

Elimination of Negative Feedback Control Mechanisms Along the Insulin Signaling Pathway Improves β -Cell Function Under Stress

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OBJECTIVE—Cellular stress and proinflammatory cytokines induce phosphorylation of insulin receptor substrate (IRS) proteins at Ser sites that inhibit insulin and IGF-1 signaling. Here, we examined the role of Ser phosphorylation of IRS-2 in mediating the inhibitory effects of proinflammatory cytokines and cellular stress on β -cell function.

RESEARCH DESIGN AND METHODS—Five potential inhibitory Ser sites located proximally to the P-Tyr binding domain of IRS-2 were mutated to Ala. These IRS-2 mutants, denoted IRS-2^{5A}, and their wild-type controls (IRS-2^{WT}) were introduced into adenoviral constructs that were infected into Min6 cells or into cultured murine islets.

RESULTS—When expressed in cultured mouse islets, IRS-2^{5A} was better than IRS-2^{WT} in protecting β -cells from apoptosis induced by a combination of IL-1 β , IFN- γ , TNF- α , and Fas ligand. Cytokine-treated islets expressing IRS2^{5A} secreted significantly more insulin in response to glucose than did islets expressing IRS-2^{WT}. This could be attributed to the higher transcription of *Pdx1* in cytokine-treated islets that expressed IRS-2^{5A}. Accordingly, transplantation of 200 islets expressing IRS2^{5A} into STZ-induced diabetic mice restored their ability to respond to a glucose load similar to naïve mice. In contrast, mice transplanted with islets expressing IRS2^{WT} maintained sustained hyperglycemia 3 days after transplantation.

CONCLUSIONS—Elimination of a physiological negative feedback control mechanism along the insulin-signaling pathway that involves Ser/Thr phosphorylation of IRS-2 affords protection against the adverse effects of proinflammatory cytokines and improves β -cell function under stress. Genetic approaches that promote IRS2^{5A} expression in pancreatic β -cells, therefore, could be considered a rational treatment against β -cell failure after islet transplantation. *Diabetes* 59:2188–2197, 2010

Islet transplantation is the only treatment of type-1 diabetes that achieves insulin-independence (1). Still, islet allografts lose function over time with an increasing proportion of subjects returning to insulin dependence after each year of transplantation (1). This outcome is mainly attributed to inflammatory reactions

capable of inflicting severe β -cell damage and impaired β -cell function through the release of cytokines and free radicals (2). IGF-1, a mediator of cell growth and differentiation (3), has been implicated in the regulation of β -cell function (4–6). It stimulates angiogenesis and promotes re-epithelialization of transplants (7), prevents cytokine-mediated β -cell death (8), and increases insulin secretion (9). Conversely, β -cell-specific deletion of the IGF-1 receptors leads to hyperinsulinemia, glucose intolerance (10), and defective insulin secretion (11). These activities can be attributed to the antiapoptotic functions of IGF-1 (3,12).

IGF-1 action is mediated by the IGF-1 receptor (IGF-1R) and its homologue, the insulin receptor (IR), that function as receptor Tyr-kinases. Key substrates for these receptors are the insulin receptor substrate (IRS) proteins, IRS-1 and IRS-2, which integrate many of the pleiotropic effects of insulin and IGF-1 on cellular functions. IRS proteins, mainly IRS-2, play a critical role in β -cells (13). Decreased IRS-2 expression causes β -cell apoptosis (13,14), and mice lacking IRS-2 develop diabetes 8–10 weeks after birth due to reduced β -cell mass and impaired β -cell function (13). Conversely, increased IRS-2 expression promotes β -cell survival (15) and prevents diabetes in *Irs2*^{-/-} mice (16).

Both IRS-1 and -2 have a pleckstrin homology domain flanked by a P-Tyr binding (PTB) domain that mediates the interactions of IRS proteins with the juxtamembrane domains of insulin receptor and IGF-1R (17,18). IRS proteins undergo phosphorylation on multiple Tyr residues at their COOH-terminal region, which serves as a docking site for SH2-containing proteins that further propagate the insulin and IGF-1 signals (19).

IRS proteins contain >70 potential Ser/Thr phosphorylation sites for kinases such as PKA, PKC, Akt, S6K, JNK, IKK β , MAPK, and AMPK {reviewed in refs (20,21)}. Insulin-induced Ser/Thr phosphorylation of IRS proteins dissociates them from the IR, prevents their Tyr phosphorylation, and inhibits their interactions with downstream effectors (22). This serves as part of a physiological negative feedback control mechanism, used by insulin and IGF-1 to turn off their own signaling cascades. However, proinflammatory cytokines and other inducers of insulin/IGF-1 resistance take advantage of this mechanism. By activating a number of IRS kinases, they uncouple the IRS proteins from insulin receptor or IGF-1R and inhibit their biological activities (23). Accordingly, mutation of selected inhibitory Ser sites of IRS-1, located in close proximity to its PTB domain, renders this mutant less prone to the action of IRS kinases. As a result, the mutated IRS-1 can better propagate insulin and IGF-1 actions (24,25).

In the present study, we sought to determine whether an IRS-2 protein, mutated at five potential inhibitory Ser sites

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(IRS-2^{5A}), improves β -cell survival and function. Our results indicate that IRS-2^{5A} confers upon β -cells protection from the adverse effects of proinflammatory cytokines and other stress responses both in culture and in vivo. Thus, elimination of negative feedback control mechanisms along the insulin/IGF-1 signaling pathway improves β -cell function under stress. This suggests that IRS-2^{5A} expression could be a new modality for treatment of β -cells before transplantation.

RESEARCH DESIGN AND METHODS

Supplementary material is also available in the online appendix at <http://diabetes.diabetesjournals.org/cgi/content/full/db09-0890/DC1>.

Mice. Male C57BL/6J (age 9–10 weeks) mice were housed under standard light/dark conditions and were given access to food and water ad libitum. Experiments were approved by the Animal Care and Use Committee of the Weizmann Institute of Science.

Cell culture. Chinese hamster ovary (CHO) cells that overexpress the insulin receptor (CHO-T cells) were grown in F-12 medium. Min6 insulin-secreting cells (26) were cultured in Dulbecco's modified Eagle's medium (DMEM) supplemented with 2 mmol/l glutamine. Both cell lines were supplemented with 10% FBS, 100 units/ml penicillin, and 100 μ g/ml streptomycin.

Cytokines. Cytokine mixture (1X Cytomix) consisted of 3 nmol/l TNF- α , 3 nmol/l INF- γ , 1.5 nmol/l IL-1 β , and FasL (1.25% v/v). Their biological activities were 10 units/ng (TNF- α , INF- γ) and 200 units/ng (IL-1 β).

Isolation of murine islets. Murine islets were isolated as described (27). In brief, digested pancreata were filtered through 1,000- μ m and 500- μ m sieves, and islets >75 and <250 μ m were handpicked under a stereoscope. Islets were cultured in suspension in RPMI 1,640 medium, 5 mmol/l glucose, 10% fetal calf serum (FCS), 50 units/ml penicillin, 50 μ g/ml streptomycin, and 40 μ g/ml Gentamicin. For Western blot analysis, islets (50–60 islets per treatment) were cultured in 35 mm Extracellular Matrix Protein (ECM) coated plates (Novamed, Jerusalem).

Construction of Myc-tagged IRS-2^{WT} and IRS-2^{5A} and transfection of CHO-T cells. Myc-IRS-2^{WT} and Myc-IRS-2^{5A} were generated as we described (24). Site-directed mutagenesis of S303, 343, 362, 381, and S480 of IRS-2 into Ala was performed using a Quick-Change site-directed mutagenesis kit (Stratagene) according to manufacturer's instructions. To generate stable clones, CHO-T cells were transfected with the above constructs, together with pBabe-Puro, encoding puromycin resistance. After 24 h, the transfected cells were subjected to selection with 10 μ g/ml puromycin.

Generation of adenoviruses. Adenoviral constructs were generated as we described (24) according to the protocol provided by AdEasy vector system (Quantum). Briefly, cDNA encoding Myc-IRS-2 (WT or 5A) was ligated into the shuttle plasmid pAdTrack-CMV, which contains a green fluorescent protein (GFP) cassette driven by an independent promoter that serves as a tracing marker. The recombinant pAdTrack-CMV was cotransformed with pAdEasy-1 containing the adenovirus genome, into *Escherichia coli* strain BJ5183, where homologous recombination took place. Positive colonies were identified by restriction analysis. The recombinant pAdEasy-1-CMV-IRS-2 plasmids (WT or 5A) were transfected into HEK293 cells and viruses were amplified. Viruses were stored at -80°C at a viral titer of $\sim 10^{10}$ PFU/ml.

Infection with adenoviral constructs. Murine islets were infected 24 h after isolation with adenoviral constructs (MOI 600) for the indicated times. Min6 cells were infected at MOI of 200 for 1.5 h in serum-free medium. Treatments were applied up to 72 h after infection.

Western blot analysis. CHO-T cells or murine islets were washed and harvested in buffer A (25 mmol/l Tris-HCl [pH 7.4], 10 mmol/l sodium orthovanadate, 10 mmol/l sodium pyrophosphate, 100 mmol/l sodium fluoride, 10 mmol/l EDTA, 10 mmol/l EGTA, and 1 mmol/l phenylmethylsulfonyl fluoride). Supernatants (12,000 g) of cell extracts (50–150 μ g CHO-T cells; 15–30 μ g murine islets) were resolved by SDS-PAGE and Western blotted with the indicated antibodies.

Islets immunohistochemistry. Approximately 100 islets embedded in 1% agarose gel were fixed for 16 h in 4% paraformaldehyde and were then transferred to PBS until being embedded in paraffin. Graft-bearing kidneys were formalin-fixed, and serial sections (5 μ m each) were immunostained with the indicated antibodies as described (28).

Caspase activity. Apoptosis of Min6 cells (25,000 cells per well) and mouse islets (10 islets per well) was determined by Caspase-3/7 activity kit (Enzolyte-Caspase-3-RH110, AnaSpec Ltd.) according to the manufacturer instructions using fluorescent microplate reader Ex/Em = 496 nm/520 nm.

Glucose-stimulated insulin secretion. Islets were isolated and infected with adenoviral constructs as indicated. Groups of five islets were incubated

for 1 h in Krebs-Ringer bicarbonate HEPES buffer (KRBH) at 37°C with 2.5 mmol/l glucose followed by incubation for 1 h in KRBH with 2.5 mmol/l or 20 mmol/l glucose. Insulin concentration in the culture mediums was determined using Mercodia mouse insulin ELISA kit.

Islet transplantation. Mice were made diabetic by an intraperitoneal injection of streptozotocin (STZ; 175 mg/kg) and were transplanted 5 days later when their fasting blood glucose levels were >400 mg/dl. Islets used for transplantation were isolated from naive mice. Islets either remained uninfected or were infected with adenoviral constructs expressing IRS2^{WT} or IRS2^{5A} (and GFP). Twenty-four h thereafter, 200 islets were washed, mounted on a 0.2-ml tip, and released into the renal subcapsular space of the kidneys of recipient mice through a puncture in the capsule, which was immediately sealed with 1-mm³ absorbable gelatin sponge (Surgifoam, Ethicon; Somerville, NJ).

Glucose tolerance test. Mice were fasted overnight with water access ad libitum. Mice were then injected intraperitoneally with glucose (1 mg/g body wt). Glucose levels were monitored using MediSense Optium Blood Glucose test strips (Abbott Laboratories, IL) on blood drawn at timed intervals from a tail vein.

Quantitative real-time PCR. Islet RNA was extracted using the PerfectPure RNA kit (5Prime, MD), and first-strand cDNA was generated by cDNA Reverse Transcription kit (Applied Biosystems, CA). Quantitative detection of specific mRNA transcripts was carried out by real-time PCR using ABI-PRISM 7900HT instrument (Applied Biosystems, CA). Data were normalized for the content of actin mRNA.

Statistical analysis. Data are presented as mean \pm SEM. Data were analyzed by Student *t* test within a three-way ANOVA [factors were cytokine, treatment, and date of experiment (random factor)] at a minimum *P* < 0.05 threshold.

RESULTS

Generation of IRS-2^{5A}. Mutations to Ala of inhibitory Ser sites of IRS-1 that conform to consensus PKC phosphorylation sites **RXXS/T Ψ** (Ψ , mostly hydrophobic), located proximal to the PTB domain of IRS-1, improve insulin signaling in rat hepatoma Fao cells (24,25). To study whether similar mutations improve the function of IRS-2, five potential inhibitory serines (S303, S343, S362, S381, and S480) were mutated to Ala. To determine whether these sites are subjected to phosphorylation, tandem mass spectrometric analysis (MS/MS) was carried out. We found that S303 and S343 are subjected to phosphorylation in response to insulin treatment of Min6 β -cell line (not shown). Phosphorylation of the other three sites (S362, S381, S480) could not be determined due to low yields of peptides containing these residues.

Tyr phosphorylation of IRS-2^{5A} and activation of its downstream effectors. The effects of mutation of inhibitory Ser sites on IRS-2 function were initially studied in CHO cells that coexpress the insulin receptor and either IRS-2^{WT} or IRS-2^{5A}. Both IRS-2^{WT} and IRS-2^{5A} underwent rapid insulin-induced Tyr-phosphorylation (Fig. 1A, B), indicating that the 5A mutations did not affect the conformation of IRS-2^{5A}, leaving it as equipotent substrate to the insulin receptor. Still, IRS-2^{5A} better maintained its Tyr phosphorylated active conformation after 60 min of insulin treatment, compared with IRS-2^{WT}. These results suggest that mutation of potential inhibitory Ser sites protects IRS-2^{5A} from the action of insulin-stimulated IRS-2 Ser/Thr-kinases that otherwise induce the dissociation of IRS-2 from insulin receptor (22). Indeed, IRS-2^{5A} maintained stronger coupling with the insulin receptor, as evidenced by the higher amounts of insulin receptor associated with IRS-2^{5A} immunoprecipitates, compared with IRS-2^{WT} (Fig. 1B).

The phosphorylation of downstream effectors of IRS-2 was studied as well. We found that, in response to insulin, p85 α , the regulatory subunit of PI3K, better couples to IRS-2^{5A} compared with IRS-2^{WT} (Fig. 1B).

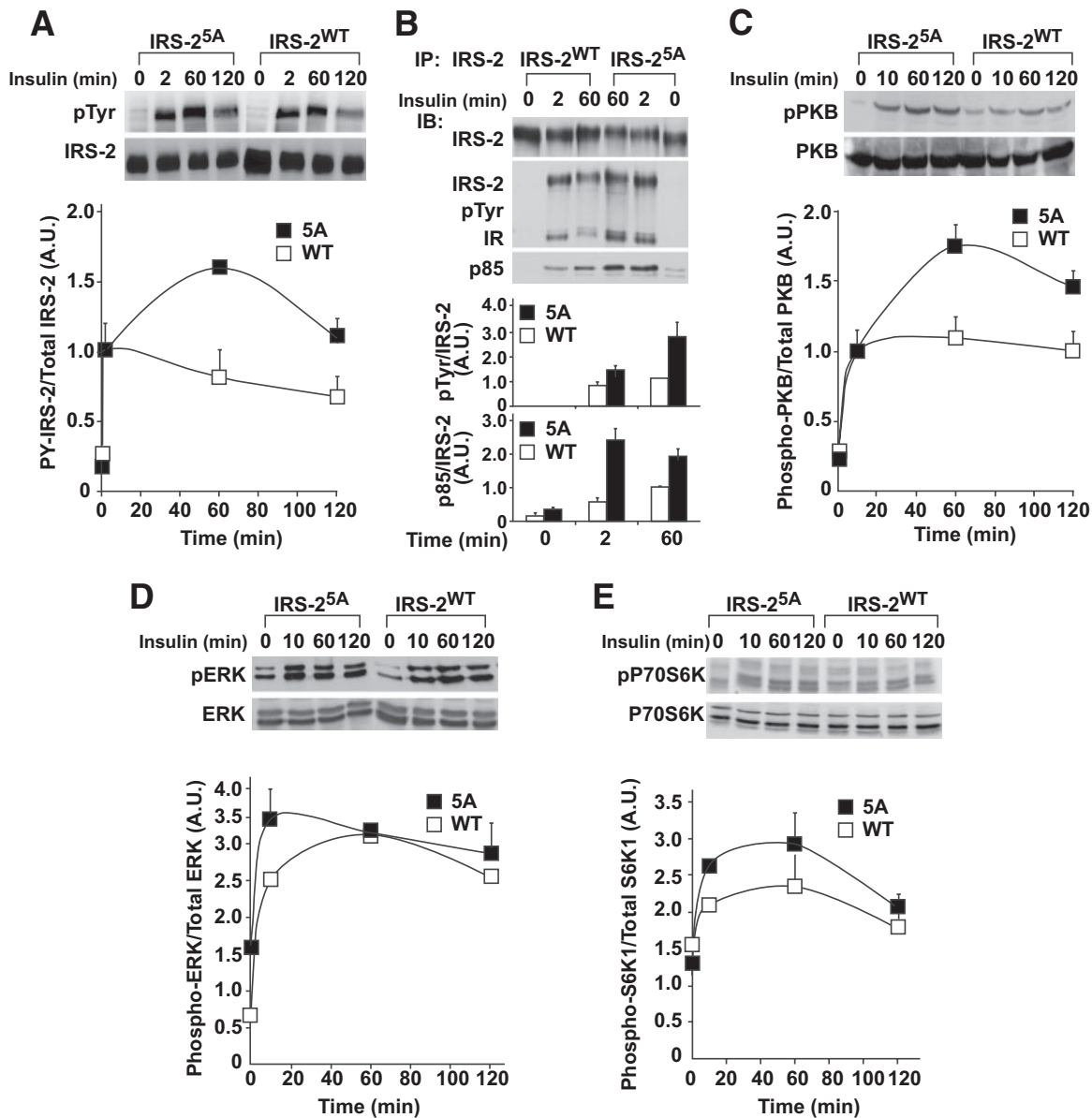


FIG. 1. IRS-2^{5A} is better protected than IRS-2^{WT} from a reduction in its P-Tyr content and can better activate its downstream effectors after insulin treatment. CHO-T cells overexpressing IRS-2^{WT} or IRS-2^{5A} by a stable transfection were deprived of serum for 16 h. The cells were then incubated with 1 nmol/l insulin for the indicated times at 37°C. Total cell extracts (100 μ g) (A), or protein samples (500 μ g) subjected to immunoprecipitation (IP) with IRS-2 antibodies (B), were resolved by SDS-PAGE and were immunoblotted (IB) with anti-pTyr or anti-IRS-2 antibodies (A) or with anti pTyr anti-IRS-2 or anti-p85 α antibodies (B). Similarly, total cell extracts (100 μ g) were immunoblotted with antibodies to phosphorylated- and total extracellular signal-related kinase (C); phosphorylated- and total PKB (D); and phosphorylated- and total p70S6K (S6K1) (E). Band densities were quantified by densitometry. Results normalized to protein content represent mean \pm SEM of three independent experiments. Western blots of one representative experiment are displayed.

Accordingly, protein kinase B (PKB) was activated to a greater extent (Fig. 1C), while ERK1/2 and S6K1 were also better activated, though to a lesser extent (Fig. 1D,E).

Infection of murine islets with adenoviral constructs expressing Myc-IRS-2^{WT} or Myc-IRS-2^{5A}. Next, Min6 cells and murine islets were infected with adenoviral constructs expressing Myc-IRS-2^{WT} or Myc-IRS-2^{5A}. Expression of the IRS-2 proteins in Min6 cells results in ~1.5–2.0-fold increase in the protein level compared with the endogenous IRS-2 protein (Fig. 2A). Maximal expression of the IRS-2 proteins occurred 48 h after infection (Fig. 2B and D); therefore, this time period was selected for all subsequent experiments. Calibration experiments were carried out throughout this study to ensure that

IRS-2^{5A} and IRS-2^{WT} are expressed to a similar level in Min6 cells or isolated islets (Figs. 2C–E).

To assess the yield of infected β -cells, we took advantage of the fact that the adenoviral constructs also express GFP driven by an independent promoter. As shown in Fig. 2F, a significant fraction of β -cells, mainly those localized to the periphery of the islets, were stained for GFP. Approximately 80% of the total cells within representative islets sections were insulin-containing β -cells (Fig. 2G). Of these, ~50% were adenovirus-infected cells (GFP positive). The relatively high infection yield enabled us to detect the effects of the IRS-2 proteins at the level of whole islets. Still, the effects of both IRS-2^{WT} and IRS-2^{5A} were underestimated because not all β -cells incorporated these constructs.

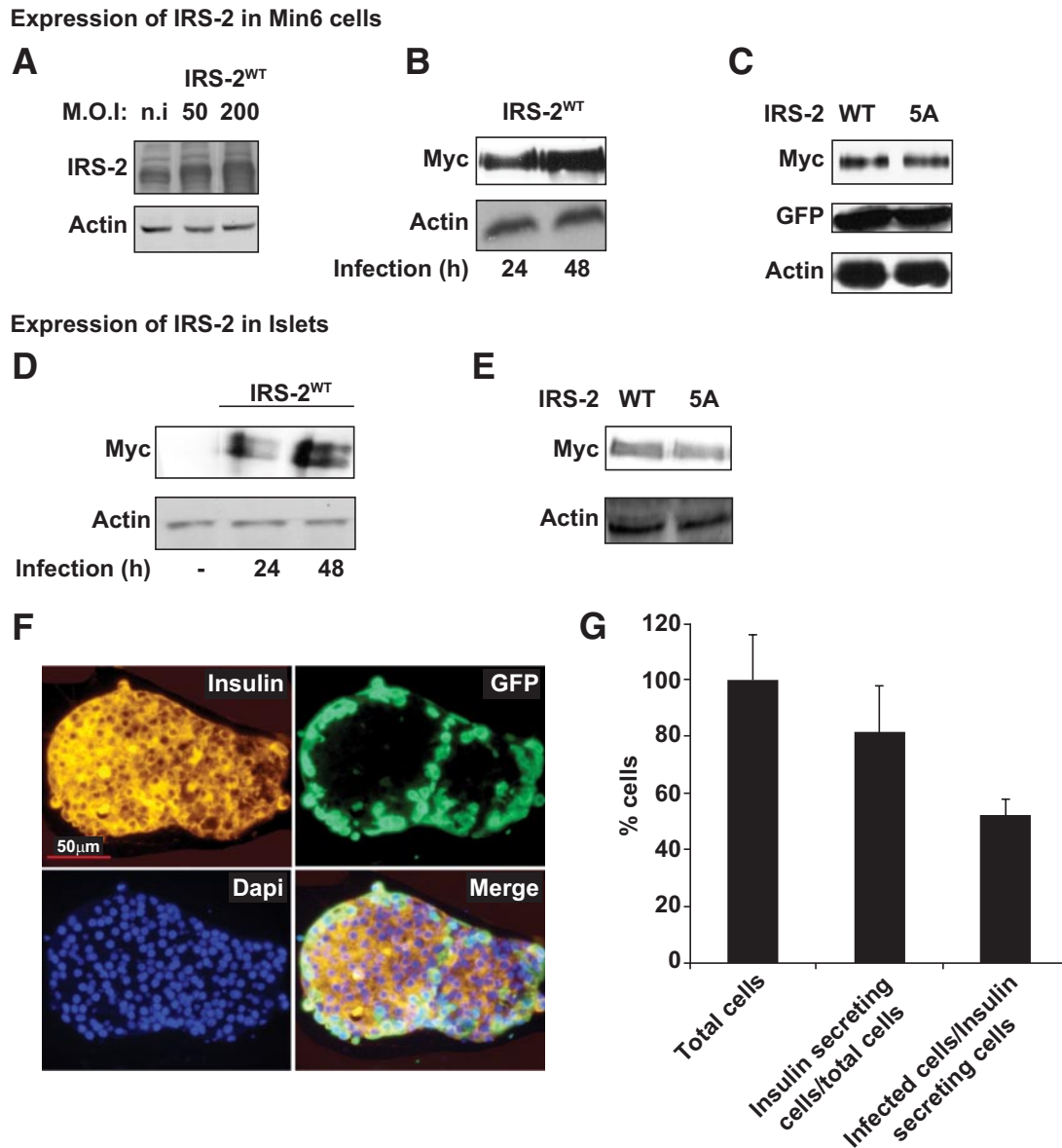


FIG. 2. Infection of Min6 cells and pancreatic islets with adenoviral constructs coexpressing GFP and Myc-IRS-2. **A:** Min-6 cells were infected with Adv-IRS-2^{WT} at MOI of 50 or 200 or were left uninfected. Forty-eight h after infection, cell extracts (40 μ g) were resolved by SDS-PAGE and were immunoblotted with anti-IRS-2 antibodies. Min6 cells (**B** and **C**), or murine islets (40 islets/group) (**D** and **E**), were infected with adenoviral constructs expressing Myc-IRS-2^{WT} or Myc-IRS-2^{5A} at MOI of 200 or 600, respectively. At the indicated times after infection, Min6 cells and isolated islets were collected; samples (15–30 μ g) were resolved by means of 7.5% SDS-PAGE and were subjected to Western immunoblotting using anti-Myc, anti-GFP, or anti-actin antibodies (**B–E**). For immunostaining (**F**), islets were infected with adenoviral constructs expressing GFP and Myc-IRS-2^{WT} driven by two independent promoters. Forty-eight h after infection, the islets were collected and fixed and serial sections (5 μ m each) were immunostained for insulin using guinea-pig anti-insulin as a first antibody and Rhodamine-conjugated Rabbit-anti-guinea-pig as a secondary antibody. The yield of infection of β -cells was assessed by their GFP fluorescence. Nuclear staining with diaminophenyl indol served to calculate the total number of cells in each islet. Quantization of the percent of infected islets (mean \pm SD) represents counting of ten islets (**G**). The Western blots shown in **A–E** are representatives of three similar experiments. (A high-quality color representation of this figure is available in the online issue.)

Effects of IRS-2^{5A} on cytokine-induced apoptosis. To study the ability of IRS-2^{5A} to confer resistance from apoptosis induced by proinflammatory cytokines (29,30), Min6 cells were incubated for 24 h with a “Cytomix (1X)” composed of 3 nmol/l TNF α , 3 nmol/l INF- γ , 1.5 nmol/l IL-1 β , and FasL (1.25% v/v). This treatment induced activation of Caspase-3 (Fig. 3A). Introduction of either IRS-2^{WT} or IRS-2^{5A} into Min6 cells reduced apoptosis to a similar extent (~30–40%). However, when the experiments were carried out in cultured murine islets, the differences between IRS-2^{WT} and IRS-2^{5A} became apparent (Fig. 3B). Whereas IRS-2^{WT} failed to exert any protective

effects, IRS-2^{5A} reduced ~40% cytokine-induced apoptosis, compared with islets infected with an empty vector control. Somewhat lower protection (25%) was obtained in islets treated with cytokines without FasL (Fig. 3C). Total Caspase activity in cytokine-treated noninfected (control) islets was ~2-fold higher in the presence of FasL (Fig. 3B versus 3C). This indicates that FasL is an important constituent in the induction of apoptosis. Also, cytokine-induced FasL secretion cannot be ruled out. Of note, infection per se of murine islets with adenoviral constructs might impede islet function to a certain extent (31). Therefore, Caspase-3 activity is higher in islets infected

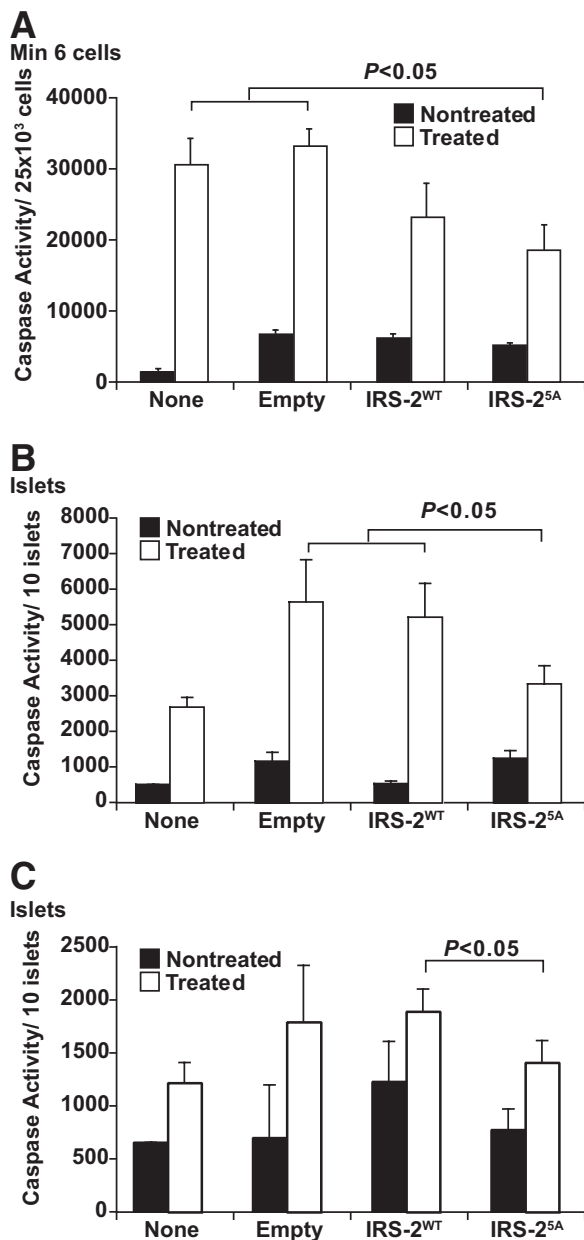


FIG. 3. Overexpression of IRS-2^{5A} protects Min6 cells and cultured murine islets from cytokine-induced apoptosis. **A:** Min6 cells, seeded in 96-well plates, were infected with Adv-IRS-2^{WT}, Adv-IRS-2^{5A}, or Adv-GFP at MOI of 200, or were left untreated. The cells were then stimulated with “1X Cytomix” for 16 h at 37°C. Apoptosis was assayed using Caspase-3 activity. Results are mean \pm SEM of five independent experiments. **B:** Groups of 40 islets were left untreated or were infected with Adv-IRS-2^{WT}, Adv-IRS-2^{5A}, Adv-GFP at MOI of 600, for 48 h. Thirty-two h after infection, “10X Cytomix” was added to the islets for 16 h. Islets were then divided into groups of 10 per group, and cell death was assayed using Caspase-3 activity. Results are mean \pm SEM of four independent experiments. **C:** Groups of 40 islets were left untreated or were infected with Adv-IRS-2^{WT}, Adv-IRS-2^{5A}, or Adv-GFP at MOI of 600, for 48 h. Thirty-two h after infection, “10X Cytomix” without FasL was added to the islets for 16 h. Islets were then divided into groups of 10 per group, and cell death was assayed using Caspase-3 activity. Results are mean \pm SEM of at least four experiments. $P < 0.05$ compared with cells/islets overexpressing IRS-2^{5A}.

with an empty virus, compared with noninfected cells (Figs. 3B and C). Still, in the absence of cytokines, islets infected with IRS-2^{5A} do not differ significantly from islets infected with an empty vector. Hence, IRS-2^{5A} does not provide protection from the adverse effects of infection.

Effects of IRS-2^{5A} on insulin secretion. The effects of IRS-2^{WT} versus IRS-2^{5A} on glucose-stimulated insulin secretion (GSIS) in isolated islets were evaluated next. Consistent with previous findings (32), overexpression of IRS-2^{WT} increased GSIS 1.5-fold in cultured islets, when compared with islets infected with an empty virus (Fig. 4). The effects of IRS-2^{5A} were \sim 2.8-fold greater than those of IRS-2^{WT}. The stronger effects of IRS-2^{5A} were restricted to GSIS, as IRS-2^{5A} was equipotent to IRS-2^{WT} in elevating by \sim 50% the glucose-independent insulin secretion, induced by a combination of L-arginine and KCl (Fig. 5). The decrease in GSIS in islets infected with empty adenoviral constructs (compared with noninfected cells) could be attributed to the adverse effects of infection per se on islet function (31).

As previously shown (33) and confirmed in Fig. 4, incubation of murine islets with a combination of cytokines inhibited (\sim 55%) islets function assessed by GSIS (None). Expression of IRS-2^{5A} in cytokine-treated islets improved GSIS \sim 4-fold, (compared with empty vector, Fig. 4), while introduction of IRS-2^{WT} improved GSIS only 2.6-fold. In fact, GSIS in cytokine-treated islets expressing IRS-2^{5A} was 1.6-fold higher than GSIS in naïve islets. The effects of IRS-2^{5A} could not be attributed to alterations in cellular insulin content (not shown). These results support our hypothesis that IRS-2^{5A} is less prone to Ser phosphorylation by cytokine-activated IRS kinases than is IRS-2^{WT} and, as a result, can better protect pancreatic islets from their adverse effects.

Effects of IRS-2^{5A} on Pdx1 gene transcription. IRS proteins are upstream activators of Akt that promote activation of Pdx1, a transcription factor that mediates GSIS (34,35). Therefore, we examined whether IRS-2^{5A} stimulates GSIS better than IRS-2^{WT} because of its effects on Pdx1. As shown in Fig. 6A, expression of IRS-2^{WT} or IRS-2^{5A} in naïve islets increased Pdx1 expression 2- and 3.8-fold, respectively. These effects were specific as the IRS proteins did not affect actin gene transcription (not shown). Preincubation of murine islets with cytokines inhibited Pdx1 (but not actin) transcription in a time-dependent manner, reaching 80% inhibition by 24 h (Fig. 6B). Still, IRS-2^{5A}, but not IRS-2^{WT}, maintained its potency to promote \sim 2-fold Pdx1 transcription even in cytokine-treated islets (Fig. 6C). These results suggest that IRS-2^{5A} could mediate its beneficial effects through promoting the expression of Pdx1.

Effects of IRS-2^{5A} on transplanted pancreatic islets. To determine whether ex vivo introduction of IRS-2^{5A} into pancreatic islets prior to their transplantation improves the functionality of the transplanted β -cells, C57BL/6J mice were rendered diabetic by a single high-dose injection of STZ. Mice were transplanted five days later when their fasting blood glucose levels exceeded 400 mg/dl. Islets used for transplantation were isolated from healthy syngeneic mice and were infected with adenoviruses harboring either IRS2^{WT}, IRS2^{5A}, or empty GFP control. As shown in Fig. 7A, the transplanted islets remained as a packed mass under the kidney capsule for 20 days after transplantation. Most transplanted cells retained their insulin content (Fig. 7A, middle) and expressed the adenoviral constructs, revealed by their GFP staining (Fig. 7A, left). As expected, the grafted islets exhibited an overlap between GFP expression and insulin-positive cells (Fig. 7A, right).

Fasting blood glucose levels. The effects of islet transplantation were assessed by measuring the fasting blood

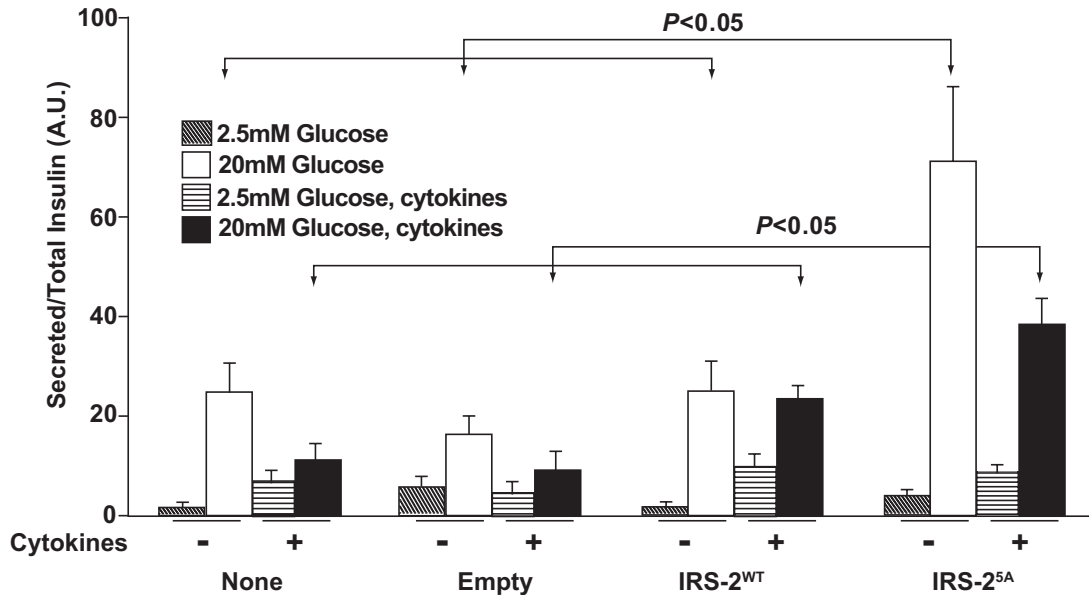


FIG. 4. Effects of IRS-2^{WT} and IRS-2^{5A} on insulin secretion from murine islets. Isolated murine islets remained uninfected (*None*) or were infected with adenoviral constructs expressing Myc-IRS-2^{WT}, Myc-IRS-2^{5A}, or GFP only (empty virus, control) at MOI of 600. Forty-eight h after infections, islets (10 per group) were treated for 18 h in the absence or presence of “0.2X Cytomix.” At the end of incubation, GSIS was performed as described under RESEARCH DESIGN AND METHODS. Data represent secreted insulin per total insulin in each sample. Data are means \pm SEM of at least three experiments carried out in triplicate. $P < 0.05$ compared with islets overexpressing IRS-2^{5A}.

glucose levels of the recipient diabetic mice. Blood glucose levels of healthy naïve mice were lower than 120 mg/dl (Fig. 7B), while those of the diabetic mice exceeded 400 mg/dl. Diabetic mice transplanted with a subtherapeutic mass of 200 islets expressing an empty/control adenoviral construct exhibited high fasting blood glucose levels, three days after transplantation, while mice transplanted with 200 islets expressing either IRS-2^{WT} or IRS-2^{5A} showed normal fasting blood glucose levels. These results suggest that islets overexpressing either IRS-2^{WT} or IRS-2^{5A} are equipotent in restoring fasting normoglycemia in STZ-treated diabetic mice.

Glucose tolerance tests. The ability of the transplanted islets to restore normoglycemia in diabetic mice after glucose injection was next evaluated. As shown in Fig. 7C, STZ-treated diabetic mice, transplanted with suboptimal doses of naïve islets or islets infected with GFP-control

vector, exhibited a diabetic pattern of glucose tolerance (>400 mg/dl). Mice transplanted with islets infected with IRS-2^{WT} remained significantly hyperglycemic (~350 mg/dl) even 90 min after glucose injection. In contrast, mice transplanted with islets infected with IRS-2^{5A} exhibited near-normal glucose clearance rate, with blood glucose levels reaching normal level at 90 min. To evaluate the beneficial effects of IRS-2^{5A} on a longer time scale, STZ-induced diabetic mice were transplanted with a higher number (300) of islets expressing the different IRS-2 constructs, or an empty control virus. As shown in Fig. 8, islets expressing IRS-2^{5A} performed much better during the first 2–4 days posttransplantation as measured by postprandial blood glucose levels than islets expressing IRS-2^{WT} or an empty virus (control). By 8–90 days, all transplanted islets were equipotent in restoring postprandial normoglycemia. Hence, the beneficial effects of IRS-2^{5A} were most pronounced at the time when the transplanted islets faced the least vasculature. These results suggest that IRS-2 plays an important role in insulin secretion and islet function at the early stages immediately after transplantation.

DISCUSSION

In the present study, we provide evidence that elimination of negative feedback-control mechanisms along the insulin signaling pathway improves β -cells function under stress. Such elimination is based upon introduction into β -cells of IRS-2 proteins harboring mutations at five potential inhibitory Ser sites, the phosphorylation of which negatively regulates IRS protein function. The mutated IRS-2 proteins (IRS-2^{5A}) are less prone than native IRS-2 proteins to phosphorylation by IRS kinases activated by proinflammatory cytokines and other stress-inducers and can, therefore, better couple with their upstream activators (the insulin and IGF-1 receptors) and their downstream effectors. As a result, β -cells expressing IRS-2^{5A} can resist more efficiently the action of proinflammatory cytokines. This is

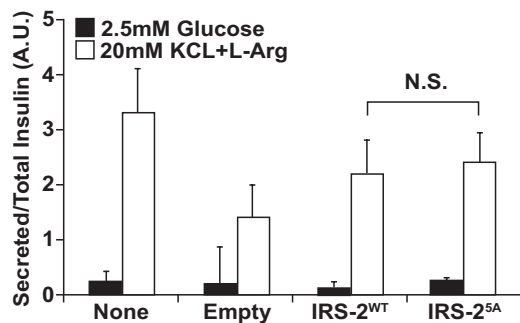


FIG. 5. Effects of IRS-2^{WT} and IRS-2^{5A} on KCl-arginine induced insulin secretion from murine islets. Isolated murine islets remained uninfected (*None*) or were infected with adenoviral constructs expressing Myc-IRS-2^{WT}, Myc-IRS-2^{5A}, or GFP only (empty virus, control) at MOI of 600. Forty-eight h after infections, the islets were divided into samples containing 10 islets per group, and insulin secretion was determined in the presence of 2.5 mmol/l glucose or a mixture containing 2.5 mmol/l glucose, 20 mmol/l L-arginine, and 20 mmol/l KCl. Data shown are means \pm SEM of two experiments, each done in triplicate. Data represent secreted insulin per total insulin in each sample. $P < 0.05$ compared with islets overexpressing IRS-2^{5A}.

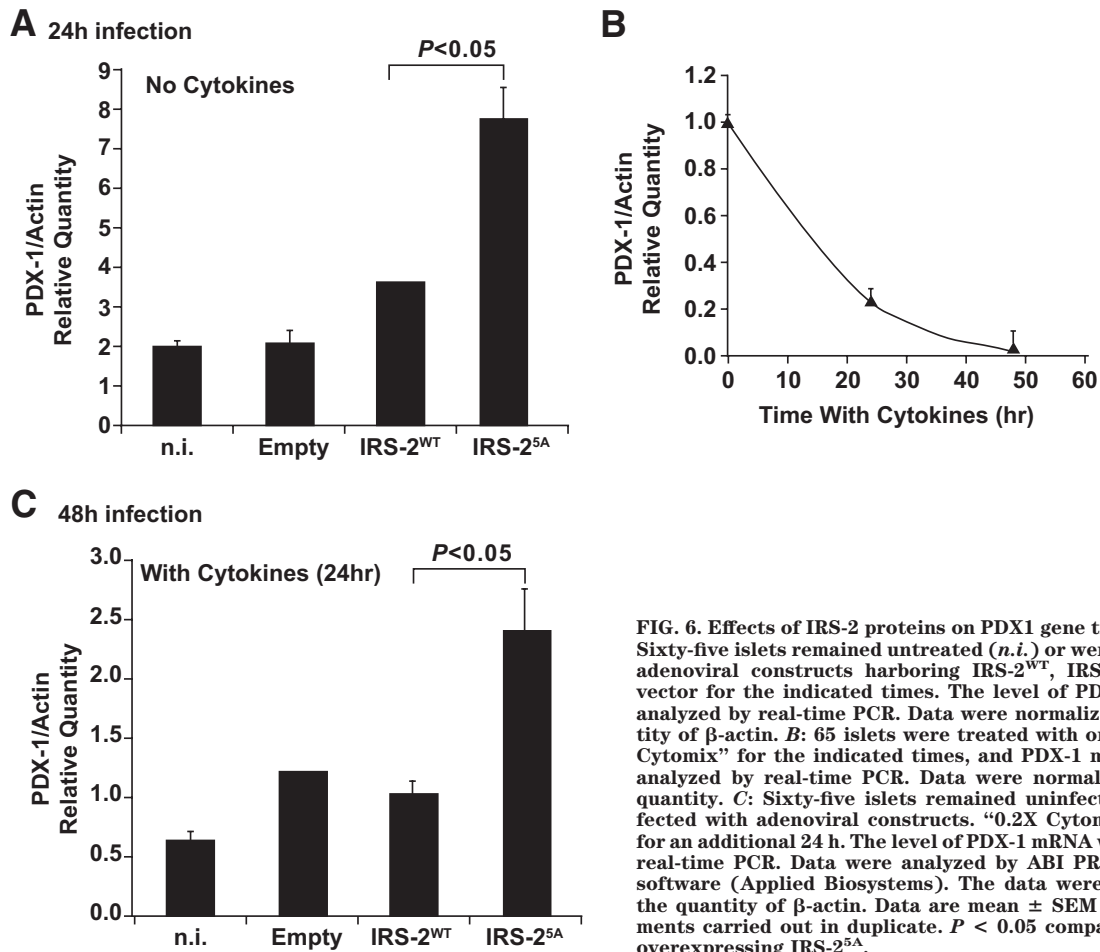


FIG. 6. Effects of IRS-2 proteins on PDX1 gene transcription. **A:** Sixty-five islets remained untreated (*n.i.*) or were infected with adenoviral constructs harboring IRS-2^{WT}, IRS-2^{5A}, or empty vector for the indicated times. The level of PDX-1 mRNA was analyzed by real-time PCR. Data were normalized to the quantity of β -actin. **B:** 65 islets were treated with or without “0.2X Cytomix” for the indicated times, and PDX-1 mRNA level was analyzed by real-time PCR. Data were normalized to β -actin quantity. **C:** Sixty-five islets remained uninfected or were infected with adenoviral constructs. “0.2X Cytomix” was added for an additional 24 h. The level of PDX-1 mRNA was analyzed by real-time PCR. Data were analyzed by ABI PRISM SDS 7,000 software (Applied Biosystems). The data were normalized to the quantity of β -actin. Data are mean \pm SEM of four experiments carried out in duplicate. $P < 0.05$ compared with islets overexpressing IRS-2^{5A}.

evident in cultured islets that express IRS-2^{5A}, which secrete more insulin even when challenged with pro-inflammatory cytokines. Moreover, glucose disposal was better in diabetic mice transplanted with islets expressing IRS-2^{5A} compared with islets expressing IRS-2^{WT} or empty vector.

Several lines of evidence support the above conclusions. First, we showed that at least two of the five Ser sites, S303 and S343, are subjected to *in vivo* phosphorylation in response to insulin in Min6 cells. Second, when expressed in CHO-T cells, IRS-2^{5A} better maintains its Tyr-phosphorylated active conformation compared with IRS-2^{WT}. This can be attributed to the ability of IRS-2^{5A} to efficiently couple with the insulin and IGF-1 receptors, which otherwise dissociate from the IRS proteins once they are subjected to Ser phosphorylation by IRS kinases activated after prolonged insulin treatment (23). As a consequence, IRS-2^{5A} activates to a greater extent its downstream targets PI3K, Akt, ERK, and S6K1. In this respect, IRS-2^{5A} resembles IRS-1^{7A}, an IRS-1 mutated at seven potential inhibitory Ser sites, which better couples to the insulin receptor and better propagates insulin signaling (24,25).

The superior ability of IRS-2^{5A} to prevent β -cell apoptosis, induced by a combination of cytokines, suggests that the Ser sites mutated in IRS-2^{5A} serve as targets for cytokine-activated IRS kinases. Indeed, IL-1 β , TNF α , and IFN γ promote activation of PKC δ (36), IKK (37), JNK (38), p38 MAPK, and ERK (39), which phosphorylate IRS proteins at “inhibitory” Ser sites (21,40). Cytokines are also

known inhibitors of glucose-stimulated insulin secretion (41). Indeed, IRS-2^{5A}, unlike IRS-2^{WT}, exerts a significant protection and could almost eliminate the inhibitory effects of cytokines on GSIS.

The capability of IRS-2^{5A} to promote GSIS better than IRS-2^{WT} could be attributed to its ability to promote transcription of *Pdx1*, a transcription factor which is activated once its repressor FOXO1 is inhibited through Akt phosphorylation and nuclear exclusion (42,43). PDX1 promotes the expression of *pro-insulin* (44), *Glut2* (45), and *glucokinase* (46), all contributing to increased insulin secretion. Indeed, we could show the greater potency of IRS-2^{5A} to increase transcription of *Pdx1* in naïve islets and in islets treated with cytokines that inhibit *Pdx1* gene transcription (34). This could be attributed to the ability of IRS-2^{5A} to couple more efficiently with p85 α and activate Akt/PKB. These findings are consistent with observations that disruption of *Pdx1* in murine β -cells reduces insulin secretion and causes progressive β -cell loss (34).

The effects of IRS-2^{5A} on GSIS are specific, because it does not fare much better than IRS-2^{WT} when insulin secretion is triggered independent of glucose stimulation (by membrane depolarization induced by a combination of KCl and arginine). These results suggest that IRS-2^{5A} promotes insulin secretion mainly through its effects on PDX1. Indeed, PDX1 does not regulate glucose-independent insulin secretion, and the magnitude of insulin response to arginine stimulation is unchanged in *Pdx1*^{+/-} mice (46). IRS-2^{5A} did not modify cytokine-

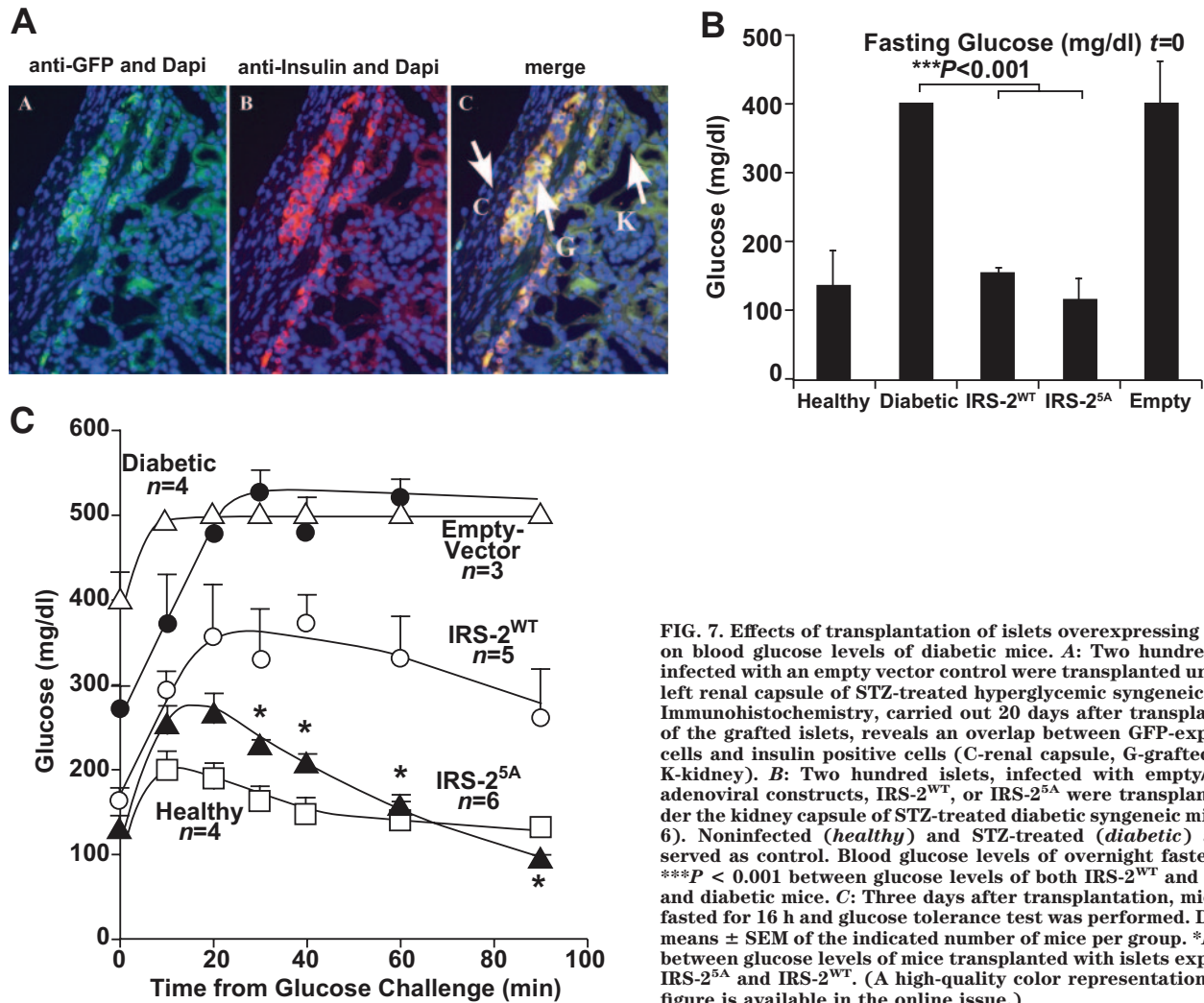


FIG. 7. Effects of transplantation of islets overexpressing IRS-2^{5A} on blood glucose levels of diabetic mice. **A:** Two hundred islets infected with an empty vector control were transplanted under the left renal capsule of STZ-treated hyperglycemic syngeneic mouse. Immunohistochemistry, carried out 20 days after transplantation of the grafted islets, reveals an overlap between GFP-expressing cells and insulin positive cells (C-renal capsule, G-grafted islets, K-kidney). **B:** Two hundred islets, infected with empty/control adenoviral constructs, IRS-2^{WT}, or IRS-2^{5A} were transplanted under the kidney capsule of STZ-treated diabetic syngeneic mice ($n = 6$). Noninfected (*healthy*) and STZ-treated (*diabetic*) animals served as control. Blood glucose levels of overnight fasted mice. *** $P < 0.001$ between glucose levels of both IRS-2^{WT} and IRS-2^{5A} and diabetic mice. **C:** Three days after transplantation, mice were fasted for 16 h and glucose tolerance test was performed. Data are means \pm SEM of the indicated number of mice per group. * $P < 0.05$ between glucose levels of mice transplanted with islets expressing IRS-2^{5A} and IRS-2^{WT}. (A high-quality color representation of this figure is available in the online issue.)

induced iNOS and Fas mRNA expression (not shown), suggesting that it presumably acts downstream of these death inducers.

The ability of IRS-2^{5A} to improve islet functionality better than IRS-2^{WT} was also demonstrated in vivo. Because overexpression of IRS-2^{WT} improves islets functionality (32), a suboptimal mass of 200 islets was transplanted to enable comparison of the effects of IRS-2^{5A} versus IRS-2^{WT}. Interestingly, even with these suboptimal doses, transplanted islets expressing either IRS-2^{WT} or IRS-2^{5A} were capable of maintaining normal fasting blood glucose levels, suggesting that both IRS-2 proteins improve islets functionality when the challenge to the islets is moderate. The differences between IRS-2^{WT} and IRS-2^{5A} became apparent only when the transplanted islets were faced with a greater challenge in the form of a glucose load. Under these conditions, only mice transplanted with islets expressing IRS-2^{5A} behaved like normal mice three days after transplantation, while mice transplanted with islets expressing IRS-2^{WT} behaved almost like diabetic animals. When diabetic mice were transplanted with a higher number of islets, the beneficial effects of IRS-2^{5A} on postprandial blood glucose levels were most pronounced during the first 2–4 days after transplantation, a critical time when the transplanted islets were poorly vascularized. These results suggest that IRS-2^{5A} can better confer upon trans-

planted islets protection from the stressful environment they are facing immediately after transplantation.

Factors that negatively influence islet survival after transplantation include prolonged hypoxia during the revascularization process (47). The hypoxic conditions trigger stress-activated kinases to reduce β -cell survival and functionality. Being partially resistant to the action of these kinases, IRS-2^{5A} provides the transplanted islets with two advantages: it increases their intrinsic ability to perform GSIS by promoting the activity of Pdx1 and it protects them from external insults mediated by stress-activated kinases.

Different strategies were attempted to increase islet survival after transplantation [Reviewed in refs (48,49)], so far with limited success. Therefore, IRS-2^{5A} expression in β -cells *ex vivo* could be considered as a new mode for promoting β -cell survival. This strategy might be even more effective in human islets, where the β -cells localize to the islet periphery and, therefore, are more prone to gene transfer by viral infection. The ability of IRS-2^{5A} to confer upon β -cells protection from immunosuppressive drugs that otherwise induce insulin resistance is another aspect of relevance in this context. Still, the potential caveats of insulin signaling pathway being hyperactivated in cells expressing IRS-2^{5A} need to be addressed because sustained hyperactivation of IRS-2 might contribute to uncontrolled cell growth (50). Consequently, further stud-

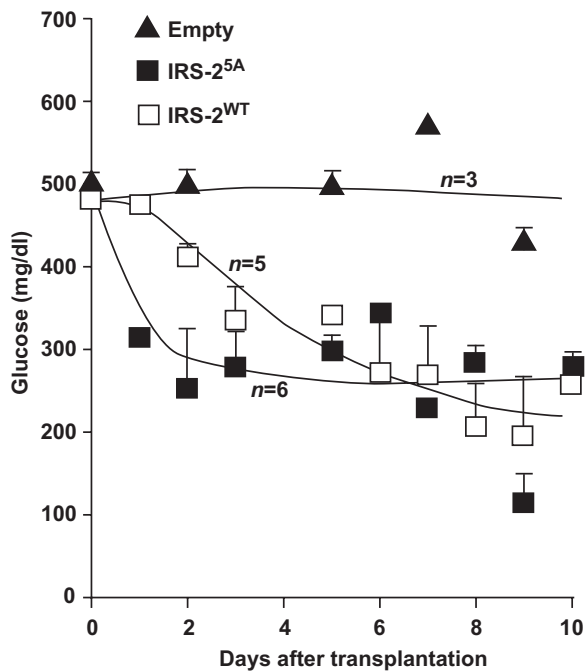


FIG. 8. Long-term effects of islets transplantation on blood glucose levels of diabetic mice. Three hundred islets, infected with empty/control adenoviral constructs, IRS-2^{WT}, or IRS-2^{5A} were transplanted under the kidney capsule of STZ-treated diabetic syngeneic mice. Blood glucose levels were determined at the indicated days after transplantation. Data are means \pm SEM of the indicated number of mice per group.

ies are required before this technique becomes suitable for clinical implementation.

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