Seminar #33: Saturday 9 April/11:30am-1pm
Demystifying Stuttering: Intervention Approaches & Case Reviews

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Learning Outcomes:
(1) Identify treatment approaches for managing stuttering.
(2) Identify treatment goals for a person who stutters.
(3) Integrate stuttering goals with non-fluency (e.g., language) goals.

Traditional measures in fluency
✓ Describing disfluency types
✓ % stuttered syllables (%SS)
✓ Stuttered syllables per minutes (SPM)
✓ Naturalness
✓ Speech rate
✓ Mean duration of stuttering events
✓ Physical concomitants
✓ Avoidance behaviors
✓ Emotional reactions

Treatment approaches
Stuttering modification
∴ Preparatory set
∴ Cancelation
∴ Pullout
Fluency shaping
∴ Easy onset
∴ Light articulatory contacts
∴ Rhythmic speech
∴ Stretched speech
∴ Breathing: pausing/chunking
∴ Change rate of speech
Addressing the emotional
∴ Desensitization
∴ Cognitive restructuring
∴ Self-disclosure
∴ Support
Other (e.g., instrumentation)
Programs (e.g., Lidcombe)

Case studies overview: Client diagnoses
1: (Pre-K) stuttering, emerging production concerns
2: (School-age) stuttering, auditory processing disorder, speech sound disorder, language disorder
3: (Young adult) stuttering
4: (Young adult) Down syndrome with stuttering, dysarthria, language disorder
Selected references


