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6 **Colonic Mucosal Gene Expression and Genotype in Irritable Bowel Syndrome Patients**
7 **with Normal or Elevated Fecal Bile Acid Excretion**

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18 **Running title:** mRNA expression in IBS-diarrhea

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25 **Abbreviations:** ACTB=Actin, beta; BA=bile acid(s); C4: 7 α -hydroxy-4-cholesten-3-one;
26 C4BPA=Complement component 4 binding protein, alpha; CCL20=Chemokine (C-C motif) ligand 20;
27 CLDN1=Claudin 1; CT= colonic transit; FGF19= Fibroblast growth factor 19; FGFR4=Fibroblast
28 growth factor receptor 4; FN1=Fibronectin 1; GAPDH =Glyceraldehyde-3-phosphate dehydrogenase;
29 GPBAR1=G protein-coupled bile acid receptor 1(aka TGR5); GUCA2B=Guanylate cyclase activator 2B;
30 HGDC=Human genomic DNA contamination; IBS=irritable bowel syndrome; IBS-D=diarrhea-
31 predominant IBS; IFIT3=Interferon-induced protein with tetratricopeptide repeats 3; NR1H4=Nuclear
32 receptor subfamily 1, group H, member 4; OCLN=Occludin; P2RY4=Pyrimidinergic receptor P2Y G-
33 protein coupled, 4; PCR=polymerase chain reaction; PDZD3=PDZ domain containing 3;
34 PPC=Positive PCR control; RBP2=Retinol binding protein 2, cellular; RSM=rectosigmoid mucosa;
35 RTC=Reverse transcription control; SLC10A2=Solute carrier family 10 (sodium/bile acid cotransporter
36 family), member 2; SLC6A4=Solute carrier family 6 (neurotransmitter transporter, serotonin), member 4;
37 TFF1=Trefoil factor 1; TGR5=triglyceride receptor 5 (aka GPBAR1); TJP1=Tight junction protein 1;
38 TNFSF15=Tumor necrosis factor (ligand) superfamily, member 15; VIP=Vasoactive intestinal peptide

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48 **ABSTRACT**

49 The mucosal gene expression in rectosigmoid mucosa (RSM) in irritable bowel syndrome
50 with diarrhea (IBS-D) is unknown. Our objectives were: first, to study mRNA expression (by
51 RT² PCR of 19 genes pertaining to tight junctions, immune activation, intestinal ion transport
52 and bile acid homeostasis) in RSM in IBS-D patients (n=47) and healthy controls (n=17) and
53 study expression of a selected protein (PDZD3) in 10 IBS-D patients and 4 healthy controls;
54 second, to assess RSM mRNA expression according to genotype and fecal bile acid (BA)
55 excretion (high ≥ 2337 mM/48h); and third, to determine whether genotype or mucosal mRNA
56 expression is associated with colonic transit or BA parameters. Fold changes were corrected for
57 false detection rate (FDR) for 19 genes studied ($P < 0.00263$). In RSM in IBS-D patients
58 compared to controls, mRNA expression of GUC2AB, PDZD3, and PR2Y4 was increased,
59 whereas, CLDN1 and FN1 was decreased. One immune-related gene was upregulated (C4BP4)
60 and one downregulated (CCL20). There was increased expression of a selected ion transport
61 protein (PDZD3) on immunohistochemistry and Western blot in IBS-D compared to controls
62 ($p=0.02$). There were no significant differences in mucosal mRNA in 20 IBS-D patients with
63 high, compared to 27 IBS-D patients with normal BA excretion. *GPBAR1* ($p < 0.05$) was
64 associated with colonic transit. We concluded that mucosal ion transport mRNA (for several
65 genes and PDZD3 protein) is upregulated and barrier protein mRNA downregulated in IBS-D
66 compared to healthy controls, independent of genotype. There are no differences in gene
67 expression in IBS-D with high compared to normal fecal BA excretion.

68 **Key words:** neurotransmitters, ion channels, cytokines, barrier, immune, secretion, PDZD3,
69 GUCA2B

70

71 INTRODUCTION

72 The cause of loose bowel movements in patients with irritable bowel syndrome with
73 diarrhea (IBS-D) is partly attributed to acceleration of colonic transit, documented in ~45% of
74 patients with IBS-D (15), and to intestinal secretory mechanisms (reviewed in refs. 7 and 8).
75 Documented secretory mechanisms include increased duodenal and rectosigmoid expression of
76 secretory transmitters (e.g. 5-HT), reduced expression of the serotonin reuptake protein, and
77 fecal excretion of secretogranins or chromogranins (25,26,46). There is also evidence of reduced
78 expression of pro-absorption mechanisms (e.g. mucosal PYY, somatostatin, NPY).

79 IBS has also been associated with changes in rectosigmoid mucosal expression of
80 immune factors, barrier function and mucus secretion (1,4,5,9,22,33,51,56,60,63,65,68). In a few
81 instances, altered mucosal gene expression in tissues was associated with the inherited genotype,
82 such as *TNFSF15* gene, which is associated with IBS and has been linked with functional
83 alterations of mucosal immune and protective functions (51,68).

84 Differences in jejunal mucosal expression (at gene and protein levels) and distribution of
85 apical junction complex proteins between IBS patients and controls support the observed
86 alterations in barrier function in colonic mucosa in patients with IBS-D (36,37). We also
87 demonstrated a borderline difference in the ZO-1 intensity score in the small bowel mucosa
88 ($p=0.06$) of patients with IBS-D compared to healthy controls, with lower intensity in HLA-
89 DQ2/8-positive relative to HLA-DQ2/8-negative patients with IBS-D (56).

90 In a prior study, based on next generation RNA sequencing and confirmation by reverse
91 transcriptase polymerase chain reaction (RT-PCR), we examined rectosigmoid mucosa from 9
92 patients with IBS-D and 9 healthy controls and identified differential expression of secretory and
93 barrier genes, suggesting that the transcriptome is different in IBS-D compared to controls (11).
94 The upregulated mechanisms associated with changes in ion transport included PDZD3. PDZ

95 adapter proteins are involved in multiple ion transport functions in the intestine, including
96 sodium absorption through sodium-hydrogen exchange (NHE3), as well as guanylyl cyclase C
97 receptor (GC-C, or GUCY2C)-induced chloride and water secretion through cGMP signaling
98 that leads to cystic fibrosis transmembrane conductance regulator phosphorylation and chloride-
99 bicarbonate exchange through the SLC26 anion exchanger (35). These ion exchange mechanisms
100 also result in alterations in intestinal fluid transport.

101 Another upregulated ion transport mechanism identified in our prior study was increased
102 GUCA2B mRNA. GUCA2B encodes uroguanylin, an endogenous ligand for GC-C receptor,
103 increasing cyclic GMP, chloride, and water secretion.

104 The current study hypotheses were: first, there is upregulation of genes and proteins
105 associated with intestinal secretion in the colonic mucosa of patients with IBS-D, particularly in
106 patients with high fecal bile acid excretion; second, variations in inherited genes are associated
107 with the mRNA expression of the same genes in the colonic mucosa; and third, genetic variation
108 and/or rectosigmoid mucosal expression of the genes are associated with alterations in
109 intermediate phenotype in IBS-D, specifically colonic transit and parameters of bile acid
110 homeostasis.

111 The aims of this study were: first, to replicate the prior pilot study by targeted mRNA
112 analysis using quantitative RT-PCR of rectosigmoid mucosal biopsies from 47 IBS-D patients
113 and 17 healthy controls and to analyze the protein expression of one of the proteins associated
114 with ion transport, PDZD3, in 10 IBS-D patients and 4 healthy controls; second, to determine
115 whether there are differences in mucosal mRNA expression in subgroups of IBS-D with high
116 compared to normal fecal bile acid (BA) excretion; third, to determine whether genotype was
117 associated with level of expression of mRNA in rectosigmoid mucosa, colonic transit or BA

118 parameters; and fourth, to assess whether the level of expression of mRNA in rectosigmoid
119 mucosa was associated with colonic transit.

120 **METHODS**

121 **Ethical Approval**

122 The study was approved by Mayo Clinic Institutional Review Board on October 28,
123 2011. Written informed consent was received from participants prior to inclusion in the study.

124 **Study Design**

125 We appraised bowel functions, total fecal BA excretion over 48 hours, fasting serum C4
126 (7α -hydroxy-4-cholesten-3-one) and FGF19, colonic transit, genotype and rectosigmoid mucosal
127 mRNA expression in 47 patients with IBS-D (by Rome III criteria). Fecal total BA excretion
128 was used to differentiate patients with high or normal BA excretion, suggestive of bile acid
129 diarrhea.

130 **Patient Selection**

131 Patients were recruited by public advertisement or by invitation to participate from a
132 database of ~1200 patients with IBS living in communities within ~120 miles of Mayo Clinic in
133 Rochester, MN. Inclusion criteria were based on symptoms using a validated diary questionnaire
134 that characterized IBS symptoms and, particularly, bowel functions (53). Participants also
135 completed the Hospital Anxiety and Depression Inventory (67). These patients had been
136 evaluated at Mayo Clinic, and alternative diagnoses such as inflammatory bowel disease, cancer
137 and celiac disease were excluded. The main exclusion criteria were intake of medications that
138 could interfere with the study tests, bleeding diathesis (owing to the need for rectosigmoid
139 biopsies), and AST or ALT greater than twice the upper normal limit to avoid interference with
140 the assessment of BA parameters.

141 Stored Biospecimens

142 We used stored samples from patients who had consented to the use of biospecimens for
143 future research in prior studies (1,10,57) conducted at Mayo Clinic in Rochester, Minnesota,
144 USA. These samples were obtained in 47 patients with IBS-D and 17 healthy controls. In order
145 to appraise specificity of the observations in IBS-D, we analyzed rectosigmoid mucosal samples
146 from 10 patients with IBS-C previously studied in our laboratory (1).

147 Participants' rectosigmoid biopsies were preserved in a solution of RNAlater, stored
148 at -80°C. For all the mucosal biopsies, the RNA concentration was 130.3 ± 6.2 (SEM) ng/ μ L and
149 the RNA integrity number (RIN) ranged from 9.2 to 10 (mean 9.9 ± 0.02).

150 DNA was similarly stored at -80°C after prior extraction from peripheral venous blood.

151 Measurement of Colonic Transit by Scintigraphy

152 Overall colonic transit was measured by validated scintigraphy with ^{111}In -labeled
153 activated charcoal particles delivered to the ileocolonic junction in a methacrylate-coated
154 gelatin capsule. The primary transit endpoints were colonic geometric center (GC) at 24 hours
155 and 48 hours; in addition, ascending colonic emptying $T_{1/2}$ was measured by linear interpolation
156 of radioisotopic content in the ascending colon at 4, 6, 24 and 48 hours (23).

157 Identification of Subgroups of IBS-D Patients Based on Fecal BA Excretion

158 Total and main fecal BA excretions (per 48 hours on 100g fat diet) were measured by
159 HPLC/tandem mass spectrometry (48,57,64). This assay was adapted from a method used with
160 serum samples (52).

161 IBS-D subgroups were identified by fecal BA excretion $>2337\text{mM}/48\text{h}$ based on 90th
162 percentile of 45 healthy volunteers studied in our laboratory (64). The 90th percentile was used

163 to define the upper limit of normal range, consistent with the observation that a normal
164 distribution (estimated from 5th and 95th percentiles) requires sampling of 500 normal people (2).

165 **Other Bile Acid Parameters**

166 Fasting serum C4 (a measure of hepatic synthesis rate of BAs sampled in the morning)
167 was measured by HPLC/tandem mass spectrometry (16); serum C4 is a validated method for
168 detecting BA malabsorption (6). Similarly, fasting levels of fibroblast growth factor-19 (FGF19)
169 were measured by a commercial enzyme-linked immunosorbent assay (FGF19 Quantikine
170 Enzyme-Linked Immunosorbent Assay Kit; R&D Systems, Minneapolis, MN) as in prior studies
171 (43,64).

172 **Gene Expression Method by RT² PCR Array**

173 **Selection of genes of interest**

174 We developed a custom profile including 19 genes to assess the effect of IBS-D on the
175 expression of tight junction proteins, chemokines, markers of innate immunity, ion channels and
176 transmitters that have been demonstrated to be differentially expressed in rectosigmoid mucosa
177 of patients with IBS (11). The custom profile included 2 housekeeping genes for normalization
178 and 3 control genes that check for sample quality and reaction quality (Table 1).

179 **Assay method**

180 For mRNA expression, RNA was purified from human rectosigmoid mucosal biopsies
181 using the Qiagen RNAeasy Kit (Qiagen, Valencia, CA), including on-column DNase treatment
182 to remove genomic DNA. RNA quality was assessed on the Agilent Bioanalyzer. The resulting
183 RNA (RIN>7) was reverse transcribed using the RT² First Strand Kit, (Qiagen), and samples
184 were analyzed for expression by a Custom Profiler RT² PCR Array (Qiagen).

185 **Genotyping Method**

186 DNA was extracted from venous blood, and candidate genotype analysis was conducted
187 by established PCR-based methods, as previously detailed in prior publications: rs4795541
188 [*SLC6A4* (34)]; rs4263839 [*TNFSF15* (68)]; rs11554825 [*GPBARI* (18)]; rs434434 [*FGFR4*
189 (13)]; rs188096 [*SLC10A2* (18)]; rs17618244 [*KLB* (18)], rs1966265 [*FGFR4* (18)], and
190 rs351855 [*FGFR4* (18)]. FXR SNPs rs17030285 and rs4764980 were also assessed by Taqman
191 assay (catalog #C_34126156_10) (catalog C_3127933_20). Gene names are given according to
192 Hugo Gene Nomenclature.

193 Briefly, genomic DNA was isolated from whole blood by use of the QIAamp DNA
194 Blood Maxi Kit (Qiagen, Valencia, CA) and stored at -80°C until genotyping. The serotonin
195 transporter protein promoter polymorphism (*SLC6A4* rs4795541), also referred to as 5'-
196 HTTLPR, was determined by PCR-based fragment length. The remaining eight SNPs were
197 analyzed by TaqMan SNP Genotyping Assays (Applied Biosystems, Foster City, CA) per the
198 manufacturer's instructions. Following polymerase chain reaction amplification, end reactions
199 were analyzed by using ABI 7300 Real-Time PCR System by Sequence Detection Software
200 (Applied Biosystems).

201 **Confocal Immunofluorescence Microscopy of PDZD3**

202 We chose to study expression of PDZD3 because of its involvement in both sodium
203 absorptive and chloride secretory mechanisms.

204 Confocal immunofluorescence microscopy was performed as previously described (44).
205 Briefly, unstained rectosigmoid mucosal sections were deparaffinized and rehydrated, boiled in
206 antigen unmasking solution (Vector Laboratories, Burlingame, CA), quenched with Image-iT FX
207 signal enhancer (Life Technologies, Grand Island, NY), and blocked with
208 1%BSA/10%FBS/0.1% Triton X-100 in PBS. Slides were then incubated overnight at 4°C with

209 primary antibodies PDZD3 (1:1000, LifeSpan BioSciences, Seattle, WA) and cytokeratin 8/18
210 (1:50, Santa Cruz, Dallas, TX). Fluorescent labeled goat anti-rabbit IgG H&L (Alexa Fluor®
211 568, Abcam, Cambridge, MA) and donkey anti-mouse IgG H+L (Alexa Fluor 488, Life
212 Technologies) were applied to the slides; the slides were then rinsed and mounted with ProLong
213 Gold with DAPI (Molecular Probes®, Life Technologies) and were visualized on a Zeiss LSM
214 510 confocal microscope with a 63X magnification oil objective.

215 **PDZD3 Protein Measurements by Western Blots**

216 Whole cell lysates were isolated from human colonic biopsies with the RIPA Lysis
217 Buffer System (Santa Cruz, Dallas, TX), and concentrations were determined using the BCA
218 quantification (Pierce, Rockford, IL). Proteins were separated using 4-15% Mini-PROTEAN®
219 TGX™ gels (BioRad, Hercules, CA) and blotted onto nitrocellulose membranes. The
220 membranes were blocked with 5% milk in phosphate buffered saline (PBS)/0.2% Tween, after
221 which PDZD3 primary antibody (1:4000, LSBio Systems, Seattle, WA) was applied overnight at
222 40°C.

223 Vinculin (1:500, Santa Cruz) was used for normalization of protein loading. Membranes
224 were washed and incubated with horseradish peroxidase (HRP)-conjugated secondary antibody
225 (goat anti-rabbit or donkey anti-goat, Santa Cruz) and visualized with Amersham ECL Prime
226 Western Blotting Detection Reagent (GE Healthcare Life Sciences, Pittsburgh, PA) and
227 autoradiography. Band densities were quantified with the Gel Pro Analyzer 6.0.0.349 (Media
228 Cybernetics, Rockville, MD).

229 **Statistical Analysis**

230 All statistical analyses were conducted using SigmaPlot™ (Systat Software, Inc., San
231 Jose, CA 95110). For mRNA expression analysis, the RT² Profiler PCR Array software package
232 was used. This package uses $2^{-\Delta\Delta CT}$ based fold change calculations and the Student's *t*-test to

233 calculate two-tail, equal variance p-values. P values for comparison of the whole IBS-D group
234 vs. the healthy control group were corrected for FDR (Bonferroni correction) so that $p < 0.00263$
235 was statistically significant.

236 Comparison of the protein expression of PDZD3 based on Western blot analysis was
237 performed based on two-tailed Student's t-test.

238 We used the general genetic model (that is, comparison of the 3 genotypes at each gene
239 SNP) to assess the effect of each genotype separately on the expression of the related gene in
240 terms of mRNA expression in rectosigmoid mucosa; three-group comparisons were conducted
241 using ANOVA on ranks test. The mRNA expression data were also analyzed using the dominant
242 genetic model (major allele homozygous vs. combined heterozygotes and minor allele
243 homozygous groups) for consistency with the rest of the study analysis.

244 The dominant genetic model was used to assess the associations of genotype with mRNA
245 expression and quantitative traits of interest, such as colonic transit or BA parameters. Group
246 comparisons were performed using the Mann-Whitney rank sum test.

247 We used Spearman correlations to explore the association of mRNA expression with
248 colonic transit, focusing on ascending colon emptying $T_{1/2}$ which is a continuous variable and
249 has no upper and lower bounds; whereas, colonic transit, based on geometric center at 24 and 48
250 hours, is limited by values of 1 (all isotope in ascending colon) and 5 (all isotope in stool).

251 **RESULTS**

252 **Demographics and Quantitative Bile Acid and Transit Characteristics**

253 Patients with high fecal BA excretion had faster overall colonic transit compared to
254 patients with normal fecal BA excretion (Table 2). Overall, in IBS-D subjects, there were no
255 significant differences in the serum concentrations of FGF19 or C4 in the two groups of IBS-D

256 patients (Table 2); however, across all the groups studied, there was a significant inverse
 257 relationship between serum FGF19 and serum C4 ($r=-0.297$, $p=0.045$), as has been previously
 258 documented in the literature, including by our group (58). The lack of significant differences in
 259 serum FGF19 or C4 in the two IBS-D groups and controls likely represents a type 2 error, since
 260 only 4 of the healthy controls had serum FGF19 and C4 measurements.

261 The percentages of primary (cholic acid, CA; chenodeoxycholic acid, CDCA) and
 262 secondary bile acids (deoxycholic acid, DCA; ursodeoxycholic acid, UDCA; and lithocholic
 263 acid, LCA) of the combined secretory bile acids (DCA and CDCA) in the three groups were not
 264 different (Table 2). However, given the higher total fecal bile acid in the IBS-D subgroup with
 265 high fecal BA excretion, there was an approximately 8-fold higher mass of CDCA in stool in the
 266 IBS-D group with high BA excretion, compared to the IBS-D group with normal BA excretion.
 267 Thus, on average, there was 8% of mean BA excretion of $5167\mu\text{moles}$ per 48 hours or
 268 $\sim 0.41\text{mmol}$ as CDCA in stool of IBS-D with high fecal BA excretion, compared to average 5%
 269 of mean BA excretion of $1025\mu\text{moles}$ per 48 hours or $\sim 0.05\text{mmol}$ as CDCA in stool of IBS-D
 270 with normal fecal BA excretion.

271 **mRNA Fold Change in Rectosigmoid Mucosa from IBS Relative to Healthy Controls**

272 The mean (and 95% CI) fold changes (based on $2^{-\Delta\Delta\text{CT}}$) in IBS-D and subgroups of
 273 IBS-D patients relative to healthy controls are illustrated in Table 3 and Figure 1. Using false
 274 detection rate (FDR) for 19 gene comparisons, these observations suggest:

- 275 a. No significant fold changes in expression of genes associated with absorption (SLC10A2
 276 [ASBT]), effects (GPBAR1[TGR5]) or feedback regulation of synthesis (FGFR4) of bile
 277 acids; however, there were borderline changes in expression of FXR ($p=0.0081$);

- 278 b. Increased expression of GUCA2B, PDZD3, and P2RY4, reflecting ion transport
 279 mechanisms; there was borderline reduction in expression of VIP (p=0.0030);
 280 c. Increased expression of C4BPA and reduced expression of CCL20, reflecting immune
 281 functions;
 282 d. Decreased expression of several barrier proteins, claudin-1 and fibronectin-1, and
 283 borderline increased expression of retinol binding protein (RBP-2, p=0.0031).

284 There were no differences in the mucosal expression of any of the genes of interest
 285 among IBS-D patients with high compared to normal fecal BA excretion; however, there were
 286 numerical (univariate, FDR uncorrected values, $p \leq 0.10$) reductions in expression of the mRNA
 287 of tight junction proteins [ZO-1 (TJP1), and FN-1] and decreased expression of TNFSF15
 288 (immune marker).

289 The mean (and 95% CI) fold changes (based on $2^{-\Delta\Delta CT}$) in IBS-D and subgroups of
 290 IBS-D, and IBS-C patients relative to healthy controls are illustrated in Table 3. The only
 291 significant change, corrected for FDR, was increased expression of PR2Y4, VIP and OCLN.

292 **PDZD3 Protein Expression by Immunohistochemistry and Western Blot**

293 We used immunofluorescence to assess protein expression of the regulatory protein,
 294 PDZD3. Figure 2 shows the increased expression of this ion transport protein in rectosigmoid
 295 mucosa of patients with IBS-D compared to normal healthy volunteers by Western blot and
 296 immunohistochemistry. Western blots quantitating PDZD3 protein (with vinculin as control)
 297 showed increased expression of PDZD3 (p=0.02 by Student's t test) in IBS-D patients (n=10)
 298 compared to healthy controls (n=4).

299 **Relationship of Genotype and mRNA Expression (corrected for β -actin) in IBS**

- 300 a. Using **General Genetic Model**: mRNA expressions (corrected for the expression of

301 β -actin) showed no significant associations with genotypes except for a trend in the expression of
 302 *GPBAR1* (Table 4); however, the observation that homozygous genotypes were both associated
 303 with higher expression than the heterozygotes questions any biological significance of this
 304 finding.

305 b. Using **Dominant Genetic Model**: There was a significant association of *GPBAR1*
 306 genotype and mRNA expression ($p=0.043$) in rectosigmoid mucosa, based on analysis using the
 307 dominant genetic model (Table 5).

308 Spearman Correlation of mRNA Expression with Ascending Colon Emptying $T_{1/2}$

309 We sought the association of mRNA expression (corrected for β -actin) in rectosigmoid
 310 mucosa with ascending colon emptying $T_{1/2}$. There were no significant relationships between
 311 mRNA expression of *FGFR4* ($r=-0.06$, $p=0.71$), *GPBAR1* ($r=-0.08$, $p=0.63$), *GUCA2B* ($r=0.22$,
 312 $p=0.13$), *P2RY4* ($r=0.16$, $p=0.27$), *NR1H4* ($r=-0.11$, $p=0.48$), *TNFSF15* ($r=-0.63$, $p=0.673$),
 313 *SLC10A2* ($r=-0.08$, $p=0.62$) and *SLC6A4* ($r=0.147$, $p=0.39$) and ascending colon emptying $T_{1/2}$.

314 Relationship of Genotype with Colonic Transit (CT) in IBS-D (using Dominant Genetic 315 Model)

316 *GPBAR1* was significantly associated with colonic transit at 24 and 48 hours, as well as
 317 ascending colon emptying $T_{1/2}$ (Table 6); a borderline association of *5-HTTLPR* with colonic
 318 transit at 24 and 48 hours was also observed ($p \leq 0.081$).

319 Association of Bile Acid Homeostasis Genes (*SLC10A2*, *KLB* and *FGFR4* Genotypes) and 320 Bile Acid Measurements in Patients with IBS-D (using Dominant Genetic Model)

321 In these 47 patients with IBS-D, the variants in the genes associated with BA homeostasis
 322 were not significantly associated with serum FGF19, serum C4, and 48-hour fecal BA excretion
 323 (Table 7).

324 DISCUSSION

325 Our study has provided several novel insights about mucosal pathobiology of IBS by
326 means of studies of rectosigmoid mucosal biopsies from 47 IBS-D patients or controls. The
327 clinical and biochemical characteristics of the participants in this study are consistent with those
328 described recently in a somewhat larger cohort (n=64) that included the same 47 patients.
329 However, the present study could only include the 47 patients who consented to undergo
330 rectosigmoid biopsies. One difference in the current group of patients is that fasting serum
331 FGF19 was not significantly different between IBS-D and healthy controls, in contrast to the
332 original report by Walters et al. (62) and our prior studies (10,64) with larger sample sizes. We
333 perceive that the lack of significant difference in fasting serum FGF19 between IBS-D and
334 healthy controls represents a type 2 error: among the 17 healthy controls who had undergone
335 rectosigmoid biopsies, only 4 had fasting serum FGF19 measurement.

336 The following observations were made in the present study:

337 First, targeted mRNA analysis by quantitative RT-PCR replicates our prior results
338 showing generally increased expression of intestinal ion transport mechanisms and generally
339 reduced intestinal barrier and up- or down-regulation of mucosal immune mechanisms. The
340 significance of the observed associations is limited by the relatively small number of biopsies
341 assessed (total 64); however, we present both uncorrected p values and, more importantly, we
342 present the significance of observations corrected for the comparison of 19 selected genes. One
343 of the well-recognized ion transport mechanisms (PDZ) showing increased mRNA expression
344 was also associated with increased expression of PDZD3 protein on immunohistochemistry and
345 Western blot analysis.

346 Second, there were no differences in mucosal expression in IBS-D associated with degree
347 of fecal BA excretion.

348 Our third general finding was that genotype was not significantly associated with the
349 level of expression of mRNA in rectosigmoid mucosa, colonic transit or BA parameters, with the
350 exception of *GPBARI* gene which is significantly associated with mucosal expression of
351 GPBAR1 and with colonic transit.

352 Fourth, the level of expression of mRNA in rectosigmoid mucosa was not associated with
353 ascending colon emptying time.

354 **Mucosal mRNA Expression in IBS-D**

355 Among the intestinal secretory mechanisms, increased mRNA expression of *GUCA2B*
356 and *P2RY4* could all support fluid and electrolyte secretion through actions on enterocytes or
357 submucosal neurons. On the other hand, the significantly increased expression of *PDZD3* is
358 associated with either increased sodium ion and fluid absorption (through effects on *NHE3*) or
359 increased chloride ion and fluid secretion through *CFTR*, and borderline decreased expression of
360 *VIP* ($p=0.003$) may conceivably be associated with reduced intestinal secretion.

361 The largest fold increases in mRNA expression in our IBS-D patients were observed for
362 the purinergic receptor, *P2RY4*. Purinergic receptors are divided into adenosine P1 [*A(1)*,
363 *A(2A)*, *A(2B)*, *A(3)*], ionotropic ATP-gated *P2X* receptors [*P2X(1-7)* that form ion channels or
364 pores], or metabotropic *P2Y(1,2,4,6,11-14)* receptors. Metabotropic receptors are indirectly
365 linked with ion channels on the plasma membrane through transduction mechanisms, often G
366 proteins. The purinergic hypothesis is based on ATP (or a related nucleotide, e.g., ADP or AMP)
367 release at the neurotransmitter synapses or on neuromuscular transmission, and these may
368 involve βNAD^+ and ADP ribose in neurotransmission in rodents, primates, and humans

369 (24,29,30). Mechanically evoked reflex electrogenic chloride secretion in rat distal colon is
370 triggered by endogenous nucleotides acting at P2Y1, P2Y2, and P2Y4 receptors (21). P2Y2, 4,
371 and 6 receptors regulate Cl^- , Na^+ , and K^+ secretion in the intestinal tract, and absorption
372 mechanisms, in particular, P2Y4 receptors, are involved in chloride secretion and potassium
373 secretion (20,28,38). Thus, our observation of marked increase in expression of P2RY4 is
374 consistent with the increased expression of secretory mechanisms (in addition to GUCA2B) in
375 IBS-D patients. In addition to the novel mechanisms potentially related to ion transport in the
376 manifestations of IBS-D, the current findings provide the basis for further hypothesis testing and,
377 possibly, testing novel pharmacological approaches to reverse electrolyte secretion (41) in IBS-
378 D. These findings complement the observation of increased small intestine secretion in response
379 to bile acid infusion in IBS-D (42).

380 The specificity of the observed fold changes in mRNA expression is enhanced by the
381 differences in the observations for IBS-D and the additional control group of IBS-C. The
382 biological significance of the significant associations with IBS-D is discussed in the next section.

383 Increased mRNA expression of GUCA2B is associated with the endogenous GC-C
384 ligand, uroguanylin, which is secreted by intestinal goblet cells (50). In the same way that
385 guanylate cyclase C agonists are effective in the treatment of IBS-C, it is conceivable that
386 antagonists at the guanylate cyclase receptors may impact the management of IBS-D in the
387 future. Atrial and brain natriuretic peptides are agonists at the guanylate cyclase B receptor (66);
388 moreover, homozygous knockout of the guanylate cyclase B receptor in mice results in a severe
389 phenotype with gastric motor dysfunction and intestinal dilatation (49). These data suggest that
390 further study of expression of guanylate cyclase receptors or GC-C ligands (guanylin and
391 uroguanylin) in IBS may yield important insights into pathobiology or treatment of IBS.

392 We observed borderline increased mRNA expression of FXR in colonic mucosa in the
393 whole IBS-D group ($p=0.0081$, relative to significance value with FDR, $p=0.00263$); this was
394 also observed in both IBS-D subgroups. FXR activation prevents chemically-induced intestinal
395 inflammation, with improvement of colitis symptoms, inhibition of epithelial permeability, and
396 reduced goblet cell loss in a mouse model of inflammatory bowel disease (27). FXR expression
397 is decreased in colonic mucosa of patients with primary sclerosing cholangitis [PSC (54)], and
398 PSC is associated with higher circulating levels of the conjugated primary bile acids (3). These
399 data are consistent with a potential role of colonic mucosal FXR in protecting the colonic
400 mucosal integrity in patients with IBS-D. Increased expression of C4BPA and reduced
401 expression of CCL20 reflect changes in immune functions that may ultimately lead to the
402 immune activation observed in IBS-D (45).

403 Decreased expression of several barrier proteins, especially claudin-1 and fibronectin-1,
404 may reflect the observed increase in intestinal mucosal permeability in IBS-D (14). The observed
405 borderline increased expression of retinol binding protein (RBP-2) may be a compensatory
406 change to correct the decreased expression of the other tight junction proteins.

407 On the other hand, there were no significant differences (see Table 3) in the mucosal
408 expression of any of the genes of interest among IBS-D patients with high compared to normal
409 fecal BA excretion. The significance of the increased mucosal expression in P2RY4 and VIP in
410 IBS-C is unclear, although their increased expression may be related to muscle function (e.g.
411 relaxation) rather than ion secretion. The increased OCLN in mucosa from IBS-C patients may
412 reflect greater mucosal barrier functions in these patients; prior work (5) had documented the
413 preservation of occludin and claudin expression in IBS-C in contrast to IBS-D.

414 There are only a few other papers in the published literature that describe alterations in
415 mucosal mRNA expression of several mechanisms by next generation sequencing methods in
416 patients with IBS-D. Our previous study used next generation RNA sequencing and RT-PCR of
417 rectosigmoid mucosa in 9 patients with IBS-D and 9 healthy controls; we identified differential
418 expression of secretory and barrier genes (11). In the current study in IBS-D patients, we
419 confirmed the fold changes for 8 of the 10 genes evaluated in the prior study: *FNI*, *IFIT3*,
420 *PDZD3*, *TFF1*, *GUCA2B*, *RBP2*, *C4BPA*, and *P2RY4*. The Barcelona group used combinations
421 of microarray and PCR, focused their studies on mucosal tight junction expression and immune
422 activation in jejunal mucosal biopsies, and identified reduced expression of zonula occludens 1
423 (ZO-1) in IBS-D at both gene and protein levels (37), as well as higher mucosal immune activity
424 in IBS-D, with upregulation of germline transcripts and immunoglobulin genes (58). A recent
425 combined study from Helsinki and Nottingham explored the association of host rectal mucosal
426 expression and the fecal microbiome in different subgroups of IBS, including IBS-D and post-
427 infectious IBS (31), rather than the differences in mucosal expression between IBS subgroups
428 and healthy controls. However, one of the strongest associations between microbial populations
429 and rectal mucosal mRNA expression in IBS patients pertains to NR1H4 or FXR, which was a
430 change of borderline significance ($p=0.0081$) in our current study.

431 **Relation of mRNA Expression and Genotype and Phenotype in IBS-D**

432 Among the genotypes studied, the only one that is significantly associated with colonic
433 transit is *GPBAR1* genotype. We had previously observed this relationship in studies in several
434 hundred patients (17), but we present it now in only 47 patients with IBS-D and present this
435 unique statistically significant finding in the context of a broad spectrum of genes associated
436 with absorption, feedback regulation and action of bile acids, and selected immune function and

437 serotonin transporter genes. None of the other genes of interest was associated with alteration in
438 colonic transit. Importantly, we did not observe association with variation in ASBT, which has
439 been reported rarely in familial or sporadic diarrhea (39,40).

440 We found no relation between genotype and expression for all the candidate genes of
441 interest, and, similarly, we did not find significant associations of bile acid-related genotypes
442 with serum C4, serum FGF19 and fecal BA excretion. This suggests that post-translational
443 modification may be a more relevant mechanism controlling these phenotypic parameters of bile
444 acid control and expression than genotype.

445 Finally, there was no relation between mRNA expression and ascending colon emptying
446 or transit; we focused on the latter parameter of transit, since it appears to be more closely related
447 to the state of secretion within the colon. Thus, ascending colon emptying is accelerated in
448 carcinoid diarrhea [a classical secretory diathesis (61)], and proximal colon emptying is
449 positively correlated with stool weight (55).

450 **Strengths and Limitations**

451 We have studied >5 times as many IBS-D patients in the current study compared to the
452 prior pilot study, and we evaluated mRNA expression in rectosigmoid mucosa for 19 genes; the
453 statistical analysis was corrected for multiple comparisons. We also replicated the numerically
454 increased or decreased mRNA fold changes (identified as FDR uncorrected changes in the prior
455 study) in 8 of the first 10 genes of interest. Overall, these findings support the potential role of
456 altered mucosal functions in IBS-D.

457 The limitations include: first, we restricted our study to 19 candidates, for which there
458 was a strong biological rationale for each biological process (e.g. ion transport, immune
459 mechanisms, barrier proteins) in IBS. However, several different potential mechanisms were

460 explored and, therefore, we did not bias the study, other than using the prior pilot study
461 conducted using RNA sequencing and RT-PCR confirmation of the main findings (11) as a
462 starting point. In designing such studies, one has to balance the need to explore as many
463 potentially relevant mechanisms with the sample size available and the need to correct for false
464 detection rate.

465 Second, although genetic variation in *GPBARI* was associated with colonic transit (with
466 $p < 0.05$ for colonic transit at 48 hours), the association of genotype with colonic transit appraised
467 9 variants in 7 genes [*SLC6A4*, *GPBARI*, *TNFSF15*, *KLB*, *FGFR4*, *FXR*, *SLC10A2 (ASBT)*] and
468 three measurements of colonic transit. Therefore, the observation should be regarded as
469 hypothesis-generating and not definitely proven in this study of 64 people. Nevertheless, the
470 current sample of patients is much smaller than the ~650 IBS patients and healthy controls that
471 were used to demonstrate in prior studies the association of *GPBARI* (17,18) and other genes
472 [e.g. *KLB*, *FAAH* (summarized in ref. 12)] with small bowel or colonic transit.

473 Third, we do not know that the parallel expression (mRNA and protein) of PDZD3 is
474 necessarily a good “representation” for the other mRNA changes.

475 **CONCLUSION**

476 In conclusion, the current data demonstrate that mucosal ion transport mechanisms
477 (mRNA for several factors, and PDZD3 protein) are generally upregulated and barrier genes
478 downregulated in IBS-D compared to healthy controls, independent of genotype. There are no
479 differences in gene expression in IBS-D with high compared to normal fecal BA excretion.
480 These pathobiological mechanisms deserve further study to further advance the understanding of
481 pathophysiological mechanisms in patients with IBS and diarrhea.

482

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490

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783 **Table 1. Genes of interest included in the RT-PCR analysis of rectosigmoid mucosa**

Gene Symbol	Refseq #	Official Full Name
C4BPA	NM_000715	Complement component 4 binding protein, alpha
CCL20	NM_004591	Chemokine (C-C motif) ligand 20
CLDN1	NM_021101	Claudin 1
FGFR4	NM_002011	Fibroblast growth factor receptor 4
FN1	NM_002026	Fibronectin 1
GPBAR1	NM_170699	G protein-coupled bile acid receptor 1 (syn. TGR5)
GUCA2B	NM_007102	Guanylate cyclase activator 2B (uroguanylin)
IFIT3	NM_001549	Interferon-induced protein with tetratricopeptide repeats 3
NR1H4	NM_005123	Nuclear receptor subfamily 1, group H, member 4 (syn. Farnesoid X receptor)
OCLN	NM_002538	Occludin
P2RY4	NM_002565	Pyrimidinergic receptor P2Y, G-protein coupled, 4
PDZD3	NM_024791	PDZ domain containing 3
RBP2	NM_004164	Retinol binding protein 2, cellular
SLC10A2	NM_000452	Solute carrier family 10 (sodium/bile acid cotransporter family), member 2 (syn. Apical Sodium-coupled Bile acid transporter)
SLC6A4	NM_001045	Solute carrier family 6 (neurotransmitter transporter, serotonin), member 4 (syn. Serotonin transporter)
TFF1	NM_003225	Trefoil factor 1
TJP1	NM_175610	Tight junction protein 1 (syn. zonula occludens 1)
TNFSF15	NM_005118	Tumor necrosis factor (ligand) superfamily, member 15
VIP	NM_003381	Vasoactive intestinal peptide
ACTB	NM_001101	Actin, beta (housekeeping gene)
GAPDH	NM_002046	Glyceraldehyde-3-phosphate dehydrogenase (housekeeping gene)
HGDC	SA_00105	Human Genomic DNA Contamination
RTC	SA_00104	Reverse Transcription Control
PPC	SA_00103	Positive PCR Control

784 (syn=synonym)

785

786 **Table 2. Demographics and bile acid and colonic transit characteristics**

Parameter (mean±SEM)	Healthy Controls	IBS-C	Whole IBS-D group	IBS-D + high BA excretion	IBS-D + normal BA excretion	p value high vs. normal BA excretion*
N	17	10	47	20	27	
Age, y	38.1 ± 2.7	48.3 ± 4.3	40.7 ± 1.7	40.0 ± 2.4	41.4 ± 2.5	
BMI, kg/m ²	27.3 ± 1.5	26.4 ± 2.1	30.1 ± 1.2	32.3 ± 1.8	28.5 ± 1.6	0.051
Total fecal BA (μmoles/48h)	1322.4 ± 656.8 [#]		2787.6 ± 480.7	5167.2 ± 874.9	1024.9 ± 129.0	<0.001
Mean % fecal LCA/CDCA/DCA/CA/UDCA	38/1/58/1/3		28/6/54/8/4	24/8/51/13/4	32/5/55/5/3	Not tested
Serum C4 (ng/mL)	35.7 ± 5.7 [#]		34.4 ± 3.8	34.5 ± 4.7	34.3 ± 5.7	NS
Serum FGF19 (pg/mL)	162.0 ± 39.4 ^{##}		118.8 ± 10.8	126.7 ± 22.3	117.2 ± 13.9	NS
CT GC24h [^]	2.2 ± 0.2	2.0 ± 0.3 ^{^^}	2.9 ± 0.2	3.3 ± 0.3	2.5 ± 0.2	0.017
CT GC48h	3.7 ± 0.5 [#]	2.9 ± 0.4 ^{^^}	4.2 ± 0.1	4.5 ± 0.2	4.0 ± 0.2	0.022
Asc. colon T _{1/2} (hours)	13.0 ± 2.8 [#]		15.0 ± 1.2	13.1 ± 1.9	16.4 ± 1.6	0.124

787 CT = colonic transit; Asc. = ascending; * Mann Whitney Rank Sum test; [#] based on analysis in 3
788 among these healthy participants; ^{##} based on analysis in 4 among these healthy participants;
789 [^] based on data from 12 healthy controls; ^{^^} based on 7 patients with IBS-C
790 CA = cholic acid; CDCA = chenodeoxycholic acid; DCA = deoxycholic acid;
791 UDCA = ursodeoxycholic acid; LCA = lithocholic acid

792 Table 3. mRNA fold change in rectosigmoid mucosa from IBS-D patients relative to healthy controls.

793 Bolded data show univariately significant fold changes (without correction for false detection resulting from multiple comparisons)
 794 relative to healthy controls. The decreased expression is indicated by italics.

795 Bolded p values reflect the comparison of whole IBS-D group vs. control corrected for FDR (Bonferroni correction) so that $p < 0.00263$
 796 is statistically significant. There were no significant differences (with only few p values ≤ 0.10 , without FDR correction) in mRNA
 797 fold changes in IBS-D patients with high vs. low fecal BA excretion; all other p values were > 0.20 .

798

Parameter data: mean (95% CI)	IBS-C group	p IBS-C vs. control	Whole IBS-D group	p IBS-D vs. control	IBS-D + high BA excretion (n=20)	IBS-D + normal BA excretion (n=27)	p, high vs. normal BA excr.
Bile acid absorption and effects							
SLC10A2 (ASBT)	1.86 (0.49, 3.22)	0.0759	2.71 (1.37, 4.06)	0.0298	3.27 (0.92, 5.63)	2.36 (1.06, 3.66)	
NR1H4 (FXR)	1.64 (0.86, 2.41)	0.0420	3.02 (1.95, 4.08)	0.0081	2.98 (1.50, 4.46)	3.04 (1.90, 4.19)	
FGFR4	1.14 (0.86, 1.41)	0.2030	<i>0.82 (0.69, 0.95)</i>	<i>0.0463</i>	<i>0.82 (0.67, 0.95)</i>	<i>0.82 (0.67, 0.98)</i>	
GPBAR1	1.45 (1.02, 1.88)	0.0178	0.93 (0.74, 1.12)	0.2298	0.90 (0.70, 1.11)	0.95 (0.75, 1.16)	
Ion transport mechanisms							
GUCA2B	1.45 (0.56, 2.34)	0.3359	3.81 (2.25, 5.36)	0.00016	3.78 (1.99, 5.56)	3.83 (2.23, 5.42)	
PDZD3	1.14 (0.00, 2.48)	0.0099	2.51 (1.88, 3.14)	0.000001	2.49 (1.72, 3.17)	2.56 (1.88, 3.23)	
P2RY4	4.27 (1.45, 7.09)	0.0016	11.34 (4.11, 18.58)	0.000001	9.30 (2.05, 16.56)	13.14 (5.01, 21.26)	
VIP	3.21 (1.61, 4.80)	0.0008	<i>0.44 (0.24, 0.63)</i>	<i>0.0030</i>	<i>0.46 (0.20, 0.73)</i>	<i>0.42 (0.20, 0.63)</i>	
SLC6A4	1.97 (0.73, 3.21)	0.0726	2.75 (1.30, 4.21)	0.0104	2.44 (0.71, 4.17)	3.01 (1.38, 4.64)	
Immune functions							
TNFSF15	1.17 (0.50, 1.84)	0.1901	<i>0.69 (0.48, 0.90)</i>	<i>0.0185</i>	<i>0.55 (0.33, 0.77)</i>	<i>0.81 (0.56, 1.06)</i>	0.10
C4BPA	1.97 (0.76, 3.17)	0.0189	3.73 (2.37, 5.08)	0.00003	4.14 (2.27, 6.00)	3.45 (2.02, 4.88)	
CCL20	1.43 (0.35, 2.51)	0.7339	<i>0.23 (0.10, 0.36)</i>	<i>0.000001</i>	<i>0.22 (0.08, 0.35)</i>	<i>0.24 (0.10, 0.38)</i>	
IFIT3	0.92 (0.33, 1.50)	0.3555	0.84 (0.38, 1.30)	0.0279	0.90 (0.39, 1.42)	0.79 (0.35, 1.23)	
Barrier functions							
TJP 1 (ZO-1)	1.64 (1.14, 2.14)	0.0070	<i>0.76 (0.57, 0.96)</i>	<i>0.0457</i>	<i>0.76 (0.57, 0.96)</i>	0.92 (0.72, 1.11)	0.06
OCLN	1.77 (1.25, 2.30)	0.0017	1.19 (0.87, 1.51)	0.2900	1.12 (0.79, 1.45)	1.25 (0.91, 1.59)	
CLDN1	1.20 (0.69, 1.70)	0.7099	<i>0.59 (0.39, 0.80)</i>	<i>0.0004</i>	<i>0.63 (0.40, 0.86)</i>	<i>0.57 (0.35, 0.78)</i>	
RBP2	1.14 (0.04, 2.25)	0.1005	1.78 (1.16, 2.40)	0.0031	1.72 (1.08, 2.36)	1.83 (1.13, 2.52)	
FN1	1.33 (0.77, 1.90)	0.4134	<i>0.35 (0.23, 0.47)</i>	<i>0.00001</i>	<i>0.28 (0.16, 0.40)</i>	<i>0.40 (0.26, 0.54)</i>	0.10
TFF1	3.34 (0.00, 7.22)	0.1918	1.17 (0.72, 1.63)	0.8739	1.12 (0.63, 1.61)	1.21 (0.72, 1.70)	

799

800 **Table 4. Relationship of genotype and mRNA expression (median, IQR; corrected for**
 801 **β -actin) by general genetic model (comparing expression in 3 genotypes: AA, Ab, bb) in**
 802 **IBS (analysis used ANOVA on ranks to compare 3 genotypes).**

Genotype	MAF	N	mRNA expression	p
Serotonin Transporter				
<i>SLC6A4</i> rs4795541LL	0.447 (L)	7	16.59 (15.47, 17.44)	0.463
<i>SLC6A4</i> rs4795541LS		28	16.49 (15.19, 17.95)	
<i>SLC6A4</i> rs4795541SS		12	15.72 (14.87, 16.75)	
Immune Function				
<i>TNFSF15</i> rs4263839AA	0.38 (A)	6	12.94 (12.11, 13.85)	0.27
<i>TNFSF15</i> rs4263839AG		24	12.55 (12.11, 13.54)	
<i>TNFSF15</i> rs4263839GG		17	12.28 (12.07, 12.96)	
Bile Acid Absorption, Homeostasis or Receptor				
<i>GPBAR1</i> rs11554825CC	0.436 (C)	10	13.05 (12.53, 13.33)	0.082
<i>GPBAR1</i> rs11554825CT		21	12.86 (12.52, 13.03)	
<i>GPBAR1</i> rs11554825TT		16	13.18 (12.72, 13.59)	
<i>NR1H4</i> rs 17030285 CC	0.128 (G)	35	12.80 (11.59, 13.04)	0.30
<i>NR1H4</i> rs 17030285 CG		12	11.83 (11.15, 12.46)	
<i>NR1H4</i> rs4764980 AA	0.49 (G)	12	12.30 (11.60, 12.75)	0.98
<i>NR1H4</i> rs4764980 AG		23	12.03 (11.09, 13.22)	
<i>NR1H4</i> rs4764980 GG		12	12.18 (11.15, 12.93)	
<i>SLC10A2</i> rs188096 AC	0.106 (A)	10	16.65 (15.83, 17.80)	0.82
<i>SLC10A2</i> rs188096 CC		37	17.16 (15.11, 17.87)	
<i>FGFR4</i> rs1966265 AA	0.213 (A)	2	10.15 (9.55, 10.75)	0.18
<i>FGFR4</i> rs1966265 AG		16	11.06 (10.79, 11.32)	
<i>FGFR4</i> rs1966265 GG		29	10.85 (10.46, 11.52)	
<i>FGFR4</i> rs434434 AG	0.191 (A)	18	10.80 (10.52, 11.11)	0.28
<i>FGFR4</i> rs434434 GG		29	11.03 (10.54, 11.52)	
<i>FGFR4</i> rs351855 AA	0.287 (A)	2	11.17 (10.51, 11.83)	0.73
<i>FGFR4</i> rs351855 AG		25	11.03 (10.51, 11.52)	
<i>FGFR4</i> rs351855 GG		20	10.83 (10.62, 11.17)	

803

804

805 **Table 5. Relationship of genotype and mRNA expression (median, IQR, corrected for**
 806 **β -actin) by dominant genetic model (comparing expression in homozygous major allele**
 807 **genotype vs combining heterozygotes and minor allele homozygous) in IBS (comparisons**
 808 **with Mann-Whitney test).**
 809

Genotype	MAF	N	mRNA expression	p
Serotonin Transporter				
<i>SLC6A4</i> rs4795541 LL	0.447 (L)	7	16.59 (15.47, 17.44)	0.70
<i>SLC6A4</i> rs4795541 LS/SS		37	16.22 (14.95, 17.24)	
Immune Function				
<i>TNFSF15</i> rs4263839 GG	0.38 (A)	17	12.28 (12.07, 12.96)	0.12
<i>TNFSF15</i> rs4263839 AA/AG		30	12.58 (12.14, 13.62)	
Bile Acid Absorption, Homeostasis or Receptor				
<i>GPBAR1</i> rs11554825TT	0.436 (C)	16	13.18 (12.72, 13.59)	0.043
<i>GPBAR1</i> rs11554825 CC/CT		31	12.86 (12.54, 13.17)	
<i>NR1H4</i> rs 17030285 CC	0.128 (G)	35	12.80 (11.59, 13.04)	0.30
<i>NR1H4</i> rs 17030285 CG		12	11.83 (11.15, 12.46)	
<i>NR1H4</i> rs4764980 AA	0.49 (G)	12	12.30 (11.60, 12.75)	0.86
<i>NR1H4</i> rs4764980 AG/GG		35	12.11 (11.09, 13.12)	
<i>SLC10A2</i> rs188096AC	0.106 (A)	10	16.65 (15.83,17.80)	0.821
<i>SLC10A2</i> rs188096CC		37	17.16 (15.11, 17.87)	
<i>FGFR4</i> rs1966265 GG	0.213 (A)	29	10.85 (10.46, 11.52)	0.50
<i>FGFR4</i> rs1966265 AG/AA		18	11.01 (10.74, 11.25)	
<i>FGFR4</i> rs434434 AG	0.191 (A)	18	10.80 (10.52, 11.11)	0.28
<i>FGFR4</i> rs434434 GG		29	11.03 (10.54, 11.52)	
<i>FGFR4</i> rs351855 GG	0.287 (A)	20	10.83 (10.62, 11.17)	0.48
<i>FGFR4</i> rs351855 AA/AG		27	11.03 (10.51, 11.52)	

810 S is minor allele for *5-HTTLPR*; T is minor allele for *GPBAR1*.

811

812 **Table 6. Relationship of genotype with colonic transit (CT) and ascending colon emptying**
 813 **T_{1/2} in IBS-D (data show median, IQR, and analysis is by Mann-Whitney rank sum test).**
 814 **Note the significant association with *GPBARI* genotype and the borderline association with**
 815 ***SLC6A4* (5-HTTLPR polymorphism).**
 816

Genotype	N	Colonic GC24	P	Colonic GC48	p	AC emptying T _{1/2} h	p
Serotonin Transporter							
<i>5-HTTLPR</i> rs4795541 LL	7	3.91 (3.01, 4.42)	0.079	5.00 (4.17, 5.00)	0.081	15.14 (5.41, 17.41)	0.362
<i>5-HTTLPR</i> rs4795541 LS/SS	40	2.43 (1.78, 3.89)		4.57 (3.33, 4.99)		16.39 (10.46, 19.47)	
Immune Function							
<i>TNFSF15</i> rs4263839 GG	17	2.97 (1.70,4.56)	0.79	4.67 (3.99, 5.00)	0.40	15.57 (10.67, 18.57)	0.825
<i>TNFSF15</i> rs4263839 AA/AG	30	2.72 (1.90,3.90)		4.58 (3.16, 5.00)		16.60 (5.30, 20.15)	
Bile Acid Absorption, Homeostasis or Receptor							
<i>GPBARI</i> rs11554825 CC	10	3.9 (3.33, 4.49)	0.010	5.00 (4.72, 5.00)	0.005	9.18 (4.79, 15.58)	0.034
<i>GPBARI</i> rs11554825CT/TT	37	2.26 (1.78, 3.38)		4.24 (3.02, 4.93)		16.60 (10.49, 19.59)	
<i>KLB</i> rs17618244 AG#	17	2.83 (2.03,4.32)	0.42	4.86 (3.79, 5.00)	0.237	13.1 (7.33, 17.64)	0.514
<i>KLB</i> rs17618244 GG	30	2.26 (1.77,3.90)		4.41 (3.04, 4.93)		16.67 (7.08, 19.59)	
<i>FGFR4</i> rs1966265 GG	29	2.53 (1.80,4.32)	0.947	4.83 (2.91, 5.00)	0.418	15.57 (6.83, 20.61)	0.897
<i>FGFR4</i> rs1966265 AG/AA	18	2.78 (1.88,3.89)		4.50 (3.68, 4.95)		16.27 (7.33, 18.67)	
<i>FGFR4</i> rs 434434 GA	18	2.53 (1.84,4.07)	0.973	4.64 (2.91, 5.00)	0.920	16.30 (9.11, 20.00)	0.622
<i>FGFR4</i> rs 434434 GG	29	2.78 (1.82,4.20)		4.65 (3.72, 4.98)		14.65 (6.95, 18.39)	
<i>FGFR4</i> rs 351855 GG	20	2.53 (1.80,4.32)	0.947	4.83 (2.91, 5.00)	0.418	15.57 (6.83, 20.61)	0.897
<i>FGFR4</i> rs 351855 AA/AG	27	2.78 (1.89,3.89)		4.50 (3.68, 4.95)		16.27 (7.33, 18.67)	
<i>SLC10A2</i> rs188096 AC	10	2.41 (1.73, 4.47)	0.88	4.66 (2.91, 5.00)	0.95	14.75 (5.12, 19.2)	0.795
<i>SLC10A2</i> rs188096 CC	37	2.78 (1.94, 3.89)		4.65 (3.64, 5.00)		16.00 (7.49, 19.0)	
<i>FXR</i> rs4764980 AA	12	2.26 (1.87, 3.89)	0.80	4.52 (3.69, 4.93)	0.88	15.62 (6.79, 19.9)	0.96
<i>FXR</i> rs4764980 AG/GG	35	2.80 (1.79, 4.31)		4.66 (3.20, 5.00)		16.00 (7.33, 19.6)	

817 S is minor allele for *5-HTTLPR*; T is minor allele for *GPBARI*; # is number of AA *KLB*
 818 genotype identified

819

820 **Table 7. Associations of variants in genes (associated with BA absorption and feedback**
 821 **regulation of synthesis) with serum FGF-19, serum C4, and 48-hour fecal BA excretion in**
 822 **IBS-D**

823

Genotype: (data: median, IQR)	N	Fasting serum FGF-19 (pg/mL)	p	Fasting serum C4 (ng/mL)	p	Total fecal BA (μmoles/48h)	p
<i>SLC10A2</i> rs188096 AC	10	117 (63, 246)	0.13	28 (16, 60)	0.73	2723 (1037, 7766)	0.25
<i>SLC10A2</i> rs188096 CC	37	86 (47, 135)		26 (14, 41)		1827 (737, 2887)	
<i>KLB</i> rs17618244 AG	17	110 (55, 173)	0.38	26 (13,54)	0.99	2127 (1493, 4056)	0.30
<i>KLB</i> rs17618244 GG	30	81 (48, 138)		26 (15.5, 46)		1559 (694, 3055)	
<i>FGFR4</i> rs351855GG	20	74.2 (46.5, 157.8)	0.45	39 (13,61)	0.13	1850 (1073, 2916)	0.87
<i>FGFR4</i> rs351855 AG/AA	27	99.8 (57.7, 144.7)		23 (16, 36)		1829 (733, 3442)	
<i>FGFR4</i> rs1966265 GG	29	94.3 (49.3, 154.2)	1.00	27 (16, 59)	0.37	2127 (903, 4543)	0.16
<i>FGFR4</i> rs1966265AG/AA	18	101.7 (49.1,140.1)		23 (14, 38)		1559 (666, 2741)	
<i>FGFR4</i> rs434434 GG	29	77.9 (44.6, 132.8)	0.11	26 (16, 38)	0.92	1829 (676, 3652)	0.99
<i>FGFR4</i> rs434434 GA	18	107.2 (63.9,182.4)		26 (12, 59)		1890 (1078, 2894)	

824

825

826 **Figure 1. Pictorial summary of mean fold changes in mRNA expression of candidate**
827 **mechanisms in IBS-D patients (n=47) compared to healthy controls (n=17), plotted from**
828 **data in Table 3 (which includes 95% CI for all fold changes in expression).**

829

830 **Figure 2. Upper panel shows Western blots quantitating PDZD3 protein (with vinculin as**
831 **control). Note the increased expression (p=0.02) of PDZD3 in IBS-D patients (n=10)**
832 **compared to healthy controls (n=4). Lower panel shows immunofluorescence for PDZD3 in**
833 **rectosigmoid colon mucosa of a patient with IBS-D compared to a normal, healthy control**
834 **(63X magnification). Stains show nuclear staining (DAPI), cytokeratin (C8/18, marker of**
835 **epithelial cells), PDZD3 and merge. Note the localization of increased PDZD3 protein in**
836 **epithelial cells in mucosa from the patient with IBS-D compared to the healthy control.**

837

838



