

# Potential Relevance of $\alpha_1$ -Adrenergic Receptor Autoantibodies in Refractory Hypertension

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## Abstract

**Background:** Agonistic autoantibodies directed at the  $\alpha_1$ -adrenergic receptor ( $\alpha_1$ -AAB) have been described in patients with hypertension. We implied earlier that  $\alpha_1$ -AAB might have a mechanistic role and could represent a therapeutic target.

**Methodology/Principal Findings:** To pursue the issue, we performed clinical and basic studies. We observed that 41 of 81 patients with refractory hypertension had  $\alpha_1$ -AAB; after immunoadsorption blood pressure was significantly reduced in these patients. Rabbits were immunized to generate  $\alpha_1$ -adrenergic receptor antibodies ( $\alpha_1$ -AB). Patient  $\alpha_1$ -AAB and rabbit  $\alpha_1$ -AB were purified using affinity chromatography and characterized both by epitope mapping and surface plasmon resonance measurements. Neonatal rat cardiomyocytes, rat vascular smooth muscle cells (VSMC), and Chinese hamster ovary cells transfected with the human  $\alpha_{1A}$ -adrenergic receptor were incubated with patient  $\alpha_1$ -AAB and rabbit  $\alpha_1$ -AB and the activation of signal transduction pathways was investigated by Western blot, confocal laser scanning microscopy, and gene expression. We found that phospholipase A2 group IIA (*PLA2-IIA*) and L-type calcium channel (*Cacna1c*) genes were upregulated in cardiomyocytes and VSMC after stimulation with both purified antibodies. We showed that patient  $\alpha_1$ -AAB and rabbit  $\alpha_1$ -AB result in protein kinase C alpha activation and transient extracellular-related kinase (EKR1/2) phosphorylation. Finally, we showed that the antibodies exert acute effects on intracellular  $Ca^{2+}$  in cardiomyocytes and induce mesentery artery segment contraction.

**Conclusions/Significance:** Patient  $\alpha_1$ -AAB and rabbit  $\alpha_1$ -AB can induce signaling pathways important for hypertension and cardiac remodeling. Our data provide evidence for a potential clinical relevance for  $\alpha_1$ -AAB in hypertensive patients, and the notion of immunity as a possible cause of hypertension.

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## Introduction

Autoimmunity with agonistic autoantibodies directed at endogenous receptors can cause Graves' disease through the thyrotropin receptor and promotes insulin release via CD38 [1,2]. Agonistic antibodies that stimulate the angiotensin (Ang) II AT1 receptor have been described in preeclampsia and humorally mediated kidney transplant rejection [3,4]. The most compelling case for agonistic autoantibody-mediated disease has been that of  $\beta_1$ -adrenergic receptor autoantibodies observed in patients with dilated cardiomyopathy and in a rat model fulfilling Koch's postulates [5]. However, autoantibodies could also merely be an epiphenomenon in many instances; convincing data are still pending.

$\alpha_1$ -adrenergic receptor ( $\alpha_1$ -AR) signaling mediates several cardiovascular actions such as vascular smooth muscle cell

(VSMC) contraction, cardiac inotropy, hypertrophy, and remodeling [6].  $\alpha_1$ -AR are predominantly located postsynaptically on VSMC, where they are the targets of circulating norepinephrine and regulate VSMC contraction [7]. Sympathetic over-activity in hypertension and accompanying excess stimulation of postsynaptic  $\alpha_1$ -AR supports the use of selective  $\alpha_1$ -AR inhibitors as antihypertensive drugs. However,  $\alpha_1$ -AR blockade was discontinued in the Antihypertensive and Lipid-Lowering Treatment to Prevent Heart Attack Trial (ALLHAT) because of a putative increased risk for heart failure [8], a highly controversial decision that has been sharply criticized [9]. The Valsartan Heart Failure Trial 2 (Val-HeFT2) showed that  $\alpha_1$ -AR blockade was beneficial in heart failure.  $\alpha_1$ -AR can contribute to cardiomyocyte hypertrophy. Huang et al demonstrated a protective effect of the  $\alpha_{1A}$ -AR-subtype in cardiac myocytes and defined an extracellular-

regulated kinase (ERK) signaling pathway that is required for myocyte survival [10]. Hearts of  $\alpha_1$ -AR gene-deleted mice had increased interstitial fibrosis, increased apoptosis, and failed induction of the fetal hypertrophic gene program after pressure overload, indicating that  $\alpha_{1A}$ -AR are required for myocardial adaptation to stress [11,12].

Others and we have described agonistic autoantibodies ( $\alpha_1$ -AAB) against the  $\alpha_1$ -AR [13,14,15]. Earlier, we examined immunoglobulin fractions in 54 severely hypertensive patients and found  $\alpha_1$ -AAB in 44% [15]. However, 12% of normotensive control subjects also harbored  $\alpha_1$ -AAB. Zhou et al. immunized rats with a peptide from the  $\alpha_1$ -AR epitope [16]. The rats developed  $\alpha_1$ -AR antibodies ( $\alpha_1$ -AB) and cardiac hypertrophy. However, the link between  $\alpha_1$ -AB formation and cardiac remodeling remains unclear. We have now performed additional studies to elucidate the pathophysiological relevance of  $\alpha_1$ -AAB. We show that removal of  $\alpha_1$ -AAB with immunoabsorption is feasible and lowers blood pressure. We raised  $\alpha_1$ -AB in rabbit and purified the  $\alpha_1$ -AB from rabbits and  $\alpha_1$ -AAB from patients by affinity chromatography. After confirming binding and functional specificity of the isolated rabbit  $\alpha_1$ -AB and human  $\alpha_1$ -AAB, we performed gene expression analysis in cardiomyocytes and vascular smooth muscle cells (VSMC). We show that both rabbit  $\alpha_1$ -AB and human  $\alpha_1$ -AAB can evoke calcium signaling and contract vessel preparations via protein kinase C alpha (PKC- $\alpha$ ) activation and transient extracellular-related kinase (ERK 1/2) phosphorylation. Our data suggest that human  $\alpha_1$ -AAB can induce signaling pathways involved in hypertension and cardiac remodeling, suggesting a potential clinical relevance of  $\alpha_1$ -AAB.

## Results

We analyzed  $\alpha_1$ -AAB in 81 patients with refractory hypertension, who required  $\geq 3$  antihypertensive medications. Severe hypertension-induced target organ damage was present in every patient, including fundoscopic changes, cardiac abnormalities, and kidney damage. Forty-one patients (51%) featured  $\alpha_1$ -AAB as assessed by cardiomyocyte contraction assay. Microalbuminuria was detected in 33%, diastolic dysfunction in 87%, left ventricular (LV) hypertrophy in 85%, and reduced ejection fraction in 13% of  $\alpha_1$ -AAB positive patients. The patient characteristics are outlined in Table 1.

**Table 1.** Clinical features of the patients classified as  $\alpha_1$ -AR-AA positive or negative.

$\alpha_1$ -AAB	Positive	Negative
Number	41	40
Age range	46–81 years	42–81 years
Male	59%	60%
Female	41%	40%
Medication classes	4.3	4.7
Goal blood pressure	77%	76%
Heart failure	64%	57%
Reduced ejection fraction	13%	24%
Diastolic dysfunction	87%	81%
Left ventricular hypertrophy	85%	76%
Microalbuminuria	33%	36%

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Figure 1 shows data from the five  $\alpha_1$ -AAB positive patients undergoing immunoabsorption. The treatments were performed daily for 5 days. The cardiomyocyte contraction assay documented gradually decreasing  $\alpha_1$ -AAB activity during the course of the five immunoabsorptions (Figure 1A, B). At the end of five days, the activity was in the normal range. The decreased  $\alpha_1$ -AAB activity persisted for the 180 day observation period (Figure 1C). Blood pressure recordings performed before and after 5 days of treatment showed a significant reduction in mean arterial pressure (MAP), compared to initial values that remained significantly reduced for the observation period of 180 days (Figure 1D).

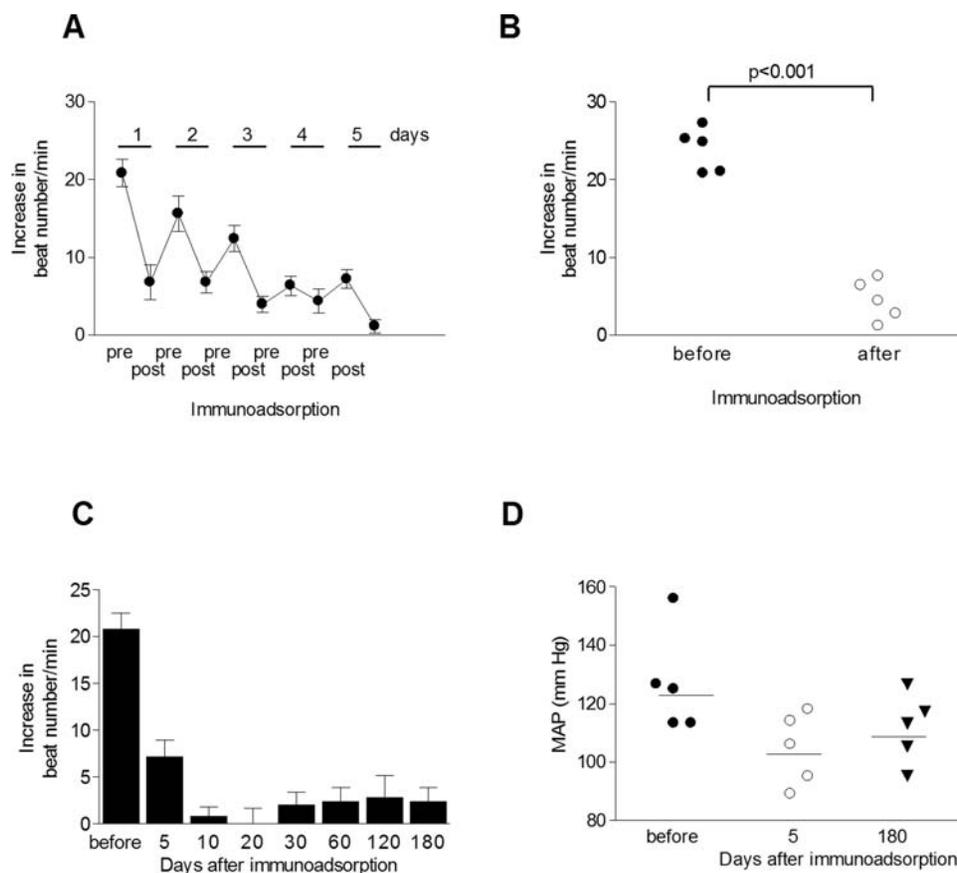
$\alpha_1$ -AAB were directed against the first extracellular loop (eL1) in 24% and against the second extracellular loop (eL2) in 27% of the hypertensive patients (Figure 2A). Epitope mapping for the first and second extracellular loop of the  $\alpha_{1A}$ -AR by cardiac contraction assay is shown in Figure 2B and C. Overlapping peptide sequences were tested for competition in cardiac contraction assay. For extracellular loop 1 (eL1) the peptide sequence P1 (YWAFGR) diminished the spontaneous beating rate response completely. The peptide sequence P2 (APEDET) competed for the antibody extracellular loop 2 (eL2) effect. Since activating autoantibodies against the second loop have already been described for the AT1-R and  $\beta_1$ -AR receptor, we analyzed  $\alpha_1$ -AAB against the second extracellular loop of  $\alpha_{1A}$ -AR in this study.

We purified  $\alpha_1$ -AAB from patients by affinity chromatography using the peptide of the second extracellular loop of the  $\alpha_{1A}$ -AR. We then used surface plasmon resonance (SPR) measurements to determine the binding affinity and specificity of purified autoantibody fractions. Sensorgrams, depicted in Figure 3, demonstrate that the antibodies displayed a high binding affinity ( $K_d \sim 50$  nM) to the biotinylated peptide corresponding to eL2 of the  $\alpha_1$ -AR immobilized to the SA-sensorchip. This affinity-purified antibody fraction also showed weak cross-reactivity with the biotinylated peptide corresponding to the eL1 of the  $\alpha_1$ -AR (Figure 3A). However, this binding was negligible compared to the strong eL2 interaction.

We next raised a peptide antibody against the second extracellular loop of the  $\alpha_1$ -AR (rabbit  $\alpha_1$ -AB) and purified the antibody on the same peptide-containing affinity matrix. In SPR experiments, the rabbit  $\alpha_1$ -AB produced regular association and dissociation kinetics reaching a signal of  $\sim 2500$  RU at a concentration of 80  $\mu\text{g}/\text{ml}$  (Figure 3B). Purified  $\alpha_1$ -AAB from patients and rabbit  $\alpha_1$ -AB increased the beating rate of rat cardiomyocytes. This effect was dose-dependent (Figure 3C and D). The maximal response was obtained at an antibody dilution of 1:200 (0.5 and 0.6  $\mu\text{g}/\text{ml}$  medium, respectively). The positive chronotropic effect was blocked by the  $\alpha_1$ -AR antagonist prazosin (1  $\mu\text{M}$ ).

To elucidate the molecular pathways induced by  $\alpha_1$ -AAB, we performed gene expression studies. We used Affymetrix microarrays for quantification of mRNA expression in cardiomyocytes and VSMC after treatment with purified  $\alpha_1$ -AAB isolated from three different patients, rabbit  $\alpha_1$ -AB, human control IgG, and the  $\alpha_1$ -AR agonist phenylephrine (PE) for 24 h. We identified two genes with increased expression in the Affymetrix array that we then verified by TaqMan RT-PCR. These genes were *PLA2-IIA* and *Cacna1c*, as shown in Table 2. The upregulation of both genes was inhibited by the  $\alpha_1$ -AR antagonist prazosin while no changes in gene expression were observed after the treatment with the control IgG.

We tested whether or not  $\alpha_1$ -AAB from patients and rabbit  $\alpha_1$ -AB could elicit  $\text{Ca}^{2+}$  signals. Figure 4A shows the reaction of neonatal cardiomyocytes intracellular  $\text{Ca}^{2+}$  transients in response to the addition of the purified patient  $\alpha_1$ -AAB. There was a fast increase in the 340 nm/380 nm ratio, which peaked at less than 60 seconds and declined within 2 minutes to a plateau value

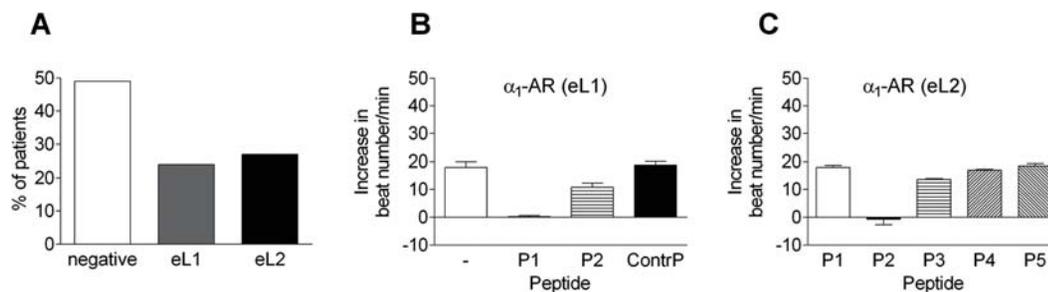


**Figure 1. Effects of immunoadsorption on  $\alpha_1$ -AAB and blood pressure.** (A) Ordinate shows neonatal cardiomyocyte spontaneous beating rate; abscissa shows response to immunoadsorption performed on a representative patient. The  $\alpha_1$ -AAB activity decreased with every immunoadsorption with a total decrease in response over time. (B) Figure shows the initial spontaneous beating rate (closed circles). After five immunoadsorptions, this response is reduced to basal values (open circles) in all 5 patients. (C) Mean response of a representative patient in cardiomyocyte contraction assay over time to immunoadsorption is shown. (D) Mean arterial pressure (MAP) was measured 5 and 180 days after immunoadsorption. MAP was significantly reduced compared to before immunoadsorption. doi:10.1371/journal.pone.0003742.g001

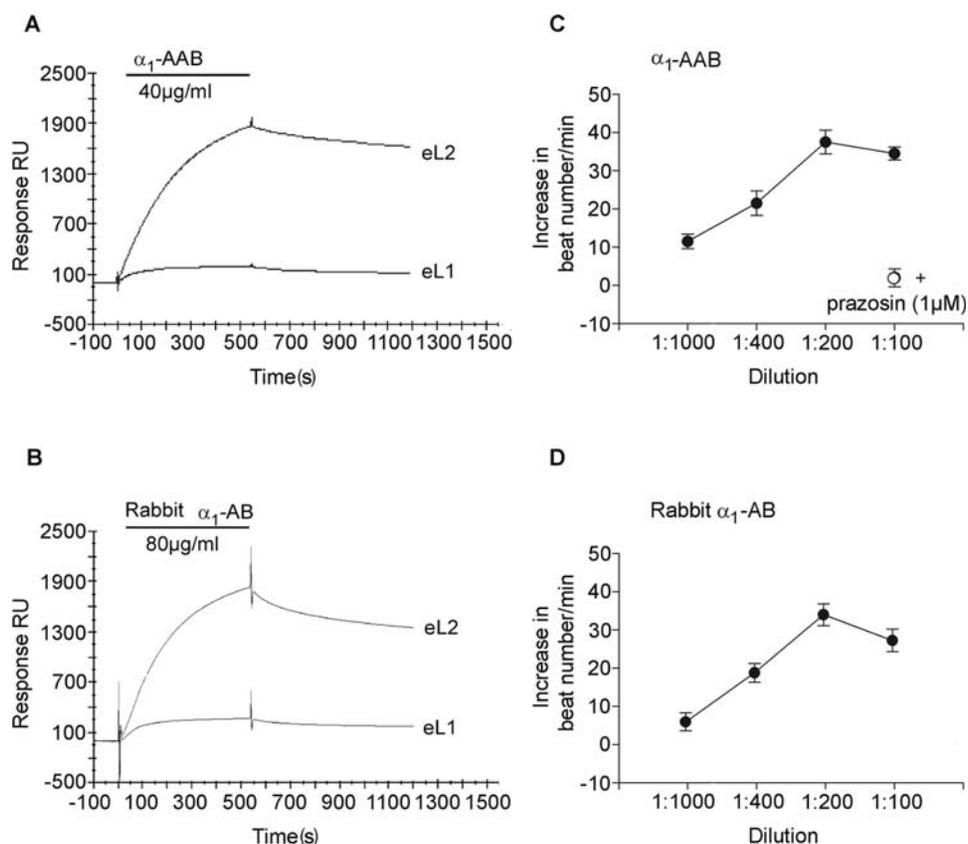
slightly above the control level before the addition of the  $\alpha_1$ -AAB. Thus,  $\alpha_1$ -AAB potentially induced a rise in intracellular  $Ca^{2+}$  in the targeted neonatal cardiomyocytes. To elucidate whether or not this  $Ca^{2+}$  response could be common to an autoantibody- $\alpha_1$ -AR loop 2-type interaction, we used a rabbit  $\alpha_1$ -AB. As shown in Figure 4B, this rabbit  $\alpha_1$ -AB also generated an acute positive  $Ca^{2+}$  response in the cardiomyocytes with a similar time course as did

the human antibody preparation. These responses were not elicited by a control IgG. As illustrated in Figure 4C, an IgG prepared from an  $\alpha_1$ -AAB negative patient was not able to raise the intracellular  $Ca^{2+}$ .

These results prompted myographic experiments in mesenteric arteries displayed in Figure 5. Treatment with KCl documented brisk viability of the preparation. PE and the rabbit  $\alpha_1$ -AB both



**Figure 2. Epitope mapping for extracellular loop 1 and loop 2 of  $\alpha_1$ -AR is given.** (A)  $\alpha_1$ -AAB were directed against the first extracellular loop (eL1) in 24% and against the second extracellular loop (eL2) in 27% of the hypertensive patients. (B) The peptide sequence P1 (YWAFGR) and P2 (GRVFCNI) (partially) for eL1 were able to diminish the spontaneous beating rate response completely. (C) Epitope mapping for loop 2 is given for the following amino acid sequences: P1: GWRQPA, P2: APEDET, P3: TICQIN, P4: INEEPG, P5: GYVLFS. The sequence P2 (APEDET) was able to diminish the spontaneous beating rate response completely. doi:10.1371/journal.pone.0003742.g002



**Figure 3. Binding and agonistic activity of patient  $\alpha_1$ -AAB and rabbit  $\alpha_1$ -AB.** Surface plasmon resonance sensorgrams depicting antibody binding to  $\alpha_1$ -AR peptides (A and B). Biotinylated peptide corresponding to the  $\alpha_{1A}$ -AR extracellular loop2 (eL2) were immobilized. A corresponding peptide to extracellular loop1 (eL1) served as negative control.  $\alpha_1$ -AAB from a patient with refractory hypertension (A) and rabbit  $\alpha_1$ -AB (B) bind exclusively to eL2. Note that the characteristics of the human antibody (A) and rabbit antibody (B) were the same. (C) Functional effects (cardiomyocyte contraction assay) of affinity-purified  $\alpha_1$ -AAB (0.1–1  $\mu$ g/ml medium) against second extracellular loop from a patient with refractory hypertension and (D) rabbit  $\alpha_1$ -AB (0.12–1.2  $\mu$ g/ml medium) against second extracellular loop. The functional findings corroborate the BIAcor results. doi:10.1371/journal.pone.0003742.g003

were able to constrict the vessel (Figure 5A). The effect of  $\alpha_1$ -AAB from two patients and from rabbit  $\alpha_1$ -AB was compared to half-maximal and maximal effective PE dosages, producing 50% and 100% of vessel constriction. Patient  $\alpha_1$ -AAB and rabbit  $\alpha_1$ -AB showed marked vasoconstriction activity. Control IgG from human and rabbits had no effect (Figure 5B).

We then examined signal transduction. We concentrated on PKC- $\alpha$  and ERK 1/2 as both have been shown to be important in

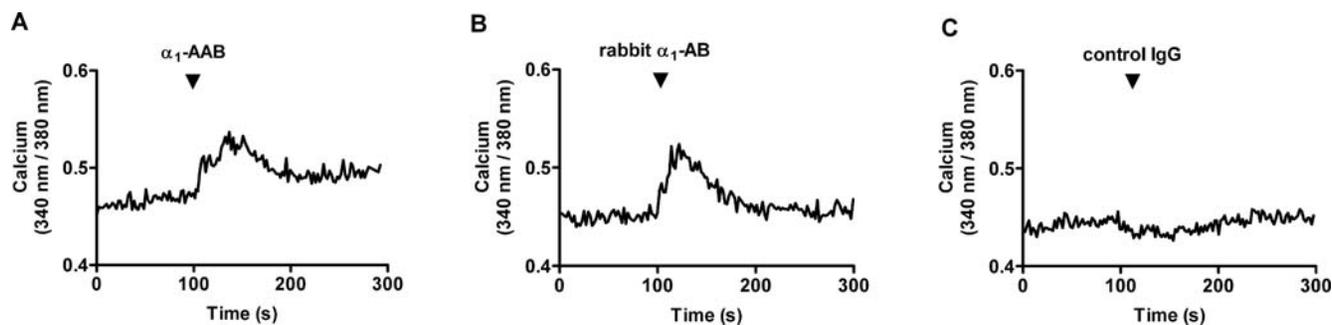
$\alpha_1$ -AR-stimulated hypertension-induced target organ damage [6]. As shown in Figure 6, we found that  $\alpha_1$ -AAB and rabbit  $\alpha_1$ -AB exposure to cardiomyocytes or VSMC resulted in PKC- $\alpha$  activation, as did the positive PE control. These effects were blocked completely by the specific PKC- $\alpha$  blocker, Gö 6976. Additionally, the incubation of Chinese hamster ovary (CHO) cells stably transfected with human  $\alpha_{1A}$ -AR (CHO/ $\alpha_{1A}$ -AR) with  $\alpha_1$ -AAB resulted in PKC- $\alpha$  activation, which was blocked by the peptide P2, corresponding to the binding site of the  $\alpha_1$ -AAB (Figure 7A).

We then studied ERK 1/2 phosphorylation and the upstream phosphatidylinositol 3 (PI3)-kinase activity in CHO/ $\alpha_{1A}$ -AR cells. Incubation with human  $\alpha_1$ -AAB resulted in ERK 1/2 phosphorylation. The PI3-kinase inhibitor, LY294002, inhibited the ERK 1/2 phosphorylation (Figure 7B). Additional hypertensive patients, who were either  $\alpha_1$ -AAB positive or negative in cardiomyocyte contraction assay, were characterized by ERK 1/2 activation with immunoblotting (Figure 8).  $\alpha_1$ -AAB from three patients induce a transient ERK 1/2 phosphorylation similar to that evoked by PE and rabbit  $\alpha_1$ -AB in neonatal cardiomyocytes. Phosphorylation was blocked by prazosin (Figure 8A). A similar activation was obtained in CHO/ $\alpha_{1A}$ -AR cells. The activation was specifically blocked by peptide P2 (Figure 8B). Fractions eluted from patients, who were negative in the cardiomyocyte contraction assay, failed to activate ERK 1/2.

**Table 2. Differential expression of *PLA2-IIA* and *Cacna1c* in cardiomyocytes and VSMC after treatment with patient  $\alpha_1$ -AAB, rabbit rabbit  $\alpha_1$ -AB or PE (Fold changes in TaqMan analysis).**

	$\alpha_1$ -AAB	rabbit $\alpha_1$ -AB	PE
<i>PLA2-IIA</i>			
Cardiomyocytes	2.3	6.2	4.0
VSMC	4.8	2.5	5.1
<i>Cacna1c</i>			
Cardiomyocytes	2.2	1.7	4.0
VSMC	2.0	1.8	2.2

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**Figure 4. Representative traces of responses in intracellular  $Ca^{2+}$  of cultivated neonatal rat cardiomyocytes exposed to isolated patient  $\alpha_1$ -AAB and rabbit  $\alpha_1$ -AB are shown.** (A)  $\alpha_1$ -AAB isolated from the serum of a patient with refractory hypertension elicited a  $Ca^{2+}$  signal. (B) The rabbit  $\alpha_1$ -AB gave a similar  $Ca^{2+}$  signal. (C) A human control IgG preparation was unable to affect intracellular  $Ca^{2+}$ . Cardiomyocytes were electrically stimulated at 1 Hz, and the peak  $Ca^{2+}$  was monitored. doi:10.1371/journal.pone.0003742.g004

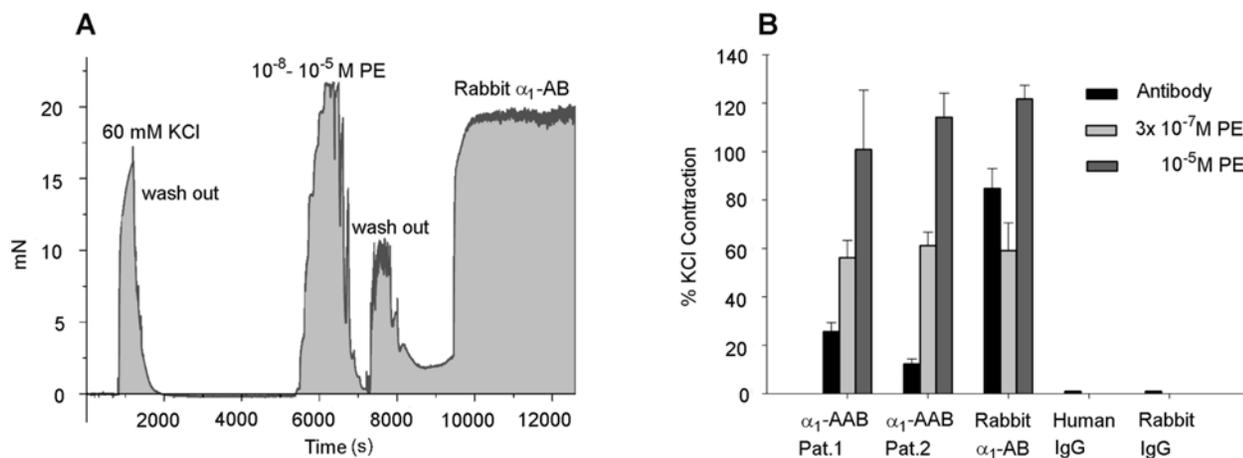
**Discussion**

The important findings in this study are that isolated  $\alpha_1$ -AAB and generated  $\alpha_1$ -AB show similar binding characteristics by surface plasmon resonance sensorgram and functional testing. The antibodies induce a  $Ca^{2+}$  dependent signal transduction cascade in VSMC and cardiomyocytes that are both important to the pathophysiology of hypertension and cardiac remodeling. By gene array studies, we showed that the isolated patient  $\alpha_1$ -AAB and rabbit  $\alpha_1$ -AB both upregulate two gene types, namely *PLA2-1IA* and *Cacna1c*. In a proof-of-concept, non-controlled trial, we show that removal of  $\alpha_1$ -AAB by immunoadsorption lowers blood pressure in  $\alpha_1$ -AAB positive patients with intractable primary hypertension.

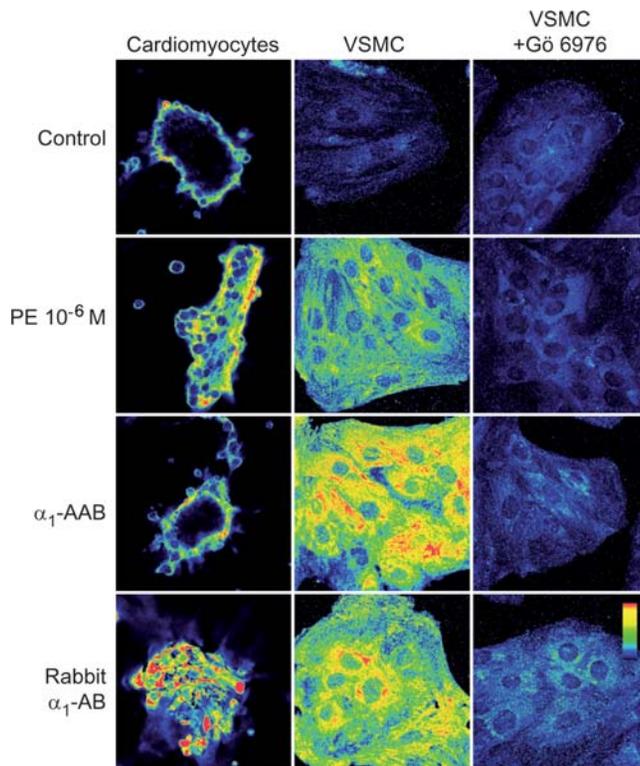
The entire idea of “agonistic” autoantibodies contributing to cardiovascular disease is controversial [17]. Antibodies directed at receptors can block or stimulate their targets. Hallmark example of the latter action is Graves’ disease where antibodies directed at the thyroid stimulating hormone receptor exert an agonistic action. Recently, compelling evidence has been presented regarding agonistic antibodies directed against the  $\alpha_1$ -AR, the  $\beta$ -ARs, the Ang II AT1-R, and the platelet-derived growth factor-alpha receptor, as reviewed elsewhere [17]. The antibodies could play a

pathogenic role in various cardiovascular diseases, including hypertension, cardiomyopathy, preeclampsia, acute humoral rejection, and connective tissue disease.

Earlier, we speculated that  $\alpha_1$ -AAB could contribute to hypertension [15]. Our goal here was to give the notion of  $\alpha_1$ -AAB a more robust scientific basis. Thus, we verified our candidate by generating  $\alpha_1$ -AB by immunization. Concomitantly, we subjected patients from our collective who harbored  $\alpha_1$ -AAB to immunoadsorption. We found in our uncontrolled trial that lowering  $\alpha_1$ -AAB titers was associated with a lower blood pressure. We did not perform a randomized double blind, crossover trial. Nonetheless, our study meets class I (safety) criteria and suggests that a future class II (efficacy) trial might be warranted. We cannot exclude the possibility that short-term effects of the immunoadsorption, such as circulating blood volume changes during apheresis or other confounders contributed to the reduction in blood pressure. Since the reduction in blood pressure persisted for the observation period of 180 days, we believe that removal of  $\alpha_1$ -AAB by apheresis was the main cause for the blood pressure reduction. Within the five days immunoadsorption period, the level of  $\alpha_1$ -AAB decreased gradually. Thereafter,  $\alpha_1$ -AAB could not be detected after successful immunoadsorption in these patients for the entire observation period



**Figure 5. Contractile effect of patient  $\alpha_1$ -AAB and rabbit  $\alpha_1$ -AB in mesenteric arteries is given.** A brisk KCl response is documented. (A) Representative experiment showing the contractile response to phenylephrine (PE, 10 nM–10  $\mu$ M) and rabbit  $\alpha_1$ -AB (50  $\mu$ g in 5 ml PBS buffer). The PE and antibody responses were similar in kind. (B) Contractile response of human  $\alpha_1$ -AAB isolated from two patients (5  $\mu$ g in 5 ml PBS buffer) and rabbit  $\alpha_1$ -AB (50  $\mu$ g in 5 ml PBS buffer) are compared to the PE response (300 nM and 10  $\mu$ M, respectively) is shown. Contractions are expressed as % KCl response from patient 1 and patient 2. The human antibody responses were less than the low and high-dose PE responses. The rabbit  $\alpha_1$ -AB responses approached the PE responses. Two columns on the right are control human and control rabbit IgG showing no response. doi:10.1371/journal.pone.0003742.g005

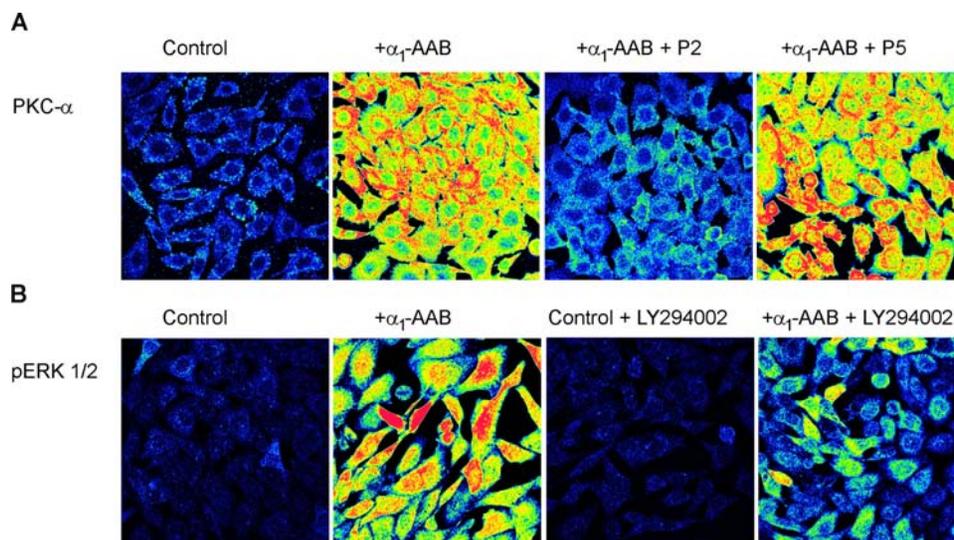


**Figure 6. Protein kinase C alpha (PKC- $\alpha$ ) activation in cardiomyocytes and vascular smooth muscle cells (VSMC) after 2 min incubation with PE,  $\alpha_1$ -AAB from patients, and rabbit  $\alpha_1$ -AB is demonstrated.** Horizontal rows show regimens, namely, untreated control, PE, patient  $\alpha_1$ -AAB, and rabbit  $\alpha_1$ -AB. Vertical columns show cardiomyocyte and VSMC responses. Yellow shows PKC- $\alpha$  activation; red is more intense activation. Gō 6976 is a PKC- $\alpha$  inhibitor, which blocked all responses.  
doi:10.1371/journal.pone.0003742.g006

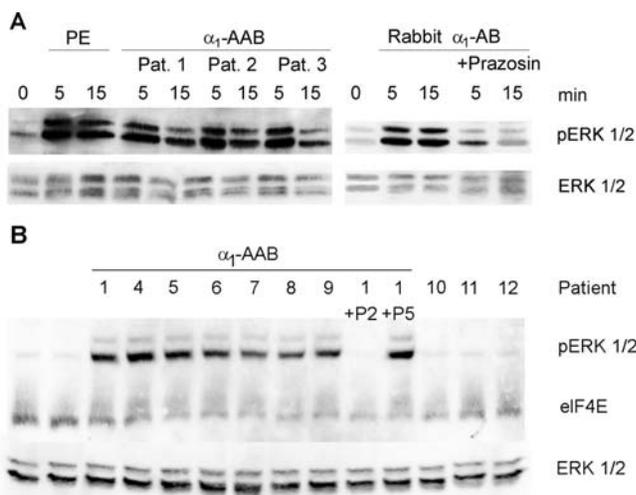
of 180 days. A similar state-of-affairs has been described for  $\beta_1$ -AAB in dilated cardiomyopathy after immunoadsorption. These data suggest that immunomodulation by removal or neutralization of the AAB might represent a potential therapeutic strategy [18].

We isolated the detected  $\alpha_1$ -AAB and the  $\alpha_1$ -AB that we generated against the same epitope in rabbits, using the same affinity purification protocol. Since we used the same peptide sequence for epitope mapping in the cardiomyocyte contraction assay, immunization in the rabbit, and isolation in the affinity column, we are confident that we isolated solely  $\alpha_1$ -AB. Before using this material to learn more about  $\alpha_1$ -AR signaling in VSMC and cardiomyocytes, we confirmed binding specificity by functional (cardiac contraction assay and ERK 1/2 phosphorylation) and biochemical (surface plasmon resonance measurement) verification methods. We then performed an Affymetrix gene expression study. We followed up on the results to pursue two candidate genes, *PLA2-IIA* and *Cacna1c* that were upregulated in the display, as verified by RT-PCR. Both genes contribute to signaling pathways in hypertension and atherosclerosis. Phospholipases A2 are acute-phase reactants and play an important role in digestion and metabolism of phospholipids, as well as in production of precursors for inflammatory reactions. Plasma PLA2-IIA levels are increased in systemic inflammation, including, rheumatoid arthritis and cardiovascular diseases [19,20,21]. In infarcted hearts, expression of PLA2-IIA was markedly increased in damaged cardiomyocytes [22]. Inhibition of PLA2-IIA also prevented cardiac fibrosis in spontaneously hypertensive rats [23].

Another important finding accrued is the fact that both the  $\alpha_1$ -AAB from patients and the rabbit  $\alpha_1$ -AB affected intracellular  $Ca^{2+}$  at two different levels, namely the acute, short-term elevation of intracellular  $Ca^{2+}$ , and the increased transcript expression of the voltage-gated L-type  $Ca^{2+}$  channel pore subunit. Acute administration of the purified antibodies to neonatal cardiomyocytes produced a typically shaped  $Ca^{2+}$  transient. The onset of the cytosolic  $Ca^{2+}$  response occurred within few seconds reaching its maximum at less than one minute.  $\alpha_1$ -AR stimulation potentiates L-type  $Ca^{2+}$  current through CaMK II activation in rat ventricular myocytes [24].



**Figure 7. PKC- $\alpha$  and ERK 1/2 activation in CHO cells stably transfected with human  $\alpha_{1A}$ -AR (CHO/ $\alpha_{1A}$ -AR) by  $\alpha_1$ -AAB is demonstrated.** (A) Incubation of CHO/ $\alpha_{1A}$ -AR cells with  $\alpha_1$ -AAB for 2 min resulted in a PKC- $\alpha$  activation, which was blocked by the peptide P2, but not by the peptide P5. (B) ERK 1/2 phosphorylation after incubation with  $\alpha_1$ -AAB for 5 min is shown. Inhibition of the upstream phosphatidylinositol 3 (PI3)-kinase activity by the inhibitor LY294002 strongly reduced ERK 1/2 phosphorylation. Yellow shows PKC- $\alpha$  and ERK 1/2 activation, respectively; red is more intense activation.  
doi:10.1371/journal.pone.0003742.g007



**Figure 8. Activation of ERK 1/2 in response to treatment with PE,  $\alpha_1$ -AAB from patients or rabbit  $\alpha_1$ -AB is shown.** (A) Cardiomyocytes were treated for 5 and 15 min with 10  $\mu$ M PE, 2.5  $\mu$ g/ml  $\alpha_1$ -AAB or rabbit  $\alpha_1$ -AB, respectively. Equivalent amounts of protein were analyzed by Western blotting with anti-pERK 1/2 antibody (44/42 kD) and the amount of ERK was analyzed with anti-ERK 1/2 antibody. PE, patient  $\alpha_1$ -AAB, and rabbit  $\alpha_1$ -AB caused ERK 1/2 phosphorylation. (B) CHO/ $\alpha_1$ -AR cells were incubated with patient  $\alpha_1$ -AAB for 5 min. Lane 1 and 2 represent untreated cells. Patients 1, 4–8 were  $\alpha_1$ -AAB-positive in the cardiomyocyte contraction assay. “Patient” 9 represents a pool of five  $\alpha_1$ -AAB positive patients. Patients 10–12 were  $\alpha_1$ -AAB negative in the cardiomyocyte contraction assay. Their serum samples were processed identically to those of  $\alpha_1$ -AAB-positive patients. ERK 1/2 phosphorylation was inhibited by peptide P2, but not by peptide P5. Eukaryotic initiation factor 4E (eIF4E, 25 kD) antibody was used as translational control, the amount of ERK was analyzed with anti-ERK 1/2 antibody.

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Furthermore, rabbit antibody to the  $\alpha_1$ AR and autoantibodies against the AT1-receptor could activate the  $Ca^{2+}$  current [25,26]. The peak response of cytosolic  $Ca^{2+}$  to the antibodies apparently comprises a temporary imbalance of  $Ca^{2+}$  entry through L-type  $Ca^{2+}$  channel and the sarcoplasmic reticulum  $Ca^{2+}$  release on one hand and  $Ca^{2+}$  sequestration into the sarcoplasmic reticulum and  $Ca^{2+}$  extrusion via the  $Na^+/Ca^{2+}$  exchanger on the other hand.

In addition to acute  $Ca^{2+}$  current stimulation, we found that long-term activation of the  $\alpha_1$ -AR pathway by patient  $\alpha_1$ -AAB and rabbit  $\alpha_1$ -AB increases transcript levels of the voltage-dependent L-type  $Ca^{2+}$  channel  $\alpha_1C$  subunit (*Ca<sub>v</sub>1c*) in neonatal cardiomyocytes and VSMC. Voltage-dependent L-type  $Ca^{2+}$  channels (L-VDCC) play a crucial role in the regulation of heart rhythm and contractile performance, as well as in smooth muscle tone. The channels open in response to membrane depolarization providing  $Ca^{2+}$  ingress into the cell. In the myocardium, this local rise in  $Ca^{2+}$  concentration triggers massive  $Ca^{2+}$  release from the sarcoplasmic reticulum stores inducing in turn contraction. L-VDCC expressed in cardiac and smooth muscle are multi-subunit proteins containing the  $\alpha_1C$ ,  $\alpha_2/\delta$ , and  $\beta$  subunits. The  $\alpha_1C$  subunit forms the ion-selective pore, determines voltage sensitivity, and is a binding site for clinically used  $Ca^{2+}$  channel blockers [27]. Thus, upregulation of  $\alpha_1C$  subunit expression in response to  $\alpha_1$ -AR stimulation observed herein provides the route for an enhanced  $Ca^{2+}$  ingress which may contribute to  $Ca^{2+}$  imbalances and translate in cardiac dysfunction. Our results are consistent with those of Pignier *et al.* who reported on increased expression of functional L-type  $Ca^{2+}$  channels and hypertrophy in neonatal cardiomyocytes upon chronic  $\alpha_1$ -AR stimulation [28]. In contrast, Maki *et al.* described that in neonatal

rat cardiomyocytes activation of the  $\alpha_1$ -AR pathway was accompanied by attenuated  $\alpha_1C$  mRNA levels [29]. A link between increased  $\alpha_1C$  protein levels and hypertrophy has also been demonstrated for the human heart [30].

A transgenic mouse with cardiac specific over-expression of solely the  $Ca^{2+}$  channel pore subunit has been studied intensively [31]. When  $\alpha_1C$  protein levels were increased by about 3-fold, a slightly increased  $Ca^{2+}$  inward current (30–40%) was observed, and the mice developed hypertrophy and severe cardiomyopathy as a function of age. The small sustained ingress of  $Ca^{2+}$  through the channel is capable of elevating PKC- $\alpha$  before the development of hypertrophy. [32] Activation of PKC in adult cardiomyocytes regulates ERK 1/2 through the c-RAF/MEK/ERK signaling pathway and  $\alpha_1$ -AR-stimulated hypertrophy in cardiomyocytes is mediated via activation of the Ras-Raf-MEK1/2-ERK 1/2 signaling pathway [6,33]. As a consequence, we investigated the regulation of PKC- $\alpha$  and ERK 1/2 activity by human  $\alpha_1$ -AAB, rabbit  $\alpha_1$ -AB, or PE. We demonstrated that  $\alpha_1$ -AAB and  $\alpha_1$ -AB induced PKC- $\alpha$  stimulation and ERK 1/2 phosphorylation. Finally, we showed that human  $\alpha_1$ -AAB and the rabbit  $\alpha_1$ -AB evoke vasoconstriction in a vascular bed.

Taken together, we present data from a limited, uncontrolled, human trail of  $\alpha_1$ -AAB removal from severely hypertensive human subjects. This trial presents a hypothesis-generating result. We show that isolated  $\alpha_1$ -AAB from man and rabbits cause gene upregulation important to hypertension-relevant pathways and then document the induction of  $Ca^{2+}$ -dependent pathways. We provide evidence that  $\alpha_1$ -AAB are of potential pathophysiological relevance and could represent a factor contributing to the development of refractory hypertension. Removal or neutralization of  $\alpha_1$ -AAB might represent a possible therapeutic option. Accordingly, we suggest that the entire gamut of autoimmunity in chronic cardiovascular disease warrants further critical inspection.

## Materials and Methods

### Patients

Patients requiring three or more medication classes to achieve goal control blood pressure values were recruited from the Franz-Volhard Clinic outpatient department. All had been studied intensively and secondary causes of hypertension had been ruled out. Home and clinic blood pressures in these patients were determined with an automated oscillometric device under standardized conditions. The internal review board approved the study and written informed consent was obtained from all participants. Five patients harboring  $\alpha_1$ -AAB were asked to undergo five immunoabsorption treatments with an especially prepared column according to procedures described elsewhere [34].

### $\alpha_1$ -AAB detection

We isolated immunoglobulin fractions from serum samples as described earlier [4,15]. For detection of autoantibodies, the immunoglobulin fractions were added to neonatal rat cardiomyocytes at a dilution of 1:20. For the neutralization experiments, synthetic peptides corresponding to the sequence of the first extracellular loop (YWAFGRVFCNIWA), and the second extracellular loop (PAPEDETICQINEE) of the human  $\alpha_1A$ -AR were each added in excess (0.05 to 0.1  $\mu$ g) to the immunoglobulin fraction. The mixtures were shaken and placed in a refrigerator for 1 h. The 100  $\mu$ l samples were then added to neonatal rat heart muscle cells cultured in 2 ml of medium to a final dilution of 1:40. The beating rate was counted for 15 sec, 5 and 60 min after the addition of the peptide/immunoglobulin mixture. We tested  $\alpha_1$ -AAB activity in a neonatal cardiomyocyte assay without and with

peptide inhibition. Pulsation rate was exhibited 1 h or 24 h, respectively after incubation with  $\alpha_1$ -AAB and compared with the spontaneous basal pulsation rate. Eight synchronously contracting cell clusters per flask were counted for 15 sec on a heat table stage.

### $\alpha_1$ -AB generation in rabbit and antibody purification

We immunized rabbits against a peptide corresponding to the amino acid sequence of the second extracellular loop of the isoform A of human  $\alpha_1$ -AR (PAPEDETICQINEE) by BioGenes GmbH (Berlin, Germany). The corresponding peptide of the second extracellular loop of the  $\alpha_1$ -AR was covalently bound to  $\epsilon$ -aminocapryl agarose (Sigma-Aldrich, Munich, Germany) to yield epitope-specific affinity beads. For coupling the agarose gel matrix (~1 ml of packed gel) was activated by glutaraldehyde (1% solution, freshly prepared) for 20 min at room temperature on a rotating wheel. The activated gel was extensively washed with PBS and allowed to react with the peptide solution for 3 h at room temperature or overnight at 4°C on a rotating wheel. The coupling reaction was terminated by incubation with 200 mM Tris/Glycine buffer pH 7.2. The affinity beads were poured into a column (Bio-Rad, Munich, Germany) and stored with 0.02% sodium acid in buffer A consisting of 50 mM Tris/HCl, 0.5 M NaCl, pH 7.4, at 4°C.

The affinity beads were washed with buffer A to remove the sodium acid. Serum samples (5–15 ml) from patients with refractory hypertension or from immunized rabbits were incubated with the affinity beads overnight at 4°C on a rotating wheel. The beads were allowed to settle and the sera were removed and stored for a second round of affinity purification at a given matrix. The beads were washed with buffer A until baseline levels of protein are detected at 280 nm. The antibodies were eluted at room temperature in 1 ml fractions with 50 mM Tris/Glycine, 0.5 M NaCl, pH 2.5. Antibody fractions were immediately neutralized with 0.5 ml of 0.5 M Tris/HCl, 0.5 M NaCl, pH 7.4. The antibody concentration was calculated by measurement the absorption at 280 nm.

### Surface plasmon resonance measurements

Binding experiments were performed in a BIAcore 2000 Instrument (Uppsala Sweden) at 25°C. N-terminally biotinylated peptides corresponding to the first and second extracellular loop of the  $\alpha_{1A}$ -AR were immobilized at binding levels of 100 relative units (RU) each on parallel lanes of a SA-biosensor chip. Affinity-purified antibodies from patient blood samples were injected in the flow cells at a rate of 20  $\mu$ l/min in HBSE running buffer consisting of 10 mM HEPES, pH 7.4, 150 mM NaCl, and 3 mM EDTA. The binding was regenerated between binding measurements using 5 mM Tris/Glycine, 50 mM NaCl, pH 2.5, with no decrease in extent measurements over the duration of an experiment. Data were analyzed using the BIAevaluation 3.2 RC 1 program. The analysis software corrects for baseline drift during measurements. The curves were fitted to a single-site interaction model. Kd values were calculated by using the formula  $Kd = k_{off} / k_{on}$  in which  $k_{off}$  and  $k_{on}$  is the rate constant of dissociation and association kinetics, respectively.

### Cell culture and autoantibody incubation

Rat neonatal cardiomyocytes were prepared from ventricles of 1–2 day-old Wistar rats using a modified method [35]. The cells were cultured as monolayers for 4 days at 37°C in SM 20-1 medium supplemented with 10% heat-inactivated calf serum, 2  $\mu$ M fluorodeoxyuridine and penicillin/streptomycin. Aortic VSMC were isolated from Sprague Dawley rats as described previously [36]. CHO cells were stably transfected with human  $\alpha_{1A}$ -AR (CHO/ $\alpha_{1A}$ -

AR) using a pSW104 vector and were cultured in F12 HAM medium supplemented with glutamine, 10% FCS and 1% penicillin/streptomycin as described earlier [37]. For gene expression analysis cardiomyocytes and VSMC, respectively were incubated with human control IgG endobulin (5  $\mu$ g/ml medium, Baxter, Wien, Austria),  $\alpha_1$ -AAB from different patients (2.5  $\mu$ g/ml medium), rabbit  $\alpha_1$ -AAB (2.5  $\mu$ g/ml medium), and with the  $\alpha_1$ -AR agonist PE (10  $\mu$ M, Sigma-Aldrich) for 24 h in DMEM medium containing 1% serum. Experiments were repeated with three different cardiomyocytes and VSMC preparations. For investigation of protein phosphorylation, cardiomyocytes and CHO/ $\alpha_{1A}$ -AR cells were maintained in serum-free media for 24 h or 4 h, respectively and treated with PE, human  $\alpha_1$ -AAB or rabbit  $\alpha_1$ -AB for 5 and 15 min, respectively. For inhibition experiments, prazosin (1  $\mu$ M, Sigma-Aldrich) was added. Five  $\mu$ g of the peptides P2 (APEDET) or P5 (GYVLFS) were given to 2.5  $\mu$ g of  $\alpha_1$ -AAB 1 h before cell treatment. For the inhibition of ERK 1/2 activation, CHO/ $\alpha_{1A}$ -AR cells were pre-incubated with PI3-kinase inhibitor LY294002 for 10 min.

### Gene expression analysis

We extracted total RNA from cardiomyocytes treated with human control IgG,  $\alpha_1$ -AAB, rabbit  $\alpha_1$ -AB or PE using the RNeasy Purification Kit (Qiagen GmbH, Hilden, Germany). RNA was treated by deoxyribonuclease I (Qiagen). Two  $\mu$ g RNA of cells were transcribed in cRNA with One-Cycle Target labeling and Control Reagents (Affymetrix, Santa Clara, CA, USA). Non-pooled microarray experiments were performed with cRNA prepared from independent cardiomyocyte cell preparations using Rat Genome 230 2.0 Arrays (31,099 probe sets, Affymetrix). After passing the quality control for each experiment a set of RMA normalized expression values have been produced. The log scale robust multi-array analysis (RMA) estimates are based upon a robust average of log<sub>2</sub> (B (PM)), where B (PM) are background corrected perfect match intensities [38]. For statistical comparison of expression data student's t-test was used.

### Quantitative Real-Time Reverse Transcriptase PCR (TaqMan)

cDNA was synthesized from 2  $\mu$ g of total RNA isolated from cardiomyocytes and VSMC, respectively using PowerScript Reverse Transcriptase (BD Bioscience Clontech, Palo Alto, USA) and an Oligo (dT)<sub>18</sub> primer. Real-time PCR experiments were done using the Mx3000P<sup>®</sup> real-time PCR system (Stratagene Europe, Amsterdam, NL) and the Brilliant QPCR master mix (Stratagene Europe). Real-time PCR was performed with non-pooled samples from cardiomyocytes and VSMC respectively. Beta-2-microglobulin (*B2M*) and glyceraldehyde-3-phosphate dehydrogenase (*GAPDH*) were used as endogenous references to normalize expression of a target gene. For every sample three independent runs in triplicates and the relative changes in gene expression were quantified by comparative Ct method [39]. Primer sequences are listed in Table 3.

### Immunocytochemistry

We described the techniques for confocal microscopy and immunocytochemistry as referenced previously [4,40]. The cells were fixed with 4% paraformaldehyde and permeabilized with 80% methanol at –20°C. After incubation with 2% BSA in PBS for 60 minutes, the preparation was incubated for 1 hour at room temperature with the monoclonal anti-PKC- $\alpha$  antibody from UBI (clone M4) diluted in PBS with 1% BSA (1:80) or pERK 1/2 antibody (1:200, Cell Signaling Technology, Boston, MA, USA), respectively, washed twice with PBS, and then exposed to the secondary antibody (Alexa-488-conjugated anti-mouse IgG at 1:200,

**Table 3.** Primer and probe sequences used for TaqMan RT-PCR.

Gene		Sequences (5'→3')	Accession
B2M	for	GCT CGG TGA CCG TGA TCT TT	NM_012512
	rev	GAG TTT TCT GAA TGG CAA GCA	
	probe	FAM-TGG TGC TTG TCT CTC TGG CCG TC-TAMRA	
GAPDH	for	CAA CGG CAC AGT CAA G	NM_017008
	rev	TCG CTC CTG GAA GAT G	
	probe	FAM-TGA GAA TGG GAA GCT GGT CAT CA-TAMRA	
PLA2-IIA	for	GGA CTC CTG CCG GAA ACA G	NM_031598
	rev	TTC CGG GCA AAA CAT TCA G	
	probe	FAM-TGT GCC AGT GCG ATA AAG CTG CC-TAMRA	
Cacna1c	for	TCA CTG CTG TCG GGA TAA GC	NM_012517
	rev	GGC CTT CTC CCC TGA AAA G	
	probe	FAM-AGC TGG GCG GTG TAC GAA GTC G-TAMRA	

Used annealing temperature was 58°C.  
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1% BSA/PBS; Invitrogen, Life Technologies, Carlsbad, CA, USA) for 60 minutes. The preparation was mounted with AquaPolymount (Polyscience, Niles, IL, USA) under a glass coverslip on a Nikon-Diaphot microscope. An MRC 1024 confocal imaging system (Bio-Rad) with an argon/krypton laser was used. At least 25 to 40 cells from each of at least three experiments were examined under each experimental condition.

### Western blotting

Cardiomyocytes and CHO/α<sub>1A</sub>-AR cells were scraped in lysis buffer [20 mM HEPES (pH7.9), 350 mM NaCl, 20% glycerol, 1 mM MgCl<sub>2</sub>, 0.5 mM EDTA, 0.1 mM EGTA, 1% NP40, complete protease inhibitor cocktail (Roche Diagnostic GmbH, Mannheim, Germany) and phosphatase inhibitor cocktail (Sigma-Aldrich)] and centrifuged at 10,000 rpm for 10 min. Protein concentrations were measured with Bradford method and equal amounts of proteins were analyzed by Western blotting. ERK phosphorylation was detected by pERK 1/2 antibody (1:1000, Cell Signaling Technology). As translational control an ERK antibody (1:1000, Cell Signaling Technology) and eukaryotic initiation factor 4E (eIF4E) antibody (1:7000, Cell Signaling Technology) were used. HRP-conjugated goat anti-rabbit secondary antibody (1:5000, Jackson Immunoresearch Europe, Suffolk, UK) was used. Detection was performed with the ECL<sup>TM</sup>-substrate (Lumigen, Southfield, MI, USA) according to the manufacturers instructions.

### Measurement of cytosolic Ca<sup>2+</sup> transients

Neonatal cardiomyocytes were plated onto Labtek four chamber slides (Nunc GmbH & Co, Wiesbaden, Germany) suited for

fluorescence measurements at a density of 0.2×10<sup>6</sup> cells per chamber. After cultivation for four days the medium was removed and cells were washed twice with 10 mM Hepes-buffered Hank's salt solution, pH 7.4 (HBSS). Cardiomyocytes were incubated on HBSS for 60 minutes at 37°C. Then the solution was replaced by 0.5 ml HBSS containing 2.5 μM final concentration of Fura 2-AM (Calbiochem AG, Luzern, Switzerland) and left for loading in the dark at room temperature. After 30 min the loading solution was aspirated, the cells washed and kept on 0.5 ml HBSS in the dark and at room for another 30 minutes before use. Measurements of cytosolic Ca<sup>2+</sup> transients were performed on an IonOptix Fluorescence and Contractility System (Milton, MA, USA) equipped with a Leica microscope with a heatable stage. All measurements were carried out at 37°C. Cardiomyocytes were electrically stimulated at 1 Hz and the ratio of 340 nm/380 nm was recorded. After stabilization of the Fura signal the control trace was taken. Antibody preparations were applied in a constant volume of 100 μl of pre-warmed HBSS to give a final concentration of 2 μg/ml. For evaluation of Ca<sup>2+</sup> changes peak values were derived from the trace recordings representing the maximum cytosolic Ca<sup>2+</sup> achieved in the contracted cell.

### Contraction of mesenteric arteries

Vessel rings from superior mesenteric arteries of male Sprague-Dawley rats (200 to 300 g, 6 to 8 weeks) were prepared and intracellular membrane potential was measured as earlier described [41]. In the first series of experiments, the rings were exposed to increasing doses of PE (10 nM–10 μM) and with acetylcholine (10 nM–10 μM) for relaxation. Following, vessel rings were incubated with α<sub>1</sub>-AAB (5 μg in 5 ml PBS buffer), rabbit α<sub>1</sub>-AB (50 μg in 5 ml PBS buffer), rabbit IgG (50 μg in 5 ml PBS buffer, Dunn Labortechnik GmbH, Asbach, Germany) and human control IgG endobulin (50 μg in 5 ml PBS buffer).

### Statistics

We relied on student's t-tests (adjusted as necessary) for normally distributed data and performed analysis of variance (repeated measures were indicated). P<0.05 was accepted as significant. Data are expressed as mean±SD.

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### Author Contributions

Conceived and designed the experiments: KW HH GW DNM FCL RD RD PK. Performed the experiments: KW HH GW WD SB VH FH NH HS MJ CL CS SV RD PK. Analyzed the data: KW HH WD SB VH FH NH HS SV IM DNM FCL RD RD PK. Contributed reagents/materials/analysis tools: KW HH GW WD SB IM PK. Wrote the paper: KW HH FCL RD PK.

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