

A Comparative Study of Levobupivacaine with Fentanyl and Levobupivacaine with Dexmedetomidine in Thoracic Epidural Block for Laparoscopic Cholecystectomy

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ABSTRACT

Introduction: Laparoscopic cholecystectomy has traditionally been performed under general anesthesia, epidural anesthesia has emerged as a more suitable alternative for the minimally invasive laparoscopic cholecystectomy with minimal complications. We conducted a clinical study comparing levobupivacaine with fentanyl and a combination of levobupivacaine with dexmedetomidine in thoracic epidural anesthesia for laparoscopic cholecystectomy as sole anaesthetic.

Material and Methods: After taking approval from Institutional Ethical Committee, 60 adult patients of ASA grade I and II were divided into two groups; group A where levobupivacaine 0.5% (2mg/kg) with 1.5µg/kg fentanyl was given and in group B levobupivacaine 0.5% (2mg/kg) with 0.5 µg/kg of dexmedetomidine. Thoracic epidural was given at the T₁₀-T₁₁ interspace to obtain a sensory block of T₄-L₂ dermatome which was judged every minute by pin prick method till complete sensory block was established. Hemodynamic

Result: Onset of action was fast and duration of action was longer in group A patients. Also fall in blood pressure and heart rate was greater in group B patients. Less incidence of shoulder pain was found in group A patients. Oxygen saturation (Sp_{o2}) was comparable in both the groups and no respiratory distress was seen. More post-operative analgesia was required in group B. Also no complications were seen postoperatively in both the groups.

Conclusion: Levobupivacaine with fentanyl provides better anesthesia and haemodynamic stability than levobupivacaine with dexmedetomidine in thoracic epidural for laparoscopic cholecystectomy.

Keywords: Dexmedetomidine, Fentanyl, Thoracic epidural anesthesia, Laparoscopic cholecystectomy.

block achieved by a spinal anesthetic is below desired level required to perform laparoscopic surgery in many cases, it is because the drug accumulates in the sacral region due to lumbar lordosis. Also, volume of cerebrospinal fluid varies from patient to patient making the level of block unpredictable, with a block level above T₄ desirable for laparoscopic cholecystectomy, but may cause significant cardiac depression.³

Contrary to this, in epidural anesthesia, the titration of block level is easier, and therefore it is preferable even in patients with medical conditions such as cardiac disease and obstructive airway disease which depend on active expiration for maintaining lung ventilation, where a slower onset of sympathetic block and minimized muscle weakness are desirable.⁴

During epidural patient is required to be relaxed and cooperative, Low intra-abdominal pressure (IAP) is required to reduce shoulder pain and ventilation disturbances. Patient is on spontaneous ventilation and is able to adjust his breathing and respiration during surgery.

Levobupivacaine is the isolated S (-) isomer of bupivacaine and is less cardiotoxic. Addition of Fentanyl or dexmedetomidine decreases the dose requirement of levobupivacaine, so eliminating the side effects of larger doses of levobupivacaine and improves the quality of block. Fentanyl is an opioid which acts on µ-1 opioid receptors (widely distributed in CNS and other tissues) producing supraspinal analgesia, The µ-receptors exist mostly presynaptically in the periaqueductal gray region, and in the superficial dorsal horn of the spinal cord (specifically the substantia gelatinosa of Rolando).

While dexmedetomidine is an alpha 2 agonist that produces analgesia via a non-opioid mechanism providing better

INTRODUCTION

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Regional anesthetic approaches such as segmental low thoracic epidural anesthesia in laparoscopic cholecystectomy has many advantages over lumbar spinal anesthesia and helps in avoiding urinary retention with early ambulation and possibility of day care surgery setting. Also the level of

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analgesia and helps in sparing of doses and side effects of levobupivacaine. The α_2 -adrenergic receptor is classically located on vascular prejunctional terminals where dexmedetomidine inhibits the release of norepinephrine (noradrenaline) in the form of negative feedback. Dexmedetomidine is a highly selective α_2 Adrenergic agonist with an affinity of eight times greater than clonidine. The aim of the proposed study was to establish the role of fentanyl and dexmedetomidine as an adjuvant to epidural levobupivacaine and to study their beneficial clinical effects. Objectives of the research were to compare and determine the onset of sensory analgesia and duration of post-operative analgesia in patients undergoing laparoscopic cholecystectomy under thoracic epidural anesthesia with 0.5% (2mg/kg) levobupivacaine with 1.5 μ g/kg fentanyl and 0.5% (2mg/kg) levobupivacaine with 0.5 μ g/kg dexmedetomidine, to study the hemodynamic responses of the drug during surgery, to detect any complication or side effects as a result of these drug and to study the need of intra-operative and post-operative analgesic drug (rescue analgesia) within 24hr after block and to judge muscle relaxation during surgery.

MATERIAL AND METHODS

After obtaining approval of ethical committee and written informed consent, 60 ASA physical status I and status II patients aged 18–60 years, of both sexes, scheduled for laparoscopic cholecystectomy under epidural anesthesia were included in this study. Exclusion criteria were presence of chronic obstructive pulmonary disease, severe anemia, heart disease, morbid obesity, deranged liver function test, patient on anticoagulant therapy, renal diseases and endocrine diseases.

Preanesthetic check up was done a day before surgery, relevant investigations were done and informed written consent was taken. Patient were asked to remain nil per oral 8 hrs before surgery. Patient were premedicated with tablet alprazolam 0.5 mg and tab ranitidine 150mg in the night before surgery.

In OT a good IV access was secured and preloading done with 500ml lactated ringer's solution and a monitor was attached for monitoring ECG, HR, NIBP, SPO₂, temperature, respiratory rate. Doses of the were given drug according to the body weight. Patient were made to sit with their elbows resting on their thighs on a bedside table. Flexion of the spine was done and midline approach was used for epidural.

After proper positioning and under strict aseptic precautions local infiltration with 2ml of 2% lignocaine with adrenaline

1:200, 000 was done at T10-T11 intervertebral space. Epidural block was given with 18 G gauge Tuohy's needle (by the loss of resistance method with 10ml L.O.R Syringe). A test dose of 3ml of 2% lignocaine hydrochloride solution containing 1:200, 000 adrenaline was injected and there after patients in group I received 2mg/kg 0.5% L-bupivacaine and 1.5 μ g/kg of fentanyl and patients in group II received 2mg/kg 0.5% L-bupivacaine and 0.5 μ g/kg of dexmedetomidine. The drugs were prepared by an anesthetist who was not aware of the procedure. Onset of action and level of sensory block was judged by pin prick method. The two groups were monitored intraoperatively for heart rate, non-invasive blood pressure and arterial O₂ saturation (SpO₂). Hypotension was defined as systolic blood pressure <90 mmHg or >20% decrease in baseline values and was treated by fluids and vasopressors (mephentermine 6mg). Bradycardia was defined as heart rate <50/min and was treated by 0.6 mg of atropine injection. Intraoperative nausea, vomiting, pruritus, sedation or any other side effects were recorded.

STATISTICAL ANALYSIS

At the end of the study the data was compiled systematically and analyzed using statistical package for social sciences (SPSS) software. Chi-square test was used to compare the proportional data. Mean differences were compared using students *T*-test and a *P* value < 0.05 showed a significant intergroup difference.

RESULTS

There was no statistically significant difference between the two groups in any of the demographic data. At baseline, mean heart rate, diastolic blood pressure, systolic blood pressures were comparable between the two group and were in normal ranges.

Mean heart rates of two groups were comparable throughout the procedure and did not show a statistically significant difference ($p > 0.05$). Mean diastolic blood pressures of two groups were comparable throughout the procedure and did not show a statistically significant difference at all time intervals ($p > 0.05$). Mean systolic blood pressures of two groups were comparable throughout the study ($p > 0.05$). In both the groups at all follow up intervals mean heart rate, systolic blood pressures and diastolic blood pressures were significantly lower as compared to baseline ($p < 0.05$).

Mean onset time of sensory block was 4.02 \pm 1.14 minutes in Group I and 8.45 \pm 2.56 minutes in Group II, thus showing a statistically faster onset of block in Group I ($p < 0.05$). Mean

Hemodynamic Variables	Group I (n=30)		Group II (n=30)		Statistical significance	
	Mean	SD	Mean	SD	't'	'p'
Heart Rate (per min)	92.6	14.48	90.6	14.24	0.44	0.6621
Diastolic BP (mm Hg)	78.2	10.12	76.6	11.69	0.463	0.6462
Systolic BP (mm Hg)	126.2	17.12	126.55	18.72	0.062	0.9511
It was found that all the above hemodynamic variables (heart rate, diastolic BP and Systolic BP) of Group I and II were statistically comparable.						
Table-1: Inter Group Comparison of Baseline Hemodynamic Variables						

Time Interval	Group I		Group II		Statistical Significance	
	Mean	SD	Mean	SD	't'	'p'
Baseline	92.6	14.48	90.6	14.24	0.44	0.6621
5 min	90.5	15.97	88.2	13.12	1.502	0.137
10 min	85.9	15.35	83.7	14.27	0.082	0.9351
15 min	82.4	17.64	78.45	20.54	1.137	0.259
20 min	83.5	16.19	80.85	18.29	0.222	0.8246
25 min	79.7	15.69	76.65	17.61	0.905	0.368
30 min	80.6	16.22	77.8	17.77	0.911	0.365
35 min	78.3	16.89	75.65	16.95	1.2	0.2344
40 min	74.3	13.54	72.1	12.74	1.622	0.1095
45 min	76.7	10.65	73.23	11.17	1.927	0.0852
50 min	78.6	11.24	76.85	10.17	1.1623	0.1127
55 min	83	14.05	80.75	15.9	1.161	0.2536
60 min	76.2	7.1	74.5	4.94	1.913	0.0653

Heart rates were comparable in both the groups at any of the above time intervals.

Table 2: Inter Group Comparison of Heart Rate (per minute) at different time intervals

Time Interval	Group I		Group II		Statistical Significance	
	Mean	SD	Mean	SD	't'	'p'
Baseline	126.2	17.12	126.55	18.72	0.062	0.9511
5 min	115.8	19.97	114.75	20.91	1.302	0.127
10 min	106.9	18.52	108.45	18.06	0.078	0.9421
15 min	114.7	23.33	115.7	16.12	1.184	0.2123
20 min	114.7	18.19	121.3	26.86	0.346	0.8642
25 min	115.4	17.26	115.05	16	0.905	0.368
30 min	111.6	17.58	117.25	13.73	0.911	0.365
35 min	112.4	15.01	110.15	12.7	1.1623	0.1127
40 min	110.1	17.01	108.78	12.21	1.161	0.2536
45 min	113.8	14.48	110.46	10.11	1.67	0.1008
50 min	107.9	10.6	110	6.68	0.389	0.7174
55 min	107.9	4.6	106	4.32	0.819	0.4186
60 min	113.2	1.84	102	1.41	0.303	0.764

Systolic blood pressures were comparable in both the groups at any of the above time intervals.

Table-3: Inter Group Comparison of Systolic Blood Pressure (mm Hg) at different time intervals

Time Interval	Group I		Group II		Statistical Significance	
	Mean	SD	Mean	SD	't'	'p'
Base-line	78.2	10.12	76.6	11.69	0.463	0.6462
5 min	72	11.86	71.05	13.95	1.532	0.127
10 min	65	13.96	65.75	11.8	0.092	0.9151
15 min	71.2	14.01	72.2	15.75	1.147	0.2492
20 min	73.9	12.73	75.6	16.78	0.252	0.8231
25 min	73	12.84	71.6	13.61	0.806	0.388
30 min	71.5	13.98	74.35	10.08	0.962	0.3858
35 min	72.1	11.45	70.5	11.32	1.1623	0.1127
40 min	69.1	12.31	68.15	8.82	1.181	0.2432
45 min	72.6	10.97	70.46	6.23	1.913	0.0653
50 min	69.6	10.78	70.01	5.99	0.389	0.7174
55 min	68.1	8.24	66.75	3.77	1.924	0.0945
60 min	64.9	8.25	62.5	9.19	1.813	0.0753

Diastolic blood pressures were comparable in both the groups at any of the above time intervals.

Table-4: Inter Group Comparison of Diastolic Blood Pressure (mm Hg) at different time intervals

duration of sensory block was 6.5 ± 0.78 hours in Group I and 5.74 ± 1.53 hours in Group II, thus showing a longer duration of block in group II ($p < 0.05$).

Vasopressor requirement was significantly higher in Group II (62.5%) as compared to Group I (40%) ($p < 0.05$). Ketamine requirement for shoulder pain was significantly higher in Group II (35%) patients as compared to Group I (20%) ($p < 0.05$). Also atropine requirement was significantly higher in Group II (5%) as compared to nil in Group I ($p < 0.05$).

Muscle relaxation was judged as fair by the surgeon in most of the cases at the end of surgery. None of the patient complained of vomiting, headache and pruritis postoperatively. Also, Group I had significantly lower rescue analgesic need as compared to Group II ($p < 0.05$).

DISCUSSION

Laparoscopic cholecystectomy (LC) has traditionally been performed under general anesthesia, epidural anesthesia has lower postoperative mortality and fewer complications than general anesthesia, so epidural anesthesia seems more suit-

able for the minimally invasive laparoscopic cholecystectomy.¹

Zahoor MU, Masroor R and Khurshid *Tet al.* compared the postoperative pain relief and vomiting and the length of hospital stay in patients undergoing open cholecystectomy under general anesthesia versus those receiving thoracic epidural anesthesia and concluded that the use of intra-operative epidural anesthesia combined with postoperative epidural analgesia was found to be associated with reduction in the postoperative pain and vomiting in patients undergoing open cholecystectomy.²

Epidural anesthesia is found to be safe for laparoscopic cholecystectomy as the respiratory control mechanism remains intact and the patients is able to adjust their minute ventilation. So, the respiratory changes are pronounced in awake patients under regional anesthesia and patient is able to maintain an unchanged end tidal carbon dioxide levels.³ Neuraxial blockade has been employed routinely in patients with s co-morbid conditions when intra-abdominal pressure is kept low and the patient tilt is to a lesser degree during surgical procedure.⁴ Shoulder pain occurs due to diaphragmatic irritation from carbon dioxide used to create pneumoperitoneum and is incompletely alleviated with epidural anesthesia alone. Extensive sensory block from T4 to L2 is needed for the laparoscopic procedure.^{4,5}

Usually, Bupivacaine is used to produce epidural thoracic block for laparoscopic cholecystectomy procedures.⁵ Levobupivacaine is relatively safer and has been reported to have equivalent efficacy. Use of α_2 agonists like clonidine, dexmedetomidine and opioids like fentanyl as adjuvant increases the analgesic efficacy of spinal and epidural anesthesia, it increases the pharmacokinetics of the main anesthetic agents used and helps in early achievement and maintenance of block over a reasonable period of time.⁵⁻⁹

With this background two anesthetic adjuvant drugs *i.e.* dexmedetomidine and fentanyl, were evaluated for their performance in epidural thoracic block with levobupivacaine for conducting laparoscopic cholecystectomy.

For this purpose a double-blinded prospective randomized controlled study was carried out in which a total of 60 patients belonging to ASA grade 1 or 2 undergoing laparoscopic cholecystectomy procedure were enrolled and were randomly allocated to one of the two groups. A total of 30 patients in Group I received epidural anesthesia with 0.5% (2 mg/kg) levobupivacaine with 1.5 μ g/kg fentanyl while remaining 30 patients in Group II received epidural anesthesia with 0.5% (2 mg/kg) levobupivacaine with 0.5 μ g/kg dexmedetomidine.

At baseline both the groups were comparable hemodynamically. Throughout the procedure, statistically no significant difference between two groups was observed with respect to hemodynamic parameters. In both the groups, throughout the procedure, mean heart rate and blood pressure levels were either significantly lower or comparable to the baseline levels.⁶⁻¹⁰

In both the groups most of the times hypotensive effect of anesthetic agents was observed. Both the combinations

showed an average decline of 20-30% in the hemodynamic parameters as compared to baseline readings.

Sedation and muscle relaxation were adequate in both the groups. Bajwa et al showed in their study that dexmedetomidine was a better adjuvant than clonidine in epidural anesthesia for patient comfort, superior sedative and anxiolytic properties, intra-operative and postoperative analgesia.⁹ Mean onset time of sensory block was 4.02 ± 1.14 minutes and mean duration of sensory block was 6.5 ± 0.78 hours in Group I although Gupta A, Gupta K and Gupta PK et al in their study with ropivacaine and fentanyl for thoracic epidural anesthesia for laparoscopic cholecystectomy found mean onset time of sensory block to be 15 minutes; this may be because 0.75% ropivacaine was used instead of 0.5% levobupivacaine and as we know that ropivacaine is less potent than levobupivacaine and a fixed dose of 50 μ g fentanyl was used.^{6,11}

Mean onset time of sensory block was 8.45 ± 2.56 minutes and mean duration of sensory block was 5.74 ± 1.53 hours in Group II, Kamal et al in their study used levobupivacaine with dexmedetomidine for thoracic epidural anesthesia for major abdominal surgeries found that mean onset of sensory block as 12.6 ± 5.9 minutes and mean regression time of sensory block was 390 ± 87.6 mins, which did not match our results, the reason may be the dose dependent effect of the drugs.⁷

In present study, Group I had significantly lower rescue analgesic need as compared to Group II, thus showing that levobupivacaine in combination with fentanyl provided a better analgesic effect as compared to levobupivacaine in combination with dexmedetomidine.

Erol DD, Yilmaz S and Polat *Cet al.* compared the use of intravenous and thoracic epidural analgesia in patients undergoing general anesthesia with sevoflurane for laparoscopic cholecystectomy in the early postoperative period and concluded that thoracic epidural anesthesia using fentanyl reduced postoperative pain in patients.¹²

Use of thoracic epidural anesthesia for laparoscopic cholecystectomy is a safer and satisfactory alternative technique in many cases. Addition of dexmedetomidine to levobupivacaine improves the quality of block and prevents hemodynamic perturbations caused by pneumoperitoneum and reduce the incidence of shoulder pain.^{5,9} Ketamine was used for alleviating shoulder pain in 8 patients in group I and 12 patients in group II at a fixed dose of 25mg. Incidence of shoulder pain is proportional to the magnitude of intra-abdominal pressure.^{4-6,9,11}

The thoracic epidural anesthesia with 0.75% ropivacaine and fentanyl for elective laparoscopic cholecystectomy is efficacious and has preserved ventilation and hemodynamic changes within physiological limits during pneumoperitoneum with minimal treatable side effects.⁶

Although levobupivacaine is free from any cardiotoxic effects and has a similar safety profile, but hypotensive effect in both the groups was due to blockade of sympathetic system. Maintenance of blood pressure lower than the baseline is a preventive measure in laparoscopic cholecystectomy cases in order to tackle with the surgical stress response.

However, hypotensive episodes were of considerable significance in both the groups.

CONCLUSION

Thoracic epidural anesthesia for laparoscopic cholecystectomy is a satisfactory alternative technique in selected cases. Addition of anesthetic adjuvant drugs like fentanyl or dexmedetomidine to levobupivacaine not only produces better qualitative anesthetic conditions but also prolongs the duration of analgesia. Both these drugs not only prevent hemodynamic perturbations produced by pneumoperitoneum but also decreases the incidence of shoulder pain.

In our study we found fentanyl along with levobupivacaine to produce shorter onset and longer duration of analgesia than with levobupivacaine with dexmedetomidine. Also the need for vasopressors, atropine and post-operative analgesia were significantly less with fentanyl group. Not only this hemodynamic perturbations produced by pneumoperitoneum and the incidence of shoulder pain were also significantly less with levobupivacaine and fentanyl group.

Also, further studies with smaller doses of adjuvant dexmedetomidine are recommended for ensuring better clinical safety and reduced vasopressor and atropine use.

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