

Fibrous dysplasia of the maxilla in an elderly female: Case report on a 14-year quiescent phase

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ABSTRACT

Fibrous dysplasia (FD) is an uncommon skeletal disorder in which normal bone is replaced by abnormal fibro-osseous tissue. Mainly, FD is found in children, and by adulthood it usually becomes quiescent. Our case showed FD of more than 14-year duration in the left maxilla. Our evaluation was that growth ceased in adulthood and had achieved the static stage. Because FD cases in elderly patients are rarely reported, we hereby present a monostotic FD case in a 65-year-old female. We presented sequential radiographic images and scintigraphic images of this case, and combined them with a literature review that emphasized the progression of the disease. (*Imaging Sci Dent* 2016; 46: 259-65)

KEY WORDS: Fibrous Dysplasia, Monostotic; Radiography

Fibrous dysplasia (FD) is a non-malignant condition caused by post-zygotic, activating mutations of the GNAS gene that result in inhibition of the differentiation and proliferation of bone-forming stromal cells and leads to the replacement of normal bone and marrow by fibrous tissue and woven bone.¹ The disease may present in a monostotic or polyostotic form, affecting one or multiple bones, respectively. Mainly, FD is found in children, and it usually becomes dormant by adulthood.² The age range of patients with FD has been reported to be between 20 and 70, with the majority diagnosed in their 30s.³

Despite recent advances in the understanding of the natural history and molecular abnormalities of FD, many questions remain regarding its progression and management.⁴

Although most cases of FD are self-limiting⁵ and hamartomatous, some cases of FD do not go into dormancy at the end of adolescence⁶ and may be activated or reactivated in adulthood in response to a life event, such as pregnancy.^{7,8}

Because some cases of FD in elderly people have also been reported,⁹⁻¹¹ we directed attention to the question of whether a long-term case could show continuous progress or would cease in the quiescent stage. We also examined the incidence of FD transformation into malignancy.

We report here a case of monostotic FD with long duration, with radiographic and scintigraphic images, combined with a literature review that emphasizes the progression of FD.

Case Report

A 65-year-old female visited Wonkwang Dental University Hospital for the removal of a bony dysplastic lesion in the left maxilla. This lesion has been regularly

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examined in follow-up for the last 14 years. On clinical examination, the left maxilla was enlarged and the bone was hard on palpation. The mucosa overlying the lesion



Fig. 1. An intraoral photograph (2016) shows bucco-lingual expansion in the left maxilla.

seemed to be intact (Fig. 1). In 2002, she visited our dental hospital for treatment of a periodontal condition on the entire dentition. She had already recognized bony swelling on the left maxilla decades ago, but recalled no experience of pain or fever. Her medical history did not contain anything of significance. Computed tomography in 2002 showed a ground-glass appearance of the left maxilla, which was compatible with FD (Fig. 2). Bucco-lingual cortical expansion, but no cortical destruction, was observed. This lesion extended from the midline to the left maxillary tuberosity. We tentatively diagnosed FD. We recommended removal surgery if pain or discomfort persisted. She refused surgical treatment due to a fear of surgery and felt no need for it, since there was no pain and the lesion was not increasing in size. She preferred watchful waiting. She was advised to visit the dental hospital regularly to check changes in growth. Panoramic radiography in 2007 (Fig. 3) showed a diffuse, widespread, radiopaque lesion in the left maxilla and maxillary sinus.



Fig. 2. Computed tomography images of axial (A), coronal (B), and sagittal (C) views (2002) show a lesion of homogeneous radiopacity on the left maxilla, with expanded cortex but no cortical destruction.

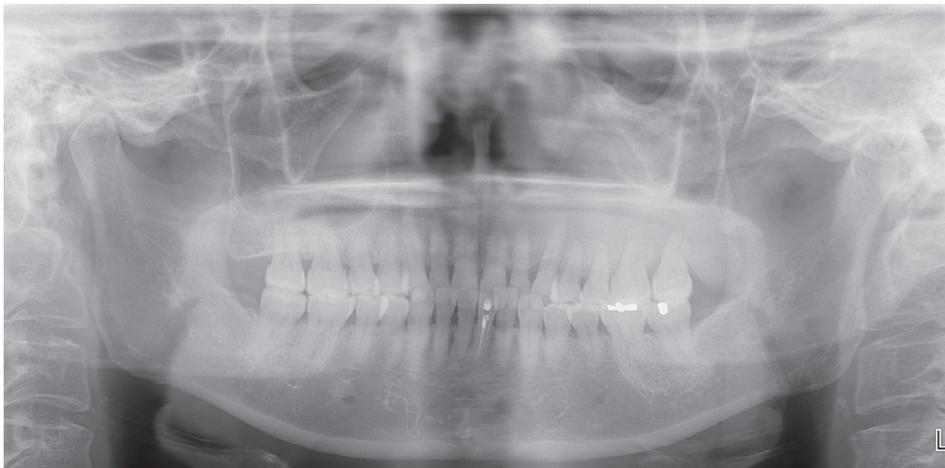


Fig. 3. A panoramic image (2007) shows gross radiopacity from the midline to left maxillary tuberosity, and the left maxillary sinus in the left maxilla.



Fig. 4. A periapical radiograph (2007) shows indistinct anterior border of the lesion. Loss of alveolar lamina dura is also seen. The trabeculae seem to be shorter, irregularly shaped, and more numerous than normal trabeculae.

A periapical view in 2007 showed a ground-glass appearance and indistinct anterior border of the lesion. There was no root resorption or displacement of surrounding teeth. The loss of alveolar lamina dura was also observed (Fig. 4).

In 2008, we performed bone scintigraphy using ^{99m}Tc -methylene diphosphonate (^{99m}Tc -MDP) for detecting the distribution of the lesion. A whole-body bone scan showed intense uptake of radioisotope in the left maxilla (Fig. 5A). Figure 5B shows mild uptake of radioisotope in the vascular and blood pool phase, and intense uptake in the delayed bone scan. Blood pool images were acquired immediately after the flow portion of the study and completed within 10 minutes of tracer injection, for approximately 3.5 minutes/image. Routine delayed images are usually obtained 2-5 hours after injection.

The panoramic view (Fig. 6A, 2016) showed a similar image of the lesion, compared with older images (Fig. 6B, 2012; Fig. 6C, 2008). The cone-beam computed tomography view (Figs. 7A and B) in 2016 showed a similar image and no change in size when compared with older images (Figs. 7C and D) from 2012 and 2002 (Fig. 2). A ground-glass appearance, expanded cortex, no tooth displacement, and slight involvement of the maxillary sinus were common findings. The lesion size was almost 11.8

mm \times 5.2 mm. The lesion seems to have been static for 14 years.

Excision of the FD was carried out and a surgical specimen was sent for histopathological examination. Microscopic examination of the excised specimen showed irregularly shaped woven bone with peritrabecular clefting within a cellular fibrous stroma. The lesional bone fused with the normal cortical bone without a capsule. The trabecular woven bone revealed a lack of osteoblastic rimming and lamellation (Fig. 8). These microscopic features were consistent with FD.

Discussion

It has been reported that FD represents approximately 5% to 7% of all benign bone tumors.¹² Occurrences of FD present in 3 forms that are monostotic (including craniofacial), polyostotic, and polyostotic with endocrinopathies. The monostotic form accounts for 80% to 85% of cases with FD,⁷ and is not a precursor of the polyostotic form.¹³ The occurrence of FD is found predominantly in children and young adults, with 75% of patients presenting before the age of 30.^{14,15} Cases in female patients have been observed more frequently in their later decades.¹⁶ Monostotic FD of the jaws more commonly involves the maxilla than the mandible,^{16,17} but another study has reported that the mandible was more frequently involved.⁸ Due to the gradual and painless nature of FD, the clinical findings are usually asymptomatic. If the FD extends into sphenoid, orbital, or frontal bones, complications may include proptosis, visual disturbances, and hearing loss.¹⁸ In this case, the patient presented with monostotic FD that was localized to the left side of the maxilla, which caused alveolar bone expansion and facial asymmetry.

The natural progression of FD includes 2 phases: an active phase, which persists until puberty, and a subsequent phase.^{19,20}

Many reports have shown that FD progresses slowly or ceases after bone maturation. However, the range in the literature is wide - in some cases it does not progress after puberty,^{9,21} while in other cases it continues to progress in old age.^{22,23} Polyostotic FD is more likely to continue to progress even after puberty.¹²

The present report is focused on FD manifesting in an elderly female patient, which is rare. This case might have been a slow growing lesion in the beginning, which then entered into a quiescent stage in adulthood. We postulated that the patient might not have noticed the severity of this lesion until middle age.

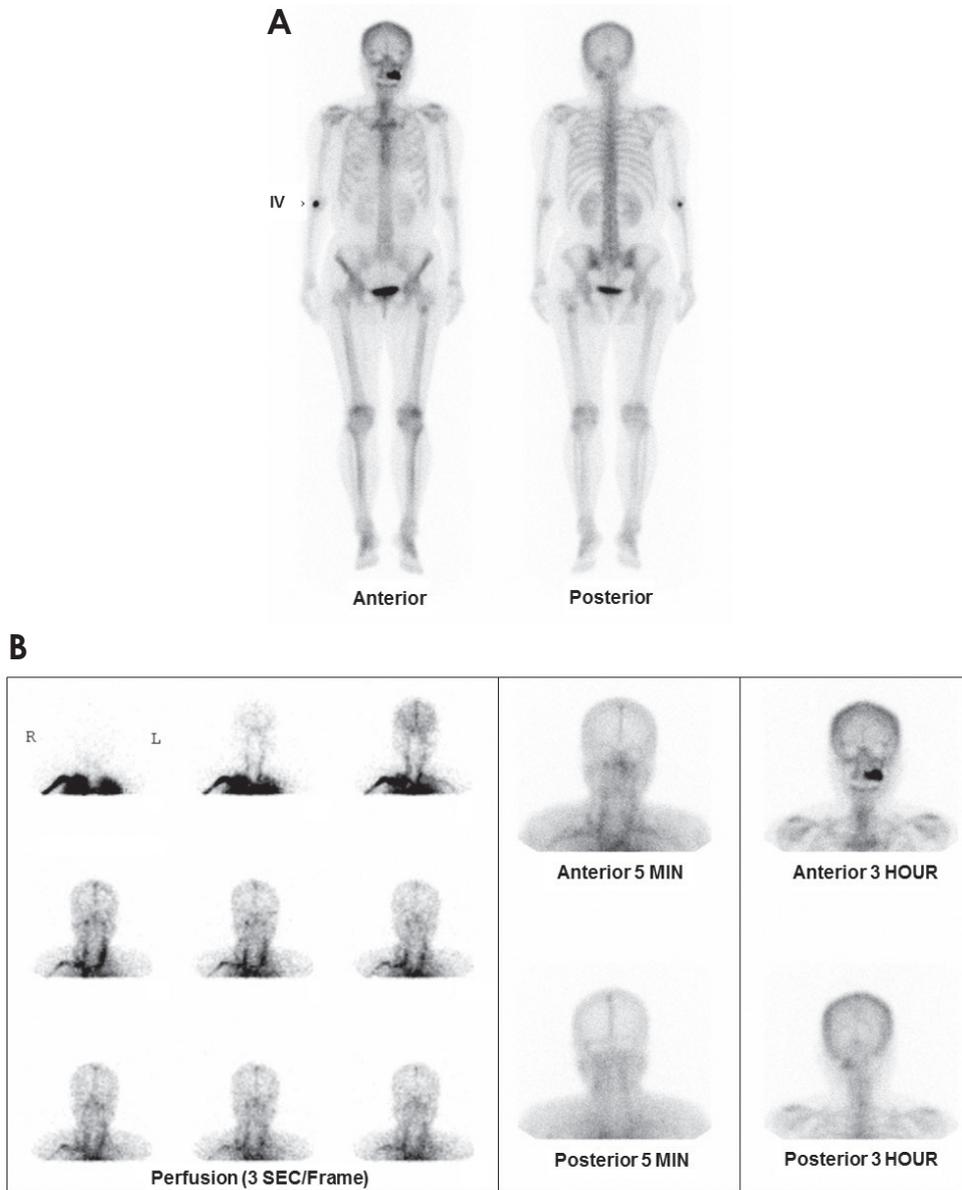


Fig. 5. A. A whole-body bone scan (2008) shows intense uptake of radioisotope in the left maxilla. There is focal increased uptake in the lesser trochanter of the left femur that was supposed to be enthesopathy. B. Mild uptake of radioisotope in the vascular and blood pool phase and intense uptake in delayed bone scan.

Remodeling of bone to normal lamellar type does not happen in the dysplastic bone of FD. Thus, this bone is likely to be vulnerable to stimulation, which may reactivate it.⁷ Some cases of reactivation in later stages of life have also been reported.^{10,11} The possible mechanisms of reactivation are trauma, hormonal changes, trauma-included accident, surgery, or tooth extraction.²⁴ Another study of FD that activated or reactivated in pregnant women proposed that female sex hormones are important in the high recurrence rate of FD of the jaws for female patients.^{7,25}

Some previous studies have reported that there is a very small risk for malignant transformation.²⁶ The risk for malignant transformation is estimated at less than 1% in the monostotic form and at maximally 4% to 6.7% in the polyostotic form;^{27,28} this is less prevalent in patients who have not undergone radiation therapy.²⁸

The current gold standard for the diagnosis of FD is a histologically proven fibro-osseous lesion with poorly defined margins, and definite diagnosis relies on radiographic findings.⁷ The abnormal trabeculae are usually shorter, thinner, irregularly shaped, and more numerous

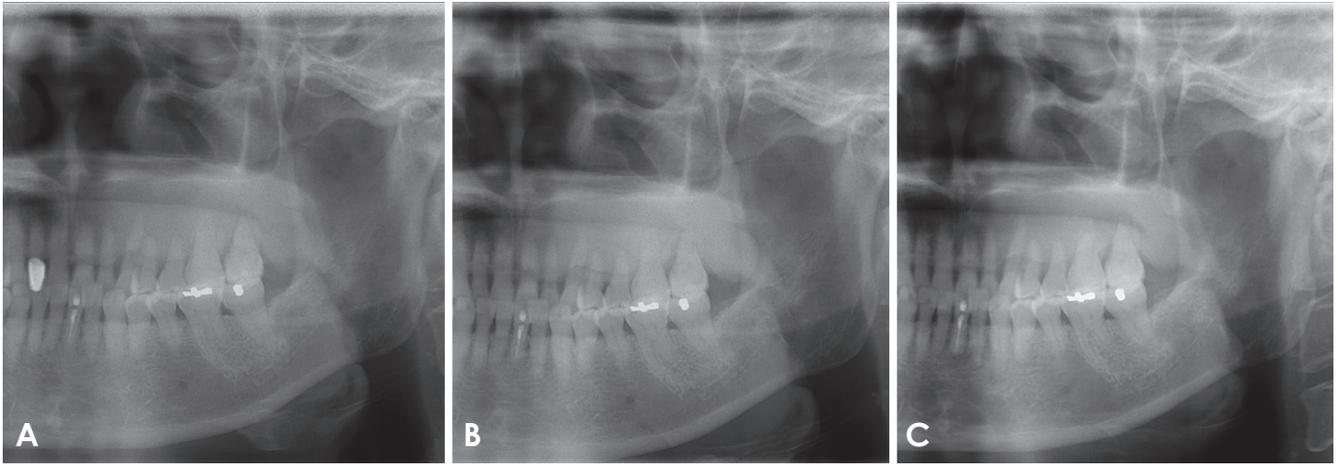


Fig. 6. A cropped panoramic radiograph (A, 2016) shows a similar image of the lesion in the left maxilla, compared with the cropped panoramic view B (2012) and C (2008).

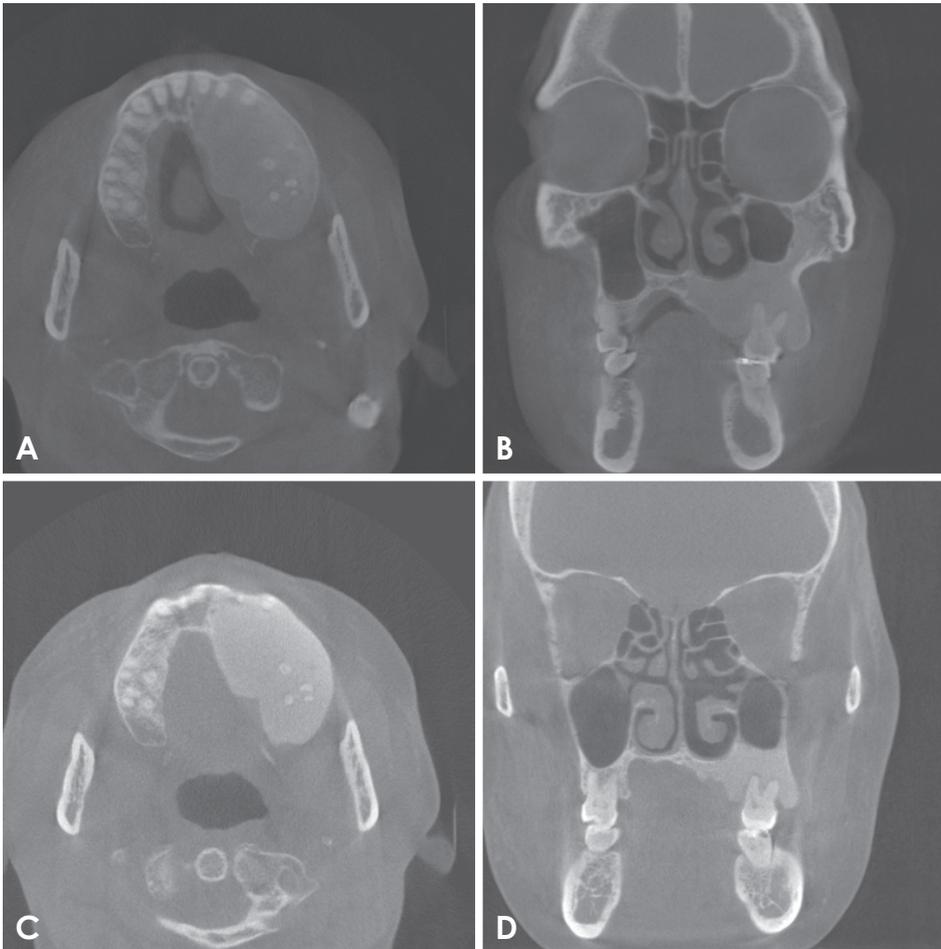


Fig. 7. Cone-beam computed tomography images (A and B, 2016) show a similar image and no change in size, compared with the 2012 image (C and D). The lesion size has remained almost the same, approximately 11.8 mm × 5.2 mm.

than normal trabeculae. These abnormal trabeculae and the homogenous radiodensity account for the “ground-glass” appearance in FD.^{3,29,30} FD affecting the maxilla

almost always involves the antrum, either by obliterating it or by gross displacement of its borders.⁸ The FD extension in this case was directed horizontally, but also slight-

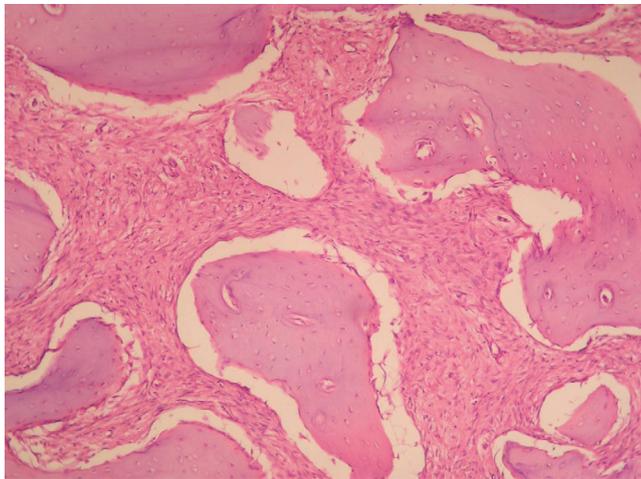


Fig. 8. The histopathologic exam shows irregular shaped woven bone within a cellular fibrous stroma. The trabecular woven bone reveals a lack of osteoblastic rimming and lamellation (H&E stain, $\times 100$).

ly vertically. In this growth direction the floor of the left maxillary sinus appeared slightly occupied. The loss of lamina dura was unique to FD and could be used as another diagnostic feature for FD.³¹

Bone scintigraphy, using ^{99m}Tc -MDP is exquisitely sensitive for detecting FD lesions.³² It is a useful imaging modality for detecting the distribution of lesions, and scintigraphy has been evaluated for discriminating between monostotic and polyostotic disease, ruling out metastasis of secondary sarcoma, and recurrence after therapy.³³ Monostotic FD, especially in the bones of the skull, generally appears as an area of markedly increased uptake reflecting hyperemia as well as osteoid matrix, with a particularly intense homogenous uptake pattern in the delayed phase.³⁴ The bone scintigraphy in this study showed intense uptake of delayed bone phase although perfusion and blood pool phases showed mild uptake. We think intense uptake of delayed bone phase is due to the increased surface area of fibrous-degenerative bone, rather than the increased vascularity and osteoblast activity of the lesion. That accounts for the quiescent nature of this lesion over its long duration.

Our case showed FD in the left maxilla of a more than 14-year duration with almost the same size. This report emphasizes a case of a hamartomatous nature, involving the quiescent stage of FD in an elderly patient. Our evaluation is that this case ceased to grow in early adulthood, when skeletal maturity had been reached. This diagnosis was supported by sequential radiographic images and scintigraphy. A literature review on the disease activity of

FD suggests that reactivation of FD could be possible due to many factors, but most cases remain in the quiescent stage, and malignant transformation is very rare in monostotic FD.

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