

Cadmium influences the 5-Fluorouracil cytotoxic effects on breast cancer cells

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Abstract

The aim of the research was to evaluate a heavy metal, Cadmium (Cd), which was used to produce alterations in human breast cancer cell line MCF-7. Moreover, we analyzed both immunohistochemical and ultrastructural alterations induced by the antineoplastic drug, 5-Fluorouracil (5-FU), after exposure to different concentrations of Cadmium. Also, we compared the effects of these compounds on actin and tubulin cytoskeleton proteins. Under ultra-microscopic observation, control cells looked polymorphous with filopodia. In cells already treated with small concentrations of Cd, after brief times of incubation, we observed an intense metabolic activity with larger, clearer, and elongated mitochondria characterized by thin and numerous dilated cristae. 5-FU-treated cells showed cytotoxicity signs with presence of pore-like alterations in the cell membrane and evident degeneration of cytoplasm and cell nuclei. The addition of 5-FU (1.5 μ M) to the cells treated with Cd (5 μ M-20 μ M) did not induce significant ultrastructural changes in comparison with cells treated only with Cd. In Cd+5FU-treated cells mitochondria with globular aspect and regular cristae indicated the active metabolic state. In cells treated only with Cd we observed alterations in actin distribution, while tubulin branched out throughout the cytoplasm. With the association of Cd+5FU, we observed less morphological alterations in both tubulin and actin cytoskeleton proteins. Although the mechanism remains unknown at present, our findings suggest that Cd prevents the cytotoxic effect of 5-FU on breast cancer cells. These preliminary results could have an important clinical application in patients with breast cancer.

Introduction

Cadmium (Cd) is one of the most toxic transition metals associated with air and water pollution, as well as cigarette smoking. The increase of industrialization and human activities have led to a greater use of metals, and, as a result; growing ecodispersion which involves considerable economic and social consequences. It is dangerous for human health. The absorption in the human organism occurs mainly through inhalation, ingestion and cutaneous contact. Cd has a long biological half-time; its values have been seen ranging from 15 to 40 years with an average around the 20-25 years. It is mainly accumulated in liver and kidneys.

Cd is considered to be one of the most dangerous metals, especially for human health, due to its teratogenic and carcinogenic effects.¹ Indeed, there is increasing evidence demonstrating the, *in vivo* and *in vitro*, carcinogenicity of Cd, in both human and experimental animal models.^{2,3} The heavy metal Cd has been described to possess estrogen-like activity, as an endocrine disruptor.⁴ Moreover, in some countries it has been used in the past, and is still now, as a contaminant in pesticides and in fungicides. Unlike the inhalation of tobacco smoke⁵ representing the main source of non-occupationally exposed adult subjects,^{6,7} the metal is vaporized during combustion. Nevertheless, the main cause of exposure to Cd is through food ingestion.^{8,9} For example, the highest Cd concentrations, compared to other foods, are seen in sea food (molluscs), and kidney and liver of mammals.¹⁰⁻¹²

The International Agency for Research on Cancer (IARC) has classified Cd as a category 1 carcinogenic substance.^{2,13} Thus, the metal could induce liver cancer, hematopoietic cells neoplasm, bladder and stomach cancers.¹⁴ It is also believed that Cd may have a role in the origin of pancreatic carcinoma.²

Breast cancer is the most prevalent cancer among women in many industrialized countries.^{3,15-18} The MCF-7 human breast cancer cell line has been used as an excellent experimental model^{19,20} to improve the efficiency of different therapies before they are used on patients. The MCF-7 cell line is a useful cell line that can be used in many cancer researches and it is also an estrogen receptor-negative.^{4,21} The case of glandular epithelial cells is important in the estrogen hormones study and in the parallel study of the cadmium-estrogens relationship due to the ability of Cd to mimic the effects of estrogen receptors tricking the cell membrane.^{21,22}

The fluoropyrimidines, especially the 5-Fluorouracil (5-FU), are antimetabolite inhibitors of de novo purine and pyrimidines

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syntheses.^{23,24} 5-FU plays an important role in standard chemotherapy protocols for a range of solid tumors, including breast and colorectal cancers.^{20,21} Considering the carcinogenic and mutagenic effects of Cd on healthy living cells, it seems beneficial to use a cancer cellular line, such as MCF-7.3 It is particularly resistant to harmful solicitations of toxic metals, which provoke alterations to both cytoplasmic organelles and cytoskeleton proteins of different cellular lines.²⁴⁻²⁶ We investigated the potential antagonists effects of the antineoplastic drug 5-FU, using scanning electron microscopy (SEM), transmission electron microscopy (TEM) and immunofluorescence. The study of the modifications of cytoskeleton proteins is a parameter particularly indicative of the cellular and apoptotic cycle of the cellular lines. Cytoskeleton has been shown to be involved in the traffic of a number of membrane proteins. The effects of 5-FU were studied on MCF-7 cultured cells exposed to different concentrations of Cd, and, then, we evaluated the resulting morphological alterations, even at the ultrastructural level. Moreover, in order to clarify the mechanism of both Cd and 5-FU activities, we compared the effects of these elements on actin and tubulin, two cytoskeleton proteins, responsible not only for the intracellular transport of vesicles and cell organelles, but for their positioning and cellular integrity as well.

Materials and Methods

Cell culture

Human breast cancer MCF-7 cells were cultivated in Dulbecco's Modified Eagle's Medium (DMEM) (Gibco) supplemented with 10% of fetal bovine serum (FBS) (Gibco), 2.0 mmol/L glutamine, 100 U/mL penicillin, and 100

mg/mL streptomycin. Cells were grown at 37°C in an atmosphere containing 5% CO₂, then expanded for several days to become confluent in T75 flasks for cellular culture. They were then treated with Trypsin-EDTA (Invitrogen) and plated in a 24-well plate for immunohistochemistry and SEM preparation, and in T75 bottles for TEM preparation.

Drugs and drug treatments

Cells were treated with 5-Fluorouracil (5-FU) and Cadmium Chloride (CdCl₂), purchased from Sigma-Aldrich. The drugs were dissolved in DMSO or water and stored at -20°C. For each experiment, the stock solutions were further diluted to obtain the desired concentrations. The final solvent concentration in cell culture was = 0.1% v/v of DMSO, a concentration without effect on cell replication. Parallel cultures of cells in medium with DMSO were used as controls.

Cytotoxicity assays *in vitro*

The effect of anticancer drugs on cell viability was assessed using the sulforhodamine-B colorimetric assay. Aliquots of MCF-7 cells suspension (1×10³ cells/well) were seeded onto 24-well plates and incubated for 24 h. The cells were then treated with different concentrations of drugs in the culture medium. Three days later, the wells were aspirated, fresh medium and treatment was added, and the cells were maintained for an additional three days.²⁷ Thereafter, the cells were processed as described previously, using a Titertek Multiscan apparatus (Flow, Irvine, CA, USA) at 492 nm. We evaluated linearity of the SRB assay with cell number for each cell line before each cell growth experiment. The IC₅₀ values were calculated from semi logarithmic dose-response curves by linear interpolation. All of the experiments were plated in triplicate wells and were carried out at least twice. For each of the experiments we used different concentrations and at different time points (Table 1).

Electron microscopy

MCF-7 cells were treated with Cd (5 µM, 20 µM, 40 µM) and 5-FU (1.5 µM) at different time points (24 h, 48 h) (Table 1). The cells pellet, to be observed by TEM, were fixed in a 2% glutaraldehyde solution in a 0.1 M cacodylate buffer (1 h), and washed three times, 15 min each, in the same buffer. Cells post-fixation was done with 1% osmium tetroxide (OsO₄) (1 h), washed again in buffer and distilled water, and then embedded in 1.5% low-melting-point agarose. Small blocks (1 mm x 1 mm) were cut out after the agarose had solidified. After dehydration by graded ethanol, the blocks were embedded in Spurr's low-viscosity resin. After ultra thin sections were prepared by the LKB-8800 ultratome,

with 4% uranyl acetate and lead citrate, the samples were stained. Photographic images were examined using a Zeiss 902 electron microscope at 80 kV. Culture cells, grown on circular coverslip, were fixed in 2.5% glutaraldehyde solution in phosphate buffer saline (PBS) for 90 min, then washed three times for 5 min each in PBS, and post-fixed in 1% OsO₄ for 2 h. After three washes, 5 min each in PBS, the samples were dehydrated through graded alcohol solutions, air-dried with hexamethyldisilazane^{28,29} (10 min), examined under an ESEM (environmental scanning electron microscope), and photographed in low vacuum using both SEM FEI Inspect S and Quanta 200.

Immunohistochemistry

Confluent cells were treated with trypsin-EDTA (Sigma-Aldrich) and plated on round coverslips (12 mm) in 24-well culture plates. We incubated them for 24 and 48 h, after which an additional concentration of Cd (5 µM, 20 µM, 40 µM) and 5-FU (1.5 µM) (Table 1) was added. After fixation with formaldehyde 4%, membrane permeabilization with Triton 0.2%, and saturation with BSA 1%, the cells were incubated for 1 h with a monoclonal anti-tubulin (Sigma-Aldrich), and then conjugated with Ab anti-mouse FITC (Sigma-Aldrich). In order to study actin, we incubated cells with TRITC-phalloidin conjugated (Sigma-Aldrich). The nuclei were observed by DAPI, and finally the coverslips, mounted by Mowiol on an object slide were studied using fluorescence microscopy Olympus BX61 (objective UplanApo 100x/1,35oil/iris, objective UplanApo 40x/0, 75) with digital B/W camera FViewII (Soft Imaging System), and analyzed by Cell software (CELL^P ver 1.20 Soft Imaging System, Olympus Soft Imaging Solution GmbH, Munster, Germany).

Results

Cytotoxicity assay

To evaluate the cytotoxicity of Cd and 5-FU human breast cancer cell line MCF-7 we used the SRB staining method. IC₅₀ values, defined as the drug concentration resulting in 50% loss of cell viability relative to the untreated cells, were determined for the compound. The IC₅₀ value for Cd was 5±0.25 µM and for 5-FU 1.5±0.3 µM.

Electron microscopy

TEM analysis showed that control MCF-7 breast cancer cells were polymorphous. The centrally placed nucleus showed indentation, usually contained one or two prominent nucleoli, and possessed an evident nuclear membrane. The cytoplasmic organelles appeared well defined and possessed a large number of mitochondria with globular aspect and lamellar cristae. Furthermore, the cell surface was characterized by a high microvillus density. SEM showed a variety of elongated and polygonal shaped cells with numerous slender and thick cytoplasmic projections and an increased number of filopodia (Figure 1 a,b,c).

Table 1. Time and concentrations of experimental conditions.

	Concentrations	Time point
Ctrl	-	24h, 48h
Cd	5 µM / 20 µM/40 µM	24h, 48h
5-FU	1.5 µM	24h, 48h
Cd+5-FU	Cd 5 µM/Cd 20 µM+ 5-FU 1.5 µM	24h, 48h

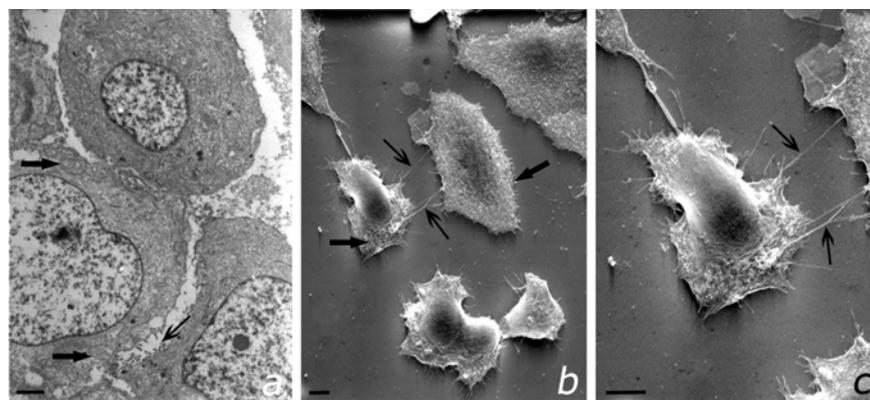


Figure 1. a) TEM 3000X, MCF-7 control; the cells, with polymorphous aspect, present numerous globular mitochondria with lamellar cristae (big arrow) and microvilli (thin arrow); b) SEM 3000X, MCF-7 control; the cells with polymorphous cytoplasm, are rich in microvilli (big arrow) and long filopodia (thin arrow); c) detail of b), MCF-7 control, the filopodia (thin arrow) are evident. Scale bar: 5 µm.

Cadmium

Cd-treated cells at low concentration (5 μM) and for short times of incubation (24 h) showed an intense metabolic activity with larger, clearer and globular mitochondria characterized by thin and numerous dilated cristae.

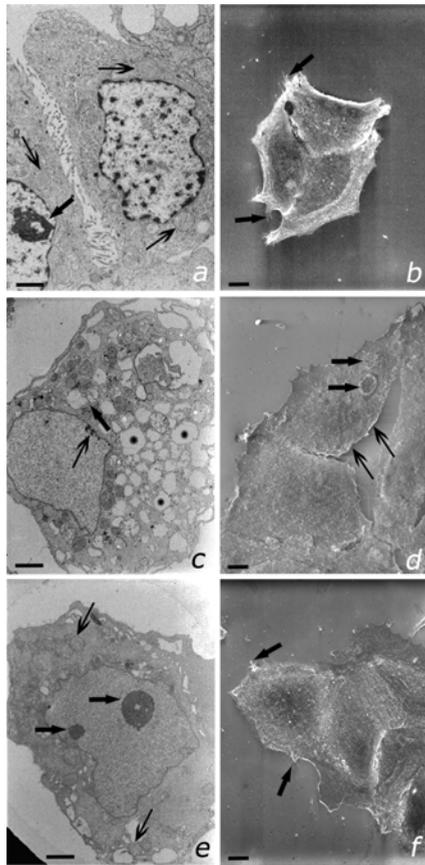


Figure 2. TEM, a) 3000X, MCF-7+Cd 5 μM -24h the cellular nucleus is indented with dispersed chromatin and a peripheral nucleolus (big arrow), in the cytoplasm are evident numerous mitochondria with dilated cristae (thin arrow); b) SEM 3000X, MCF-7+Cd 5 μM -24h; some microvilli exhibit some prolongations of great dimensions (big arrow); c) TEM 3000X, MCF-7+5-Fu 1.5 μM -24h; in the cytoplasm are evident numerous clear vesicles (*), swollen mitochondria with a number of condensed cristae (big arrow); in the nucleus there are little areas of heterochromatin close to the membrane (thin arrow); d) SEM 3000X, MCF-7+5-Fu 1.5 μM -24h; the cells show alterations on the membrane (big arrow); zones of detachment from the coverslip (thin arrow) also are seen; e) TEM 3000X, MCF-7+Cd 20 μM +5-Fu 1.5 μM -24h; the cell shows an indented nucleus with two nucleoli (big arrow) and mitochondria with globular aspect (thin arrow); f) SEM 3000X, MCF-7+Cd 20 μM +5-Fu 1.5 μM -24h; the cells, with fairly regular contours, present short and thin prolongations (big arrow). Scale bar: 5 μm .

Additionally, a large number of glycogen deposits in clusters were found. The nuclei of all the cells contained completely dispersed chromatin and one or two large nucleoli, which were peripherally located (Figure 2a). The surface of Cd-treated cells at low concentrations observed under SEM looked similar to the surface of the control cells, displaying short and abundant microvilli and infrequent blebs (Figure 2b). At high concentrations of Cd (20 μM) and 24 h of treatment, the nuclei became very evident, and moved sideways in the cellular membrane. Numerous cytoplasmic vesicles were seen, including abundant mitochondria with lamellar cristae sometimes altered. The vesicles were close to the plasmalemma and showed signs of exocytosis. We observed a reduction of the superficial filopodia, although, under extreme conditions (Cd 40 μM , 48 h), they increased significantly in number and showed an increase of cellular death. Furthermore, numerous blebs of different sizes were noticed and cells became more rounded and less attached to the dish.

5-FU

5-FU induced cytotoxicity in MCF-7 cells showed, cytoplasmic alterations, an increased number of distended vesicles appearing, and swollen mitochondria with partial crista loss. Components of cell nuclei displayed evident signs of degeneration. There was an absence

of nucleoli, and the chromatin condensed into dense granules located near the nuclear membrane (Figure 2c). SEM analyses showed that 5-FU-treated cells had lengthened, became more irregular, and there were numerous intercellular spaces. However, the most striking feature was the pore-like alterations in the cell membrane, which were absent in both parental MCF-7 cells and Cd-treated cells. Also, we observed cells more rounded and less attached to the dish (Figure 2d).

Cadmium plus 5-FU

The addition of 5-FU to cells treated with Cd (5 μM - 20 μM) did not induce significant ultrastructural changes compared with cells treated only with Cd. In cells treated with Cd 40 μM , the cellular death increased. In Cd+5FU-treated cells, numerous mitochondria with globular aspect and regular cristae were present. The nucleus was regular in shape with dispersed chromatin and one or two nucleoli. These observations indicate a cell system in an active metabolic state. SEM analyses showed flat cells with short filopodia (Figure 2 e,f), that after 48 h of treatment were made shorter and tended to disappear.

Immunohistochemistry

In control cells both tubulin and actin appeared distributed in the cytoplasm showing

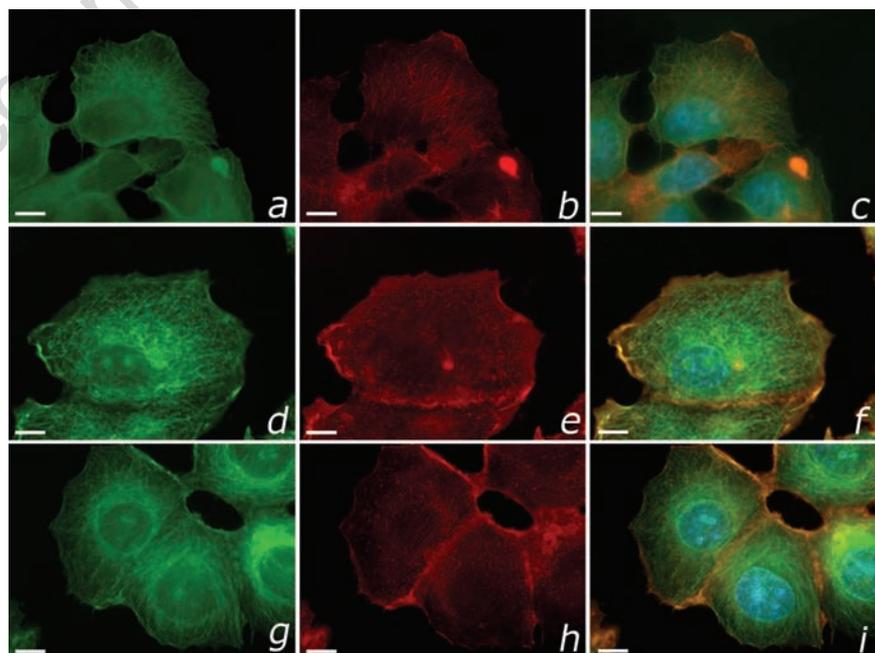


Figure 3. MCF-7 100X: a,b,c) control (tubulin-FITC, phalloidin-TRITC, Merge) tubulin and actin are organized in filamentous structures and are regularly distributed in the cytoplasm; d,e,f) Cd 5 μM -24h (FITC, TRITC, Merge); g,h,i) Cd 20 μM -48h (FITC, TRITC, Merge); tubulin is mainly distributed in the nucleus and cytoplasm; actin is constituted by big bundles of filaments and smeared patches. Scale bar: 5 μm .

a well-organized filamentous structure (Figure 3 a,b,c).

Cadmium

In cells treated with Cd (5 μ M and 20 μ M) for 24 h, tubulin did not undergo structural changes; it remained quite distributed in the nuclear and cytoplasmic zone (Figure 3 d,e,f,g,h,i). After treatment with Cd the fine architecture of actin filaments appeared changed, consisting of large bundles of filaments which, in some points, thickened to form smeared patches. This finding was quite similar to that observed after incubation with Cd 5 μ M (Figure 3 d,e,f) and became more pronounced with Cd 20 μ M. High concentrations of Cd induced a strong, evident, actin expression in the plasmatic membrane. Tubulin, especially in MCF-7 cells treated with Cd 20 μ M, appeared with an intense perinuclear and compact fluorescence from which separate arrays of filaments departed, branching out throughout the cytoplasm (Figure 3 g,h,i). Cells treated with Cd 40 μ M, as already said, showed a cellular death increase.

5-FU

In 5-FU-treated cells actin appeared less organized and filamentous. Tubulin filaments showed a regular halo of labeling around the nuclear membrane that did not spread into the cytoplasm. The times of incubation of 24 and 48 h did not show substantial differences (Figure 4 a,b).

Cadmium plus 5-FU

In Cd (5 μ M-20 μ M) +5-FU-treated cells for 24 h actin expression was less filamentous compared to parental non-treated cells; nevertheless, the distribution was clearly better than in the Cd-only-treated cells. Tubulin showed expression and distribution patterns similar to those seen in control and Cd-treated cells (Figure 4 d,e,f). In cells treated for 48 h with Cd (5 μ M - 20 μ M) +5FU, actin was progressively breaking, whereas tubulin maintained a stable and ordered structure (Figure 4 g,h,i). Therefore, the association Cd+5-FU induced less alterations in both actin and tubulin proteins. Under extreme conditions (Cd 40 μ M, 48 h), the addition of 5-FU did not significantly modify the cellular disorder observed with only Cd.

Discussion

Cadmium is a heavy metal present in the environment with proven carcinogenic effects on several organs including lung, liver, kidneys and prostate, among others.² The damaging

effects in the cytoskeleton bring about a complete disappearance of microtubules³⁰ and the disruption of the filamentous actin protein.³¹ The action of Cd on the proliferation of MCF-7 breast cancer cell line has been proved.³² Yet, 5-FU is an antitumor drug, with an important role in standard chemotherapy protocols, for a range of solid tumors including breast cancer and colorectal cancers.³³

Our results demonstrated that in the cells treated only with Cd, there are ultrastructural changes in MCF-7 cells, including the appearance of secretive vacuoles in the cellular cytoplasm, probably lysosomes. Cells can produce these vesicles as a response to the exposure to Cd. The increase of lysosomes after exposure of Cd is known as a mechanism of sequestration and excretion of substances taken up by cells from the environment.¹⁴ Moreover, Cd induced mitochondrial swelling with a dense matrix in comparison to control non-treated MCF-7 cells, which presented globular mitochondrial with regular lamellar cristae. In breast cancer cells it can be supposed that, besides the implication of mitochondria in phenomena of oxidative stress,³⁴ the morphological alterations of membranes being a possible consequence of variations in transcription and, consequently, transduction to the block of metallothionein.³⁵

Moreover, in Cd-treated cells, nuclei were

usually moved toward the cellular membrane and a large number of vesicles and organelles were present from the opposite part of the cell. Actin filaments were arranged as big bundles in the cytoplasmic membrane, while the tubulin branched out throughout the cytoplasm. All of this would explain the perimembranous position of the nucleus.²⁶ It has been demonstrated that Cd increases proliferation in MCF-7 breast cancer cells and disrupt the normal cell homeostasis triggering signals otherwise switched off.³⁶

5-FU-treated cells displayed characteristic signs of degeneration in both cytoplasm and nucleus such as the lack of membrane integrity and the appearance of exocytotic bodies. Moreover, an increased rate of spherical and non-adherent cells was present after treatment with a high dose of 5-FU. These effects indicate the anticancer properties of the antimetabolite 5-FU, which acts hindering the cellular growth and increasing the secretion of vesicles of lysosomal nature.³⁷ Combined treatment of Cd and 5-FU did not alter ultrastructural components showing similar characteristics to MCF-7 cells, which were only treated with Cd, independently of 5-FU dose. We observed that the tubulin aspect is comparable to control non-treated cells and that the actin presents a non-filamentous organization like in Cd-treated cells. These results suggest that Cd pre-

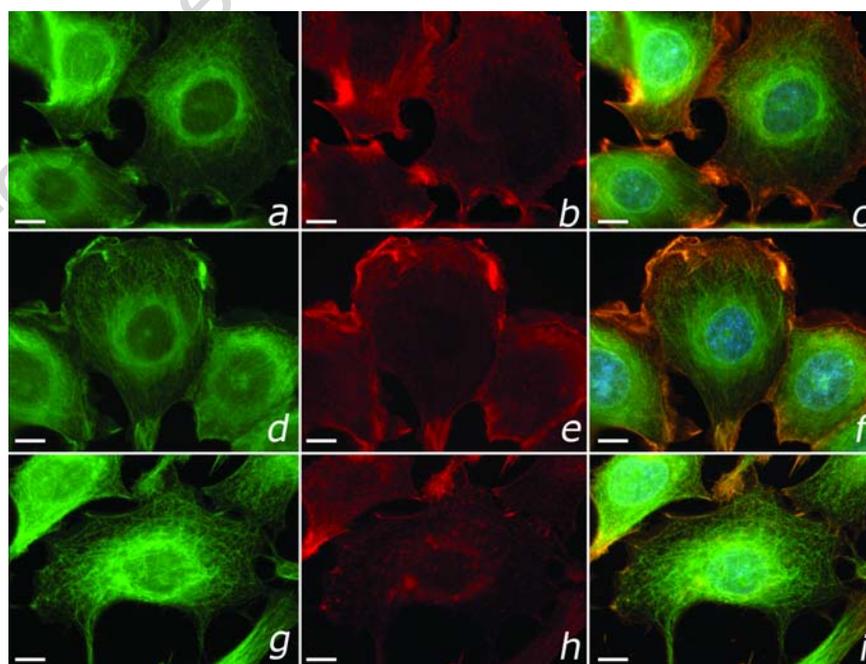


Figure 4. MCF-7 100X: a,b,c) 5-FU 1.5 μ M-48h (FITC, TRITC, Merge) actin is less organized and filamentous than Ctrl, tubulin shows a regular halo of labelling around the nuclear membrane; d,e,f) Cd 5 μ M + 5-FU 1.5 μ M-24h (FITC, TRITC, Merge); actin is less filamentous, although its distribution looks better improved than in the Cd-only-treated cells; tubulin has a distribution patterns similar to that of control and Cd-treated cells; g,h,i) Cd 20 μ M+5-FU 1.5 μ M-48h (FITC, TRITC, Merge) actin is progressively breaking, whereas tubulin maintains a stable and ordered structure. Scale bar: 5 μ m.

vents the anticancer effects of 5-FU. This blockage acts preventing the formation of lysosomes in the cytoplasm, that is in relationship with oxidized stress at mitochondrial level.^{35,38} With the combination Cd+5FU there are few and small number of lysosomal vesicles.

In conclusion, in the present study we demonstrated the importance of the interaction between the heavy environmental metal Cadmium, and the antitumor drug 5-FU from a morphological point of view. Although the mechanism remains unknown at present, our findings suggest that Cd prevents the cytotoxic effect of 5-FU on breast cancer cells. Further research is required to fully analyze correlations between our morphological results and the bimolecular aspects involved in this phenomenon.

Our results suggest the study of patients exposed to environmental pollution, including cigarette smoke, and treated with chemotherapy with the determination of cadmium levels in breast cancer patients with negative estrogen receptor before 5-FU treatment, in order to highlight a possible interaction *in vivo* between Cd and anticancer drugs.

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