



REVIEW

How ‘smart’ is smart dentistry? [version 1; peer review: 1 approved, 1 approved with reservations]

Peter Kokol ¹, Helena Blažun Vošner^{2,3}, Jernej Završnik ², Marko Turčin²

¹Faculty of Electrical Engineering and Computer Science, University of Maribor, Maribor, 2000, Slovenia

²Community Healthcare Center Dr. Adolf Drolc, Maribor, 2000, Slovenia

³Faculty of Health and Social Sciences Slovenj Gradec, Slovenj Gradec, Slovenia

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Abstract

Background: Latest advances in information and health technologies enabled dentistry to follow the paradigm shift occurring in medicine – the transition to so called smart medicine. Consequently, the aim of this paper is to assess how ‘smart’ is smart dentistry as of the end of 2018.

Methods: We analysed the state of the art in smart dentistry, performing bibliometric mapping on a corpus of smart dentistry papers found in the Scopus bibliographical database.

Results: The search resulted in a corpus of 3451 papers, revealing that smart dentistry research is following the progress in smart medicine; however, there are some gaps in some specific areas like gamification and use of holistic smart dentistry systems.

Conclusions: Smart dentistry is smart; however, it must become smarter.

Keywords

smart medicine, smart dentistry, bibliometric mapping, papers as subjects

Open Peer Review

Reviewer Status ✓ ?

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	1	2
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version 1 published 14 Feb 2019	✓ report	? report

- Wan Zaripah Wan Bakar** , Universiti Sains Malaysia, Kubang Kerian, Malaysia
Huwaina Abd Ghani, Universiti Sains Malaysia, Kubang Kerian, Malaysia
- Praveen Arany** , University at Buffalo, Buffalo, USA
 University at Buffalo, Buffalo, USA

Any reports and responses or comments on the article can be found at the end of the article.

Corresponding author: Peter Kokol (peter.kokol@um.si)

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Introduction

Advances in information, communication and health technologies triggered a paradigm shift in modern medicine – the transition to so called smart medicine. Some of the first appearances of the term smart medicine in the above context appeared in the late eighties and ninetieths in relation to (1) smart medical systems in the Space Station¹, (2) nuclear medicine and surgery² and (3) advanced biomimetic materials³. In the beginning of the third millennia the research literature production on this subject started to grow. New smart application were introduced, like robotics surgery⁴, smart medical systems in nutrition⁵, smart medical records⁶ and smart sensors⁷. Recently, additional new smart health technologies including personalized and precision medicine, gamification based treatment, artificial intelligence, 3D printing, nanotechnology, Internet of Things and semantic health records have emerged^{8–10}. The frequency of use of the above technologies in dentistry has been used to assess the dentistry “smartness” in our study. Recently, dentistry started to follow smart medicine trends¹¹ and the aim of this paper is to assess the ‘smartness’ of smart density using a bibliometric approach.

Methods

To analyse the state of the art in smart dentistry, we analysed the corpus of papers retrieved from the **Scopus** bibliographical database (Elsevier, Netherlands). The search string was composed from representative keywords found in smart medicine research in the following manner: *smart* or *personalized* or *precision* or *G4H* or “*artificial intelligence*” or “*3D print**” or *nanotechnology* or *robotic** or *IoT* or “*semantic health record*”. The search was restricted to the subject area of dentistry (which in Scopus includes dentistry, endodontics, oral health, oral biology, orthodontics, prosthodontics and periodontology). We limited the search to the period beginning in 2001, when the growth of literature production on smart medicine began, up to 2018 (inclusive) and articles published in journals only. Using descriptive bibliometrics we identified the research literature production trends, most productive countries and most prolific journals.

To analyse and visualize the context of the smart density research literature we used a bibliometric mapping approach and a popular mapping tool called **VOSViewer** Version 1.6.9 (Leiden University, Netherlands)^{12,13}. The outputs from VOSViewer are various types of bibliometric maps, frequently called science landscapes. Landscapes can reveal different patterns and aspects of research literature like associated or related terms/keywords, timelines, citation, country or networks and similar. In our study, the author cluster keyword landscape was induced using “Create a map based on bibliographic data” option in the opening VOSViewer menu. After selecting Scopus as the bibliographic database used and defining the names of files to be analysed we selected “Co-occurrence Author Keywords” as the type of analysis and “Full counting” as the counting method. Then we set the “Minimum number of occurrences of a keyword” to 8 occurrences. For all other parameters the default values were used. The proximity of terms indicates keyword similarity and the coloured clusters represent strongly associated keywords. Using a customized VOSViewer thesaurus file, we excluded common and statistical keywords like *systematic review* or *meta-analysis* from the analysis. We also mapped synonyms into one entity (for

example *cone beam computer tomography*, *cone-beam computer tomography*, *cone beam computed tomography*, *cone-beam computed tomography* and *cbct* into *cone-beam computer tomography*). The thesaurus file is consisting of two columns, first includes the synonym and second the keyword in which the synonym should be mapped. To omit a keyword from the analysis, the second column entry is left empty.

Results

The search was performed on 12th of December 2018 and resulted in a corpus of 2470 papers. The research literature production exhibits the linear growing trend from 2001 till 2016, namely from 46 to 198 articles per year, with the average increase of nine papers per year. In last two years the growth was still linear, however with an average increase of 78 articles per year. The productivity reached its peak in 2018 with 353 articles.

The most productive countries were United States of America (USA) (n=627), Germany (n=298), Brazil (n=223), Italy (n=174), United Kingdom (UK) (n=168), India (n=1266), Japan (n=120), South Korea (n=111). Switzerland (n=110) and China (n=119). The top 10 productive countries are belonging either to the G8 group or are countries with highly developed economies and health systems. The most prolific journals are Journal of Prosthetic Dentistry (n=131), Dental Materials (n=83), Oral Oncology (n=79), Journal of Oral and Maxillofacial Surgery (n=75), Journal of Dental Research (n=71), American Journal of Orthodontics and Dentofacial Orthopaedics (n=59), Clinical Oral Implants Research (n=51) and Clinical Oral Investigation (n=49). Top journals belong to the most prestigious and highest-ranking journals in the dentistry field.

Nine clusters (**Figure 1**) emerged on the cluster landscape. We used the cluster keywords as codes in the thematic analysis¹⁴, focusing on “medical smartness”. In that manner the following smart dentistry themes were derived:

- **Digital impression** (brown colour): Digital impressions represent cutting-edge technology that allows dentists to create an accurate virtual, computer-generated replica of the hard and soft tissues in the mouth using advance 3D scanning devices in a very short time. In that manner, the use of traditional impression materials that some patients find inconvenient, can be avoided. Digital optical impressions significantly increase efficiency, productivity and accuracy, and enable dentists to distribute impressions using e-mails. Digital impressions in combination with 3D print can be used to make immediate restorations, reducing the need for patients multiple office visits¹⁵.
- **Digital dentistry in prosthodontics** (yellow colour). As the name applies Digital density is focused on use of digital technologies in dentistry in general, but focusing on prosthodontics^{16,17}, however, it also deals with smart management of patients¹⁸.
- **Dental implants and computer aided design** (violet colour): The advance in dental materials required a new of design in dental practice. In that manner,

computer aided design (CAD) has been introduced into dentistry¹⁹. CAD is also used for the reconstruction of face defects due to flaps or bone defects²⁰.

- **Robotic surgery (orange colour)** is mainly used in transoral neck and head surgery²¹. Especially interesting is the application of robotics removal of very rare parapharyngeal space tumours²². On the other hand, computer assisted surgery is mostly used in mandibular reconstruction²³.
- **Biomaterials and nanotechnology in tissue engineering and endodontics** (blue and pink colours): The idea of biomaterials in dentistry is to have a dynamic smart behaviour in the manner that the materials can react to changes in the environment with the advantageous changes in their properties to benefit the dental patient. These smart materials can react to stress, temperature, moisture, pH, etc. A promising version of them are bio-smart materials²⁴. Smart materials include nanomaterials which are mainly used to fight caries, to enhance remineralization of apatite-depleted dentin, dental tissue regeneration and drug delivery^{25,26}. On the other hand, smart brackets tend to be more efficient in reducing treatment times compared to conventional bracket, however, the quality of orthodontic treatment is similar to conventional systems as is the patient perception. An interesting recent upgrade in smart brackets is the integration of sensors, which can measure forces and moments used to improve treatment²⁷.
- **Artificial intelligence and precision/personal medicine in dentistry** (red colour): Recently, the artificial intelligence has been introduced in dentistry to achieve the goals of precision and personalised health care²⁸. It is used in decision making²⁹, evaluation of facial attractiveness with malocclusion³⁰, diagnosing³¹ and similar³².
- **3D printing in surgery, implantation and reconstruction** (green and light blue colour): 3D printing has many applications in dentistry and showed improvements in precision and reduction, surgery times and personalisation³³. In combination with cone beam computed tomography³⁴ and CAD, 3D printing has been successfully used in various endodontic challenges³⁵.

From a quantitative point of view, the most prolific smart medicine technologies used in dentistry are 3D printing occurring in 99 articles, nanotechnology occurring in 80 articles, robotic surgery occurring in 43 articles, digital impression occurring in 33 articles and artificial intelligence occurring in 13 articles.

Discussion and conclusion

The above analysis showed that smart dentistry in general is following smart medicine “movement” especially in using 3D printing, nanotechnology and smart materials, robotics, IoT (i.e. sensors) technologies, personalised and precision medicine and artificial intelligence. However, there are substantial gaps in use of smart medicine technologies regarding gamification, smart dentistry systems and semantic eHealth records. Thus, we can state the smart dentistry is smart, but it must become smarter.

Data availability

Underlying data

OSF: Dataset 1. Smart dentistry. <https://doi.org/10.17605/OSF.IO/UJRKT>³⁶

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Praveen Arany 

¹ Department of Oral Biology, School of Dental Medicine, University at Buffalo, Buffalo, NY, USA

² Department of Biomedical Engineering, School of Engineering and Applied Sciences, University at Buffalo, Buffalo, NY, USA

The advances of biomedical technologies and biomaterials is bringing about staggering improvements in clinical care, especially in dentistry that has always been at the forefront of adapting and utilizing the latest scientific advances. The authors do a good job of compiling the literature on this topic. This is a timely article as there is much excitement of how the rapid pace of technological advancements that are improving routine patient care.

However, there seems to be fundamental confusion on what exactly constitutes a ‘Smart’ approach or technology. While digital impression, robotic surgery or precision additive (3D printing) manufacturing are phenomenal advances that are enabling individualized care, the techniques by themselves are not, in my personal opinion, a smart approach.

The following are examples of what may not be considered ‘Smart’ based on their ability to simply perform an enhanced passive or active function.

- Precision-designed implant surface is NOT considered smart because it is passively driving a directed osseointegration response;
- Drug eluting biomaterial is NOT considered smart despite actively releasing an antimicrobial or disease modifying agent.

The classical definition, I believe, of a ‘Smart’ approach is a measured, controlled response to modulate a biological response based on some input/sensing. Some examples of Smart approaches are:

- pH or enzyme activated payload release from biomaterials;
- Sensors on appliances that enable (hardware/biomaterial) improved compliance or dose/treatment modulation;
- Big data (clinical, laboratory, epidemiological) and artificial intelligence enabling (software) improved precision and personalized care;

Of the key topics/focus areas identified, the 'smart' aspect of each area could be specifically highlighted. For example, robotic surgery is a major technological advance but the use of diagnostic approaches, such as real-time radiographic or ultrasound imaging has enabled increased precision. Another key example in dentistry is the use of protease-sensitive dressings or materials that indicate active tissue turnover providing a visual cue for a clinical intervention.

Is the topic of the review discussed comprehensively in the context of the current literature?

Partly

Are all factual statements correct and adequately supported by citations?

Partly

Is the review written in accessible language?

Yes

Are the conclusions drawn appropriate in the context of the current research literature?

Partly

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Dental research, biomaterials, advanced technologies, biophotonics.

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Reviewer Report 29 May 2019

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Wan Zaripah Wan Bakar 

Department of Prosthodontics and Biomaterials, School of Dental Sciences, Universiti Sains Malaysia, Kubang Kerian, Malaysia

Huwaina Abd Ghani

School of Dental Sciences, Universiti Sains Malaysia, Kubang Kerian, Malaysia

This article entitled "How 'smart' is smart dentistry?" is an interesting topic. It looks upon smart dentistry which is an important area especially as we are currently in the Fourth Industrial Revolution, where everything is changing fast with new technologies. It is no doubt that smart dentistry already exists with more new advanced technology that has emerged to facilitate clinical works.

However with this bibliometric mapping methods study, the included papers were not critically appraised and the details information were not described clearly. Limitations that band it from being smarter such as

cost and resources should be elaborated. It just show the overall general trend where a proper conclusion cannot be made, which ends up with very a weak conclusion. Maybe it is better to conclude that there is an improvement in smart dentistry with year changes especially in developed country as the gold standard level is yet not known.

Is the topic of the review discussed comprehensively in the context of the current literature?

Yes

Are all factual statements correct and adequately supported by citations?

Partly

Is the review written in accessible language?

Yes

Are the conclusions drawn appropriate in the context of the current research literature?

Partly

Competing Interests: No competing interests were disclosed.

We confirm that we have read this submission and believe that we have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

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