Directory to Principles-Based Articles and Scholarly Publications

By
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Compiled and Disseminated as a Charitable Service

NOTE: This is a comprehensive categorized list of all known principles-based articles from journals and other indicated publications through fall of 2015. This directory is intended to strengthen the resource base and understanding of trainers and scholars interested in what is primarily called Three Principles. Please note the understanding addressed in these references is referred to in some instances as Psychology of Mind, Health Realization, Innate Health, Clarity, State of Mind, and Insight Principles.

Published journal articles, dissertations and master’s theses, edited book chapters and selected papers are included. For manageability, with few exceptions, unpublished papers (such as those from principle-based conferences) are not included. Most listed entries were published in copyrighted journals. Permission to copy should be obtained from the publisher. Some items are available on-line or through university data services; a few items are posted at nationalresilienceresource.com. Books are posted in a separate NRRC directory on this site.

Additional literature may be added to this list in the future. Please send complete citations for new items to marsh008@umn.edu.

– Kathy Marshall Emerson, 9/13, 7/14, updated 9/2015

Category 1 – Clinical Trials
None at this time.

Category 2 – Peer Reviewed Pilot Studies (with study subjects)


Category 3 – Peer Reviewed Journal Articles (theory, application)


**Category 4 – Edited Book Chapters**


**Category 5 – Published Conference Proceedings or Papers**


**Category 6 – Theory and Application**


Advances in Developing Human Resources, 10(5), 671-685.
Sedgeman, J. (2005). Health Realization/Innate Health: Can a quiet mind and a positive feeling state be accessible over the lifespan without stress relief techniques? 

Category 7 – Review Articles

Category 8 – Professional Journals and Publications

Category 9 – Selected Other Publications, Papers, Presentations


**Category 10 – Comments in Publications**


**Dissertations**


Master’s Theses, Papers, Capstone Projects:


