

Bacteria of the human gut microbiome catabolize red seaweed glycans with carbohydrate-active enzyme updates from extrinsic microbes

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Humans host an intestinal population of microbes—collectively referred to as the gut microbiome—which encode the carbohydrate active enzymes, or CAZymes, that are absent from the human genome. These CAZymes help to extract energy from recalcitrant polysaccharides. The question then arises as to if and how the microbiome adapts to new carbohydrate sources when modern humans change eating habits. Recent metagenome analysis of microbiomes from healthy American, Japanese, and Spanish populations identified putative CAZymes obtained by horizontal gene transfer from marine bacteria, which suggested that human gut bacteria evolved to degrade algal carbohydrates—for example, consumed in form of sushi. We approached this hypothesis by studying such a polysaccharide utilization locus (PUL) obtained by horizontal gene transfer by the gut bacterium *Bacteroides plebeius*. Transcriptomic and growth experiments revealed that the PUL responds to the polysaccharide porphyran from red algae, enabling growth on this carbohydrate but not related substrates like agarose and carrageenan. The X-ray crystallographic and biochemical analysis of two proteins encoded by this PUL, *BACPLE_01689* and *BACPLE_01693*, showed that they are β -porphyranases belonging to glycoside hydrolase families 16 and 86, respectively. The product complex of the GH86 at 1.3 Å resolution highlights the molecular details of porphyran hydrolysis by this new porphyranase. Combined, these data establish experimental support for the argument that CAZymes and associated genes obtained from extrinsic microbes add new catabolic functions to the human gut microbiome.

Two phyla dominate the bacterial community of the adult distal gut in humans and in other mammals: the Firmicutes and the Bacteroidetes (1). Metagenomic studies and experiments with isolated strains revealed that members of the genus *Bacteroides* are broadly adapted to the degradation of host glycans and terrestrial plant material (2). This adaptation is exemplified by the enzyme systems devoted to starch, pectin, hemicelluloses, and other plant carbohydrates as well as host glycans (2, 3); the wide variety of genes encoding enzymes for the degradation of these carbohydrates dominate carbohydrate active enzyme, or CAZyme, arsenals in human gut metagenome datasets. Hence, the evolution of this carbohydrate catabolizing machinery is key for host and microbiome mutualism. An important question, which has thus far only been addressed by bioinformatic approaches, regards how members of this community evolve—for instance, by horizontal gene transfer (HGT) (4, 5)—to process new carbohydrate resources (6).

In Bacteroidetes, the genes encoding CAZymes that target a specific carbohydrate or related groups of carbohydrates are often found in gene clusters termed polysaccharide utilization loci (PUL) (7). These systems use a generally conserved strategy to sense, degrade, bind, and import carbohydrates encountered in diverse environments like the gut, ocean, and soil (7, 8). The CAZymes (www.cazy.org) (9) cleave high-molecular-weight glycans into oligosaccharides that can be bound by the Sus-like proteins, imported into the bacteria, and ultimately catabolized (10). Using a bioinformatic approach, we recently identified a putative PUL in the gut bacterium *Bacteroides plebeius*; the PUL contains

possible CAZymes encoding genes that appear to have been acquired by HGT from marine microbes and which may target carbohydrates from red seaweeds (4).

The major matrix polysaccharides in the cell walls of red algae—which are the most common dietary red seaweed polysaccharides consumed by humans and present in many processed foods (11, 12)—are carrageenans (13), agars, and porphyran (14), and all contain sulfate esters that are absent in terrestrial plants. Furthermore, the sugar backbones can contain unique monosaccharides, such as the 3,6-anhydro-D-galactose present in the carrageenan of *Chondrus crispus* (Irish moss) and the 3,6-anhydro-L-galactose (LA) found in agars of *Gelidium* and *Gracilaria* spp. In both cases, the 3,6-anhydro-galactose is α -1,3 linked to D-galactose (G) and the resulting disaccharide is connected with β -1,4 linkages (*SI Appendix, Fig. S1*). Porphyran from *Porphyra* spp. belongs to the agar-family of polysaccharides, although the majority of the LA is replaced by L-galactose-6-sulfate (L6S), and C-6 methylations of G are frequent (14). The unique structural properties of these red algal galactans requires a distinct set of enzymes that are predominantly encoded in genomes of marine microbes and are far less frequent or absent in bacteria that break down terrestrial polysaccharides (4, 8). Thus, genetic and functional tracking of CAZymes with these rare specificities holds the potential to dissect carbohydrate resource partitioning by human gut microbes. For example, putative agarases, porphyranases, and alginate lyases have recently been identified in the intestinal microbiomes of Japanese (4), Spanish (15), and American (16) people, suggesting that their gut microbes may have adapted to novel algal carbohydrates in the modern diet. However, all of these previous studies focused on bioinformatic analysis and lacked functional characterizations of gut microbes and their enzymes, raising the question of whether these HGT events conferred active pathways to the human microbiome or simply introduced cryptic genes.

In this study, we used seaweed polysaccharides as substrates and established that a horizontally acquired integrative and conjugative element (ICE) expanded the catabolic repertoire of *B. plebeius* allowing it to use porphyran. Furthermore, through functional screening with additional algal substrates, two other gut *Bacteroides*, *B. uniformis* NP1 and *B. thetaiotaomicron* VPI-3731, were identified, which grew on agar and on carrageenan, contrasting previous reports that suggested such activities are lacking in

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Data deposition: The atomic coordinates and structure factors have been deposited in the Protein Data Bank, www.pdb.org (PDB ID codes 4AW7 and 4AWD).

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intestinal microbes (17). Using *B. plebeius* as a model organism, we show that when the bacterium was grown using porphyran as a sole carbon source, the genes of the PUL were up-regulated. Consistent with this result is the presence of active β -porphyranases, the crystal structures of which are presented, including a structural analysis of a family 86 glycoside hydrolase. Our results show that gut bacteria catabolize red seaweed galactans, a feature that may influence health (18) and refines our understanding of the evolutionary plasticity of the human gut microbiome.

Results

Screening of Gut Bacteria for Growth on Red Algal Galactans. *B. plebeius* contains a putative porphyran degrading PUL covering up to 40 ORFs from *BACPLE_01667* to *BACPLE_01706*. Within this set, the products of two genes (*BACPLE_01670* and *BACPLE_01689*) share high amino acid sequence identity with GH16 homologs from marine seaweed-degrading microbes; these homologs have previously demonstrated activity on porphyran. This finding suggested that agarose, porphyran, or even carrageenan may be nutrients for this gut microbe. Thus, we used these three galactans as substrates and observed that *B. plebeius* grew specifically on porphyran (*SI Appendix, Fig. S24*). To test whether this result was an isolated case or if these common algal food galactans are catabolized by other human gut microbes, we screened an additional collection of 291 human gut Bacteroidetes (see *SI Appendix* for details) and identified several carrageenolytic and agarolytic bacteria. One isolate, *B. uniformis* NP1, grew on agarose (*SI Appendix, Fig. S2B*) and showed reduced growth on porphyran,

whereas another, *B. thetaiotaomicron* VPI-3731, exhibited growth specificity for carrageenan (*SI Appendix, Fig. S2C*). Together, these growth experiments showed that human gut bacteria catabolize seaweed carbohydrates and that each of these strains is specific for a certain type of red algal galactan. To further understand the molecular mechanism of the degradation of such galactans, we focused on the PUL of *B. plebeius* for which the whole genome sequence is available.

***B. plebeius* PUL Is Activated by Porphyran.** The 40 genes that comprise the putative *B. plebeius* PUL include 12 putative glycoside hydrolases, 2 SusC/SusD-like protein pairs (encoded by *BACPLE_01697–01698* and *BACPLE_01704–01705*), and a hybrid two-component system (HTCS) sensor/regulator (ref. 19; *BACPLE_01699*) (Fig. 1*A* and *SI Appendix, Table S2*). Using quantitative PCR (qPCR), the expression of 35 genes in the PUL was examined in response to porphyran as the only carbohydrate source in the growth medium (growth in galactose served as a reference). Compared with galactose, porphyran promoted expression of all 35 examined genes (Fig. 1*B*). A notable feature is the mosaic profile in which the expression of genes *BACPLE_01692–01699*, measured by fold-change analysis, appears lower. We quantified transcript abundance of the low-fold-change *susC/susD* genes (*BACPLE_01697–01698*) and compared them to the high-fold-change *susC/susD* genes (*BACPLE_01704–01705*), using genomic DNA that contained equal copies of each gene as a standard. Our results indicated that the *susC/susD* genes (*BACPLE_01697–01698*) that exhibited low fold change had 16- and 18-fold higher

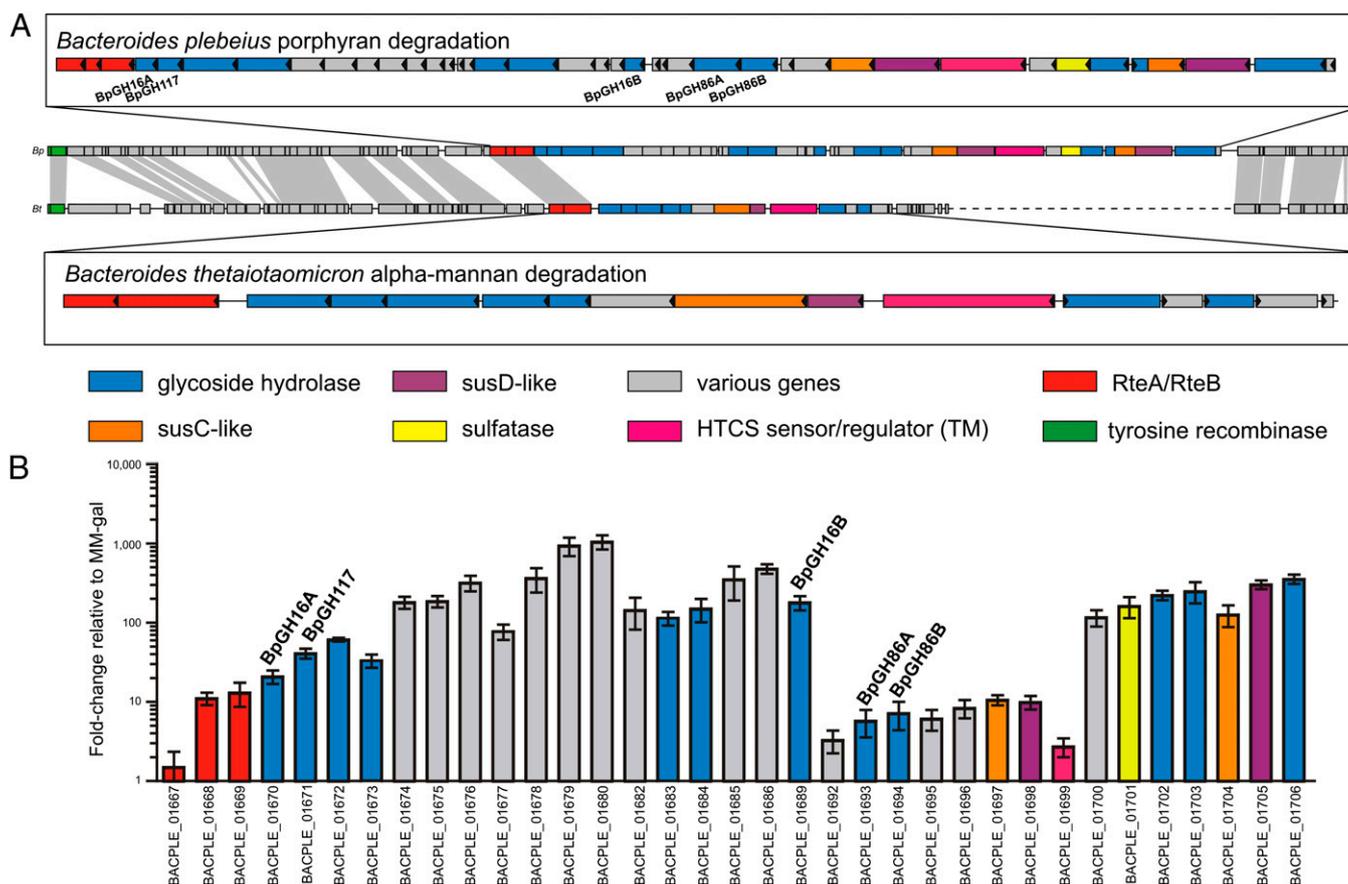


Fig. 1. Expression of genes when *B. plebeius* is grown in porphyran. (A) Synteny between the adjacent genomic region surrounding the porphyran PUL to a fungal α -mannan-specific PUL in *B. thetaiotaomicron*. (B) The expression of 35 genes within the PUL was monitored by RT-PCR upon incubation with porphyran compared with the control incubated with galactose. Five additional genes ranging in size from 126 to 489 bp (*BACPLE_01681*, *01687*, *01688*, *01690*, and *01691*) are present within this locus but were not probed by qPCR. Data in *B* are mean and SD of independent biological replicates.

basal expression, respectively, in MM-galactose, suggesting that these genes (*BACPLE_01692–01699*) are actually expressed at a higher level in the absence of porphyran.

***B. plebeius* PUL Is Contained in an ICE.** Notably, the final three genes (*BACPLE_01667–01669*) in the PUL encode products that are homologous to RteA and RteB, which are two-component sensor histidine kinase and response regulator proteins, respectively (note that the *BACPLE_01667/01668* ORFs each encode part of an RteB homolog that is split by a frameshift mutation that was validated by resequencing). RteA and RteB are important to initiate the excision and mobilization of *Bacteroides* conjugative transposons that carry antibiotic-resistance genes (20). Examination of the genomic region surrounding these porphyran-inducible genes further suggested that the PUL is contained within an ICE, which includes genes that encode mobilization proteins and an integrase tyrosine recombinase that lies immediately adjacent to a tRNA^{lys} (Fig. 1A). We identified a pair of identical 18-bp direct repeats, one of which overlaps the 3' end of tRNA^{lys} and the other located 107,705 bp upstream, suggesting that this location is the integration site at which this putative ICE entered the *B. plebeius* genome.

The HGT notion is further supported by the identification of a related element in the genome of *B. thetaiotaomicron* VPI-5482. In contrast to the porphyran ICE, the element contained in *B. thetaiotaomicron* harbors a PUL involved in fungal α -mannan degradation (21), but it is located amid ICE genes that are homologous between both species, including homologs of RteA and RteB (genes connected by gray bars in Fig. 1A). Thus, these two ICEs have very similar organization, but contain different PUL cargo. Unlike the *B. plebeius* ICE, the one in *B. thetaiotaomicron* is located adjacent to a tRNA^{phe}, suggesting that this location is its integration site. Similar to *B. plebeius*, there is a pair of 22-bp direct repeat sequences that are located 90,450 bp apart that define the “left” and “right” ends of these putative ICEs, which share homologous and syntenic genetic organization. Comparison of the surrounding genomic regions in *B. thetaiotaomicron* VPI-5482 and two other sequenced *B. thetaiotaomicron* strains revealed the precise absence of all 90,450 bp that are located between the direct repeats. Finally, using PCR with primers that flank the putative ICE insertion sites in both species, we were able to validate excision of these elements. Sequencing of the recombined amplification

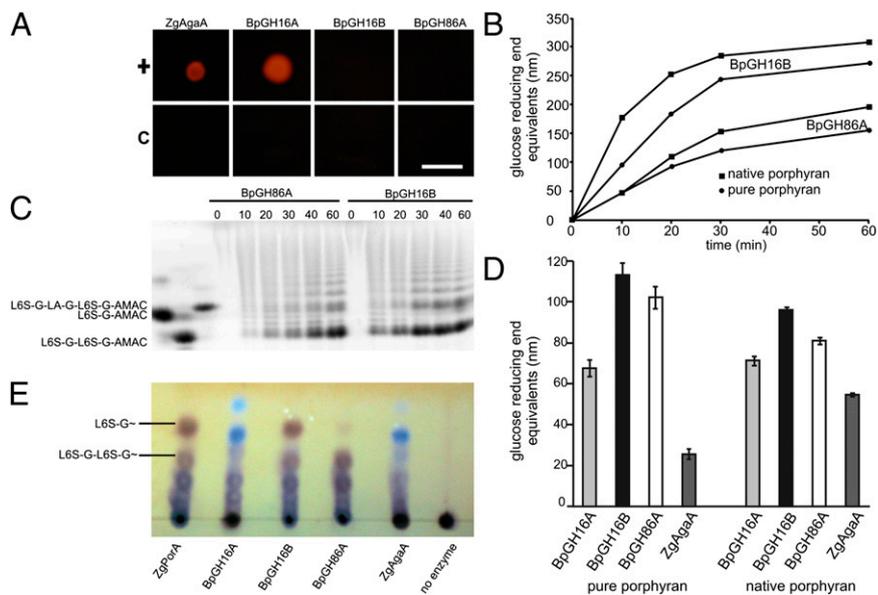
products confirmed that the 18- and 22-bp direct repeat sequences do indeed mediate recombination (*SI Appendix*, Fig. S3). Despite the fact that expression of each PUL activates transcription of its associated *rteA* and *rteB* genes—a feature that suggests these two elements may be transferred in response to their cognate substrate—we were unable to detect increased excision or circularization of either element in response to porphyran or α -mannan. An attempt to transfer the *B. plebeius* ICE into *B. thetaiotaomicron* was unsuccessful (*SI Appendix*), suggesting that this element is either no longer mobile or that we have not yet identified appropriate conditions for high-frequency excision and subsequent transfer.

***B. plebeius* PUL Contains an Active Agarase and Active Porphyranases.**

Of the 12 putative glycoside hydrolase encoding genes in the *B. plebeius* porphyran PUL, 4 are predicted to have *endo*-polysaccharolytic activity and may thus initiate porphyran degradation. Two family 16 glycoside hydrolases have been identified: BpGH16A (*BACPLE_01670*) and BpGH16B (*BACPLE_01689*), with putative agarolytic and porphyranolytic activity, respectively. The two family 86 glycoside hydrolases, BpGH86A (*BACPLE_01693*) and BpGH86B (*BACPLE_01694*), have unknown specificity, yet all characterized enzymes in family GH86 have been β -agarases, which suggested a similar function in *B. plebeius*. To analyze these putative agarases and porphyranases, we cloned the gene fragments encoding their catalytic domains, produced them in *Escherichia coli*, and examined their activities.

BpGH16A, BpGH16B, and BpGH86A were assessed for agarolytic and porphyranolytic activity, whereas BpGH86B could not be expressed. BpGH16A was active on solid agarose, supporting its predicted agarolytic function, whereas BpGH16B and also BpGH86A were inactive on this substrate (Fig. 2A); thus, we also tested their activity on native and pure porphyran (Fig. 2B). Although agarases possess comparable activities on native porphyran, they show significantly lower activity on pure porphyran, which allows one to differentiate between porphyranases and agarases (4). Both BpGH16B and BpGH86A were active on native and pure porphyran preparations (Fig. 2B), whereas BpGH16A showed a significantly lower level of activity on pure and native porphyran preparations (Fig. 2D), comparable to the β -agarase ZgAgaA from *Zobellia galactanivorans* (22).

Fig. 2. *B. plebeius* contains two *endo*-acting porphyranases, BpGH16B and BpGH86A, and an agarase, BpGH16A. (A) Activity test on agar plate revealed similar agarase activity of BpGH16A to the previously characterized ZgAgaA from *Z. galactanivorans* (positive control). BpGH16B and GH86A were inactive on this substrate. Heat-inactivated enzymes served as control. (Scale bar: 1 cm.) (B) Relative activity of BpGH16B and BpGH86A with porphyran as substrate measured by reducing sugar assays showed porphyranolytic activity. (C) The reaction products of BpGH16B and BpGH86A, incubated with native porphyran, were analyzed by fluorophore-assisted PACE showing a ladder-like pattern typical for *endo*-acting glycoside hydrolases. (D) Comparative hydrolysis of native and pure porphyran by *B. plebeius* enzymes and ZgAgaA showing that BpGH16B and BpGH86A have higher activity than the agarases. (E) TLC analysis of degradation products reveals that BpGH16B releases similar reaction products to the previously characterized ZgPorA (positive control), which releases L6S-G~ and L6S-G-L6S-G~ as major products (14), whereas BpGH86A releases mainly the larger oligosaccharide L6S-G-L6S-G~. Notably, these products are not released by the previously characterized agarase ZgAgaA (negative control). BpGH16A has an agarase-like reaction pattern similar to ZgAgaA. Data in D are mean and SD of independent enzymatic replicates.



putative catalytic residues Glu-152 and -279 (see below), suggest it is the -1 subsite. Cleavage at this site of the polysaccharide is consistent with the classification of BpGH86A as a β -galactanase that cleaves the β -1,4 glycosidic bond in porphyran (Fig. 3C). In this -1 subsite, the sugar ring is situated above and stabilized by the hydrophobic platform formed by the residues Tyr-237 and Phe-324, and its C6-OH projects toward a small pocket in the active site (Fig. 3 C and D). This pocket may accommodate the methyl substitutions that are frequently found on the C6 of G residues in porphyran; such substitutions inhibit productive binding in the GH16 porphyranases because they lack such a pocket (SI Appendix, Fig. S5 E and F) (14).

The L6S bound in subsite -2 is surrounded by His-53, Phe-77, Phe-324, and Tyr-342, and these side chains form the cavity that harbors the sugar ring and the sulfate substitution on C6 (Fig. 3C). This sulfate group points toward the interior of the substrate binding cleft and is accommodated in a pocket similar to BpGH16B (SI Appendix, Fig. S5F) and previously described GH16 β -porphyranases (4). Furthermore, His-53, located below the sugar ring, stabilizes the sulfate group by an ionic interaction.

The G unit bound in subsite -3 is clamped between Tyr-331 and Phe-77, which align with their β - and α -faces, respectively, with the sugar ring. The axial hydroxyl group on C4 of the sugar makes a hydrogen bond to His-114. Compared with the three sugar rings that are bound in subsites -1 , -2 , and -3 , the LA in subsite -4 is far less engaged by the enzyme and makes a single hydrogen bond with Lys-76. This bicyclic sugar is in the 4C_1 conformation compared with the 1C_4 conformation of the L6S. This arrangement leads to all equatorial glycosidic bonds between the LA and adjacent G sugars and an almost coplanar arrangement of these three sugar rings, highlighting the conformational and chemical heterogeneity introduced by varying anhydro- or C6 sulfate modifications in natural agars and carrageenans (SI Appendix, Fig. S1). The paucity of interactions in the -4 subsite allows binding of either L6S or LA, and therefore hydrolysis close to interspersed LA-G motifs in porphyran. However, because the bound hexasaccharide was not further degraded to L6S-G \sim and LA-G-L6S-G \sim or L6S-G-LA-G \sim , we assume that BpGH86A does not accept LA in subsites -2 or $+1$. The G residue bound in subsite -5 stacks with its β -face to Trp-78, and the L6S bound in subsite -6 is stabilized by the side chains of Trp-83 and the Lys-87, which form an ion bridge to the sulfate group on C6 (Fig. 3C).

Active-Site Architecture of BpGH86A Supports a Retaining Catalytic Mechanism. The G in subsite -1 is present in an undistorted 4C_1 conformation, and both the β - and α -anomer have been modeled at the C1 atom (Fig. 3E). The G interacts with the putative acid/base residue Glu-152, which was modeled in a double conformation. One conformation makes a hydrogen bond to the equatorial hydroxyl group (Fig. 3F), and the other conformation coincides with the axial hydroxyl group at the C1 of the sugar ring (Fig. 3G).

Hydrogen bonds with two histidine residues stabilize each of the two conformations of Glu-152. His-235 forms a hydrogen bond (2.8 Å) to the conformer of Glu-152 that approaches the equatorial hydroxyl; in this position, Glu-152 is appropriately positioned to protonate the β -1,4 glycosidic bond (Fig. 3F), whereas Glu-279 attacks the anomeric carbon from below at a distance of 3.2 Å, supporting its role as the catalytic nucleophile. Thus, His-235 may reduce the pK_a of Glu-152, which becomes poised to act as an acid for protonation of the glycosidic bond. The second conformer of Glu-152 further approaches the C1 with its now axial C1-OH and comes to rest almost at place of the equatorial hydroxyl group of the β -anomer (Fig. 3G). This conformer is stabilized by a hydrogen bond to His-235 (2.5 Å), and we suggest that this second conformation may protect the C1 of the bound intermediate from the back reaction with the aglycone in a transglycosylation reaction. Thus, the deglycosylation step may be initiated when Glu-152 turns

back to its interaction with His-235 and now as a base activates the incoming water that attacks at C1 and releases the glycon. It is further possible that the dynamic range of interactions with both histidines modulates pK_a cycling of the Glu-152 during the retaining mechanism, according to its dual roles as an acid and a base (26). However, as an alternative or complementing scenario, we propose that the role of this interaction, between Glu-152 and His-235, may be a molecular ratchet favoring hydrolysis over transglycosylation (27), which may be beneficial in cases where strong binding between products and enzyme are encountered.

Discussion

The collective group of CAZymes in the human gut microbiome is large and diverse, allowing it to extract energy and carbon from a wide variety of carbohydrates. Using *B. plebeius* as a model microbiome species that possesses a rare catalytic ability, we were able to associate a 40-gene PUL with the catabolism of porphyran, a structurally unique algal polysaccharide. The biochemical analysis revealed that the encoded agarase (BpGH16A) and porphyranases (BpGH86A, BpGH16B) concertedly degrade porphyran, consistent with the heterogeneous nature of this galactan.

The porphyran PUL displayed a mosaic expression profile in which its central part, including genes *BACPLE_01692–01699*, showed lower relative induction by porphyran because of their higher basal expression in galactose. The high basal expression of these genes, even in the absence of their polysaccharide substrate, suggested the production of “surveillance” levels of their respective enzymes. This common theme in gut *Bacteroides* delivers small amounts of each PUL-encoded system to initially sense and begin the degradation of a specific polysaccharide (21). In particular, we postulate that BpGH86A, located within the surveillance set of genes, with its longer substrate binding cleft compared with GH16 porphyranases, may play a key role by performing the initial production of larger oligosaccharides, allowing the HTCS protein and Sus-like system to sense and respond to their presence (2). The release of oligosaccharides from porphyran, and not agarose, which failed to induce growth of the bacterium, subsequently triggers the production of the porphyranases (BpGH16B), agarases [BpGH16A, BpGH117 (28)], and additional CAZymes and accessory proteins [sulfatase (29)] that can further deconstruct these larger oligosaccharides (21).

The acquisition of the *B. plebeius* porphyran PUL is likely to have originated from a marine Bacteroidete because similar gene clusters are present in oceanic species (8, 30–32). Because the *B. plebeius* PUL is harbored at a similar location on an otherwise very similar ICE that is present in *B. thetaiotaomicron*, this finding suggests that HGT via conjugative elements is the mechanism of transfer and that similar ICE vehicles are capable of acquiring new cargo (20). The observation that both the *B. plebeius* and *B. thetaiotaomicron* elements were observed to excise and circularize from the genome via site-specific recombination events supports our conclusion that we have identified the extent of these ICEs involved in PUL transfer. The apparently low excision rate, which was only detected with 36–70 additional cycles of PCR, suggests that these two example ICEs do not undergo efficient excision in the growth conditions tested, which included the cognate substrates that trigger expression of the RteA/B homologs. The frameshift mutation in the *B. plebeius* RteB homolog indicates that this ICE has lost the ability to excise and mobilize by the same mechanism as that of *Bacteroides* conjugative transposons with similar structure (20).

The degradation of seaweeds by intestinal microbes may have health implications because red algal galactans, including porphyran, have been associated with a wide range of pharmacological activities, such as antiviral, anticancer, anti-inflammatory, anti-oxidative, and anticoagulative effects (see ref. 33 for review). These activities largely depend on the molecular weight of the polymer (34) and the amount of sulfations along the polysaccharide chain,

both factors which are modulated with specific microbial CAZymes and sulfatases (29). Indeed, health implications and concerns have been associated with the low-molecular-weight degradation products of carrageenan, which elicited ulcerative colitis in animal models (11, 35–37). Our screening for red algal galactan degrading gut microbes revealed *B. thetaiotaomicron* VPI-3731, which presented strong growth on carrageenan and must therefore contain one or more carrageenases. Future studies are needed to characterize the enzymes involved in these red algae degrading pathways and to test whether they are distributed in human gut microbiomes and form harmful oligosaccharides in vivo.

Overall, this work demonstrates that *B. plebeius*, a member of the gut microbiome, has an active PUL that degrades the marine red algal polysaccharide porphyrin. This finding supports the hypothesis that the gut microbiome coevolves with host diet through HGT from extrinsic microbes enabling the catabolism of new carbohydrates.

Materials and Methods

Gut isolates were grown as described (21), and for qPCR of *B. plebeius* PUL genes, *B. plebeius* DSM 17135 was grown in triplicate on either galactose or porphyrin as a sole carbon source, and cells were harvested during exponential growth (A_{600} values of 0.41, 0.42, 0.43 for galactose and 0.57, 0.56, 0.57

for porphyrin). The catalytic domains of the porphyranases and agarase were cloned from *B. plebeius* DSM 17135 genomic DNA (28). Crystallization screenings were carried out in sitting-drop experiments by using commercial screens and optimizations in hanging-drop setups by grid screen expansions around initially successful hits. Biochemical characterization of the enzymes was carried out as described (4, 14). The structure of BpGH16B was solved by molecular replacement, and the structure of BpGH86A was solved by the single-wavelength anomalous dispersion method. The data collection and refinement statistics are listed in *SI Appendix, Table S1*. (For additional details, see *SI Appendix, SI Materials and Methods*.)

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