age. 2 steps:

1. Estimate equation: $\text{cog}_i = \text{age}_i \cdot \alpha + X_i \cdot \beta + u_i$

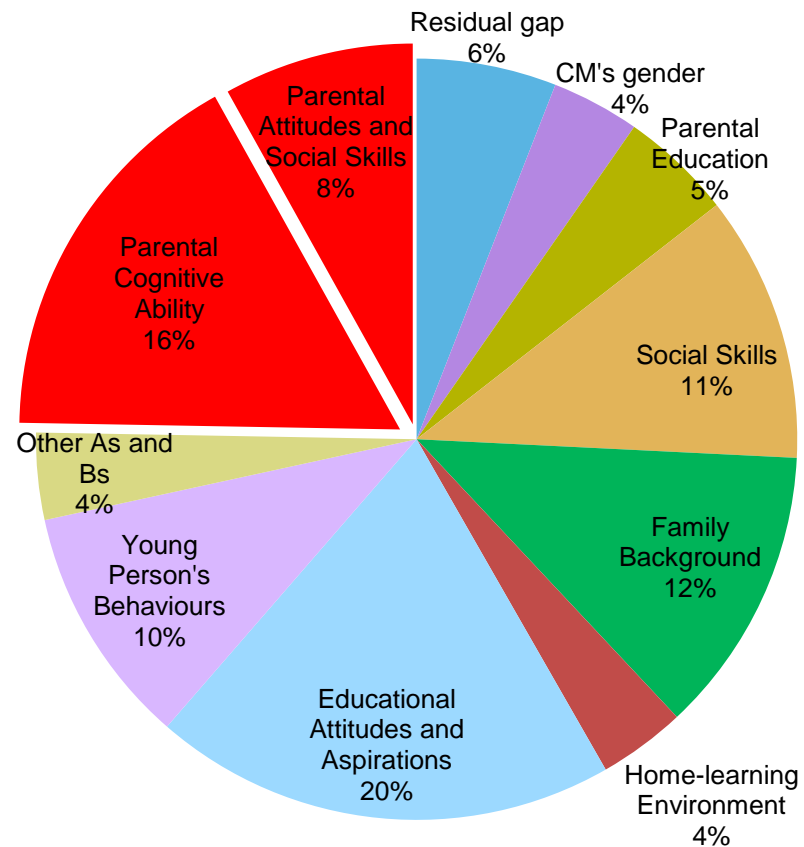
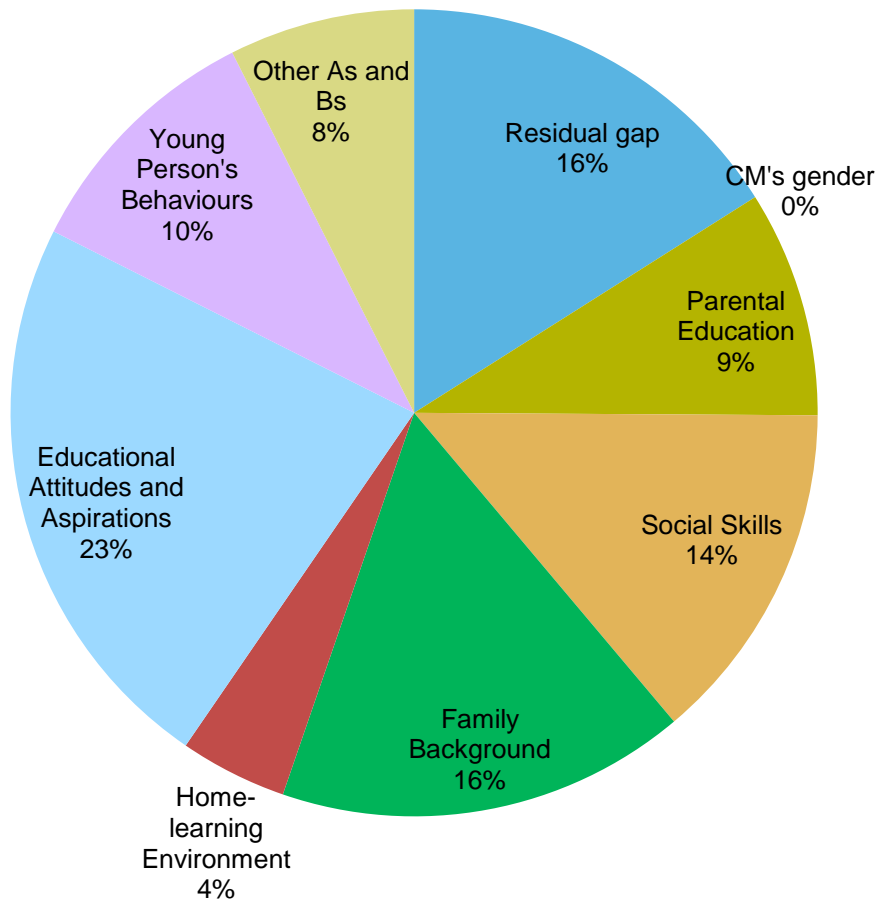
2. Define: $\text{cog}_i - \text{age}_i \cdot \alpha$

➤ We take percentile ranks of this.

The SEP gap in cognitive test scores: first decomposition



The SEP gap in cognitive test scores: adding new information about parents



Key findings

- Adding usually unobserved information about parents is important.
- Predicts about $\frac{1}{4}$ of SEP gap in cognitive skills.
- Mainly due to parental cognitive ability.
- But reassuringly it does little to change our impression of relative (predictive) importance of other factors.
- Attitudes and aspirations towards education, family background, noncognitive skills still important.

General conclusions from session (1)

- Suggests socio-economic gap in attainment may be reduced by improving attitudes and behaviours amongst poor children
 - Optimistic take would suggest 25% reduction in GCSE attainment gap

- But not a causal analysis. More robust evidence needed to establish that:
 - a) attitudes and behaviours can be changed
 - b) such changes *cause* improvements in attainment

General conclusions from session (2)

- Our work suggests that trials may be best focused on:
 - Raising educational aspirations and expectations (for both parents and children) – and at an earlier stage than e.g. Aim Higher.
 - Supporting the home-learning environment (e.g. pre-school reading).
 - Helping parents and children to believe that their own actions and efforts can help to improve attainment (locus of control).

- Current policy context suggests a disadvantaged ‘pupil premium’ is likely in the near future.

- Might improve educational prospects for the poor, but our work suggests that focusing on schools in isolation would not eliminate the gap.

General conclusions from session (3)

➤ Key message: more evidence needed!