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Descriptive Finding

### **Cohort fertility patterns in the Nordic countries**

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# Demographic Research: Volume 20, Article 14 Descriptive Finding

# **Cohort fertility patterns in the Nordic countries**

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#### **Abstract**

Previous analyses of period fertility suggest that the trends of the Nordic countries are sufficiently similar that we may speak of a common "Nordic fertility regime". We investigate whether this assumption can be corroborated by comparing cohort fertility patterns in the Nordic countries. We study cumulated and completed fertility of Nordic birth cohorts based on the childbearing histories of women born in 1935 and later derived from the population registers of Denmark, Finland, Norway, and Sweden. We further explore childbearing behaviour by women's educational attainment. The results show remarkable similarities in postponement and recuperation between the countries. Median childbearing age is about two to three years higher in the 1960-64 cohort than in the 1950-54 cohort, but the younger cohort recuperates the fertility level of the older cohort at ages 30 and above. A similar pattern of recuperation can be observed for highly educated women compared to women with less education, resulting in small differences in completed fertility across educational groups. Another interesting finding is that of a positive relationship between educational level and the final number of children when women who become mothers at similar ages are compared. Despite some differences in the levels of childlessness, country differences in fertility outcome are generally small. The cohort analyses thus support the notion of a common Nordic fertility regime.

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#### 1. Introduction

Very low fertility in many parts of Europe and other industrialised societies has increasingly put issues of reproduction and population development high on the agenda of politicians, researchers, and the media. The Nordic countries are often in focus in this discussion, as their fertility levels have remained close to the reproduction level, at the same time as levels of female participation in the labour market, politics, and public life in these societies are high. Since the Nordic countries also have a long history of relatively generous social policies, the possible pro-natalistic effects of the 'Nordic model of family welfare' have received considerable attention (UN 2000; Demeny 2003).

The family policies of the Nordic countries have many common characteristics. Following Esping-Andersen's seminal work (Esping-Andersen 1990), comparative analyses of welfare states usually place the Nordic countries under the common denominator 'The Nordic Social Democratic welfare regime'. The welfare policies in these countries are based on the principles of social and gender equality, universal provision of care services, and individual rights to social security and welfare benefits. Since the late 1960s, social policies have been geared toward supporting the labour force participation of women and men, furthering the redistribution of childcare obligations between parents, and securing individual independence and a high standard of living throughout the life course. The educational systems have been organized so as to promote post-secondary schooling and facilitate flexible participation in education across the life course. Active labour market and gender equality policies have been implemented to support women's careers and participation in public life. Family policies have been expanded to (a) provide childcare services for children of all age groups, (b) offer the option of taking parental leave with benefits that replace all or most of a parent's previous earnings, and (c) oblige or encourage fathers to take parental leave. However, as several authors have pointed out, there are considerable differences between these countries with regard to the historical development of their family policy programmes, and in the extent to which present family policies also integrate gender equality as an explicit political goal (Leira 1992, 1993; Borchorst 1994; Bergqvist 1999; Skrede 1999; Kjeldstad 2001; Sainsbury 2001). While acknowledging these differences, we should not overlook the many similarities in the general political, economic, and social developments in the Nordic countries during the post-Second World War period, which may be seen in areas such as educational expansion and female labour force participation, as well as in the general goals of welfare policies.

At first glance, the developments in period fertility of the Nordic countries also seem fairly similar. One characteristic that differs between countries is the greater fluctuation of period fertility rates in Sweden in the 1980s and 1990s (see Andersson 2004; Neyer et al. 2006). An interesting question is, therefore, whether a common Nordic fertility regime really exists. How similar are the fertility patterns of the Nordic countries on closer inspection, and to what extent can these patterns be ascribed to the Nordic welfare state policies?

These questions are at the core of a comparative research project entitled "Family policies, fertility trends, and family changes in the Nordic countries; How sustainable is 'the Nordic model of family welfare'?" which is supported by the Nordic Council of Ministers, the Max Planck Institute for Demographic Research, and Statistics Norway. The project is based on data that have been harmonized for the first time to allow comparative analyses of Denmark, Finland, Norway, and Sweden. In order to assess whether a Nordic fertility regime exists, fertility patterns of women born in 1935 and later have been analysed from two perspectives: (i) trends in period fertility rates in 1970-2000 (Andersson 2004; Never et al. 2006), and (ii) developments of cohort fertility, cumulated by age and completed at the end of reproductive life. In this article, we focus on the cohort perspective. The reproductive years of the birth cohorts included in our study overlap with the calendar period we analyse elsewhere (ibid.). The female cohorts in question entered their reproductive life at different calendar years and with different social and cultural surroundings, including different political contexts concerning family policy, educational schemes, and gender equality. The completed fertility of these cohorts may thus be regarded as the outcome of their cumulated behaviour over the observed period. In the present article, we study both the outcome and the cumulation that produces it. Analysing fertility development from a cohort perspective provides further insights into potential linkages between the Nordic model of social welfare and generational changes in fertility development.

In the following analyses, we investigate fertility differentials from three dimensions: (i) between birth cohorts, (ii) between Nordic countries, and (iii) between social groups according to women's attained educational levels. The educational dimension is important because many analyses have shown that childbearing tends to be correlated with various dimensions of education, both in terms of the timing of births and the final number of children ever born (see, e.g., Blossfeld and Huinink 1991; Knudsen 1993; Liefbroer and Corijn 1999; Lappegård 2000; Lappegård and Rønsen 2005; Kreyenfeld 2006; Hoem, Neyer and Andersson 2006a, 2006b; Kneale and Joshi 2008). Cross-country comparative analyses of the relationship between educational attainment and fertility are harder to find, but two recent contributions are provided by Rendall et al. (2005) and Neyer and Hoem (2008). Previous research reveals that reported associations between education and childbearing depend very much on how and when educational characteristics and fertility are measured (Hoem 1996; Kreyenfeld 2002; Kravdal 2001, 2007). A cohort approach like ours has the advantage

of involving relatively straightforward measures of fertility in terms of cumulated and ultimate number of children born.

Our analyses are based on genuine birth cohorts of women, and this is a novelty of our study. We observe the birth histories of women born in each of the four Nordic countries, and calculate cohort fertility measures from age-specific parity-progression rates over women's reproductive years. This approach is different from that used in published statistics on cohort fertility in national and international sources. These are normally based on data on the resident female populations in different calendar years, and the rearrangement of these period data into cohort data. Due to immigration, emigration, and mortality, such cohort fertility measures are likely to deviate from those of a genuine birth cohort. In our study, we follow every woman of a given cohort over her life course, and censor at emigration or death. Women who were born abroad and immigrated to the Nordic countries are not included. Our approach therefore reflects the logic of a true cohort analysis, and differs from previous analyses of cohort fertility in the Nordic countries (Freika and Calot 2001; Freika and Sardon 2006; Björklund 2006). Furthermore, we have access to longitudinal information on women's educational attainment, and are thus, to a large extent, able to condition on past educational attainment when analysing subsequent cumulated fertility.

In the following, we first provide a presentation of the data and methods we have used, including a discussion of the comparability of educational classifications across countries. We then take a brief look at overall fertility trends before moving on to more in-depth analyses of the two key fertility developments among women born after World War II: postponement of childbearing at young ages, and recuperation of births at higher ages. Finally, we explore educational differentials in fertility outcomes, both within and between the four Nordic countries. As documentation, we provide all the data for the diagrams we present in our study in an URL Annex to our article.

#### 2. Data and methods

Our analyses are based on individual-level data stemming from the population register and educational register systems of Denmark, Finland, Norway, and Sweden. The population register systems have been computerised since the end of the 1960s and early 1970s, and have a long history of full and reliable coverage of the resident populations and their vital events. In particular, each resident has a unique identifying code, which makes it possible to link information from different data sources to each

<sup>&</sup>lt;sup>9</sup> If migration is low, the outcome in terms of cumulated total fertility (CTFR) is not that different between our calculations and those of other published statistics. For cohorts born in Norway, our CTFR estimates range from 0.07 lower to 0.02 higher than those based on period statistics.

other. We have access to demographic and educational data on the entire female populations of Denmark, Norway, and Sweden, and a 10% sample of that of Finland. Our analyses are based on data on women born in the respective country.

The data contain longitudinal information on each date of recorded childbearing of every woman who has ever lived in the respective country from 1960 (Norway and Sweden), 1970 (Finland), or 1980 (Denmark) onwards. The longitudinal databases originate from the censuses held in these years, or, in the case of Denmark, from the registered resident population in 1980. Co-residing children who were born before the censuses are included in the childbearing histories of women registered in the census. The data for Denmark also include non-co-resident children residing in Denmark when the database was created. Individuals who were born subsequently in the respective countries have been added to the databases, and the vital events of these individuals have been recorded as well. Children and mothers who died or emigrated (without a subsequent re-entry) prior to the census years do not appear in our calculations. This means that the fertility rates for the oldest cohorts have been computed conditioned on survival and non-migration until the census year. Earlier investigations by, for example, Andersson and Sobolev (2001) and Brunborg and Kraydal (1986), have shown that this conditioning has only a negligible effect on our fertility measures. We have access to fertility histories up to 1999 for Finland, 2000 for Sweden, 2001 for Denmark, and 2002 for Norway.

Our study is based on calculations of age-specific fertility rates of female cohorts born in 1935 (Finland, Norway, Sweden) or 1945 (Denmark) and later, cumulated over their reproductive period (ages 15–49). Age is defined as age by the end of a calendar year (calendar year minus birth year). Women who die or emigrate before age 49 are censored at the time of death or emigration.

For our analysis of education and fertility, we have linked individual data on childbearing histories to individual data on educational histories. These data are available for cohorts born in 1945 and later. Using longitudinal information on education, we can, to a large extent, avoid the problems that commonly arise when researchers seek to explain fertility behaviour at a certain age by the educational level reported, and possibly attained at a later stage. This is a form of anticipatory analysis that can produce misleading results on the interrelationship between education and fertility (see, e.g., Hoem and Kreyenfeld 2006a, 2006b). In our analyses we concentrate on educational level attained at age 30, when most women have finished their educational activity, and study the cumulated fertility outcome beyond that age. Since having a child may affect further education and further childbearing, we use the educational level attained by the birth of the first child when we study the relationship between age at first motherhood and final number of children for different educational categories.

The definitions of attained educational level have been harmonised to ensure maximum comparability across countries using the 1997 International Standard Classification of Education (ISCED97). The groups are as follows:

Low education (primary and lower secondary)	ISCED codes 0–2
Medium education (upper secondary)	ISCED codes 3-4
High education (tertiary)	ISCED codes 5-6

There are clear international definitions that specify the types of education each ISCED level should comprise. However, due to different educational systems in different countries and changes over time, it is difficult to obtain complete comparability. One advantage of the Nordic countries is that their educational systems are fairly similar, but different developments over time and different practices in the ranking of certain levels of educational attainment may still impair comparability. This is especially the case at the secondary and tertiary levels. For example, in our data there are minor differences between Norway and Sweden in the extent to which brief courses at the tertiary level (university or college education) produce an educational attainment at that level. In recent revisions of coding praxis in these two countries, a requirement has been introduced that students must have completed at least two years of education at the tertiary level to be placed in the "high education" category (Statistics Sweden 2000; Jørgensen 2006). However, this does not apply for the cohorts we follow; the group with tertiary education is defined somewhat more broadly. Similarly, classification practices in Norway have led to a larger proportion of the population being ranked at the secondary level because shorter vocational courses are included, in addition to full secondary educations (which normally takes three years). These practices have since been revised (see Jørgensen 2006), but the revised definitions have not been used in our analyses. 10

People with missing information on educational attainment have been excluded from our analyses, but they are a very small group in each country. In the Finnish raw data, missing education had instead been set to primary level, which implies that this category may also contain some misclassified individuals.

of the development of educational level over time (across calendar periods or cohorts), as in our present study.

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<sup>&</sup>lt;sup>10</sup> Due to several changes in the school system since the early 1970s, the new definitions assign courses to different categories depending on the calendar period in which they were completed. For example, according to the new definitions, courses of upper secondary education completed before the mid-1970s are still classified in the same manner as before the latest revision, while courses completed between the mid 1970s and 1994 must last at least two years to be included, and courses completed after 1994 must last at least three years to be assigned to the upper secondary level. This makes it difficult to use the new definitions in analyses

### 3. Fertility developments in the Nordic countries

As an introduction to our cohort fertility study, we first take a brief look at the period Total Fertility Rate (TFR) from the early 1960s onwards, i.e., the period during which most of our female cohorts spent their reproductive lives (Figure 1). As we mentioned earlier, the trends of our four Nordic countries have developed fairly similarly, except for Sweden, which has experienced stronger fluctuations since the 1980s. During the 1970s, fertility declined throughout most of the region. In the early 1980s, the TFR in Norway and Sweden had stabilised at around 1.6–1.7 children per woman, with an alltime low so far reached by both countries in 1983. In Denmark, fertility continued to decline into the early 1980s, and hit a historic low in the same year as in Norway and Sweden, with a TFR just below 1.4. In contrast to the other Nordic countries, Finland had already reached a low TFR level (at 1.5) in the early 1970s. From around the mid-1980s, fertility started to rise in all four countries. The increase was most pronounced in Sweden. Likewise, while trends in Denmark, Finland, and Norway stabilised or fell slightly during the 1990s, Sweden continued to exhibit a roller-coaster pattern, with sharply falling rates during most of this decade, followed by a new upturn towards the end of the 1990s. By 2005, Swedish total fertility had again converged with that of the other Nordic countries at TFR levels of 1.8 or more.

While Figure 1 displays changes in aggregate fertility over calendar periods, our main concern in this study is to detect and document developments in cumulated and ultimate fertility across birth cohorts of Nordic women. In Figure 2, we present our own calculations of the completed fertility of these birth cohorts. It presents the Cohort Total Fertility Rates (CTFR) as of age 40 for the single-year cohorts born in 1935–1963. Following a falling trend across the early cohorts of Denmark, Finland, and Norway, completed fertility of women born since the early 1950s has been quite stable in all four Nordic countries, and has at times even been rising. The increase in cohort fertility has been most pronounced in Finland. For Norway and Sweden, we observe a slight decrease for the very last cohorts of women born in the early 1960s. Whether this is an indication of an incipient downward trend, or part of minor fluctuations in recent completed fertility, is too early to say. Generally, the CTFR levels of the four Nordic countries seem to be converging.

Clearly, there is some variation between the countries in the point at which completed fertility turned from decreasing to increasing levels. In Finland and Sweden, this happened earlier than in Denmark and Norway. In the former two countries, the pre-war cohorts already had below-replacement fertility, while the CTFR of Denmark and Norway continued to decline much longer from their higher initial levels of completed fertility (for more information on earlier Danish cohorts, see Statistics Denmark 1973).

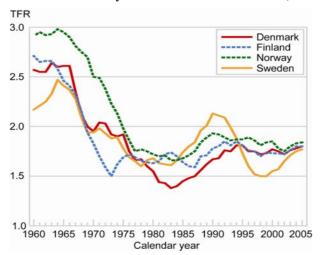


Figure 1: Period Total Fertility Rate of the Nordic countries, 1960–2005

Source: published statistics from the Nordic statistical bureaus

An interesting observation is that the country with the most fluctuations in period trends, Sweden, is also the country with the most stable cohort trend. Among women born after World War II, the final number of children has varied between about 1.9 and 2.0. Cohort fertility among the post-war cohorts in Finland has shown the clearest upward trend, from about 1.7 in the late 1940s cohorts, to about 1.9 in the late 1950s cohorts. Norwegian women still have the highest cohort fertility, around 2.05 children in cohorts born since the mid-1950s. By comparison, completed fertility in the youngest cohorts in the other countries was just over 1.9 in Finland and Sweden, and just over 1.8 in Denmark. Thus, recent cohorts of Nordic women have given birth at rates that are not very far from replacement level. These results are quite remarkable, since it is often assumed that various changes in childbearing behaviour, such as increasing mean ages at first birth or rising levels of childlessness, will lead to fewer children per woman, and thus to declining completed cohort fertility rates. We address this issue in the next section.

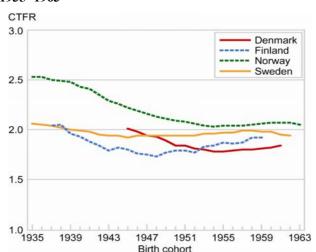


Figure 2: Cohort Total Fertility at age 40, female single-year cohorts born in 1935–1963

### 4. Main components of the fertility development

### 4.1 Fertility postponement

Postponement of first motherhood is an ongoing and persistent process in most developed countries. Previous analyses of female birth cohorts have confirmed this trend for the Nordic countries as well (Frejka and Calot 2001; Frejka and Sardon 2006; Björklund 2006). We shall use median age at first birth, defined as the age at which 50% of a birth cohort have become mothers, to illuminate this development. Figure 3 depicts the median age defined in this way for Nordic women born between 1935 and 1969 grouped in cohorts of five years<sup>11</sup>. There are relatively large variations in the levels of median first-birth age between the countries. In most cohorts, Finnish women have the highest median age, followed by Swedish and Danish women, while Norwegian women have the lowest median age. In the 1965–69 cohort, the median age

<sup>&</sup>lt;sup>11</sup> From this section onwards, we present data for five-year cohorts, as we shall later break down the figures by educational attainment. Otherwise the groups would sometimes become too small—especially for Finland, where we only have access to a 10% sample—or contain too many categories to provide a lucid summary overview.

at first birth was 28.8 in Finland, 27.8 in Sweden, 27.7 in Denmark, and 26.4 in Norway.

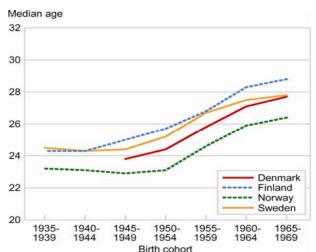


Figure 3: Age at which 50% of women have become mothers, cohorts born in 1935–1969

There is a more or less parallel process of increasing median age at first birth in all countries, but there are some differences in when the process of postponement started. In Finland, the median age at first birth had already started to rise in the 1945-49 cohort, while in Norway the increase in age first began among those who were born 10 years later. Sweden is a case in between, with a rise in the median age starting with the 1950-54 cohort. Among the Danish cohorts for which we have data, the early trend seems to be in line with that of Sweden. In Finland, Sweden, and Denmark, the median age rose relatively slowly at first, but from the 1955-59 cohort there was a more rapid increase in all the Nordic countries, including Norway. For the 1965-69 cohort, on the other hand, the postponement process does not seem to continue as rapidly as for the preceding cohorts. If this means that the increase in median age has stagnated and probably will not increase as much for future cohorts, the observed development could be viewed as a transition leading to a situation in which women have children at higher ages than before. We do not have data to compute median ages for cohorts born after 1969 for all countries. However, the median age for the 1970-74 cohort in Norway increased further to 27.6, which could indicate that Norway is still in the transition phase. Moreover, recent Nordic period data indicate that the postponement of childbearing has not yet come to a halt in the region (see, for example, Billari et al. 2007).

#### 4.2 Ultimate childlessness

When more women postpone motherhood to the end of their reproductive period, it is likely that many women will end up having no children at all. We can, therefore, generally expect increasing median ages at first childbearing (Figure 3) to result in higher levels of ultimate childlessness. When we look at this latter outcome, we find striking differences in observed levels between the Nordic countries (Figure 4). Over all the cohorts, the proportion of women remaining childless was highest in Finland and lowest in Norway. The difference in levels of childlessness between the two countries was rather stable over the cohorts (at about six percentage points). Among Finnish women born in 1955–59, which is the latest five-year cohort that we can observe at age 40, 17.3% had no child at that age; among Norwegian women of the same cohort, the share was 11.6%. In all countries, there is a trend towards slightly increasing levels of childlessness among women born since 1950. Denmark has had a more rapid increase in recent cohorts than the other countries, resulting in Denmark closing in on Sweden. For Finland, ultimate childlessness had already increased in the early cohorts, but for the other countries, increasing childlessness is a more recent development.

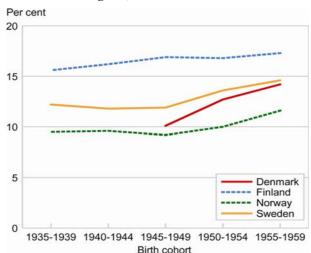


Figure 4: Childlessness at age 40, female cohorts born in 1935–1959

### 4.3 Fertility recuperation

One important issue when childbearing is delayed to ever higher ages is whether this will result in lower ultimate cohort fertility. In other words: Will women who have their first child at higher ages end up with fewer children than women who began childbearing earlier in life? Since fecundity declines with age, one may expect they will. Rising levels of childlessness (Figure 4) seem to support this assumption. On the other hand, previous studies suggest that, despite the continued postponement of first births, the fertility recuperation in the Nordic countries is quite remarkable (Frejka and Calot 2001).

So far, we have demonstrated that the total number of children born to cohorts (CTFR) tended to decrease for our early cohorts, and stabilise or even increase for later cohorts (Figure 2), even as cohort levels of ultimate childlessness increased in our more recent cohorts (Figure 4). The two developments do not seem to be particularly well synchronised. Evidently, increasing levels of childlessness can be compensated for by increases in the numbers of children born to those who do become mothers. To provide a more detailed illustration of cumulated total fertility, we have plotted the cumulated number of live births by single years of age for selected five-year cohorts of women from each country (Figure 5).

Comparing the 1945–49 and the 1965–69 cohorts, the oldest and the youngest cohorts for which we have data for all countries, we observe a reduction in the number of children born at each age before age 30 in the youngest cohort throughout the region. In the 1965–69 cohort, cumulated fertility at age 20 amounts to 0.04–0.06 children per woman, and at age 30 the curves for all countries lie below 1.4 children.

The cumulated fertility up to age 30 is very similar across countries in the youngest cohort, and more similar than in the oldest cohort. Furthermore, the number of children by age 25 diminished from approximately 1.0 to 0.5 children over the 20 years between the cohorts. However, in all four countries, the younger cohorts almost recuperate or even overtake the CTFR reached by the somewhat older cohorts at ages past 30. This reflects the fertility postponement mentioned earlier. Women of the younger cohorts had their children later in life than women of the older cohorts, but they did not end up with fewer children on average.

#### 4.4 Later means fewer?

Generally, it is assumed that postponement of first births will eventually lead to a decline in ultimate fertility. Our analyses indicate that this does not always have to be the case at the aggregate level (Figures 2-5). In Figure 6, we provide further insight into

this relationship by presenting the ultimate number of children born to *mothers* conditional on the age when a woman had her first child. Separate curves are presented for each of our five-year cohorts. The figure shows that, overall, an early onset of individual childbearing is related to a much higher number of children ever born than a later start. The relationship is strongest for the oldest cohorts in all countries. In Norway and Sweden, the gradient has weakened very clearly across cohorts. In Denmark and Finland, the weakening is less pronounced.

When we consider the issues of childbearing behaviour and fertility recuperation, we can see that, in most cases, the younger cohorts have changed their patterns of behaviour. The early starters in the young cohorts have fewer children than the early starters in the older cohorts, while the late starters in the young cohorts end up with slightly more children at age 45 than the late starters in the previous cohorts. This indicates that fertility postponement does not always imply fewer children.

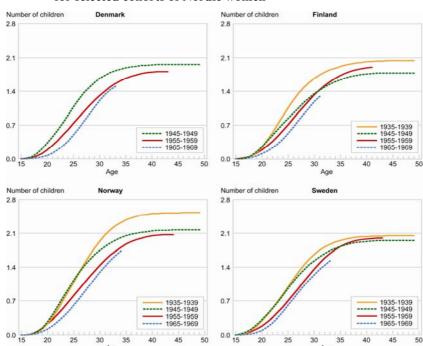


Figure 5: Cumulated mean number of live births, by single years of age, for selected cohorts of Nordic women

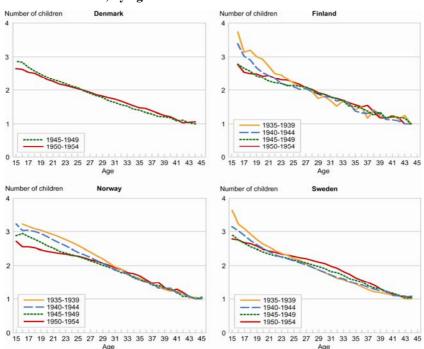


Figure 6: Number of children ever born by age 45 for mothers in the Nordic countries, by age at first childbirth

#### 5. The role of education

Classical theories on the education-fertility relationship largely build on the New Home Economics, pioneered by Becker (1991, and earlier citations therein). These theories generally predict that women with higher levels of education will have fewer children than less-educated women, as the former have higher human capital and higher earnings potential. Therefore, they have more to lose in terms of foregone earnings and career opportunities during employment breaks in connection with childbearing and childrearing. Originally, the focus of economic fertility models was on completed family size, but later research has also addressed the timing and spacing of fertility (for a summary, see, for example, Gustafsson 2001). An important determinant of the timing of fertility is the woman's life-cycle earnings profile, which depends on factors such as the initial human capital accumulation, the profile of further investments, the rate of return on these investments, and the rate at which job skills decay. Most of these

components are not observable, but education is a good proxy. Similar to models on total fertility, these models predict that the higher the woman's educational level, the later her transition to motherhood.

Adopting a life course perspective, Blossfeld and Huinink (1991) point to the role of educational enrolment per se as a determinant of fertility postponement. Enrolment is not just a crude proxy for human capital accumulation, but also has a direct effect on the life course, as women in education tend to postpone family formation until after the end of their studies. Comparative research has shown that the influence of educational attainment on postponement of motherhood and final number of children varies across countries (Blossfeld 1995; Neyer and Hoem 2008). This may be attributed to differences in family- and gender-related welfare state policies between countries. Negative effects on ultimate fertility of educational attainment seem to be stronger in societies with a high degree of social stratification, gender inequality, and incompatibility of employment and family formation, than in societies which aim at reducing social and gender inequalities, and support the combination of employment and care. The Nordic countries no doubt belong to the latter category. Previous research on the effects of education on childbearing and ultimate fertility in these countries shows that there is not always a simple inverse relationship between educational attainment and fertility (Lappegård and Rønsen 2005; Hoem, Neyer, and Andersson 2006b; Kravdal 2007; Kravdal and Rindfuss 2008). Furthermore, the size and direction of effects are strongly dependent on how and when in the life course education and fertility are measured.

In our study, we focus primarily on educational attainment at age 30 and the cumulated and completed fertility beyond that age. We expect the impact of educational attainment on ultimate fertility to be weaker for younger than for older cohorts, since concerted policies supporting gender equality and the reconciliation of employment and care have been implemented mainly since the late 1960s. This was also when women's participation in higher education expanded (see below) and the gap in gender differences in educational attainment was closing (Korpi 2000). As for economic theory, the growing share of women with more than basic education would call for a decline in aggregate fertility over cohorts, while theories which stress the importance of values or of institutional support and gender equality for fertility decisions would predict a more varied development. In the following, we explore the educational patterns in more detail.

### 5.0 The Nordic setting: Educational developments

During recent decades, there has been a rapid educational expansion in all Nordic countries, and the proportions of women with more than compulsory education (i.e., more than primary or lower secondary education) has increased substantially across cohorts (Figure 7). From women born just after World War II to women born 20 years later, the proportion with higher levels of education has about doubled in Finland and Norway, and increased substantially in Denmark and Sweden. In all cohorts, Finland has the largest proportion with higher education, and the difference compared to the other countries has increased over time. In the 1965–69 cohort, 45% of Finnish women had attained tertiary education by age 30, while the corresponding proportions in Norway, Sweden, and Denmark were 33%, 29%, and 26%, respectively. The proportion with secondary education has increased in Denmark, Finland, and Sweden, but remained fairly stable in Norway. The increase in Sweden has been particularly large, from 35% in the 1945–49 cohort to almost 60% in the cohorts born in the 1960s. This is about the same proportion as in Norway, while the proportions in Denmark and Finland are lower, 51% and 42%, respectively, in the 1965-69 cohort. The group with low education has declined rapidly in all countries. In Norway, the share of low-educated women has been smaller than in the other countries in all cohorts. In the youngest cohorts, the difference between Norway on the one hand, and Finland and Sweden on the other, has dwindled, with proportions in the three countries ranging from 8% to 14%. Meanwhile, the proportion of women with primary education in Denmark in those cohorts still exceeds 20%.

It therefore generally appears that there has been a fairly uniform and rapid expansion of female education in all countries, but with some noticeable differences in levels. However, as discussed above, we cannot exclude the possibility that some of the differences in educational levels between the countries may be due to different classification procedures, even if ISCED is used for all countries. The fairly broad definition of secondary education in Norway may, for instance, imply that the group with lower education is a more select group in this country than in the other countries.

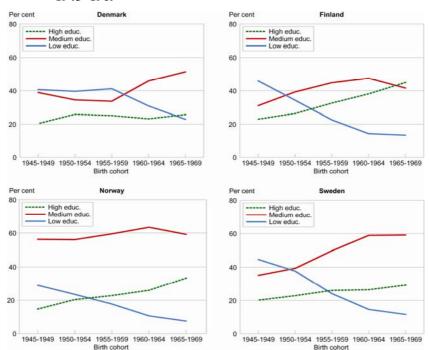


Figure 7: Educational level at age 30 for five-year cohorts of women born in 1945–1969

### 5.1 Education and fertility postponement

In all Nordic countries, there are large differences between the educational groups in age of entry into motherhood (Figure 8). Women with high education, as measured at age 30, had the highest median age, and women with low education had the lowest median age at first birth. From the 1945–49 cohort, which is the earliest cohort for which we have educational data, the median age has increased in all educational groups in each country, but not as rapidly as for all women taken together (Figure 3). The reason for the more rapid increase for the entire female population is the changing educational composition over cohorts, with a larger proportion in younger cohorts having higher levels of education.

The largest postponement across cohorts is observed for the group with high education, among whom the median age at first birth increased by 2.8 years in Norway and 3.8 years in Finland, and with intermediate values for Denmark and Sweden.

However, the group with the largest variation in the pace of change among the countries is women with low education, among whom the median age increased by 1.1 years in Norway and 3.2 years in Denmark. When comparing the countries, we further notice that the educational groups exhibit slightly different tempos of increasing median age at first birth. Among women in Sweden, Denmark, and Finland, there has been a parallel process of postponement in the three educational groups starting in the same cohort as among all women considered together. In Norway, on the other hand, the process started among the highly educated (in the 1950–54 cohort), followed by women with medium education (in the 1955–59 cohort) and, lastly, by women with low education (in the 1960–64 cohort).

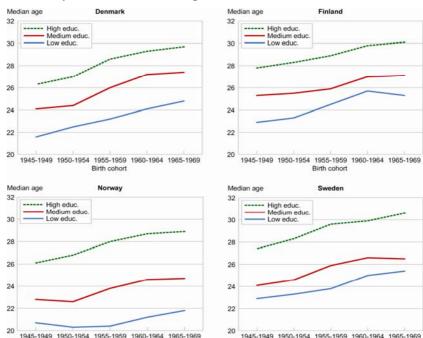


Figure 8: Age at which 50% of women have become mothers, by educational level at age 30, cohorts born in 1945–1969

Educational differences in age at first birth have not diminished across the cohorts. In Norway and Sweden, the median age differs by 7.1 and 5.2 years, respectively, between women with high and low educational levels in the 1965–69 cohort, as

Birth cohort

Birth cohort

compared to 5.4 and 4.5 years in the 1945–49 cohort. In Denmark and Finland, the median age differs by approximately 4.9 and 4.8 years between women with high and low educational levels in the 1965–69 cohort, which is practically the same as in the 1945–1949 cohort. In Sweden, Finland, and Norway, women with medium education are more similar to women with low education, while in Denmark, women with medium education are more similar to women with high education.

If we compare women with analogous levels of educational attainment across countries, we find that women with high education have the most similar postponement processes and median ages, while the most diverse pattern is found among women with low education. For each educational group, Norwegian women start childbearing earlier than women in the other Nordic countries. For the 1965–69 cohort, the difference between Norway and the country with the highest median age is 1.7 years among women with high education, 2.7 years among those with medium education, and 3.6 years among women with low education. Sweden was the country with the highest median age in the high and low educational groups, 30.6 and 25.4 years, respectively; while Denmark had the highest median age among women with medium education, 27.4 years.

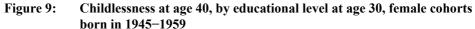
#### 5.2 Education and childlessness

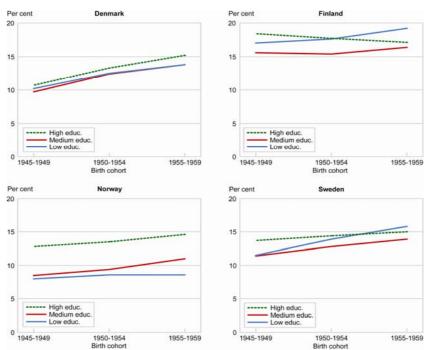
As different educational groups start childbearing at different ages, one would expect to find more childlessness among highly educated women than among their less-educated peers. This assumption is based on the notion that a later onset of childbearing is related to lower fertility. It is also supported by theories on the role of women's educational attainment in fertility decisions (see above). However, as depicted in Figure 9, the relationship between educational level (as measured at age 30) and ultimate childlessness varies across countries, as well as across cohorts. In the Nordic countries, there seems to be no straightforward relationship between women's educational levels and childlessness that is stable over cohorts or across countries.

The levels of childlessness among highly educated women in the younger cohorts are very similar across the Nordic countries. For the 1955–59 cohort, there is a difference of just 2.5 percentage points between the two countries that are the farthest apart, Finland (17.1%) and Norway (14.6%). Childlessness differs most among women with low education: between Finland (19.2%) and Norway (8.6%), the gap in the latest cohort is 10.6 percentage points.

The largest educational variations in childlessness within countries are found in Norway, and the smallest in Denmark, with a difference in the 1955–59 cohort of approximately 6.0 and 1.4 percentage points, respectively, between women with high

and low education. In Sweden and Finland, women with medium education have the lowest proportions of childlessness. For women with high and low education, we observe an interesting cross-over in patterns in both countries: while it is the highly educated women who more often remained childless in the early cohorts, it is women with low education who more often remained childless in the latest cohorts. This is due to a larger increase in childlessness among the less-educated than among the other educational groups, but in Finland it also results from a remarkable drop in the proportion of women with no children among the highly educated. In Norway and Denmark, the highest level of childlessness is found among women with high education. In Denmark, there has been a parallel process of increasing childlessness in all educational groups, with a slightly steeper increase among women with high education. In Norway, there has also been a fairly parallel rise among women with high and medium education, but almost no rise in childlessness among women with low education. Norway is the only Nordic country where higher educational attainment is clearly related to a higher level of ultimate childlessness.





Evidently, highly educated women start childbearing at later ages than women with lower education (Figure 8), but the percentage of highly educated women who become mothers is, in many cases, roughly the same as among the less-educated (Figure 9). Further insight into this process of fertility recuperation can be gained by looking at the levels of childlessness among women with different levels of education at different ages.

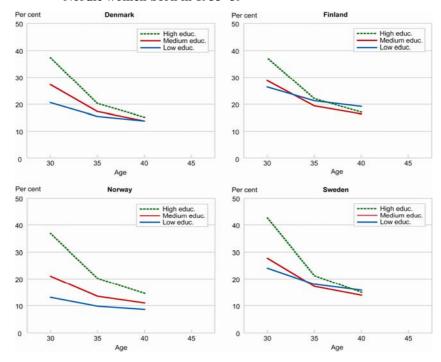


Figure 10: Childlessness at age 30 and above, by educational level at age 30, Nordic women born in 1955–59

Figure 10 displays the proportion of childless women at ages 30, 35 and 40, of the cohort born in 1955–59, by educational attainment at age 30. The respective figures for the other cohorts are given in Appendix 1. These figures reveal very clear differences in childlessness by educational level at age 30, which vanish as the women reach the end of their reproductive lives. At age 30, between about 37% (Denmark, Finland, Norway) and 42% (Sweden) of the highly educated women of this cohort had no children; this is

much more than among women with low education. However, at age 40 the share of childless among the highly educated had dropped to about 15%–17% The figures for earlier cohorts show a similar pattern of fertility recuperation for the highly educated (Appendix 1). In our next section, we provide further evidence of fertility recuperation past age 30 in terms of the ultimate number of children born to Nordic women.

### 5.3 Education, fertility recuperation and ultimate fertility

In Figure 11 (for cohorts born in 1950–54) and Appendix 2 (for all cohorts of 1945–59), we provide further data on fertility recuperation, and on how these patterns differ by country, cohort, and educational level. In line with our findings for ultimate childlessness in Figure 10 and Appendix 1, we see that initial differences in cumulated fertility by educational level at age 30 diminish as the cohorts reach the end of their reproductive careers. In all Nordic countries, there are no or only small differences in the ultimate number of children born to women in the 1950–54 cohort with different levels of education 12. In Finland and Sweden, educational differences in the number of children ever born more or less disappear at higher ages, while in Denmark and Norway women with low education still have had more children than the other educational groups when they reach the end of their childbearing years.

Figure 12 presents the fertility outcome by means of ultimate fertility (CTFR) at age 40 for female cohorts born in 1945–49 to 1955–59 in each country, by their educational level at age 30. Even though the graphs only include information for cohorts born within a 10- to 15-year period interval, they illustrate the rather homogenous pattern of ultimate fertility across cohorts and educational groups in Finland and Sweden, and a converging pattern in Denmark and Norway.

The largest educational differences are seen in Denmark and Norway, though they have diminished over time as women with low education have reduced their fertility across the cohorts. Norway has the clearest pattern of a lower (higher) educational level being associated with a higher (lower) ultimate number of children. In Denmark, the CTFRs of women with high and medium education are very close to each other. In Finland and Sweden, we observe some minor increases in ultimate fertility within each educational category over the cohorts. For Finland, we also observe an interesting cross-over in patterns, as women with low education in the youngest cohort have lower, rather than higher, ultimate fertility than women in the other educational groups.

<sup>&</sup>lt;sup>12</sup> Our data allow us to follow women born in 1950–54 up to their age 45. In practice, ultimate fertility can be recorded as early as age 40: the childbearing beyond that age is not very important. For further information on late and very late fertility, see Billari et al. (2007).

The CTFRs for the various educational groups (Figure 12) must be seen in relation to the trends and levels in aggregate cohort fertility for the different countries (Figure 2). These, in turn, are affected by the compositional changes of women over the educational groups (Figure 7). In sum, we note that, as in the case of ultimate childlessness, we find no strong or universal relationship between higher educational levels and lower ultimate fertility. The direction of association is clearer than for childlessness, but differences are sometimes small, diminishing or even changing direction across the cohorts. Nevertheless, in most cases a higher educational attainment is indeed correlated with having somewhat fewer children.

CTFR Denmark CTFR Finland 2.5 2.5 2.0 2.0 1.5 1.5 0.5 0.5 High educ. Medium educ. High educ. Medium educ Low educ 0.0 0.0 40 45 40 45 CTFR CTFR Norway Sweden 2.0 20 1.5 1.5 0.5 0.5 High educ. Medium educ High educ. Medium educ Low educ. Low educ

0.0

35

40

45

Figure 11: Cumulated fertility at age 30 and above, by educational level at age 30, Nordic women born in 1950–54

35

40

45

0.0

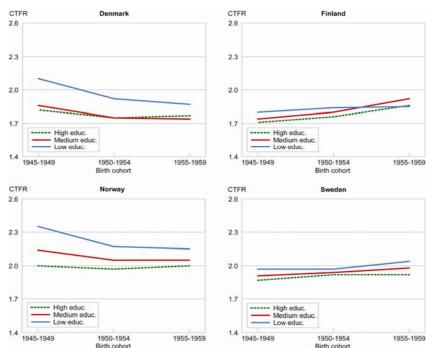


Figure 12: Cohort total fertility at age 40, by educational level at age 30, female cohorts born in 1945–1959

### 5.4 Education, timing of first birth, and lifetime fertility

We have demonstrated that, in each country, the median age at first childbirth increased across the cohorts we studied, and that the longer the amount of time spent in education, the higher the median age at first childbirth (Figure 8). Figures 9 and 12, which illustrate levels of childlessness and ultimate fertility, added slightly more complexity to the pattern. Neither of these reproductive characteristics display the same clear-cut relationship with educational attainment as median age at first childbirth. Figures 10 and 11 show that this was related to the recuperation of fertility past age 30 of women at the higher educational levels. Figure 6 demonstrates that the ultimate fertility of *mothers* was negatively related to the age of the onset of their childbearing. To provide additional insight into the variations between the timing of first birth and lifetime fertility of mothers, Figure 13 shows the relationship of Figure 6 for each educational level separately, with education measured at the time of the first birth for women born

in 1950–54. Appendix 3 displays the corresponding relationship for the other cohorts of our study.

Within each educational group of mothers, we note that a later onset of childbearing is related to a lower number of children finally born. More interesting, however, is that, for all four countries, we observe that highly educated women who become mothers at a given age have higher lifetime fertility than women with medium or low education who have their first child at the same age. In Finland and Norway, there are also visible differences between mothers at the low and the medium educational levels, with the medium-educated having higher lifetime fertility for a given age at first birth. Our findings point to the role of "relative age" in higher-order childbearing (cf. Hoem 1996). A highly educated woman who has her first birth at the same age as a given group of less-educated women can be considered an early starter of childbearing within her own educational group. Early starters have more children than late starters (Figure 6), but there are differences across educational groups in what can be considered a late or early onset of childbearing. Figure 13 demonstrates that highly educated mothers will exhibit higher second and third birth rates than women with less education in any fertility model that involves a control for women's ages. Elevated birth rates among highly educated mothers is indeed a standard finding in event history analyses of the second and third birth behaviour of women in the Nordic countries (Hoem and Hoem 1989; Vikat 2004; Kravdal 2007; Gerster et al. 2007). In Figure 12, we demonstrate that women with higher levels of education nevertheless have a completed fertility that often is slightly lower than that of women with less education. This is not surprising, as the highly educated on average start their childbearing later than the less-educated (Figure 8), and because the age at first birth is strongly related with ultimate fertility (Figures 6 and 13).

In sum, our data demonstrate that highly educated women have their first child later than other women, but, in most countries and cohorts, they have a lifetime fertility that is not much lower than that of the other educational groups. Fertility recuperation at the higher ages makes educational differences in completed fertility in the Nordic countries become fairly small.

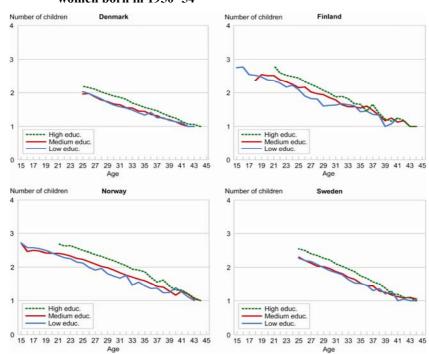


Figure 13: Number of children ever born by age 45 for mothers in the Nordic countries, by age and educational level at first childbirth, women born in 1950–54

# 6. Summary and conclusion

This study is the first to analyse cohort fertility patterns based on the full life courses of women in the Nordic countries along three dimensions: (i) over birth cohorts, (ii) across nations, and (iii) across social groups according to women's educational levels. The general picture is that of remarkable similarities between the countries, both in terms of fertility recuperation at the higher childbearing ages, and the relatively weak association of educational attainment with ultimate fertility. Other similarities involve the steady postponement of first motherhood, somewhat increasing childlessness in the younger cohorts of our study, and a slightly increasing ultimate number of children born to "late starter" mothers. Further common characteristics are (i) the stability in the Cohort Total Fertility Rate (CTFR), despite an increasing level of childlessness in the most recent cohorts, and (ii) the positive relationship between the educational level and ultimate

number of children when mothers who had their first birth at similar ages are compared. The dissimilarities between countries in cohort fertility patterns primarily concern details in the median age at first birth, the timing of the onset of the fertility postponement, the level of ultimate childlessness, and the exact associations of educational level with childlessness and final number of children. Our analyses also show that the Nordic countries have become more similar over time, with differences in cohort fertility patterns appearing to have diminished over the cohorts we studied.

As in the case of our related study on period fertility in the Nordic countries (Andersson 2004; Neyer et al. 2006), we may therefore conclude that there is a common Nordic fertility regime. In line with other Western countries, there is an ongoing postponement of first parenthood. But what distinguishes the Nordic countries is the strong recuperation of fertility at older ages, and the weak role of educational attainment in completed fertility. It is reasonable to argue that these patterns can, to some extent, be attributed to the impact of Nordic social policies that facilitate fertility recuperation and make social differences in behaviour small. As mentioned in the introduction, since the 1960s the Nordic countries have geared their social, labour market, and gender policies towards reducing social differences and increasing gender equity. Clearly, the Nordic societies have a lot in common in their social policies, labour market institutions, and culture in general – and, as we have demonstrated in the present study, in ultimate fertility patterns as well.

Our cohort analyses seem to support the notion that similar welfare policies have contributed to more similar childbearing patterns. The remarkable recuperation record among well-educated women, resulting in small or declining educational differences in completed fertility in all countries, is one indication in this direction. Another indication is the convergence of trends across countries among highly educated women, as evidenced in age at first birth, childlessness, and final number of children.

Whether differences in welfare policies have produced some deviation in childbearing behaviour between countries is more difficult to answer from a cohort than from a period perspective, since policy effects depend on the timing of policies (Neyer and Andersson 2008). However, as our cohort analysis demonstrates, differences in period effects in childbearing behaviour had no substantial impact on the completed fertility of the cohorts we have studied. It seems that the structures of the Nordic welfare states, and their orientation towards equality, support of employment, provision of care services, and maintenance of high living standards, are associated with the smoothing out of various temporary fertility fluctuations. Analysing childbearing behaviour from a cohort perspective thus seems to be a fruitful approach in achieving a broader understanding of the potential linkages between welfare state regimes and fertility patterns. Future research may explore the insights from this analysis in other welfare state constellations. Moreover, since childbearing decisions concern both women and men, more attention should be paid to male fertility and the childbearing

behaviour of couples. Preferably, such research should be based on models and data that include information on occupation, labour-market attachment, and employment sector, as well as education for both partners.

# 7. Acknowledgements

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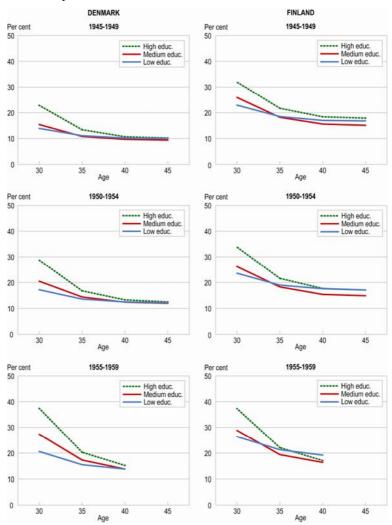
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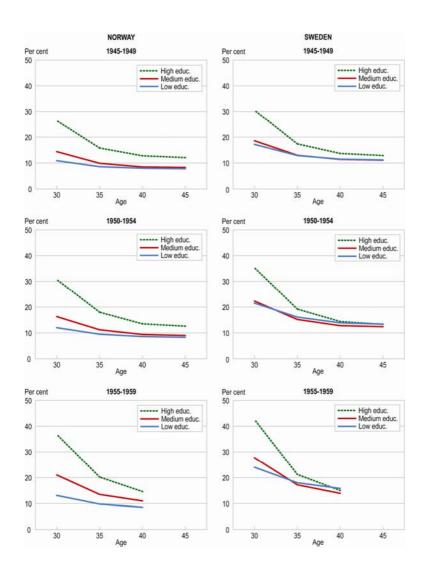
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# **Appendix**

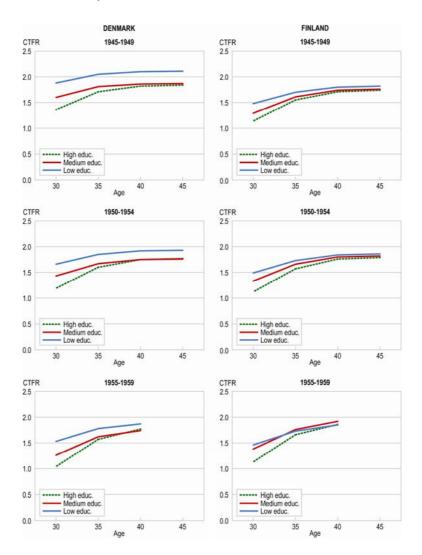
Appendix 1: Childlessness at age 30 and above, by educational level at age 30, five-year cohorts of Nordic women



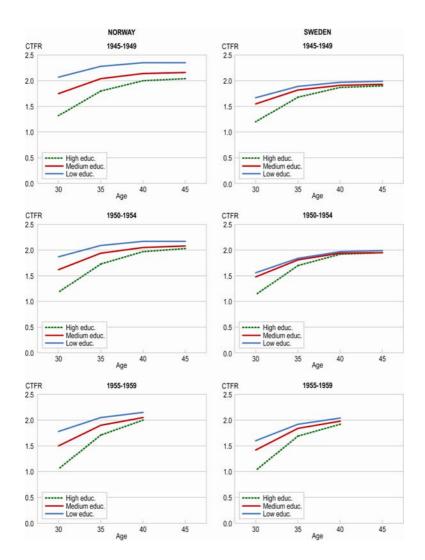
### Appendix 1: (Continued)

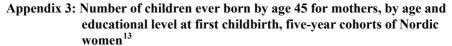


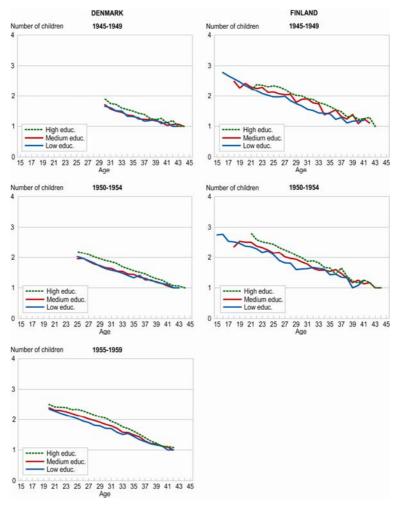
Appendix 2: Cumulated fertility at age 30 and above, by educational level at age 30, five-year cohorts of Nordic women



# **Appendix 2: (Continued)**



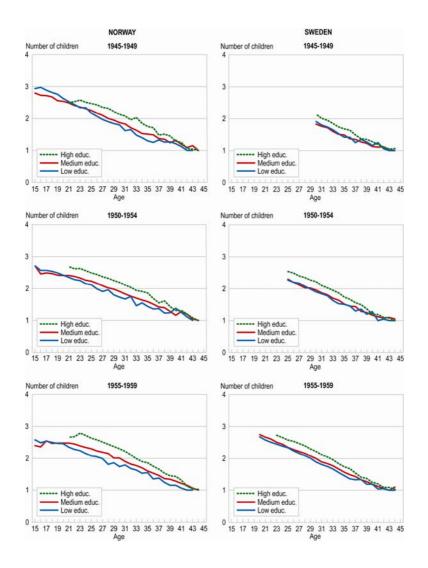




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<sup>&</sup>lt;sup>13</sup> For Denmark and Sweden, educational data are only available from 1980 and onwards. This make the figures for these countries left truncated as regards the earliest age for which we can apply data on education at first birth. In addition, for the same countries, we can only follow women of the 1955–59 cohort up to a maximum age of 43 years. For Finland, we can follow them up to age 41, thus we omit the figure for this Finnish cohort from our presentation.

### Appendix 3: (Continued)



Andersson et al.: Cohort fertility patterns in the Nordic countries