

## ORIGIN AND EVOLUTION OF CULTIVATED CUCURBITS

## ORIGEM E EVOLUÇÃO DE CUCURBITÁCEAS CULTIVADAS

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### - REVISÃO BIBLIOGRÁFICA -

### SUMMARY

*Cucurbits (**Cucurbitaceae**) are among the most important plant families supplying humans with edible products and useful fibers. Plants of this family are very similar in above ground development, but they have high genetic diversity for fruit shape and other fruit characteristics, resulting in a variety of uses. The objective of this review was to discuss the origin and evolution of the most important cultivated cucurbits. Understanding the evolutionary history and domestication process increase the possibility for better exploiting the genetic diversity for cultivar development. The domestication selection in cucurbits was for shape, less bitter flesh, larger and fewer seeds, and larger fruit size, resulting in high genetic diversity within and among cultivated species. This variation can be associated with the wide range of uses that require different shape, size and a constant ratio between fruit length and fruit diameter. The discussion of the breeding history indicates how artificial selection could speed up changes in fruit characteristics to attend specific uses and increase adaptation to a variety of environmental conditions in which cucurbits are growing worldwide. Although interspecific hybridization has been employed in cucurbit breeding more than in any other family, there is still a high potential for increasing its application for germplasm and cultivar development.*

**Key words:** *Cucurbita* spp., *Cucumis* spp., *Citrullus lanatus*, *Lagenaria siceraria*, *Luffa* spp.

### RESUMO

*As cucurbitáceas (**Cucurbitaceae**) são uma das mais importantes famílias de plantas utilizadas para produção de alimentos e fibras. Apesar de a parte aérea das plantas desta família ser muito similar em seu desenvolvimento, grande variabilidade genética tem sido mantida para formato e outras características de fruto, o que aumenta o seu potencial de uso. O objetivo desta revisão foi discutir a origem e a evolução das cucurbitáceas cultivadas. A história da evolução e o conhecimento das alterações ocorridas durante este processo podem facilitar a utilização e a exploração da variabilidade genética para o desenvolvimento de germoplasma e de novas cultivares. A seleção durante o processo de domesticação foi para formato de fruto, redução de gosto amargo na polpa, aumento de tamanho e redução do número de sementes e aumento do tamanho de frutos. Esta seleção permitiu a manutenção de grande variabilidade genética entre e dentro das espécies cultivadas, a qual está associada a uma diversidade de usos que requer diferentes formatos, tamanhos e uma constante relação entre comprimento e diâmetro de fruto. A discussão da história do melhoramento genético de cucurbitáceas mostra como a seleção artificial pode aumentar o ganho de seleção para características de fruto, para atender usos específicos, e para adaptabilidade às mais diversas regiões do mundo. Apesar de a hibridação interespecífica ter sido amplamente utilizada no melhoramento genético de cucurbitáceas, ainda existe um grande potencial para aumentar seu uso afim de desenvolver germoplasma e novas cultivares.*

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## INTRODUCTION

Cucurbits belong to the family **Cucurbitaceae** and consist of about 118 genera and 825 species, according to the last taxonomic treatment of JEFFREY (1990). Cucurbits are present in both the New and Old World and are among the most important plant families that supply human with edible products and useful fibers. Cucurbits are divided into five sub-families: **Fevilleae**, **Melothrieae**, **Cucurbitaceae**, **Sicyoideae**, and **Cyclanthereae**. The most important cultivated genera are *Cucurbita* L., *Cucumis* L., *Citrullus* L., *Lagenaria* L., and *Luffa* L., found in the sub-family **Cucurbitaceae**, and *Sechium* L., found in the sub-family **Sicyoideae** (WHITAKER & DAVIS, 1962). This review focuses on the most important species in those genera, which are *Cucurbita*, squash and pumpkins (*C. maxima* Duch., *C. moschata* (Duch. ex Lam.) Duch. & Poir., *C. pepo* L., or *C. argyrosperma* Huber syn. *C. mixta* Pang.) and fig-leaf gourd (*C. ficifolia* Bouché.); in the genus *Cucumis*, cucumber (*C. sativus* L.) and melon (*C. melo* L.); in the genus *Citrullus*, watermelon (*C. lanatus* (Thunb.) Mat. & Nak.); in the genus *Lagenaria*, bottlegourd (*L. siceraria* (Mol.) Standl.); in the genus *Luffa*, angled loofah (*L. acutangula* (L.) Roxb.), smooth loofah (*L. aegyptiaca* Mill. syn. *L. cylindrica* (L.) Roem.) or loofah (*Luffa* spp.); and in the genus *Sechium*, chayote (*S. edule* (Jacq.) Swartz) (Table 1).

Table 1 – Latin and common names, diploid chromosome number and area of origin of the most important species of cultivated cucurbits.

Latin name	Common name*	Chromosome number (2n)	Area of origin
<i>Citrullus lanatus</i> (Thunb.) Mat. & Nak.	Watermelon	22	Africa and India
<i>Cucumis sativus</i> L.	Cucumber	14	India
<i>Cucumis melo</i> L.	Melon	24	Africa
<i>Cucurbita ficifolia</i> Bouché.	Fig-leaf gourd	40	Mexico, Central and South Americas
<i>Cucurbita argyrosperma</i> Huber. syn. <i>C. mixta</i> Pang.	Winter squash	40	Mexico, Central America
<i>Cucurbita maxima</i> Duch.	Winter squash, pumpkin	40	South America
<i>Cucurbita moschata</i> (Duch. ex Lam.) Duch. & Poir.	Winter squash	40	Mexico, South America
<i>Cucurbita pepo</i> L.	Summer squash, pumpkin, marrow	40	North and Central Americas
<i>Lagenaria siceraria</i> (Mol.) Standl.	Porongo, white-flowered gourd	22	Africa
<i>Luffa aegyptiaca</i> Mill. syn. <i>L. cylindrica</i> (L.) Roem.	Smooth loofah	26	India
<i>Luffa acutangula</i> (L.) Roxb.	Angled loofah	26	India
<i>Sechium edule</i> (Jacq.) Swartz	Chayote	24	Mexico, Central America

\* Most usual common names found in the literature.

Among the cucurbits, watermelon is the most popular in the world. The United Nations' Food and Agriculture Organization (FAO) estimated an average annual area of cultivation of 2.5 million ha and an annual production of 46.6 million tons of watermelon fruits between 1996 and 1998. Next in total world production were cucumber, melon, squash and pumpkins. In terms of countries, China is the leading producer of major cucurbit crops followed by Turkey, Iran and Ukraine. In the Americas, Argentina is an important producer of squash and pumpkins and the United States is an important producer of cucumber, melon and watermelon (FAO, 1998). The most important cucurbits in Brazil are squash, watermelon and melon, whose total production in 1995 was 535 million fruits harvested from an area of 206,000ha (IBGE, 1996).

Although cultivated cucurbits are very similar in above ground development and root habit, they are extremely diverse for fruit characteristics. Fruits are eaten when immature (summer squash) or mature (watermelon). Fruits can be baked (squash), pickled (cucumber), candied (watermelon), or consumed fresh in salads (cucumber) or dessert (melon). Also, seeds, flowers (squash and pumpkins) and roots (chayote) are consumed by humans. Cucurbits are also produced for other uses than food. Fruits (bottlegourd) are used for storage, drinking containers, bottles, utensils, smoking pipes, musical instruments, gourdcraft decoration, masks, floats for fish net, and other items. The fiber of a mature loofah fruit can be used as a sponge for personal hygiene, household cleaning and various other purposes, including filtration. Seeds or fruit parts of some cucurbits are reported to possess purgatives, emetics and antihelmintics properties due to the secondary metabolite cucurbitacin content (ROBINSON & DECKER-WALTERS, 1997). Fruits and roots with high cucurbitacin content function as an insect attractant (e.g. cucumber beetle - *Diabrotica* spp.) or as an insect repellent (e.g. honeybee - *Apis mellifera* L. and yellow jacket wasp - *Vespula* sp.).

(CHAMBLISS & JONES, 1966a). Ectopic application of cucurbitacin can function as a protectant against infection by *Botrytis cinerea* (BAR-NUN & MAYER, 1990).

Therefore, cucurbits are among the largest and the most diverse plant families, have a large range of fruit characteristics, and are cultivated worldwide in a variety of environmental conditions. Cucurbits are associated with the origin of agriculture and human civilizations and are also among the first plant species to be domesticated in both the Old and the New World. The objective of this review was to discuss the origin and evolution of the most important cultivated cucurbits.

## ORIGIN, EARLY SPREAD AND EVOLUTIONARY HISTORY

The bitter flavor of cucurbits is caused by cucurbitacin that is associated with the co-evolution of cucumber beetle. Cucurbitacin is a toxic secondary compound present only in *Cucurbitaceae*. Cucurbitacin is a tetracyclic terpenoid that arose to protect these plants from herbivores, functioning as repellent for most insect species (CHAMBLISS & JONES, 1966b). Cucumber beetle developed an extraordinary detoxification mechanism that enabled these insects to grow, develop and reproduce on highly toxic level of cucurbitacins. These beetles are attracted to feed on bitter plant organs. Interestingly, eggs produced by these beetles have substantial quantities of cucurbitacins that protect them against ant predators (METCALF & RHODES, 1990). One single dominant gene is responsible for the formation of bitter cucurbitacin compounds in *Lagenaria*, *Cucumis*, *Cucurbita* and *Citrullus*. Since cucurbitacin is attractive to cucumber beetle, resistance is achieved by selecting for reduced cucurbitacin content (ROBINSON *et al.*, 1976).

### Squash and Pumpkins – *Cucurbita* ssp.

*Cucurbita* or yellow flowered cucurbit is considered to be one of the most morphologically variable genera in the entire plant kingdom (ROBINSON *et al.*, 1976). The 22 wild and five cultivated species are extremely diverse in fruit color, size, and shape. The cultivated species are reproductively isolated from each other by genetic barriers and can be identified using morphological characteristics (WHITAKER & BEMIS, 1964; WHITAKER & BEMIS, 1975; NEE, 1990). The constant and relatively high chromosome number ( $2n = 40$ ) as well as the complex isozyme pattern suggest an allopolyploid origin for the genus (SINGH, 1979; KIRKPATRICK *et al.*, 1985).

Archaeological records of the New World suggest that *Cucurbita* was one of the first plant to be domesticated (NEE, 1990). *Cucurbita*-corn-bean complex formed the nutritional basis for pre-Columbian civilizations in the Western Hemisphere (WHITAKER & BEMIS, 1975). One of the first species to be domesticated in the New World was *C. pepo*. Cultivation by the inhabitants of Guila Naquitz cave dated between 10,000 to 8,000 before present (BP), predating corn and beans by more than 4,000 years (SMITH, 1997).

The origin and early spread of all *Cucurbita* species was in the Americas. *Cucurbita ficifolia* was the most widespread cultivated species with a native range in the mountains from Mexico to northern Chile and Argentina (WHITAKER & BEMIS, 1975; WILSON *et al.*, 1992). *Cucurbita maxima* was the only cultivated species with a native range restricted to South America, in the warm temperate areas of Uruguay and Argentina. *Cucurbita moschata* was native to the low lands of tropical and sub-tropical America (Mexico and South America), *C. argyrosperma* to the pacific coast ranging from Mexico to Nicaragua, and *C. pepo* to the high elevations of Mexico and northern Central America (NEE, 1990; WILSON *et al.*, 1992). Also, *C. moshata* was unique in being spread in two distinct native areas, a major one in Mexico and a minor one in the northern South America (WHITAKER & BEMIS, 1975).

The cultivated species of *Cucurbita* can be divided into mesophytic annuals (*C. maxima*, *C. argyrosperma*, *C. moschata*, and *C. pepo*) or mesophytic perennial (*C. ficifolia*) (WHITAKER & BEMIS, 1964). Three species have defined ancestors. *Cucurbita andreana* Naud., a weedy species, is the ancestor of *C. maxima*; *C. sororia* Bailey is the ancestor of *C. argyrosperma* (NEE, 1990); and *C. fraterna* Bailey and/or *C. texana* (Scheele) Gray are the possible ancestors of *C. pepo* (DECKER, 1988; NEE, 1990). Allozyme analysis showed an independent domestication of *C. pepo* in the eastern United States and in Mexico, from divergent populations of the original and respective wild progenitors *C. fraterna* and *C. texana* (DECKER-WALTERS, 1990). The high level of gene flow between *C. texana* and *C. pepo* in field experiments suggested a long-term of interspecific hybridizations and confirmed *C. texana* as ancestor of *C. pepo* (KIRKPATRICK & WILSON, 1988).

Genetic diversity studies indicated that cultivated species belong to different genetic groups. A dendrogram of 21 *Cucurbita* species constructed from data using 93 phenotypic characters grouped cultivated species in five different groups (WHITAKER & BEMIS, 1975). Chloroplast DNA diversity analysis also placed cultivated species in different groups, being *C. pepo* in two sub-groups: one with *C. texana* and another with *C. fraterna* (WILSON *et al.*, 1992). Among cultivated species, *C. moshata* was the most variable and closely related species and nearest the common ancestor of the genus, because of the high interspecific compatibility (WHITAKER & BEMIS, 1975). Isozyme study showed high allelic diversity in *C. pepo* and *C.*

*moschata*. *Cucurbita pepo* shares a common ancestor with *C. moschata* and *C. argyrosperma*, but not with *C. maxima* (DECKER-WALTERS *et al.*, 1990).

### **Cucumber – *Cucumis sativus***

According to a recent comprehensive biosystematic monograph of KIRKBRIDE (1993), the genus *Cucumis* includes 32 annual and perennial species divided into two very distinct groups defined by geographic origin and chromosome number (African  $2n = 24$  and Asiatic group  $2n = 14$  chromosomes). The African group includes melon (*C. melo*) and the Asiatic group includes cucumber (*C. sativus*) and its probable ancestor *C. sativus* var. *hardwickii* (Royle) or simply *C. hardwickii* (PERL-TREVES & GALUN, 1985). Studies based on isozymes, chloroplast DNA and restriction fragment length polymorphism supported the distinction between melon and cucumber (PERL-TREVES & GALUN, 1985; PERL-TREVES *et al.*, 1985).

There are two theories that attempt to explain the existence of a haploid chromosome number  $n = 7$  and a close relative with a haploid chromosome number  $n = 12$ . The haploid chromosome number may have been increased to ( $n = 12$ ) by fragmentation or reduced ( $n = 7$ ) by fusion. Fusion is supported by the increased amount of heterochromatin content in *C. sativus* (RAMACHANDRAN & NARAYAN, 1985) and by the presence of chromosomal alterations (karyotypic) in *Cucumis* speciation (SING & ROY, 1974). Comparative genomics between *C. melo* and *C. sativus* may clarify the phylogeny of these species (DANIN-POLEG *et al.*, 2001).

Cucumber originated in India about 3,000 years ago and was soon cultivated in the South and East of the Himalayas, forming the Asiatic group (KROON *et al.*, 1979; RAMACHANDRAN & NARAYAN, 1985). From India, cucumber was brought to Greece and Italy and later to China. Records confirmed cucumber cultivation in France in the 9<sup>th</sup> century, England in the 14<sup>th</sup> century and in North America by the mid-16<sup>th</sup> century (SWIADER *et al.*, 1992).

### **Melon – *Cucumis melo***

The African group (melon group) has 30 species divided into six subgroups (KIRKBRIDE, 1993). Melon and other  $2n = 24$  species were originally distributed across a large part of Africa and Middle East up to Pakistan and South Arabia. However, some species also occurred in the Asiatic group range (KROON *et al.*, 1979; RAMACHANDRAN & NARAYAN, 1985). This is the case of *C. hystrix* Chakr., which is the only  $2n = 24$  native to Asia. This species is of particular interest because of morphological and biochemical characteristics similar to *C. sativus* and chromosome number equal to *C. melo*, indicating a possible bridge between the two species (CHEN & ADELBERG, 2000).

Archeological remains indicated that melon was cultivated in Iran 5,000 BP. India, Iran, Afghanistan and China remain as areas of melon diversification (ROBINSON & DECKER-WALTERS, 1997). Ancient melon that was distributed throughout the Middle East and Asia originated the genetic diversity that exists in the area (ROBINSON & DECKER-WALTERS, 1997). Melon was introduced in Central America in 1516, in Virginia in 1609, and in New York in 1629 (WARE & McCOLLUM, 1980). Melon can be considered as the most highly developed types of ancient cultivated species and, through many changes, melon could get into those elite forms that exist today (MALLICK & MASUI, 1986).

### **Watermelon – *Citrullus lanatus***

The genus *Citrullus* consists of eight species and sub-species. Watermelon, the only cultivated species of the genus, is a diploid with 22 chromosomes ( $2n = 22$ ) (MALLICK & MASUI, 1986). The watermelon ancestor is the bitter-fruit form of *C. vulgaris* Schrader. (MOHR, 1986). Watermelon originated in Africa and India (MALLICK & MASUI, 1986). Watermelon is an important crop in warmer parts of Russia and other parts of Asia Minor, the Near East, China and Japan. In the New World, cultivation began in Massachusetts as early as 1629 (MOHR, 1986). Watermelon was brought to America by Spanish and quickly became very popular crop (ROBINSON & DECKER-WALTERS, 1997).

### **Bottlegourd – *Lagenaria siceraria***

A total of six species have been recognized as belonging to the genus *Lagenaria* or white flowered gourds. One is the domesticated monoecious species *L. siceraria* while five of them are wild perennial, dioecious forms from Africa and Madagascar. The basic haploid chromosome number in the genus is 11 ( $2n = 22$ ) (SING, 1990). Bottlegourd was domesticated in Asia and at the same time indigenous to Africa (WHITAKER & DAVIS, 1962). Tropical Africa remains as the primary gene pool for this species (SING, 1990).

Bottlegourd was the most widely distributed plant in the world (HEISER, 1979) with a long history of use in both Old and New Worlds (ROBINSON & DECKER-WALTERS, 1997). In the Old World, bottlegourd cultivation was traced back over 5,000 years BP (ROBINSON & DECKER-WALTERS, 1997). Archeological evidences showed that bottlegourd was cultivated in North America in 10,000-7,500 years BP and in South America in 6,000-5,000 years BP. There is no secure argument that can be used to resolve the unusual bi-

hemispheric distribution of bottlegourd. Experimental evidence suggested that the early spread from Africa to the New World could occur through oceanic drift (WHITAKER & DAVIS, 1962). At the present time, it is cultivated throughout the tropical and subtropical regions of the world for food and useful gourds (WHITAKER & DAVIS, 1962).

### **Loofah – *Luffa* spp.**

The genus *Luffa* is comprised of seven species, four well-differentiated species from the Old World (*L. echinata* Roxb., *L. acutangula*, *L. aegyptiaca*, and *L. graveolens* Roxb.) and three species from the New World (*L. quinquefida* (Hook. & Arn.) Seem., *L. operculata* (L.) Cogn., and *L. astorii* Svens.) (HEISER & SCHILLING, 1990). All species have 26 chromosomes ( $2n = 26$ ) (DUTT & ROY, 1990; HEISER & SCHILLING, 1990). The early spread of the genus *Luffa* was in the New and Old World, but both cultivated species originated in India (HEISER & SCHILLING, 1990).

Cytological and hybridization studies suggest a close relationship between the two cultivated species (*L. aegyptiaca* and *L. acutangula*) and their derivation from either *L. graveolens* or an unidentified common ancestor (DUTT & ROY, 1990). While Old World species are well differentiated from each other and from the American species, the American species are rather similar to each other. *Luffa aegyptiaca* is the most extensively cultivated species (HEISER & SCHILLING, 1990).

### **Chayote – *Sechium edule***

Chayote is the only cultivated Cucurbit in the sub-family *Sicyoideae*. *Sechium* was previously considered monotypic, but now includes as many as eight species (NEWSTROM, 1990). The cultivated chayote is diploid with 24 chromosomes ( $2n = 24$ ). This species and all their wild relatives were native to the New World (WHITAKER & DAVIS, 1962). Chayote was domesticated in Mexico and Guatemala in pre-Columbian times either from wild forms of the species or from its closest relative *S. compositum* (Sm.) Jaffe. (NEWSTROM, 1990). After America colonization, chayote spread rapidly to all tropical areas of the New World and became a popular staple item in the diet for people of the Old World (WHITAKER & DAVIS, 1962). Today, chayote is cultivated throughout tropical and subtropical regions of the world (NEWSTROM, 1990).

## **CHANGES UNDER DOMESTICATION**

*Cucurbita* is prized for their edible seed, shell and rind. Selection for large seed may have resulted in large fruit. Immature fruit were selected for non-bitter flesh and mature fruit for non-bitter and starchy flesh and non-lignified rinds (PARIS, 1989). Domestication was characterized by the selection for shape, less bitter flesh, larger and fewer seeds, and larger fruit. Selection for non-bitter fruit was a key step in squash domestication. Seed was probably the first part used as food, since generally bitter fruit had non-bitter seeds (ROBINSON & DECKER-WALTERS, 1997).

The domestication selection in other cucurbits was also for fruit characteristics. In cucumber, the spiny character and bitterness in fruit have decreased or disappeared (MALLICK & MASUI, 1986). In watermelon, domestication selection was for fruit size and quality from wild progenitors with bitterness fruit (SINGH, 1990). In loofah, domestication changes were for more deeply furrowed, less bitter and larger fruit, reaching lengths of 50cm (HEISER & SCHILLING, 1990). There was a sex expression transition in cucumber and melon during domestication. In cucumber, the transition was from monoecious to gynoeceous, which increased fruit maturity uniformity and early harvest yield (LOWER & EDWARDS, 1986). In melon, a single dominant mutation changed the andromonoecious condition to pistillate (WHITAKER & DAVIS, 1962).

Cucurbits have one of the most variable and complex sex expression systems, which is regulated by both genetic and environmental factors. Sex expression has a direct effect on breeding and seed production. Most cucurbit species are monoecious and dioecious evolved more recently in the family. Sex expression is either controlled by a single gene (*Cucurbita pepo*) or two or more genes (*Cucumis melo* and *C. sativus*) with three or more alleles for each gene (*Luffa* spp.) (ROBINSON & DECKER-WALTERS, 1997). Also, sex expression changes during plant development. NITSCH *et al.* (1952) found that squash plants initially were vegetative, changing to androeceous and later to monoecious. Squash plants with only staminate flowers have also been identified. A very similar sex expression was found in cucumber, in which long days, high light intensity and high temperature induce androeceous and opposite conditions induce gynoeceous (SHIFRISS, 1961).

## **BREEDING HISTORY**

Until approximately 60 years ago, *Cucurbita* cultivars were characterized by high genetic variability attributed in part to the tendency to outcross. Demand for uniformity and selection for earliness and fruit size, color, shape, and quality resulted in high homozygosity and true breeding cultivars. During the past 35

years, inbred lines have been used to develop hybrids, which were more uniform and homogeneous than previous open pollinated cultivars (PARIS, 1989). Interspecific hybrids between *C. maxima* and *C. moschata* were also developed to increase fruit quality. The most common interspecific hybrid is the cultivar 'Tetsukabuto' that is a cross between *C. maxima* cv. 'Delicious' and *C. moschata* cv. 'Kurokawa no. 2' using *C. maxima* as the maternal parent (ROBINSON & DECKER-WALTERS, 1997). This cross is male sterile requiring the use of a pollinator cultivar, which makes the production difficult and more expensive.

*Cucurbita* breeding programs have focused on some specific characteristics. A deep orange fruit color is more attractive in appearance and have higher concentration of pro-vitamin A (WHITAKER & ROBINSON, 1986). Bush type plants, which have short internodes as a result of reduced biosynthesis of endogenous gibberillin, were developed in some species to improve crop management. *Cucurbita pepo* and *C. maxima* bush plants have more uniform growth and better response to high density planting compared to vine plants (LOY & BRODERICK, 1990). In *C. pepo*, a single allele plus modifiers inhibit the formation of the seed coat. Naked seeds are tasty, tender and nutritious with high content of protein and oil (ROBINSON & DECKER-WALTERS, 1997). More recently, parthenocarpic cultivars have become important. Normally, cucurbits depend on insect pollination for reproduction. However, parthenocarpic cultivars can be grown in greenhouses and in the field without staminate flowers and also increase fruit set under unfavorable pollination conditions (ROBINSON & REINERS, 1999).

In cucumber breeding, a large range of methods can be used to improve disease resistance, yield, fruit appearance and other fruit quality characteristics, and sex expression (LOWER & EDWARDS, 1986). Cultivar selection in United States began in the late 1880s, with emphasis on fruit shape, color and adaptation, and choosing superior plants in heterogeneous populations (ROBINSON & DECKER-WALTERS, 1997). Cucumber cultivars are usually classified according to their use as fresh market slices, pickles, or greenhouse cucumbers. Several fruit characteristics are considered in cultivar selection as shape, color, spine type (coarse or fine), spine color (white or black), fruit length/diameter ratio, skin thickness, and surface warts. Gynoecious hybrids (all machine harvest) replaced many of the monoecious types used for processing cucumbers, but for fresh market slices, both monoecious and gynoecious hybrids are available (SWIADER *et al.*, 1992).

The breeding history of melon in America dated back to the selection of the green flesh type cultivar 'Rocky Ford'. Selection for orange flesh cultivars began in the early 1900s. Disease resistant cultivars were developed in the 1930s and the first F1 hybrid was introduced in 1955, becoming the predominant type of melon cultivars (ROBINSON & DECKER-WALTERS, 1997). Breeding for yield, disease resistance and fruit high density have been the most important goals in a melon breeding program (WHITAKER & DAVIS, 1962).

The goals of watermelon breeding programs are yield and quality (fruit size for packaging as opposed to machine harvesting, color flesh, sweetness, flesh texture), earliness, dwarf habit, disease resistance, and development of F1 hybrid cultivars either diploids or seedless triploid (MOHR, 1986). The progeny of tetraploid (maternal parent) and diploid (paternal parent) crosses are seedless triploid (KIHARA, 1950). Triploid hybrids are highly sterile and fruits may have small empty seed coat or occasionally few seeds (ROBINSON & DECKER-WALTERS, 1997). However, fruit set is dependant on pollination from a diploid plant, which makes production expensive and difficult (SHOEMAKER, 1992), since in a 1.5m spacing between rows, one row of diploid pollinator needs to be added for every four rows of triploid hybrid (NESMITH & DUVAL, 2001). Biotechnology has being used to solve specific breeding problems. The development of resistant cultivars to the most important aphid-transmitted viruses has been done through transgenic expression of virus coat protein in different cucurbit species (ARCE-OCHOA *et al.*, 1995).

Bottlegourds are produced in the southern area of Brazil for cuia (container used to drink mate). Landrace varieties are monoecious or andromonoecious and still show high genetic diversity. Bottlegourd varieties are primarily identified based on fruit shape and WHITAKER & DAVIS (1962) recognized 15 fruit shapes as just the most common ones. Fruit shape and size in bottlegourd is the most variable among cucurbits (HEISER, 1979) and is probable associated with the wide range of uses that require specific fruit characteristics. This high diversity is also reflected in the seed. Selection efforts are based on fruit characteristics such as shape, size and thickness. Fruit shape selection for cuia is based on measurements of the external diameter. Moderate heritability (0.36) was found for fruit shape based on individual fruit measurements explaining, in part, the high diversity among landrace varieties (BISOGNIN & STORCK, 2000).

Interspecific crosses are widely used in cucurbits to transfer desirable characteristics from wild progenitors or related species to cultivated genotypes. Interspecific hybrids have been produced in *Cucurbita*, *Cucumis*, *Citrullus*, and *Luffa*. However, interspecific hybridization has only been successfully used for crop improvement in *Cucurbita* (ROBINSON & DECKER-WALTERS, 1997), which includes the development of hybrid cultivars (*C. maxima* and *C. moschata*). RHODES (1959) used *Cucurbita lundelliana* Bailey as a bridge to transfer certain desirable characters of one cultivated species to another, including tolerance to powdery mildew found in this species, and to form an interbreeding population or gene pool. *Cucurbita moschata* was also used as a bridge to transfer disease resistance (powdery mildew

and cucumber mosaic virus), good fruit quality and insect resistance from *C. martinii* to *C. pepo* (WHITAKER & ROBINSON, 1986). In *Cucumis*, African species carry many desirable characteristics, as disease resistance, not found in Asiatic species. However, strong barriers were found in crosses between annual and perennial *Cucumis* species (KROON *et al.*, 1979) and no viable seeds were obtained from any cross between African and Asiatic groups. Based on pollen tube behavior, *C. africanus* L. and *C. melo* appear to be the most promising male parents for crossing with *C. sativus*, but special pollination techniques and advanced embryo culture methods are necessary to overcome interspecific barriers in several crosses (KHO *et al.*, 1980). The first successful and repeatable cross between African and Asiatic group was made by CHEN *et al.* (1997) by crossing *C. hystrix* with *C. sativus*. The parental species have different chromosome numbers resulting in a F1 hybrid  $2n = 19$  ( $n = 7$  from *C. sativus* and  $n = 12$  from *C. hystrix*). The chromosome number of the hybrid was doubled ( $2n = 4x = 38$ ) and may be useful as a new crop as well as a bridging species for transferring genes between African and Asiatic groups (CHEN & ADELBERG, 2000).

In summary, specific trends can be identified in cucurbit evolution and breeding. The domestication selection was for fruit shape, less bitter flesh, larger and fewer seeds, and larger fruit size. This resulted in maintaining high genetic diversity for fruit shape, size and texture within and among cultivated species. In cucurbit breeding, fruit shape is the most important characteristic. There is an appropriated ratio between fruit length and fruit diameter to attend each purpose. Edible fruits are characterized by thin rind and mature fruits for more developed rind, increasing fruit protection. Fruit size is another important characteristic and the most desired size might change depending on use or harvest system. Selection for non-bitter fruits and leaves, multiple insect and disease resistance, and earliness are also general breeding goals. More at species level, selection of gynoecious plants is used to ensure earliness and to facilitate hybrid seed production. The use of wide crosses is another important aspect in cucurbit breeding and many studies have been done to identify wild species that can be hybridized with cultivated ones to introgress disease resistance and other important characteristics. The identification of bridge species will increase the use of wild progenitors in breeding and facilitate gene introgression in those not close related species. There is a high potential for increasing the use of interspecific hybridization for germplasm and cultivar development.

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Origins of The Three Sisters. In Mesoamerica, wild Cucurbita species grew in the fields with beans and teosinte (corn's ancestor). Over thousands of years, indigenous farmers domesticated versions of the three wild ancestors and planted them together, replicating the way they occurred in nature. One of the first cultivated plants in the world, the bottle gourd was mostly dried and used for containers and utensils rather than for eating. Both Cucurbita and Lagenaria are in the Cucurbitaceae family. To maintain the vast cucurbit diversity developed over thousands of years, we need to grow and share heirlooms. Passing down their seeds and stories will help them thrive for at least another 10,000 years. With the exception of C. maxima, whose centre of origin is in South America, it is assumed that the other four cultivated species were domesticated in Mesoamerica. although this has not been confirmed in all cases. During the second half of the 1980s, a great quantity of information was collected on the origin and evolution of the four species. The taxonomic and genetic limits of Cucurbita argyrosperma and C. pepo have been redefined and their closest-related wild species have been classified into intraspecific categories within these limits. The results of this research have raised some doubt ISHS I International Symposium on Cucurbits DIVERSITY, HISTORY AND PRODUCTION OF CULTIVATED CUCURBITS. Watermelon is of African origin and has been introduced quite lately in Europe. Cucumber (Cucumis sativus) cultivation is the second largest of the Cucurbits (23,2 millions of ton) and four countries (China, Iran, Turkey and USA) represent 66 % of the world production. Cucumber has been domesticated probably in India and was introduced in Europe at early times (during the ancient Greek period). Four countries (China, Turkey, Iran and USA) produce 57 % of the 16,2 millions of ton of melon (Cucumis melo) produce in the world. Melon is of African origin but the centre of diversity is in Asia from The evolution of cooking is a huge topic that is virtually completely neglected. And whatever view you take about cooking, you have to say it's a problem that needs to be addressed. The second problem is this: There is in a number of ways in the evolution of humans evidence of our behaving and looking as if we had the characteristics of a juvenile animal. For a hundred years or more people have talked about the idea that humans might be a pedomorphic species, a species that has juvenile characteristics in general, but this is too global a way to think about it.