

Peritoneal pseudomyxoma associated with synchronous malignant mucinous neoplasias of the cecum, appendix and rectum. Case report and review of the literature¹

Pseudomixoma peritoneal associado a neoplasias malignas mucinosas do ceco, apêndice e reto. Relato de caso e revisão da literatura

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ABSTRACT

Peritoneal pseudomyxoma is a pathological condition that compromises the peritoneum, characterized by the production of large quantities of mucinous liquid, which progressively fills the peritoneal cavity, originating in general from mucinous appendicular or ovarian tumors. We report a peritoneal pseudomyxoma associated with mucinous adenocarcinoma of the appendix synchronous with adenocarcinoma of the rectum in 44 years old patient, where the initial diagnosis was rectal adenocarcinoma. Tumour of the appendix and peritoneal pseudomyxoma were incidental and found intraoperatively. We focus the histological patterns of the lesions, diagnosis and the treatment, with revision of the literature.

Key words: Pseudomyxoma Peritonei. Adenocarcinoma. Adenocarcinoma, Mucinous. Appendix. Rectum.

RESUMO

O pseudomixoma peritoneal é uma condição patológica que acomete o peritônio, caracterizada pela produção de grandes quantidades de líquido mucinoso, que progressivamente preenche a cavidade peritoneal, tendo em geral como origem tumores mucinosos apendiculares ou de ovário. Relatamos a ocorrência de um pseudomixoma peritoneal associado a adenocarcinoma mucinoso do apêndice sincrônico e adenocarcinoma do reto em paciente de 44 anos, cujo diagnóstico inicial foi de adenocarcinoma do reto. A neoplasia do apêndice e o pseudomixoma peritoneal foram achados incidentais, intra-operatórios. Enfocamos as principais características anatomo-patológicas das lesões, o diagnóstico e tratamento, através de ampla revisão da literatura.

Descritores: Pseudomixoma Peritoneal. Adenocarcinoma. Adenocarcinoma mucinoso. Apêndice. Reto.

Introduction

Peritoneal pseudomyxoma is a pathological condition that compromises the peritoneum, characterized by production of large quantities of mucinous liquid with gelatinous aspect, that progressively fills the peritoneal cavity¹. The primary lesion has been originated, in general, from adenoma or mucinous appendicular adenocarcinoma or ovarian tumors. The dissemination occurs by rupture of the lesion with release of neoplastic cells of mucus into abdominal cavity in a process known as disseminated peritoneal adenomucinosis. The production of a large quantity of mucinous with translucent aspect, carries a progressive accumulation in the abdominal and pelvic cavity, and able to produce partial or complete obstructive symptoms¹⁻³. It presents low incidence and reserved prognosis. The mean survival time is 6 year; however the survival rate at 5 and 10 years is 50-70% and 10-32%, respectively. The prognosis varies with the nature of the tumor, and relapses are frequent⁴. In general, the clinical symptoms are similar to that of acute appendicitis^{4,2,5}. Treatment is also the object of discussions, with diverse techniques, procedures and drugs still being studied. It consists of surgical removal of the primary site, followed by resection of the parietal peritoneum and intra-peritoneal chemotherapy according to the Sugarbaker technique. Most of difficulties have arisen to definition of peritoneal pseudomyxoma, since this term is applied to a heterogeneous groups of lesions associated with a unique morphological expression. Herein we describe a case of peritoneal pseudomyxoma associated with synchronous malignant neoplasias of the cecal appendix and rectum.

Case report

A male patient aged 44 years old, with complaints of tenesmus and hematochezia for 2 months, was diagnosed by digital rectal exam having a hard exotitic lesion in the anterior wall of the rectum, painfully, with little mobility,

distal 5 cm from the anal border. The colonoscopy showed a lesion suggestive of rectal neoplasia, occupying 60% of the rectal lumen, distal 4 cm from the line pectin. The biopsy demonstrated mucinous adenocarcinoma of the rectum, and CT-scan evidenced a partially obstructive lesion in the rectum (figure 1), with partial invasion of the rectal wall and without lymphomegalies, invasion of adjacent structures or distant lesions. Blood tests and the levels of carcinoembryonic antigen (CEA) were normal. The patient was submitted to neoadjuvant radiotherapy (4500cGY) and chemotherapy with 5FU and leucovorin, according to our protocol. He was reevaluated after 6 weeks and a new CT/san showed reduction of the lesion size. Endoscopic evaluation showed reduction in tumor size, presenting as a flat lesion, slightly exotitic, with areas of necrosis, occupying 30% of the lumen (partial response). Biopsy demonstrated residual adenocarcinoma. With these findings, abdomino-perineal amputation of the rectum was proposed. Laparotomy revealed a large quantity of mucus in the peritoneal cavity (500 ml), absence of hepatic lesions, without signs of invasion in the pelvic cavity. There was a lesion with mucoïd pattern in contact with the cecal appendix, which was turgid and of hard consistency (figure 2). A frozen biopsy demonstrated mucinous adenocarcinoma of the appendix. The presence of a synchronic tumor resulted in a rectal amputation with right colectomy and lymphatic nodes resection, followed by ileo-transverse anastomosis and terminal colostomy in the left side. The diagnose was a mucinous adenocarcinoma of the appendix, presented as a rupture mucocele, with dissemination into the peritoneal cavity. Initial symptoms were related to the rectal lesion, classified as a pT3 M2 mucinous adenocarcinoma, synchronic with the cecal appendice lesion. The immunohistochemical study showed positive expression for Ck-20 and negative for Ck-7 in neoplastic cells of the mucinosos implants in the peritoneum and in lesions of the cecal appendix and rectum. The patient was submitted to adjuvant treatment by the technique described by Sugarbaker⁷.



FIGURE 1 - CT-scan evidenced a partially obstructive lesion in the rectum

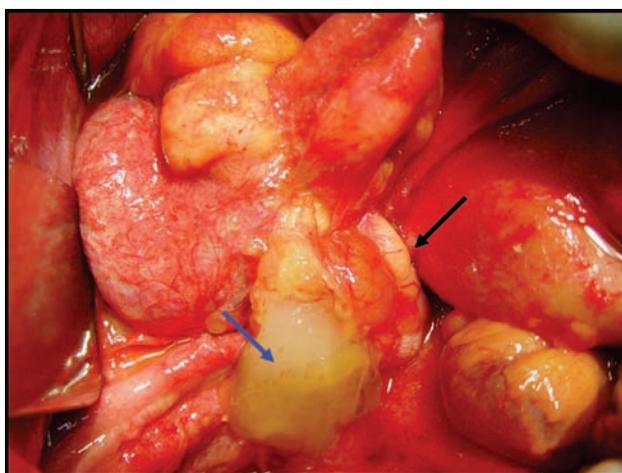


FIGURE 2 - Mucoïd pattern (blue arrow) in contact with the cecal appendix (black arrow)

Discussion

The term peritoneal pseudomyxoma was used originally to describe mucinous ascites associated with appendicular mucocele rupture and latterly used to all conditions associated with accumulations of mucus in the abdominal cavity^{4,6,2}. In this manner the term pseudomyxoma is applied to clinical and radiological aspects, without histopathological characterization, and may be considered syndromic,^{5,3}. Despite the advances occurred in the past decade in the comprehension of mucinous neoplasias of the appendix and its relation to peritoneal pseudomyxoma, remains among pathologists and surgeons difficulties in the classification of these lesions, since the first descriptions of Gibbs⁸ 30 years ago. Appendicular mucoceles are uncommon entities generally associated with various pathological conditions. Pai and Longacre³ in order to clarify the characteristics seven of these lesions and to supply directions for diagnosis and prognosis of its biological behavior, evaluated the clinico-pathological characteristics of mucinous neoplasias of the appendix with or without association with pseudomyxoma peritoneal, at the University of Stanford during the last 40 years³. They classified the lesions as:

- 1) *Simple mucoceles*
- 2) *Mucosal hyperplasia and hyperplastic polyps*
- 3) *Serrulate adenoma (mixture of hyperplastic and adenomatous polyp)*

Diagnosis of serrulate adenoma implicit in one benign lesion without risk of relapse after complete resection, and reported without association with peritoneal pseudomyxoma^{9,10}.

4) *Mucinous cystadenoma*

Mucinous cystadenoma is described as a lesion analogous to colonic adenomas, but which some characteristics that differentiate it from this, such as growth, origin, genetic and immunophenotypic patterns^{11,12}.

5) *Mucinous neoplasia of uncertain malignant potential*

According to the authors³, this classification must only be used for extremely well-differentiated mucinous neoplasias that extend through the appendicular wall, without a clear association with wall invasion and infiltration. The cecal appendices wall can be compromised by distortion, distention of the lumen, caused by excess of mucus production.

6) *Mucinous neoplasia of low potential malignancy*

This neoplasia is responsible for the majority of peritoneal pseudomyxoma cases. Macroscopically it is indistinguishable from mucinous adenomas, being able to present signs and symptoms of a dilated appendix and adherence to neighboring structures^{11,13}. The clinical

presentation of this neoplasia is similar to that of mucinous adenoma. Preoperative diagnosis is rare, and even the intraoperative diagnosis is made in less than 1/3 of cases.

7) *Invasive adenocarcinoma*

Invasive adenocarcinoma (mucinous, intestinal or signet ring) of the appendix is rare and less frequent than mucinous adenomas. Histologically it is classified as mucinous, intestinal or in signet ring¹⁴. Mucinous adenocarcinomas represent approximately 40% of all adenocarcinomas, are uncommon, with little association with pseudomyxoma characterized by low quantity of mucin (less than 50%) and by being invasive and presenting a high degree of cellular atypias¹⁵. We can conclude that although there have been attempts to elaborate a classification of mucinous tumors of the appendix, it remains controversial as a consequence of a variety of diagnostic terms applied to these neoplasias. In the present case the primary lesion was a mucinous adenocarcinoma of the appendix, macroscopically expressed as a mucocele rupture, with dissemination into peritoneal cavity. The appropriate treatment for these tumors is right hemicolectomy and lynehadenectomy drainage, mainly when the lesion is restricted to the appendix, which can increase the cure^{16,17}. Although the tumor is disseminated throughout the peritoneal cavity⁶ with frequent compromise of the ovary, the invasion of visceral organs is very rare, without occurrence of metastasis, lymphatic or hematological spread. Extraperitoneal dissemination of the disease, such as pleural extension, is uncommon, and is in general secondary to aggressive cytoreductive therapy or rarely due to the presence of pleuroperitoneal congenital communication¹⁸. Histological patterns of mucinous implants consist of amorphous mucinous material, with non-invasive fibrotic tissue presenting secretory epithelium of mucin. The neoplastic cells in general are CK20-positive and CK7-negative, although the expression of CK7 would be observed in up to 30% of the cases. The use of these markers is not useful in determining the origin of the lesions². In the majority of cases the patterns of immunoreactivity are identical in mucinous neoplasias of the appendix and of the ovary³. Another relevant prognostic factor is the degree of cellularity and cytological atypias. Lesions with a large quantity of cellular atypias and epithelial hyperproliferation have a worse prognosis with greater chance of implantation in the peritoneal cavity³. The morbidity and mortality are significantly worse in cases of peritoneal carcinomatosis with mucinous ascite secondary to mucinous carcinomas than in those cases of mucinous neoplasias of low-degree malignancy^{19,3}. In this connection, it is important to determine the histological characteristics of the primary lesion, since in these patients whose initial focus is a low-degree mucinous adenocarcinoma, the benefits of extensive peritonectomy are questionable^{4,20,21}. Differential diagnoses of pseudomyxoma include mucinous colloid adenocarcinoma with mucinous ascite (peritoneal

carcinomatosis), endometriosis and drainage of mucin secondary to non-neoplastic inflammatory processes^{2, 22-24}. The standard treatment consists of a surgical approach toward an appendectomy or right hemicolectomy. New surgery can be repeated to reduce the tumor mass and mucus production²³⁻²⁶. This treatment is not curative, but it is useful to limit the production and accumulation of mucus and its obstructive effects. Relapse is frequent and requires new surgical interventions, which each time become more difficult and laborious due to fibrous adhesions²⁵. One more aggressive option is the association of a radical surgical approach together with systemic and intraperitoneal chemotherapy. This procedure has been adopted by some authors with good survival rate and even cure²⁵⁻³⁰. In the present case, having in view synchronism between the neoplasias of the rectum and of the appendix, our option was right hemicolectomy with lymphadenectomy resection and amputation of the rectum. The treatment of pseudomyxoma remains controversial, with ample variety of surgical and chemotherapy procedures proposed, which necessitate new studies^{26-28,31,32}. The procedure described by Sugarbaker^{5,32,33} was developed from these bases and consists of six procedures of peritonectomy, with the objective of removing the peritoneal surfaces with the lesions and include omentectomy-splenectomy, left and right peritonectomy, and that of the hemidiaphragm, cholecystectomy, antrectomy and removal of the pelvic peritoneum, jointly with the association of intraperitoneal chemotherapy with mitomycin C associated with hypothermia (40-44°C)^{28,32}. The chemotherapies are instilled in the peritoneal cavity with the objective that all the intra-abdominal surfaces makes contact with the drugs, being realized during the operative procedure and involving continuous manipulation of the viscera by the surgeon for a period of 90 minutes, increasing the contact with peritoneal surfaces. Systemic chemotherapy is realized in the first days after surgery^{27,28}. The mean survival rate after 5 years is 70% for the patients treated with cytoreduction and intraperitoneal chemotherapy with mitomycin C, associated with hypothermia²⁹. Two other studies, one utilizing a cytoreduction scheme, intraperitoneal chemotherapy (mitomycin C and 5-fluorouracil (5-fu)), followed by three cycles of mitomycin C and 5 fu, and the other by utilizing cytoreductive surgery, systemic intraperitoneal chemotherapy with mitomycin C showed survival rates of 75% in 5 years⁶. A third study²⁷ showed survival rates of 86% and 68% after 5 and 10 years respectively, utilizing the scheme of cytoreduction, intraperitoneal chemotherapy and hypothermia with mitomycin C and 5-fu, followed by three cycles of mitomycin and 5 fu intravenous⁷. The postoperative complications most frequently observed are anastomotic fistulas, formation of cutaneous fistulas, wound infection, obstruction and perforation of the small intestine and pancreatitis. A North American cost estimation for treatment utilizing the Sugarbaker scheme, calculates US\$ 166,922 as the total cost of this treatment²⁶. In a recent

systematic review⁴, there was a proof of the efficacy of the procedure proposed by Sugarbaker for the treatment of peritoneal pseudomyxoma. However, data from the literature are limited, with few controlled and randomized studies having the view that peritoneal pseudomyxoma is a rare disease and most of these studies focused a small series of cases. A recent review by Bryant and col.³³ (2005), included only groups of patients with similar histological aspect and prognosis, applying the definition of peritoneal pseudomyxoma to cases of disseminated peritoneal adenomucinosis and excluding peritoneal carcinomatosis and its hybrids variant.

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